

Always
Makes
Good



You'll be delighted with the results of Calumet Baking Powder. No disappointments—no flat, heavy, soggy biscuits, cake, or pastry.

Just the lightest, daintiest, most uniformly raised and most delicious food you ever ate.

Received highest award World's Pure Food Exposition, Chicago, 1907.

PISO'S
THE BEST MEDICINE
for COUGHS & COLDS

THE USUAL RESULT.



So Stockbug has been on the street, has he? What is he speculating on?"

"Just at present, I believe, he is speculating on how much longer he will be on the street."

His Opinion.

Nephew—What do you think of the opera?"

Uncle Josh—Them women in 'th' boxes ought to be able to raise enough money on their diamonds to buy some clothes with, by jinks!

Unnecessary.

"Do you tell your wife everything you do when she is away?"

"No; the neighbors attend to that."

—Houston Post.

So much we miss if love is weak, so much we gain if love is strong.—Helen Hunt Jackson.

EASY CHANGE
When Coffee Is Doing Harm.

A lady writes from the land of cotton of the results of a four years' use of the food beverage—hot Postum.

"Ever since I can remember we had used coffee three times a day. It had a more or less injurious effect upon us all, and I myself suffered almost death from indigestion and nervousness caused by it.

"I know it was that, because when I would leave it off for a few days I would feel better. But it was hard to give it up, even though I realized how harmful it was to me.

"At last I found a perfectly easy way to make the change. Four years ago I abandoned the coffee habit and began to drink Postum, and I also influenced the rest of the family to do the same. Even the children are allowed to drink it freely as they do water. And it has done us all great good.

"I no longer suffer from indigestion, and my nerves are in admirable tone since I began to use Postum. We never use the old coffee any more.

"We appreciate Postum as a delightful and healthful beverage, which not only invigorates but supplies the best of nourishment as well." Name given by Postum Co., Battle Creek, Mich.

Read "The Road to Wellville," in pkgs. "There's a Reason."
Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

HOT POT DELICIOUS DISH

It is Made of Mutton, Sheep's Kidneys, Oysters, Potatoes and Spanish Onions.

One and a half pounds of the best end of neck of mutton, two sheep's kidneys, six oysters, one and a half pounds of potatoes, half a pound of Spanish onions, one tablespoonful of butter, one cupful of stock, salt and pepper.

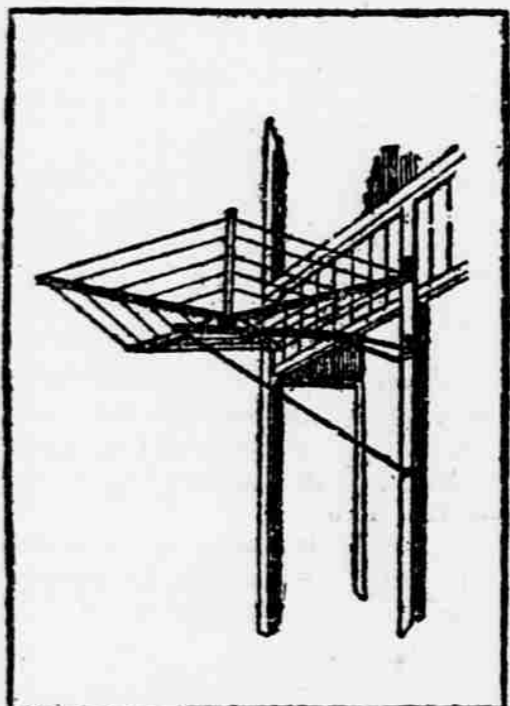
Cut the meat into neat, small joints, trimming off all but a thin rim of fat. Wash and peel the potatoes, then half cook them in boiling salted water. Peel and slice the onion. Skin and core the kidneys, and cut each into six or eight strips; also cut the oysters in halves. Fill the casserole with layers of, first, meat, next kidneys and oysters, then onions, slices of potato and seasonings. The top layer should be of either halves or quarters of potato. Pour in the stock, put the butter in small pieces on top of the potato. Put on the lid, and bake in a moderate oven from two and a half to three hours.

For the last half hour take off the lid, so that the potatoes may get nicely browned. If the gravy seems drying up too much, add more stock, and just before serving pour in a little more stock. Serve in the casserole; this will insure the stew being really hot. If more convenient, the potatoes need not be partly cooked beforehand, but in this case the meat sometimes gets rather overdone if the potatoes used happened to be slow cookers.

BEST OF CLOTHES DRYERS

It Spreads Out Like a Fan or Folds Up Like a Bundle of Sticks.

A clothes dryer that will be a boon to flat dwellers has been designed by a New York man, and is shown in the illustration. It is adapted to extend from a window or balcony, and when not in use can be folded up into such a small compass as to be scarcely noticeable. A bar with a groove in it



is hinged to the window sill or porch post and held in horizontal position by a wire or cord fastened above it. In the groove slides a hub, which has spokes extending from it, and cords connect these hubs, like the cross sections of a spider's web. Indeed, the dryer resembles a huge spider's web when extended. As will be noticed there is ample space to hang a large wash on this dryer, which can be drawn in to a point where it is easy to reach and the clothes put on. When out of use the hubs and supporting rod can all be drawn into parallel position with each other and the whole drawn back against the post, like a bundle of sticks.

Springerle.

The materials required for this characteristic German holiday cake are one pound of pulverized sugar, four eggs, one pound flour, one lemon rind grated, and anise seed. Beat the eggs and sugar together until feathery. It will take about one hour. Add the grated lemon peel and sifted flour, mix all together and roll out on the molding board until only one-eighth of an inch in thickness. Have in readiness the small square wooden forms with designs of swans, flowers, etc., stamped upon them.

Put this dough into squares, dust the forms with flour and put the squares into them, so the design will become imprinted on the dough. Remove carefully from the forms and place on napkins powdered with flour, over night, to dry. Then lay on buttered tins strewn with anise seed and bake in a coolish oven until about the color of the ordinary soda cracker. If these are kept in a stone crock the springerle will remain soft.

Hints for the Table.

For the very delicious dish of deviled clams prepare a cupful of chopped clams and season them with cayenne, salt and the juice of a lemon. Mix them to a soft batterlike consistency with the yolks of two eggs and some powdered crackers. Put the mixture into little ramekins, broad scalloped shells, or into tiny cups, spread the surface with soft butter, and bake until well browned. For a change the mixture may be spread over crisp crackers, and then browned in the oven.

Flaxseed Lemonade.

Steep two tablespoonfuls of flaxseed in one quart of hot water for ten minutes. Stir in and add the juice of three lemons, a large cupful of sugar and a wineglassful of wine. Drink either hot or cold! This is an excellent drink for persons suffering with colds or lung troubles.



"Every Picture Tells a Story"

BURDENS LIFTED FROM BAD BACKS

Weary is the back that bears the burden of kidney ills. There's no rest or peace for the man or woman who has a bad back. The distress begins in early morning. You feel lame and not refreshed. It's hard to get out of bed. It hurts to stoop to tie your shoes. All day the ache keeps up. Any sudden movement sends sharp twinges through the back. It is torture to stoop and straighten. At night the sufferer retires to toss and twist and groan. Backache is kidney ache—a throbbing, dull aching in the kidneys. Plasters or liniments won't do. You must get at the cause, inside.

DOAN'S KIDNEY PILLS CURE SICK KIDNEYS

GIVEN UP TO DIE.

Mrs. M. A. Jenkins, Quanah, Tex., says: "I was bloated almost twice my natural size. I had the best physicians, but they failed to help me. For five weeks I was as helpless as a baby. My back throbbed and the kidney secretions were in terrible condition. The doctors held out no hope and I was resigned to my fate. At this critical time, I began using Doan's Kidney Pills and soon was cured."



How To Tell When The Kidneys Are Disordered--

Painful Symptoms: Backache, sideache, pains when stooping or lifting, sudden sharp twinges, rheumatic pains, neuralgia, painful, scanty or too frequent urination, dizzy spells, dropsy.

Urinary Symptoms: Discolored or cloudy urine. Urine that contains sediment. Urine that stains the linen. Painful passages. Blood or shreds in the urine. Let a bottle of the morning urine stand for 24 hours. If it shows a cloudy or fleecy settling, or a layer of fine grains, like brick dust, the kidneys are probably disordered.

A CASE OF GRAVEL.

Harrison A. Sturtevant, G and Maple Sts., Tulare, Cal., says: "I was in bad shape with kidney trouble. Too frequent urination compelled me to arise at night, my bladder became inflamed and I suffered severe pain. When I began using Doan's Kidney Pills I passed a gravel stone three-quarters of an inch and variegated in color. After this my trouble disappeared."



A TRIAL FREE Test Doan's Kidney Pills Yourself

Cut out this coupon, mail it to Foster-Milburn Co., Buffalo, N. Y. A free trial package of Doan's Kidney Pills will be mailed you promptly. W.N.U.

DOAN'S KIDNEY PILLS
Sold by all dealers. - Price 50 cents. FOSTER-MILBURN Co., Buffalo, N. Y., - Proprietors.

ROYALTY AS THE GODFATHER

Difficulty in Europe Successfully Overcome by the Exercise of Some Diplomacy.

In the early days of the reign of the late King Leopold of Belgium a seventh son was born to a Brussels woman, and when the king heard of it and was told that the boy was the seventh successive one and that no girl had come to the family, he asked to be the baby's godfather. Ever since then every seventh son born in Brussels has had the same honor, and the mothers have received gifts in keeping with their station in life. King Albert, in carrying out the old adage a short time ago, had some difficulty "because the seventh son was twins," according to the Frankfurter Zeitung. "He could not stand for both boys, because that would give the family two Alberts. The remedy was found by Queen Elizabeth, who suggested that her little son, the duke of Brabant, be the godfather of the eighth boy, who consequently received the name of Leopold.

A Mosque for London.

It is proposed to erect a mosque in the capital of the greatest Mohammedan power in the world, and the only surprising feature of the project is that it has not been executed before. The building is to cost £100,000, to which the Aga Khan has already contribute £5,000. The committee in control of the scheme is presided over by Amir Ali and includes the Turkish and Persian ministers, as well as three members of the council of India.—London Globe.

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *W. A. Parke* in Use For Over 30 Years. The Kind You Have Always Bought.

To Economize Space.

"But why is it that you always serve toast with each slice stood up on edge?"
"Oh, I just got into the habit; you know we lived in a flat when we were first married."

Diphtheria, Quinsy and Tonsillitis begin with sore throat. How much better to cure a sore throat in a day or two than to be in bed for weeks with Diphtheria. Just keep Hamlin's Wizard Oil in the house.

Twenty-Five Years of It
"Why do people have silver weddings, pa?"
"Just to show the world what their powers of endurance have been."
—Judge's Library.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.

A LOST ART.



"It seems to me that our new maid ought at least to know how to serve water, if she was six years with her last employer."

"Well, it's not surprising, dear. I know her last employer."

The Latest Golf Story.

Two Scotchmen met and exchanged the small talk appropriate to the hour. As they were parting to go supperward, Sandy said to Jock:

"Jock, mon. I'll go ye a roond on the links in the mornn."

"The mornn?" Jock repeated doubtfully.

"Aye, mon, the mornn," said Sandy. "I'll go ye a roond on the links tke mornn."

"Aye weel," said Sandy. "I'll go ye. But I had intended to get married in the mornn."

There is no surer way to friendship than the honest and sincere appreciation of the good qualities and merits of others.—Henry Lee.

Any New Methods

"Ain't it strange th' way Kelly beats his wife?"
"I dunno. How does he do it?"

WHY suffer with eye troubles, quick relief by using PETTIT'S EYE SALVE, 25c. All druggists or Howard Bros., Buffalo, N. Y.

I had rather be kissed by an enemy than wounded by a friend who enjoyed the job.

ONLY ONE "BROMO QUININE." That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

If you fear to soil your hands in helplessness you may be sure you are defiling your heart.

Vagaries of Finance.

"I understand you have paid the mortgage off your place."

"Yes," replied Farmer Cornstossel.

"Then why do you complain of hard times?"

"All the neighbors have done the same thing. That leaves me with money on my hands that nobody wants to borrow."

A Robber.

"Were you ever confronted by a robber?"

"Sure."

"And did you play the part of a hero?"

"No, indeed, you can't throttle a gas meter."

DISTEMPER

In all its forms among all ages of horses, as well as dogs, cured and others in same stable prevented from having the disease with SPOHN'S DISTEMPER CURE. Every bottle guaranteed. Over 600,000 bottles sold last year \$50 and \$1.00. Any good druggist, or send to manufacturers. Agents wanted. Spohn Medical Co., Spec. Contagious Diseases, Goshen, Ind.

Enlightenment.

"A burlesque," said the occasional theater-goer, "is a sort of take-off, isn't it?"

"It is," replied Miss Cayenne, "if you judge it by the costuming."

Couldn't Last a Day.

Howell—"I can tell you how to live on ten cents a day."

Powell—"Don't do it; I've only eight cents."

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

It is better to lose in loving than to gain by self seeking.

Splendid Crops

In Saskatchewan (Western Canada)

800 Bushels from 20 acres of wheat was the thrasher's return from a Lloydminster farm in the FREE FARMS IN WESTERN CANADA. Grain growing, mixed farming, cattle raising and dairying are all profitable. Free Homesteads of 160 acres are to be had in the very best districts; 160 acre pre-emption at \$3.00 per acre within certain areas. Schools and churches in every settlement, climate unexcelled, soil the richest; wood, water and building material plentiful.

For particulars as to location, low settlers' railway rates and descriptive illustrated pamphlet "Last Best West," and other information, write to Sup't of Immigration, Ottawa, Canada, or to Canadian Government Agent.

E. J. Holmes, 315 Jackson St., St. Paul, Minn. J. H. Macdonald, Bruner 137, Waterloo, S. B. (Use address nearest you.) 39

A TRUCK FARM IN FLORIDA

Means an independence for life. Seventeen cents a day will buy a five acre truck farm in the Pensacola District. Our soil expert and demonstration farm makes mistakes impossible. Come to the land of SUNSHINE AND SUCCESS and we will help you make good. Write today for our exceptional offer. PENSACOLA REALTY COMPANY, Pensacola, Florida

REPRESENTATIVES WANTED.

For Self Wringing Mops that take housekeepers by storm; \$2 one dollar sales nets \$50 week. You cannot find better opportunity. Write for county. Edward Hilker Mop Co., 1224 Grand Ave., Chicago.

W. N. U., SIOUX CITY, NO. 5-1911.

A Poor Weak Woman

As she is termed, will endure bravely and patiently agonies which a strong man would give way under. The fact is women are more patient than they ought to be under such troubles.

Every woman ought to know that she may obtain the most experienced medical advice free of charge and in absolute confidence and privacy by writing to the World's Dispensary Medical Association, R. V. Pierce, M. D., President, Buffalo, N. Y. Dr. Pierce has been chief consulting physician of the Invalids' Hotel and Surgical Institute, of Buffalo, N. Y., for many years and has had a wider practical experience in the treatment of women's diseases than any other physician in this country. His medicines are world-famous for their astonishing efficacy.

The most perfect remedy ever devised for weak and delicate women is Dr. Pierce's Favorite Prescription.

IT MAKES WEAK WOMEN STRONG, SICK WOMEN WELL.

The many and varied symptoms of woman's peculiar ailments are fully set forth in Plain English in the People's Medical Adviser (1008 pages), a newly revised and up-to-date Edition, cloth-bound, will be sent on receipt of 31 one-cent stamps to pay cost of wrapping and mailing only. Address as above.

