

HEALTH NOTES FOR AUGUST.

PERUNA
FOR
CATARRH
OF THE
STOMACH,
BOWELS,
DIARRHEA,
DYSENTERY,
BLOATING,
NIGHT SWEATS,
SUMMER COMPLAINT

August is the month of internal catarrh. The mucous membranes, especially of the bowels, are very liable to congestion, causing summer complaint, and catarrh of the bowels and other internal organs. Pe-ru-na is an excellent remedy for all these conditions.

Adaptable Trio.
"I know three women who live in the same flat," said the bachelor girl. "I wish you could see the way they manage it. It's awfully funny. They live as separately as if they were in three flats. They hardly have anything to do with each other. For instance, each gets her breakfast ready the night before. All she has to do is to make her coffee in the morning and boil her eggs. Each has the same daily paper. You'd think they would buy a different one and exchange, but they don't. So every morning they go out in the kitchen at different times, get their breakfasts, bring them back to their bedrooms on their little trays, and read their papers all separately."
"I don't believe that three men living in the same apartment would do that. Do you? I believe they would hobnob together at breakfast time and start the day with a little fun."—Chicago Inter Ocean.

Relieved.
Physician—Your boy will pull through all right. He has a wonderful constitution.
Mr. Tye-Thist—I am glad to hear it, doctor. In making out your bill, of course, you will not make me pay for what his constitution has done in pulling him through.

Leading a Double Life.
Rivers—You can't make me believe you ever caught a fish that had another fish holding on to its throat, and landed out of them. That's a little too tough a story to swallow.
Brooks—Then I'm both a nature faker and a member of the Ananias Club, am I, you big stick-in-the-mud?

High-Priced Meat

may be a

Blessing

If it gives one the chance to know the tremendous value of a complete change of diet.

Try this for breakfast:

A Little Fruit.
A Dish of Grape-Nuts and Cream.
A Soft-Boiled Egg.
Some Nice, Crisp Toast.
Cup of Well-made Postum Food Coffee.

That's all, and you feel comfortable and well-fed until lunch.

THEN REPEAT,

And at night have a liberal meat and vegetable dinner, with a Grape-Nuts pudding for dessert.

Such a diet will make a change in your health and strength worth trial.

"There's a Reason."
Road "The Road to Wellville," in pkgs.

SENATOR BEVERIDGE MARRIES.

Is Wedded Abroad to Katherine Eddy, a Chicago Girl.
The marriage of United States Senator Albert J. Beveridge of Indiana and Miss Katherine Eddy was solemnized in Berlin at the palatial residence of United States Ambassador Tower Wednesday. Extreme simplicity marked the ceremony and the invitations were limited. The bride's parents, Mr. and Mrs. Augustus N. Eddy of Chicago, and a small group of relatives, members of the embassy staff in Berlin, and a few intimate friends of both families comprised the spectators. There were no ushers and Miss Eddy had no bridesmaids.

Several hundred congratulatory telegram and cable messages were received, including one from the mother of Mr. Beveridge, from Champaign, Ill., and messages from President Roosevelt, Senator



At Havana, Ill., Miss Margaret Leininger, 16-year-old daughter of Mr. and Mrs. John Leininger of Mason City, is dead, the result of being struck by lightning during the storm. At Pana, Ill., lightning killed Frank Henderson and Frank McMullen. Property valued at \$50,000 was destroyed. Corn was stripped by the heavy hail, barns burned, and hay stacks thrown over the fields. A terrific electrical storm, accompanied by a cyclone, passed over Litchfield, Ill., uprooting trees and causing much damage to buildings and crops.

VOLIVA TO LEAVE ZION.
Says Will Take Big Following and Build a New City.
Refused the granting of his petition that he be appointed by Judge Landis of the United States District Court a co-receiver with John C. Hatley, now in charge of Zion City property, and unheeded in his protests against the sale of Zion City lace industry. Overseer Wilbur Glenn Voliva, who usurped John Alexander Dowie, asserted his defiance of the

Allison, James Whitcomb Riley, most of the Senators, many members of the House, and political friends all over the United States.
The new Mrs. Beveridge is the daughter of Mr. and Mrs. Augustus N. Eddy of Chicago, and a niece of Mrs. Marshall Field. Both her father and mother belong to families long prominent in Chicago. Senator Beveridge was the youngest man in the United States Senate when he entered it eight years ago at the age of 36. He was a plowboy in Highland county, Ohio, at 12, a laborer at 14 and an employe of a logging camp in Illinois at 16. He borrowed \$50 from a friend in 1881 and entered DePaul university. Here he won all the debates and with his prize money paid his expenses for the two years remaining of the college course. In 1885, after two years of work on a ranch, he returned to Indianapolis and commenced the study of law. He became a campaign speaker in 1884. Mr. Beveridge married Katherine Langsdale at Greencastle, Ind., in 1887. She died seven years ago.



At a banquet given to King Frederick of Denmark during his visit to Reikiavik, Iceland, the king announced his policy regarding the future relations between the island and the Danish crown, saying: "I have established a commission to arrange for legislation to define the constitutional position of Iceland in the realm and to find a form under which the freedom of Iceland may be built up and protected, while at the same time the unity of the realm is preserved and insured."

It is reported from London that the management of the Daily Mail and Evening News, known as the Harmsworth papers, which were recently neglected to the extent of \$250,000 on a libel suit brought by W. H. Lever of Liverpool, has settled another similar suit by the payment of \$125,000 and the publication of an apology. This latter suit was brought by Joseph Watson & Sons of Leeds. Both actions grew out of a controversy over the alleged attempt to bring about a combination of the English soap manufacturers.

Not less than 6,000 troops have been summoned to the vicinity of Belfast, Ireland, in order to control the situation arising from the strike of the dock laborers for increased pay and shorter hours. The calling of troops was due partly to the fact that the police had struck to enforce their demand for more pay because of the extra work. The strikers were attacking non-union laborers at every opportunity. One feature of the trouble is the closing of a number of spinning mills through inability to obtain coal.

DAMAGE BY STORM.

Lives Are Lost and Crops in Many Places Are Ruined.
Twenty-five lives are reported to have been lost and property damaged to the amount of \$500,000 by a tornado which swept over the southern part of Minnesota, northern Iowa, the southwestern end of Wisconsin and a part of Illinois. Dispatches tell of deaths in almost every point where the tornado struck.

A farmer, his wife and son were killed near Mason City, Iowa, their home being destroyed over their heads while they were in bed. Two coaches of a Green Bay, Wis., passenger train were thrown over an embankment near Winona, Minn., and three men were severely injured. The wind reached a velocity of about ninety miles an hour and was accompanied by terrific rain and lightning. The village of Juba, Iowa, was wrecked by the wind and one person killed and many injured. Twenty or more buildings were unroofed. At Marshalltown a severe windstorm, accompanied by hail, leveled corn, blew down loaded fruit trees, and did much other damage. Shipping at Clear Lake and many cottages were destroyed. A half dozen barns and four houses near Rosicville were demolished, and the roof was blown from the Catholic church at Rockwell. Many houses were destroyed in Winona and the roofs were torn off twenty large factory buildings. The lighting plant was wrecked, leaving the town in darkness. The power house of the local street car company was put out of commission. The cars in the streets were overturned, and one of them was carried against the side of a store. Fronts of the stores were blown in and the wind carried all kinds of stock from the shelves and counters.

A severe hailstorm practically devastated the corn crop in the western townships of Peoria county, Ill., and the east tier of townships in Knox county. Hailstones twelve inches in circumference cut the blades from the corn as keenly as if the stalks had been trimmed with a knife. Thirty thousand acres of corn is completely ruined. The loss is estimated at \$1,000,000 to corn alone in Peoria and Knox counties. A fifty-five mile an hour wind blew during the storm. The large hailstones broke hundreds of windows and the strong wind uprooted trees and moved farm houses and barns from their foundations.

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NO RELIEF FROM ECZEMA
For Over Two Years—Patent Medicines, Quack Cures and Doctors Fail—Cuticura Succeeds.
"I was very badly afflicted with eczema for more than two years. The parts affected were my limbs below the knees. I tried all the physicians in the town and some in the surrounding towns, and I also tried all the patent remedies that I heard of, besides all the cures advised by old women and quacks, and found no relief whatever until I commenced using the Cuticura Soap, Cuticura Ointment, and Cuticura Resolvent. In the Cuticura Remedies I found immediate relief, and was soon sound and well. C. V. Beltz, Tippecanoe, Ind., Nov. 15, 1905."

About 1,200 miles of railways are likely to be constructed in South Africa within the next few years at a cost of \$30,000,000.



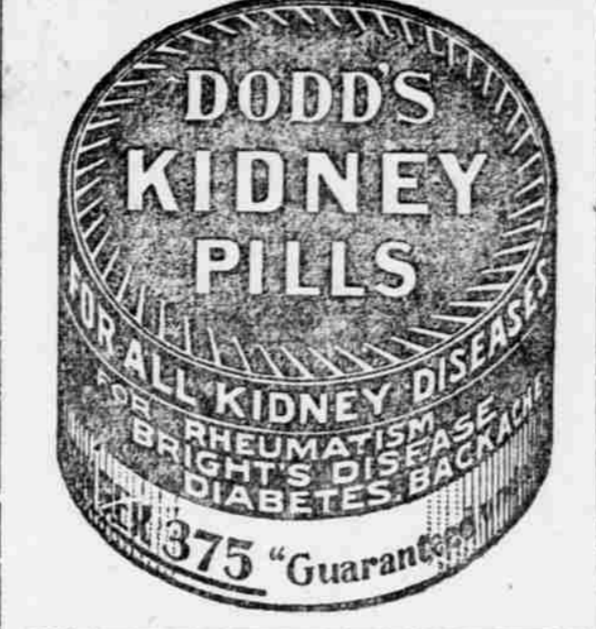
forces organized against him and declared he would abandon Zion City and establish a colony of his own elsewhere.
"I shall abandon the old hulk and she can sink for all of me," declared Voliva as he was leaving the court after his petition had been denied and the sale of the lace factory had been ordered.
"It is my purpose now to gather my followers about me as soon as possible and leave. When I go I will take a big following along to establish a new colony."

Notes of Current Events.
Women make big hit in Wisconsin as real "hired farm hands."
Secretary Cortright is at work preparing an authorized life of William McKinley.
New York surgeons restore the sense of smell to a patient by removing a piece of the skull.
Clothes of some Americans at Ambassador Reid's reception aroused derision of English tailors.
The tobacco plant has grown larger and more profuse in the United States than in any other country.
Gov. R. B. Glenn of North Carolina is to be one of the chief speakers at the annual dinner of the Brooklyn Democratic Club at the Brighton Beach hotel on Aug. 21.

His Little Pile.
Mr. Corson, owner of the sawmill, had his eye on every stick of timber in the county, and the owner of every poor little clump and grove had his eye on Mr. Corson and the rising prices of lumber.

George Wales cut his thin squad of pines, trimmed the logs, and piled them in his front lot by the road. Then he waited for the time when he should accidentally be visible on the place and Mr. Corson should drive by.

The encounter took place in due time. Mr. Corson rattled past in his wagon, took a sidelong look at the pile of logs, and called, "Say, George, don't you know it ain't polite to throw your toothpicks round the front yard?"



He Took a Rest.
As it is undoubtedly true that one man's meat may be another man's poison, so it happens sometimes that what seems like work to one person is regarded as recreation by another.

"Had a good lecture on Alaska, didn't we, Eb?" asked one of Mr. Dodd's neighbors, meeting him the day after the lecture. "To sit there peaceful as pie for two hours, hearing him reel off the information and seeing those pictures cast on the screen, was a grand rest for me, beat out with cranberrying as I be."

"It was a good enough talk," admitted Mr. Dodd, in a grudging tone, "but it didn't rest me any to speak of. Between having to get stock still without a chance to get in a word for two mortal hours and crane my neck looking at those views, I was pretty well wore when I got home."
"But I took the lantern out into the woodshed, and by the time I'd split up a week's kindlings I felt kind o' rested an' calmed down."

Addin' Insult to Injury.
Client—Si Haynow kicked my dog, Naow. I don't allow no man t' kick my dog. So I went over t' lick time outen Si. My dog charged me \$17.50 to fix me up. What kin I do ter Si?
Lawyer—Why not lick him again?
Client—Say, mister, I hain't a-jokin'. I want ter know.
Lawyer—Well, the only thing I can suggest is that you might have him arrested for cruelty to animals. Five dollars.—Toledo Blade.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of J. C. Watson
W. L. DOUGLAS
\$3.00 & \$3.50 SHOES
\$25,000 Reward
Mrs. Winslow's Soothing Syrup for Children
S. C. N. U. - - No. 33-1907.

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A powder to be shaken into the shoes. Your feet feel swollen, nervous, hot and get tired easily. If you have aching, smarting feet, try Allen's Foot-Ease. It rests the feet and makes new or tight shoes easy; always use it to Break in New Shoes. It cures swollen, hot, sweating feet, blisters, ingrowing nails and callous spots. Relieves corns and bunions of all pain and gives Rest and Comfort. It cures while you walk. We have over thirty thousand testimonials. Try it today. Sold by all Druggists everywhere 25 cents. Don't accept any substitute for Allen's Foot-Ease. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y. European Branch Office, Peterborough, England.
WARNING: Success brings imitations. Scores of worthless imitations are sometimes offered for sale. Insist upon having Allen's Foot-Ease. The Original powder for the feet. Twelve years before the public. Annual sales over two million packages. Do not accept spurious substitutes claimed to be "just as good." Imitations pay the dealer a larger profit otherwise you would never be offered a substitute for Allen's Foot-Ease. Ask for Allen's Foot-Ease, and insist upon having it.
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What Charles Dickens Said.
Henry C. Robinson, a witty lawyer who used to live in Hartford, Conn., once told the following anecdote one evening, when he was introducing an English author to a Hartford audience.

"The first famous Englishman whom I ever saw was Charles Dickens, who lectured here in Hartford when I was a young boy."

"I had read some of the stories of this great writer, and I was most anxious to catch a glimpse of the man himself. So on the afternoon when he was expected to arrive I walked up and down the street in front of the hotel where I knew he was to stay.

"The hotel was built close to the sidewalk, and the long windows of the parlor were so low that the passer-by could easily see into the room.

"I soon realized that a gentleman was sitting within, reading a paper. I stepped close up under the window and pressed my face against the glass, eager to get a good look at the stranger. Yes, it was he! It really was! I had seen his picture often, and couldn't be mistaken. I stared and stared, anxious to impress every feature upon my memory. After a few moments he turned and saw me there, the little eager Yankee boy, gazing up at his face; and then the famous man, laying aside his paper, actually spoke, so that I really heard the voice of the great Charles Dickens himself, and he was really talking to me!"

Here Mr. Robinson paused impressively, and some one on the platform inquired, "What did he say, Mr. Robinson?"

"He said," replied Mr. Robinson, in subdued tones, "Go away, little boy! go away!"

Just the Same.
Glady—You thought Clarence was making eyes at you when we were playing blind man's bluff? Why, he couldn't. He was hoodwinked.
Esmeralda—That's all right. He hoodwinked at me.

A TERRIBLE EXPERIENCE.
How a Veteran Was Saved the Amputation of a Limb.

B. Frank Doremus, veteran, of Roosevelt avenue, Indianapolis, Ind., says: "I had been showing symptoms of kidney trouble from the time I was mustered out of the army, but in all my life I never suffered as in 1897. Headaches, dizziness and sleeplessness, first, and then dropsy. I was weak and helpless, having lost 80 to 125 pounds. I was having terrible pain in the kidneys, and the secretions passed almost involuntarily. My left leg swelled until it was 34 inches around, and the doctor tapped it night and morning until I could no longer stand it, and then he advised amputation. I refused, and began using Doan's Kidney Pills. The swelling subsided gradually, the urine became natural and all my pains and aches disappeared. I have been well now for nine years since using Doan's Kidney Pills."

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.
The Kaiser is having a new racing yacht constructed which will be almost flat-bottomed, and have a new system of ballast.

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Bad Symptoms.

The woman who has periodical headaches, backache, sees imaginary dark spots or specks floating or dancing before her eyes, has gnawing distress or heavy full feeling in stomach, faint spells, dragging-down feeling in lower abdominal or pelvic region, easily startled or excited, irregular or painful periods, with or without pelvic catarrh, is suffering from weaknesses and derangements that should have early attention. Not all of above symptoms are likely to be present in any case at one time.

Neglected or badly treated such cases often run into maladies which demand the surgeon's knife if they do not result fatally.

No medicine extant has such a long and numerous record of cures as such cases as Dr. Pierce's Favorite Prescription. No medicine has such a strong professional endorsement of each of its several ingredients—worth more than any number of names, non-professional, less trustworthy, the very best ingredients known to medical science for the cure of woman's peculiar ailments enter into its composition. No alcohol, harmful, or habit-forming drug is to be found in the list of its ingredients printed on each bottle-wrapper and attested under oath.

In any condition of the female system, Dr. Pierce's Favorite Prescription can do only good—never harm. Its whole effect is to strengthen, invigorate and regulate the whole female system, and especially the pelvic organs. When these are deranged in function or affected by disease, the stomach and other organs of digestion become sympathetically deranged, the nerves are weakened, and a long list of bad, unpleasant symptoms follow. Too much must not be expected of this "Favorite Prescription." It will not perform miracles; will not cure tumors—no medicine will. It will, however, regulate the system, and thus the operating table and the surgeon's knife may be avoided.

Women suffering from diseases of long standing, are invited to consult Doctor Pierce by letter free. All correspondence is held as strictly private and secretly confidential. Address Dr. R. V. Pierce, Buffalo, N. Y.
Dr. Pierce's Medical Adviser (1000 pages) is sent free on receipt of 21 one-cent stamps for paper-covered, or 21 stamps for cloth-bound copy. Address as above.

The Cost of a Lighthouse.
Few tasks our engineers have to undertake, are more difficult than the construction of what Kipling calls "The coast-wise lights"—especially if they be off-shore and not on the mainland cliffs.

So writes Wm. G. Fitzgerald, in an article on building a lighthouse, in the Technical World Magazine. Yet how well worthy the years of patient toil and heroic strife with wind and wave the structure seems when the beams of its lantern sweep the wild seas for the salvation of ships, freighted with human souls!

As to cost of construction, while a shore station may be built for any sum between \$40,000 and \$50,000, an off-shore light may cost as high as \$100,000 before it has finally completed the fierce elements and is ready to send seaward its triumphant beams of perhaps 90,000 candle power.

DYSPEPSIA

"Having taken your wonderful 'Cascarets' for three months and being entirely cured of stomach catarrh and dyspepsia, I can say that I am due to 'Cascarets' for their wonderful composition. I have taken numerous other so-called remedies but without avail, and I find that Cascarets will cure more in a day than all the others I have taken. Would it be true?"
James McGune, 108 Mercer St., Jersey City, N. J.

Cascarets
Best for The Bowels
CANDY CATHARTIC
THEY WORK WHILE YOU SLEEP

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DOES ALLEN'S FOOT-EASE COOL THE BLOOD?
Some doctors have said so and many individuals have said that this clarifying, antiseptic powder, shaken daily into the Shoes is Cooling to the entire System. Scores of nerves center in the soles of the feet and Allen's Foot-Ease soothes and quiets these nerves. Use every means to keep cool and avoid Heat Prostration. Try this simple, popular remedy yourself and see if it is not instantly Cooling and Refreshing. Sold by all Druggists, 25c.