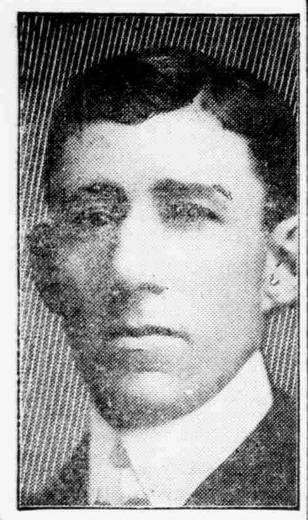
PE-RU-NA AS A LAST



MR. WM. F. VAHLBERG.

Mr. William F. Vahlberg, Oklahoma

City, Okla., writes: "One boftle of Peruna which I have taken did more toward relieving me of an aggravated case of catarrh of the stomach, than years of treatment with the best physicians.

"I had given up hopes of relief, and only tried Peruna as a last resort. "I shall continue using it, as I feel satisfied it will effect an entire and permanent cure. "I most cheerfully recommend Peruna

to all who may read this.' Peruna is usually taken as a last resort, Doctors have been tried and failed. Other remedies have been used. Sanitariums have been visited. Travel has been re-

At last Peruna is tried. Relief is found. This history is repeated over and over again, every day in the year. It is such results as this that gives Peruna its unassailable hold upon the people. We could say nothing that would add force to such testimonials as the above. That people who have had catarrh and have tried every other remedy available, find relief in Peruna, constitutes the best argument that could be made.

WESTERN CANADA

Bia Crops In 1908

Another 60,000 Settlers from the United States

NEW DISTRICTS OPENED FOR SETTLEMENT

320 Acres of Land to EACH SETTLER-160 Free Homestead and 160 at \$3.00 Per Acre.

"A vast, rich country and a contented, prosperous people." Extract from correspond-ence of a National Editor, whose visit to Western Canada in August, 1908, was an inspiration, Many have paid the entire cest of their farms and had a balance of from \$10 00 to \$23.00 per acre Spring Wheat, Winter Wheat, Oats, Barley, Frax and Peas are the principal crops, while the wild grasses bring to perfection the best Cattle that have ever been sild on the Chicago market. Solondid Climate, Schools and Churches in all localities, railways touch most of the settled districts, and prices for produce are always good. Lands, may also be purchased from Railway and Land Companies. For pamphlets, maps and information regarding low railroad rates apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 315 Jackson St., St. Paul, Minn, and J. M. MacLachlan, Box 110 Watertown, So. Dakota. Authorized Govern-Please say where you saw this advertisement.

INSIST ON HAVING HELP Dr. Martel's Preparation WOMEN The Standard Remedy. (At Druggists) Send for book "Reilef for Women."
FRENCH DRUG CO., 30 W. 524 St., N. Y. City

The Star Arcturus.

It is probable that the star Arcturus is one of the six greatest of all the stars in the sky. Notwithstanding its brightness, it is so far away from us that it is not displaced in position in the slightest measurable degree, as we change our position 186,000,000 miles in our annual journey around the sun. Could we be placed midway between Arcturus and our sun we would receive thousands of times more light and heat from the star than from our sun, and this notwithstanding that the star's radiation is smothered by a dense blanket of metallic vapors. In spite of its Ammense distance the star is drifting slowly in a southwestward direction over the face of the sky, its motion changing its apparent position by an amount equal to the diameter of the moon in the course of about 1,000 years. So great an apparent motion must indicate an enormous velocity in space .-New York Press.

Truth and Quality

walk of life and are essential to permanent success and creditable standing. Accoringly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get it, beneficial effects always purchase the genuinemanufactured by the California Fig Syrup Co., only, and for sale by all leading drug-

CHILD LABOR IN HOLLAND.

Boys Start to Work as Soon as They

Leave School, at Early Age. As an American goes about among the Dutch people he is greatly surprised at the state of mind the average Hollander has in regard to affairs generally, says the Boston Herald. It might well be described as that of a man well on in years who has amassed a fair fortune and now takes things easily and loves to talk over the somewhat wild doings

Nothing is more common than to hear the remarks from both the young and old: "We have been great." "We have had our time."

They hate to be interfered with and resent the advice of friends. They can not reconcile the old-world methods with the advanced ideas. Methods of agriculture are all equally old-fashioned and the peasants equally behind the times in thought and dress. In fact, cleanliness in Holland has become al most a disease, and scrubbing goes on from morning until night, due to the abundant supply of water.

The condition of the working class families of some of the manufacturing towns is deplorable. Wages are low and the standard of life cannot be maintained unless mother and children take their places in the factory side by side with the head of the household.

As soon as the Dutch law allows the child to leave school-which is at the age of 12-he enters the factory workshop. Although the government has passed a law recently forbidding boys under 16 to be employed in factories, most of the boys go in as soon as they frequently at 5 or 6 in the morning or some hot coffee, or what is commonly for beauty and action. called so, swallow a huge piece of wellknown Dutch "roggebrood," or rye bread, and then hurry in their wooden shoes through the quiet streets of the town to their place of work.

Sometimes they have to return home at 8 or 8:30 in the morning for a second hurried breakfast, which as often as not is the first, for many of them start the day's work on an empty stomach. Those who cannot run home and back in the half-hour usually allowed for the first "schaft" or meal time, take their bread and butter with them in a cotton or linen bag; and their milk and water or coffee in a tin, and so shift as well as they can.

Only One "BROMO QUININE" That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

The Sea Scrpent.

When fourteen miles off the coast of Brazil M. J. Nicoll, author of "Three Voyages of a Naturalist," observed a ish black color and much resembled a reduced to a minimum. gigantic piece of ribbon seaweed. Below the water we could indirectly see a very large brownish black patch, but could not make out the shape of the disappeared below the water. Suddenand of the thickness of a man's thigh, having a head shaped like that of a turtle, appeared in front of the fin, lashing up the water with a curious wriggling movement. This creature was an example, I consider, of what has been so often reported, for want of a better name, as the 'great sea serpent.' I feel sure, however, that it mammal."

Appalling Result.

"This," she said, "is the penalty imposed by nature for the absurd effort of

From which we learn how dangerous of evolution.

Red-headed persons are not apt to become bald.

NEW LIFE

Found in Change to Right Food. After one suffers from acid dyspepsia, sour stomach, for months and then

out about.

boy and myself had suffered with sour the middle of the yard. Then taking soil to fertilize future crops. stomach. We were unable to retain the halter he led the horse in a direct

much of anything we ate. appeal to the Well-Informed in every in stomach diseases. Instead of pre- was the verdict. scribing drugs, he put us both on Grape-Nuts and we began to improve

> immediately. "It was the key to a new life. I found we had been eating too much heavy food which we could not digest. In a few weeks after commencing Grape-Nuts, I was able to do my housework. I wake in the morning with a clear head and feel rested and have no sour stomach. My boy sleeps well and

wakes with a laugh. "We have regained our lost weight and continue to eat Grape-Nuts for both the morning and evening meals. We are well and happy and owe it to Grape-Nuts." "There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.



Remember the importance of the kitchen garden.

Little things done in season will lighten the big tasks and make farming more pleasant and profitable.

Preaching economy doesn't amount to much. You must practice it, but there is such a thing as being too

and no other branch of live stock keep- most any other occupation. He will ing can compare with it for enriching have to learn the business he selects.

Three common faults in butter making are overripe cream, overchurning and overworking. The first means strong butter, the second and third soft

leave school. Children leave their beds bitious to breed their own driving wages. horses, breeding high class trotting bred earlier, summer and winter, gulp down mares to Hackney or Coach stallions into, he should be thorough as he goes

> by dogs that the sheep owner place still lots of room in the upper ranks. with his flock a billy goat that will get along very well with the sheep and de fend them from the dogs.

ried away a cow's calf was followed cretes, and which is used as milk, or thirty miles by the bereaved animal, for butter or cheese making. The secswimming all the time. When the cow ond product is calves which she bears, was about to be drowned from ex- and which may be of more or less haustion she was rescued by fishermen.

The onion crop of Texas is becoming an important factor in the large eastern markets. Texas onions are crowding out Bermudas and prices of the latter are steadily falling. It is said that the quality of the Texas onion is almost if not equal to that of the famous Bermudas.

Be careful to furnish a good dust bath for fowls, for it is the only natsea serpent which came within about ural means the bird has of ridding itfifty yards of the ship. "All that we self of lice and mites. Provide a could see was a dorsal fin about four house free from vermin, then provide in these days of strong competition it feet long sticking up about two feet the birds with a good dust bath, and is not possible to ignore the by-prodfrom the water. The fin was a brown- the question of lice and mites will be

It is estimated that the farmers of Colorado finished more than a million sheep and lambs last year, mainly on creature. Every now and then the fin alfalfa. It was a bad year for the sheep business, and it is said that the ly an eel-like neck, about six feet long loss will be about \$1 per head. However, no credit is given for the great amount of fertility returned to the

More horses are injured by enforced Agricultural Epitomist. idleness than by work. Days that horses are not at work they should run in a box stall or yard. Their hair may not lie quite as close and even be a little longer, but they will keep was not a reptile that we saw, but a healthler and be in much better shape for next season's work for having their crop the same year had a value of Sadly the mermaid regarded herself in the harness or out in the yard.

There were fifty-six calls upon the Wisconsin dairy school last year for Hay maintains a parity of value with my ancestresses, ages ago, to abolish men to fill good positions in cheece factories, and fifty-three butter-makers were wanted. In addition to these t is to meddle with the orderly processes | there were numerous requests for men skilled in the operation of creameries. The college was unable to supply all the demands, and yet some farm boys prefer to sell neckties in a city store on a salary of \$8 per week rather than to take a course at the agricultural

An English stock journal tells of a finds the remedy is in getting the right famous veterinary surgeon who was kind of food, it is something to speak once called on to decide a question of blindness in a horse, concerning erties. It yields two to four crops per A N. Y. lady and her young son had which two London vets differed. He such an experience and she wants oth- entered the yard where the horse stood ers to know how to get relief. She and, without examining the animal's mal industry. It loves sunshine and eyes, ordered a halter to be put on him "For about fifteen months my little and an empty bucket to be placed in the atmosphere and deposits it in the line for the bucket. The horse went "After suffering in this way for so forward and blundered over it with long I decided to consult a specialist his forelegs. "Blind, without a doubt" sheep, hogs and poultry, and when fed

Prospers at Peanut Farming.

children on fifty acres of poor land in of producing cheap meat. North Carolina. Besides her land and chickens and three razor-back hogs.

little farm she raises all the bacon, duction .- Goodall's Farmer.

butter, eggs, poultry, breadstuffs, corr. and forage which her family or her stock require. She is in good circumstances and people regard her as an ex-

An Expert Farmer.

An exchange says a young man asks, What would you advise a young man raised on a farm who cannot stand the The dairy without the Babcock test- dust of having and thrashing and is er is like the engine without a gov- most too light to do heavy farm work

> Gardening, floriculture, poultry raising, civil engineering-all are good. If he is built for an expert, there are landscape gardening, inside decorating and a number of other good occupations. open to him.

The young man who is built for an expert—that is, one who is naturally bright, careful and painstaking-will Dairying is a ready money business, succeed in any of the above or in al-

He cannot learn any of them from a "correspondence school." He needs a practical instructor who can show him, and the way to become an expert is to begin at the bottom and work up, theroughly learning all the details as one goes along. The expert is always in Many lovers of fine horses are am- demand, and he commands the top

Whatever vocation a young nan goes along, always keeping his eyes open for better ways of doing the work he One farmer recommends as a pre- has in hand. All vocations are crowdventive of ravages on the sheep flocks ed with ordinary workers, but there's

The Dairy Cow's Freduct.

The products of the dairy cow are fourfold. The first and chief product A Mississippi steamboat which car- is, naturally, the milk which she sevalue. Third, the carcass of beef which she will yield when she is no longer useful for the production of milk should be taken into account. Lastly, the manure she produces is of considerable value.

We may call the milk the main product and the calves, beef and manure the by-products of the dairy cow. It has been asserted that the milk product is the only thing that should be taken into consideration in estimating the value of the dairy cow, and that the calves and beef should be entirely ignored by a successful dairyman, but ucts, and in any scheme of successful dairying the calves and beef at least should be taken into consideration. This does not mean that in any case milk producing qualities are to be sacrificed for the sake of the by-prod-

It simply means that of two animals of equal value for the production of milk the one that will give the greater return in production of calves and value of carcass is more profitable .-

Raise Alfalfa.

The hay crop is one of the principal products of the farm. In 1906 there were raised 57,145,959 tons of hay, valued at \$592,539,671, while the wheat regular exercise every day, either in \$490,332,760. Hay enters largely into the live stock industry and is a leading commercial product in supplying the consumption of horses in cities. corn and oats for feeding operations and is usually fed in the proportions of one and a half to two pounds to a hundred pounds live weight of animals. Hay is regarded as roughage and is necessary in animal husbandry to equalize the concentrated nutriments of

Alfalfa is one of the richest legumes and is economical for its large yields and feeding qualities. The cultivation of alfalfa marks a new era in agriculture. It leads clover in the yield per acre and also in its nutrient propseason and should be more extensively cultivated in sections devoted to anitakes vast quantities of nitrogen from

Alfalfa is rich in protein, which makes heavy bone and strong muscles, It is relished alike by horses, cattle, to stock in the feed lots reduces the grain ration and the expense of finishing feeders for market. It is partie-Seven years ago Mrs. Jennie R. Cass ularly adapted to fattening sheep and found herself confronted with the prob- growing wool. Hogs thrive on alfalfa lem of bringing up and educating six and it enters largely into the problem

Alfalfa renovates and rejuvenates a little house she possessed an aged run-down farm. It grows stalwart horse and a mule, one cow, twenty-two roots that create humus in the soil. The strong roots strike deep into the She decided to raise peanuts and be- soil, making it porous and immune gan reading everything on the subject from droughts. It is admirably adaptshe could procure. She was wise ed to the bee industry, as alfalfa honey enough to know her soil was poor and is equal to the nectar gathered from she began a system of rotation of crops, the flowers of the linden tree. Alfalfa gradually increasing her acreage of pea- is a general utility legume adapted to nuts. Now she has twenty-five devoted all kinds of live stock, poultry and the honey industry. The cultivation of al-During the seven years she has not falfa should be extended, as soil not inonly succeeded in keeping her children digenous to it can be inoculated with in school, but now she has five blooded alfalfa bacteria. Its introduction will lors, s, a herd of registered cows and a increase the fertility of the land and small flock of well-bred sheep. On the aid in the solution of cheap meat proIn the Mission Sunday School.

Teacher-And what do you suppose dli the animals did during those forty lays in the ark?

Smarty Williams They just loafed fround and scratched themselves, Sandy Toole (disdainfaily) -- Chuck

t, Smarty! What'd they scratch for, when there was only two fleas?-The

NO SKIN LEFT ON BODT.

For Six Months Baby Was Expected to Die with Eczema-Now Well-Doctor Said to Use Cuticura.

"Six months after birth my little girl broke out with eczema and I had two doctors in attendance. There was not a particle of skin left on her body, the blood oozed out just anywhere, and we had to wrap her in silk and carry her on a pillow for ten weeks. She was the most terrible sight I ever saw, and for six months I looked for her to die. I used every known remedy to allevi ate her suffering, for it was terrible to witness. Dr. C- gave her up. Dr. B—— recommended the Cuticura Remedies. She will soon be three years old and has never had a sign James J. Smith, Durmid, Va., Oct. 11

More Accurate Classification. "See that pompous old guy? Thut? Grabbit. He's one of our captains of in-

and 22, 1906."

"Captain? He looks to me more like one of the sutlers of industry."

There is more Catarrh in this section of the country than all other diseases put to gether, and until the last few years was sur posed to be incurable. For a great mat years doctors pronounced it a local disc. and prescribed local remedies, and by constantly failing to cure with local treatment pronounced it Incurable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only con stitutional cure on the market. It is taken internally in doses from 10 drops to a sea spoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails t cure. Send for circulars and testimonials Address: F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c Take Hall's Family Pills for constipation.

Righteons Kick.

"The other day," said the caller, "I sent you an men; to the elect that I had gone up into Wisconsin on a week-end

"Well?" said the society editor. "Well," rejoined the indiguant caller, "you printed it 'weak kneed' trip!"

PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protrad ing Piles in 6 to 14 days or money refunded

PILES CURED IN 6 TO 14 DAYS

Correcting a Misapprehension. Philanthropic Housewife You are sad-

ly travel stained, aren't you? Wareham Long (tackling the cold mest)-No, madam; ye couldn't harly call it stain. It's jest dirt. It'll wares

Mrs. Winslow's Soothing Syrup for elith ren teething, softens the gums, reduce flammation, allays pain, cures wind coli-25c a bottle.

Lord Radstock is one of the few me

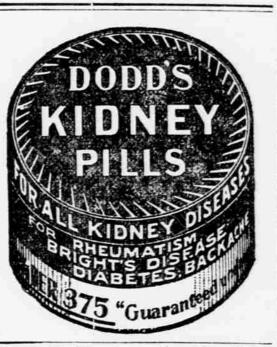
bers of the British peerage who not out take an interest in religious work but who deliver sermons themselves. WE SELL GUNS AND TRAPS CHEAP

N. W. Hide & Fur Co., Minneapolis, Minn. A Musical Spider.

& buy Furs & Hides. Write for catalog 103

The extraordinary massical sensitive ness of spiders has several times been proved. Every one has heard of Pet lisson's spider. Consoler of the unior tunate prisoner, it perished because it listened too closely to the captive's violin. The jailer saw it and crushed it brutally. Gretry, the composer, speaks of a favorite spider which descended along its thread upon his piano as soon as he played it. When giving recitals at Brussels Rubinstein saw a large spider issue from the floor of the platform and listen to the music. He gave three converts at the same half, and on each occasion the spiner appeared.

-Paris Revue.



S. C. N. U. - - No. 48-1908.



This woman says she was saved from an operation by Lydia E. Pinkham's Vegetable Compound.

Lena V. Henry, of Norristown, Ga., writes to Mrs. Pinkham: "I suffered untold misery from for

male troubles. My doctor said an operation was the only chance I had, and I dreaded it almost as much as death, "One day I read how other women

of the dread trouble since. We used had been cured by Lydia E. Pinkham's about eight cakes of Cuticura Soap Vegetable Compound, and I decided to and three boxes of Cuticura Cintment, try it. Before I had taken the first bottle I was better, and now I am entirely cured.

Every woman suffering with any female trouble should take Lydia E Pinkham's Vegetable Compound.

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkl ham's Vegetable Compound, made from roots and herbs, has been the standard remedy for temale ills, and has positively cured thousands of women who have been croubled with displacements, inflammation, tileera tion, fibroid tumors, irregularities periodic pains, backs he, that lear ing-down feeling, flatalency, indiges! tion dizziness or nervous prestration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.



"I have suffered with piles for thirty six years.
One year ago last April I began taking the sacts
for constipation. In the course of a week I noticed



Sterling Remedy Co., Chicago or N.V. 503 ANNUAL SALE, TEN MILLION BOXES



these Little Pills. They also relieve Dis tress from Dyspepsia, Inc digestion and Too Hearts Eating. A perfect remain edy for Dizziness, Nausea Drowsiness, Bad Taste in the Mouth, Coated congue, Pain in the Side ORPID LIVER. The regulate the Bowels. Purely Vegetable.

SMALL PILL, SMALL DOSE, SMALL PRICE





healthy germ-life and disagreeable odors,

which water, soap and tooth preparations

alone cannot do. A germicidai, disinfeeting and deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eves. throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or

by mail postpaid. Large Tria! Sample

THE PAXTON TOILET CO., Boston, Mass.



