

## MIX THIS YOURSELF.

GIVES RECIPE FOR SIMPLE HOME MADE KIDNEY CURE.

**Inexpensive Mixture of Harmless Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble Promptly and Cure Rheumatism.**

Here is a simple home-made mixture as given by an eminent authority on kidney diseases, who makes the statement in a New York daily newspaper, that it will relieve almost any case of kidney trouble if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:

Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire kidney and urinary structure, and often overcomes the worst forms of rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the rheumatism by forcing the kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause the ailments. Try it if you aren't well. Save the prescription.

### TRIO OF HISTORIC HOUSES.

Where Hawthorne Wrote Many of His Books at Concord, Mass.

A trip to Concord, Mass., is not complete without visiting the Wayside, which has attained its fame as the former home of Nathaniel Hawthorne, says the Boston Globe.

This estate was once owned by A. Bronson Alcott, who purchased it in 1845. He rebuilt the old place and called it Hillside.

A few years later, in 1852, when it passed into the hands of Hawthorne, the latter changed the name to Wayside.

The house is on Lexington road, and on each side is a house of historical interest. To the west is the Orchard house, the home of the Alcotts, and at the east is Grapevine cottage, the former home of Ephraim W. Bull, the originator of the Concord grape. All these estates are the property of Mrs. Daniel Lothrop.

After Hawthorne purchased the house he made several changes in it, and among them was the addition of the tower, as he called it. It was a square structure, over the center of the house. In this house and in the tower Hawthorne wrote a great many of his books.

He made his home there until his death in 1864.

For several years a young woman's boarding school occupied the Wayside.

In 1870 the property passed into the hands of Hawthorne's son-in-law, George Parsons Lathrop, who sold it in 1883 to the late Daniel Lothrop.

Mrs. Lothrop generally makes this her summer residence, but this summer she and her daughter, Miss Margaret Lothrop, are abroad and the house was closed.

### Honorable Young Man.

"Here, you, sir!" cried the brave father, "how dare you show your face here again?"

"Well," replied young Nery, "I might have worn a mask, of course, but that would have been deceitful."—Washington Herald.

The advance in prices abroad seems to have been largely restricted to manufactured goods. Foodstuffs have remained stationary as a rule and in some cases have declined in value.

### TAKE THEM OUT

Or Feed Them Food They Can Study On.

When a student begins to break down from lack of the right kind of food, there are only two things to do; either take him out of school or feed him properly on food that will rebuild the brain and nerve cells. That food is Grape-Nuts.

A boy writes from Jamestown, N. Y., saying: "A short time ago I got into a bad condition from overstudy, but Mother having heard about Grape-Nuts food began to feed me on it. It satisfied my hunger better than any other food, and the results were marvelous. I got fleshy like a good fellow. My usual morning headaches disappeared, and I found I could study for a long period without feeling the effects of it."

"My face was pale and thin, but is now round and has considerable color. After I had been using Grape-Nuts for about two months I felt like a new boy altogether. I have gained greatly in strength as well as flesh, and it is a pleasure to study now that I am not bothered with my head. I passed all of my examinations with a reasonably good percentage, extra good in some of them, and it is Grape-Nuts that has saved me from a year's delay in entering college."

"Father and mother have both been improved by the use of Grape-Nuts. Mother was troubled with sleepless nights, and got very thin, and looked careworn. She has gained her normal strength and looks, and sleeps well nights." "There's a Reason." Read "The Road to Wellville," in pkgs.

# EDITORIALS

OPINIONS OF GREAT PAPERS ON IMPORTANT SUBJECTS

### BACK TO THE FARM.

**A**T last the cry has been raised in this country, "Back to the farm." The cities are over-crowded. Employment is difficult to obtain. Wages are insufficient to secure the necessities of life. The prices of all food stuffs are high. These conditions must be remedied, and, as the demand for industrial products is limited, recourse must be had to agriculture. The farm can be made more profitable than a city job.

A year or so ago when London was disturbed by bread riots, there arose among that city's poor a man who thought he could solve the problem. In a small way he began to lead London's poor into the country, establish them on small truck patches, teach them how to raise vegetables and fruit, and his experiment to-day has proven so great a success that London's poor are crowding to the country. The experiment has attracted attention in this country and now philanthropists of New York, Boston, Chicago and other great cities are maturing plans to send their poor into the country, place them on land, give them a start in farming, and thus help them to become self-supporting citizens. The movement in this country, although just begun, promises to be the most humanitarian of a generation, because it relieves actual suffering, both physical and mental, such as most of us know very little about. England is small; this country is large. If the experiment should prove successful in England, it certainly ought to here.

In raising the cry "Back to the farm" there is no disposition on the part of anyone to crowd the poor out of our large cities. The sole idea is to do good in a much more effective way than the methods that have been in vogue. Practical charity is what is intended, and, if assistance is received in the same spirit as it is offered, there ought to be, before many years, a measurable relief to the conditions that have obtained in our large cities, and made them the centers of widest contrasts of human existence.—Williamsport (Pa.) Grit.

### THE CHURCHES AND SOCIAL REFORM.

**S**IGNS of the times are growing more and more apparent in the work of churches. Instead of devoting themselves to man's eternal welfare as used to be the case, they are growing more and more concerned with this life on earth. Once priests and ministers talked exclusively of heaven and hell. Now they discuss the manner in which men should live in this world, not so much with reference to a future existence as to justice and happiness here.

One Chicago Baptist clergyman, occupying the pulpit of one of the largest and most influential churches in the city, has gone so far in this direction as to convert himself into a social reformer, without consideration of religion as it was once known.

Churches, he says, are usually afraid to denounce injustice, because they are supported by men in positions

of wealth and power; but no fear affects him. He wants the government to take absolute control of all public utilities, to regulate all estates, so that it shall be impossible to pass an estate on to the third generation; to make large landed ownership impossible, and to pension widows, the aged and the helpless.

It is good to see the churches now finding an outlet from the place of indifference in which they are gradually being left by the masses of the people and plunging into questions that deeply interest every thinking man. The religion of the future will, of course, concern itself with man's destiny hereafter, but it will have much more to say than the religion of the past about man's state on earth.

If religious feeling can once be enlisted in the cause of social reform, it will give a tremendous impetus to the progress of civilization.—Chicago Journal.

### EMIGRATION PROBLEMS.

**I**T is not often that Americans consider the other side of the immigration question; yet the governments of the countries from which the people come here are troubled over emigration almost as much as immigration perplexes the officers in Washington.

For a number of years from one-half to three-quarters of a million Italians have been leaving home to go to South America or to the United States. Agricultural laborers have become so scarce in many provinces that it is almost impossible to till the land. Italian writers on the subject call attention to the fact that only the very young and the old in those districts remain, the best young blood having gone abroad in search of fortune. When these young men return they are too often broken in health from having submitted to hardship and privation to save money to spend at home.

Complaint of the depopulation of agricultural districts comes from Spain also, although Spanish emigration is small as compared with that from Italy. Germany is not pleased with the departure of hundreds of thousands of able-bodied young men who are needed at home, not only to serve in the army, but to assist in the industrial development of the fatherland and its dependencies. The decrease in population of Ireland is regarded as a striking commentary upon the result of British rule in the island. There are in the United States to-day more native-born Irishmen and children of Irishmen than in all Ireland.

Japan has lately co-operated with the United States in an effort to prevent Japanese laborers from coming to America. The Japanese government gladly did this because it prefers that the people not content at home should go to Korea or some other dependency of the empire rather than cross the ocean to a country where they can do nothing to increase the prosperity of their own land. Even Russia is striving to induce the discontented population in the European part of the empire to migrate to the fertile and pleasant lands of southern Siberia.—Youth's Companion.

### MERELY MAKING WORK.

"In recent years," said an ordnance officer to a New York Times reporter, "everything on a war vessel gives way to target practice. The one thing a commander is more interested in than anything else is the record that his men can make at the ranges. But there was a time when the 'man behind the gun' was not recognized as the most important element in the efficiency of a fighting ship."

"To illustrate: I was junior officer on the old Essex many years ago. In those days we had target practice once a quarter. We were forced by regulations to expend so many rounds of ammunition every three months, and—well, that was about all there was to it. It was a perfunctory kind of practice, and every one was glad when it was over."

"One day we went out for the quarterly practice, anchored the target, and went at it. The targets we used in those days were three planks fastened in a triangle, a spar stepped in the center to hold the canvas which formed the target proper."

"Now the gun captain of the forward pivot rifle was an excellent marksman, and on his first trial he sent a shell through the spar, which smashed it into splinters. That, of course, stopped the practice, and out went a boat to tow the wrecked target alongside for repairs."

"When it had been patched up, it was towed back to its place and firing was resumed."

"Again the same gunner had the first shot, and again his shell brought down both the spar and the canvas."

"The boat was again sent out, but when the repaired target was being towed back to the range, the captain, who was much out of humor by the delay, spoke his mind."

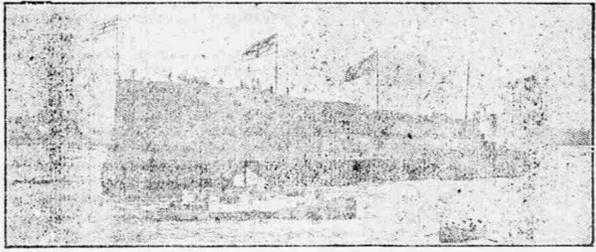
"'Tell Gunner Blank,' he commanded, 'that if he hits that target again I will put him in the brig!'"

**How to Make Hop Poultices.**  
Hop poultices have always been used with splendid effect for all sorts of pain. An old fashioned one is made as follows: Put a handful of dried hops into one cup of water and let it boil until the water is reduced to half a cup, then stir in sufficient Indian meal to thicken. Apply very hot.

**As to Nurses.**  
"Which is best for a sick man, a beautiful or an ugly trained nurse?"  
"Doesn't make much difference; if she is ugly he will hurry to get well so as to get out from under her care, and if she is beautiful he will make a quick recovery in order to marry her."—Houston Post.

You hear people say sometimes they do not care much for compliments. Nothing in it: All of us love a compliment.

### LATEST AND BIGGEST THING IN WARSHIPS.



BRITISH WARSHIP BELLEROPHON, BIGGER THAN THE DREADNAUGHT.

The latest and biggest thing in the way of seagoing fortresses is the warship Bellerophon, of the British navy, which was christened by Princess Henry of Battenberg, King Edward's youngest sister. Though of the class of the Dreadnaught, the Bellerophon is of 18,000 tons, 700 more than the earlier ship. A third battleship of this giant class, the Temeraire, was recently launched.

### ALBINO BROWN TROUT.

Extraordinary Lot of Little Fellows Now in Gotham Aquarium.

Extraordinary among fish freaks is a lot of 133 albino brown trout now at the aquarium, says the New York Sun. These queer little fishes were hatched out in the aquarium's hatchery in February. Originally there were 150 of them, of which fifteen died in the first two months. In the last four months only two have been lost, one of these by jumping out of the tank to fall on the floor. Something of the success that has thus far attended the rearing of the fishes hatched from them must be attributed to the facilities which this model hatchery affords for looking after both eggs and fishes; for here with comparatively small lots of eggs, it is possible to give them almost individual care and to insure that all the little fishes shall be properly fed.

Another extraordinary thing about these little albino brown trout is their number as compared with the total number of the hatch of eggs from which they were hatched. Albino fishes are not very common among such varieties as brook trout and lake trout and among brown trout they are very rare, but these 150 albino brown trout were hatched out of a lot of 5,000 eggs; a very remarkable proportion of albinos.

The little albinos are here to be seen all in one tank, while near them is another tank of brown trout of their natural color hatched from the same lot of eggs. Seen thus the little albinos with their almost colorless bodies but with dark set eyes become all the more striking.

The albinos are now growing faster than their little brown brothers, but what will happen to them later nobody can tell, for albino fishes are not so long-lived as fishes of their natural color; they are more delicate and as a rule they die young. If an albino trout

should survive after six months and should grow to maturity it could not be expected to live more than half the life of a fish of natural color.

The aquarium has now four albino lake trout surviving out of a lot of eleven albinos of this species received a year ago from the State fish hatchery at Saranac Lake. The largest of these four albino lake trout, which are now between 3 and 4 years old, is now about ten inches in length. They are all striking albino specimens.

### Housewifely Instinct.

A Massachusetts man tells a story illustrating the ruling spirit of a Yankee housewife.

Late one night her husband was awakened by mysterious sounds on the lower floor of their house. Jumping out of bed, the husband took his revolver from a drawer and crept noiselessly to the head of the stairs. Presently the wife herself was awakened by a loud report, followed by a mad surging of feet. Much agitated, she in turn sprang from bed and went to the door, where she met her husband returning from the scene of the disturbance, and wearing a very disappointed expression.

"Richard," she asked, "was it—was it—?"

"Yes, it was a burglar."

"Did he—did he—?"

"Yes, he got away."

"Oh, I don't care about that," was the wife's rejoinder. "What I want to know is, did he wipe his feet before he started upstairs?"—New York Times.

### Not Purse-proud.

"They accuse us of being purse-proud," said Mr. Cimrux.

"How very unjust," replied his wife. "Anybody knows that the amount which could be put into a purse, or even into a suitcase, would cut no figure with us whatever."—Washington Star.

RAISULI GIVES \$100,000 FOR CAID MACLEAN'S LIFE



CAID SIR HARRY AUBREY DE VERE MAC LEAN

The Moorish handi Raisuli's triumph and conclusion of negotiations for the ransom of his prisoner, Caid Sir Harry MacLean, for \$150,000, has greatly increased the prestige of the handi chieftain. The British government has agreed to pay a fortune as ransom.

The capture of Gen. MacLean, commander of the Sultan's body guard and next to him the most powerful man in Morocco, was the most spectacular and amazing of all the feats performed by Raisuli. It was made while the commander was bearing peace offerings to the outlaw, in sight of his stronghold. Up to the time of his capture by the brigand Caid MacLean was considered invincible by the persons of the Moroccan court.

### GERMAN BALLOON WINS.

Pommern Covers 900 Miles to Atlantic Coast in 42 Hours.

Germany won the second international balloon cup contest from France by the narrow margin of five miles, unofficial figures. Third place also went to Germany, while America had to be content with fourth honors. The single English entry was ninth and last.

The race is pronounced by experts to be the most remarkable in the history of aeronautics. All racing records were broken, both for length of flight and for the time spent in the air. The world's non-competitive endurance record was also shattered, although the world's non-competitive record for distance still stands by a big margin.

The German balloon Pommern landed at Asbury Park, N. J. The balloon had covered 900 miles in an air line from St. Louis in forty-two hours, an average of nearly twenty-one and one-half miles an hour. This established a record for the race, the winning balloon in last year's initial race starting from Paris covering an air line distance of only 402 miles. Mr. Erbsloch and his aid, Prof. Clayton, thus carry off the international aeronautic cup and a cash prize of \$2,500. The result of the contest was determined by the number of air miles covered in the flights. The French balloon L'Isle de France made a remarkably good fight for premier honors and came down in New Jersey, but a few miles from the Pommern. The Pommern made an extraordinary flight. When it came down it was in excellent condition and could have added several more hundred miles to its tally had the open ocean not been ahead.

The reports show that an extremely wide area of country was covered by the balloons, the points at which the nine contestants landed being separated by long distances. Besides the two balloons which came to earth in New Jersey, two more descended in Virginia, while two others landed in Maryland. One of the contestants descended in Ohio, another in Delaware, while Major H. B. Hersey reached the earth in Ontario. Major Hersey used the United States, the same balloon in which he won the race with Lieut. Lahm last year. He was eighth.

The victory of the German balloon means that the race next year will be held under the auspices of the German Aero Club. The international cup, which is the gift of James Gordon Bennett, must be won three times by the same club to be held permanently.

### Pompadour Clerks Win Strike.

The young women employed in a Pittsburg department store, upon being told that they would not be allowed to wear their hair in pompadour fashion, formed a union and notified the managers that unless the order was rescinded they would walk out in a body. Thereupon the manager surrendered unconditionally.

### Sparks from the Wires.

A mouse seldom lives longer than three years.

Centipedes are eaten in some parts of South America.

Australian jewelers rent engagement rings to their customers.

John Bull figures out that his country has been successful in 82 per cent of the battles in which it has engaged.

Allan A. Ryan, son of Thomas F. Ryan, will, it is said, build a summer home at Suffern, N. Y., to cost \$1,000,000.

### Food for Thought.

Parishoner.—That was an able sermon of yours, doctor. I have no doubt, but it was a little too deep for me. I found it hard to digest.

The Rev. Dr. Fourthly.—It ought to have been easy for you, brother. I had predigested it.

### A Heated Argument.

"He warmed up considerably in his arguments."

"Yes, but I think that was partly owing to the hot air in them."—Baltimore American

### BABY IN TERRIBLE STATE.

**Awful Humor Eating Away Face—Body a Mass of Sores—Cuticura Cures in Two Weeks.**

"My little daughter broke out all over her body with a humor, and we used everything recommended, but without results. I called in three doctors, but she continued to grow worse. Her body was a mass of sores, and her little face was being eaten away. Her ears looked as if they would drop off. Neighbors advised me to get Cuticura Soap and Cuticura Ointment, and before I had used half of the cake of Cuticura Soap and box of Cuticura Ointment the sores had all healed, and my little one's face and body were as clear as a new-born babe's. I would not be without it again if it cost five dollars, instead of seventy-five cents. Mrs. George J. Steese, 701 Coburn St., Akron, O., Aug. 30, 1905."

### Have of Rest.

It is desirable that each sex should occasionally escape from the other. It is restful to the nerves to do so; it is good for men to be with men only and for women to be alone with women now and then, and the club is essentially the place for each sex to find rest from the other and enjoy its own society.—London Lady's Pictorial.

### Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients in what produces such wonderful results in curing Catarrh. Send for testimonials from W. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

### Went with Her.

Mr. Subbubs—So you got rid of the girl at last.

Mrs. Subbubs—Yes; she left a few minutes ago.

Mr. Subbubs—Huh! she certainly took her own time.

Mrs. Subbubs—Yes, and our time, too. The parlor clock is gone.—Philadelphia Press.

**FITS** St. Vitus' Dance and all Nervous Diseases Permanently Cured by Dr. E. Kline's Great Nerve Restorer. Send for Free 60 Trial Bottle and Treatise. DR. E. H. KLINE, Ld., 501 Arch Street, Philadelphia, Pa.

### Poor Show for the Hat.

First Diner (to his friend)—What's the matter? You look worried.

Second Diner—Well, that fat man at the next table has sat down on my hat, and now both his fat boys are sitting on his knee.—Flegende Blätter.

Mrs. Winslow's Sore Throat Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wild colic, 25c a bottle.

### Not a Merger.

Jonah was explaining matters. "It wasn't a consolidation," he said. "It was a clear case of absorption. I was merely one of the whale's assets." Rejoicing that he had come out whole, as it were, and landed on his feet, he resolved not to engage in any more such enterprises, and fared hopefully on his way to Nineveh.

### The Handy Doctor in Your Vest Pocket

IT'S a thin, round-cornered little Enamel Box—

When carried in your vest pocket it means Health-Insurance.

It contains Six Candy Tablets of pleasant taste, almost as pleasant as Chocolate.

Each tablet is a working dose of Cascarets, which acts like Exercise on the Bowels and Liver.

It will not purge, sicken, nor upset the stomach.

Because it is not a "Bile-driver," like Salts, Sodium, Calomel, Jalap, Senna, nor Aperient Waters.

Neither is it like Castor Oil, Glycerine, or other Oily Laxatives that simply lubricate the Intestines for transit of the food stopped up in them at that particular time.

The chief cause of Constipation and Indigestion is a weakness of the Muscles that contract the Intestines and Bowels.

Cascarets are practically to the Bowel Muscles what a Massage and Cold Bath are to the Athletic Muscles.

They stimulate the Bowel Muscles to contract, expand, and squeeze the Digestive Juices out of food eaten.

They don't help the Bowels and Liver in such a way as to make them lean upon similar assistance for the future.

This is why, with Cascarets, the dose may be lessened each succeeding time instead of increased, as it must be with all other Cathartics and Laxatives.

Cascarets act like exercise.

If carried in your vest pocket, (or carried in My Lady's Purse,) and eaten just when you suspect you need one, you will never know sick day from the ordinary ills of life.

Because these ills begin in the Bowels, and pave the way for all other diseases.

"Vest Pocket" box 10 cents. 737 Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."