

NATURE AND A WOMAN'S WORK



LYDIA E. PINKHAM

Nature and a woman's work combined have produced the grandest remedy for woman's ills that the world has ever known.

In the good old-fashioned days of our grandmothers they relied upon the roots and herbs of the field to cure disease and mitigate suffering. The Indians on our Western Plains to-day can produce roots and herbs for every ailment, and cure diseases that baffle the most skilled physicians who have spent years in the study of drugs.

From the roots and herbs of the field Lydia E. Pinkham more than thirty years ago gave to the women of the world a remedy for their peculiar ills, more potent and efficacious than any combination of drugs.

Lydia E. Pinkham's Vegetable Compound is now recognized as the standard remedy for woman's ills.

Mrs. Bertha Muff, of 515 N.C. St., Louisiana, Mo., writes:

"Complete restoration to health means so much to me that for the sake of other suffering women I am willing to make my troubles public."

"For twelve years I had been suffering with the worst forms of female ills. During that time I had eleven different physicians without help. No tongue can tell what I suffered, and at times I could hardly walk. About two years ago I wrote Mrs. Pinkham for advice. I followed it, and can truly say that Lydia E. Pinkham's Vegetable Compound and Mrs. Pinkham's advice restored health and strength. It is worth mountains of gold to suffering women."

What Lydia E. Pinkham's Vegetable Compound did for Mrs. Muff, it will do for other suffering women.

One He Knew.

"Let me see," said Asena, "there's a sort of gem called 'bloodstone' isn't there?"

"Give it up," replied Dunn, the bill collector, "but I often hear of the stone you can't get any blood out of."—Philadelphia Press.

WE SELL GUNS AND TRAPS CHEAP! by for- and rifles, or for fun for rules and rules. N. W. HIDE and FUR CO., Minneapolis.

A Melancholy Reflection.

"There is too much water in our affairs," said the financier.

"That's right," said the naval man.

"There was a time when you could be in sympathy with governmental authority by simply being a good fisherman. Now you've got to learn to swim."—Washington Star.



Deitrich, of the Illinois Experiment Station. The pigs used in the test were sold on the Chicago market. There were sixty-five here in the entire lot, forty-nine of which had been used in the above-mentioned feeding test. They sold at \$8.25.

This is the fifth experiment in a series which Prof. Deitrich is conducting with the aim of establishing a new feeding standard. These pigs were fed corn meal, middlings and tankage, with clover hay. The pigs were weaned at 2 months old, when the feeding began, and continued for six months, making them 8 months old when sold. In this test when the pigs were weaned, instead of feeding them corn meal, they were given shelled corn in their slop. They were fed this way for three weeks, but didn't do so well, so the shelled corn was dropped and the corn meal added. Prof. Deitrich says they lost from eighty to ninety pounds' gain by giving shelled corn. They did not masticate it thoroughly and it hurt their digestion. He says it showed that corn meal was necessary to the ration to dilute the middlings and tankage and more equally distribute the protein. Otherwise they did not all get an equal share, some eating more than others.

In previous tests pigs have been made to average 250 pounds at 8 months, as compared with 177 pounds of the present one, which shows the effect of feeding shelled corn.

Mushroom Effect on Plants.

The author of a New York Cornell station bulletin carried on an investigation to determine whether the substance of various fleshy fungi could be used as food to any extent by green plants in either an undecomposed condition or when partly or completely decomposed by bacteria or fungi.

In the spring of 1905 some preliminary experiments were conducted with the common mushroom (*Agaricus campestris*) as a source of plant food for corn, beans, peas and buckwheat. In the winter and spring of 1906 these experiments were repeated with better control. The plants were grown in quartz sand, and the mushroom material was used fresh in an unfertilized condition in some of the pots, while in others it was fermented. Wheat, buckwheat, corn, sunflower and radishes were planted in the different pots. It was found that the stronger-fermented substance produced the richest color and tallest plants, followed by the weaker strength of fermented material, while the check plants were the smallest and poorest in color. An examination of photographs taken of the growing plants showed a constancy in the curve of growth for the different kinds of plants corresponding to the nature of the material supplied.

Experiments were also carried on with pure cultures with agar-agar as a substratum, and the results were in the main comparable with those described above.

The author states, in conclusion, that the experiments show that a portion of the substance of the common mushroom, and probably of all the Basidiomycetes, may become available as food for autotrophic green plants, and that the decomposition products of heterotrophic plants form a nearly perfect food for autotrophic ones.

Curing Bacon

In a paper read before the Farmers' Congress at Hillsboro, Ore., William Schumacher described his method of curing bacon. He said: "First, have the meat thoroughly cooled all through. Split the hog through the center of the backbone. The half is laid on the table and the leaf lard taken out. No ax or cleaver should be used after splitting the hog in halves. Have a butcher's steel to keep the knives sharp and a good, sharp meat saw to cut the bones. Cut off the ham by sawing through the backbone 3 inches from the end of the pelvic bone. Then take the knife and cut straight across the side.

"Cut the flank off the ham; round off the tip, or backbone, of the ham; saw off the leg close above the back. Next cut out the ribs and backbone; then cut off the side as close to the shoulder blade as possible. Cut off a strip of fat on top and bottom of side. Round off the top of shoulder close to the shoulder blade. Cut off strips of clean meat on inside of shoulder. Take out jawbone of jaw and make bacon of same. Make frying sausage of all lean meat trimmings; make head-cheese or liver sausage of upper head."

Mr. Schumacher said his method of curing meats in sides is to pile up in dry salt for twenty-one days. Hams and shoulders are placed on standing boards in dry salt for one week, then taken up, thoroughly washed in warm water, and again placed in barrels or tanks for two weeks, covered with brine. The meat is then taken up and washed in hot water and hung in the smokehouse and smoked continually for two or three days. Stop smoking when meat is a nice brown color. If the meat is to be kept over summer, place it in large paper bags, such as are used by hardware dealers. Tie or seal them in these bags and put them in gunny sacks in a dry, well-ventilated place, hanging them up, of course. A cellar is not the proper place for this, for the meat will mold. The paper bags are to keep out the flies and bacon moths, which are quite troublesome.

Big Feeding Test.

That pigs must be accustomed to eating shelled corn before they will do well on it was proven in an experiment just concluded by Prof. William

Not Quite Clear.

A well-known clergyman of Boston once was talking to some friends with reference to the desirability of chronological coherence in ideas, in the form of written statement, when he observed that there are times when this method becomes a trifle too suggestive.

"For instance," said the speaker, "I once heard a minister in New Hampshire make his usual Sunday morning announcements as follows:

"The funeral of the late and much lamented sexton takes place on Wednesday afternoon at 3 o'clock."

"Thanksgiving services will be held in this chapel on Thursday morning at 11 o'clock."—Lippincott's Magazine.

REASON FOR WOMEN'S "NERVES."

In Very Many Cases It Is Weakened Kidneys.

Mrs. Frank Roseboom, 512 South Washington street, Moscow, Idaho, says: "Inherited kidney trouble grew steadily worse with me until so nervous I could not sleep at night. I was dizzy and spots floated before my eyes. My back and hips ached and every cold settled on my kidneys and made me worse."

I have used many different medicines and was discouraged when I began with Doan's Kidney Pills, but now the symptoms that alarmed me are gone."

Sold by all dealers, 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The telephone has not reached the point of a domestic convenience in France. It is but little used by the public generally.

SCALY ERUPTION ON BODY.

Doctors and Remedies Fruitlessly—Suffered 10 Years—Completely Cured by Cuticura.

"Small sores appeared on each of my lower limbs and shortly afterwards they became so sore that I could scarcely walk. The sores began to heal, but small scaly eruptions appeared. The itching was so severe that I would scratch the sores until the blood began to flow. After I suffered thus about ten years I made a renewed effort to effect a cure. The eruptions by this time had appeared on every part of my body except my face and hands. The best doctor in my native county and many remedies gave no relief. All this was fruitless. Finally my hair began to fall out and I was rapidly becoming bald. A few months after, having used almost everything else, I thought I would try Cuticura Ointment and Cuticura Soap. After using three boxes I was completely cured, and my hair was restored, after fourteen years of suffering and an expenditure of at least \$50 or \$60 in vainly endeavoring to find a cure. B. Hiram Mattingly, Vermillion, S. Dak., Aug. 18, 1906."

Glass bathtubs are coming into general use in Germany. They are cheaper and more sanitary than those of porcelain.

A Remedy for Neuralgia or Pain in Nerves.

For neuralgia and sciatica Sloan's Liniment has no equal. It has a powerfully sedative effect on the nerves—penetrates without rubbing and gives immediate relief from pain—quickens the circulation of the blood and gives a pleasant sensation of comfort and warmth.

"For three years I suffered with neuralgia in the head and jaws," writes J. P. Hubbard, of Marietta, S. C., "and had almost decided to have three of my teeth pulled, when a friend recommended me to buy a twenty-five-cent bottle of Sloan's Liniment. I did so and experienced immediate relief, and I kept on using it until the neuralgia was entirely cured. I will never be without a bottle of Sloan's Liniment in my house again. I use it also for insect bites and sore throat, and I can cheerfully recommend it to any one who suffers from any of the ills which I have mentioned."

The Emperor of Japan has thirty residences scattered throughout his domain. S. C. N. U. - No. 3-1908.

Extreme of Stupidity.

The extremity of stupidity is shown in an East Side tenement, where Russian immigrants have placed a row of iron hooks in the wall, and every one is to be up and down, so as to make it next to impossible to hang anything on them. The brainiest man in the house didn't appear fully to comprehend the situation when one was turned half around for his edification.

Souvenir Post Cards.

The Evening Wisconsin company, of Milwaukee, Wis., has published a series of eight attractive souvenir post cards, in five colors, showing the animals at the Washington Park zoo, in the city of Milwaukee. A set will be mailed you upon the receipt of 12 cents worth of stamps. Address The Evening Wisconsin company, Post Card Dept., Milwaukee, Wis.

Reaction.

Audisport—Why so gloomy, old chap? Last night you were having the finest time I ever saw a man have. Guyman—Well, doesn't that explain it, you chump?

PILES CURED IN 6 TO 14 DAYS.

PAZO OINTMENT is guaranteed to cure any case of Piles, Hemorrhoids, or Protruding Piles in 6 to 14 days or money refunded. 50c.

Disinfecting a Community.

The regulators had hanged a man for horse stealing.

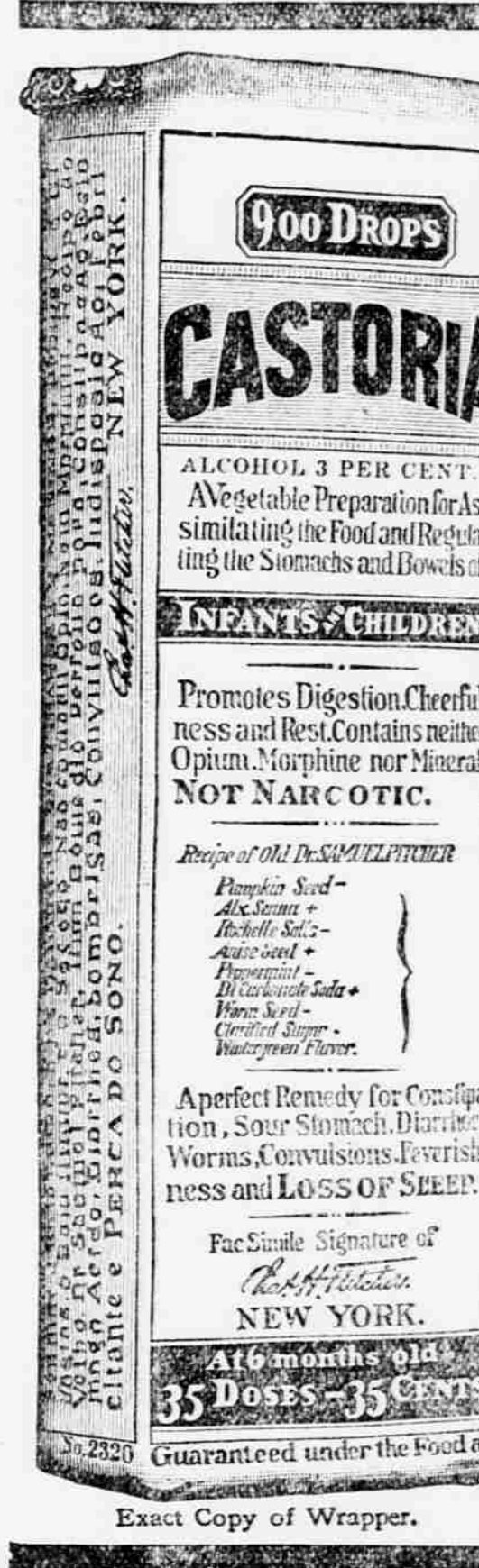
"We find," ran the verdict of the coroner's jury, "that the deceased came to his death by justifiable homicide."

Syrup of Figs and Elixir of Senna
acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the
CALIFORNIA FIG SYRUP CO.
SOLD BY LEADING DRUGGISTS - 50¢ per BOTTLE

If afflicted with Thompson's Eye Water
more Eyes, use

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CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of
Dr. J. C. Hutchins
In Use For Over Thirty Years
CASTORIA



A Friend in Need—

THAT thin, little, 10-cent Box of Cascarets.

When carried constantly in your Vest Pocket, or in "my Lady's" Purse it will ward off ninety per cent of Life's ordinary ills.

Eat one of the six candy tablets contained in that "Vest Pocket Box" whenever you suspect you need one.

It can't hurt you, and is sure Insurance against serious sickness.

When you have Heartburn, Colic, Coated Tongue, Suspected Breath, Acid-rising-in-throat, Gas-belching, or an incipient Cold, take a Cascaret.

Remember, all these are not merely Discomforts, but indications of a serious Cause.

Nip them in the bud—eat a Candy Cascaret. Cascarets don't purge, nor punish the stomach like "Bile-driving" Cathartics.

They act like Exercise on the Bowel.

Six Shots for 10c

Muscles that propel Food, and that squeeze the natural Digestive Juices of the body into Food.

Cascarets ward off, or cure, the following diseases:

Constipation	Catarrh	Hives	Worms
Indigestion	Colic	Jaundice	Piles
Dyspepsia	Bad Breath	Nausea	Ulcers
Torpid Liver	Diabetes	Vertigo	Pimples
Appendicitis	Headache	Scurvy	Blotches
Rheumatism	Flatulence	Womanly	Eczema
		Troubles	Dysentery

The Vest Pocket box carried constantly with you, like your Watch, or Lead Pencil, will insure you against sickness.

But, don't forget that "a Cascaret in time is worth nine."

At all Druggists. 10 Cents a box.

Mayer

WORK SHOES

They are stoutly made throughout of the most durable upper stock and toughest sole leather obtainable. Their strength and wearing qualities cannot be equaled.

Your dealer will supply you if not, write to us. Look for the Mayer Trade Mark on the sole.

Wear Honorbilt Shoes for Sunday.

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