

CONSTIPATION RELIEVED

MUNYON'S PAW-PAW PILLS
 PRICE 25 Cts.
 Mailed postpaid on receipt of price

You can't have a beautiful complexion if your blood is impure or if you suffer with indigestion or any stomach or liver ailment.

Munyon's Paw-Paw Pills regulate the bowels, correct indigestion, constipation, biliousness, torpid livers, jaundice, sallow and dull complexions. They purify the blood and clear the skin of pimples, sores and most eruptions.

One pill is a gentle laxative; two pills a thorough physic. They do not gripe, they do not weaken. Price 25c. MUNYON'S REMEDY CO., 63rd and Jefferson Sts., Phila., Pa.

Alabama and South Carolina each have laws prohibiting the carrying of pistols less than twenty-four inches long.

Do your feet ever feel tired, achy and sore at night? Rub them with a little Hamlin's Wizard Oil. They'll be glad in the morning, and so will you.

Japanese workmen are all labeled with the character of their trade and the name of the employer.

One Thing that Will Live Forever. PETTIT'S EYE SALVE, first box sold in 1807, over 100 years ago, sales increase yearly. All druggists or Howard Bros., Buffalo, N. Y.

Wild animals killed 2,084 persons in India last year, in addition to 22,854 who died from snake poison.

PEREY DAVIS' PAINKILLER. A feeling of acuteness comes with always having this famous remedy on hand. It is a dependable safeguard against colic, diarrhoea, cramps, etc. Price 25c. and 50c. bottles.

Sweden is the most progressive country in Europe in use of the telephone.

Of all lunacy, 24 per cent is from hereditary causes.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

FASHION HINTS



This costume could be carried out nicely in cloth and equally as well in silk, if something for more dressy occasions is wanted. In either case, chiffon cloth would be a good choice for the waist, matching exactly the skirt material.

Law of Compensation.
 Bobby (kicking)—Arthur's doughnut is bigger'n mine.
 Mother—But Arthur's has a much larger hole in it that yours has, Bobby.—St. Louis Post-Dispatch.

IT WORKS.
 The Laborer Eats Food That Would Wreck an Office Man.
 Men who are actively engaged at hard work can sometimes eat food that would wreck a man who is more closely confined.

This is illustrated in the following story:
 "I was for 12 years clerk in a store working actively and drank coffee all the time without much trouble until after I entered the telegraph service."
 "There I got very little exercise and drinking strong coffee, my nerves grew unsteady and my stomach got weak and I was soon a very sick man. I quit meat and tobacco and in fact I stopped eating everything which I thought might affect me except coffee, but still my condition grew worse and I was all but a wreck."
 "I finally quit coffee and commenced to use Postum a few years ago and I am speaking the truth when I say, my condition commenced to improve immediately and to-day I am well and can eat anything I want without any bad effects, all due from shifting from coffee to Postum."

"I told my wife to-day I believed I could digest a brick if I had a cup of Postum to go with it."
 "We make it according to directions, boiling it full 20 minutes and use good rich cream and it is certainly delicious."

Look in pkgs. for a copy of the famous little book, "The Road to Wellville."
 "There's a Reason."
 Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

HOUSEHOLD TALKS

It Stays on the Line.

An improvement has been recently made in the construction of clothes props which all women who take an active part in the household routine will appreciate. It would seem that the old-style prop had done service so long that there could be no improvement suggested, but a well known shortcoming of the old wooden pole is that in a wind it is soon dislodged and falls over to drag back and forth over the dirty surface. The new pole is supplied with a double hook which prevents the pole from leaving its place under the rope.

Cherry Pie.
 Line a deep plate with paste and rim and wet the edge. Mix one tablespoon of flour with half a cupful of sugar and sprinkle it over the crust, dotting it with one teaspoonful of butter. Fill the plate with cherries that have been washed and stoned. If the cherries are sour more sugar will be required. Cut a slit in the upper crust, lay it over the fruit and press the edges firmly together. Bake about half an hour and serve as soon as cooled.

Peach Jam.
 Wash and wipe the fruit, take out the stones and put the peaches through the chopper, skins and all. Measure and add three-quarters as much sugar as you have peach pulp, and the kernels—all of them. A few minutes' boil will bring the jam to the requisite consistency, since there is no water to boil away. Have no fear of the skins. They cook up and can not be found.

Ox-Tail Soup.
 Cut a small ox tail into pieces and fry in butter. Moisten with a quart of consommé and a dash of mushroom catsup. Cook for one hour, season with pepper, add a little well-mashed barley, a little Worcestershire sauce and a bouquet of herbs. Boil thoroughly for forty-five minutes, skim and serve. Lemon and hard-boiled egg slices may be added if desired.

Peppermints.
 Take two and one-half cups sugar, one-half cup water. Boil five minutes, turn into a bowl, add one tablespoon confectioner's sugar and one-fourth teaspoonful peppermint or checkerberry extract. Stir until nearly stiff and drop quickly on buttered paper.

Vermont Rusks.
 One and one-half cups sweet milk, half cup sugar, half cup butter, two eggs, two-thirds yeast cake. Make a thing batter and let rise until light; add flour to mold and let rise again. Mold and make into biscuit and let rise two hours. These are fine.

Corn Cake.
 Three-quarters cup corn meal, one and one-quarter cups flour, two heaping teaspoons baking powder, one-quarter cup sugar, one tablespoon melted lard, one egg, one cup milk, one-quarter teaspoon salt. Bake 20 minutes.

Fried Green Tomatoes.
 Slice the green tomatoes, sprinkle with a few drops of olive oil, dip in crumbs to which salt has been added. Sauté in butter till tender.

Short Suggestions.
 Dish mops can be kept odorless only by putting them in a solution of soda water.

Do not attempt to use sour or moldy flour. Dry it out in the oven and save it for starch.

After scraping fish rub the steel knife over an old lemon peel and it will destroy all fish odor.

The white of one egg "cut" with white vinegar makes an excellent leather furniture polish.

Do not give the bird any fruit that is likely to attract bees to the cage, or you may lose a valuable pet.

Soutache braid makes good laces for the baby's booties and it is also useful for lacing corsets and the chemise.

The curved butter knives for cutting little round pats of butter are more satisfactory if the knife is dipped into cold water or buttermilk before cutting the butter.

Kitchen faucets are quickly cleaned with any acid, such as lemon, salts of tartar, etc. Ammonia and washing powder are excellent cleaners.

Tablecloths generally begin to wear first where the folds come. To change the position of the folds is, therefore, to prolong the life of the cloth. It is easily done by taking a few inches off one side and one end of the cloth, and hemming it again.

If bothered with ants, keep everything possible in tin cans and earthen jars. Catch the ants on a sweetened sponge, plunge the sponge into boiling water to kill the insects. Wet cloths placed around a safe, refrigerator or cupboard will prevent their entrance. They avoid dampness.

Paint Durability.
 The first thought in painting should, of course, be durability—and durability means simply pure paint properly applied. Pure paint is pure white lead and linseed oil (with or without tinting material).

Some years ago the paint-buyer was likely to get adulterated or counterfeited white lead if he was not familiar with brands. To-day he may buy with perfect safety if he only makes sure that the Dutch Boy trademark is on the packages of white lead that he buys. This trademark was adopted about three years ago by National Lead Company to distinguish the pure white lead made by them from the worthless adulterated and fake goods. It is a guarantee as valuable to the house-owner as the education of a paint expert could be.

Jim's Verdict.
 Hogs, as is well known, are remarkably sagacious animals, quick to detect human peculiarities, especially when they affect their own interests, and especially their food supply. A writer in the Kansas City Star tells of a discussion at a village grocery store which brought in this interesting fact. The veracity of old Jim Perkins was under discussion.

Presently Uncle Bill Abbott ambled in.

"What do you think about it, Uncle Bill?" they asked him. "Would you call Jim a liar?"

"Well," answered Uncle Bill, slowly, as he thoughtfully studied the ceiling, "I don't know as I'd go as far as to call him a liar exactly, but I do know that when feeding time comes, in order to get the hogs to come, he has to have somebody else call 'em for him."

WISHED FOR DEATH.
Sufferings from Kidney Trouble Were So Acute.
 Mrs. Josephine Jeffery, 24th and Washington Sts., Marion, Ind., says: "To look back upon what I have gone through, it seems a miracle that I live and I feel that I owe it to Doan's Kidney Pills. My case developed gradually. First, backache, floating spots before my eyes, weakness and exhaustion, then a terrible steady pain over the kidneys and an extreme nervousness. Doctors finally said there was no hope for me, but I began using Doan's Kidney Pills and gradually recovered my health."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Crushed Again.
 Mrs. Denham—Do you think that I shall be a good looking old woman? Denham—I don't know why you should expect any such radical change.—New York Press.

HAD WEEPING ECZEMA.
Face and Neck Were Raw—Terrible Itching, Inflammation and Soreness—All Treatments Failed—Cuticura a Great Success.
 "Eczema began over the top of my ear. It cracked and then began to spread. I had three different doctors and tried several things, but they did me no good. At last one side of my face and my neck were raw. The water ran out of it so that I had to wear medicated ointment, and it was so inflamed and sore that I had to put a piece of cloth over my pillow to keep the water from it, and it would stain the cloth a sort of yellow. The eczema itched so that it seemed as though I could tear my face all to pieces. Then I began to use the Cuticura Soap and Ointment, and it was not more than three months before it was all healed up. Miss Ann Pearsons, Northfield, Vt., Dec. 19, 1907."
 Potter Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston.

A Just Rebuke.
 "I am," he said, "deformed. Pads hide it. Still, deformed I am, and I want to know why writers always make deformed persons villains? Take Quasimodo in Victor Hugo's 'Notre Dame.' Why, Quasimodo was little better than a wild gorilla, swinging from the great bell and hurling the priest down from the high tower. Take the housemaid's clubfoot father in Ibsen's 'Ghosts.' There was a nasty old man for you—a nasty, perverse, evil-minded old rooster. If 'Take Dick Crookback in the immortal William's play. Take Nosey the Dwarf in Hauff's classic fairy tale. Take the villains in all fairy tales, for that matter. They are a one-eyed, lame, 'unchbacked, clubfooted lot."

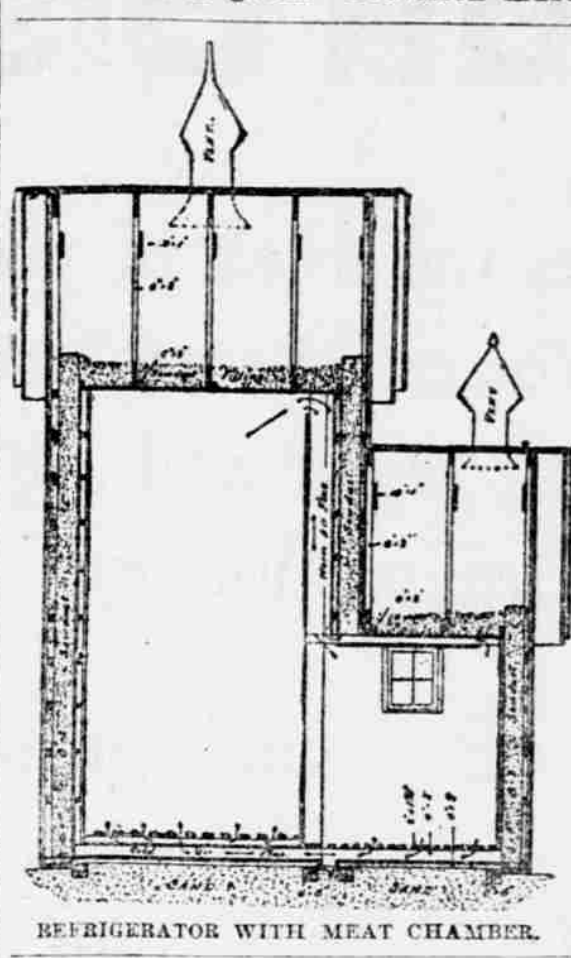
"It makes us deformed folks red-hot, this literary imputation of villainy. It causes people to think we really are villains. Where's the child, after a course of fairy tales, that can be persuaded a hunchback's soul doesn't match his body?"—Cincinnati Enquirer.

It takes a whole legislature to change a man's name, but one minister can change a woman's.

Doan's Kidney Pills
 FOR ALL KIDNEY DISEASES
 OR RHEUMATISM, BRUISES, DIABETES, BACKACHE
 "Guaranteed" 1875

MEAT AND GARDEN

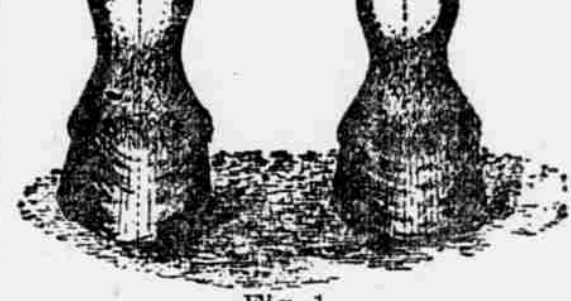
Meat Refrigerator.
 The accompanying illustration shows the plan of refrigerator with meat chamber attached, the accompanying illustration is given. Provision must



be made for the circulation of air so that it will not become stagnant at any point and by coming in frequent touch with the ice will be kept cool. The relative sizes and positions of the ice chamber and refrigerator are shown and these can be made larger or smaller in proportion to meet the requirements.

Keeping the Wheat Pure.
 One of the most important factors in growing improved wheat for seed is to keep the wheat pure. Many farmers are careless on this point, often planting new seed on old wheat

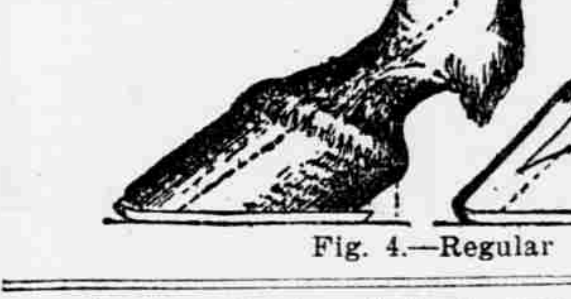
FORMS OF HOOF.



The form of a horse's foot determines the peculiarities of the shoe that is best adapted to it. Viewing the foot from the side the regular position is that shown in figure 4, in which the weight will be borne to best advantage. Looking from the front the regular form is that shown in figure 1, the wide toe being indicated by figure 2, and the narrow toe by figure 3. With the regular or normal shape the weight falls near the center of the hoof, and is evenly distributed over the whole bottom of the hoof. The toe points straight forward and when the horse is moving forward in a straight line the hoofs are picked up and carried forward in a line parallel to the middle line of the body. A pair of hoofs of the form shown in figure 2 allows the

weight to fall largely into the inner half of the hoof. In motion the hoof is moved in a circle. Horses that are "toe-wide" are likely to interfere when

In motion. In the third form (figure 3) the weight of the body is directed on the outer half of the hoof. The irregularity of form causes a paddling motion and frequently interfering.



ground, thus allowing it to become mixed with volunteer wheat the first year. This mixing of varieties causes wheat to deteriorate in yield and quality. When wheat is grown for seed it should be on clean land, which is free from volunteer wheat and from other volunteer grain, rye being especially objectionable. Care must be taken in harvesting and threshing the seed wheat to keep it from becoming mixed with other varieties of wheat. Again, in order to maintain the quality and yield of wheat it is necessary to maintain the fertility of the soil and to give the land good culture.—Farmers' Mail and Breeze.

Packing Butter for Shipment.
 Packages of butter often receive rough handling while in transit. For this reason the maker should take pains in fixing the package so that it will not reach its destination broken. In his report of the last butter contest, Earle Brintnal, assistant professor of dairying at Manhattan, Kan., recommends packing the small tub in a larger one and filling the intervening space with paper, or wrapping in paper and then in a gunnysack, both of which he says are good methods.

To Destroy Woodchucks.
 A Pennsylvania farmer gives this experience with woodchucks (ground hogs): He had set several hundred early cabbages, and in going through his patch early one morning he found several plants missing. He found the woodchucks' hole under the wall—in fact, several holes—near his cabbage field. He armed himself with several steel traps and used all his cunning

GATE TIGHTENER.
 drawing it toward post A. In this way the gate can be made as tight as possible.

Destructive Rats.
 According to a recent report of the biological survey of the Department of Agriculture, rats destroy annually \$100,000,000 worth of American grain. It is estimated that one rat will eat 60 cents' worth of grain in a year, while of oatmeal it will consume \$1.80 worth. Rat-proof construction, especially the use of concrete foundations, is urged, as well as some rational method of disposing of garbage and storing food.

In setting them in the burrows of the woodchucks, but after several mornings of patient waiting, capture by trap proved unsuccessful. But, having heard that they were very fond of salt, he mixed a liberal quantity of paris green in about a quart of soil and placed a handful near each burrow. He was not troubled again the season, and this has been his remedy ever since.

The Cowpea as a Fertilizer.
 The cow pea is a large beanlike plant that produces a large amount of forage. It is valuable as a green food or for plowing under for green manure. It has been used successfully for improving wornout soils, especially those that are light and sandy in texture. Its greatest advantage for this purpose is its ability to gather nitrogen from the air and mineral elements from subsoil. When the crop is plowed under, these are left near the surface, where they will be available to shallow-rooted crops and those which cannot get nitrogen from the air. It has been little used for hay in the North, because it cannot be readily dried in this climate. It makes a good green feed for milch cows between August 15 and September 15, or it may be preserved in the silo by mixing with corn fodder. For green manuring, the seed should be sown broadcast in late June or early July, at the rate of one and a half bushels per acre. It is especially valuable for growing in young orchards. When wanted for fodder it should be sown in early June, in drills 2 1/2 feet apart, at the rate of one bushel seed per acre.

Fly Repeller.
 The Kansas Agricultural College has experimented with the various chemical formulas to repel flies from live stock and recommends the following as fairly satisfactory: Resin, 1 1/2 pounds; laundry soap, two cakes; fish oil, one-half pint; enough water to make three gallons. Dissolve resin in a solution of soap and water by heating, add the fish oil and the rest of the water. Apply with a brush. If to be used as a spray, add one-half pint of kerosene. This mixture will cost 7 to 8 cents a gallon and one-half pint is considered enough for one application for a cow. At first it will be

For Women—Lydia E. Pinkham's Vegetable Compound
 Noah, Ky.—"I was passing through the Change of Life and suffered from headaches, nervous prostration, and hemorrhages."
 "Lydia E. Pinkham's Vegetable Compound made me well and strong, so that I can do all my household work, and attend to the store and post-office, and feel much younger than I really am."
 "Lydia E. Pinkham's Vegetable Compound is the most successful remedy for all kinds of female troubles, and I feel that I can never praise it enough."—Mrs. LIZZIE HOLLAND, Noah, Ky.

The Change of Life is the most critical period of a woman's existence, and neglect of health at this time invites disease and pain.

Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs.

For 30 years it has been curing women from the worst forms of female ills—inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, and nervous prostration.

If you would like special advice about your case, write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

This Trade-mark Eliminates All Uncertainty
 In the purchase of pure lead material, it is an absolute guarantee of purity and quality. For your own protection, see that it is on the side of every keg of white lead you buy.
 NATIONAL LEAD COMPANY
 1802 Trinity Building, New York

SICK HEADACHE
 Positively cured by these Little Pills.
 They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.
 SMALL PILL. SMALL DOSE. SMALL PRICE.
 Genuine Must Bear Fac-Simile Signature
 Beware of cheap imitations.
 REFUSE SUBSTITUTES.

Paxtine TOILET ANTISEPTIC
 NOTHING LIKE IT FOR

THE TEETH Paxtine excels any dentifrice in cleansing, whitening and removing tartar from the teeth, besides destroying all germs of decay and disease which ordinary tooth preparations cannot do.

THE MOUTH Paxtine used as a mouth-wash disinfects the mouth and throat, purifies the breath, and kills the germs which collect in the mouth, causing sore throat, bad teeth, bad breath, grippe, and influenza.

THE EYES when inflamed, tired, and burn, may be instantly relieved and strengthened by Paxtine.

CATARRH Paxtine will destroy the germs that cause catarrh, heal the inflammation and stop the discharge. It is a sure remedy for uterine catarrh.

Paxtine is a harmless yet powerful germicide, disinfectant and deodorizer. Used in bathing it destroys odors and leaves the body antiseptically clean.
 FOR SALE AT DRUG STORES, 50c. OR POSTPAID BY MAIL.
 LARGE SAMPLE FREE!
 THE PAXTON TOILET CO., BOSTON, MASS.

Pay if CURED
 We pay postage and send FREE RED CROSS THEATRE CO. Dept. 55, Minneapolis, Minn.

PILES
 WHEN WRITING TO ADVERTISEES please say you saw the advertisement in this paper.

S. C. N. U. - No. 36-1909.
 It afflicted with GORE EYES, use THOMPSON'S EYE WATER