PE-RU-NA A MEDICAL COMPOUND

In any medical compound as much depends upon the manner in which It is compounded as upon the ingredients used.

First, there must be a due proportion of the ingredients. Each drug In the pharmacopeia has its special action. To combine any drug with other drugs that have slightly different action, the combination must be made with strict reference to the use for which the compound is intended. The drugs may be well selected as to their efficacy, but the compound ENTIRELY SPOILED BY THE PROPORTION in which they are combined.

It takes years and years of experience to discover this proportion. There is no law of chemistry, of pharmacy, by which the exact balance of proportion can be determined. EXPERIENCE IS THE ONLY GUIDE.

In compounding a catarrh remedy Dr. Hartman has had many years' experience. In the use of the various ingredients which compose the tatarrh remedy, Peruna, he has learned, little by little, how to harmonize the action of each ingredient, how to combine them into a stable compound, how to arrange them into such nice proportions as to blend the taste, the operation and the chemical peculiarities of each several ingredient in order to produce a pharmaceutical product beyond the criticism of doctors, pharmacists or chemists.

WE REPEAT, THAT AS MUCH DEPENDS ON THE WAY IN WHICH THE DRUGS ARE COMBINED AS DEPENDS UPON THE

DRUGS THEMSELVES.

The compound must present a stability which is not affected by changes of temperature, not affected by exposure to the air, not affected by age. It must be so combined that it will remain just the same whether used in the logging or mining camps of the northwest or the coffee plantations of the tropics.

A complete list of the ingredients of Peruna would not enable any druggist or physician to reproduce Peruna. It is the skill and sagacity by which these ingredients are brought together that give Peruna much of its peculiar claims as an efficacious catarrh remedy.

However much virtue each ingredient of Peruna may possess, the value of the compound depends largely upon the manner and proportion in which they are combined. The right ingredients, put together rightly, is the only way a medical compound can be made of real value.

A Glimpse Into the Czar's Kitchen

A Russian now in New York who

at the winter palace in St. Petersburg

to the cuisine of the imperial house

any attempt to poison the autocrat of

all the Russians. The head chef of the

imperial kitchens holds the rank of

general in the Russian army, receives

a salary of more than \$50,000 a year,

subordinates, and also the keepers of

the wine cellars. Every dish that is

prepared for the imperial table must

army, the food is then placed in a

closed shaft, which the major also en-

ters, and it then ascends to the dining-

room of the Czar, where the major

again partakes of it, and, no ill effects

ensuing, it is then served to the im-

perial household. The menu is ordered

each day by the Czar, who is a hearty

eater, and who occasionally demands

that new dishes be invented by his

chef. The dining-room in which the

regular meals are taken is small, made

of cast iron, is bomb-proof and is sealed

Rubbing It In.

Old Skinem-Huh! So you want to

Young Man-Well, I guess that's

Old Skinem-Um-yes. Can you sup-

Young Man-I can-but I'm not

His Job Safe.

that conductor. He's the most uncivil

"I wish the company would discharge

"That may be, but he can crowd more

passengers into a car than any conduc-

No Great Difference After All.

Chinese how many wives he has."

"It isn't considered polite to ask a

"Well, it isn't polite to ask an Amer-

ican how many wives he's had, either,"

OVER \$1,000 A YEAR AND

That Is the Story of a Michigan

Farmer Who Lives in Western

Spruce Coulee Ranch, Olds, Alberta,

Mr. M. V. McInnes, Canadian Govern-

It will be four years next May since

Since I came here wheat has run

from 25 to 45 bushels per acre, oats

from 65 to 115, that I know of. I

raised that last year; 115 bushels to

the acre of the finest oats I ever seen,

and oats that I sowed the 31st day of

May this year went 721/2 to the acre

and weighed 41 pounds to the bushel.

My barley went 40 bushels last year

and 50 this year, and was not sown

until the latter part of May. I had

three acres of potatoes this year and

sold 700 bushels and put 275 bushels

We have a fine Government creamery

at Olds. Our cows made \$41 per head

and didn't feed any grain-only prai-

rie hay-so you see we are doing well

We have the patent for our homestead

now and am very thankful that we

came to Alberta. We have made a

little over \$1,000 each year besides

making our living. I would not go

back to Michigan to live for anything.

If I had my choice of a ticket to Olds

or a 40-acre farm in Michigan, I would

take the ticket, and in two years I

could buy any of their 40-acre farms.

This is the country for a poor man as

I will close, thanking you for our

Olds, Alberta, Canada, Box 159.

Information as to how to secure low

rates to the free grant lands of West-

ern Canada can be secured of any

prosperity. I remain, yours truly,

(Signed) OTTO YETTING.

well as a man with money.

in the cellar and no bugs to pick.

ment Agent, Detroit, Mich .:

Dear Sir and Friend:

Dec. 10th, 1906.

like a bank vault between meals.

marry my daughter, eh?

about the size of it.

mean enough to do it.

been accustomed?

man I ever saw.'

tor on the pay roll."

-Detroit Free Press.

Canada.

Their Finish.

Gunner-There is certainly something about an American heiress that | served two years in the Czar's kitcher reminds me of a pugilist in the ring. Guyer-Strange combination. What has given some interesting details as is the resemblance?

Gunner-When she takes the count | hold and the precautions taken against

Do You Open Your Mouth

Like a young bird and gulp down whatever food or medicine may be offered you? Or, do you want to know something of the composition and character of that which you take into your stomach whether as food or medicine?

Most intelligent and sensible people now-a-days insist on knowing what they employ whether as food or as medicine. Dr. Pierce believes they have a perfect right to insist upon such knowledge. So he publishes, broadcast and on each bottlewrapper, what his medicines are made of and verifies it under eath. This he feels he can well afford to do because the more the ingredients of which his medicines are made are studied and understood the more will their superior curative virtues

For the cure of woman's peculiar weaknesses, irregularities and derangements, giving rise to frequent headaches, backache, dragging-down pain or distress in lower abdominal or pelvic region, accompanied, ofttimes, with a debilitating, pelvic, catarrhal drain and kindred symptoms of weakness, Dr. Pierce's Favorite Prescription is a most efficient remedy It is equally effective in curing painful periods, in giving strength to nursing mothers and in preparing the system of the expectant mother for baby's coming. thus rendering childbirth safe and comparatively painless. The "Favorite Prescription" is a most potent, strengthening tonic to the general system and to the organs distinctly feminine in particular. It is also a soothing and invigorating nervine and cures nervous exhaustion. nervous prostration, neuralgia, hysteria, spasms, chorea or St. Vitus's dance, and other distressing nervous symptoms attendant upon functional and organic dis-eases of the distinctly feminine organs.

A host of medical authorities of all the several schools of practice, recommend each of the several ingredients of which "Favorite Prescription" is made for the cure of the diseases for which it is claimed to be a cure. You may read what they say for yourself by sending a postal card request for a free booklet of extracts from the leading authorities, to Dr. R. V. Pierce, Invalids' Hotel and Surgical In-stitute, Buffalo, N. Y., and it will come to you by return post.

The Handy Doctor in Your Vest Pocket

T'S a thin, round-cornered little Enamel Box-When carried in your vest pocket

it means Health-Insurance. It contains Six Candy Tablets of pleasant

taste, almost as pleasant as Chocolate. Each tablet is a working dose of Cas-

carets, which acts like Exercise on the Bowels and Liver. It will not purge, sicken, nor upset the

I came to Olds, and I have lived here Because it is not a "Bile-driver," like

Salts, Sodium, Calomel, Jalap, Senna, nor Aperient Waters.

Neither is it like Castor Oil, Glycerine, or other Oily Laxatives that simply lubricate the Intestines for transit of the food stopped up in them at that particular time.

The chief cause of Constipation and Indigestion is a weakness of the Muscles that contract the Intestines and Bowels.

Cascarets are practically to the Bowel Muscles what a Massage and Cold Bath ure to the Athletic Muscles.

They stimulate the Bowel Muscles to contract, expand, and squeeze the Digestive Juices out of food eaten.

They don't help the Bowels and Liver in such a way as to make them lean upon similar assistance for the future.

This is why, with Cascarets, the dose may be lessened each succeeding time instead of increased, as it must be with all other Cathartics and Laxatives.

* * * Cascarets act like exercise.

If carried in your vest pocket, (or carried in My Lady's Purse,) and eaten just when you suspect you need one, you will never know a sick day from the ordinary Ills of life. Because these Ills begin in the Bowels,

and pave the way for all other diseases. "Vest Pocket" box 10 cents.

Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC." | Canadian Government agent.

Unions in Switzerland have a total membership of 41,862.

Boston (Mass.) ladies' garment cutters formed a union recently.

Eighteen unions in Germany publish newspaper of their own.

Minneapolis building laborers will ask for \$3 a day after April 1.

A building trades council has been formed in Lawrence, Mass. A new union of cigarmakers has been

organized at Crookston, Minn. Labor unions of Richmond, Va., are

planning to erect a \$100,000 temple. The cloth hat and cap makers will

meet in convention May 1 at New York Master horseshoers of San Jose, Cal., have granted the journeymen the wage

raise demanded. Efforts are being m adeto organize thoroughly the Italian tailors and press-

men of Boston, Mass. The International Butchers' Union is building up rapidly, forty-two charters

having been issued last year. A meeting to form a Massachusetts State organization of city employes' unions will be called in Boston.

Waitresses of Phonix, Ariz., are on strike for a ten-hour day. They have been working eleven and twelve hours.

The International Brotherhood of Blacksmiths and Helpers recently organized a branch local in the isthmian canal Kanakas, in Queensland, Australia, ex-

empted from deportation, are forming a union for the protection of their own in-The Associated Blacksmiths of England

and is an important official of the report that this is the jubilee year of State. Under him there is an army of the society, which was established in Ausome 300 men as chefs, underchefs and The two railwaymen's unions in Italy

have decided to amalgamate, there being 23,393 votes in favor of amalgamation and first be partaken of by a major of the 489 against. The Cooks and Waiters' Union of Val-

> lejo, Cal., is making a determined fight against the non-union restaurants and hotels of that city. Union printers of Norfolk, Va., have

> made a demand for an increase in their wage scale of \$3.50 a week. The increase is based on the increased cost of living. A reduction of one and one-half hours a day has been obtained for the Waltham

barbers by the Boston journeymen's union, which includes Waltham in its jur-Union carpenters of Oakland, Cal., are banding together to build a labor temple.

Articles of incorporation have been filed

by the Union Carpenters' Hall Association. The capital stock is \$100,000. Reports from the general headquarters of the Iron Molders' Union of North America are to the effect that 7,886 names port her in the style to which she has of molders and core makers were added

> to the membership rolls during 1906. Officers of the New York Harbor Boatmen's Union recently announced that there would be a general strike of tugboat men unless their demands of \$10 a

month increase in wages is granted. The following scale of wages paid in China will give some idea of the daily returns received for labor done (in United States gold): Laborer, 10 cents; masons, 15 cents; artisan, 10 to 20 cents, and clerk, 40 to 50 cents.

Sacramento is soon to have a handsome and commodious labor temple. The building is to be erected by the Sacramento Labor Temple Association, composed of representatives of the various labor organizations of the city.

The Operative Bricklayers of England, with a membership of 40,000 men, have resolved to make their executive a permanent body, to meet daily for the transaction of business. The executive is to be elected for two years instead of one.

According to a Census Bureau report issued recently, women wage earners are increasing steadily and are engaged in 316 of 339 industries. The greatest increase is shown for the manufacture of tobacco, cigars and cigarettes. New York State leads in the employment of women, with garment-making most prominent.

Chicago, Ill., has just formed a new labor union, articles of incorporation having been granted by the Secretary of State. The organization is known as the Retail Drug Clerks' and Soda Dispensers' Benevolent and Protective Association. The organization has made no move toward affiliation with the Chicago Federation of Labor.

After being organized for nearly two years without making any formal requests from the lumber companies, the representatives from unions of the International Brotherhood of Woodsmen and Sawmill Workers have formulated plans for a uniform scale of wages and hours for the various camps and mills of Humboldt county, Colo.

The organized farmers of Colorado will raise no beets next year. This was decided at a convention of the Beet Growers' Union at Fort Collins, recently. The executive board of the union reported that it had failed, after negotiating with the sugar trust, to get the price paid for beets last year restored. The trust had announced that it would reduce the price

A committee of five from the Lake Seamen's Union has met a similar committee from the Marine Firemen, Oilers and Water Tenders' Benevolent Association of the Great Lakes, the purpose being to provide means for closer relations between the two organizations.

Piledrivers and dock builders of Cleveland, Ohio, have signed an agreement for two years with all contracting firms except one, which provides for the closed shop and the nine-hour day, with the same pay as received for ten hours. The new agreement will go into effect on April 1.

The Three Species of Moose. There are supposed to be three specles of moose: The European moose or elk, found in northern Europe and adjoining parts of Asia; the common moose of eastern America, distingaished chiefly from its European congener by the skull being narrowed across the maxillaries, also by its greater size and darker color; and the Alaskan moose, separated by its giant stature, its narrow occiput, broad palate and heavy mandibles.

Expressed in external features as illustrated in the adult male (always best for differentiating species):

The Scandinavian elk is a small gray animal with little palm and many spikes on its antlers.

At the first sign of Backache or pain

Tack This Up.

fn the region of the Kidneys, or weakness and Urinary trouble, the following simple prescription should be used: Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each

meal and at bedtime. Any good prescription pharmacy will supply these three ingredients at small cost, which can easily be mixed by shaking well in a bottle. This is said to force the Kidneys to filter the sour acids and poisons from the blood, overcoming the worst cases of Rheumatism.

Limitations.

"Papa, you always travel first class, don't you?"

"Not always, my son. I always pay first class fare-that's all."

A Good Record.

Out of all the external remedies on the market we doubt if there is one that has the record of that world-renowned porous plaster-Allcock's. It has now been in use for sixty years, and still continues to be as popular as ever in doing its great work of relieving our pains and aches. It is the remedy we all need when suffering from any form of ache or pain resulting from taking cold or over-strain. Allcock's Plasters are sold by Druggists in every part of the civilized world. .

The present Princess of Wales, who was born on May 26, 1867, received no less than eight names at the baptismal

Take Garfield Tea, the herb remedy that has for its object Good Health! It purifies the blood, cleanses the system, makes people well. Guaranteed under the Pure Food Law.

Old Hunks. Mrs. Hunks-Ezra, what is good for a pain in the jaw?

Old Hunks-Give the jaw absolute rest,

Deafness Cannot be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mu cous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it i entirely closed, Deafness is the result, and unless the inflammation can be taken on and this tube restored to its normal coudition, hearing will be destroyed forever nine cases out of ten are caused by Ca tarrh, which is nothing but an inflamed con dition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh

that cannot be cured by Hall's Catarra Cure. Send for circulars, free.
F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.
Take Hall's Daniel Wills for constipation.

Nothing of the Kind.

"Fishing through the ice, are you, son-"Naw! I'm fishin' troo dis hole in de ice. Can't ye see?"



from the same physical disturbances. and the nature of their duties, in many cases, quickly drift them into the horrors of all kinds of female complaints, organic troubles, ulceration, falling and displacements, or perhaps irregularity or suppression causing backache, nervousness, irritability, and sleeplessness.

Women everywhere should remember that the medicine that holds the record for the largest number of actual cures of female ills is

Lydia E. Pinkham's Vegetable Compound

made from simple native roots and herbs. For more than thirty years it has been helping women to be strong, regulating the functions perfeetly and overcoming pain. It has also proved itself invaluable in preparing for child birth and the Change of Life.

Mrs. A. M. Hagermann, of Bay Shore, L. I., writes :- Dear Mrs. Pinkham:-"I suffered from a displacement, excessive and painful functions so that I had to lie down or sit still most of the time. Lydia E. Pinkham's Vegetable Compound has made me a well woman so that I am able to attend to my duties. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound and see what relief it will give them."

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female illness are invited to write Mrs. Pinkham, at Lynn, Mass. for advice She is the Mrs. Pinkham who has been advising sick women free of charge for more than twenty years, and before that she assisted her mother-in-law Lydia Er Pinkham in advising. Therefore she is especially well qualified to guide sick women back to health.

DOUGLAS \$3.00 AND \$3.50 SHOES THE WORLD W. L. DOUGLAS \$4.00 GILT EDGE SHOES CANNOT BE EQUALLED AT ANY PRICE.

SHOES FOR EVERYEODY AT ALL PRICES: Men's Shoes, \$5 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's Shoes, \$4 to \$1.50. Misses' & Children's Shoes, \$3.25 to \$1.00. W. L. Douglas shoes are recognized by expert judges of footwear' to be the best in style, fit and wear produced in this country. Each part of the shoe and every detail of the making is looked after and watched over by skilled shoemakers, without regard to time or cost. If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better,

wear longer, and are of greater value than any other makes. W. L. Douglas name and price is stamped on the bottom, which protects the wearer against high prices and interior shoes. Take No Substitute. Sold by the best shoe dealers everywhere. Fast Color Eyelets used exclusively. Catalog mailed free. W. L. DOUGLAS, Brockton, Mass.

A Positive CATARRI Ely's Cream Balm is quickly absorbed. Gives Relief at Once. It cleanses, soothes

heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Re-HAY stores the Senses of

Taste and Smell. Full size 50 cts., at Diaggists or by mail; Trial Size 10 cts. by mail. Ely Brothers, 56 Warren Street, New York.

Classified.

"He says he read and understood Browning when he was a little boy he must be highly cultured, eh?" "Yes; a highly cultured liar."-Fort Worth Record.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Signature of Char

FOR CHILDREN. A Certain Cure for Feverishness, Constitution, Headache, Stomach Troubles, Teethind Disorders, and Destroy Worms. They Break up Colds in 2 hours. At all Cruggius, 20cts ren's Home, Sample mailed FREE. Address, Rew York Oity. A. S. OLMSTED, Le Roy, N. S.

If afflicted with Thompson's Eye Water

Western Washington Timber Land

tine Antiseptie will improve her health

and do all we claim

send her absolutely free a large trial box of Paxtine with book of instruc-

your name and address on a postal card.

catarrh and inflammation caused by femi-

nine ills; sore eyes, sore throat and mouth, by direct local treatment. Its cur-

ative power over these troubles is extra-

ordinary and gives immediate relief

Thousands of women are using and rec-

ommending it every day. 50 cents at druggists or by mail. Remember, however,

IT COSTS YOU NOTHING TO TRY IT.

MOTHER GRAY'S

SWEET POWDERS

THE R. PAXTON CO., Boston, Mass

ions and genuine testimonials.

Mrs. Winslow's Scoreine Staur for Children sething; softens the gums, reduces inflammation, al-lays pain, curse wind colic. If cents a bestla S. C. N. U. - - No. 13-1907. ern Home Investment Co., Tacomo, Wash THE VALUE Personal knowledge is the winning factor in the culminating contests of this competitive age and when of ample character it places its fortunate possessor in the front ranks of The Well Informed of the World. A vast fund of personal knowledge is really essential to the achievement of the highest excellence in any field of human effort. A Knowledge of Forms, Knowledge of Functions and Knowledge of Products are all of the utmost value and in questions of life and health when a true and wholesome remedy is desired it should be remembered that Syrup of Figs and Elixir of Senna, manufactured by the California Fig Syrup Co., is an ethical product which has met with the approval of the most eminent physicians and gives universal satisfaction, because it is a remedy of Known Quality, Known Excellence and Known Component

Parts and has won the valuable patronage of millions of the Well Informed of the world, who know of their own personal knowledge and from actual use that it is the first and best of family laxatives, for which no extravagant or unreasonable claims are made. This valuable remedy has been long and favorably known under the name of -Syrup of Figs - and has attained to worldwide acceptance as the most excellent family laxative. As its pure laxative principles, obtained from Senna, are well known to physicians

and the Well Informed of the world to be the best we have adopted the more elaborate name of -Syrup of Figs and Elixir of Senna — as more fully descriptive of the remedy, but doubtless it will always be called for by the shorter name of -Syrup of Figs-and to get its beneficial effects, always note, when purchasing the full name of the Company - California Fig Syrup Co. - printed on the front of every package,

whether you call for - Syrup of Figs — or by the full name — Syrup of Figs and Elixir of Senna.



LOUISVILLE, KY. U.S.A.

NEW YORK, N.Y.