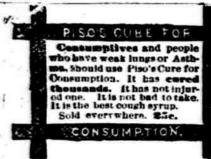
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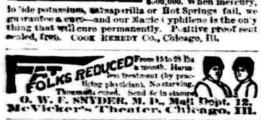






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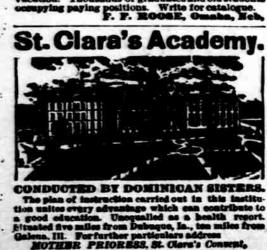
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SOME SANITARY ASPECTS OF placed near the fire produces an enor-BREAD MAKING. BY CYRUS EDSON, M. D.,

Health Commissioner, New York City.

It is necessary, if one would undermaking, to fully comprehend the present theory held by scientists of germs and the part played by them in disease. sumption than any other remedy of those germs by medical men, a prescribed. It has been tried under knowledge which is the result of in-But the germs of the greater part of fills the dough with germs and filth.

itself room. This is what is called "raising the bread." It needs but a glance to see that it is, every variety of climate. In the numerable experiments. Being this, in its effects on the dough, purely me-bleak, bitter North, in damp New the old term of a "theory" has become chanical. The dough, which was be-England, in the fickle Middle States, a misnomer. A germ of a disease is a fore a close-grained mass, is now full of in the hot, moist South-every- plant, so small that I do not know how little holes, and when cooked in this conwhere. It has been in demand by to express intelligibly to the general This porous quality of bread enables every nationality. It has been em- reader its lack of size. When this the stomach to rapidly and easily digest ployed in every stage of Consump- germ is introduced into the blood or it, for the gastric juices quickly soak tissues of the body, its action appears into and attack it from all sides. The by millions and its the only true and to be analogous to that which takes fermentation of the dough, however, place when yeast is added to dough. It ments of the loaf. If it be possible, attacks certain elements of the blood therefore, to produce a light porous or tissues, and destroys them, at the loaf without this destruction and withsame time producing new substances. | out the "kneading" process, which



"DISEASE GERMS FOUND THEIR WAY INTO THE YEAST BREAD."

being in the body of a human being, provided always you give them the gers which attend the use of yeast it is changes, feed.

of the starch into glucose and then de- ful. composes the glucose by changing it find. into new substances, viz., carbonic acid gas and alcohol.

ried about in the bread.

I have met journeymen bakers, suf- bread, must not be used. fering from cutaneous diseases, workand I know, as every housewife knows, alent to saying that we must rely on harmless even when eaten. But they almost certain that they will be there. weights, so that when chemical action

dough is very difficult to digest. No one but a physician would be apt to think of disease germs which have as possible and moulded into the not been killed during the process of loaves. destroy them, that the uncooked yeast able methods of raising it.

But while we can easily see the danproper conditions. These conditions certain that the vesiculating effect proare to be found in dough which is being duced by it on the dough is to the last raised with yeast. They are warmth, degree perfect. It is apparent that if moisture and the organic matter of the we are to substitute any other system flour on which the germs, after certain of bread making we must have one which will give us, first, mechanical re-It is necessary to remember at this sults equally as good, that is, that will point that yeast is germ growth, produce minute bubbles of carbonic acid and when introduced into a mixture of gas throughout the mass of dough. Now glucose or starch, in the presence of it is in no way difficult to produce carwarmth and moisture sets up a fer- bonic acid gas chemically, but when congress toward having Texas recogmentation. If the mixture be a starchy we are working at bread we must use dough the yeast first changes a portion such chemicals as are perfectly health- document shows that the war against

The evils which attend the yeastmade bread are obviated by the use of for independence and afterward fought aeatly. Now the gluten, which is also a con- a properly made, pure and wholesome stituent of dough and moist starch, af- baking powder in lieu of yeast. Bakfords, with the latter, an excellent ing powders are composed of an acid nidus for the development of germs of and an alkali which, if properly comdisease as well as for the yeast germs | bined, should when they unite at once The germs of cholera, as of typhoid fe- destroy themselves and produce carver, would, if introduced into dough, bonic acid gas. A good baking powder find very favorable conditions for their does its work while the loaf is in the oven, and having done it, disappears.

But care is imperative in selecting ist, nor am I willing to say there is the brand of baking powder to be cervery much chance of the germs of ty- tain that it is composed of non-injuriphus and of cholera reaching the stom- ous chemicals. Powders containing achs of people who cat bread which has alum or those which are compounded been raised with yeast. But I have not from impure ingredients, or those which the slightest cause to doubt that other are not combined in proper proportion diseases have been and will be car- or carefully mixed and which will leave either an acid or an alkali in the

It is well to sound a note of warning ing the dough in the bread trough with in this direction or the change from ena of plication or folding of the earth's naked hands and arms. I have no rea- the objectionable yeast to an impure upper strata. The same tension and son to suppose bakers are less liable to baking powder will be a case of jump- compression which produced many of cutaneous diseases than are other men, ing from the frying pan into the fire. yeast-raised bread must be worked a shown by analysis, the "Royal." It contracts and tends to leave the outer excitement were attracted toward long time. This is an exceedingly ob- contains absolutely nothing but cream crust behind. The weight of the outer his strange and very eccentric famijectionable thing from the standpoint of tartar and soda, refined to a chemof a physician for the reason that the | ical purity, which when combined ungerms of disease which are in the air der the influence of heat and moisture wrinkle. The geologists explain the and dust and on stairways and straps in produce carbonic acid gas, and having great ridges and furrows which constistreet cars, are most often collected on done this, disappear. Its leavening tue continents and river basins, and the hands. Any person who has ever strength has been found superior to they compare this folding of the earth's kneaded dough understands the way in other baking powders, and as far as I crust with the wrinkling of the skin of which the dough cleans the hands know, it is the only powder which will a dried apple. While the process of they seemed to suggest. They were wrinkling or folding is going on the soon left entirely to themselves. have found a lodging place on the avoids the long period during which hands of the baker before he makes up the yeast made dough must stand in his batch of bread are sure to find their order that the starch may ferment and way into the dough, and once there, to there is also no kneading necessary. find all the conditions necessary for The two materials used in the Royal, subdivision and growth. This is equiv- cream of tartar and soda, are perfectly

heat to kill these germs, because it is are combined in exact compensating Now, underdone or doughy bread is a begins between them they practically form which every man and woman has disappear, the substance of both having been taken up to form the carbonic It is a belief as old as the hills that acid gas. More than this, the proper underdone bread is unhealthful. This method of using the powder insures reputation has been earned for it by the most thorough mixing with the the experience of countless genera- flour. The proper quantity being taken. tions, and no careful mother will wish it is mixed with the flour and stirred ness has been that the uncooked yeast shall be a few particles of the powder. The salt and milk or water being ad-

baking as a cause of the sickness fol- These are placed in the oven and lowing the use of uncooked yeast baked. But the very moment the bread. Yet this result from this cause warmth and moisture attack the mixs more than probable. I have not the ture of cream of tartar and soda, these slightest doubt that could we trace two incredients chemically combine back some of the cases of illness which and carbonic acid or leavening gas is we meet in our practice we would find evolved. The consequence may be seen that germs collected by the baker have at a glance, the bread is raised during found their way into the yeast bread, the time it is baking in the oven, and that the heat has not been sufficient to this is the most perfect of all conceiv-



BREAD WITHOUT YEAST-"THE MOST PERFECT OF ALL CONCEIVABLE WAYS OF BAISING IT.

colonies of germs, that they have found | germs of disease to get into the dough their way into the blood and that the and thence into the stomach, more call for our services which followed, than that the bread is necessarily as has rounded off this sequence of events. sweet as possible, there having been no germs of disease are to be found in the involves the fact that the bread so made stance to be eaten is exposed to the air, be contaminated by the germs that afthe greater the chance that germs will be deposited on it. Bread raised with veast is worked down or kneaded twice visitors to the world's fair do not greatbefore being baked and this process ly increase the number of contagious may take anywhere from four hours to disease, which we will have to treat. ten. It has, then, the chance of col- Under these circumstances is it not lecting disease germs during this pro- folly of follies to open a single channel cess of raising and it has two periods of through which these germs may reach working down or kneading during each us? Is it not the part of wisdom to of which it may gather the dirt con- watch with the greatest care all that taining the germs from the baker's we eat and drink, and to see that none hands. As no bread, save that raised but the safest and best methods are with yeast, goes through this long pro-cess of raising and kneading so no food? To me it seems as though there bread, save that raised with yeast, has could be but one answer to questions

so good a chance of gathering germs.

What is meant by "raising" bread is

I have shown the danger of using the worth a few words. The introduction yeast raised bread, and with this I us.

of the yeast into the moist dough and have shown how that danger may be It is only the truth we obey that can do the addition of heat when the pan is avoided. The ounce of prevention us good.

which in this case is neither difficult mous growth of the yeast fungi-the nor expensive is certainly worth many yeast "germ," in other words. These fungi effect a destructive fermentation pounds of cure, and the best thing sbout it is that it may be relied on alof a portion of the starchy matter of most absolutely. Those who eat bread stand the sanitary aspects of bread the flour—one of the most valuable or biscuits or rolls made at home with making, to fully comprehend the presfermentation produces carbonic acid have absolutely stopped one channel gas, and this, having its origin in every through which disease may reach them.

little particle of the starch which is Nore. - Housekeepers desiring infor-Boschee's German Syrup is more The theory of disease germs is merely itself everywhere in the flour, pushes mation in regard to the preparation of successful in the treatment of Conthe name given to the knowledge had aside the particles of the dough to give the bread which, for sanitary reasons, Dr. Edson so strongly urges, for general use, should write to the Royal Baking Powder Company, New York.

Why He Didn't Swear Off. After a night's debanch and without sleep a reporter for one of the local evening papers wrote a three-column description of a certain event. He fell asleep repeatedly while producing the

matter, all of it having been sent by wire from an uptown sporting resort. In the afternoon he was called down to the office. On the way he purchased a paper and read the story of the event ne was assigned to report. He did not recognize a line as his. He reported to his superior, confidently expecting dismissal, believing that someone else had the germ diseases, that is, of the infecbeen sent to do the work he had neghad completed his story to the moment of receiving the summons to appear at the office he had had an hour's sleep. In that time his entire mental composition had undergone a change, and every word of what he had written had been completely effaced from his mem-ory.—New York Advertiser.

> Riding and Hitching. One mode of transportation among the poor whites of southern West Virginia is known as "riding and hit hing." It is resorted to when two travelers find themselves with only one horse and they are going too far to ride "double." In "riding and hitching" one traveler takes the horse and goes a mile or more while the other foots it makes faster speed than the walker. So, after he has ridden his share, he dismounts and hitches his steed to a tree by the road side and pushes on afoot. In time the other walker comes to the hitched animal, mounts him and rides on until he has overtaken the first rider and got some distance in front, gets a breathing spell.

A Traiter to Texas. At the City of Mexico there has been found in the archives of the government an old document dated Austin. Texas, 1836, and signed by General Santa Anna and Almonte, by which it is discovered that Santa Anna pledged nized as an independent country. This Texas as conducted by Santa Ahna was treasonable on his part, as he had against it.

Hot Weather. Hot, suffocating weather is depressing on dairy interests in many ways, keep the milk sweet and untainted for twelve hours. The advantage of the shade trees and plenty of pure water in the pasture becomes very great in tor-rid weather for the comfort of the animals and the perpetuation of a normal quality and quantity of milk.

Earthquake. Earthquakes are due to the phenomthe mountain ranges is here in action. The best baking powder made is, as As the interior of the earth cools it crust, however, is greater than it can ly group. sustain, and is therefore compelled to mighty movement, of course, destroys the equilibrium of the rock strata, and in consequence earthquakes occur and continue with greater or less violence

until the equilibrium is again restored. Snake Charming. In India and Africa the charmers pretend the snakes dance to the music, their seats. but they do not, for they never hear it. A snake has no external cars, and perthrough his skin, when sound causes bodies in contact with him to vibrate. They hear also through the nerves of the tongue, but do not comprehend sound as we do. But the snake's eyes he prepares to strike. A dancing cobra, and no other snakes dance. is simply a cobra alarmed and in a posture of attack. He is not dancing to the music, but is making ready to strike the

charmer. Mailing a Book for One Cent. I wonder how many people in Washington who handle the Congressional Record every day are aware that it enjoys a unique distinction in the matter of postage rates? I have certainly witnessed with my own eyes a hundred city, who have bought a Record to send home, to get it properly weighed and near. stamped. Their trouble is thrown talk. away. In the view of the postal law a Record is a Record, regardless of weight; and any Record will go to any part of the United States for one cent, no matter whether it is a big book containing an eight-hour speech by Sena- tom-house inspection. tor George and a house debate over the the pension question, or is boiled down to a single sheet, holding only the prayers of the two chaplains and a vote on two motions to adjourn.-Kate Field's Washington.

Give the Countersign dle Tennessee regiment was stationed approaching quarantine when somein the city of Nashville, an Irish re- thing called me from the bridge, and cruit was put on guard duty on one of I went on deck. the principal streets in the city. He thought it his duty to challenge every one who came along, just as he would in camp. By and by a well-dressed citizen approached. "Halt! Who goes there?" says Mike. "A citizen,." thought of Cinderella answered the man. "Advance, citizen, magical transformation. and give the countersign!" "But I don't know the countersign," said the of September, yet the old lady was rect rays of the sun are shut out, plenty of work now for all. citizen; "and if I did, I think it is very wrapped in an elegant sealskin gar there is generally sufficient light for strange and unusual that it should be demanded in a public place like this." "Well, be jabers then," said Mike. "ye don't pass this way till ye've said Boonker Hill." "Bunker Hill," said I have already pointed out that the time during which it could sour. This the man, with a grin. "Right! Pass on!" said the sentinelat "present," and air and dust. The longer any sub- will keep longer, as it is less likely to the citizen went on about his affairs.—

Argonaut. The World's fair board of lady managers is all torn up over the quarrel be-tween Mrs. Meredith and Mrs. Ball. Senator Washburne says that he will

not immedialely push his anti-options bill in the senate. Electricity presages the early emancipa-

Sanday opening and closed exilibits do He of whom many are afraid ought himself to fear many.

The truth we hate is the truth that hits

Rose of dusk, didst ever Regard the sea's refrain? That is no love that never Returns with time again.

Because I am the saddest
Of things beneath the sun.
Because thou art the gladdest
That ever he looked on— Because no ways to wander
Allure me any more,
With white sea dreams to ponder
All day beside thy door—

Because there's not a rover But wearies on a d v And not a faithless lover But sorrow deth repay-I rove the world of shadows:

A wraith of the blue rain. And in the dawn's deep meadows Return to thee arain.
—Lippincott's Magazine QUEER PASSENGERS.

Many passengers returning from England or the continent to the United States appear to imagine they have done a brilliant thing when they succeed in smuggling dutiable goods through the custom house. If they escape detection, they congratulected. Imagine his feelings when the late themselves on their cleverness managing editor complimented him in outwitting the government highly on the work. From the time he officials; but when they are not successful and are exposed, the case assumes a different aspect.

The position of the smuggling traveler is indeed one of the most awkward imaginable. I have been a witness of many

amusing scenes that have occurred lasting impression on my memory; face. owing, perhaps, to the extraordinary conduct of all the members of an entire family during the voyage from Liverpool to New York.

In the early part of September. main deck of the Baltic, of which I distant, watching the proceedings. behind. The equestrian naturally was then in command, at Liverpool, watching the passengers come was anchored in the river, about three-quarters of a mile from the landing stage.

Among the last to leave the tenwhen the operation is repeated. Thus lather, mother and four daughters party. each rides alternately and the horse The father was an old man-short, and panted with the exertion she was making.

The daughters, on the contrary, were long, lank, and thin, both in face and figure. seemed as if a mistake had been At almost the same moment the

On the passage, two or three days later, happening to go aft one

lulged. The father, mother and four before it. laughters-the daughters resembling

a flight of steps of even gradationssat solemnly side by side, without attering a word, and appearing as if they were assembled at a funeral. The ship was full of passengers,

who were mostly Americans, returning from their summer outing. They had not much to occupy their attention, and soon all who were well enough to enjoy any little novelty or

most inquisitive were obliged to give ters was indeed pitiable. up trying to solve the problem which Not one member of the family was rose up to walk, all formed in solemn

procession. Silently and sadly they promenaded up and down the deck, until, at a signal from the father or lance. mother, all stopped and resumed One of the ladies who sat at my table asked me what I thought of

haps gets evidence of sound only these people. I had had no time up to that moment to think about them | they would not be suspected. at all, and told her so; but I added should cast an eye on them occasion- to pay double duty on his goods. her children to cat bread that has not been thoroughly cooked. The reason given for this recognized unhealthful- that in every part of the flour there is the ford. Sound as we do. But the snake's eyes are very much alive to the motion of the are very much alive to the motion of the sound as we do. But the snake's eyes are very much alive to the motion of the are very much alive to the motion of the sound as we do. But the snake's eyes are very much alive to the motion of the charmer, or to the moving drumsticks of his confederate, and being alarmed,

The weather proved favorable, and the last time he ever and then the man who had gone back

the family. Certainly their movethey were caused by timidity, eccentricity or a desire to be let severely alone, I could not quite decide.

As the end of the passage approached, unmistakable signs of anxlety and nervousness were visible in the faces of all the members of the family. One afternoon just before dinner, near the wheelhouse, the times the efforts of strangers in the old man suddenly began a conversation with a gentleman who stood

The weather was the first topic: but soon the subject drifted to that such circumstances, he sees great nearest the old man's heart. He be- arums, with rosettes of leaves six or gan to make inquiries about the cus- cight feet in diameter, crowded

told that they were. free?" he inquired, and his question | their species. was answered courteously. One day during the war, while a mid- arrived at Sandy Hook, and were fast

There, standing by the railing, looking off toward Staten island, teresting plant. From the river don't rub it in. Do I look like an were the members of this strange nothing but a sloping bank of foliage a mateur?"-Washington Star.

The day was one of the hottest ment that reached nearly to her feet. bonnet on her head and light kid limbs and branches. gloves completed her costume.

just come from the hands of one of or hanging plants, tome appearing the most fashionable London tailors. | ccarse and aggressive, others hand-He was dressed in a choplete new some in both foliage and flower, suit of clothes, a costly overcoat and while delicate little orchids and a silk hat.

pearance was in the four daughters leans over the river, or great asks a young man: "Where is the Hitherto they had been long, slim branches stretch across a creek, university building?" "I really don't girls; now they were quite round and these are covered with epiphytes. their faces, which were, however, of fifty feet or more and branching thin and, if anything, still paler than out into deuse, broom-like masses of

As soon as the ship was in her ried on the dock. It so happened ropes.

THE WOOING OF THE WIND. that it was piled up not far from the RINGING SOUND IN THE EARS. foot of the gangway, so that I had a good opportunity to see the result of the examination.

The mysterious family had already gone ashore with the other passengers, and now stood near a collection of trunks, bags and bundles of rugs, waiting an officer to examine their luggage.

I was well acquainted with the senior Inspector, who was stationed but a few steps from the gangway. Occasionally he looked up and smiled as the men came to him with the report of their work.

A few moments later an official approached the strange family and asked for the keys of their trunks, which the old man had not produced. He thrust his hand into his pocket and drew out the keys. The officer took them, fitted them to the trunks, threw open the lid of one after another, lifted the contents, ran his hand through them; in short, made the usual examination.

In the meantime the attention of the senior officer had been drawn in that direction. He turned and faced the group, carefully scrutinizing its members while the examination was in progress. When all had been opened, the

lids were closed and marked by the inspector, who then reported that nothing contraband or dutiable had been found. I smiled as I heard the report. At that moment the eyes of on the White Star ships and at their the senior officer met mine. I noisinding place. One of these left a tired a peculiar expression on his Advancing toward the party, the inspector told the old man to go

to the office occupied by the custom-house officials. My curiosity was excited. I left the ship, went down 187-, I stood at the gangway on the the gangway, and stood a few steps The old man's countenance turned

a greenish-white as he looked in the on board from the tender. The ship direction indicated. The old lady trembled and seemed scarcely able to stand: while the four girls were white and terror-stricken. They followed the superintendent into the office. ler was a family which consisted of and the door closed behind the whole

The old man was requested to step stout and thick set. His wife was into one of the examining rooms, round, plump, very red in the face, while the mother and daughters were taken in charge by a female searcher and conducted into another.

After about half an hour the trembling woman and her daughters returned to the main office. The fe-The whole appearance of the group male searcher followed, and, going himself to preserve the independence was so poor, and their dress so up to the table in the center of the of Texas and to use his influence with shabby and worn, that as they went room, placed a small valise upon it

nade, and that their proper place old man appeared, accompanied by was in the steerage. Many of the an officer. The officer placed on the pledged his support to the movement immigrants were clad far more table a small package inclosed in brown paper.

The office was now filled with people, many of whom were passengers morning, I again remarked this cu- from the ship. They had perceived rious family. They were sitting en- that the queer family were suspected, and a hot wave is especially dreaded by tirely apart from the other passen- and had remained behind to see the manufacturers. On the farm the cow gers, on the long wooden seat that "fun." The appraiser rose from his gives less milk, for they are lolling in can along the side of the railing. chair, went up to the table and the shade instead of grazing, and it re- Steamer chairs were a luxury in opened the valise. Every eye was quires the utmost vigilance and care to which, evidently, they had not in upon him as he drew forth its glittering contents and spread them out

Swiss, French and English watches. chains, both long and short, bracelets, rings and jewelry of every description lay sparkling in the sunlight. The brown paper package, upon being opened, disclosed about six thousand dollars' worth of unset diamonds. These were found concealed in the clothing of the old

The total value of the goods was estimated to be nearly \$11,000. room at the expression of dismay on purses and watches. The driver had They responded so briefly and the old man's face. There was little thrown off the mail bag and the Wellssoldly to kind inquiries made of them sympathy for him, but the position Fargo safe. There were two robbers, by several of the ladies that even the of the poor old lady and her daugh- neither of them masked. They were

In the excitement of the moment I road of romance, but swore continudid not think of remarking the ap- ously. The job was done in about pearance of the girls until an ex- five minutes, and the robbers told the clamation from one of the passengers driver to go ahead. We did so for a ever seen alone. If one of the party drew my attention to them. They half mile or so, when one of the paswere no longer round and plump, as sengers, a silent man whem I had just before leaving the ship, but had | taken for a commercial man, said to resumed their former lank appear- the driver: Go slowly and wait for

part of the jewelry had been con- coach and started back over the road cealed in the clothing of the daugh- alone. 'Who is he?' we asked of the ters, as the father had stupidly im- driver. Wells-Fargo man, I guess; agined that, owing to their youth, never saw him before, but I guess he On my return voyage I learned back he will have got them; if he that, if the weather continued fine, I that the old man had been compelled don't they'll have got him.'

I began to be somewhat interested in crossed the Atlantic on board any appeared on the trail. He walked ship under my command. - Captain ments were very peculiar. Whether Charles W. Kennedy, in Youth's handkerchief was tied about his head. Companion.

FLOWERS OF GUIANA.

Orchids Grow in Masses Around the Trunks of Huge Trees. In paddling up the smaller river of Guiana the visitor is struck with the beauty and variety of the orchids and other epiphytes perched on every limb and branch above his head, says Youngman's Magazine. near. I happened to overhear the Coming from a temperate climate, where only mosses, lichens and perhaps a fern or two, can live under groups of hard-leaved tillandsias, The brave officer refused to accept "Are the officers very rigid in their mistletoetike bunches of rhip-alis, the purse we hastily raised for him." examination?" he asked. He was orchids, ferns and mosses, all struggling for places where they can find .. What amount is allowed duty room to enjoy life and propagate

In the dense gloom of the forest, of it all there was a certain pride in For detailed information call on your near-Forty-eight hours later we had where the branches interlace with his deportment as he stepped into est ticket agent or address each other, they cannot secure the police court-room. enough light, but wherever the continuity is broken by river or savan- fore?" asked the judge without looknah, the trees on the borders are ing at him. decorated with a wealth of these in- ... Have I? Aw come off, judge; family. But what a change! I is visible, but by paddling through thought of Cinderella and her the outer screen; which comes down into the water, a pretty scene is revealed overhead. Although the di- to death? I thought there the epiphites, and here they give out of work. He had a regular occu-Under this I saw the folds of a hand- quite a festive appearance to what pation. some black satin dress. A rich would otherwise be a tangle of bare

Down to the smallest twigs every uments and other patriotic objects." The old man looked as if he had one is leaded with upright, drooping -Texas Siftings. fers among the mosses are most But the greatest change in ap- pretty and interesting. Where a tree plump. Their dresses were plain but the long, cord-like, aerial roots of rich; and handsome hats shaded some of them hanging from a height

fibers as they touch the water. Even the trunks have great clumps berth and every thing was made of orchids wherever there is a suffisecure, I came down from the bridge, ciency of light, while here and there and standing near the gangway, a p'ant has made itself at home in the watched the baggage as it was car- midst of a tangled mass of bushcation of Coming Desiness.

ing considerably better than is necessary for the ordinary purposes of civilization; in fact, is endowed with what may be termed "superfluous hearing." Proper tests will discover the loss of even a small portion of this superfluous bearing and warn us that we are gradually becoming deaf although we may not have noticed the slightest deficiency. This is referred to by the Popular Science Monthly as explaining why it is that many victims of certain forms of chronic deafness believe their com-plaint to have been sudden in its Esmeralda—The pleasure is mutual, beginning, when in reality it has been Mr. De Smith, I assure you. progressing several years; the longer time having been occupied by the gradual loss of the "superfluous hearing," and the patient's attention not having been directed to his affliction right now. You see I didn't care to inuntil the "necessary hearing" was vest any money in a bouquet until I was encroached upon. The great majority of all forms of deafness are de ings. pendent upon and directly resultant from affections of the nose and throat. In the stomach and bowels produced by a The earliest symptoms of beginning violent purgative and its consequent deafness in many cases is a ringing drenching action, naver are, because it is sound in the cars. Many nationts impossible they should be followed by persound in the ears. Many patients describe it as a noise all through the head "ather than in the ear itself. It was at first intermittent and occasional The ringing may be present for

some time, scarcely perceptible, when suddenly the sound will change, becoming much leuder, and the notes jumping high up in the scale where it will continue to ring quite loud for some minutes, and gradually die away, to appear again some time afterward. It may reappear in a few hours, as the frouble with the ear hours, as the frouble with the ear progresses. Ringing in the ear may also be the prelude to an acute attack of earache; but it is here very soon followed by pain, which so predominates over the ringing that it is no longer heard. If the hearing is properly tested just as soon as the ringing in the ear has become more or less constant, some degree of deafness will be detected. As the case progresses, even before all the socalled superfluous hearing has he n destroyed, the patient will realize that he is becoming deaf.

For this condition there is nothing to be done by the patient himself. Advice from a physician should be obtained just as soon as diminution of hearing is suspected. Much can be accomplished, however, by the patient toward preventing the deaftention should be devoted to the general health, to keep the nose and throat in as healthy condition as possible-to prevent "taking cold," espeto changes in the weather should be Figs. avoided: the feet never being allowed to become wet, or if they do become wet the shoes and stockings should be changed for dry ones as soon as possible. Turkish baths and plenty of outdoor exercise are strongly recommended to stimulate the circulation and inure the system to changes of weather.

HE GOT BOTH OF THEM. An Express Company's Detect ve Who

Laid Out Two Stage Robbers. "One day in October, 1877, I was staging in Northern California," said Thomas M. Spencer to a St. Louis Globe-Democrat man. "There were six of us in the coach. We were talking about stage robbers. Suddenly there was a halt, and one of the party said: 'speak of the devil and he will appear.' Well, we all got out A loud laugh rang through the and stood in a line and gave up our not polite like the knights of the me at the ford.' He then produced a I ascertained later that the greater | Winchester from the bottom or the knows his business. If he comes

> "Twenty minutes later we heard slowly as if in pain and a bloody Drive back and get the box,' he said to the driver. Did you get 'em?" asked the driver. Both of 'em,' he replied. We drove back. In the middle of the road where we had been held up both men lay dead. The Wells-Fargo detective, calculating that they would stop to rifle the mail bag and the strong box, divide the plander, and then separate, had quietly walked back. One of them in one shot before he fell, and that had struck the brave man a glancing blow on the head. Our property was all restored to us. We helped bury the dead robbers by the roadside.

Professional Dignity. He was ragged and was evidently no friend of the barbers; but in spite

"Have you ever been arrested be-

Died in Harness. First New Yorker-What! Starved Second New Yorker-He was not

"My stars! What at?" "Collecting subscriptions for mon-

Was a Student Himself.

The German students are not renuired to attend the lectures unless they feel · disposed to do so. A stranger in a German university city know; I am a student here myself." -Texas Siftings.

Trouble Ahead. "I wonder what's the matter with the pocket of this new coat of mine," said Mr. Bingo on Sunday morning. "I can't seem to get my hand in it." And Bobby hurried out on the back

porch and said sorrowfully to him-

self: "I wish I had found some other

place to hide that chewing gum."

The normal car is capable of hear-The woman who talks had the man who writes jokes in her tentacles and "Really," she said ebulliently, "how do you ever manage to write all those

tkings? I couldn't do it to save my "No, I couldn't and sometimes I don't even see the point to them."

joke as it does to write one." Careful Gus Gus De Smith-Miss Esmeralda, I am "If I were to present you with

bouquet would you accept it? "Certainly, Mr. De Smith, but you have no bouquet with you." "I am going out to buy one for you sure you would accept it."-Texas Sift-

The Violent Commotion manent good effect. No specific which weakens and convulses the organs for whose relief it is used can do good. Blee pills, calomel, podypbyllin, saits and senna, regetable or mineral purgative pills, are dras-

Good Housekeeping for August has # full complement of valuable and interesting papers, among which appear an account of Miss Parloa's visit to the Chicago Fair, and some of the things seen there; another installment of the serial, "A Noble Girlhood;" a very sensible article on "Pickling and Preserving," by Margaret Fayerweather; a discussion of "Servants and Their Quarters," by Mrs. Oliver Bell Bunce; a sound commendation of "Fruit as a Food," by Isabella Gardner, M. D.; and a notable paper on country comforts in connection with city homes, by Newton Norton. There is a good story by Mrs. N. A. M. Roe, two pages of new music, innumerable suggestions to the housewife, together with much good poetry and the usual magazine departments. The Clark W. Bryan company, publishers, Springfield, Mass.

TO CLEANSE THE SYSTEM ness becoming worse. Careful at- Effectually yet gently, when costive or bilious, or when the blood is impure or sluggish, to permanently cure habitual constination, to awaken the and liver to a healthy activity, without irritating or weakening them, to dispel cially colds in the head. Exposure headaches, colds or fevers use Syrup of

Paper-making ranks fifth among the in-The road to heaven is all up hill to the

Catarrh Cannot Be Cured With LOCAL APPLICATIONS, as they can not reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mu-cous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing

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G. N. CLATTON, Northwestern Pass. Agent, Omaha, Neb. Great Britain has but one medical jour nal, while this country has over 200.

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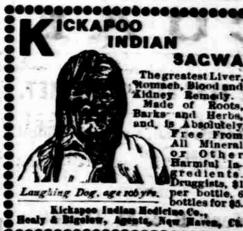
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