WHAT IS PE-RU-NA?

Is it a Catarrh Remedy, or a Tonic, or is it Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remody than to call it a conic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can bo no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in tho world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful officacy of this herb has been recognized many years, and is growing in its hald | fore conductors were employed, there upon the medical profession. When I was an annual charge for damage to joined with CUBERS and COPAIBA a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonics as COLLINSONIA CANADENSIS, COR-YDALIS FORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarrh in all its stages and locations in the body.

(a)

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna, confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not short reading from the Bible the teach. over enthusiastic. When practical experience confirms a well-grounded theory the result is a truth that cannot be shaken.

Best Bracer.

Americans, as a people, are probably the most nervous of any in the world, and there is a growing tendency to use "bracers"-a use which quickly develops into a habit. With men it is usually a drink and with women some bromide preparation. Tea and coffee are also called upon to a large extent, but their effects are slight.

Probably the best "bracer" for the nerves-and one which is certainly harmless-is cold water. The Russians have great faith in this cure, splashing it over the face and holding the hands in it for several minures. Then a glassful is sipped slowly. The Japanese prescription is a glass of hot milk sipped very slowly, and many English physicians indorse that remedy. The milk should be as hot as the patient can stand it.

A number of the best French doctors advise such of their patients as suffer from nerves to sit quietly for half an bour with bare feet.

Do Lightning Conductors Conduct)

The efficiency of lightning conducors is fairly well attested by the freedom of the great cathedrals and tallspired churches from injury. St. Paul's and Westminster Abbey, for example, are well protected, and serve, to safeguard a large area surrounding them. Experience in the navy is to the same effect. In former days, behis majesty's ships by lightning. Between 1810 and 1815, according to Sir W. Snow Harris, thirty-five sails of the line and thirty-five frigates and smaller vessels were completely disabled. That item has now vanished from the votes .-- Londonj Daily Telegraph.

His Best Answer.

The meekest kind of a little boy joined a Sunday school class in a West Philadelphia church. He did not know, the other scholars and appeared neryous, half-scared and ready to cry at, any second. The teacher, however, treated him kindly and the lessons proceeded without any outburst. After a er began to question the pupils on their, last lessons and asked:

"Who led the children of Israel into Canaan?"

As no one answered she looked from boy to boy. At last her gaze rested on is at least plesant to take .- New York "Your aims are all wrong," said the the new boy. He started guiltily and sold, between sobs:



Spiritual affinities are all very well, but can they cook ?- New York American.

When you see a woman having a good time out in the rain it's her ewn complexion .- New York Sun.

The "Automobile Polka" is the latest dance. We presume it is simply killing .- Washington Herald.

A new angle on the mother-in-law wheeze will be to refer to her as "on my affinity's side."-New York Mail. Probably Wellman has left word to be called when the wind shifts and blows toward the Pole .--- Philadelpula Press.

If the ocean rate war keeps up, crossing the Atlantic will soon be cheaper than staying at home .- New York Tribune.

Now that fashion's decree calls for "curve-less women," there may be less nature faking done by the fair sex for a while,-Washington Post.

Just now the man who came over in the Lusitania takes precedence of the one whose ancestors came over in the Mayflower .--- Philadelphia Inquirer.

An an ocean curiosity the Lusitania is as big a success as the sea serpeut, and involves no risk of harsh words to nature fakers .--- Washington Star.

"No curves for women," is fashion's latest edict, and there is now a chance that we can safely regard them as the "straight goods."-Washington Post.

There is one consolation the baseball fans all have-if their favorite club didn't win this year it is going to win next your .-- Philadelphia Press.

San Francisco is sending so many high officials to prisen that pretty soon a distinguished man at liberty there will be a curiosity .-- Atlanta Constitution.

Sir James Crichton-Browne has said that what ails England is that the people do not eat enough. His remedy

Our Own Minstrela.

"Mistah Jinkins, why am a scoldin woman's tongue, when it's goin' all de time?"

"I am not sure, George, that I understand you. 'Why is a scolding woman's tongue, when it's going all the time'what is the rest, George?"

"Ain't no rest to it. Got caught off yo' base dat time, didn't yo', Mistah Jinkins?"

"Ladies and gentlemen, the eminent tenor, M'sieu Yelike Phewry, will now sing the favorite sentiment ballad, 'Answer Me the Old, Old Question, Love; How Do You Eat a Soft Shell Crab?"

FIVE MONTHS IN HOSPITAL.

Discharged Because Doctors Could Not Cure. Levi P. Brockway, S. Second avenue.

Anoka, Minn., says: "After lying for five months in a hóspital, 1 was discharged as incurable, and given only Series from six months to live. My heart was af 1 Back fected, 1 had smothfor tank ering spells and sometimes fell unconscious. I got so I couldn't use my arms, my eyesight was impaired and the kidney secretions were badly dis-

ordered. I was completely worn out and discouraged when I began using Doan's Kidney Pills, but they went right to the cause of the trouble and did their work well. I have been feeling well ever since."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The Limit. Jim-Gruet is terribly absent-mind ed.

Jack-I should say so. I've know! him to telephone to his office and ask if he was in.

State of Ohio, City of Toledo, Lucas Coup

ty. SS. Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo. County and State aforesaid, and that said arm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Caarch that caunot be cured by the use of Hall's Catarrh Cure. FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 188/1

(Senl.) A. W. GLEASON, (Senl.) Notary Public, Hail's Catarrh Cure is taken internally, (Seal.) Ad acts directly on the blood and mucous aufaces of the system. Send for testimonials, free. F. J. CHENEY & CO.,

Toledo, O. Sold by all Druggists, 75c

Misjudged.

tised for an office boy. In consequence

he was annoyed for an hour by a

straggling line of boys of all sizes,

write anything, and figure a little, and

use the typewriter a little, and----"

He got hte position .- Bohemian.

At the Zoo.

through the iron fence that inclosed the

S. C. N. U. - - No. 43-1907.

"Mamma," asked Tommy, peering

"Well," he said to a late applicant,

claiming various accomplishments.



MISS ADELAIDE NICHOLS

causes so much discomfort and robs that period of its terrors. Women who are troubled with painful or irregular functions should take immediate action to ward off the serious consequences and be restored to health and strength by taking

Lydia E. Pinkham's Vegetable Compound

Miss Adelaide Nichols of 324 West 22nd Street, New York City, writes .-- Dear Mrs, Pinkham .- "If women who suffer would only rely upon Lydia E. Pinkham's Vegetable Compound their troubles would be quickly alleviated. I feel greatly indepted for the relief and health which has been brought to me by your inestimable remedy."

Lydia E. Pinkham's Vegetable Compound cures Female Complaints, such as Falling and Displacements, and Organic Diseases. Headache, General Debility, Indigestion, and invigorates the whole feminine system. For the derangements of the Kidneys of either sex Lycia E. Pinkham's Vegetable Compound is excellent.

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lyan, Mass From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised.

DOUGLAS \$3.00 & \$3.50 SHOES BEST IN THE WORLD S25,000 (To any one who can prove W.L. Bouglas does not make & sell more Men's \$3 & \$3.50 choes than any othor manufacturer. THE REASON W. L. Douglas shoes are worn by more people

in all walks offife than any other make is because of their excellent style, easy-fitting, and superior venning qualities. The selection of the leathers and other materials for each part of the shoe and every detail of the making is looked after by the most correlate or the selection of the making is looked after by the most complete organization of superintendents, foremen and skilled shoemakers, who receive the highest wares paid in the shoei ndustry, and whole workmanship cannot be excelled. If I could take you into mylargefactories at Brockton Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wearlonger and are of greater value than any other ma

My \$4.00 and \$5.00 GILT EDGE Shees cannot be equalled at any price. CAUTION! The genuine have W. L. Douglas name and price stamped on bottom. Take No Substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory. Shoessent everywhere by mail. Catalog free, W. L. Douglas, Brockton, Mass.

Polite Ceylonese. William Jennings Bryan, describing his world tour in New York, praised the Ceylonese.



It eures the condition which

Mule Team

Mistaken Aim.

political economist. "You must be right on that point," see how few of our bomb throwers hit | -- Philadelphia Ledger. the right person."-Washington Star.

To convince any woman that Paxtine Antiseptie will improve her health for It. We will send her absolutely free a large trial box of Partine with book of instructions and genuine testimonials. Send your name and address on a postal card. Em cleanses and heals mucous m e m rane af such as nasal catarrh, pe catarrh and inflammation caused by femi nine ills; sore eyes, sore threat and mouth, by direct local treatment. Its curafive power over these troubles is extraary and gives immediate relief Thousands of women are using and recommending it every day, 50 cents at druggists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT. THE R. PAXTON CO., Boston, Mass. A REAL PROPERTY AND A REAL

Can't be cured by drugs; you now that. But it can be permanently relieved by our home-made remedy. Used for years without a failure. Costs \$2: lasts a life time. FREE booklet. THE HOME REMEDY CO.,

Box 1, Station G, Cleveland, Ohio at \$20,000 on a capital of \$40,000. (1) 注意の構成である。 100 DROPS For Infants and Children. The Kind You Have **Always Bought** ALCOHOL 3 PER CENT. AVegetable Preparation for As-Bears the similating the Food and Regula ting the Stomachs and Bowels of Signature INFANTS & CHILDREN Promotes Digestion.Cheerfulof ness and Rest.Contains neither 010 Opium Morphine nor Mineral. NOT NARCOTIC. Recipe of Old Dr.SAMUELPITCHER Pumpkin Seed -Als Seand + Pachelle Salts-Anise Seed +

"It wasn't me, honest, teacher. I said the anarchist. "It is mortifying to just moved here last week from Ohlo."

> THE MILK PAIL is kept free from staleness, sliminess and stickiness if it is washed with Borax and water in the following proportions-1 tablespoonful to a quart of water.

Gold from the Sea.

The electrolytic recovery of gold from sea water is still a dream of many European chemists. A. Noden proposes to use as electrodes sheets of copper and lead or lead and cast iron, each about one-twenty-fifth of an inch in thickness, and to surround these plates with porons canvas bags for collecting the gold that fails to adhere. The baths, within reach of the tide, would have a depth of two meters and a width of ten meters (about thirtythree feet). With cement partitions every forty femets, a battery of 100 such baths could be run together, and little children?-New York Tribune. it is calculated that this would furnish 150 grams of gold per day of twelve hours. In this time, 3,000 cubic meters of water would be treated, a current of 5,000 ampers at 2.5 volts being required. The annual cost is estimated at \$12,000, and the profits are figured

World.

Wheat and corn still keep getting higher, but pig iron has fallen in price \$1.50. Thank goodness, there is one thing the family can lay in cheap .--Pittsburg Press.

Emma Goldman, so it is stated, intends to inaugurate "a reign of terror" "I suppose you can read anything, and in this country. As to that matter, Em is a terror at all times .- Montgomery Advertiser.

A Southern editor expresses the could do all them things I'd strike yer finance and poetry." epision that Kermit Roosevelt inherit- fer yer own job. I ain't nothin' but an ed his modesty from his mother. Quite office boy." likely, since the father seems to have all his yet .-- Washington Post.

In the German army, too, the automobile threatens to become a destructive weapon; but whether it be destructive of the enemy is another which is the kangarooster?" question .--- Philadelphia Record.

Was the strike in the Teddy bear factory fostered by the enemies of those animals who regard them as destructive of the "maternal instinct" in

Statisticians say that in a family of average wealth it costs \$25,000 to raise a boy and \$37,000 to raise a girl. This answers a lot of the President's antirace suicide arguments .-- Dulath Tribune.

An order has been issued in Chicago to the effect that telephone operators are not to say "Please" in answering a call. It is precisely the kind of order that might be expected from Chicago.-Buffalo Commercial.

Mr. Walter Wellman must expect to live a long time if he is to wait for good weather before attempting to reach the North Pole. As far back as the oldest inhabitant can remember, the weather always has been something of a drawback to Arctic exploration .- Kansas City Star.

Cost of Living Higher.

Beginning with the increase of 1 cent a pound on the wholesale price of beef. within the past fortnight there has been a general advance in the prices of nearly all the necessities of life-milk, butter, eggs, bread, fruit, canned goods, etc. The increased price of fruit and vegetables is credited to a short crop in nearly all sections, due to an exceptionally dry summer. The price of milk has been advanced in several cities to 9 cents a quart, retail. During the season there has been a 20 per cent advance in the price of canned goods of the best quality, and it is said that the pure food law is partly responsible for this by compelling the retirement of many cheap nad adulterated articles. The tomato crop is said to be 60 per cent short, and this, too, will figure in the increased price of canned tomatoes, which are expected to go from 85 cents to \$1 a dozen, wholesale. Sweet corn in the can has already gone from 45 to 75 cents a dozen. Prunes are expected to advance one-third over the average price for the past five years, as the crop is only a little more than one-third of last year's. Peas and beans will share in the general upward trend. The Cotton Spinners' Congress. Grovers of cotton and manufacturers of cotton goods from seven different nations have met in convention at Atlanta, Ga., James R. Macoll of Providence, R. I., presiding. Among other reforms favored by the convention was the advocacy of a uniform bill of lading. President Macoll said that ways must be found to enable the planters to sell direct to the spinners, without losing the profit of the middlemen. The planter must learn to grade, carry and finance his cotton as the merchant now does.

"The Ceylonese," said Mr. Bryan Take Hall's Family Pills for constipation. "are the politest, the urbanest, the most tactful people you can imagine. The manager of an office had adver-

"They have a proverb that gives some idea of their delicacy. This proverb says:

"'It is safer to pull the tail of a scie Eyes, use tiger than to call a lady's attention to her first gray hair."

Reintionship.

"After all," remarked Mr. Conness "Naw!" interrupted the boy, "If I "there is a certain relation between "In what way?"

"In both so much depends on capital ization and making things sound right. -Washington Star.

SKIN SORE EIGHT YEARS.

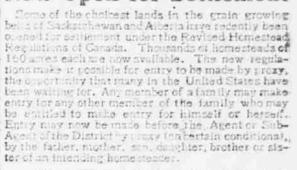
animals, "which is the kangaroo and Spent \$300 on Doctors and Remedies but Got No Relief-Cuticura Cures

> in a Week. "Upon the limbs and between the toes my skin was rough and sore, and also sore under the arms, and 1 had to stay at home several times because of this affection. Up to a week or so ago I had tried many other remedies and several doctors, and spent about three hundred dollars, without any success, but this is to-day the seventh day that I have been using the Cuticura Remedies (costing a dollar and a half), which have cured me completely, so that I can again aftend to my business. I went to work again to-night. I had been suffering for eight years cattle paintegrandical indufinies. and have now been cured by the Cuti Time to Go and Where to Locate, ap, ly to cura Remedies within a week. Fritz W. D. Scott, Superintendent of Immigration, Hirschlaff, 24 Columbus Ave., New York, N. Y., March 29 and April 6, 113, Watertown, So. Dakota, Authorized Govern-

1906."

If allicited with Thompson's Eye Water Mhould Welle for our new line of OTATIONERY The Complete The complete would. Sloux City Newspaper Union, Slour City, Iown. New and Liberal homestead Regulations $3N_{\odot}$ Western Canada NEW DISTRICTS Now Open for Settlement

Whiz," loc. Pacific Coast Borax Co., Chicago, Ill.



"Any even numbered section of Deminion Lands in Manitcha or the North-West Provinces, excepting 8 and 26, not reserved, may be homesteaded by any person the sole head of a family. or male over 18 years of age, to the extent of one-quarter section, of 160 acres, more or less."

The fee in each case will be \$10.00. Churches, schoola and markets conventent. Healthy cli spleadid cross and good laws. Grain growing and

or further particulars up to Roten, Routen, Bent Otrawa, Canada, or E. T. Holmes, 315 Jackson St., St. Paul, Minn, and J. M. MacLachlan, Box

Please say where you say this advertisement

