

### Do You Open Your Mouth

Like a young bird and gulp down whatever food or medicine may be offered you? Or, do you want to know something of the composition and character of that which you take into your stomach whether as food or medicine?

Most intelligent and sensible people now-a-days insist on knowing what they employ whether as food or as medicine. Dr. Pierce believes they have a perfect right to insist upon such knowledge. So he publishes, broadcast and on each bottle wrapper, what his medicines are made of and verifies, under seal, that he feels he can well afford to do because the more the ingredients of which his medicines are made are studied and understood the more will their superior curative virtues be appreciated.

For the cure of woman's peculiar weaknesses, irregularities and derangements, giving rise to frequent headaches, backache, dragging-down pain or distress in lower abdominal or pelvic region, accompanied, oftentimes, with a debilitating, pelvic, catarrhal drain and kindred symptoms of weakness, Dr. Pierce's Favorite Prescription is a most efficient remedy. It is equally effective in curing painful periods, in giving strength to nursing mothers and in preparing the system of the expectant mother for baby's coming, thus rendering childbirth safe and comparatively painless. The Favorite Prescription is a most potent, strengthening tonic to the general system and to the organs distinctly feminine in particular. It is also a soothing and invigorating nerve and cures nervous exhaustion, nervous prostration, neuralgia, hysteria, spasms, chorea or St. Vitus's dance, and other distressing nervous symptoms attendant upon functional and organic diseases of the distinctly feminine organs.

A host of medical authorities of all the several schools of practice, recommend each of the several ingredients of which "Favorite Prescription" is made for the cure of the diseases for which it is claimed to be a cure. You may read what they say for yourself by sending a postal card request for a free booklet of extracts from the leading authorities, to Dr. R. V. Pierce, Invalids' Hotel and Surgical Institute, Buffalo, N. Y., and it will come to you by return post.

### Kemp's Balsam

Will stop any cough that can be stopped by any medicine and cure coughs that cannot be cured by any other medicine.

It is always the best cough cure. You cannot afford to take chances on any other kind.

KEMP'S BALSAM cures coughs, colds, bronchitis, grip, asthma and consumption in first stages.

### A Positive CATARRH CURE

Ely's Cream Balm is quickly absorbed. Gives relief at once. It cleanses, soothes and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts., at Drug-gists or by mail; Trial Size 10 cts. by mail. Ely Brothers, 56 Warren Street, New York.

### MOTHER GRAY'S SWEET POWDERS FOR CHILDREN

A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Diarrhea. Worms. The Break up Colds in 24 Hours. All Croup, Etc. Sample mailed FREE. Address, Mrs. Gray's Home, New York City. A. S. OLMSTED, Le Roy, N. Y.

Troubles of an Amateur. "I thought you had gone to raising bees," said the man from the city. "I don't see any sign of them around here." "I had half a dozen colonies of the finest bees I could get," answered the suburbanite, "and a whole library of literature on bee raising; but they swarmed one day, and while I was looking through my books to find out what was the proper thing to do when swarmed the blamed things flew away, and I've never seen 'em since."

Fully 2,500 persons commit suicide in Russia every year.

### DOCTOR DESPAIRED

Anæmic Woman Cured by Dr. Williams' Pink Pills Recommends the Pills to All Others Who Suffer.

Anæmia is just the doctor's name for bloodlessness. Dr. Williams' Pink Pills cure anæmia as food cures hunger. They cured Mrs. Thomas J. McGaugh, of 17 Lincoln Place, Plainfield, N. J., who says: "In the spring of 1903 I did my usual house cleaning and soon afterward I began to have the most terrible headaches. My heart would beat so irregularly that it was painful and there came a morning when I could not get up. My doctor said I had anæmia and he was surprised that I had continued to live in the condition I was in. I was confined to my bed for nearly two months, the doctor coming every day for the first few weeks, but I did not improve to amount to anything. Altogether I was sick for nearly two years. I was as weak as a rag, had headaches, irregular heart beats, loss of appetite, cramps in the limbs and was unable to get a good night's sleep. My legs and feet were so swollen that I feared they would burst.

"Before very long after I tried Dr. Williams' Pink Pills I felt a change for the better. I have taken about twelve boxes and although I was as near the grave as could be, I now feel as if I had a new lease of life. I have no more headaches, the heart beats regularly, my cheeks are pink and I feel ten years younger. I feel that I have been cured very cheaply and I have recommended the pills to lots of my friends."

Dr. Williams' Pink Pills are sold by all druggists, or will be sent by mail on receipt of price, 50 cents per box, six boxes \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

# EDITORIALS

Opinions of Great Papers on Important Subjects.

### SPELLING REFORM TENDENCIES.

**A** STUDY of spelling reform by F. Sturgis Allen shows that there is less evidence of change of spelling in British usage than there is in American. Shall we spell "aesthetic" or "esthetic"? British publishers do not take to the latter. On the other hand, "American publishers who publish for the British as well as the American market," Mr. Allen tells us, "find that adopting the e (which is considered an Americanism) tends to injure the sale of their books to the British trade." Considerable changes, he adds, are taking place in American usage in the direction of returning to British usage; as, for example, "honour" for honor, "centre" for center and "traveller" for traveler. After all, American publishers who want the widest market for books of a certain class have to consider the fastidious buyers in Australia, Canada, South Africa and other British colonies as well as in the United States. It thus happens that the personal interest of many bookmakers in this country run counter to the project of extended "spelling reform" endorsed by Mr. Carnegie. The typewriter and typesetting machines seem to be chiefly responsible for the common substitution for the diphthongs, as the machines would become much more complicated if they provided for them. "Should the dictionaries," Mr. Allen asks, "give the preference to 'e' forms when usage does not, without indicating that usage prefers the diphthong forms in those cases?" Usage, after all, is and should be the master. The time is past when dictionary makers could undertake to dictate.—Baltimore Sun.

### FUTURE OF SAN FRANCISCO.

**S**AN FRANCISCO started to rebuild even before she had any assurance that she could establish herself more securely against further earthquakes. That showed the quality of her courage. It has, nevertheless, been giving her satisfaction to hear the testimony of earthquake experts and architects and builders to the effect that she can make her buildings strong enough to resist even worse shocks than they have experienced. Professor Nakamura, of the Imperial University of Tokio, the architect sent by Japan to inspect conditions at San Francisco, reported some time ago that one of the great causes of damage had been the poor quality of mortar and the faulty construction with the use of hollow tiling and fire blocks instead of concrete. He gave the San Francisco people formulas for the kind of mortar which, according to Japanese experience, will resist shocks, and he told them that even brick buildings, if properly set in mortar, can be made proof against damage. The writer on applied science in the current Forum adds his testimony as to the stability of the steel frame buildings, when properly braced and when established on sufficiently solid foundations. For the smaller buildings re-enforced concrete—that is, concrete with an imbedded metallic network—is approved for its resistance both to shock and to fire.

Even the light and water problems of San Francisco are said to be susceptible of entirely successful solutions, both from technical and from commercial standpoints. The substitution of electricity for gas will do away with one of the worst of the fire dangers—that coming from the gas mains the earthquake has broken. The water pipes can probably be made secure against the worst breaks by laying them on concrete foundations. Indirectly San Francisco is planning to make great conflagrations improbable hereafter by establishing a system of broad

boulevards, which the fire will not be apt to leap, even if the water supply is in part interrupted. Some of these boulevards are planned to be put through at once, others after five years and others after ten years.

San Francisco has every reason to feel confident that it is as safe as any other city, and much safer than many, against the recurrence of disaster with destructive results akin to those of last April.—Chicago Record Herald.

### CHECKS ON PROSPERITY.

**T**HE rich bear little of the general burden of taxation, in any country, proportionately to the poor. The British Chancellor of the Exchequer hints that an attempt will be made to throw the income tax more heavily on the rich. The Liberal party may also adopt the principle, practiced in several European countries, of taxing income from property more heavily than income based on effort. Prussia, Saxony and Wurttemberg tax income from property about three times as much as income from work, and Denmark twice as much. The principle is recognized in Italy. The only objection to a progressive income tax is the encouragement that it gives to perjury, and this objection it shares with the ordinary forms of taxing personal property. Income taxes, inheritance taxes, and laws in restraint of monopoly are all efforts, of course, toward the one goal of so arranging the laws that society shall grant to the individual only as much as is for the material and spiritual welfare of the race. Massachusetts has just declared, through her Supreme Court, that no person or body in that State shall make it a condition of sales that the purchaser shall not handle the goods of other dealers—a significant example of what is to be expected more every year in the direction of preventing the individual or the corporation from having too much in common with the supposed disposition of the much-wronged hog.—Collier's Weekly.

### THE COLLEGE ADDRESSES.

**W**HEN a man is called upon to speak to college students he usually weighs his words most carefully. However extreme a partisan may be in other circumstances, when setting forth his views in the presence of those who are learning about the great problems of life he strives to be judicial and fair-minded. Consequently, the annual college addresses afford a distinct guide to what the leaders of thought really think.

Those addresses this year were remarkable for their cheerful optimism and for their faith in the honesty and uprightness of the men of the present generation. There were some exceptions, but the rule was that the young men about to begin the struggle for survival were told that the old-fashioned virtues have not gone out of style, that honesty and uprightness are still highly prized, that greed for gain is as despicable as it has always been, and that the road to success lies along the straight and narrow way which has commended itself to men by centuries of experience.

This word is needed. It is important that a true and wholesome standard shall be held up for admiration at the time when young men begin to find a standard necessary.

It is a most gratifying sign of the firmness of the moral foundations that neither the colleges nor the men whom they honor by invitations to speak have been swept from their feet by the tide of sordid accusations—too many, alas! proved—that has lately been flooding the country.—Youth's Companion.

### THINK PLANTS HAVE EYES.

Scientists Thus Explain Why They Seek to Avoid the Sun's Glare. Plants are by no means so stupid or so helpless as they commonly get credit for being. No matter how a beech happens to be placed in the ground, the root will turn down and the stem grow up into the air and there manage somehow or other to find its way to the nearest support.

Especially remarkable is the behavior of vegetables toward light. House plants, as every one knows, grow in the direction of the window, but if the pot be turned halfway round the leaves will nevertheless manage to screw themselves back into their old position, and the sunflower will "rubber round" all day long so as to stare at the sun. In temperate countries leaves grow at right angles to the rays of light to get as much of it as possible; in the tropics they set themselves edgewise to get as little.

Evidently, then, plants come at least as near seeing as do some animals. Pretty much all that has been known about the matter, however, is that they attend only to the blue rays of the sun; for though they will grow perfectly well in red or yellow light they show not the slightest inclination to turn toward it.

A German botanist, Haberlandt, who for many years has been studying these problems, has concluded that the whole upper surface of each leaf is a sort of compound eye. The thin, translucent skin which in most plants covers the green, succulent tissue of the leaf is itself, in certain cases, composed of innumerable rounded cells. These, thinks Professor Haberlandt, are so many minute lenses which concentrate the light upon the living substance below and enable the plant to distinguish between light and darkness, or between weak light and strong, though not, of course, to see objects. Such primitive lenses he finds in the fig, ivy, magnolia, wood-sorrel and other plants. Certain plants, like the pepper and the balsam, have in addition little eye spots which in structure approach the eyes of many of the simplest animals and appear, in a sense, to be real eyes.

At any rate, plants do act as if they could see and Professor Haberlandt has found that each of these supposed sense organs can be made to print a bright spot on a photographic plate.—Collier's.

### PUTTING HIS FOOT IN IT.



Mrs. Skrappy—Oh! Why didn't I marry a sensible man?  
Skrappy—Because, madam, a sensible man would never have married you.

### POLITE JAPANESE CHILDREN.

Japan is the country in which the word "boor," or an equivalent, is not needed. In that land habits of politeness begin to be formed with the first training of the child. Albert Tracy, in his "Rambles Through Japan," writes of what he observed in the most obscure parts of the country. Among the many things which he found to praise none is more pleasing than the fine courtesy of the children.

I saw some children emerging from school, and stopped on the opposite side of the street to look at them. They came out with none of the rude boisterousness which characterizes pupils at home, but walked sedately and quietly, with books and slates under their arms. The first to come out were not a little startled, evidently, at seeing a bearded foreigner looking at them. They stopped a moment, and then, with a courtesy which I wish I could imagine possible in an English town or an American village, made an exceedingly respectful bow, and passed on. Of course I returned the salutation.

The next ones repeated their civility, and then as fast as the pupils came to the front they stopped and made pro-

found reverences all along the line. It was a very pretty picture, and quite well illustrated the polite bearing of the Japanese, who are thus trained to civility from childhood.

Before a baby can speak, almost before it can totter alone, it is taught to lift the hand to the forehead on receiving a gift; and I never saw a child fail to make this signal of respect and gratitude without being reproved or reminded of the omission by some bystander.

At another place I came suddenly upon two pretty children who, approaching from the opposite direction, were completely taken by surprise, and had no opportunity to escape. Their faces showed that they were very much frightened, and the younger clung closely to his brother.

Just as I was about to speak they made the most profound of reverences, withal so prettily that I gave them each a penny, demonstrating, I hope, in their minds that even a white-faced barbarian is not dangerous if one is polite.

### Everywhere.

The Preacher—And now, brethren, remember that we must all appear before that dread tribunal where all our misdeeds shall be brought to light. The Hearer—Great Scott! Is this muck-raking being taken up by the churches, too?—Cleveland Leader.

### RUSSIAN HORROR.

Victims of Siedlice Massacre Perish Miserably of Thirst.

The full horror of the massacre at Siedlice will never be known. The official report is that 100 were killed, but this is far below the total. Whole blocks of houses were burned and tremendous damage was done by shells from the battery of artillery that fired recklessly into the mob.

All this, however, is merely incidental, being as nothing when compared to the awful details of that Russian tragedy. A terrible feature of the woe of Siedlice is that many persons died of thirst. The drunken soldiers and police cleaned out blocks, leaving only the dead and wounded behind. Many of these buildings were not entered for five days and it is said twenty bodies of men and women, who died from their wounds and thirst, have been picked up.

One Jewish girl was found unconscious on the floor under a water faucet. Two policemen had broken both her legs and cut her in the side with a sword. She had dragged herself across the floor, but was unable to rise to the faucet. There she lay in agony for nearly five days. She revived just long enough to gasp "Water! Water!" and then died.

An old white-headed Jew, one of the wealthiest men in the city, was found dead in a bathtub in his house. He had been shot twice in the body and evidence was found showing he had spent two or three days helpless on the dining room floor. Blood clots showed where he had dragged himself to the bath room. Apparently, in a delirious ecstasy at getting water, he had turned on the faucets, struggled over the side into the bath and was drowned.

A few days ago, with a prayer for Russian freedom on their lips, Senaife Konopliankovo, the girl who assassinated Gen. Min Aug. 28 in the Peterhof railroad station, walked with firm step up a scaffold and was hanged. When the black cap was being pulled on the girl in a loud voice called: "Long live the social revolution for land and liberty!"

### WRECKED BY DYNAMITE.

Explosion at Jellico, Tenn., Does \$1,000,000 Damage.

A terrific dynamite explosion at Jellico, Tenn., caused the loss of at least nine lives and more or less seriously injured not less than fifty people. Property damage estimated at \$1,000,000 was done and the town of Jellico, Ky., was practically destroyed. At least 500 people are homeless. Without exception every business house in the town is either totally wrecked or badly damaged. The union station of the Southern railway and the Louisville and Nashville railroad, located about 100 yards from the scene of the explosion, was shattered to splinters. This cut off all telegraphic communication and news of the explosion was handled by telephone.

The explosion occurred upon the Kentucky side of Jellico, and in consequence every business house on that side of the town was wrecked. Not one was spared. A large number of residences located near the railroad on the Kentucky side were demolished. As a result it is estimated that one-seventh of the population of the two Jellicos is homeless.

A car loaded with dynamite, and consigned to the Rand Powder Company, was brought in by the Southern railway from the direction of Knoxville and was sidetracked in the yards used jointly by the Southern railway and the L. & N. It is believed that the explosion was caused from spontaneous combustion in the car. The spot where the car stood is marked by a crevasse in the earth fully twenty feet deep and about thirty feet in diameter.

Word was received in Winnipeg, Man., of a dynamite explosion, which occurred on the right of way of the Grand Trunk Pacific railway near Finmark, northwest Ontario, in which five were killed outright and six injured. A gang of Finlanders was engaged in tunneling, according to one story, when the premature explosion of a large quantity of dynamite occurred.



The advance in the price of sugar will make many of us look sour.

Europe proposes to prevent the Shah of Persia from hiding under the bed.

Palma might catch those recalcitrant Cubans by putting a pinch of pie on their plates.

Bank Wrecker Stensland doesn't know so much about its being "Home, Sweet Home."

The Chinese Emperor is getting to be almost as great a promiser as the Czar of Russia.

Before the court gets through a Pittsburg divorce suit, they arrest most everybody in sight.

It is claimed that Gen. Trepoif's death was due to natural causes. Natural to Russia, no doubt.

What Cuba especially wants is to learn the difference between a ballot box and a waste paper basket.

"Segal got all the money; I was fooled," says Hippie in his confession. So were the rest of 'em.

How fortunate would be all nations who go to war if they had some big friend to make them behave!

Cuba knows a hint when one as large as a skyscraper begins taking ominous strides in its direction.

The insurance companies are not all quitters. They have paid \$55,000,000 of their San Francisco losses.

Between being arrested and committing suicide, our poor bank wreckers are having a very unpleasant time.

The Czar is beginning to find out that you can't govern an empire nor lay pavements merely with good intentions.

### PERUNA PRAISED.



MRS. ESTHER M. MILNER.

Box 321, DeGraff, Ohio.  
Dr. S. B. Hartman, Columbus, Ohio.

Dear Sir:—  
I was a terrible sufferer from pelvic weakness and had headache continuously. I was not able to do my housework for myself and husband.

I wrote you and described my condition as nearly as possible. You recommended Peruna. I took four bottles of it and was completely cured. I think Peruna a wonderful medicine and have recommended it to my friends with the very best of results.

Esther M. Milner.  
Very few of the great multitude of women who have been relieved of some pelvic disease or weakness by Peruna ever consent to give a testimonial to be read by the public.

There are, however, a few courageous, self-sacrificing women who will for the sake of their suffering sisters allow their cures to be published.

Mrs. Milner is one of these. In her gratitude for her restoration to health she is willing that the women of the whole world should know it. A chronic invalid brought back to health is no small matter. Words are inadequate to express complete gratitude.

**A GRATEFUL LETTER TO DR. HARTMAN**

Benjamin Hobbs of Springfield, Mass., is the oldest active armorer in America. He has been in government employ for over fifty years.

Wanted—Women in each town to sell extracts, toilet articles, massage cream, etc. Waterloo Chem. and Works, Waterloo, Iowa.

**A Wise Cat.**

A true cat story is told by a correspondent of the Hartford Courant. A family moved to a new home twelve miles from the old one. They gave their cats to a friend about six miles from the new home. One of them, the mother cat, remained at her new quarters only a short time, and nothing was heard from her until this summer, when nearly two years had passed. One morning she was discovered in the yard of her old mistress' home in the city which she had never seen, being born and raised at the old home in the country. To the greeting of her mistress she responded with every show of affection and delight. Of course, the wanderer was made welcome. She shows a decided aversion to being put out of doors at all, and clings with a devotedness which is really touching to her old friends. "Now," asks the writer, "could this be merely chance that pussy, in her tramp life, should find her way to that particular place, or do these dumb creatures know more than we give them credit for?"

**Limits.**  
The train was called the limited, but what was limited about it? It ran at an unlimited speed, the inconviction of the conductor and the brakeman was unlimited, as was the rapacity of the porter.

"It's a mystery!" exclaimed the little party of foreigners.

But in a moment they entered the drawing room car, and their wonder vanished.

"Of course, it's the good taste of the decorations!" they whispered, and, remembering their manners, pretended not to notice.—Puck.

**THE WAY OUT.**

Change of Food Brought Success and Happiness.

An ambitious but delicate girl, after failing to go through school on account of nervousness and hysteria, found in Grape-Nuts the only thing that seemed to build her up and furnish her the peace of health.

"From infancy," she says, "I have not been strong. Being ambitious to learn at any cost I finally got to the High School, but soon had to abandon my studies on account of nervous prostration and hysteria.

"My food did not agree with me, I grew thin and despondent. I could not enjoy the simplest social affair, for I suffered constantly from nervousness in spite of all sorts of medicines.

"This wretched condition continued until I was twenty-five, when I became interested in the letters of those who had cases like mine and who were being cured by eating Grape-Nuts.

"I had little faith but procured a box and after the first dish I experienced a peculiar satisfied feeling that I had never gained from any ordinary food. I slept and rested better that night, and in a few days began to grow stronger.

"I had a new feeling of peace and restfulness. In a few weeks, to my great joy, the headaches and nervousness left me and life became bright and hopeful. I resumed my studies and later taught ten months with ease—of course using Grape-Nuts every day. It is now four years since I began to use Grape-Nuts, I am the mistress of a happy home and the old weakness has never returned." Name given by Postum Co., Battle Creek, Mich.

"There's a reason." Read the little book, "The Road to Wellville," in pkgs.