Munyon's Paw Paw Pills coax the liver into activity by gentle methods. They do not scour, gripe or weaken. They are a tonic to the stomach, liver and nerves; invigorate instead of weaken. They enrich the blood and enable the stomach to get all the nourishment from food that is put into it. These pills contain no calomel; they are soothing, healing and stimulating. For sale by all druggists in 10c and 25c sizes. If you need medical advice, write Munyon's Doctors. They will advise to the best of their ability absolutely free of Charge. **MUNYON'S, 53d and Jefferson Sts., Philadelphia, Pa.**

Munyon's Cold Remedy cures a cold in one day. Price 25c. Munyon's Rheumatism Remedy relieves in a few hours and cures in a few days. Price 25c.

WESTERN CANADA

What Prof. Shaw, the Well-Known Agriculturist, Says About It:

"I would sooner raise cattle in Western Canada than in the corn belt of the United States. Feed is cheaper and climate better for the purpose. Your market will improve faster than your farmers will produce the supplies. Wheat can be grown up to the 60th parallel [80 miles north of the International boundary]. Your vacant land will be taken at a rate beyond present conception. We have enough people in the United States alone who want homes to take up this land." Nearly

70,000 Americans

will enter and make their homes in Western Canada this year.

1909 produced another large crop of wheat, oats and barley, in addition to which the cattle exports was an immense item.

Cattle raising, dairying, mixed farming and grain growing in the provinces of Manitoba, Saskatchewan and Alberta.

Free homestead and pre-emption areas, as well as lands held by railway and land companies, will provide homes for millions.

Adaptable soil, healthful climate, splendid schools and churches, and good railways.

For settlers' rates, descriptive literature "Last Best West," how to reach the country and other particulars, write to Sup't of Immigration, Ottawa, Canada, or to the following Canadian Gov't Agents: E. T. Holmes, 315 Jackson St., St. Paul, Minn., and J. M. MacLachlan, Box 116, Watertown, South Dakota. (Use address nearest you.)

Please say where you saw this advertisement.

Down in the dumps

—from over-eating, drinking—bad liver and constipation get many a one, but there's a way out—Cascarets relieve and cure quickly. Take one to-night and feel ever so much better in the morning. 902

CUT THIS OUT, mail it with your address to Sterling Remedy Company, Chicago, Ill., and receive a handsome souvenir gold Bon Bon Box FREE.

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature Brent Good

REFUSE SUBSTITUTES.

WANTED Active and ambitious young BASEBALL PLAYERS for 1910 minor league teams, to take the place of players drafted by major league clubs. Address Box 309, Rochester, N. Y.

AGENTS WANTED—To introduce our Beautiful Spring Suitings, Silks and Fine Cotton Fabrics. Large sample outfit Free, by express prepaid. No money required. Liberal credit to responsible agents. Write and secure territory now. National Dress Goods Company (Dept. B), 260 West Broadway, New York City.

PATENTS Watson E. Coleman, Washington, D.C. Books free. Highest references. Best results

The Blue Whale.

What is claimed as the largest animal in the world is represented by a colossal skeleton in the museum of Christchurch, New Zealand, says the London Globe. This is the remains of a large specimen of the blue whale stranded on the coast of that country. This whale is probably the largest of all living animals. The length of the skeleton is eighty-seven feet, and the head alone is twenty-one feet. The weight of the bones is estimated at nine tons. This gigantic whale gets its name of blue whale from the dark bluish gray of its upper surface. The tinge of yellow on its lower part has led to the name "sulphur bottom," by which it is known on the western side of the Atlantic. It is otherwise known as Sibbald's rorqual (Balenoptera Sibbaldii).

The chief food of this gigantic animal is a small marine crustacean (Thysanopoda inermis), known to the whales as "kril." Another species of the same shrimplike group has been obtained in thousands from the stomachs of mackerel caught on the Cornish coast. The nearly related opossum shrimps found in enormous numbers in the Greenland seas form the chief food of the common whale. Some of the thysanopodae are phosphorescent and contribute to the luminosity of the sea.

He Did Not Hesitate.

"You must rest," said the specialist, after a knowing thumping on the popular preacher's person. "You will be in the next world in three months unless you go abroad and take a complete rest."

"Oh, then I'll go abroad at once," replied the preacher, quite innocently.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

Here and There.

A man was waiting patiently for a street car the other day at a transfer station, says the Boston Record, when a woman, highly excited, rushed up to him, and cried, "Are you the man here?"

"I don't understand," he said.

"Are you the man here?" she repeated.

"No, madam," he said, concealing a smile. "The man here is that man over there."

BETTER THAN SPANKING.

Spanking does not cure children of bedwetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box 4, Notre Dame, Ind., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

Overblessed.

"Ruggles, I hear you are a happy father, I congrat——"

"Stop right there, Ramage! It's triplets!"

When Rubbers Become Necessary

And your shoes pinch, shake into your shoes Allen's Foot-Ease, the antiseptic powder for the feet. Cures tired, aching feet and takes the sting out of Corns and Bunions. Always use it for Breaking in New shoes and for dancing parties. Sold everywhere 25c. Sample mailed FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

Greece has a beet sugar factory turning out twenty tons a day. Sugar retails in Greece at 11 cents a pound. The import duty is 5 cents a pound.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

After regarding it is a true mollusc for many years, French scientists have found that a small snail-like creature found on trees is the larva of a species of fly.

DON'T NEGLECT THAT COUGH

It certainly racks your system and may run into something serious. *Allen's Lung Balsam* will check it quickly and permanently. For sale at all druggists.

The Label Language.

"There's a language in hotel labels, the same as in stamps or flowers," said a courier. "All over Europe the hotel porters paste the hotel labels on your trunks in such a way that the porters in future towns will know what sort of a tipper you are.

"Up at the top of the trunk the label means you are generous. In the middle it means you're a middling sort. Down very low it means you are no good."

Strong Healthy Women

If a woman is strong and healthy in a womanly way, motherhood means to her but little suffering. The trouble lies in the fact that the many women suffer from weakness and disease of the distinctly feminine organism and are unfitted for motherhood. This can be remedied.

Dr. Pierce's Favorite Prescription

Cures the weaknesses and disorders of women. It acts directly on the delicate and important organs concerned in motherhood, making them healthy, strong, vigorous, virile and elastic.

"Favorite Prescription" banishes the indispositions of the period of expectancy and makes baby's advent easy and almost painless. It quickens and vitalizes the feminine organs, and insures a healthy and robust baby. Thousands of women have testified to its marvelous merits.

It Makes Weak Women Strong. It Makes Sick Women Well.

Honest druggists do not offer substitutes, and urge them upon you as "just as good." Accept no secret nostrum in place of this *non-secret* remedy. It contains not a drop of alcohol and not a grain of habit-forming or injurious drugs. Is a pure glyceric extract of healing, native American roots.

Another Prune Whip.

One pound of prunes, half cup of sugar, whites of six eggs, half cup of chopped walnuts. Boil the prunes, drain and chop them in a wooden bowl, add the sugar and nuts. In a large bowl whip the whites of the eggs until perfectly dry, then stir the nuts and prunes in carefully. Have ready buttered a three-pint melon mold, set this in a pan containing about an inch of water and bake in a very moderate oven for one hour. This will not fall.

Cream of Chicken Glace.

This with tomato jelly is a most delicious salad course for a fish dinner. Strain through a flannel one-half cup chicken broth, heat and add a tablespoon soaked gelatin. When set fold in a cup of cream whipped (a cup before whipping), and one cup of diced white meat of fowl. Mold in individual molds and serve with cubes of tomato jelly. Of course it should be seasoned, preferably with a little celery and paprika.

A Doughnut Hint.

Doughnuts are much improved if they are coated with a layer of sugar as soon as they are taken from the stove. The best way to powder them is to put a small amount of confectioner's sugar in a paper bag and put several doughnuts in the bag at a time and then shake the bag, holding the top of the bag closed. This will coat them with sugar quickly and more evenly than any other way.

Fruit Cheese.

For fruit cheese, one of the most healthful confections for the children, use half a pound each of raisins, currants, dates, figs and blanched almonds and two pounds of English walnuts. Grind them all fine, mix well and pack tightly in a dish under a cover. Let the mixture stand for two or three days, and then cut into squares and troll in sugar.

Nut Fudge.

Dissolve two squares of chocolate in one cup of milk and add two cups of granulated sugar. Then add a tablespoonful of butter. When the mixture has cooked so that you can see the bottom of the pan when stirring remove from the fire and beat until nearly cold. Add one cup of hickory nuts, chopped rather fine, and pour into buttered pans and mark out in squares before thoroughly cooled.

Dumplings for Chicken Stew.

Into a pint of flour sift a heaping teaspoonful of baking powder and one-quarter teaspoonful of salt. Work in a tablespoonful of shortening and wet with enough milk to make a dough that can be rolled out. Roll out, cut into strips or rounds, and drop into the boiling gravy. Cook steadily for ten minutes and serve.

Cheese Cake or Pie.

Line a deep pie plate with good pastry and fill with a mixture of two teacupfuls of cottage cheese rubbed very soft with three tablespoonfuls of rich cream, half cup of sugar, the juice and grated rind of a lemon, half a tablespoonful of melted butter and three eggs beaten light. Bake in a good oven.

Never Failing Layer Cake.

Cream three tablespoonfuls of butter with one and a half cups of powdered sugar, add one and a half cups of milk, three eggs, beaten light, and three cups of flour, sifted, with two teaspoonfuls of baking powder. This will make four layers.

Hints About the House.

Decorated china plates should be put away with round pieces of canton flannel between them.

Serve crisp celery with cold meat. It is always appreciated, and is a nerve tonic of considerable effectiveness.

For washing coarse clothes soft soap is the best, and it has the advantage of going further than hard, yellow soap.

A new flavor can be given to cooked prunes by adding a few slices of lemon. Another method is to cook them with a bag of spices.

Enameled baths may be cleaned of stains with a rag dipped in salt mixed with paraffin. Afterward rinse well with hot water to remove oil, and dry with a cloth.

If your corn does not pop well, it may be because it is old. Soak it in cold water for fifteen minutes, drain and try again. Better results will undoubtedly be obtained.

To remove scratches on furniture dip a woolen rag in boiled linseed oil and with it well rub the scratched article, which should then be varnished with shellac dissolved in alcohol.

To cook a pumpkin easily halve it, remove the seeds and bake in oven. When tender scoop pumpkin out with a spoon and rub through a colander. Scorching is prevented and time saved by this method.

Japanned ware should be washed with a sponge dampened in warm water and dried immediately with a soft cloth. Obstinate spots can quickly be removed by rubbing them with a woolen cloth dipped in a little sweet oil.

Animals and Instinct.

It is a mistake to imagine that animals are prevented by instinct from eating injurious food. A chicken will drink paint; a cow partakes of water in which noxious chemicals have been washed; ducks cheerfully swallow snails and choke themselves in the process. No; animals, like children, need watching.

Recently numerous cases of poisoning in ducks, which followed the consumption of cabbage leaves, have attracted much attention. A few hours after feeding poisoning has manifested itself by loss of appetite, great weakness, tottering steps and sometimes death. From time immemorial ducks have thrived on cabbage leaves. The poultry farmers were greatly puzzled.

Then it was discovered that various caterpillars were concealed in the cabbage leaves; hence these tears. But the point is that, far from instinctively detecting any danger and behaving accordingly, the ducks consumed great quantities of the leaves with much apparent relish.—London Answers.

Harmless Hop.

He is not old, he is not young,
The Chinese laundryman, Hop Lung,
The yellowed cheek, the slanting eye,
The humble nose, the cheekbone high,
The cheerful face, the willing hand,
That serves the proudest in the land—
His back yard you may scan with care;
No dirty linen airing there!

WORTH KNOWING.

Simple Remedy That Anyone Can Prepare at Home.

Most people are more or less subject to coughs and colds. A simple remedy that will break up a cold quickly and cure any cough that is curable is made by mixing two ounces of Glycerine, a half-ounce of Virgin Oil of Pine compound pure and eight ounces of pure Whisky. You can get these in any good drug store and easily mix them in a large bottle. The mixture is highly recommended by the Leach Chemical Co. of Cincinnati, who prepare the genuine Virgin Oil of Pine compound pure for dispensing.

That one-fourth of Alaska is a coal field is announced at Washington by Alfred H. Brooks, chief geologist of the Alaskan division of the Geological Survey.

Constipation causes many serious diseases. It is thoroughly cured by Doctor Pierce's Pleasant Pellets. One a laxative, three for cathartic.

Comprehensive Charge.

"All cheese is spoiled," remarked the vegetarian boarder; "but some kinds are worse spoiled than others."

PILES CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

Straight or Better.

"What do you mean by the glad hand?"

"Anything," answered Mr. Bloochips, "that will beat three of a kind."—Washington Star.

90,000 AMERICAN SETTLERS GO TO CANADA.

The Year 1909 Has Shown an Increase of Over Eighty Per Cent in American Settlement.

Recent advices from Canada, our next door neighbor, the neighborly country across the boundary line, are that upwards of ninety thousand settlers from the United States went into Western Canada during the past year, most of them for the purpose of taking up and settling upon the vacant lands, 160 acres of which are given free by the government, and lands adjoining held by railway and land companies are selling at from nine to fifteen and twenty dollars per acre. Even if thirty or forty dollars per acre were paid, the price would then be low, as the lands produce wonderfully, and at these higher figures there is a large interest on the money and labor invested. The ninety thousand settlers of this year, followed about sixty thousand last year, and for several years the figures have been running into these large figures. There must be a reason for it. It may be found in the single phrase, "They are satisfied." Nothing attracts people more than the success of others, and the news of this reaching other thousands causes them to investigate. The investigation in this case is always satisfactory. The splendid land of Iowa, of Indiana, of Nebraska, Kansas, Minnesota, Wisconsin, Michigan, Ohio and other states has risen to a high value, and it is worth every dollar asked for it. But there is not room now for all on these lands. With the ever increasing demand for grain there comes the ever increasing demand for land. Canada is the only country on the continent in a position to supply it. Land there that costs, say, $15 an acre, produces on a reasonable calculation twenty-five bushels of wheat to the acre, or about $20. The most liberal calculation as to cost makes the cost to produce $7.50 per acre, leaving a balance of $12.50 per acre. The $7.50 carries good wages for the farmer, and all other conceivable contingencies. With conditions like this, covering the entire area of about 500,000 square miles, it is readily understood why 90,000 Americans should follow the 60,000 last year. Canadian government agencies at different points in the Union are always ready to give information regarding the free homestead lands, ready to advise the settler as to the districts which would suit him best.

Answer This Question

When shown positive and reliable proof that a certain remedy had cured numerous cases of female ills, wouldn't any sensible woman conclude that the same remedy would also benefit her if suffering with the same trouble?

Here are two letters which prove the efficiency of Lydia E. Pinkham's Vegetable Compound.

Fitchville, Ohio.—"My daughter was all run down, suffered from pains in her side, head and limbs, and could walk but a short distance at a time. She came very near having nervous prostration, had begun to cough a good deal, and seemed melancholy by spells. She tried two doctors but got little help. Since taking Lydia E. Pinkham's Vegetable Compound, Blood Purifier and Liver Pills she has improved so much that she feels and looks like another girl."—Mrs. C. Cole, Fitchville, Ohio.

Irasburg, Vermont.—"I feel it my duty to say a few words in praise of your medicine. When I began taking it I had been very sick with kidney and bladder troubles and nervous prostration. I am now taking the sixth bottle of Lydia E. Pinkham's Vegetable Compound and find myself greatly improved. My friends who call to see me have noticed a great change."—Mrs. A. H. Sanborn, Irasburg, Vermont.

We will pay a handsome reward to any person who will prove to us that these letters are not genuine and truthful—or that either of these women were paid in any way for their testimonials, or that the letters are published without their permission, or that the original letter from each did not come to us entirely unsolicited.

What more proof can any one ask?

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.

The RAYO LAMP is a high-grade lamp, sold at a low price. There are lamps that cost more, but there is no better lamp at any price. The Burner, the Wick, the Chimney-Holder—all are vital things in a lamp; these parts of the RAYO LAMP are perfectly constructed and there is nothing known in the art of lamp-making that could add to the value of the RAYO as a light-giving device. Suitable for any room in any house. Every dealer everywhere. If not at yours, write for descriptive circular to the nearest Agency of the

STANDARD OIL COMPANY (Incorporated)

For **DISTEMPER** Pink Eye, Epizootic, Shipping Fever and Catarrhal Fever

SPOHN'S DISTEMPER CURE

Sure cure and positive preventive, no matter how horses at any age are infected or "exposed." Liquid, given on the tongue, acts on the Blood and Glands; expels the poisonous germs from the body. Cures Distemper in Dogs and Sheep and Cholera in Poultry. Largest selling live stock remedy. Cures La Grippe among human beings and is a fine Kidney remedy. 50c and $1 a bottle; $5 and $10 a dozen. Cut this out. Keep it. Show to your druggist, who will get it for you. Free Booklet, "Distemper, Causes and Cures." Special agents wanted.

Spohn Medical Co. Chemists and Bacteriologists **Goshen, Ind., U. S. A.**

HAMLINS WIZARD OIL THE OIL THAT PENETRATES GREAT FOR PAIN

Sectional Prejudice.

"Have you any good apples to-day, Mr. Barlow?"

"Yes, we have some unusually fine Northern Spies."

"O, ha g your northern spies!"

SOFT, WHITE HANDS

May Be Obtained in One Night.

For preserving the hands as well as for preventing redness, roughness, and chapping, and imparting that velvety softness and whiteness much desired by women Cuticura Soap, assisted by Cuticura Ointment, is believed to be superior to all other skin soaps. For those who work in corrosive liquids, or at occupations which tend to injure the hands, it is invaluable.

Treatment.—Bathe and soak the hands on retiring in a strong, hot, creamy lather of Cuticura Soap. Dry and anoint freely with Cuticura Ointment, and in severe cases spread the Cuticura Ointment on thin pieces of old linen or cotton. Wear during the night old, loose gloves, or a light bandage of old cotton or linen to protect the clothing from stain. For red, rough, and chapped hands, dry, fissured, itching, feverish palms, and shapeless nails with painful finger ends, this treatment is most effective. Cuticura Remedies are sold throughout the world, Potter Drug & Chem. Corp., sole proprietors, Boston, Mass.

VETERINARY COURSE AT HOME

$1200 year and upwards can be made taking our Veterinary Course at home during spare time; taught in simplest English; Diploma granted, positions obtained for successful students; cost within reach of all; satisfaction guaranteed; particulars free. Ontario Veterinary Correspondence School, Dept. 10, London, Canada

BROWN'S BRONCHIAL TROCHES

Save the voice in all kinds of weather. Singers and public speakers find them invaluable for clearing the voice. There is nothing so effective for Sore Throat, Hoarseness and Coughs. Fifty years' reputation. Price, 25 cents, 50 cents and $1.00 per box. Samples mailed on request.

JOHN I. BROWN & SON, Boston, Mass.

PILES PAY IF CURED We pay postage and send FREE RED CROSS Pile and Fistula Cure.

REA CO., DEPT. B5, MINNEAPOLIS, MINN.

Save the Baby—Use PISO'S CURE

THE BEST MEDICINE FOR COUGHS AND COLDS

Should be given at once when the little one coughs. It heals the delicate throat and protects the lungs from infection—guaranteed safe and very palatable.

All Druggists, 25 cents.

S. C. N. U. - No. 4—1910.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.