

FOUR GIRLS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Read What They Say.



Miss Lillian Ross, 530 East 8th Street, New York, writes: "Lydia E. Pinkham's Vegetable Compound overcame irregularities, periodic suffering, and nervous headaches, after everything else had failed to help me, and I feel it a duty to let others know of it."

Katharine Craig, 2355 Lafayette St., Denver, Col., writes: "Thanks to Lydia E. Pinkham's Vegetable Compound I am well, after suffering for months from nervous prostration."

Miss Marie Stoltzman, of Laurel, Ia., writes: "I was in a run-down condition and suffered from suppression, indigestion, and poor circulation. Lydia E. Pinkham's Vegetable Compound made me well and strong."

Miss Ellen M. Olson, of 417 N. East St., Keokuk, Ill., says: "Lydia E. Pinkham's Vegetable Compound cured me of backache, side ache, and established my periods, after the best local doctors had failed to help me."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

Among the many rebuffs received by solicitors for charity funds, that described in the following story from the New York Tribune illustrates a gentle wit which must have pleased almost as much as a generous contribution:

A clergyman in a small Western town entered the office of the local paper, and said to the editor:

"I am soliciting aid for a gentleman of refinement and intelligence who is in dire need of a little ready money, but who is far too proud to make his sufferings known."

"Why," exclaimed the editor, pushing back his chair, "I'm the only man in the village who answers that description. What is the gentleman's name?"

"I regret," said the minister, "that I am not at liberty to disclose it."

"Why, it must be I," said the editor. "It is I! It is I, surely! Heaven prosper you, parson, in your good work!"

His Natural Bent.

Mrs. Chillon-Kearney—Your husband, it seems, is quite a rounder.

Mrs. Goodsole—A rounder? O, you mean his shoulders. Yes, poor dear Gregory just can't straighten up. He was always that way.

The oldest building in Wall street, New York, is the government assay office, immediately east of the treasury, yet it is only eighty-three years old, having been erected in 1823.

DROPPED COFFEE.

Doctor Gains 20 Pounds on Postum.

A physician of Wash., D. C., says of his coffee experience:

"For years I suffered with periodical headaches which grew more frequent until they became almost constant. So severe were they that sometimes I was almost frantic. I was sallow, constipated, irritable, sleepless; my memory was poor, I trembled and my thoughts were often confused."

"My wife, in her wisdom, believed coffee was responsible for these ills and urged me to drop it. I tried many times to do so, but was its slave."

"Finally Wife bought a package of Postum and persuaded me to try it, but she made it same as ordinary coffee and I was disgusted with the taste. (I make this emphatic because I fear many others have had the same experience.) She was distressed at her failure and we carefully read the directions, made it right, boiled it full 15 minutes after boiling commenced, and with good cream and sugar, I liked it—it invigorated and seemed to nourish me."

"That was about a year ago. Now I have no headaches, am not sallow, sleeplessness and irritability are gone, my brain clear and my hand steady. I have gained 20 lbs. and feel I am a new man."

"I do not hesitate to give Postum due credit. Of course dropping coffee was the main thing, but I had dropped it before, using chocolate, cocoa and other things to no purpose."

"Postum not only seemed to act as an invigorant, but as an article of nourishment, giving me the needed phosphates and albumens. This is no imaginary tale. It can be substantiated by my wife and her sister, who both changed to Postum and are hearty women of about 70."

"I write this for the information and encouragement of others, and with a feeling of gratitude to the inventor of Postum."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

FOR AND ABOUT WOMEN

TWO SUMMER SUITS.



Woman a Failure in Business.

"Woman has failed to 'make good' as a leader and thinker in the professions and in business. While many succeed in earning a very comfortable living for themselves, very few rise to the top in any of the many lines of activity which they have invaded in recent years. Very few are among physicians or lawyers of note. Few rise to be executive heads of colleges, editors, or directors of big business enterprises. They have had control of fortunes; they have had sway in kitchens; they have always taught; they have always acted; yet men are the great financiers, cooks, teachers, managers of theaters. In no profession are they equal to any of the leading men who stand at the head of various occupations and whose names are familiar to the public."

This is the sweeping arraignment brought against woman in business and professional life by one of her own class, Mary O'Connor Newell, in Appleton's Magazine. She quotes with approval the statement of a well-known man that there are three kinds of women in business—the kind that marry, the discontented kind, and the desexed kind—and that only the latter are successful.

The confession is made that even the women who seem to be most successful in professional occupations usually regard themselves as failures, whether they will admit it or not. By the time they have reached the point where they are able to accomplish important results they feel keenly the lack of family ties and home surroundings, and the more womanly they are the more strongly does this lack make itself felt. This is the explanation given of why so many young business women for whom brilliant careers are predicted abandon their chosen occupation for marriage.

Voice of Good Digestion.

"To look young and keep your beauty you must have a good digestion," says a beauty culturist. "We feed our patrons upon herbs; we give them greens and we advise them to take acid fruits. When a Gypsy woman gets out of sorts she lives upon dandelion greens; she mixes sweet herbs; she doctors herself with the fruits of the earth and she recovers."

"Outdoor life is everything for the woman who wants to keep young."

"Her walk gives away the woman who does not want people to know how old she is. Usually she loses her elasticity. And she takes to high heels and a stilted walk. Wear conventional clothing and be elastic in your gait; in that way you will look younger."

"I advise women generally to join a dancing class. By taking the steps one can keep up one's elasticity winter and summer. I have a class of four women who come three times a week to learn the Gypsy fandangoes and the Spanish dances. They find that they breathe better, feel better and are more healthy generally from this exercise."

Dress for Little Girl.



White pique or linen is very desirable for a child's frock, such as is shown in the sketch, as such fabrics are especially practical for tub frocks. Baby Irish insertion and edge are used for the trimming, with a narrow Irish beading edge as a finish about the neck and open sleeves. The design would also be practical for chambrays and gingham or colored linens, trimmed with embroidery.

A Girl's Room.

A girl's room can be furnished throughout with white furniture, white walls and white woodwork. But the artists at work on such lovely rooms do not leave the room in all white, for bright red is suggested for cushions, carpets and ceiling borders. Then cerise is used for decorative scheme and often lavender or various shades of green. The last-mentioned color is fresh and beautiful for a summer room and one can easily grasp an idea of its comfortable appearance.

Opposes Woman in Politics.

Mrs. W. H. Taft opposes women entering politics. In an interview she said:

"As the wife of Mr. Taft I would interest myself in anything that vitally affected him or in which he was absorbed. I do not believe in a woman meddling in politics or in asserting herself along those lines, but I think any

woman can discuss with her husband topics of national interest, and in many instances she might give her opinion of questions with which, through study and contact, she has become familiar."

"Are you a clubwoman?"

"Yes, just as Mr. Taft is a clubman. We are both honorary members of several clubs, but we are seldom at any clubs. It is not because I do not believe in clubs. I do believe in them, but I have my social and home affairs to attend to and don't particularly feel the need of club life."

"Do you believe in a business life for a woman?"

"Not if a woman wants to have happiness and fulfill her greatest usefulness in this world. A happy marriage is the most complete and useful life for any woman. To be the mother of sweet, healthy children is a heritage that is greater than being—than being—"

"Yes, than being the mistress of the White House," she said.

Starching.

Have collars and shirts quite damp, as the starch gets into them better, and use the starch while quite hot. Dip and thoroughly squeeze the breast and collar of the shirt in the starch and wring out; do the same to the cuffs; clap the starched parts and hang up to get dry; afterwards sprinkle with water till damp; roll up for a few hours, then iron.

Embroidery or trimming on under linen is sometimes dipped in very thin starch. It irons better and will keep smooth and uncreased longer if slightly stiffened.

A cupful of stiff boiled starch added to every two gallons of the bluing water for under linen gives it a nice smoothness and gloss without stiffening perceptibly.

Lace Curtains.

Lace curtains must on no account be ironed. In the country they may be stretched on the grass, pinning out every point; in the town a sheet spread on the carpet will be found more suitable.

Dwellers in flats who find it difficult to dry such large articles, will be glad to know that if the curtains are hung up wet at an open window over night they will be dry next morning and hang more gracefully than if dried in the usual way. Take them down next morning, fold lengthwise and pass through the mangle.

Feathers may be washed by placing them in linen bags. Dip and squeeze these in soapsuds, rinse in clean water and dry in sieves in an empty room, turning the feathers frequently to prevent them sticking together.

Slipping Shoes.

Is there any woman who has not suffered with half shoes and pumps that slip up and down on the heel? In summer the streets seem to be crowded with humanity with painful expressions on their faces, treading as though terra firma were a much more fragile substance than it is. A relief, however, has at last been discovered by some wise person whom necessity transformed into an inventor.

Paste a piece of velvet inside the heel of the shoe, of course, with the side of the nap toward the foot, and this will effectually prevent any slipping or rubbing. It is very easy to do, costs but a very few cents and any good liquid glue may be used, so that at last an effectual and easy preventive for slipping heels has been found.

For Sunburn.

The brown or sunburn may be removed by the following lotion, which will restore the skin to its natural color: Bichlorate of mercury in coarse

powder, 8 grains; witch-hazel, 2 ounces; rose water, 2 ounces. Agitate until a solution is obtained. Mop over the affected parts. Keep the preparation out of the way of ignorant persons and children.

Very often when one has a cold, the eyes feel hot and are red and inflamed. The best way to effect a cure is to bathe the eyes frequently with a solution of boracic acid and water. If the eyes do not feel improved after your cold disappears, it would be well to consult an oculist.

Chic Coiffure.



A pretty way to wear your hair for summer dances.

Renewing Oilcloth.

When oilcloth has been laid for a few months and is beginning to lose its shiny surface it can be renewed and made to last twice as long. Melt a little ordinary glue in a pint of water, letting it stand on the top of the oven until it is dissolved. Wash the oilcloth thoroughly and let it dry. Then at night, when no one will walk on it, go over the entire surface carefully with a flannel dipped into the glue water. Choose a dry day for doing it, and by morning you will have a fine gloss.

Irons Easter.

To lessen materially the difficulty of ironing shirt-waist sleeves, open the sleeve from shoulder to wrist after joining the under-arm seam, hem the raw edges, finish the forward lap with lace and join the sleeve again with buttonholes and tiny flat pearl buttons. The result is not only practical, enabling one to iron a shirt-waist in about half the time it usually takes, but extremely pretty.

To Prevent Chilblains.

Take a piece of alum about the size of a nut and melt it in enough hot water to cover the hands. When the alum has quite dissolved, soak your hands in the liquid for a quarter of an hour. Wipe the hands dry, then rub thoroughly with a piece of common new flannel kept for the purpose. Wearing loose gloves at night and as much as you can during the day is a great protection for the hands.—Housekeeper.

Ice for Sickroom.

When ice is broken in small pieces, ready for use in the sickroom, it melts rapidly. Keep a large piece in a basin or pail and cover with several thicknesses of newspaper and break off the pieces as needed. They can be broken any size desired and with little noise, simply by sticking the point of a darning needle into the ice and tapping it with a thimble.

TOLSTOI STINGS CZAR AS CIVILIZATION'S FOE

Scathing Arraignment of Government by Execution is Published.

THE EVIL SPREADS DEPRAVITY.

Reformer Says Crimes in Name of Law Are More Awful than Revolutionists' Acts.

Count Leo Tolstoi, in a long article published in London, indicts, with his old vivid literary skill, the present system of "government by execution" in Russia, the article concluding with a noble appeal to the better nature of his countrymen.

During the course of the article the Count writes:

"I can no longer endure it. I write this either that those inhuman deeds may be stopped or that my connection with them may be snapped and I be put in prison, where I may be clearly conscious that these horrors are not committed on my own behalf, or, still better (so good that I dare not even dream of such happiness), that they may put on me as on those twenty or twelve peasants a shroud and a cap and may push me also off a bench so



COUNT TOLSTOI.

that by my own weight I may tighten the well soaped noose around my old throat."

Tolstoi, instancing the shocking spread of greed to obtain money by executing condemned prisoners, says: "Awful as are the deeds themselves, the moral and spiritual unseen evil they produce is incomparably more terrible."

With regard to the government's contention that there is no other way to suppress the revolutionists, Count Tolstoi, while admitting that the revolutionists' crimes are stupid and reprehensible in the highest degree, accuses the government of doing the same thing for the same motive, and adds:

"All the revolutionists' bombing and murders do not come anywhere near the criminality and stupidity of the deeds the government commits."



"Iron Man" Joe McGinnity, hero of many a "pitching battle for the Giants, will pitch no more games for New York.

Boston leads the American League batting with .275, and the White Sox are last with .220. The Sox lead in fielding with .970.

Denver authorities have made good their threat to arrest all bookmakers attempting to lay bets at the Overland Park races.

Dode Criss leads the American League in batting with an average of .412, but he has only appeared as a pinch hitter in fifteen games.

Princeton won the intercollegiate baseball championship by defeating Yale in a sharply contested eleven-inning game by a score of 4 to 2.

W. P. Dray, of Yale University, champion pole vaulter of the world, has refused a place on the American team to compete in the Olympic games in London.

By the death of Admiral Dewey, 2:04%, and Todd, 2:14%, both sons of Ringen, 2:06%, the trotting horse breeders have sustained a loss that will be a severe shock to the advancement of futurity prospects.

New York bookies see a ray of hope in the admission of the assistant district attorney that a bettor cannot be arrested until he attempts to cash in, and that the new law would be difficult to enforce with the English credit system of betting in vogue.

Tommy Burns, of America, and Bill Squires, of Australia, are to meet for the third time, regardless of the fact that Burns knocked out Squires in the eighth round at Nonilly, France.

Pinkola won the twenty-second renewal of the Lantonia Derby by a length from Czar, with Orondo, a long shot, third. Strung out over a sixteenth of a mile came the balance of the field.

Cheered by more than 25,000 persons, Celt won the twenty-second running of the Brooklyn handicap, one of the classic events of the American turf, at the Gravesend race track. He did it easily.

THE PUBLIC LIFE

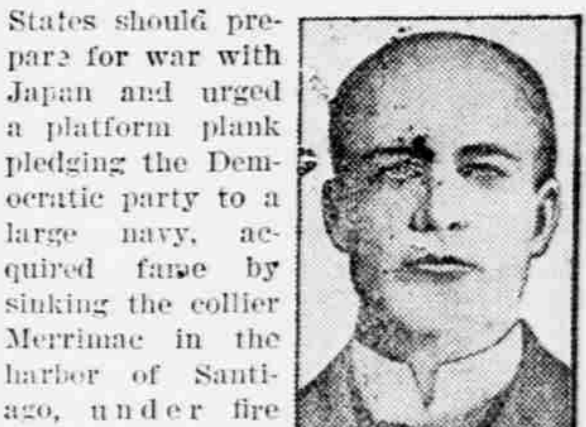
"Uncle Remus" is dead. The news will bring tears to many eyes, for a generation of children has been raised on his stories and the fathers and mothers of the time have loved him only less than the children. Joel Chandler Harris, who died at "Snap Bean Farm," his home, near Atlanta, was widely known as the author of the "Uncle Remus" stories. His first negro dialect tales were published in the Atlanta Constitution, of which newspaper he was an editor twenty-five years. Mr. Harris was born at Eatonton, Ga., Dec. 8, 1848, and served an apprenticeship to the printing trade before he became a writer. He published a number of books of the "Uncle Remus" sort. The creator of "Uncle Remus" was a gentle spirit, with a fine modesty and a breezy, wholesome humor, with many a quiet laugh and never a barb or a sting. He has enriched literature and left a legacy to childhood.



JOEL CHANDLER HARRIS.

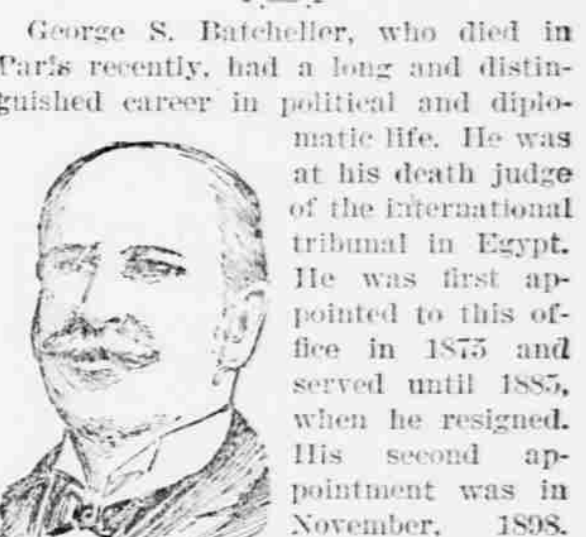
Richmond Pearson Hobson, who told the committee on resolutions of the Denver convention that the United States should prepare for war with Japan and urged a platform plank pledging the Democratic party to a large navy, acquired fame by sinking the collier Merrimac in the harbor of Santiago, under fire from Spanish guns, in 1898. He was a constructor, and in 1896 and 1900 was on duty in the Philippines and China. In 1903 he resigned from the navy to become a lecturer and writer, and in 1906 was elected a member of Congress from Alabama, his native State. He was born in 1870 and was graduated from the Annapolis Naval Academy in 1889.

George S. Batcheller, who died in Paris recently, had a long and distinguished career in political and diplomatic life. He was at his death judge of the international tribunal in Egypt. He was first appointed to this office in 1875 and served until 1885, when he resigned. His second appointment was in November, 1898. Judge Batcheller was 70 years old, a native of Saratoga County, New York, and a graduate of Harvard Law School. He was several times a member of the New York Legislature, an officer in the civil war, First Assistant Secretary of the Treasury, Minister to Portugal, diplomatic representative in Paris and president of the Universal Postal Congress.



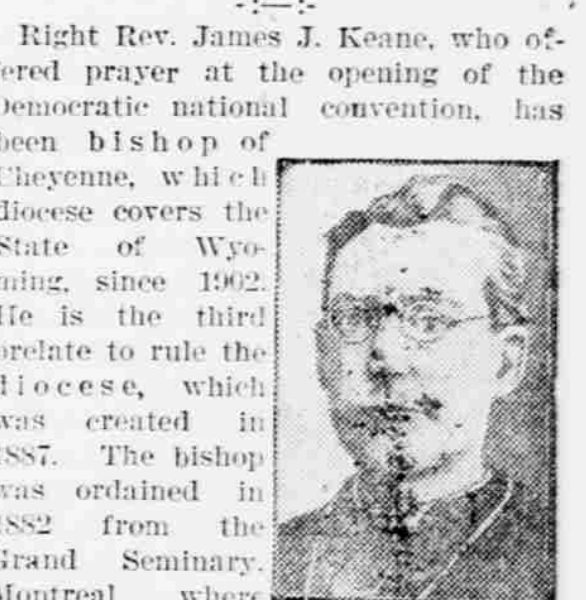
G. S. BATCHELLER.

Right Rev. James J. Keane, who offered prayer at the opening of the Democratic national convention, has been bishop of Cheyenne, which diocese covers the State of Wyoming, since 1902. He is the third prelate to rule the diocese, which was created in 1887. The bishop was ordained in 1882 from the Grand Seminary, Montreal, where he received his theological instruction, and early in his career took charge of St. Mary's and St. Joseph's churches in St. Paul. Later he became president of St. Thomas' College at Hamline, Minn.



BISHOP KEANE.

Murat Halstead, leader in American journalism, died at his home in Cincinnati recently. Mr. Halstead, who was in his seventy-ninth year, had gained fame as newspaper and magazine writer and historian during his half century of work. He was best known for his work as correspondent during the Civil, Franco-German, and Spanish-American wars.



MURAT HALSTEAD.

Dr. David J. Hill, the new American ambassador to Germany, was received by Emperor William at Berlin, with every evidence of cordiality. The reception was unprecedented in being arranged only two days after Hill's arrival, whereas custom makes the period more than a week for new ambassadors.

The English suffragettes are losing strength. Their recent attacks on Parliament have been as nothing compared to those made earlier in the year, and their ranks are rapidly diminishing.