

Bad Breath.

A well-known physician, who undoubtedly declares that bad breath is often of more nature than a disease.



Lane's Family Medicine

(called also Lane's Tea)
The tonic laxative.
This is a herb medicine, sold in 25c. and 50c. packages by druggists. It saves doctor bills.
It cures headache, backache, indigestion, constipation and skin diseases. 25c. at druggists.

ONION SEED 60 cts. a lb.

Per Salzer's catalog page 129.
Largest growers of onion and vegetable seeds in the world. Big catalog free. Send 10c in stamps and receive catalog and 1000 kernels each of onions, carrots, celery, radishes, 1500 each lettuce, rutabaga, turnips, 100 parsley, 100 tomatoes, 100 melons, 1200 charming flower seeds, in all 10,000 kernels, easily worth \$1.00 of any man's money. Or send 20c and we will add one pkg. of Earliest Peep O' Day Sweet Corn.
SALZER SEED CO., Box Cn La Crosse, Wis.

WHAT'S Your Health Worth?

You start sickness by mistreating nature and it generally shows first in the bowels and liver. A box (week's treatment) of CASCARETS will help nature help you. They will do more—using them regularly as you need them—than any medicine on earth. Get a box today; take a CASCARET tonight. Better in the morning. It's the result that makes millions take them.

CASCARETS are a box for a week's treatment. All druggists. Biggest seller in the world. Million boxes a month.

WESTERN CANADA THE PENNANT WINNER



The Government of Canada now gives to every Actual Settler 160 acres of wheat-growing land free and an additional 160 acres at \$3.00 an acre.
The 300,000 contented American Settlers making their homes in Western Canada is the best evidence of the superiority of that country. They are becoming rich, growing from 25 to 50 bushels wheat to the acre; 60 to 110 bushels oats and 45 to 60 bushels barley, besides having splendid herds of cattle raised on the prairie grass. Dairying is an important industry.
The crop of 1908 still keeps Western Canada in the lead. The world will soon look to it as its food-producer.

The thing which most impressed us was the magnitude of the country that is available for agricultural purposes. National Editorial Correspondence, 1908.
Low Railway Rates, good schools and churches, markets convenient, prices the highest, climate perfect.
Lands are for sale by Railway and Land Companies. Descriptive pamphlets and maps sent free. For Railway Rates and other information apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. J. Holmes, 315 Jackson St., St. Paul, Minn. and J. MacLachlan, Box 110 Watertown, So. Dakota. Authorized Government Agents.
Please say where you saw this advertisement.

GOOD SEEDS BEST IN THE WORLD

PRICES BELOW ALL OTHERS
I give a lot of new sorts for trial with every order I fill.
Grand Big Catalog FREE
Illustrated with over 700 engravings of vegetables and flowers. Send yours and your neighbors' addresses.
R. H. SHUMWAY, Rockford, Ill.

Would Ask No More.
Mrs. Willard—What do you suppose you would do if you were to meet the food editor?
Her husband—I'll tell him I was the man he was looking for, all right. I have just given orders to have that new addition to the house torn down and built again exactly as you want it.

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels; cleanses the system effectually; assists one in overcoming habitual constipation permanently.
To get its beneficial effects always buy the genuine.
MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO.
SOLD BY LEADING DRUGGISTS 50 A BOTTLE

CURE WHERE ALL ELSE FAILS!
Use in time. Sold by druggists.
THE CURE

Eggs Barred.
One evening a solid looking citizen, carrying a basket, bought a ticket and started to enter the opera house in a Long Island town. Just as he was going in the cover of the basket unaccountably slipped off, revealing two dozen eggs.
"Hey!" said the ticket taker "This isn't Easter. Where you going with them eggs?"
"None o' y'r business! Here's my ticket, all paid for an' reg'lr," declared the citizen.
"Well, there don't any eggs go inside while I'm here," said the ticket taker, and then the other saw the reason his burden was suspected and roared with laughter.
He left the eggs in charge of the man at the box office and entered, and he enjoyed every moment of the show. When it was over, the manager returned the eggs to him and said:
"I was afraid you might put your foot into the basket while you were applauding."

Plenty of Exercise Necessary.
Plenty of regular exercise must be taken in order to keep the body in a healthy condition. Any excessive or unusual exertion, however, is sure to cause stiffness and soreness of the muscles and joints.
To counteract this effect there is nothing better than Sloan's Liniment. Lay it on lightly where the muscles have been strained; it requires no rubbing for it penetrates right to the bone, relieves any congestion and inflammation and makes the muscles elastic and pliant.
Sloan's Liniment is a great boon to athletes, for it not only relieves pain and stiffness, but it is an excellent remedy for sprains, cuts, bruises and cramps.
Mr. J. F. Brice of Tusculum, Ala., writes:—"I am an engineer on the Southern Road from Chattanooga to Memphis, Tenn. The continued elevation of my arm upon the throttle gives it a sore feeling when on a long journey, and there is nothing that will take the soreness out like Sloan's Liniment and I keep a bottle in my grip always."

Running No Risk.
"What," asks the maiden aunt, "going to marry that Mr. Newsum? Why you hardly know the man, Imogene. In the few days you have been acquainted with him you cannot possibly have learned anything of his family or antecedents or habits or personal circumstances."
"That is true, Aunt Keturah. But you have always told me that no woman who knows anything about a man will marry him."—Success Magazine.

When You Put on Heavy Stockings
do your shoes pinch, and your feet swell and perspire? Sprinkle Allen's Foot Ease into your shoes, and get instant relief. Best thing to use when wearing rubbers. Try it for Danzig Parties and Breaking in New Shoes. Sold Everywhere. 25c. Sample FREE. Address, Allen S. Olmsted, Le Roy, N. Y. Accept no substitute.

In the Age of Aviation.
Gladys (elooping with Harold in aeroplane)—Darling, who is that man who seems to be following us? Harold (pale but calm)—Some fly cop in the employ of your father.

Only One "BROMO QUININE"
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

Sneezing is the best brain clearer known. Many persons conclude an attack of faintness, or fainting, with a violent sneeze. Our ancestors took snuff from a belief in the efficacy of sneezing. But tobacco so taken is in part absorbed into the blood and hurts the system.

WE SELL GUNS AND TRAPS CHEAP
and buy Furs & Hides. Write for catalog 103 N. W. Hyde & Fur Co., Minneapolis, Minn.

Necessary Preliminary.
The young man with the engaging smile was offering his assistance in preparing the dainties that were to be sold at the church social.
"In making these popcorn balls," he asked, "what is the first thing to do?"
"Wash your hands," said the practical young woman who was overseeing the job.

Six His Limit.
To the man who has a horse to sell considerable leeway is allowed in the matter of setting forth the animal's merits. "I've got the very horse you want," said Gideon Lane, the Bushby livery stable keeper, to one of the summer residents.
"He has no bad tricks?" queried the gentleman. "Safe for the family?"
"Lanuce, yes," returned Mr. Lane heartily. "Any body can drive him, and half a dozen children could get on his back and he'd never notice 'em. Not a trick to his name!"
"Ah," said the summer resident. "I don't wish a horse without any spirit."
"Spirit!" echoed Mr. Lane. "Well, you just ought to see him on circus day, that's all. And I'll tell you confidentially 'twouldn't be well for too many people to get on that horse at once!"—Youth's Companion.

Red, Weak, Watery, Watery Eyes
Relieved by Murine Eye Remedy. Compounded by Experienced Physicians. Contains no Harmful Food and Pure Laxative. Murine doesn't Smart, Soothes Eye Pain, It's Murine in Your Eyes. Ask Your Druggist.

Unaccountable Mistake.
All was quiet in the sleeping car. Suddenly the passenger in lower No. 7 heard the rattles, thrust out a weary head from his berth and held the saddle functioner who was tilting past.
"Way," he growled, "where's the pillers in this bunk?"
"There are your pillows, sah," said the porter.
"Your pillows?" exclaimed the passenger. "Smash my topknots! I thought they was the life preservers!"—Chicago Tribune.



FARM AND GARDEN

Every pig that goes to pasture should have a ring in his nose.
We may sympathize with our neighbor who has poor crops, but we loan our money to the man who has good ones.
Selling off the fertility of the farm in the milk can is about as sensible as trying to raise one's self by his bootstraps.
Don't become puffed up just because your neighbor asks your advice. He may be just trying to find out how little you know.

If your farm machinery is not worth shelter in winter is it not worth keeping. Better trade it for a dog and then shoot the dog.
Concrete blocks make good pillars for barns, sheds, cribs and all out-buildings. They are cheap, mechanical and as durable as time.
The harness should be inspected after on the horse to see that all parts fit well. Care in this matter will prevent galls and sores on the animal.

It is a mistake to dose animals with medicine unless they are really sick. In most cases a change of diet and rest will bring an animal back to normal condition.
The automobile is going some, but the horse seems to be holding his own against it. Don't be afraid to raise a few colts. Money in it. Prices for good horses were never better. The splendid exhibits of horses at our state and county fairs is proof enough that the interest in good horse breeding is growing.

Formerly farmers thought wheat straw and corn was a good ration for producing fine quality mutton, but later they have discovered that the best sweet, juicy meat is produced by feeding a variety of feeds, such as clover, alfalfa, oatmeal, ground oats and a little corn and roots or ensilage for succulence.
Most farmers think clover hay is not good for horses, but here is what a farmer friend had to say on this point the other day after having fed clover and mixed hay to his horses for several years: "If I had my choice between well-cured clover hay and nice, bright timothy, I would take the clover hay every time. Many farmers are of the opinion that horses will have the heaves if fed clover hay. I have raised a good many horses, and have never had one yet that had the heaves as a result of eating clover hay. Of course, a horse will sometimes eat more clover than is good for him, if permitted to do so, because he relishes it better than timothy. But give him the amount you think he ought to have and let him go without until the next time."

Work with Farm Poultry.
The laying hen must have meat or green bone if she is to do her best. If you have cowpea hay, throw the chickens some. They will get exercise thrashing out the peas and the splendid egg food at the same time.
Separate the cocks and cockerels from the hens until eggs are wanted for hatching. It has been proved that the hens lay better without them.

It is the lazy hen that keeps the average of the flock down. The trap net is the policeman who arrests her and judges the drones.
A pound of chicken is produced as cheaply as one of mutton, beef or pork, and always brings a better price.

Water Used by Poultry.
There is a great difference in the amount of water used by different plants. Careful experiments show that barley needs approximately 300 pounds of water to produce 1 pound of dry matter, though this figure is not at all constant. Dent corn requires about 300 pounds of water for 1 pound of dry matter, while flint corn uses very much less water, and as low as 225 pounds of water will often produce a pound of dry matter. The average may be placed at about 250 pounds.
Oats need about 500 pounds of water to give 1 pound of dry matter, and sometimes the amount of water required is fully 625 pounds. In other seasons as low as 490 pounds of water are used. Clover often uses over 550 pounds of water for every pound of dry matter produced, and peas use approximately 400 pounds.

Hens.
Most soils, even when very poor, as a general thing, contain plenty of plant food, except nitrogen, though sometimes other elements are lacking. The texture must be improved in order to increase fertility, and plant food and humus added. Tillage goes a great way towards improving texture, but this alone is not enough. Humus must be added, and in doing so plant food is added, making the soil more permeable to air and water.
Humus is supplied to the soil, first, by the addition of stable manure—and this is probably the best method, call-

SKIN ERUPTION CURED.

Was So Sore, Irritating and Painful That Little Sufferer Could Not Sleep—Scratched Constantly—Cuticura's Efficacy Proven.
"When about two and a half years old my daughter broke out on her hips and the upper parts of her legs with a very irritating and painful eruption. It began in October; the first I noticed was a little red surface and a constant desire on her part to scratch her limbs. She could not sleep and the eruptions got sore, and yellow water came out of them. I had two doctors treat her, but she grew worse under their treatment. Then I bought the Cuticura Remedies and only used them two weeks when she was entirely well. This was in February. She has never had another rough place on her skin, and she is now fourteen years old. Mrs. R. R. Whitaker, Winchester, Tenn., Sept. 22, 1908."
Cuticura Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston.

Taking Him at His Word.
Excited Caller (at police station)—I had my pocket picked on the street cars just now!
Desk Sergeant—Well, if you had it done what are you coming here to kick about?

PILES CURED IN 6 TO 14 DAYS
PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

Lava may be blown into beautiful green-colored bottles, lighter and stronger than ordinary glass.
Strong drug cathartics simply aggravate the condition—the true remedy for constipation and liver trouble is found in Garfield Tea, the mild Herb Laxative.

Division of Labor.
Ruggles—Have you read the President's message?
Ramage—Yes—my section of it. I belong to the Thirty-nine Club. We divide the message into thirty-nine parts. Each member reads his own part and no more. Then, at our leisure we meet and compare notes. Saves time.

WANTS HER LETTER PUBLISHED

For Benefit of Women who Suffer from Female Ills



Minneapolis, Minn.—"I was a great sufferer from female troubles which caused a weakness and broken down condition of the system. I read so much of what Lydia E. Pinkham's Vegetable Compound had done for other suffering women I felt sure I would help me, and I must say it did help me wonderfully. My pains all left me. I grew stronger, and within three months I was a perfectly well woman."
"I want this letter made public to show the benefit women may derive from Lydia E. Pinkham's Vegetable Compound."—Mrs. JOHN G. MOLDAN, 215 Second St., North, Minneapolis, Minn.

Thousands of unsolicited and genuine testimonials like the above prove the efficiency of Lydia E. Pinkham's Vegetable Compound, which is made exclusively from roots and herbs. Women who suffer from those distressing ills peculiar to their sex should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.
If you want special advice write to Mrs. Pinkham, at Lynn, Mass. She will treat your letter as strictly confidential. For 20 years she has been helping sick women in this way, free of charge. Don't hesitate—write at once.

S. C. N. U. No. 5—1909.

CASTORIA

For Infants and Children.
The Kind You Have Always Bought Bears the Signature of
Dr. J. C. Fletcher
In Use For Over Thirty Years
CASTORIA

ALCOHOL 3 PER CENT.
A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of
INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. S. P. HALL
Peanut Seed—
Licorice—
Dill Seed—
Sassafras—
Aperient Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac-Simile Signature of
Dr. J. C. Fletcher
NEW YORK.

At 6 months old
35 Doses—35 CENTS
Guaranteed under the Food and Drug Act

Exact Copy of Wrapper.

COLT DISTEMPER

Can be handled very easily. The most successful, and all others in name, to make the best. Keeps from taking the disease, by using SPOHN'S LIGHT DISTEMPER. Give on the lower part of the face. Acts on the blood and purifies all forms of distemper. Best remedy ever known for horses in food. No bottles guaranteed to cure one case. Use at a bottle; 10 and 20 doses of distemper, all horses dealers, of horse and horse manufacturers. Do not show low to position through. Our free booklet of free everything. Local agents wanted. Largest selling horse remedy in existence—thirty years.

SPOHN MEDICAL CO., Chemists and Electrologists, Coshen, Ind., U. S. A.

SALZER'S OATS

GERMANY, a country smaller than Texas, grows more oats than nearly the whole of Europe put together. Why? Because no better soil than any other one, but because only pedigree, big yielding varieties.

Some years ago when in Germany, we tried to raise oats in an arid side valley of the Rhine. Thousands of American farmers tried it just you and are loud and earnest in their praise. Trial package free.

REJUVENATED WHITE BRANZA OATS.
Salzer's White Branza Oats, 21 years new, long the world's price of \$2.00 in gold for the best yielding oat variety. (Our oats are the best in the world.) We have rejuvenated the oat and sold it again as rejuvenated. It is the best in the world.

HEADQUARTERS FOR AGRICULTURAL COLLECTOR'S SEED
such as Minnesota No. 5 and No. 20 Oats, Wisconsin Sweet Corn, California No. 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

We have by all odds the largest SEED POTATOES trade in the world: one of our cultivars alone holds 60,000 bushels!

BIG SEED, PLANT AND TOOL BOOK FREE.
To publish the most original and reliable in America. It begins with seed thoughts. Get it now! Send 10 cents in stamps to the publisher, or 25 cents in stamps to the publisher, or 50 cents in stamps to the publisher, or 100 cents in stamps to the publisher, or 200 cents in stamps to the publisher, or 300 cents in stamps to the publisher, or 400 cents in stamps to the publisher, or 500 cents in stamps to the publisher, or 600 cents in stamps to the publisher, or 700 cents in stamps to the publisher, or 800 cents in stamps to the publisher, or 900 cents in stamps to the publisher, or 1000 cents in stamps to the publisher.

JOHN A. SALZER SEED CO.
Box Cn La Crosse, Wis.