

Sticky Sweating Palms

after taking salts or cathartic waters—did you ever notice that weary all gone feeling—the palms of your hands sweat—and rotten taste in your mouth—Cathartics only move by sweating your bowels—Do a lot of hurt—Try a CASCA-RET and see how much easier the job is done—how much better you feel.

CASCARETS are a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.

Afflictions mark the difference between iron and steel.

No harmful drugs in Garfield Tea. Nature's laxative—it is composed wholly of clean, sweet, health-giving Herbs!

No man has come to true greatness who has not felt in some degree that his life belongs to his race.—Phillips Brooks.

Commercial Anxiety.

"A clockmaker must be the most uneasy of manufacturers."

"Why so?"

"Because there is always the prospect of a strike in his works."

The Test of Intellect.

"I wonder why Mrs. Filming regards her husband as stupid. He has been very successful in business."

"Perhaps," replied Mr. Meekton, "he's like so many of the rest of us who can't possibly learn to keep the score of a bridge game."

A Dry Wash.

Representative Livingston of Georgia, who, disgusted at the bath-tub debate in the house recently, proposed that a little money might be made by renting the bath tubs out, said recently, apropos of this subject:

"We are now a good deal like Bill Spriggins on a zero morning."

"Bill's valet entered his bedroom one January morning and said with a shiver:

"Will you take your bath hot or cold, sir?"

"Thank you," said Bill; "I'll take it for granted."

Real Courage.

He was the small son of a minister and his mother was teaching him the meaning of courage.

"Supposing," she said, "there were twelve boys in one bedroom, and eleven got into bed at once, while the other knelt down to say his prayers, that boy would show true courage."

"Oh," said the young hopeful, "I know something that would be more courageous than that? Supposing there were twelve ministers in one bedroom, and one got into bed without saying his prayers!"

WHERE IT WAS LACKING



She—You puckered up your lips so then that I thought you were going to kiss me.

He—No; I got some grit in my mouth.

She—Well, for goodness' sake swallow it! You need it in your system!

IT'S FOOD
That Restores and Makes Health Possible.

There are stomach specialists as well as eye and ear and other specialists.

One of these told a young lady, of New Brunswick, N. J., to quit medicines and eat Grape-Nuts. She says:

"For about 12 months I suffered severely with gastritis. I was unable to retain much of anything on my stomach, and consequently was compelled to give up my occupation."

"I took quantities of medicine, and had an idea I was dieting, but I continued to suffer, and soon lost 15 pounds in weight. I was depressed in spirits and lost interest in everything generally. My mind was so affected that it was impossible to become interested in even the lightest reading matter."

"After suffering for months I decided to go to a stomach specialist. He put me on Grape-Nuts and my health began to improve immediately. It was the keynote of a new life."

"I found that I had been eating too much starchy food which I did not digest, and that the cereals which I had tried had been too heavy. I soon proved that it is not the quantity of food that one eats, but the quality."

"In a few weeks I was able to go back to my old business of doing clerical work. I have continued to eat Grape-Nuts for both the morning and evening meal. I wake in the morning with a clear mind and feel rested. I regained my lost weight in a short time. I am well and happy again and owe it to Grape-Nuts." Name given by Postum Co., Battle Creek, Mich.

Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

WAY TO SUCCESS OPEN

WISE ADVICE TO THE DEMOCRATIC PARTY.

its Mission in the Service of the People is Clear—Must Honestly Fulfill Pledges and Be Progressive and Conservative.

This is not the first occasion on which the door of opportunity has been opened to the Democracy and they have shut it on themselves. Let them remember "the landslide" of 1892 and its consequences. The same thing may easily occur again. Titus is still before the gates. By 1912 the shattered and shaken forces of Privilege will have recovered from their overthrow and the fight will have to be made over again. Only by uniting on the fundamental principles and making mutual concessions as to personal interests can the Democracy hope to win. If they falter the party is lost. The principles will some day be victorious, but the Democratic party will have lost the glory of the victory.

The Democracy has before it a clear, if difficult, mission—to establish the rights of the people according to the constitution, and to make it plain that among these rights is the right to acquire and hold and use property in any manner not inconsistent with the rights of others and only so. If the rights of the people and this property right are conflicting, then is this latter not right, for the rights of the people are the supreme law.

The Democracy must be at once both progressive and conservative. It must honestly fulfill its pledges. It must meet bravely the questions arising out of the new conditions of which we hear so much, and it must conserve those rights of the individual on which our security has been based in the past. Nor is this reconciliation as difficult as some would have us believe. We are, it is true, drifting into new seas; but we have a chart by which we may steer safely, however perilous the tides that swing and sway us and the rocks and reefs that appear in our course. Its name is the constitution. It is drawn by a body of wise, experienced and patriotic men whose minds were set on one thing—civil liberty through the perpetuation of Republican institutions.—Thomas Nelson Page, in the North American Review.

Opportunity of the South.

No sensible man, certainly no one friendly to the south, wishes to see the tariff made a sectional question. The course of Mr. Clark and Mr. Underwood tends to prevent this. They stand not only with their own party throughout the country, but with the strong public sentiment in support of tariff reduction that has divided the Republican party, and thrown the house into the hands of the Democrats. When we say that in this they are serving their own section, we have in mind the important fact that they are bringing to bear on national affairs the intelligence and strength of their section, and giving it the opportunity to take a leading part in the affairs of the nation. They are undermining the unfortunate sectionalism that has, perhaps unavoidably, pervaded southern politics for a long time. They are ranging the south on the side of progress and in the line of the most significant movement of national opinion that has manifested itself in years. Nothing is more certain than that our vast and intricate and oppressive tariff system is to be reformed, and its reform is bound to be the one task of statesmanship in the next few years. It can be determined, and under certain conditions it can be led by the men of the south.—New York Times.

Reciprocity and Public Welfare.

President Taft seeks the benefits of reciprocity in the quickest way. Instead of negotiating a treaty which could not become effective without ratification by a two-thirds vote of the senate, he has negotiated an agreement which can be enacted into law by a majority vote of the two houses. It now remains for the American people to make their attitude with regard to this agreement so clear and emphatic that congress will not dare to put it into cold storage. It ought to be adopted! The welfare of the country demands it, and the leaders of the Republican party in congress ought to be wise enough to see that antagonism will be resented.—Rochester Post-Express.

As to Ballinger.

A strong disposition to sidetrack the Ballinger investigation report is evident in the action of the house agricultural committee, to which it was referred. It is "up to" Mr. Ballinger to have that committee bring the matter before the house, but Mr. Ballinger, it is safe to say, will do nothing of the kind. Almost any man, boasting of being in the right and sensitive to criticism, would insist upon action.

Business Management and Post Office.

"If any private corporation had the privileges and monopolies enjoyed by the post office it would make money too fast to count. The post office department is the only corporation in the world that does \$224,000,000 worth of business and yet loses money."—Don C. Seitz, in World's Work.

HARMONY WITHIN THE PARTY

With That, Democratic Opportunity Was Never So Great as at the Present Moment.

What chiefly characterized the Democratic lovefeast in Baltimore was the independence of tone with which the distinguished guests discussed the future of the party instead of making a mere parrot-like repetition of a cast-iron program. While there were differences of opinion as to means on the one essential feature of Democratic national policy, "a tariff for revenue only," the conference was marked by the utmost harmony and enthusiasm. What Governor Harmon of Ohio ably urged in behalf of a revenue tariff Senator Bailey of Texas and Representative Clark of Missouri endorsed. Whether the work be accomplished by schedules or as a whole, this is the only solid and substantial ground on which the Democratic party can successfully appeal to the American people. As a tariff for revenue only as a means of carrying on the government involves "the greatest good to the greatest number," or the least harm to the greatest number, there can be no turning aside from it to heed the shriek of locality or to grant favors to individuals or combinations.

What has been highly proclaimed in Baltimore it will be for the Democratic house of representatives to translate into acts. While firmly adhering to this policy until it can be fully accomplished, practical legislative wisdom will demand in the interest of an over-burdened people the acceptance of such concessions as may be made by a protectionist senate. But, as there is a large, liberal and progressive element in the protectionist majority of the senate, the Democrats of the house will have reason to anticipate an agreement in favor of substantial reductions of the exorbitant schedules of duties on textile fabrics and iron and steel. In short, the senate in the next congress will be a very different body so far as the tariff is concerned from that which was led to forge the Payne-Aldrich bill.—Philadelphia Record.

Remedy Up to Congress.

It is becoming tolerably evident that the closing session of this congress will accomplish nothing except a big lot of appropriations. A large share of the president's program will be left on the shelves. All this is excused by the fact that the session is so short.

There is a large percentage of humbug in that plea. Congress could do a great deal in three months if it wished to. If it was run for business instead of maneuvering for political position, manufacturing campaign thunder and engineering private pulls, the record would be very different.

Yet if public business must be left undone because the second session of each congress is too short the responsibility still rests with that body. It is authorized by the constitution to establish by law another date than the first Monday in December for its meetings. So whatever view is taken of the inability of congress to do anything every second winter the fault lies in its own inaction.

A Tariff Commission.

We have strong hopes that the tariff commission plan will succeed in the senate, as well as in the house of this congress. Some of the senators will oppose it, and will try to wear out the session until a vote cannot be reached in a body that has no means of shortening debate. But means may be found of securing a vote, and the vote should be favorable. Such a result would diminish tariff agitation. The diminution of that would encourage business. The encouragement of business would stimulate "capital" and should make "labor" hopeful, because employed much and well paid. Common sense views could displace abstractions, until eventually there should be no more "politics" in a tariff law than in a bill of lading. It is earnestly to be desired that a sane senate on this question will sustain a sane house and a sane president.—Brooklyn Eagle.

Reciprocity and Democratic Victory.

When confronted with evidence of the growth of tariff reform sentiment in the country the Republican organs used to say that, nevertheless, there was one more Republican presidential victory in the tariff. We can tell the Republicans now that there is a sure presidential victory for the Democrats in the Canadian reciprocity agreement if they reject it. The agreement, as President Taft has said, is of national scope. It will interest the people and they will understand it as they have never understood a tariff bill, because it directly affects consumers, because it reduces import duties on articles of universal consumption.—New York Times.

Hardly!

There is really no reason for counting Indiana as a doubtful state in the next presidential election. Republican reverses have been the result of local instead of national differences in the party.—Editor Seffrit of the Washington (Ind.) Herald.

Perhaps; but as the Democrats carried the state ticket by about 12,000 plurality and elected their congressmen by over 30,000 plurality, it doesn't look exactly that way.—Indianapolis News.

OPTION BILL CHEERED

FIVE THOUSAND "DRYS" GATHER AT ILLINOIS CAPITAL.

Temperance Army, Accompanied by Bands, Make Remarkable Demonstration for Wilson Measure.

Springfield, Ill. — County local option, backed up by the greatest "lobby," numerically speaking, that ever came to Springfield, became the overshadowing leading issue before the Illinois legislature. At least five thousand men and women were in the city to wage battle against King Alcohol.

In the shadow of the state house the anti-saloon forces marched and counter-marched to the tunes of "Onward, Christian Soldiers," while in the house chamber Representative George H. Wilson of Quincy introduced the county option bill.

After exhibiting their strength in the street parades, they massed in the state arsenal, where the decorations of the Taft banquet were still in place. At two meetings they packed the great building with the greatest throngs it has held since 1904 and the time of the Republican and the Democratic conventions.

The state house was almost deserted. Lawmakers in droves went across the way to hear the speeches and see the display. The noise of the bands and the shouts of the delegates were so loud that it was hard to keep the mind on legislative affairs, anyhow.

SOCIETY SEES PRIZE FIGHT

Anthony J. Drexel, Jr., and Hon. Robert Beresford Have Knockout Battle in Gould Gymnasium.

New York.—The family of George J. Gould and a score of guests, including some of the most prominent society men and women of New York and London, saw Anthony J. Drexel, Jr., and Hon. Robert Beresford fight to a knockout in the Gould's private gymnasium at Lakewood, N. J.

Drexel, although he put up a plucky and clever fight, was floored repeatedly by the English amateur champion, and was so helpless at the end of the third round that his seconds dragged him from the ring and admitted a knockout.

At the most exciting stages of the encounter women in evening gowns arose and cried applause to the fighters.

The battle was terrific while it lasted, and one expert sporting man who was present said it was as good a "go" as he had ever seen in the prize ring.

Both Beresford and Drexel distinguished themselves by their thorough sportsmanship.

When Drexel in the last round stood with his feet wide apart and his hands hanging useless at his side like Jerries at Reno, Beresford stood back and would have waited for him to recover if Drexel's seconds had not declared him defeated.

The fight was the result of the widely published supper challenge that Beresford made to Drexel some weeks ago.

The English champion weighed in at 166 pounds, and the American champion at 161. They were clad in the regulation fighting garb and were a magnificent looking pair as they entered the ring.

Beresford had two lords for his seconds, Lord Camoys and Lord Alastair Graham. Drexel's seconds were Jay Gould and Mr. Moffatt. Lieut. Hubert De Burgh of the British navy was referee. Mrs. George Gould had offered a silver cup for the winner.

WILL SUE LUMBER BARONS

Department of Justice Is Preparing Its Case—Report of Commissioner Sent to Congress.

Washington.—Two sharp blows at the so-called lumber trust were struck by the administration Tuesday.

One was a statement from the department of justice that suit is to be filed against the combine based on complaints of discrimination, black-listing, price raising and apportionment of territory.

The other was a report by Herbert Knox Smith, commissioner of corporations, showing the enormous extent of the holdings of the timber interests, giving warning of a monopoly at no distant date, relating the steady increase in prices and predicting still greater advances by those who are engaged in cornering the forest resources of the country for speculative purposes. This report was sent to congress by President Taft.

ASK FREEDOM OF SPEECH

Railway Mail Clerks Demand Rescinding of Executive Order Issued to Government Employees.

Boston. — Over 300 members of the Railway Mail Association of New England at a meeting passed resolutions which will be submitted to congress asking for a better regulation of hours of work, traveling allowances and "freedom of speech."

Daughter of Revolution Dead.

St. Louis.—Mrs. Caroline M. Hypes, ninety-eight years old, who was one of the two surviving real Daughters of the American Revolution, died at Greencastle, Ind., Thursday. She was the mother of Dr. B. M. Hypes of this city.

London Anarchist Caught.

Berlin.—A dispatch from Breslau says that one of the band of anarchist burglars who operated in the Hounds-ditch district of London was captured there Thursday.

BLOOD HUMORS

It is important that you should now rid your blood of those impure, poisonous, effete matters that have accumulated in it during the winter.

The secret of the unequalled and really wonderful success of Hood's Sarsaparilla

as a remedy for Blood Humors is the fact that it combines, not simply sarsaparilla, but the utmost remedial values of more than twenty ingredients—Roots, Barks and Herbs—known to have extraordinary efficacy in purifying the blood and building up the whole system.

There is no real substitute for Hood's Sarsaparilla, no "just as good" medicine. Get Hood's today, in liquid form or tablets called Sarsatabe.

FOR **PINK EYE** DISTEMPER CATARRHAL FEVER AND ALL NOSE AND THROAT DISEASES

Cures the skin and acts as a preventive for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy, 25 cents and \$1.00 a bottle; \$6.00 and \$10.00 the dozen. Sold by all druggists and horse goods houses, or sent express paid, by the manufacturer.

SPOHN MEDICAL CO., Chemists, GOSHEN, INDIANA

Difficulties are often the barnacles that grow on delayed duties.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25¢ a bottle.

Preaching produces so little practice because people look on it as a performance.

Your working power depends upon your health! Garfield Tea corrects disorders of liver, kidneys, stomach and bowels.

He who cannot do kindness without a brass band is not so scrupulous about his other dealings.

FILES CURED IN 6 TO 14 DAYS. Your druggist will refund money if TAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50¢.

Keeping Oil Fire From Spreading. Milk will quench a fire caused by an exploding lamp, water only spreading the oil.

Tightness across the chest means a cold on the lungs. That's the danger signal. Cure that cold with Hamlin's Wizard Oil before it runs into Consumption or Pneumonia.

Domestic Amenities. Father—I think the baby looks like you. Mother—Yes, it shuts its eyes to an awful lot.

Literary Atmosphere. "Mark Twain was not a widely read man. How do you suppose he ever managed to turn out so much good stuff?" "I don't know, unless it was because he smoked so much."

Simple, Rather. He—You are the only woman I ever loved. She—Do you expect me to believe that? He—I do. I swear it is true. She—Then I believe you. Any man who would expect a woman to believe that cannot have been much in the company of women.

Ready With Proof. An earnest preacher in Georgia, who has a custom of telling the Lord all the news in his prayers, recently began a petition for help against the progress of wickedness in his town with the statement: "O thou great Jehovah, crime is on the increase. It is becoming more prevalent daily. I can prove it to you by statistics."—Everybody's Magazine.

England's Oldest School. A controversy has arisen in England as to which school has the right to claim greatest age. There are two schools which were founded in the early part of the seventh century—the King's school, Rochester, and the King's school, Canterbury. Justus, on his appointment to the see of Rochester in 604, made provision for a school in connection with the cathedral. Augustine established the Canterbury school about the same time. St. Peter's at York dates back to the eleventh century.

The Army of Constipation

Is Growing Smaller Every Day.

CARTER'S LITTLE LIVER PILLS are responsible—they not only give relief—they permanently cure Constipation. Millions use them for Bilelessness, Indigestion, Sick Headache, Yellow Skin.

SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

Great Food

DEFIANCE Gold Water Starch makes laundry work a pleasure. 13 oz. pkg. 10¢.

W. N. U., SIOUX CITY, NO. 8-1911.

Stomach Blood and Liver Troubles

Much sickness starts with weak stomach, and consequent poor, impoverished blood. Nervous and pale-people lack good, rich, red blood. Their stomachs need invigorating for, after all, a man can be no stronger than his stomach. A remedy that makes the stomach strong and the liver active, makes rich red blood and overcomes and drives out disease-producing bacteria and cures a whole multitude of diseases.

Get rid of your Stomach Weakness and Liver Laziness by taking a course of Dr. Pierce's Golden Medical Discovery—the Great Stomach Restorative, Liver Invigorator and Blood Cleanser.

You can't afford to accept any medicine of unknown composition as a substitute for "Golden Medical Discovery," which is a medicine of known composition, having a complete list of ingredients in plain English on its bottle-wrapper, same being attested as correct under oath.

Dr. Pierce's Pleasant Pellets regulate and invigorate Stomach, Liver and Bowels.

W. L. DOUGLAS

ESTD 1876

\$2.50 \$3.50 & \$4.50 SHOES FOR MEN

BEWARE OF SUBSTITUTES

REFUSE all substitutes claimed to be "just as good," the true values of which are unknown. You are entitled to the best. Insist upon having the genuine W. L. Douglas shoes with his name and price on the bottom.

W. L. Douglas shoes cost more to make than ordinary shoes, because higher grade leathers are used and selected with greater care; every detail in the making is watched over by the most skilled organization of expert shoemakers in this country. These are the reasons why W. L. Douglas shoes are guaranteed to hold their shape, look and fit better and wear longer than any other shoes you can buy.

If your dealer cannot supply you with the genuine W. L. Douglas shoes, write for Mail Order Catalog. Shoes sent direct from factory to wearers, all charges prepaid. W. L. Douglas, 145 Spark St., Brockton, Mass. \$2.00, \$2.50 & \$3.00