

SADIE ROBINSON.
Pretty Girl Suffered From Nervousness and
Painful Catarrhs—Found Quick Relief
In a Few Days.



**NERVOUSNESS AND
WEAKNESS CURED
BY PE-RU-NA.**

Miss Sadie Robinson, 414 Madison street,
Malden, Mass., writes:
"Peruna was recommended to me
about a year ago as an excellent remedy
for the troubles peculiar to our sex, and
as I found that all that was said of this
medicine was true, I am pleased to en-
close it."
"I began to use it about seven months
ago for weakness and nervousness,
caused from overwork and sleepless-
ness, and found that in a few days I
began to grow strong, my appetite in-
creased and I began to sleep better,
consequently my nervousness passed
away and the weakness in the pelvic
organs soon disappeared and I have
been well and strong ever since."

Address Dr. S. B. Hartman, President
of The Hartman Sanatorium, Columbus,
O., for free medical advice. All corre-
spondence strictly confidential.

The Wither Course.
"Some folks waste lots of time
anxious to die," said Brother Dickey,
"when of day was only wise, day's
flatter him as he runs a good chance
of getting a good corner down yander!"
—Atlanta Constitution.

Lure for the Unsuspecting.
It has been said that girls give up
piano playing after marriage. Prob-
ably the dear creatures started the
rumor for the purpose of encouraging
young men to propose.

**THIS WOMAN KNOWS
WHAT ONE OF THE SEX DOV-
ERED TO HER GREAT JOY.**

Mrs. De Long finds that the in-
decomposable Pains of Rheumatism Can
Be Cured Through the Blood.

Mrs. E. M. De Long, of No. 160
West Broadway, Council Bluffs, Iowa,
found herself suddenly attacked by
rheumatism in the winter of 1906.
She gave the doctor a chance to help
her, which he failed to improve, and
then she did some thinking and ex-
perimenting of her own. She was so
successful that she deems it her duty
to tell the story of her escape from
suffering.

"My trouble," she says, "was
entirely due to the subject of Dr.
Williams' Pink Pills as a purifier of
the blood, and when I was suffering
extreme pains in the joints of my an-
kles, knees, hips, wrists and elbows,
and the doctor was giving me no re-
lief, I began to reflect that rheumatism
is a disease of the blood, and that
if Dr. Williams' Pink Pills were
so good for the blood they must be
good for rheumatism and worth a
trial."

"I was in bed half the time, suffer-
ing with pain that cannot be described
to one who has never had the disease.
It would concentrate sometimes in one
set of joints. When it was in my feet
I could not walk; when it was in my
elbows and wrists I could not even
draw the covers over my body. I
had suffered in this way for weeks
before I began using Dr. Williams' Pink
Pills. Two weeks after I began
with them I experienced relief and
after I had taken six boxes I was en-
tirely well. To make sure I continued
to use them about two weeks longer
and then stopped altogether. For sev-
eral years I have had no reason to
use them for myself, but I have re-
commended them to others as an ex-
cellent remedy."

Dr. Williams' Pink Pills furnish the
blood with all the elements that are
needed to build up healthy tissue,
strengthen muscles and nerves, capable of
bearing the strain that nature puts
upon them. They really make new
blood and cure all diseases arising
from disorders of the blood or nerves,
such as scurvy, neuritis, partial
paralysis, locomotor ataxia, St. Vitus'
dance, nervous prostration, anemia
and all forms of weakness in either
male or female. They are sold by all
druggists.

What a man can do depends a good
deal upon how much faith some good
woman has in him.—The Chute.

Levis' "Single Binder" straight cigar
No other brand of cigars is so popular with
the smoker. He has learned to rely upon
its uniform high quality. Levis' Cigar Co.,
Peoria, Ill.

Cologne and Dandruff burn their
garbage by means of electricity.

**MEXICAN
Mustang Liniment**
is a positive cure for Piles.

**On the Trail
with a Fish Brand
Pommet Slicker**

"I followed the
trail from Texas
to the Fish Brand
Pommet Slicker, and
found it was a
positive cure for
my piles. I will
say that I have
never seen another
one that is so good."

What Weather Means for Fishing,
Winter Work, or
Sporting.

A. J. TOWER CO.
Sole Importers
TOWER CANADIAN
CO., LTD.
TORONTO, CANADA

FARM ORCHARD AND GARDEN

CONDUCTED BY
M. J. WRAGG

(Mr. Wragg invites contributions of
any new ideas that readers of this de-
partment may wish to present, and
would be pleased to answer correspond-
ents desiring information on subjects
discussed. Address M. J. Wragg, War-
ren, Iowa.)

PUMPKINS FOR HOGS.

Pumpkins make a most excellent
food for hogs; if fed in connection with
grain, Mr. J. M. Jamison tells his story
of feeding them in the Country
Gentleman, which is as follows:
"I have always thought it a wasteful
way of feeding to throw them out by
the wagon-load at a time, and would
not feed them that way if I had more
than I could use in any way. We send
our spring pigs to market in the fall
as early as we can have them ready.
Last fall before breakfast we gave
the hogs a feed of pumpkins, what we
thought they would nearly clean up
before leaving them. After breakfast
the corn, gauging that so it would be
all eaten before feeding time in the
evening. The afternoon or evening
was given in the same way. The hogs
were fed in the pasture field adjoining
the corn field, the corn and pump-
kins placed in piles along the fence,
and the feeding changed about from
one pile to another to keep the feed-
ing grounds from becoming dirty. We
grow the sweet variety, and find them
so solid that they will not always
break by throwing them over a stake.
To make the labor lighter we cut
them open with a corn knife before
throwing over the fence. This is
much easier than raising them in the
fall as we can cut two or three times
and dropping or throwing them to get
them broken open. When a wagon-
load is thrown out at a time, pigs eat
seeds first, rolling many of the pump-
kins about till they become so filthy
that they will not eat them till hunger
compels them to do so. I admit that
pigs always do better with a sharp ap-
petite, but he should have clean, fresh
food. About as filthy a ration as I
ever saw put before a hog was pump-
kins in greater quantities than they
would consume daily."

A cross is the product of two vari-
eties of the same species, such as the
Holstein and Jersey. A hybrid is the
product of two different species, like
the horse and jack, which produces a
mule or hinny. Some species will not
produce a cross. For instance, the
pollen of the apple applied to the
stigma of a pear will not produce re-
sults. The same may be said of the
squash and the field pumpkin. Pre-
tendency in animals and plants is the
capacity of transmitting the character-
istics to the offspring or product.
When an animal has a long unbroken
line of breeding it is generally strong
in progeny. Progeny is great in
wheat, corn, cotton, etc., because
when we plant any of these we get
almost exactly the same kind. If we
plant apple seeds we may get some-
thing very different from what we
planted. It will be an apple, but its
progeny is not great enough to re-
produce its variety.

WAYSIDE NOTES.

Fright affects the milk supply, and
if humane considerations do not influ-
ence the dairyman, that of financial
gain will.
One who has the milk of human
kindness in his heart can raise a good
cow with mighty little skim milk.
One who lacks it can not raise a good
one with all the milk ever known.
Only those who persevere to the end
will make a success of dairying. He
who says "luck" is against him when
disaster befalls him better engage in
some other business. He should make
"luck" come his way, instead of wait-
ing for it.
There is no royal road to success,
no easy gliding down the stream of
life; but hard, rough roads must be
trod upward toward the goal of our
hopes—the pure air of the mountain
top where success brings rest and re-
freshment.

Professor Haecker, the dairy expert
of the Minnesota station, says that
"too much has been said about bal-
anced rations and too little about
kindness and regularity; too much
about dairy bred cows and too little
about dairy bred men."

In the East they are manufacturing
two forms of products from milk—
"milk-cake," which is whole milk re-
duced to powder, and "cream," or
dry cream. Either of these prepara-
tions may be reduced to liquid form
by adding water to them. It is
claimed that this dry milk and cream
can be used with perfect success in
place of fresh milk and cream.

Lucerne was for many years consid-
ered the only crop for plowing under
to enrich the soil, but there are other
plants now used. The only objection
to lucerne is that it requires two or
three seasons to get a good stand and
then there is difficulty in killing it
out. Cow peas, soy beans and vetch
are leguminous plants, rich in nitro-
gen, that make a fine growth the first
season, and when turned under they
add both humus and nitrogen to the
soil.

RURAL PHILOSOPHY.

Opportunities are often hand-made.
The small tree often bears the best
fruit.
No job is impossible to a willing
worker.
It is too late to spare when the
granary is bare.
If you want to get at the kernel,
first crack the shell.
If all work was as easy as lying,
everybody would keep busy.
It's a prudent farmer who is not a
prodigal after a rich harvest.
The best time to read a note or
mortgage is before you sign it.
It's the thrifty farmer who drives
his work and is not driven by it.
The narrow-minded and most igno-
rant is generally the most positive.
The man who thinks every other
man a liar is most generally a liar
himself.

It's a crackin' good hand that sticks
to his work like a pig to a rough
fence in sea time.

In searching for knowledge a man
frequently finds out something he
didn't care to know.

SAVING SEED CORN.

This advice is given by the depart-
ment of agriculture: Pick out the best
thoroughly matured ears, or if none
can be found that are thoroughly ma-
tured, take the ripest to be had. Husk
and put in a dry, well-ventilated place,
kept at a temperature of from 75 to 100
degrees Fahrenheit, and let them re-
main there until the seed is thor-
oughly dried and cured. After it has
been dried it should be stored where it
will remain reasonably dry and cool.
It is best when the seed contains a
large percentage of moisture that the
germination is injured by freezing.

Farm roads sometimes require patch-
ing in the autumn. The aim should
be, however, to do this work at some
other season of the year. When soil
is put upon roads in autumn and rain
falls upon it, it becomes much softer.
When a hole has been filled up
at that season, it is apt to remain soft
until the ground freezes up on the ap-
proach of winter. Every care should
be taken to mend roads in the early
part of the season, rather than later.

CURE YOUR KIDNEYS.

When the Back Aches and Bladder
Troubles Set In, Get at the Cause.
Don't make the mistake of believing
backache and bladder ills to be local
ailments. Get at the cause and cure
the kidneys. Use Doan's Kidney Pills,
which have cured
thousands.

Capt. S. D. Hun-
tor, of Engine No.
14, Pittsburgh, Pa.,
Fire Department,
and residing at
2729 Wylie Ave.,
says:
"It was three
years ago that I
used Doan's Kid-
ney Pills for an attack of kidney trou-
ble that was mostly backache, and
they fixed me up fine. There is no
mistake about that, and if I should
ever be troubled again, I would get
them first thing, as I know what they
are."

For sale by all dealers. Price 50
cents. Foster-Milburn Co., Buffalo,
N. Y.

Independence Is Expensive.

The people of Jersey, Channel Is-
lands, refused to carry out the provisions
of the new British militia law, so
the British government withdrew the
regiment always hitherto stationed on
the island. The islanders are out at
least \$250,000 a year thereby, and are
inclined to regret their independent
attitude.

To the housewife who has not yet
become acquainted with the new things
of everyday use in the market, and
who is naturally satisfied with the old,
we would suggest that a trial of
Defiance Cold Water Starch be made
before she decides to continue with the
old. It is superior to any other brand, but because
it is so cheap, it is not so well known.
While all the other kinds contain but
12 ozs. It is safe to say that the lady
who once uses Defiance Starch will use
no other. Quality and quantity must
win.

Liquefies Illuminating Gas.
A German chemist named Blas
has succeeded in liquefying illuminating
gas. In that form it gives a good
light, which is useful in a country
where there are no railways, etc. It costs
more than ordinary coal gas, but less
than electric light.

Beware of Ointments for Catarrh that Contain Mercury.

Mercury will destroy the cells of small
arteries and capillaries, and thus destroy
the blood supply. It is a powerful
poison, and should be used with great
caution. It is a powerful poison, and
should be used with great caution.

FERTILITY.

While a fertile brain is necessary
on the farm, a fertile soil is just
as necessary where great success is at-
tained. The soil and the man are
the two factors in the success of the
farmer. The soil and the man are
the two factors in the success of the
farmer.

IMPERIAL NERVENA CURE.

Dr. O. S. Wood cures Rupture by
a new process, in a few weeks, with-
out loss of time or inconvenience.
Recall diseases cured without the
knife. Send for circular, O. S. Wood,
M. D., 521 N. Y. Life Bldg., Omaha.

Snuff Boxes With Histories.

In the days when a snuff box was
considered a necessary attribute to
the perquisites of a beau—or a belle
—much ingenuity was brought to bear
upon the manufacture of these tiny
trinkets. The results were often very
novel. Those with a taste for the
mordant, could buy snuff boxes made
from the wood of scaffolds, chairs that
murderers had sat upon or parts of
their houses.

Study Progressive Bridgegroom.

A prospective bridegroom in Kame-
taka has to serve some time in a menial
position in his prospective father-in-
law's household in order that the
brides family may have an opportu-
nity of observing whether his habits
and temperament are worthy of her.

Has 158 Descendants.

Mrs. Alice Simpson, a Stockport,
England, nonsengarian, has five sons
and three daughters living, seventy-
one grandchildren, seven great-grand-
children, and five great-great-
grandchildren, making a total of 158
descendants.

At Least One.

A South African constabulary com-
mandery officer wrote to a local troop
officer asking if there were any don-
keys in camp. The reply came, in the
troop officer's handwriting: "Yes, one."
—R. H. Symes, Captain.

SAFEST FOOD

In Any Time of Trouble Is Grape-Nuts.
Food to rebuild the strength and
that is predigested must be selected
when one is convalescent. At this
time there is nothing so valuable as
Grape-Nuts, for the reason that this
food is all nourishment and is also all
digestible nourishment. A woman who
used it says:
"Some time ago I was very ill with
typhoid fever, so ill everyone thought
I would die, even myself. It left me
so weak I could not properly digest
food of any kind and I also had much
bowel trouble which left me a weak,
helpless wreck."

"I needed nourishment as badly as
anyone could, but none of the foods
helped me until I finally tried Grape-
Nuts food morning and evening. This
not only supplied me with food, but it
delicious as could be, but it also made
me perfectly well and strong again.
So I can do all my household work,
sleep well, can eat anything without any
trace of bowel trouble and for that
reason alone Grape-Nuts food is worth
its weight in gold." Name given by
Postum Co., Battle Creek, Mich.

Typhoid fever, like some other dis-
eases, attacks the bowels and fre-
quently sets up bleeding and makes them
for months incapable of digesting the
starches and therefore pre-digested
Grape-Nuts is invaluable for the well-
known reason that in Grape-Nuts all
the starches have been transformed
into grape sugar. This means that the
first stage of digestion has been me-
chanically accomplished in Grape-Nuts
food at the factories and therefore
anyone, no matter how weak the stom-
ach, can handle it and grow strong for
all the nourishment it still there.

There's a sound reason and 10 days'
trial proves.

Select Wife's Toilet.

It is a common thing in Paris for a
man to accompany his wife to the
dressmaker's. The young wife may
have chosen to wear a gown that is
coming-out of the fashion, and her
husband, who is to her toilet, and
her husband, if he is a certain
type of man of the world, knows how
to give it.

Long Lives.

A contemporary has discovered that
no person who ever deliberately set
out to live 100 years accomplished the
feat. What of it? A great many men
and women who have deliberately set
out to live honorable and useful lives
have lived ten centuries in point of
usefulness to the world.—Minneapolis
Times.

Hunting in Japan.

The Japanese, always keen sports-
men, used to take most of their game
with goshawks and sparrow hawks.
The only dogs they used were span-
iels, which flushed the game. But now
they are taking to dogs, and many
good animals are being imported from
England.

Significance in Colors.

Colors have three significations:
when used in decorations, one relat-
ing to things, one relative to time, one
of direction. In the first relation red
means danger, yellow, no amounting to
means failure; black signifies death;
white stands for happiness or peace.

Pay for Abusing "Hello" Girls.

An angry man who called a tele-
phone girl a "sheephead" over the
wire in Nuremberg, Germany, has
been fined \$6.25. A Viennese who called
the woman operator a "Chinese"
in similar circumstances has suffered
to the extent of \$5.

Antidotes for Microbes.

A French bacteriologist declares
that lemonade, cider, seltzer and sim-
ilar drinks will kill typhoid germs,
while alcohol at 25 per cent destroys
microbes, an 40 per cent prevents
their development.

Comprehensive.

"If I wrote on till I told you every-
thing, Mavourneen," so ran the clos-
ing paragraph in a certain passion-
ed young Irishman's love letter—"It
will be having a volume to tell you
everything."

First Use of Bayonet.

The bayonet was first used by the
French in 1671. It was first made by
Bayonne, France, and was considered
a very deadly weapon. The British
army quickly copied it, and other na-
tions promptly followed suit.

Water on Battleship.

Eight thousand gallons of fresh wa-
ter are used in a large battleship
daily. About two-thirds of this is taken
up by boilers, and the remainder is
used for drinking, washing, etc.

The Difference.

"De difference between a 'count man'
and a 'count mule,'" said Uncle
Eben, "is dat you kin wallop de mule
wifout nothin' havin' de law on you."
—Washington Star.

Photographs for Sweet Box.

In Vienna the "sweet box" will be
recorded by a photograph, so that
there can not be subsequent doubt of
the statements made.

Important to Mothers.

Examine carefully every bottle of CAMPHOR,
a safe and sure remedy for infants and children,
and see that it is
Beware the
Signature of
Is Use for Over 20 Years.
The Kind You Have Always Bought.

Definition of Coquette.

To give you nothing, and to make you
expect everything; to dawdle on
the threshold of love while the doors
are closed; this is all the advance of
a coquette.—T. Bernart.

Try me just once and I am sure to come again. Defiance Starch.

Open Confession.

Father—Now, Maud, in selecting a
husband look, before all things, for
intelligence and integrity. Your
mother, I am sorry to say, looked only
for money.

Mrs. Winkler's Sizzling Syrup.

For children, indigestion, colic, and all
stomach troubles, nothing is so good as
this delicious, healthy, and nourishing
syrup. It is a sure cure for all
stomach troubles, and is a most
valuable food for infants and children.

Homes in Various Countries.

Italy and Spain have fewer houses
in proportion to their population than
any other country in the world. The
Argentine republic and Uruguay have
the most.



Two severe cases of Ovarian Trouble and two terrible operations avoided. Mrs. Emmons and Mrs. Coleman each tell how they were saved by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I am so pleased with the results obtained
from Lydia E. Pinkham's Vegetable Compound that I feel it a duty
and a privilege to write you about it.
"I suffered for more than five years with ovarian trouble, caus-
ing an unpleasant discharge, a great weakness, and at times a faintness
would come over me, which no amount of medicine, diet, or exercise
seemed to correct. Your Vegetable Compound found the weak spot,
however, within a few weeks—and saved me from an operation.
all my troubles had disappeared, and I found myself once more healthy
and well. Words fail to describe the real, true, grateful feeling that
is in my heart, and I want to tell every sick and suffering sister. Don't
dally with medicines you know nothing about, but take Lydia E. Pink-
ham's Vegetable Compound, and take my word for it, you will be a
different woman in a short time."—Mrs. LAURA EMMONS, Walker-
ville, Ont.

Another Case of Ovarian Trouble Cured Without an Operation.

"DEAR MRS. PINKHAM:—For several years I
was troubled with ovarian trouble
and inflammation, which kept me in bed
of the time. I did so dread a surgical operation.
"I tried different remedies hoping to get better,
but nothing seemed to bring relief until a friend
who had been cured of ovarian trouble, through
the use of your compound, induced me to try it. I
took it faithfully for three months, and at the end
of that time was glad to find that I was a well
woman. Health is nature's best gift to woman,
and if you lose it and can have it restored
through Lydia E. Pinkham's Vegetable Com-
pound, I feel that all suffering women should
know of this."—Mrs. LAURA EMMONS, Walker-
ville, Ont.

Put your stamp on your trade mark. Tell your dealer you want the best starch you money can buy. Insist on having the best. DEFIANCE.

It is 16 ounces for 10 cents.
No premiums, but one
pound of the very best
starch made. We put all
our money in the starch.
It needs no cooking.
It is absolutely pure.
It gives satisfaction or
money back.

Save 1/2 on Drugs

Write for our 100-page catalogue,
showing prices at our prices.
PATENT MEDICINES, RUBBER
GOODS, TRUSSES.
SHERMAN & McCONNELL DRUG CO.
Cor. 16th and Dodge, Omaha, Neb.

Husband of Little Importance.

Among some of the ancient Mexi-
can tribes the husband left his people
and dwelt with his wife's family,
where he seems to have been consid-
ered of minor importance.

When Your Grocer Says

He does not have Defiance Starch, you
may be sure he is afraid to keep it un-
til his words are proved true. Defiance
Starch is not only better
than any other Cold Water Starch,
but contains 16 oz. in the package and
sells for same money as 12 oz. brands.

Some of the chairgowns in London cost up to \$100 a day.

When Answering Advertisements Kindly Mention This Paper.

St. Jacobs Oil

The old monk cure, strong, straight, sure, reliable.
Hurts, Sprains, Bruises
The muscles flex, the joints relax,
the soreness dies out. Price 25c. and 50c.

HANDY BLUEING BOOK.

In sheets of PURE ANILINE BLUE. No bottles. No poisons. Give the value
amount of blueing water each washday. Ask your grocer for a free trial book of 10 leaves.
The Handy Blueing Book Co., 87 E. Lake St., Chicago, Ill.

WE WANT YOUR NAME

and will send you prospectus
SUCCESSFUL GOLD, SILVER, COPPER, LEAD, ZINC AND QUICKSILVER
Mining Companies. We will send you your name and address. Mining Maps Free.
ARBUCKLE-GOODE COMMISSION CO., 325 Olive Street, St. Louis, Mo.

PUTNAM FADELESS DYES

Color more bright and faster colors than any other dye. One 10c. package colors silk, wool and cotton equally well and is guaranteed to give perfect results.
Ask dealer or we will send post paid 10c. package. Write for free booklet—How to Dye, Black and Blue Dyes. ARBUCKLE-GOODE COMMISSION CO., 325 Olive Street, St. Louis, Mo.

GINSENG

Putnam's Little GINSENG
Every body grows
stronger and healthier
by using Putnam's
Little GINSENG. It is
a most valuable tonic
and is guaranteed to
give perfect results.
Ask dealer or we will
send post paid 10c. package.
Write for free booklet—
How to Dye, Black and
Blue Dyes. ARBUCKLE-
GOODE COMMISSION CO.,
325 Olive Street, St. Louis,
Mo.

BEGGS' BLOOD PURIFIER

CURES catarrh of the stomach.
In 10c. bottle. Write for
free booklet—How to Dye,
Black and Blue Dyes. AR-
BUCKLE-GOODE COMMISSION
CO., 325 Olive Street, St. Louis,
Mo.

Thompson's Eye Water

Putnam's Little GINSENG
Every body grows
stronger and healthier
by using Putnam's
Little GINSENG. It is
a most valuable tonic
and is guaranteed to
give perfect results.
Ask dealer or we will
send post paid 10c. package.
Write for free booklet—
How to Dye, Black and
Blue Dyes. ARBUCKLE-
GOODE COMMISSION CO.,
325 Olive Street, St. Louis,
Mo.

INSURE YOUR

PROPERTY
IN THE
FIRE
INSURANCE
COMPANY.
We will send you
prospectus and full
particulars of NINE
SUCCESSFUL GOLD, SILVER,
COPPER, LEAD, ZINC AND
QUICKSILVER Mining Com-
panies. We will send you
your name and address. Mining
Maps Free. ARBUCKLE-GOODE
COMMISSION CO., 325 Olive Street,
St. Louis, Mo.