

# RHEUMATISM



I want every chronic rheumatic to throw away all medicines, all liniments, all plasters, and give MUNYON'S RHEUMATISM REMEDY a trial. No matter what your doctor may say, no matter how prejudiced you may be against all advertised remedies, go at once to your drug-gist and get a bottle of the RHEUMATISM REMEDY. If it fails to give satisfaction, I will refund your money.—Munyon

Remember this remedy contains no salicylic acid, no opium, cocaine, morphine or other harmful drugs. It is put up under the guarantee of the Pure Food and Drug Act.

For sale by all druggists. Price, 25c.

## Sioux City Directory

**EXCELLENT BAR-GAINS** in rebuilt and slightly used typewriters of all makes. Write for list of twenty-five special bargains.

B. F. Swanson Co., Sioux City, Iowa

Established 30 Years

## J. CRENNISON CO. FLORISTS

Floral emblems and cut flowers for all occasions. SIoux CITY, IOWA

## FIGHTING THE WHITE PLAGUE

Educational Posters by the Thousand to Be Displayed All Over United States.

During the next three months, the bill boards of the United States will display 20,000 educational posters on tuberculosis, according to an announcement made by the National Association for the Study and Prevention of Tuberculosis.

This will conclude the campaign begun a year ago, when the National Bill Posters' association donated free space to the tuberculosis cause, the Poster Printers' association offered free printing, and nine paper manufacturers gave the paper for the posters. The combined value of these several donations for this three-month campaign is nearly \$100,000.

The posters are in six different designs and are all printed in three colors. They are seven feet wide and nine feet high. Already nearly 2,500 of these posters have been hung on the bill boards of 46 different cities, and it is planned to distribute 20,000 more before April 1 in over 400 towns and cities. Any anti-tuberculosis society in the United States may receive free of charge, except for transportation, as many of these posters as can be hung on the boards in its territory. The National association with the tuberculosis committee of the National Bill Posters and Distributors are conducting the campaign.

The posters show in graphic form how fresh air, good food, and rest cure tuberculosis; how bad air, overwork and closed windows lead to consumption; and how the careless consumptive menaces the health of his family by spitting on the floor.

**Habit Grows.**  
"I hate to see a little country buying its first battleship."  
"Why?"  
"Reminds me of a boy taking his first smoke."

**Army of Telegraphers.**  
The telegraph companies of this country employ about 20,000 persons. This does not include the railroad service.

The main difference between a professional man and a tradesman is that a great many times the tradesman can buy and sell the professor.

Calculated piety is the poorest kind of calculation.

## Without a Cook?

Never mind—you can have a good breakfast if there's a package of

## Post Toasties

in the house.

This delicious food, ready to serve without cooking, is always welcome and makes

## Breakfast a Delight "The Memory Lingers"

POSTUM CEREAL CO., LTD., Battle Creek, Mich.

## CAN DO NO REAL GOOD

IDEA OF TARIFF COMMISSION A MERE SUBTERFUGE.

Well Described by the New York Journal of Commerce as a "De-lusion and a Snare"—Subject Too Partisan.

The New York Journal of Commerce, which has always doubted the value of the tariff commission's work, thinks that it is better to keep the present tariff board than to adopt any of the changes which have been proposed in congress. Of the Longworth bill for a bipartisan commission of five members, not more than three of whom shall be of the same party, it says:

"That kind of device is a delusion and a snare, and unless we can have a tariff commission made up of economic experts and free from partisan bias, we may as well leave the matter to the regular committees of congress. It will come to the same thing in the end. The majority of the committee will control the investigations and the recommendations, and the minority will be impotent."

Concerning the suggestion that the work be turned over to a tariff bureau with a single head in one of the administrative departments, preferably the treasury, the Journal says:

"That would be no less one-sided. So long as the administration is devoted to a certain tariff policy its bureau would work for the support and not for the reform of that policy. There would be no independence in its inquiries and no value in its recommendations. The bureaus of the various departments have all along been working in behalf of the established tariff. The consular service of the state department, the bureau of manufactures and the bureau of statistics in the department of commerce and labor are continually furnishing material to support the policy of the administration, which has heretofore been the policy of congress in the matter of tariff, as of everything else. Independent investigation and competent criticism are not to be expected of an official bureau."

In other words, in the official bureaus, as in congress, party policy is regarded as of a good deal more importance than public policy. Like master, like man, and the important thing in the eyes of bureau or other political employees is, first, to hold their jobs, and, second, in order to hold their jobs, to keep the party in its job. To attain this end it must be made to appear that whatever the party does is right. Thus it can hardly be expected that a bipartisan commission, which can be controlled by a majority of partisans, or a partisan bureau, would be of much service in the investigation of a subject so intensely partisan as the tariff.

Former Senator Smith of New Jersey says he is for "a just tariff," but of course that is a misprint. What he is really for is just tariff.

**The Bath Trust Indictments.**  
President Taft gives warning in his message of a vigorous enforcement of the Sherman act against all dangerous or harmful trusts. There is to be no "running amuck," of course, but the question of desirable modifications of the act is not to be permitted to block the prosecution of willful builders of oppressive monopolies.

The Detroit indictments in the bath tub and sink trust furnish an illustration of the meaning of the trust paragraphs of the message. Assuming that the department of justice has the facts "straight," the defendants could not in any event expect the smallest benefit from amendments of the Sherman law. If they had no other purpose than that of fleecing consumers, destroying competition, dictating to jobbers, raising prices regardless of any economic considerations; if there was no thought of saving and improving and sharing gains of combination with consumers, then the trust was of the sort that should be dissolved in the interest of honest and legitimate commerce. The criminal indictments are of the sort that bring home the truth that conscious violation of the law means personal guilt.—Chicago Record-Herald.

## A Committee of Lawyers.

It is observed that every Democratic member suggested for the next ways and means committee of the house, except one, is a lawyer. The exception is M. R. Denver of Ohio, who is classed as a "farmer banker." That there should be men of affairs on such a committee as well as lawyers would naturally be supposed.

The make-up of this committee, however, is typical of that of congress. Few occupations save that of the legal profession are represented in the house. This lopsidedness of representation is unfortunate. But until more business men are willing to take part in public life, it seems inevitable.

## Party's Faith Not Kept.

The present tariff law was enacted in pursuance of a pledge to revise the tariff downward. The violation of the pledge was so flagrant that a number of Republican senators and representatives voted against the bill on its final passage. Such is the record, and such are the results of tariff revision by the friends of the tariff. In not one of these cases was faith kept with the people. In not one was there fair, reasonable and downward revision of the tariff.

## SHALL MEATS BE UNTAXED?

Dominant Party Has It in Its Power to at Once Secure Relief From Extortion.

If there had been ten lines in the president's message on the high cost of living, with a recommendation of simple justice that meats be placed on the free list, does anybody suppose that the beef trust would have advanced prices? A cornered market responds quickly to every impulse and tendency. The protest at the polls in November was understood. So also was the silence at the White House in December. Both found a response in the monopoly's price list.

A like degree of intelligence on the part of the people's representatives at Washington would develop a policy as to this particular trust which could be carried out in 60 days. Strangely enough in the legislative department the insurgent Republicans appear to have agreed to attack only the wool schedule of the tariff. Of this Senator Aldrich said on May 4, 1909: "It is the very citadel of the protective system. To reduce that is to destroy the whole system."

In a way every important tariff schedule is a citadel of monopoly and bargaining, but meats are as yet only an outpost and those who would serve the people in their need will not exhaust their energies upon a stronghold when the weaker defenses of an iniquity quite as objectionable invite assault. The tariff cabinet may be impregnable. The camp of the beleaguered meat trust should be rushed in a hurry.

## The Meat Trust and the Tariff.

The total business of the six great meat-packing companies amounts to \$945,000,000 a year. The profits, exclusive of those of the National Packing company, are set at \$23,739,644. Estimating the profits of the National Packing company as equal to those of Sulzberger & Sons, the total would be raised to about \$25,000,000.

Some of the detailed figures are as impressive as the totals. When a concern like Swift & Co., can progress from a \$10,000,000 capital to upward of \$80,000,000 in about sixteen years; when Armour & Co., after paying big dividends, can pile up a surplus of \$73,000,000; when other companies in the combine make almost as notable showings, it is clear the profits are enormous.

With such figures before them, how can even the standpatters of congress pretend that protection is needed for the meat trust? The tariff confers monopoly of the home market and the monopoly is used to exact from the people excessive prices for one of the most important necessities of life.

Those are the plain facts of the matter. There is no need for an elaborate investigation by a tariff commission with a year of delay. There is time enough for this congress to repeal the tax on meat and give the people immediate relief.—New York World.

## The Sin of Lame Young.

In vain does the Hon. Lafayette Young of Iowa assume an air of bonhomie and simplicity and refer to the senators as "boys." His speech betrays him:

"I am not so much concerned about inequalities as I am concerned about business." Concerned about business; what unseemly, what almost blasphemous language for a senator to hold! Is it not the duty of the congress to legislate, and of every public man who knows when he is well off to bloat, against business?

As for the tariff, the Hon. Life Young dares to forget that America's sweetest eirenist, noblest practical ethicist and rarest occasional thinker has found the tariff "a moral issue" and will stick to that moral issue like a wart to a wart-hog, at least until some more moral issue diverts his attention.

Business is immoral. If the Hon. Life Young has any friends they should bring him up to date or send him back to Des Moines.—New York Sun.

## Public Money Wasted.

In Kansas, according to Auditor James M. Nation, "thousands of dollars are wasted every year in printing reports and documents that have no value, and in duplicating reports of state officers." Nobody has ever had the courage to calculate how much money is misspent and thrown away in the government printing office at Washington.

## Idea a Mere Makeshift.

The Democratic principle of a revenue tariff needs no commission at all to apply it, and the task of framing the schedules would be comparatively simple. If the theory of protection is once admitted to be right, much may be said in favor of a commission. But to those who deny this proposition the commission can appear only as a makeshift.

## Worse, and More of It.

Well, well, if Judge Anderson de served the opprobrious epithets he was favored with from the greatest man that ever was, what will be fitting phrases for this same man to apply to the members of the Supreme court of the United States, all of whom have united in rejecting the fantastic interpretation of the law evolved by the mighty Bonaparte of Baltimore to get an alleged libel, published in New York, under the jurisdiction of the federal courts?

## The KITCHEN CABINET



OME, fill the Cup and let the Kettle sing. The cream and Sugar and Hot Water bring! Me thinks this fragrant liquid amber here Within the Pot, is pretty much the Thing.

## Soups of Different Nations.

There is something characteristic about the dishes of different people, and in none is this more marked than in their soups.

**Italian Soup.**—Peel and blanch 50 large chestnuts, cover with veal stock, add two tablespoonfuls of bread crumbs, salt, pepper and nutmeg; simmer two hours. Press through a sieve, measure the quantity of soup, and add half the quantity of hot milk. Thicken with the yolk of egg added to a little of the milk to thin before adding. Serve with croutons.

The Germans have a national reputation for soups of all kinds, the following are two culled from a collection of reliable ones:

**German Veal Soup.**—Put two pounds of the knuckle of veal into three quarts of water (cold), with salt, pepper, a carrot, onion and a clove to season. Simmer for four hours, cool, and skim and strain. Reheat six cups of the stock, add half a cup of cold cooked vermicelli, a tablespoonful of chopped parsley, a grating of nutmeg and the yolk of an egg blended with half a cup of milk. Reheat, but do not boil.

**German Tomato Soup.**—Cut up one pound of the breast of veal, add the bones, one tablespoonful of butter, one onion and carrot cut fine, two cups of tomatoes and a green pepper. Season with pepper, salt and minced parsley; cover with three quarts of cold water, and simmer for three hours, skimming as needed. Skim out the bones, add a teaspoonful of sugar and one cup of cold boiled rice.

**French Potato Soup.**—Reheat four cupfuls of veal stock. Add ten potatoes, peeled and cut fine, two sliced onions, two stalks of celery, and a tablespoonful of butter. Add four slices of stale bread. Simmer for two hours, rub through a fine sieve, season with salt, pepper and nutmeg, and thicken with a tablespoonful each of flour and butter cooked and mixed with two cups of milk.



**I**F YOU have dined with contentment, you have dined as well as the Lord Mayor of London.

## Soup Making.

Of the making of soups there is no end, and the variety is legion. Anything may be used in the soup pot from "fish flesh to good red herring." The following are some recipes that are unusual:

**Turkey Soup.**—Put into a soup kettle the bones and trimmings of a cold roast turkey, with a quarter of a pound of lean ham. Cover with cold water, add a chopped onion, a stalk of celery, a tablespoonful of powdered herbs, and pepper and salt to season. Simmer until the meat is in shreds; strain, reheat, add half a can of corn, and a little of the turkey stuffing.

**Ham-Bone Soup.**—Cover a ham bone with cold water, add two cupfuls of split peas, and simmer until the peas are thoroughly cooked, adding more water if necessary. Take out the bone, rub through a sieve, reheat, season to taste, and serve with dices of bread, fried.

**Beef and Veal Soup.**—Cut five three pounds of lean beef and two pounds of the round of veal. Fry in butter, with a sliced onion, cover with cold water and simmer for three hours. Add one carrot, four cloves, two bay-leaves and a stalk of celery. Simmer an hour longer, strain and reheat. Beat the whites of two eggs with half a cupful of cold water; pour into the soup and serve as soon as hot.

**Vegetable Soup.**—Cut into dice two carrots, a quarter of a small cabbage, half a turnip, half an onion, a potato and two stalks of celery. Fry in butter; add six cupfuls of water or stock, and salt and pepper to season. Simmer for half an hour. Serve very hot with croutons.

**Apple Soup.**—Cook eight apples soft in as little water as possible. Add sugar to taste and press through a sieve. Flavor with lemon juice and nutmeg, and thicken with a table-spoonful of cornstarch rubbed smooth in a little cold water. When cool, add two cupfuls of cider.

Nellie Maxwell.

## Revolution of Family Life.

Girls may now honorably maintain themselves and find scope for their talents in professions and trades which were once considered only suitable for men.

She may leave home at quite an early age if the pursuit she has chosen would make the restrictions of home irksome to her. She may travel without an escort and go into society without a chaperon, and then, as to recreations, she may smoke and play golf and cricket and hockey, or, if fond of a gun, she may shoulder one and join the shooting parties from country houses in the autumn.

But what of her home? Where is the effort to make the lives of her elders brighter and happier? Where the wit and lively merriment of the home dinner table? Where the gentle deference to the opinions or the wishes of her parents?—London Times.

**900 DROPS**  
ALCOHOL—3 PER CENT  
A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of  
**INFANTS CHILDREN**  
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral  
**NOT NARCOTIC.**  
Recipe of Old Dr. SAMUEL PITCHER  
Pumpkin Seed -  
Aloes -  
Sulphate of Magnesia -  
Sulphate of Soda -  
Cinnamon -  
Winegum Flavor -  
A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.  
Fac Simile Signature of  
Dr. H. H. Pitcher  
THE CENTAUR COMPANY,  
NEW YORK.  
At 6 months old  
**35 Doses—35 CENTS**  
Guaranteed under the Food and Drug Act.  
Exact Copy of Wrapper.

# CASTORIA

For Infants and Children.  
The Kind You Have Always Bought Bears the Signature of  
Dr. H. H. Pitcher  
In Use For Over Thirty Years  
**CASTORIA**  
THE CENTAUR COMPANY, NEW YORK CITY.

**A Sample Quip.**  
"Thomas W. Lawson's Thanksgiving proclamation was a very good piece of oratorical writing," said a Boston banker. "Lawson is always full of quips."  
"Not long ago I attended the funeral of a millionaire financier—one of those real high financiers whose low methods Lawson loves to turn the light on."  
"I arrived at the funeral a little late. I took a seat beside Lawson and whispered:  
"How far has the service gone?"  
"Lawson, nodding towards the clergyman in the pulpit, whispered back: "Just opened for the defense."

**A Friendly Tip.**  
"Now that provisions are lower, Mrs. Hasher," said the fussy boarder, "don't you think you ought to reduce your rates?"  
"No, indeed," replied the landlady. "I find it hard to pay my debts as it is."  
"But," suggested the fussy boarder, "if you paid in advance as you make others do, you would have no debts."  
For over fifty years Rheumatism, Neuralgia, and other painful ailments have been cured by Hamlin's Wizard Oil. It is a good honest remedy and you will not regret having a bottle ready for use.

When the suffragettes get in power the office may really seek the man, simply because it is trying to dodge the woman.  
**PILES CURED IN 6 TO 14 DAYS**  
Your druggist will refund money if PAZO OINTMENT fails to cure any case of itching, Bleeding, or Protruding Piles in 6 to 14 days. 50c.

Modern life pushes a man into the mud and then chides him for materialism.  
**Mrs. Winslow's Soothing Syrup.**  
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.  
Some turn their backs on ordinary principles to gaze at heavenly prospects.

## Don't Persecute your Bowels

Cut out cathartics and purgatives. They are bread—hard—unnecessary. Try  
**CARTER'S LITTLE LIVER PILLS**  
Purely vegetable. Act gently on the liver, cleanse bile, and soothe the delicate membrane of the bowels. Cure Constipation, Biliousness, Headaches and Indigestion, as millions know.  
Small Pill, Small Dose, Small Price  
Genuine must bear Signature  
Beaumont

## Why Rent a Farm

and be compelled to pay to your landlord most of your hard-earned profits? Own your own farm. Secure a Free Homestead in Manitoba, Saskatchewan or Alberta, or purchase land in one of these districts and bank a profit of \$10.00 or \$12.00 on a acre every year.  
Land purchased 3 years ago at \$10.00 an acre has recently changed hands at \$25.00 an acre. The crops grown on these lands warrant the advance. You can  
**Become Rich**  
by cattle raising, dairying, mixed farming and grain growing in the provinces of Manitoba, Saskatchewan and Alberta.  
Free homestead and pre-emption areas, as well as land held by railway and land companies, will provide homes for millions.  
Adapted soil, healthful climate, splendid schools and churches, good railroads.  
For settlers' prices, descriptive literature—"Last Best West," how to reach the country and other particulars, write for information, Ottawa, Canada, or to the Canadian Government Agent.  
J. I. Baker, 315 Jackson St., St. Paul, Minn.  
E. H. Beckwith, Room 311, Jackson, S. D.  
(Use address nearest you.)

## The Fountain Head of Life Is The Stomach

A man who has a weak and impaired stomach and who does not properly digest his food will soon find that his blood has become weak and impoverished, and that his whole body is improperly and insufficiently nourished.  
**Dr. PIERCE'S GOLDEN MEDICAL DISCOVERY** makes the stomach strong, promotes the flow of digestive juices, restores the lost appetite, makes assimilation perfect, invigorates the liver and purifies and enriches the blood. It is the great blood-maker, flesh-builder and restorative nerve tonic. It makes men strong in body, active in mind and cool in judgement.  
This "Discovery" is a pure, glyceric extract of American medical roots, absolutely free from alcohol and all injurious, habit-forming drugs. All its ingredients are printed on its wrappers. It has no relationship with secret nostrums. Its every ingredient is endorsed by the leaders in all the schools of medicine. Don't accept a secret nostrum as a substitute for this time-proven remedy of known composition. Ask your neighbors. They must know of many cures made by it during past 40 years, right in your own neighborhood. World's Dispensary Medical Association, Dr. R. V. Pierce, Pres., Buffalo, N. Y.

## W. L. DOUGLAS

ESTAB. 1876 \$3, \$3.50 & \$4 SHOES FOR MEN & WOMEN  
IF YOU COULD VISIT W. L. DOUGLAS LARGE FACTORIES AT BROCKTON, MASS., and see how carefully W. L. Douglas shoes are made, you would then understand why dollar for dollar they are guaranteed to hold their shape, look and fit better and wear longer than any other \$3.00, \$3.50 or \$4.00 shoes you can buy. Quality counts.—It has made W. L. Douglas shoes a household word everywhere.  
W. L. Douglas name and the retail price are stamped on the bottom, which is a safeguard against substitutes, the true value of which are unknown. Refuse all these substitutes. You are entitled to the best. Insist upon having the genuine W. L. Douglas shoes.  
If your dealer cannot supply you with W. L. Douglas shoes, write for Mail Order Catalog. W. L. Douglas, 145 Spark St., Brockton, Mass. \$2.00 \$2.50 & \$3.00

## For DISTEMPER

Pink Eye, Epizootic Shipping Fever & Catarrhal Fever  
Sure cure and positive preventive, no matter how horrid any stage are infected or "sore." Liquid, given on the tongue, acts on the Blood and Glands, expels the poisonous germs from the body. Cures Distemper in Dogs and Sheep and Cholera in Poultry. Largest selling live stock remedy. Cures La Grippe among human beings and is a fine kidney remedy. 50c and \$1 a bottle. 75c and \$1 a bottle. Cut this out. Keep it. Show to your druggist, who will get it for you. Free Booklet, "Distemper Causes and Cures." Special Agents wanted.  
Chemists and Bacteriologists GOSHEN, IND., U. S. A.