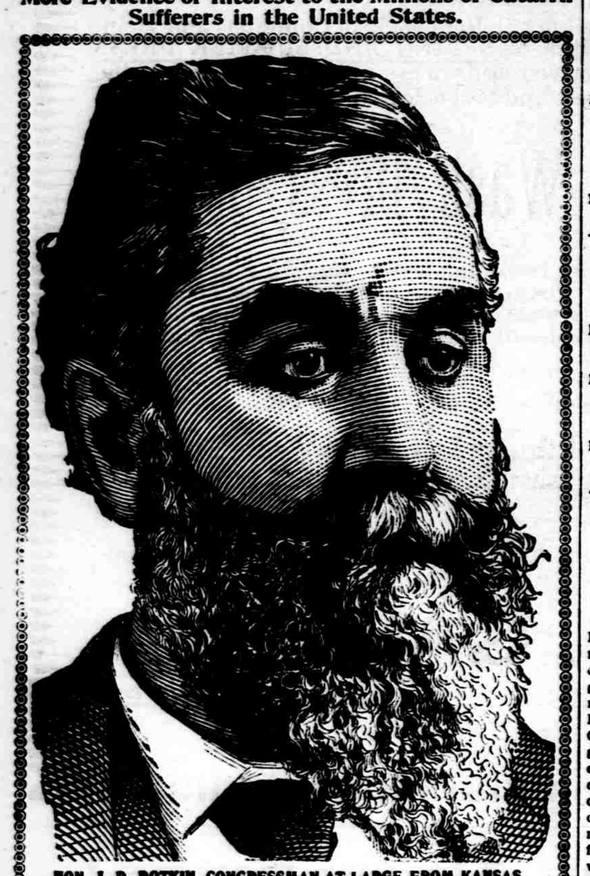
CONGRESSMAN BOTKIN

The Well-Known Kansas Statesman, Cured of Catarrh of the Stomach by Pe-ru-na.

AFTER TWENTY-FIVE YEARS' SUFFERING.

More Evidence of Interest to the Millions of Catarrh Sufferers in the United States.



HON. J. D. BOTKIN, CONGRESSMAN-AT-LARGE FROM KANSAS.

In a recent letter to Dr. Hartman, Congressman Botkin, of Winfield, Kan., whose fame is a national one, says of Peruna:

My Dear Doctor:—"It gives me pleasure to certify to the excellent curative qualities of your medicines—Peruna and Manalin. I have been afflicted more or less for a quarter of a century with catarrh of the stomach and constipation. A residence in Washington has increased these troubles. A few bottles of your medicine have given me almost complete relief, and I am sure that a continuation of them will effect a permanent cure. Peruna is surely a wonderful remedy for catarrhal affections."—J. D. Botkin, Congressman-at-Large.

CONGRESSMAN BOTKIN is one of the most influential and best known men in the State of Kansas. Whatever he may say on any subject will be accepted by the people as the truth. So famous a remedy as Peruna could not have well escaped the attention of so famous a man. He not only has heard of the remedy, but he has used it and was relieved of an affliction of twenty-five years' standing. Peruna is the one internal remedy that cures chronic catarrh. It cures catarrh wherever located. This is a fact that the people are rapidly finding out, but there are still a large multitude who need to know it.

Mr. Frank Richter, of Winona, Minn., says in a letter to The Peruna Medicine Company:

"As a remedy for catarrh I take pleasure in recommending Peruna for catarrh of the stomach. I know what it is to be afflicted with this awful disease and consider it my duty to say a word in behalf of the remedy which gave me such relief. Peruna cured me, and I know it will cure any one else who suffers from this disease. It gives me great pleasure to testify to the curative effects of this medicine. Peruna is a well tested and frequently used remedy, and for catarrh of the stomach it is unsurpassed.

"My catarrh was principally located in my head and stomach. I tried many remedies without success. I tried several doctors but they were unable to cure me. I read of Peruna in the papers and five bottles cured me."—Frank Richter.

The gastric juice is secreted by the mucous follicles of the stomach. When this juice is normal it digests (dissolves) the food without producing any disturbance whatever. If, however, the gastric juice is not normal, digestion causes many disagreeable symptoms. This condition is known as indigestion. Peruna will cure this.

Mrs. Selina Tanner, Athens, O., writes: "I cannot find words to express my thanks for your kind advice. I never once thought I had catarrh of the stomach. I commenced taking Peruna as you directed. My stomach continued to hurt me for about two weeks after I began the medicine and then it stopped. I now have a good appetite while before I was nearly starved."

Mrs. Selina Tanner.

—Mrs. Selina Tanner.

Mr. L. O. Marble, of Geneva, Neb., writes:

"I do believe that my catarrh is entirely cured. I have not had any trouble with my stomach for a long time. I am as well as one of my age could expect (seventy years). I have had the catarrh ever since I was a young man, and have doctored for it for years and got very little better, but thanks to you and your Peruna and Manalin I believe I am well of it. I can eat anything now and it doesn't hurt me, and Peruna is the only thing I have ever found that will cure the catarrh. I believe it is the only cure for catarrh, and I hope every one troubled with catarrh will try Peruna and be cured."—L. O. Marble.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, president of the Hartman Sanitarium, Columbus, O.

THE Keeley Cure

OMAHA, NEB. Cor. 19th and N Worth Sts.

LIQUOR, MORPHINE, TOBACCO USING.....

Produce each a disease having definite pathology. The disease yields easily to the Double Chloride of Gold Treatment prepared by Dr. Leslie E. Keeley.

TO THE PUBLIC: The Keeley Institute at Omaha, Nebraska, is the only place in that State where the genuine Keeley Remedies and Treatment is given (Signed.) The Leslie E. Keeley Co.

Write for full particulars.

THE KEELEY INSTITUTE, Omaha, Neb. Cor. 19th and Leavenworth Sts.

PATENTS WITHOUT FEE unless successful. Send description and get free opinion. MILO B. STEVENS & CO. Estab. 1864. Div. 2, 817—14th Street, WASHINGTON, D. C. Branch offices: Chicago, Cleveland and Detroit.

WINCHESTER "NEW RIVAL" FACTORY LOADED SHOTGUN SHELLS

No black powder shells on the market compare with the "NEW RIVAL" in uniformity and strong shooting qualities. Sure fire and waterproof. Get the genuine.

WINCHESTER REPEATING ARMS CO. - - - - - New Haven, Conn.

W. L. DOUGLAS $3 & $3.50 SHOES UNION MADE.

The real worth of W. L. Douglas $3.00 and $3.50 shoes compared with other makes is $4.00 to $5.00.

Our $4.00 Gilt Edge Line cannot be equalled at any price. We make and sell more $3.00 and $3.50 shoes than any other two manufacturers in the United States.

THE REASON more W. L. Douglas $3 and $3.50 shoes are sold than any other makes because THEY ARE THE BEST. Your dealer should keep them; we give one dealer exclusive sale in each town.

Take no substitute! Insist on having W. L. Douglas shoes with name and price stamped on bottom. If your dealer will not get them for you, send direct to factory, enclosing price and 25c. extra for carriage. State kind of leather, size, and width, plain or cap toe. Our shoes will reach you anywhere. *Write for catalogue showing new Spring styles.*

We pay Freight Charges. W. L. Douglas Shoe Co., Brockton, Mass.

Bicycles in all our shoes.

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

I CURE FITS FREE

A Full-Size $1 Treatment of Dr. O. Phelps Brown's Great Remedy for Fits, Epilepsy and all Nervous Diseases. Address O. PHELPS BROWN, 99 Broadway, Brooklyn, N. Y.

The Last Good-Bye.

How shall we know it is the last good-bye?
The skies will not be darkened in that hour,
No sudden blight will fall on leaf and flower,
No single bird will hush its careless cry,
And you will hold my hands, and smile or sigh
Just as before. Perchance the sudden tears
In your dear eyes will answer to my fears:
But there will come no voice of prophecy—

No voice to whisper, "Now, and not again,
Space for last words, last kisses, and last prayer,
For all the wild, unmitigated pain
Of those who, parting, clasp hands with despair."
"Who knows," we say, but doubt and fear remain,
Would any choose to part thus unaware?

Louis Chandler Moulton.—

A Soldier's Letter.

A personal letter received in St. Louis from Private Frank Stewart, a marine who participated in the relief of Tientsin and the taking of Pekin, gives a realistic picture of those stirring days, says the St. Louis Globe-Democrat. Stewart was stationed at Cavite when the trouble in China began, and was one of thirty men selected to go to China as guard to the American Consul. They made the journey on the gunboat Nashville, under the command of Lieut. Seward. They arrived at Taku on the 12th of June, and found many evidences of the trouble which had already begun. Flags were at half-mast and a German man-of-war was badly damaged as a result of several welldirected shells. A landing could not be made at first on account of rough water, and after two days' delay they were joined by 100 additional troops under Major Waller who is described as a fine officer. A landing was effected on the 19th, and a train was immediately taken for the interior. After a short ride they encountered 400 Russian troops, who were also on their way to besieged Tientsin. Thus there was the spectacle of Russians and Americans journeying side by side on a common etrrand. As they advanced progress became more and more difficult. For a time they were within two miles of Tientsin, when they were fired on from ambush. The encounter came very near being fatal to the Americans. The attack on them was from a force so large as to be formidable, and to make matters worse their machine gun got out of order, and nothing was left but retreat. The Russians had kept the rear open, so that the return was managed without much difficulty. They were constantly fird on, however, and sustained a loss of three dead and four wounded. The Russians were heavier sufferers, their casualties being eleven killed and nine wounded. They retreated fifteen miles, carrying their dead and wounded with them. When they went into camp that night they were re-enforced by the arrival of English, German and additional Russian troops. These allied forces slept side by side that night, and the next morning began the advance again. There was a light encounter with Boxers early in the day, which resulted in the latter being put to flight. The rest of that day was spent in killing cattle to insure food in case of emergency. The next day, June 23, they again neared Tientsin, this time not to turn back. The various troops were approaching side by side; Russians on the right and the Germans, Americans and English next in order. A terrific sand storm set in, and belligerent Chinese became more and more prevalent, but nothing stopped the march. Occasionally a man fell, but on the whole the advance was made with little difficulty. The English led the way into the beseiged town, with the Americans following. The people were wild with joy. Death had confronted them before, but these mingled troops brought with them the assurance of life. All the soldiers rested that night, and in the morning set out to the relief of Pey Sing, which is nine miles from Tientsin. They were nearly there before they were attacked by the Boxers. The latter began throwing shells among the Americans, but did not do much damage. The conditions at Pey Sing were terrible. The people were living on mule flesh, and had among their number 235 sick and wounded. All these had to be carried back to Tientsin, but the task was completed without mishap. The combined troops were 2,000 strong, and the Chinese forces were not strong enough to oppose them. On the 1st of July all the Chinese were driven within the walled city of Tientsin. Their stronghold was known as the West Arsenal, and on July 7 the troops fought eight hours in taking this stronghold. Besides the troops that have been enumerated, the Japanese troops assisted in this attack. They are described as splendid soldiers, and staunch friends of the Americans. On July 12 an outpost was established outside of Tientsin. Within twenty-four hours the outpost was attacked by large numbers of Chinese and a hard battle followed. There were engaged here all the allied forces, and the battle lasted thirty-six hours. It was here that Col. Liscum was killed and other officers wounded. One shell alone, falling into the midst of the troops composing the outpost, killed seven men and wounded ten. The Chinese then began retreating toward Pekin, though several times on the way they stopped and made desperate efforts to check the advance on the forbidden city. The Americans lost men constantly, till the list of casualties reached more than 100. On the 15th of August they went up on the great wall and from there began the siege of the capital, under the command of Gen. Chaffee. Here Capt. Reiley and many of the soldiers were killed, but on August 28 they marched through the streets of Pekin, acknowledged victors. All their hardships were not at an end, however, as the march back to the sea after their work was done was among their hardest experiences.

He Whipped the Bully.

When George Dewey, now admiral of the American navy, was an instructor at the Annapolis Naval academy, the rules were very strict against fighting and hazing, but both were indulged in considerably just the same, relates a Washington correspondent. There was a big cadet who led all the hazing parties, but he was sharp enough to direct the movement of the hazers instead of being an actual prominent ringleader, and generally managed to escape punishment for his misdeeds. He was, in addition, something of a bully, and had most of the other boys well cowed.

Finally one afternoon this bully attempted to haze the wrong man. The latter, a young fellow from the west, lit into him, and after a tremendous battle licked him and licked him well. In doing so, however, the victor received a badly-battered face, and was in great fear lest Dewey and the other officers would find it out.

"Pretend you are sick," suggested one of the boys. "Roll yourself into your hammock and when Dewey comes around to make his inspection cover your face and appear as if asleep."

So the youth did. When Dewey came around he asked: "What's the matter, Mr. ——?"

"I'm sick, sir," replied the younger fighter.

"Let's see your face," demanded Dewey.

Tremblingly the cadet showed his battered countenance over the side of the hammock.

"Aha, I thought so," said Dewey, very harshly. "Now, sir, tell me whom you were fighting."

"Mr. ——," replied the scared cadet.

"Oh," exclaimed Dewey, with a strange softening of his voice. "Did you lick him?"

"I—I think I did, sir."

"Did you lick him good?"

"I think so, sir."

"Oh, all right," said the future admiral, and he passed on with his inspection. The cadet was never brought up to answer the charge of fighting and the academy bully was a changed person from that day on.

The United States Marine Band.

Small orchestras make good, enjoyable music, but the great symphony orchestras of seventy men or more are revelations away beyond, and the real perfection of orchestral music. This same difference is found alike in military bands. The president and the other officials are going to spare the reorganized United States Marine band of seventy-four men from the White House to go out among the people of a few musical cities, not only to show what a great band is, but to satisfy them that the large increase in the cost of the national band is fully justified by the results. Congress passed a special act in March, 1899, which greatly increased the size and pay of the band, and made the leader, William H. Santelmann, a first lieutenant, the highest honor ever conferred on a musician, with the single exception of Lieut. Dan Godfrey of England. All of the friends of that bill and all of the friends of the band claim that it is now the greatest band in the world.—Indianapolis News.

Promotions in the Navy.

Promotions in the navy have been made hitherto by advancing the officers to be honored by certain numbers on the navy list. The method works injustice to officers who are "jumped" by depressing them relatively in the list through no fault of their own, as was illustrated in the case of Captain Clark of the Oregon, who was worse off after the war with Spain than when it began, because of the promotions of the captains of the Pacific squadron. To prevent injustice of this sort the senate added an amendment to the Naval appropriation bill, under which officers who are advanced for special services will be carried as additional to the numbers of the grade to which they may be promoted.—Youth's Companion.

Body of a Hero Found.

A joint commission of the Rhode Island Society of the Cincinnati, and of the Georgia Historical society, recently discovered the remains of Gen. Nathaniel Greene of the revolution. They were in the vault of General Jones in the Colonial cemetery, Savannah, Ga. No interment had been made in the vault in one hundred years. The name plate of General Greene's coffin, rusted fragments of his sword, a number of colonial army buttons, and the general's skull were recovered. The identification seems perfect.

Method of Securing Recruits.

Suggestion that a vessel should be sent along our inland waters to obtain recruits for the navy seems to meet with the approval of many officers of the navy in Washington. It is proposed to fit up the craft similar to a warship, with modern batteries of rapid-fire guns and all the outward appearance of a man-of-war, and send her up the rivers of the west. The steamer is expected not to exceed seven feet in draft, and will be large enough to accommodate about 300 recruits and a complement of 100.

Tests Wood for Warships.

The navy department recently concluded some tests for the purpose of demonstrating the lasting qualities of wood used in warships treated with the fire-proofing process. Samples taken from the torpedo boat Winslow were employed in the tests. They had been in use for five years. The report showed that the wood had lost none of its anti-fire qualities.

Anglomaniac's Window Sign.

One of New York's most fashionable dealers in footgear has the word "bootmaker" on his window in large letters in approved British style. In England only the low-cut article is called a shoe, the ordinary laced, buttoned or gaiter varieties being known as boots. Hence the Gotham anglomaniac's window sign.

God's blessings come back to us in the baskets in which we send our gifts to others.

Some people think to get heaven in their hearts and glory on their heads while their hands gather the pickings of hell.

Probably the majority of clergymen are poor because they preach without votes.

Carter's Ink

best for school, home and office. It costs no more than poor ink. Always ask for Carter's.

Onions are a preventive, and oftentimes a cure, for malarial fever.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch St., Philadelphia, Pa.

Lettuce and cucumbers cool the blood.

Try Grain-O! Try Grain-O!

Ask your Grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee. The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich seal brown of Mocha or Java, but it is made from pure grains, and the most delicate stomach receives it without distress. ¼ the price of coffee. 15c and 25c. per package. Sold by all grocers.

Hold on to your good character, for it is and ever will be your best wealth.

The Kansas City Swine Show.

Mr. Frank D. Winn of Kansas City, Mo., who is one of a committee of three appointed by the Poland-China breeders to prepare a special premium list and push the interests of that breed at the great swine show to be held at Kansas City next October, writes us that great interest is being manifested in the enterprise and it is hoped that Illinois breeders will make special preparations for the event and contribute an exhibit that will be a credit to the state and to the great swine interests they represent. Such prize lists as are proposed should call together the best representatives of the breeds on exhibition at that show and make it the greatest swine exposition that has ever been held. The regular premium list for Poland-Chinas will follow the classifications adopted by the State Fairs, but in addition thereto, the following list of special prizes for that breed has been prepared by the committee of management:

1. Boar and not less than four of his get any age or sex.
2. Sow and not less than four of her pigs, either sex, under six months.
3. Sow and one of her produce, any age or sex.
4. Boar and sow, any age.
5. Two swine, any age or sex, produce of same sow.
6. Boar and sow, six months and under a year.
7. Boar and sow, under six months.
8. Two boars, any age.
9. Two boars, under six months.
10. Two sows, any age.
11. Two sows, six months and under a year.
12. Two sows, under ax months.
13. Four pigs, under six months, get of same boar.
14. Six pigs, any sex, under six months.
15. Ten hogs, any sex or age.
16. To the feeder of the best fitted exhibit.

Knowing as we do the public spirit and enterprise of Poland-China breeders, we have no doubts about the exhibit they will make at Kansas City, prizes or no prizes, but we are glad the committee has seen fit to offer such liberal rewards.

Live Stock Items.

A curious and sad case of anthrax poisoning is chronicled by the Australasian. On January 1 Mrs. White, wife of an old resident of Burramine, near Tungamah, succumbed to anthrax poisoning. She was bitten by a fly, which probably contracted the poison from the carcass of a horse.

Three hundred Kentucky horses will soon be shipped to South Africa for the British army's use. The contract has been awarded to Thomas Murphy of Glasgow, Ky., and is the first ever given directly to a Kentucky horse dealer by the British government. Murphy has begun purchasing, and he believes that he will soon secure the number desired.

Miles City, Montana, is up in arms against a local butcher who purchased forty head of lumpy jaw and crippled beef, rejected from an Indian contract, and commenced retailing the meat. Complaint was made to the secretary of the Montana Stock Association and to the State Veterinarain. The latter says that lumpy jaw is not a contagious disease, and says there is no law in Montana to deal with the case in point. He advises getting such a law on the statute books.

Round-Footed Texas Hogs.

A Journal reader at Whitesboro, Tex., writes: "I see a report from Boonsboro, Ark., of four round-footed hogs, and you seem to somewhat doubt that there are such hogs. But, Mr. Editor, here in Gonzales county, as late as sixteen years ago, I have seen them five or six in one pen with round or mule feet. They made good porkers and would fatten just as fast as any other, but the objection to them was when they began to get heavy on their feet, and especially in wet weather, they could hardly walk. It seemed as though the bones were weak."—Texas Live-Stock Journal.

How long will seeds live and prove valuable to the Gardener? No definite reliable information is at hand. True, a few scattered experiments have been made, but these have not been numerous enough to be useful in the establishing of rules. It is safe to accept the practice of planting only fresh seeds. It is a general truth that they lose their vitality according to the years they are kept. Some seeds become of doubtful value very soon. The practice of some seedsmen of mixing their old left-over seeds with the fresh ones is to be guarded against by every intelligent buyer of seeds.

In experiments carried on for three years at the New York Experiment Station to determine the vitality of seeds as affected by age the following partial results were obtained:

Seed.	Age—years.	Pre ct germinating.
Artichoke	3	57
Asparagus	3	40
Asparagus	9	0
White Bean	3	98
Beet	6	62
Beet	15	18
Cabbage	4	69
Cabbage	17	0.4
Carrot	3	22
Carrot	4	7
Cauliflower	4	53
Celery	3	0
Cucumber	10	14
Egg plant	9	15
Endive	3	38
Endive	19	0
Kale	7	58
Kohlrabi	5	44
Leek	7	5
Lettuce	6	36
Musk melon	14	49
Water melon	12	10
Onion	4	5
Parsley	4	10
Parsnip	3	9
Pea	2	84
Pepper	9	10
Radish	3	49
Radish	8	14
Salsify	3	20
Squash	10	6
Tomato	14	74
Turnip	12	49

Rotation in the garden is perhaps not so important as on the rest of the farm, for the reason that the constant application of manure is likely to keep supplied the various plant elements required in the soil. Nevertheless a judicious rotation helps to keep up the balance of the food elements in the soil, and should therefore be taken advantage of. The faults of one year's handling may be thus partly corrected by the next year's operations. No one element of plant food is exhausted more than the other, and each crop leaves the land in good condition for the next. Rotation tends to incorporate humus and destroys pests and weeds. By rotation we are enabled to incorporate into the soil aerial nitrogen gathered by the leguminous plants.

Hostile Boxers are said to be returning to Pekin in large numbers.

Even that fish may be caught that strives the hardest against it.

A Month's Test Free.

If you have Dyspepsia, write Dr. Shoop Racine, Wis., Box 123, for six bottles of Dr. Shoop's Restorative, express paid. Send no money. Pay $5.50 if cured.

The sky is not the less blue because the blind man does not see it.

PUTNAM FADELESS DYES do not spot, streak or give your goods an unevenly dyed appearance.

Despise not a small wound, a poor kinsman or an humble enemy.

Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucus lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucus surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

Hall's Family Pills are the best.

He who takes the child by the hand takes the mother by the heart.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

One man often talks another off his bench, and seats himself upon it.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. Thos. Robbins, Maple Street, Norwich, N. Y., Feb. 17, 1900.

Speak little of you ill luck, and boast not of your good luck.

A dyspeptic is never on good terms with himself. Something is always wrong. Get it right by chewing Beeman's Pepsin Gum.

The tooth often bites the tongue, and yet they keep together.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

When there is room in the heart there is room in the house.

$148 will buy new Upright piano on easy payments. Write for catalogues. Schmoller & Mueller, 1313 Farnam street, Omaha.

While the great bells are ringing no one hears the little ones.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

That which has been thrown away has often to be begged for again.

PAYS FIVE TIMES AS MUCH AS CORN. Buy Rice lands in S. E. Texas and S. W. La. at $10 to $15 per acre. Nets $30 per acre. Write S. L. Mills, Beaumont, Tex.; Cameron & Moore, Liberty, Tex.; Geo. J. McManus, Beaumont, Tex.; E. F. Rowson, Jennings, La.; Hiram C. Wheeler, Galveston, Tex. Go south via Santa Fe, Ill. Cen. & So. Pac. ½ rate.

He who will not take cheap advice will have to buy dear repentance.

TO CURE A COLD IN ONE DAY. Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on the box. 25c.

That which is false can never be scientific.

Why experiment with untried remedies for pain? Use Wizard Oil at once and be happy. Your druggist has it.

A few drops of any essential oil will insure leather from getting moldy.

What Do the Children Drink?

Don't give them tea or coffee. Have you tried the new food drink called GRAIN-O? It is delicious and nourishing, and takes the place of coffee. The more Grain-O you give the children the more health you distribute through their systems. Grain-O is made of pure grains, and when properly prepared tastes like the choice grades of coffee, but costs about ¼ as much. All grocers sell it. 15c and 25c.

If modesty was the fool-killer most women would die of old age.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

As soon as a woman falls in love her complexion gets better.

Home-Seekers' Excursions.

On the first and third Tuesdays of each month the Chicago, Milwaukee & St. Paul Railway will sell round-trip excursion tickets from Chicago, Milwaukee and other points on its line to a great many points in South Dakota, North Dakota and other Western and Northwestern States at about one fare. Take a trip west and see the wonderful crops and what an amount of good land can be purchased for a little money. Further information as to rates, routes, prices of farm lands, etc., may be obtained by addressing F. A. Miller, General Passenger Agent, Chicago, Ill.

Hold on to virtue; it is above all price to you in all times and places.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Hold on to your temper when you are angry, excited or imposed upon.

When a soldier becomes insane there is something wrong at headquarters.

"I followed Mrs. Pinkham's Advice and Now I am Well."

A woman is sick—some disease peculiar to her sex is fast developing in her system. She goes to her family physician and tells him a story, but not the whole story.

She holds back something, loses her head, becomes agitated, forgets what she wants to say, and finally conceals what she ought to have told, and this completely mystifies the doctor.

Is it a wonder, therefore, that the doctor fails to cure the disease? Still we cannot blame the woman, for it is very embarrassing to detail some of the symptoms of her suffering, even to her family physician. **This is the reason why hundreds of thousands of women are now in correspondence with Mrs. Pinkham, at Lynn, Mass.** To her they can give every symptom, so that when she is ready to advise them she is in possession of more facts from her correspondence with the patient than the physician can possibly obtain through a personal interview.

Following we publish a letter from a woman showing the result of a correspondence with Mrs. Pinkham. **All such letters are considered absolutely confidential by Mrs. Pinkham,** and are never published in any way or manner without the consent in writing of the patient; but hundreds of women are so grateful for the health which Mrs. Pinkham and her medicine have been able to restore to them that they not only consent to publishing their letters, but write asking that this be done in order that other women who suffer may be benefited by their experience.

Mrs. Ella Rice, Chelsea, Wis., writes:

"Dear Mrs. Pinkham:—For two years I was troubled with falling and inflammation of the womb. I suffered very much with bearing-down pains, headache, backache, and was not able to do anything. What I endured no one knows but those who have suffered as I did. I could hardly drag myself across the floor. I doctored with the physicians of this town for three months and grew worse instead of better. My husband and friends wished me to write to you, but I had no faith in patent medicines. At last I became so bad that I concluded to ask your advice. I received an answer at once advising me to take your Vegetable Compound, and I did so. Before I had taken two bottles I felt better, and after I had taken five bottles there was no happier woman on earth, for I was well again. I know that your Vegetable Compound cured me, and I wish and advise every woman who suffers as I did to try **Lydia E. Pinkham's Vegetable Compound.** Believe me always grateful for the recovery of my health."—Mrs. Ella Rice, Chelsea, Wis.

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