

**PE-RU-NA TONIC FOR  
COUGHS, COLDS, CATARRH.**



**JOSEPH HALL CHASE.**  
Peruna Drug Co., Columbus, Ohio.  
Gentlemen: I have used Peruna and find that it cannot be equaled as a tonic, as well as a cure for coughs, colds and catarrh.

You are authorized to use my photo with testimonial in any publication.  
Joseph H. Chase,  
804 Tenth St., Washington, D. C.

**Cold and La Grippe.**  
Mr. C. Happy, Hardin, Ray Co., Mo., writes: "I can safely recommend Peruna as a remedy that will cure all catarrhal troubles."

"It was of great benefit to me, as it cured me of catarrh of the throat, and I took a very bad cold and had la grippe last February. It settled in my throat and lungs. I took three bottles of Peruna and it cured me."  
"I highly recommend it to all who are sick, and I am glad to add my endorsement to that of others."

**Pe-ru-na for Colds.**  
Mr. L. Clifford Figg, Jr., 2929 East Marshall St., Richmond, Va., writes that when he gets a cold he takes Peruna, and it soon drives it out of his system. For several years he was not entirely well, but Peruna completely cured him.

People who object to liquid medicines can now secure Peruna tablets.  
For a free illustrated booklet entitled "The Truth About Peruna," address: The Peruna Co., Columbus, Ohio. Mailed postpaid.

**W. L. DOUGLAS**  
\$3.00 SHOES \$3.50

The Reason I Make and Sell More Men's \$3.00 and \$3.50 Shoes Than Any Other Manufacturer is because I give the owner the benefit of the most complete organization of trained experts and skilled shoemakers in the country.

**WESTERN CANADA**  
More Big Crops  
In 1908

Another 60,000 Settlers from the United States  
**NEW DISTRICTS OPENED FOR SETTLEMENT**

320 Acres of Land to EACH SETTLER—160 Free Homestead and 160 at \$3.00 Per Acre.  
"A vast, rich country and a contented, prosperous people." Extract from correspondence of a National Editor, whose visit to Western Canada in August, 1908, was an inspiration.

**SEED OATS** 60 cts. a bu.  
Largest growers of seed oats, all sorts, hard, soft, speck, corn, potatoes, grasses and clovers and all farm seeds in the world. Big catalog free, send 10c in stamps and receive sample of 1000 Yellow Dollar Grass, yielding 10 tons of hay per acre, oats, speck, barley, etc., easily worth \$10.00 of any mac-stoney to get started with and catalog free. We send the seed and you send a sample farm seed note; we never send letters by you. **SALZER SEED CO.,** Box 10, La Crosse, Wis.

**WHEATON'S**  
Beware of the Cough that hangs on persistently, breaking your night's rest and exhausting you with the violence of the paroxysms. A few doses of Wheaton's Cure will relieve wonderfully any cough, no matter how far advanced or serious. It soothes and leads the irritated surfaces, clears the clogged air passages and the cough disappears.  
At all druggists', 25 cts.

**FARMERS' CORNER.**

**Profit from Poultry.**

Poultrymen estimate that it costs 1 cent apiece to produce an egg. The estimate is based on the fact that the hen lays 120 eggs in the year. In other words, where the fowls are confined to runs, and the feed must be purchased, it costs 10 cents a month or \$1.20 a year to maintain a hen. If the hen is an indifferent layer and gives but sixty eggs in a year, her eggs cost the poultryman 2 cents each.

An experiment conducted by the Cornell experiment station in 1902 showed that the average cost of feed for a dozen eggs was 9.2 cents, or about 3/4 of a cent an egg. The cost for each hen for the year was 99.6 cents. At that time wheat was sold at \$1.45 a hundred pounds, while at the present time it is \$2; bran sold at \$1.35 a hundred pounds and it is now \$1.80; and meat scraps cost \$2.15 a hundred pounds and now we pay \$2.40. So at the present increased price of feed, the cost of feeding the hen is easily 20 cents a year more than it was in 1902.

To make poultry profitable on the farm it is necessary to breed for better laying. This is done by installing trap nests in the henhouses, and each year picking out the best layers and breeding only from such. The farmer must grade up his stock. He must get rid of the mongrel birds; he must drive out the drones, and must encourage the workers. The farm must produce better poultry and more of it.

There are advantages on the farm for poultry raising that the poultryman does not have, and if the latter, in many ways handicapped, can make poultry keeping a successful business, the farmer should at least make the work a valuable adjunct to his income. Properly managed poultry can be made the most profitable crop on the farm—investment, expense and labor considered.

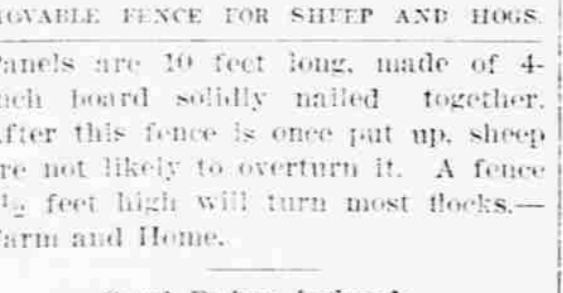
It is argued by some farmers that their hens cost them practically nothing, as they have free range and can gather all the food they need. There is some truth in that, and there also is some truth in the fact that farmers' flocks seldom yield a profit compared with stock in the hands of a regular poultryman.

**Feeding Meal, Wet or Dry.**

Many of our farmers seem to hold the opinion that feeding meal wet to their cows will bring better results than when fed dry. One old farmer makes the remark, "how can the cow get any goodness out of a pan of dry meal?" yet notwithstanding the fact that so many dairymen hold to the practice of feeding the meal wet, the experiments to date indicate that better results are obtained by feeding it dry. Professor Jordan, of the Maine Experiment Station, fed a bunch of calves corn and cob meal with long hay in dry form, as against hay which was run through a feed cutter, moistened and sprinkled with corn and cob meal. The results were in favor of the dry feeding. The gain was greater, and less feed was required for 100 pounds of gain. Professor Jordan also conducted an experiment with two herds of dairy cows, one herd was fed dry feed, while the feed of the other was moistened. The greater yield of milk was obtained from the herd that received the dry feed.

**Temporary Sheep Fence.**

One of the best portable fences for use in soiling sheep is made in panels with supports, as shown in the sketch.



MOVABLE FENCE FOR SHEEP AND HOGS.  
Panels are 10 feet long, made of 4 inch board solidly nailed together. After this fence is once put up, sheep are not likely to overturn it. A fence 3 1/2 feet high will turn most flocks.—Farm and Home.

**Good Dairy Animals.**

There is plenty of good dairy blood to go around, but there are too many dairymen who are not looking for it. Some dairymen raise every heifer, regardless of its individuality or breeding, while some other dairymen with a much better herd will not raise any of his heifer calves. What a great improvement it would make if some exchange of calves could be made so that the man with conventional and natural ability could grow the very best calves from the milk-producing cows.

**Quarter Crack.**

This is one of the most serious troubles with which we have to contend in our dry climate. When a crack appears it is a difficult matter to bring down the new growth of sound hoof without fring and blistering, so that prevention is all important. There is no need to cut out the sole or open the heels, as it is called. The frog and heels should be left absolutely alone, and they cannot be too well developed. The sole will take care of

itself, for nature exfoliates dead horn as required. Keep the wall rounded at the ground surface, the toe short and the frog prominent, and with few exceptions horses will come through all right.—Field and Farm.

**Nitrogen.**

While visiting a practical farmer a few weeks ago he said that where everything was fed out on the farm and the manure returned to the soil it should grow richer instead of poorer and that furthermore there was less connected with the farm when it was conducted on these principles than when the system was varied from year to year.

One thing is certain, the growing and feeding of live stock on the farm compels the growth of crops to feed that are best adapted for the production of flesh and animal products. Prominent among these crops are clover, alfalfa and the other nitrogen gathering plants that possess a high feeding value and are relished by animals on account of their palatability.

We cannot too often repeat the fact that the farmers who follow a short crop rotation, in which a legume is grown every third year, need not worry about maintaining an adequate supply of nitrogen, providing he feeds these crops to live stock and saves the manure, both liquid and solid, and returns it to the soil. When nitrogenous grain foods are purchased and fed to the animals in connection with the home-grown foods the increase in nitrogen is still greater.—Agricultural Epitomist.

**Feeding Milk Cows.**

Milk contains water, fat, protein (casein and curd), sugar and ash, and these are all made from the constituents of the food. If sufficient protein, fat and carbohydrates are not contained in the food given her, the cow supplies this deficiency for a time by drawing on her own body, and gradually begins to shrink in quantity and quality of milk, or both. The stinky feeder cheats himself as well as the cow. She may suffer from hunger, although she is full of swale and hay, but she also becomes poor and does not yield the milk and butter she should. Her milk glands are a wonderful machine, but they cannot make milk (casein curd) out of the constituents in coarse, unappetizing, indigestible swale hay or sawdust any more than the farmer himself can make butter from skim milk. She must not only have a generous supply of good food, but it must contain sufficient amounts of the nutrients needed for making milk. Until this fact is understood and appreciated, successful, profitable dairying is out of the question. Many forcible illustrations of its truthfulness have been furnished by the agricultural experiment stations.—H. B. Speed.

**Helping the Farmer.**

In an important interview with Gifford Pinchot, the government forester, and a member of the Country Life Commission, recently appointed by Mr. Roosevelt, given to Edward I. Farrington, the following points are elaborated:  
The things which the Country Life Commission desires to do, above all else, is to make the fact plain that there is a tremendous problem before the American farmer to-day.

The things which must be secured for the farmer are better farming materials, better business and a better living. The commission is concerned with the two latter.

Everything which has to do with making farm life efficient and pleasant will receive particular attention, for this is one of the most important of all agricultural problems.

The commission will make no attempt to impose anything on the farmer, to dictate to him, or to carry paternalism to an objectionable degree. The facts are to be assembled in as complete a form as possible and placed before the farmer in logical order.

**Preserving Milk.**

A German patent process describes a process for preserving milk by removing all dissolved oxygen by means of the addition of a small quantity of ferrous carbonate. The process is based on the fact that freshly-precipitated ferrous carbonate in the presence of oxygen immediately assimilates oxygen and evolves an equivalent quantity of carbon dioxide. One part of ferrous carbonate is sufficient for 50,000 parts milk, and the properties of the milk are not altered in any way by the addition, which should be made before the milk is bottled.

**Work Hours of Farmers.**

Professor Boss, of the Minnesota Agricultural College, says that statistics of the actual hours of labor on the farms investigated show that farmers work nine hours a day in summer and between four and five in winter. Professor Bailey, of the Farm Life Commission, tells the story of the school-impairing working from 9 to 4 until she married a farmer, and had to work from 4 to 9. Moral, school-ma'ams make good wives for farmers.

**A Balanced Ration.**

Corn and clover pasture forms a nearly balanced ration, and there will be little danger of injuring the breeding qualities of the pigs if they are allowed plenty of corn and the run of a good clover pasture.

**Horse Meat.**

In Paris last year 40,298 horses were killed for food, which was 5,000 more than the previous year. These animals yielded 26,000,000 pounds of meat for human consumption.

**EXTRAORDINARY INCREASE IN LAND VALUES.**

**Southern Alberta Is a Mighty Good Country.**

No stronger or better evidence can be given of the merits of a country than that which comes from the testimony of the settler who has determination to succeed. This is why we reproduce the following letter, which speaks for itself. These people were induced to go to Western Canada through the solicitation of a Canadian Government agent, who secured for them low railway rates.

Carmanagay, Alta., Canada, Dec. 15, '08.  
Mr. C. J. Broughton, Canadian Government Agency, 135 Adams Street, Chicago:

We had audacity enough to tackle the proposition of buying four sections of land in Southern Alberta, thirty miles east of Clairholm, and heading up on the Little Bow, and our two boys each got a homestead adjoining. We fenced three sections and the two homesteads and built a house, barn, corrals and granary and have since enlarged some of these buildings. We have broken 200 acres of land, which has been sowed to oats and wheat. During the severe winter of two years ago the winter wheat killed out somewhat and our crop yielded only ten bushels to the acre, but the spring wheat went 24 bushels to the acre. In this country we must be prepared for storms and cold, at times, 20 to 30 below zero, yet on the whole the winters are mild; and while there are exceptional crops, it is fair to say that the average farmer can depend on having a yield in average years of from 20 to 25 bushels to the acre for spring wheat; and winter wheat in our immediate neighborhood yields from 25 to 30 bushels to the acre on the average.

We have now quite a bunch of horses, over 50 in all, about 350 sheep, after having sold 140 for mutton this fall. We have 20 head of pure bred registered Shropshire, which are worth \$20 each. The average price received for mutton sheep was \$5.00 and a little over. Pork brings 5 and 6 cents a pound. We have about 30 head of cattle on our ranch now, and last winter they picked their entire living from our pasture, running to the straw stacks for shelter at night.

The increase of land value has been extraordinary. Our land four years ago cost us a little less than \$6.00 an acre. We have sold one section for \$15.00, but we would not sell any more for less than \$25.00 per acre, as we expect the railroad within four miles of our ranch within the next 18 months. Southern Alberta of Western Canada is a mighty good country for any man or woman who loves outdoor life and who wants to get good returns for their labor and investment.

We have been pleased with our treatment from the Canadian government and can heartily commend Southern Alberta as a splendid country in which to locate.

Yours very truly,  
(Signed)  
JAMES S. AINSLIE & SONS.

The London street merchants are put out of business on a foggy day and their lost business amounts to \$15,000.

**How's This?**

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.  
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WALDING, KINNAS & MCGINNIS, Wholesale Druggists, Toledo, O.  
Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

Penalties are provided for the men of Belgium who neglect the right of franchise.

Do not neglect constipation, for this condition poisons the blood and leads to chronic ill health. Garfield Tea, the mild herb laxative, corrects constipation, keeps the blood pure, and the health good.

**Omissions of History.**

Periander had taken charge of the popular amusements of Corinth and had suppressed the majority of them.

"August tyrant," said a delegation of society leaders from the gulf shore drive, who had called to protest against his high handed action, "may we ask why you have done this?"

"I have done it, ladies," said Periander, "because, in my capacity as one of the Seven Wise Men of Greece, I think it best. Good morning."

For he did not deem it prudent to tell them that in watching their card games he had detected symptoms of a tendency to invent the game of bridge whist.—Chicago Tribune

The carcass of the average horse yields 330 pounds of meat, as shown by the observation of the French horse butcher.

**DODD'S KIDNEY PILLS**  
"Guaranteed to Cure"

**Ask Her This Question**

"Do you know of any woman who ever received any benefit from taking Lydia E. Pinkham's Vegetable Compound?"

If any woman who is suffering with any ailment peculiar to her sex will ask her neighbors this question, she will be surprised at the result. There is hardly a community in this country where women cannot be found who have been restored to health by this famous old remedy, made exclusively from a simple formula of roots and herbs.

During the past 30 years we have published thousands of letters from these grateful women who have been cured by **Lydia E. Pinkham's Vegetable Compound**, and never in all that time have we published a testimonial without the writer's special permission. Never have we knowingly published a testimonial that was not truthful and genuine. Here is one just received a few days ago. If anyone doubts that this is a true and honest statement of a woman's experience with Lydia E. Pinkham's Vegetable Compound write and ask her.

Houston, Texas.—"When I first began taking Lydia E. Pinkham's Vegetable Compound I was a total wreck. I had been sick for three years with female troubles, chronic dyspepsia, and a liver trouble. I had tried several doctor's medicines, but nothing did me any good.

"For three years I lived on medicines and thought I would never get well, when I read an advertisement of Lydia E. Pinkham's Vegetable Compound, and was advised to try it.

"My husband got me one bottle of the Compound, and it did me so much good I continued its use. I am now a well woman and enjoy the best of health.

"I advise all women suffering from such troubles to give Lydia E. Pinkham's Vegetable Compound a trial. They won't regret it, for it will surely cure you."—Mrs. Bessie L. Hicks, 319 Cleveland St., Houston.

Any woman who is sick and suffering is foolish surely not to give such a medicine as this a trial. Why should it not do her as much good as it did Mrs. Hicks.

**COLT DISTEMPER**

Can be handled very easily. The sick are cured, and all others in the stable no matter how "sprung," kept from having the disease, by using SPOHN'S LIQUID DISTEMPER CURE. Give on all forms of distemper, lock-jaw, strangles, etc., in foal, colic, or in food. Acts on the blood and expels germs of all forms of distemper, lock-jaw, strangles, etc., in foal, colic, or in food. Guaranteed to cure in one case. Send for a bottle. Send for a bottle of Druggists and harness makers, or send express paid by manufacturer. Cut shows how to position throat. Our free booklet gives everything. Local agents wanted. Largest selling horse remedy in existence—twelve years.

SPOHN MEDICAL CO., Chemists and Bacteriologists, Coshen, Ind., U. S. A.

**MAYER'S**  
"SPECIAL MERIT" SEAMLESS SCHOOL SHOES  
SCHOOL SHOES without seams—think of it—seamless school shoes! They are strong and sturdy, have seamless uppers, tough soles and double leather toes. By far the most durable and lasting shoes obtainable.

Whiskey for Colds.  
To one-half pint good whiskey, add one ounce syrup sarsaparilla and one ounce Tonic compound, which can be procured of any druggist. Take in teaspoonful doses before each meal and before retiring. Immediate results always follow this treatment.

The telephone directories of the current issue in New York City would make a pile seven and a quarter miles high, if placed one on the other.

**PILES CURED IN 6 TO 14 DAYS**  
PAZO OINTMENT is guaranteed to cure any case of Itching, Bleeding or Protruding Piles in 6 to 14 days or money refunded, 60c.

With the exception of Britain and America, there are no two countries in the world where the mile is of equal length.

Mrs. Wisnow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

As to Yipsley.  
Mrs. Chugwater—Josiah, this paper says a man named Birkan has sued the city as Jared Yipsley's next friend. What does that mean?

Mr. Chugwater—Huh! It doesn't mean anything in this case. No man alive ever really got next to old Yipsley.

**SICK HEADACHE**

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

**CARTER'S LITTLE LIVER PILLS.**

SMALL PILL. SMALL DOSE. SMALL PRICE.

**CARTER'S LITTLE LIVER PILLS.** Genuine Must Bear Fac-Simile Signature. *Bread-Soft* REFUSE SUBSTITUTES.

**Murder!**

One gets it by highway men—Tens of thousands by Bad Bowels—No difference. Constipation and dead liver make the whole system sick—Everybody knows it—CASCARETS regulate—cure Bowel and Liver troubles by simply doing nature's work until you get well—Millions use CASCARETS, Life Saver!

CASCARETS are a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.  
S. C. N. U. No. 6—1909.

**PUTNAM FADELESS DYES**

Color more goods brighter and laster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping or it. Write for free booklet—How to Dye, Discolor and Mix Colors. **HONROE DRUG CO., Quincy, Illinois**