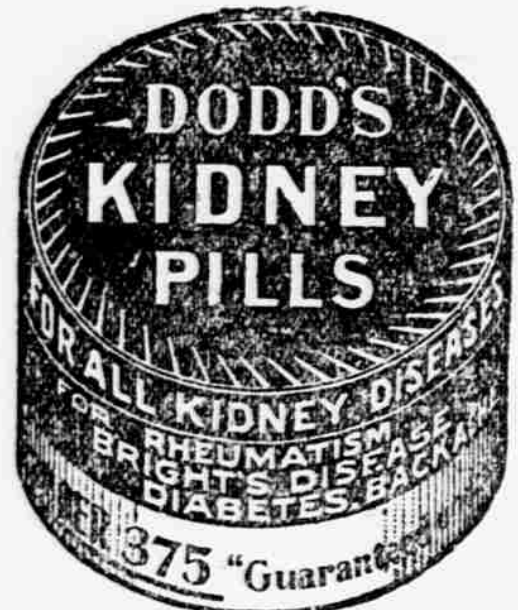


Strange Fog Signal.
When fogs prevail in Boston harbor, the attention of passengers on the Nantasket Beach line of steamers is attracted by a faint metallic sound which might be mistaken for the sound of a bell. But it is not the clanging of a bell which the passengers hear. Suddenly through the mist there appears ahead, like a specter, a large tripod, from the apex of which is suspended a big steel triangle. It is this which causes the strange sound and signals vessels as to how to guide their course through the difficult channel of the fog.



An Object Lesson in Cleanliness.
To impress upon his youthful mind the importance of guarding against infections the medical student at the laboratory is given this object lesson: Two test tubes nearly filled with a clear meat broth and then closed at the top with a cotton plug are given to him, with directions to wash his hands with soap and water and clean his nails with a brush as thoroughly as he can for some ten minutes. After he thinks that his hands have become altogether clean he removes the plug from one of the test tubes and barely touches with a finger tip its contained broth, after which he restores the cotton plug and puts both tubes away on a shelf for twenty-four hours. What he will see then is that the broth in the test tube which received his supposedly pure touch is turbid from the presence of millions of microbes, while the other tube remains perfectly clear. —Everybody's Magazine.

When the herring fishery season is at its height something like 5,000 or 6,000 miles of nets are set nightly in the North Sea.

WHAT CAUSES HEADACHE.
From October to May, colds are the most frequent cause of headache. LAXATIVE-BROMO QUININE removes cause. E. W. Grove on box 25c.

Dog Pets in Hotels.
"The one thing we have more trouble with than anything else," said the manager of one of the large hotels in upper Broadway, "is the fact that women insist on smuggling their pet dogs to their rooms. We have no objection to dogs as dogs. If the animal is not too large or to fierce our guests may take them to their rooms during the day and may even feed them there. But we draw the line at having dogs in the bedrooms at night. Any woman with a pet dog can have the beast cared for by the porter at night, and we have specially constructed kennels for all kinds of dogs, and we give them the best of care. But owners of pets seem to think that no one save themselves understands Fido or Gyp. The women seem to think that if doggie will not sleep well. So women try to smuggle their pets to their rooms under their cloaks or by back ways or even bribe one of the porters to take it to their room, believing that we will not hear anything about it.

"As a matter of fact, the first thing the porter does after getting his tip is to tip me, and a couple of hours later the woman is called upon by a clerk, who tells her dogs cannot stay in the bedrooms all night." —New York Press.

The Salvation Army is established in fifty-two countries and colonies, and preaches the gospel in thirty-one languages.

HAPPY OLD AGE
Most Likely to Follow Proper Eating.

As old age advances, we require less food to replace waste, and food that will not overtax the digestive organs, while supplying true nourishment.

Such an ideal food is found in Grape-Nuts, made of whole wheat and barley by long baking and action of diastase in the barley which changes the starch into sugar.

The phosphates also, placed up under the bran-coat of the wheat, are included in Grape-Nuts, but left out of white flour. They are necessary to the building of brain and nerve cells.

"I have used Grape-Nuts," writes an Iowa man, "for 8 years and feel as good and am stronger than I was ten years ago. I am over 74 years old and attend to my business every day.

"Among my customers I meet a man every day who is 92 years old and attributes his good health to the use of Grape-Nuts and Postum which he has used for the last 5 years. He mixes Grape-Nuts with Postum and says they go fine together.

"For many years before I began to eat Grape-Nuts I could not say that I enjoyed life or knew what it was to be able to say 'I am well.' I suffered greatly with constipation, now my habits are as regular as ever in my life.

"Whenever I make extra effort I depend on Grape-Nuts food and it just fills the bill. I can think and write a great deal easier."

"There's a Reason." Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville" in pages.

WORK OF CONGRESS

Senator Bacon of Georgia in the Senate Friday spoke of executive encroachments on the legislative power of the government and read freely from newspaper reports to show that legislation is being napped out in the White House at conferences at which Congressmen are not even present. The bill providing for the shipment of material intended for the Panama canal in American ships was passed. Senator Simmons of North Carolina spoke in favor of the ocean mail shipping bill. Carrying the largest appropriation in all its history—\$222,190,392—the postoffice appropriation bill the same day passed the House. This is \$1,425,000 more than was reported by the committee. Chairman Overstreet opposed the proposition to increase the pay of letter carriers, but that action was confirmed, 136 to 123. The appropriation for the rural delivery service was increased \$200,000.

The Senate was not in session Saturday. Members of the House were afforded an opportunity, under license of general debate, to express their views on topics of the day. Among other subjects, the recent financial panic, the tariff and the Sherman anti-trust law were discussed while the pension appropriation bill technically was under consideration. Among the speakers were Mr. Hamlin of Missouri, who placed on the shoulders of the Republicans the responsibility for the recent panic; Mr. Langley of Kentucky, who wanted pensions granted certain persons in Kentucky who aided in suppressing the rebellion; and Mr. Hughes of New Jersey, who desired the Sherman anti-trust law amended so as to work less hardship on labor organizations.

Under the guise of discussing legislation the session of the Senate Monday was devoted to a political discussion, in which Senator Tillman of South Carolina and Senator Beveridge of Indiana were the chief participants. The conference report on the Indian appropriation bill was disagreed to and another conference asked. The House bill appropriating \$403,030 to pay the archbishop of Manila, as representative of the Roman Catholic Church, for damage to church property during the Spanish war, was passed. The session of the House was devoted to the consideration of bills under suspension of the rules. A number were passed, including one providing for the restoration of the motto, "In God We Trust," on American coins, and another increasing the efficiency of the medical department of the army. Other bills passed were the following: Granting to local steamboat inspectors authority to pass upon the fitness of officers and crews of steam vessels; recognizing the consular service and amending the game laws of Alaska so as to substitute the license system for the present permit system.

After speaking for two and a half hours in the Senate Tuesday on the pending currency bill, Senator La Follette asked permission to suspend his remarks and conclude Wednesday. Senator Aldrich reported from the committee on finance amendments to the bill exempting railroad bonds from the classes of bonds to be used to secure emergency currency, limiting the retirement of such currency and providing that such issues should be permitted up to the par value of bonds used to secure them. Praise of President Roosevelt, Secretary Taft and William J. Bryan was heard in the House during general debate on the pension appropriation bill.

After a ten-minute session the Senate Wednesday morning adjourned out of respect to the memory of the late Senator Whyte of Maryland. General debate on the pension appropriation bill continued for over four hours in the House. The subjects discussed took a wide range, politics, finance, the trusts and the President's last special message all receiving attention. Mr. Mosser of Ohio predicted the election of Secretary Taft for President, while Mr. Hull of Tennessee in an arraignment of the Republican party appeared equally confident that William J. Bryan would be the successful candidate. At 4:24 p. m. the House adjourned out of respect to the memory of the late Senator Whyte.

Continuing his speech begun in the Senate last Tuesday, Senator La Follette of Wisconsin Thursday devoted considerable time to discussing a proposition for the physical valuation of railroads. The Senate devoted part of the day to the consideration of the omnibus claims bill, and then referred it back to committee for further consideration. After several hours of spirited discussion over the proposition to abolish seventeen of the eighteen United States pension agencies, and consolidate pension disbursements in Washington, the House passed the pension appropriation bill, carrying \$150,869,000, the largest sum ever authorized by that measure. In the course of the debate Mr. Fitzgerald of New York accused the President of using federal patronage to further the candidacy of Secretary Taft. Messrs. Harrison of New York and Williams of Mississippi criticized the President for having, as they stated, exceeded his constitutional authority in making laws for the Panama canal zone by executive order.

NATIONAL CAPITOL NOTES.
President Roosevelt declined an invitation to speak at Galesburg, Ill., Oct. 7, when the fiftieth anniversary of the Lincoln-Douglas debate will be celebrated. The President has decided to make no speeches next fall.

A special committee to consider bills for the establishment of a postal savings bank system was appointed by the committee on postoffice and post roads in the Senate. The committee is composed of Senators Carter, Proctor, Burrows, Clay and Bankhead.

Syrup of Figs and Elixir of Senna

Cleanses the System Effectually; Disperses Colds and Headaches due to Constipation; Acts naturally, acts truly as a Laxative.

Best for Men, Women and Children—Young and Old. To get its Beneficial Effects Always buy the Genuine which has the full name of the Company

CALIFORNIA FIG SYRUP CO.
by whom it is manufactured, printed on the front of every package.
SOLD BY ALL LEADING DRUGGISTS.
one size only, regular price 50¢ per bottle.

The swiftest river in the world is the Sutlej, of British India, which in 180 miles has a descent of 12,000 feet.

In a Pinch, Use Allen's Foot-Ease.
A powder to shake into your shoes. It rests the feet. Cures Corns, Bunions, Swollen Sore, Hot, Chafed, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all Druggists and Shoe Stores, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

In 1812 people died of the plague at Constantinople at the rate of over 11,000 a week. In all, 144,000 perished.

FIFTEEN YEARS OF ECZEMA.

Terrible Itching Prevented Sleep—Hands, Arms and Legs Affected—Cuticura Cured in 6 Days.

"I had eczema nearly fifteen years. The affected parts were my hands, arms and legs. They were the worst in the winter time, and were always itchy, and I could not keep from scratching them. I had to keep both hands bandaged all the time, and at night I would have to scratch through the bandages as the itching was so severe, and at times I would have to tear everything off my hands to scratch the skin. I could not rest or sleep. I had several physicians treat me but they could not give me a permanent cure nor even could they stop the itching. After using the Cuticura Soap, one box of Cuticura Ointment and two bottles of Cuticura Resolvent for about six days the itching had ceased, and now the sores have disappeared, and I never felt better in my life than I do now. Edward Worrell, Band 30th U. S. Infantry, Fort Crook, Nebraska."

Of the world's population there are 64 to the million who are blind.

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Jewelry. Clocks, Watches, Chains, Rings, Fobs, Brooches, Barrettes, Slide Combs, Bracelets, Neck Chains, etc.

Silverware. Tea Sets, Coffee Sets, Mugs, Desk Sets, Inkstands, Cake Dishes, Candlesticks, Ice Pitchers, Salt and Pepper, Napkin Rings, Jewel Boxes, Knives, Forks and Spoons, Cigar and Cigarette Cases, Puff Boxes, Comb and Brush Sets, Manicure Sets.

Glassware. Napkins, Vases, Spoon Holders, Cutlery and Salad Bowls, Bon Bon Dishes, Punch Sets, Tumblers, Goblets.

Games. Guns, Pistols, Air Rifles, Fishing Tackle, Boxing Gloves, Tool Chests, Base Ball and Foot Ball Goods, Cameras, Photographs, Banjos, Guitars, Books.

Furniture. Rugs, Lace Curtains, Cutlery, Lamps, Baby Carriages, Beds.

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WESTERN CANADA CROPS CAN NOT BE CHECKED.

Oats Yielded 90 Bushels to the Acre. The following letter, written the Dominion Government Commissioner of Emigration, speaks for itself. It proves the story of the agents of the government that on the free homesteads offered by the government it is possible to become comfortably well off in a few years: Commissioner of Immigration, Winnipeg:

Dear Sir—It is with pleasure that I reply to your request. Some years ago I took up a homestead for myself and also one for my son. The half section which we own is situated between Rouleau and Drinkwater, adjoining the Moose Jaw Creek; is a low level and heavy land. We put in 70 acres of wheat in stubble, which went 20 bushels to the acre, and 30 acres of summer fallow, which went 25 bushels to the acre. All the wheat we harvested this year is No. 1 hard. That means the best wheat that can be raised on the earth. We did not sell any wheat yet, as we intend to keep one part for our own seed, and sell the other part to people who want first-class seed, for there is no doubt if you sow good wheat you will harvest good wheat. We also threshed 9,000 bushels of first-class oats out of 160 acres. Eighty acres has been fall plowing, which yielded 90 bushels per acre, and 80 acres stubble, which went 30 bushels to the acre. These oats are the best kind that can be raised. We have shipped three car loads of them, and got 53 cents per bushel clear. All our grain was cut in the last week of the month of August before any frost could touch it.

Notwithstanding the fact that we have had a late spring, and that the weather conditions this year were very adverse and unfavorable, we will make more money out of our crop this year than last.

For myself I feel compelled to say that Western Canada crops cannot be checked, even by unusual conditions.

I am, dear sir, yours truly,
(Signed) A. KALTENBRUNNER.

Problematical.
"How much can you hold, anyhow?" asked the woman, in amazement, as she handed him his third plateful. "I don't know, mum," said Eaton Joggan, resuming operations. "I haven't been tested up to my full capacity yet."

PILES CURED IN 6 TO 14 DAYS.
PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded, 50c.

Chancellor Von Buelow vigorously defends the Emperor of Germany from charges that he is ruled by a secret camorra; says army will be purified.

Garfield Tea—a simple and satisfactory laxative! Composed of Herbs, it regulates liver and kidneys, overcomes constipation and brings Good Health.

The highest point at which man can live without his health being seriously affected is 16,500 feet.

WE PAY HIGH PRICES FOR FURS and hides, or tan them for robes, rugs or coats. N.W. Hyde & Fur Co., Minneapolis.

Over 70 per cent of the natives of India till the land; hence the population is scattered, and their power of co-operation is greatly lessened.

Billion Dollar Grass.

Most remarkable grass of the century. Good for three mowing crops annually. One Iowa farmer on 100 acres sold \$3,900.00 worth of seed and had 300 tons of hay besides. It is immense. Do try it.

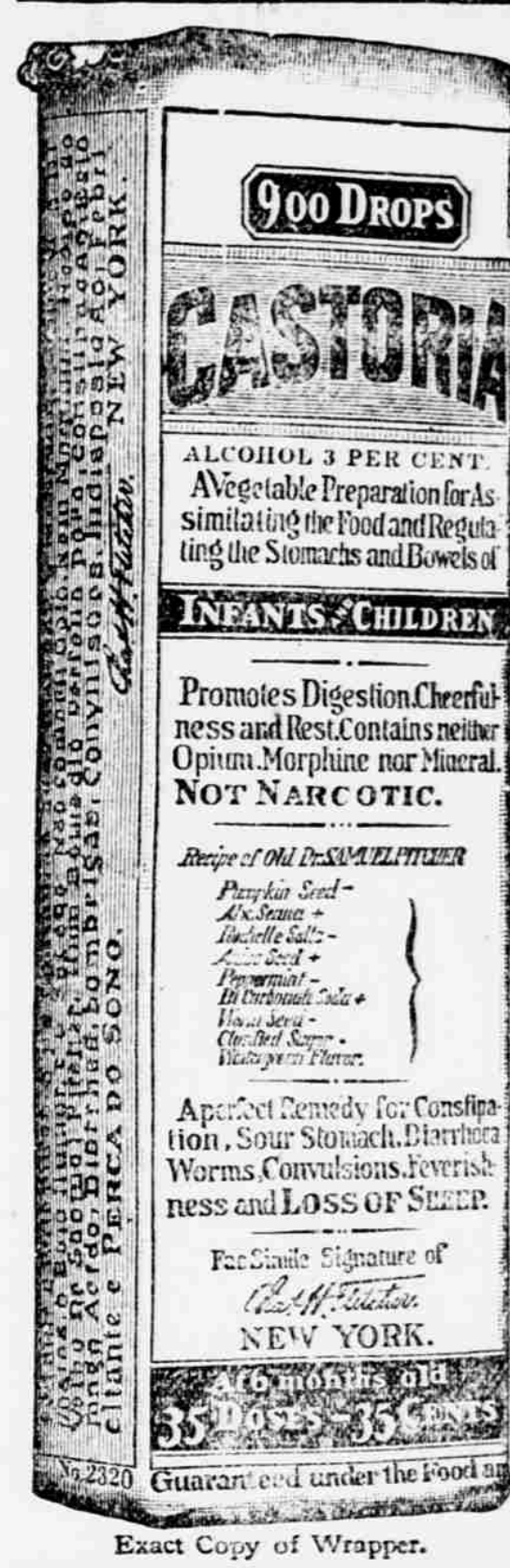
FOR 10¢ AND THIS NOTICE send to the John A. Salzer Seed Co., La Crosse, Wis., to pay postage, etc., and they will mail you the only original seed catalog published in America, with samples of Billion Dollar Grass, Macaroni Wheat, the sly miller mixer, Sainfoin, the dry soil luxuriator, Victoria Rape, the King Barley yielding 173 bu. per acre, etc., etc.

And if you send 14c we will add a package of new farm seed never before seen by you. John A. Salzer Seed Co., La Crosse, Wis. C. N. U.

What It Is For.
Wife—Must you go to the club to-night, dear?
Husband—It isn't absolutely necessary, but I need the rest.—Life.

S. C. N. U. - No. 13—1908.

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Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois



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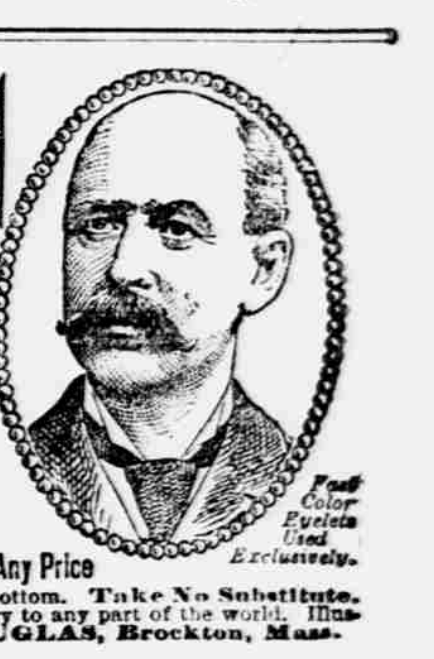
Phew! Salts and Castor Oil!

Why take sickening salts or repulsive castor oil? "Goes through you like a dose of salts" means violence, grips, gripes, gases, soreness, irritation, and leaves your stomach and bowels weak and burnt out. Might just as well take concentrated lye. Then there's castor oil, disgusting, nauseating truck that your stomach refuses unless you disguise the taste. Fool your own stomach, eh? Don't ever believe that anything offensive to your taste or smell is going to do you real good. Nature makes certain things repulsive, so you will not take them. Force yourself to nauseous doses, and you ruin your digestion, weaken your bowels, destroy your health. On the other hand see what a delightful, palatable, perfect modern laxative, liver regulator and bowel tonic you find in



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