

RECIPES FOR CURING MEATS

Farmers and Townspeople Have Lost the Art.

SELL STOCK AND BUY MEAT

Old Fashioned Recipes that Have Been Preserved May be Useful to the Present Generation—Have Had a Thorough Test and Found Good.

The farmers and townspeople of today have been so accustomed to delegating the task of looking after their supply of meat to the meat market men and packing trust, that the art of preserving meats and that of killing and cutting up hives and hogs is almost lost to the people in general, with the exception of those who had the necessary experience and training in the past generations.

An observant citizen the other day noticed a farmer in a meat shop purchasing dressed and cured meats in large quantities. The citizen, who had some knowledge of the farmers of the old school, was surprised and asked him why he didn't kill and cure his own supply of meat.

The conversation set the citizen to thinking and he went home and dug up some receipts for curing meats that have been in his possession for the past fifty years and have been given extensive tests by him and found to be good.

Hams, Bacon, Sausage—As recipes for ham brine are seasonable I will enclose one or two, and also a dry cure, or at least one where the meat is not put in brine.

Ham Brine No. 1.—Eight gallons of water, eight quarts salt, three quarts molasses sugar, three-quarters of a pound of saltpetre.

These recipes have been used for years, and are both good. Small hams should not be left in the brine more than four weeks, and bacon the same length of time, but large hams for six weeks.

Hams Without Brine.—One pound salt, one ounce saltpetre and enough molasses to make a stiff paste. The hams should be laid on a table in a cellar or outbuilding and thoroughly rubbed with salt; the paste is then laid on and every day for six weeks the paste, which will run off the hams, must be laid on again with a spoon.

Sausage Meat—For forty pounds of meat one pound of salt, one-quarter pound pepper, one-fourth cayenne, two ounces each of sage and thyme. Pack the meat closely in unbleached muslin bags, hang in a cold place, and it will keep till warm weather.

The object to be attained is to cure the meat with just sufficient salt to preserve it; most recipes call for too much salt, sugar, etc.

For 100 pounds of ham take four gallons of water, six pounds of salt, eleven pounds of sugar and one quart of molasses, and three ounces of saltpetre. Pack loosely in tub or barrel and cover with the pickle; leave in pickle from six to eight weeks, according as hams are light or heavy.

For dry salting, for each 100 pounds of meat, take five pounds of fine salt, one-quarter of a pound of sugar and three ounces saltpetre; pulverize thoroughly and mix in a tub. For beef, rub each piece well, place in a tub or barrel, and cover each piece with its proportion of the mixture; in ten days it can be hung up. Rub hams thoroughly with the mixture, lay them on a board, and cover the flesh side with the mixture; as bare spots appear keep covered with the mixture. They will be ready to smoke in three weeks.

For sausage take, for forty pounds of meat three-quarters of pound of salt and one-quarter pound good black pepper; herbs and red pepper may be added, if desired.

Notice for Publication. Department of the Interior, land office at O'Neill, Nebraska, Dec. 26, 1903: Notice is hereby given that the

following-named settler has filed notice of his intention to make final proof in support of his claim, and that said proof will be made before W. H. Field, clerk district court, at Madison, Nebraska, on February 6, 1904, viz: George A. Dean, H. E. No. 17723, for the ne 1/4 sec 4, Sec. 13, T. 23 N., R. 1 W.

He names the following witnesses to prove his continuous residence upon and cultivation of said land, viz: Hugh B. Smith, of Norfolk, Neb.; Fred Terry of Warnerville, Neb.; Josiah Daniel of Norfolk, Neb.; Christ Oetzer of Norfolk, Neb.

S. J. Weekes, Register.

ENTHUSIASM AT THE STATE FARM

Large Audiences Attended the Meetings for Farmers and Stockmen Held at Lincoln.

Norfolk, Jan. 30.—In Lincoln at Memorial hall there were three lectures delivered of much interest; one by Prof. Hamilton, who I understand, is the national superintendent of farmers' institutes; one by Prof. Henry, president of the Wisconsin state university, his second professorship was agriculture in said university. He was full of enthusiasm for agriculture, feeling that such an education was so practical all through life. The application educationally of agriculture is so broad, covering so vast a scope, while the life in the professions is so comparatively narrow.

Prof. Hopkins of the Illinois experiment station delivered a lecture on soils and their analysis which was of great interest to the agriculturist. These lectures were free and quite well attended. A luncheon was served by the Woman's Scientific Cooking department on the state farm each noon. Often two and three of the various state associations were in session at the same time, and were accessible after a walk of 300 or 400 yards.

The state horticultural society has a building of its own and the rooms were crowded at each meeting, much enthusiasm being manifested. The meeting of the state dairymen's association was held in the creamery building on the state farm. All the various meeting places were crowded while I was in them. Once they discussed the successful silo; at another they discussed the milking breeds of cattle, including the Short Horn. The Short Horn Breeders association met in the same room as the above.

Ex-Congressman Shallenberger delivered an address and Governor Mickey read a paper before the association. His son was elected secretary for the ensuing year. The judging pavillion was the largest room on the farm for the accommodation of audiences. A general association of stock breeders was held in that room, in fact the building held many of the associations and was usually full of interested audiences. I estimated the attendance at these meetings to be between 5,000 and 8,000 in six to eight years. It is difficult for one not in attendance to have any estimate of the enthusiasm at the meetings. I regarded myself as well paid for my investment in this one. The railroads gave one rate, plus 50 cents, for the round trip. Street cars run every fifteen minutes from Lincoln to the state farm. I was told while there that a building to cost \$100,000 is to be erected on the state farm this coming summer. The residents of the state farm gave much time and labor to make the various meetings successful. I think the corn breeders association will be a success from start to finish. Dr. C. A. McKim and I were all that I saw from Norfolk. I have asked him to write up the meeting of the veterinary association. I was in their room during some of the operations. They had a good attendance while I was present.

J. W. Bovee.

GOT TWO VOTES.

There Were Just Sixty-Five Voters in Dodge County.

"There were just sixty-five votes in Dodge county and I got two of them on the democratic ticket," said Dr. A. Bear, reminiscently recalling the days of the early life when he had settled in Fremont, just after the close of the civil war. "We had come up the river from Omaha, which was then the head of navigation. One of my friends in Omaha, who regarded my welfare, called me to one side and told me on the quiet that, although I had been a democrat in Virginia, the thing for me to do would be to forget it all and call myself a republican.

But the doctor stuck to his faith and his party. "Not yet," he said. "Not yet."

And he went up to Fremont where he located in those early days. An election came off and he was heading the democratic ticket. When the ballots were counted, Dr. Bear had just two votes out of the sixty-five cast—one was his own and the other was that of a friend who has long since been laid to rest.

In our advertising columns appears the card of the 'New York-Honduras Commercial Co., presenting an investment that at first sight appears to yield extraordinary results, but when the wonderful returns of plantations in tropical countries are taken into consideration, and the known fact that Mexican companies in similar lines are doing even better, it warrants the investigation of the man with idle money, or who can put a few dollars aside for the future.

HELLO BUSINESS AIDED

Girls Will Only Have to Ring and to Remove Plugs.

CUTS OUT "ARE YOU THROUGH?"

A Little Electric Light Tells Central That You Want to Talk; a Button Tells Her Your 'Phone is Answered; and Another Says You're Through. Because some fellow in the Chicago shops of the Western Electric company made a blunder, the force of workmen who are installing the new switchboard for the Nebraska Telephone company in Norfolk are keeping out of mischief this week by unsoldering, untwisting, setting over and soldering up again just 1,800 tiny bunches of wires that are to go into the new board. It had been expected to get the board in shape by the first of February, but it will be impossible now to finish the job before the fifth or sixth.

There are a vast number of magnificent improvements in the new switchboard over the old style. They are complicated and wired enough to make an ordinary man dizzy before he has looked at half of the system, but when he catches a point now and then he is able to see that it will make marvelous changes in the working of the telephonic business in Norfolk.

There will be no more ringing for central. When a person takes down the ear 'phone, three separate signals tell the girl at the board that you want to talk. "In the first place a little white number—the number of your 'phone—drops right down before her very eyes and lets her see. If it happens to be dark in the office, a tiny electric light begins to glow simultaneously and she can tell from this. And if she should happen to be sleeping, a fierce alarm bell goes off and wakes her up.

The girl will in some one of these ways get next to the idea that you want to talk. And then she will ask you for the number and will ring. It will be no longer necessary for the girl to cut in and ask, "Has your party answered yet?" She will know the instant that the party answers, because when the answering 'phone is taken down a little number will drop and tell her about it. And so she knows that until that drop has fallen you haven't had an answer and she keeps right on ringing for you without any request to "please ring again, central."

When one end of the line gets through talking, central knows from the drop that the 'phone has been hung up. But if the other drop stays down she knows you still want to talk and she doesn't cut you off. She knows just exactly when you get through talking and there will be no more cutting in to ask "talking through?" and there will be no more stopping of conversation in the middle.

Another good thing is the fact that 'phones will never get out of order. On the old system a battery was placed in each 'phone and the battery often went on a strike. No batteries are left now except the big storage battery in the central office, and your line has just as much current one day as another. A great deal of time will be saved on each call and all that the girl will have to do is to say hello, watch the board and take out the plugs when the signs tell her you have finished.

The new board is equipped for about a dozen girls and the toll lines will run from different tables. The chief operator will have a desk all to herself, the manager will be fixed up in a private office and the public will have a place to enter when it wants to talk to some other town.

The new board alone comes at a cost of \$10,000. Other changes will run the bill of the company up to about \$30,000.

BIRTH RECORD.

A Son. Mr. and Mrs. D. Diefenderfer are rejoicing over the advent of a son to their home in South Norfolk.

A Son. Mr. and Mrs. Widemann welcomed a son to their home yesterday.

A Son. Mr. and Mrs. John Michaelson are the proud parents of a son who arrived at their home in the Junction.

Why suffer with your kidneys? The discovery of Kidney-ettes has proved a blessing to thousands of kidney sufferers who have been restored to perfect health. These tablets drive the disordered germs out of the system, and we urge all sufferers to give this scientific and successful kidney remedy a trial. Price 25 cents. Kiesau Drug Co.

Pure Bred Duroc-Jerseys. I have a few head of gilts for sale. All bred to a registered boar (also for sale.) These are fine gilts. All eligible to record. M. Mihills. 1211 Phillip avenue, Norfolk, Neb.

Exposure to Wet, dampness and cold, invariably results in a sudden chill, which if not attended to immediately will cause a cold. By mixing a teaspoonful of Perry Davis' Painkiller in half a glass

of warm water or milk, the whole system will be heated and the danger of cold avoided. Avoid substitutes, there is but one Painkiller, Perry Davis'. Price 25c and 50c.

There are Some Simple Remedies indispensable in every family. Among these, the experience of years assures us, should be recorded painkiller. For both internal and external applications we have found it of great value; especially can we recommend it for colds, rheumatism, or fresh wounds and bruises.—Christian Era. Avoid substitutes, there is but one painkiller, Perry Davis'. Price 25c. and 50c.

The Illinois Horse Co. can supply 60 pedigreed draft stallions; 30 of them imported; 5 breeds—Percheron, French Draft, English Shire, Belgian Clyde; 5 colors—black, brown, bay, roan, gray; rich blood, extra shire breeders 2 to 5 years old. Some will make 2400 pound horses. Easy payments. The general manager will be in Sioux City for a week. 22 Balton block. Permanent address, Des Moines, Iowa.

SPECIALIST OF REPUTATION.

Years of Special Practice Affording Excellent Opportunities.

FACTS WORTH MENTIONING

By Dr. Caldwell.

Several years ago, while in private practice, I thought it wrong to advertise, simply because I had been told so and had not had experience enough to know better. After a while I discovered a valuable plan of treatment in certain cases, and fortunately obtained a large number of patients, enough to fully test my plan and prove its success. I thereupon prepared a lengthy paper upon the subject and read it before the state medical society. What was the result? A half a dozen members took the floor to say what the treatment had been for a hundred years back, and to claim that the old treatment, though unsuccessful, should be continued, notwithstanding that the new treatment had been successful. I thought differently and continued to use the new method, and made remarkable cures of cases that had been pronounced incurable. My business increased rapidly as each person that I cured told some friend, who came in turn and was cured. Each patient advertised me a little. What then? In that large city there were not more than 400 cases of the kind. I cured every case that came to me and then had nothing to do except the ordinary business of a local physician. I knew there were hundreds and thousands of others elsewhere, who might be cured if they only knew; and I advertised. Cured hundreds of others and I have advertised ever since. I have relieved more suffering, cured more patients, made more people happy, and done more good generally because I have told the people what I can do, and I shall go on with the good work as long as my strength will permit.

I advertise because I have something worth advertising. I have made myself competent by years of special study and experience, and by the expenditure of large sums of money. By advertising I place before the people the facts which enable them to know what I can do. I thereby reach thousands, who, given up by local physicians or unsuccessfully treated, give themselves up as incurable. I cure them and thereby enlarge my field of usefulness. By no other way than advertising could these people have known that they could be cured. Every thrifty and prosperous business in life, save those of law and medicine, advertise freely. Lawyers do not, for they only use in business what others have made for them years before. They only do what has been written. "Regular" doctors do not advertise for the same reason. They have nothing new, nothing which someone else has not written or told them of, they get their knowledge from the books. A man may read medicine until he is blind and then know nothing of it. To be successful he must apply his own mind. Make his own researches, and to do that he must have room and opportunity. He must have cases, hundreds of them, and compare results. If he does not do this he is a machine without novelty, skill or ingenuity, still plowing with a wooden plow, still traveling on foot or horseback, and ignoring the advantages of steam, living but not learning. The same is true of a lady doctor.

Below you will find published the names and addresses of some of the recent cures that I have made. These people's afflictions were, under the ordinary physician's care, considered hopeless, and no prospects for a cure: Mrs. Kate Schall of Albion, Neb., cured of catarrh of head and stomach. Mrs. William Zueg of Blue Vale, Neb., cured of nervous heart and female disease. Mrs. J. E. Connelley of Akron, Neb., cured of cancer of long standing. Mrs. Augusta Seydon of Pender, Neb., cured of nervous liver and stomach disease. Mrs. Ella Scochman of Wayne, Neb., cured of rheumatism, female disease and skin disease. John Harper of Columbus, Neb., cured of heart disease, stomach and liver disease. Emma Stalke of Clark, Neb., cured of skin disease, heart trouble and dropsy.

Will You Sleep Well Tonight? Not if you have a cough that begins to torment you as soon as you lie down. You can conquer the cough with Allen's Lung Balsam, which will relieve the pain in the chest, the irritation in the throat and the hard breathing. Since it contains no opium, this remedy may be given freely to children, and to the most delicate adults.

CUT OUT THE COUPON

and send it to us and we will send you an order which you can take to your druggist and

GET A 25 CENT BOX OF "ELMO CACTARINE" FREE

WE WANT EVERYONE WHO is suffering from Indigestion, Dyspepsia, Fermentation or Sour Stomach, Gas on Stomach, Belching and All Stomach Diseases, Palpitation, Shortness of Breath, Rheumatism or Neuralgia of the Heart, Fainting or Dizzy Spells and all Weaknesses and Diseases of the Heart, Weak or Irritable Nerves, Nervous Prostration, Sick Nervous Headaches and all other Nervous Disorders TO GET A FREE BOX OF "ELMO CACTARINE." Thousands of people have been relieved of their suffering by using "Elmo Cactarine," and we want you to try it at our expense. It will prove to you that "Elmo Cactarine" is the most remarkable remedy in the world for the cure of all Diseases of the Stomach, Heart and Nerves.

READ OUR OFFER: Cut out this coupon and send it with your name and address to Elmo Chemical Co., Des Moines, Iowa, and you will receive by return mail an order for a box of "Elmo Cactarine," which you can take to your druggist and get a 25c box of "Elmo Cactarine" free of charge. We will stand the expense without putting you under any obligations whatever. We will pay the druggist for your box of "Elmo Cactarine." Our purpose in making this generous offer is to demonstrate the merit of "Elmo Cactarine" as a cure for all Stomach, Heart and Nervous Diseases. Large boxes of "Elmo Cactarine" containing 100 doses sell for \$1.00. "ELMO CACTARINE" All druggists are authorized to issue a written guarantee with this GUARANTEED. \$1.00 box of "Elmo Cactarine." If used according to directions and fails to benefit, take empty box back to place of purchase and money will be refunded. Sold by Asa K. Leonard, and all other leading druggists.

YOU MUST NOT FORGET

That we are constantly growing in the art of making Fine Photos, and our products will always be found to embrace the

Most Artistic Ideas

and Newest Styles in Cards and Finish. We also carry a fine line of Mouldings suitable for all kinds of framing.

I. M. MACY. THE NORFOLK BUSINESS COLLEGE THIRD YEAR. Conservative Management. Thorough Equipment. Commodious Rooms. Superior Instruction. Full Business Courses. It will pay you to attend this School. No vacations. Enter any time. Address, C. H. BRAKE, Norfolk, Neb.

FARMER SHOOTS HAND OFF Blows Left Arm All to Pieces With Shotgun. IS HUNTING NEAR CREIGHTON

Out After Jack Rabbits, Mr. Rush Sends Lead into Wrist and Tears Away all of the Bone and Flesh. Amputation is Necessary. Creighton, Neb., Jan. 30.—Special to The News: Rufus Rush, living four miles east of Creighton, while out hunting jack rabbits with his shotgun at noon yesterday in a cornfield, slipped and discharged one barrel of his gun into the left arm, just above the hand, tearing much of the flesh and a portion of the bone away. It will likely have to be amputated. Mr. Rush slipped on one foot, carrying the gun under his right arm. One barrel was discharged and the gun flew backwards when the second went off, blowing the lead into his wrist. A farmer who was driving along at the time went to his assistance, placed him in the buggy and drove to the house of the nearest neighbor, Gus Merritt, who has a telephone. Two doctors, Dr. Britt and Dr. Wilson, were summoned. They dressed the wound and think that the hand will have to be amputated near the elbow. Too much of the bone is gone to save it.

WHICH PAYS BEST? An investment in the New York-Honduras Commercial Company, bringing your money into co-operation with that of others in a Banana and Rubber Plantation NETS you 50 per cent on your capital for five years and 100 per cent after that time. \$10.00 per month for one year gives you an investment worth \$1,000.00 at the end of that time at ruling rate of interest. The above is borne out by actual official figures, which can be proven to the entire satisfaction of the prospective investor.

DOES THIS WARRANT INVESTIGATION? New York-Honduras Commercial Co. 29 Broadway, NEW YORK CITY. We want a live representative in this locality

CHANGE IN COLOR. Dr. Brown Sells Office at Long Pine to Dr. Black. Long Pine, Neb., Feb. 2.—Special to The News: Dr. Brown has sold his office and practice to Dr. Black of Omaha. Dr. Brown will move to Gordon. Dr. Black comes well recommended.

Do you feel broken down and does your system need nourishment? Just take Man-Er-Vine tablets, the world's greatest remedy for the nerves, brain and blood, and watch results. Kiesau Drug Co.

LAXATIVE BROMO QUININE THIS SIGNATURE E. W. Groves MUST APPEAR ON EVERY BOX OF THE GENUINE Many School Children are Sickly. Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, break up colds in 24 hours, cure Feverishness, Headache, Stomach Troubles, Teething Disorders, move and regulate the Bowels, and Drive Worms. Mrs. Emily Marston, Meriden, Ct., says: "It is the best medicine in the world for children when feverish and complaining." Sent by all druggists or by mail, 5c. Sample sent FREE. Address: Allen S. Drustel, LeRoy, N.Y. Dr. Weaver's Treatment. Syrup purifies the blood, Cerate heals skin eruptions.