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THE NORFOLK NEWS: PRIDAY, JUNE 21, 1901







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## The SKin mituan






## ParPa B/oosf- of powders, soaps and washes can do, no permanen

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## Sit up

in bed.
When it becomes necessary to
sit up in bed to get your breath; sit up in bed to get your breath; when the least exertion such as
walking, sweeping, singing, talking or going up and down
stairs, causes shortness of stairs, causes shortness of
breath, fluttering or palpitation; then it is time to do something
to brace up and strengthen your failing heart. Take Dr. Miles
of all.

Dr. Miles' Heart Cure
stimulates the digestion, inmakes weak hearts strong.
Sold by druggists on guarantee.


