Cures for Colda.

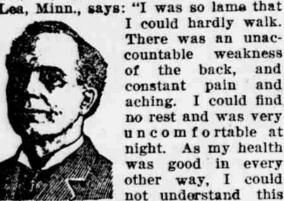
"Coal oil will knock any cold silly," said C. C. Warren. "The idea of drinking coal oil may seem repugnant to some esthetic tastes, but one tablespoonful will fix the business for the most stubborn cold in head or body.

"Turpentine is another fine thing for general conditions. I firmly believe that if a man will take fifteen to twenty drops of turpentine in sugar once every two months he will never be really sick. It's an internal Turkish bath in effect, and leaves the system thoroughly cleansed and in good shape to take on new strength. There's no excuse for a cold, and it's a dangerous thing to pass by."-Baltimore News.

HIS ONE WEAK SPOT.

Prominent Minnesota Merchant Cured to Stay Cured by Doan's Kidney Pills.

O. C. Hayden, of O. C. Hayden & Co., dry goods merchants, of Albert Lea, Minn., says: "I was so lame that



countable weakness of the back, and constant pain and aching. I could find no rest and was very uncomfortable at night. As my health was good in every other way, I could not understand this

trouble. It was just as if all the strength had gone from my back. After suffering for some time I began using Doan's Kidney Pills. The remedy acted at once upon the kidneys, and when normal action was restored, the trouble with my back disappeared. I have not had any return of it."

For sale by all dealers. 50 cents a box. Foster-Milburn Company, Buffalo, N. Y.

Just How It Happened. Mother-What! Fighting again? Such a black eye! If you'd only follow the

lead of the minister's little boy-Tommy-Aw, I did try ter foller his lead, but he led again wid his left an' dat's where he biffed me.-Philadelphia Press.

TO CURE A COLD IN ONE DAY Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25c.

MEXICO IS LEARNING.

The American Way of Living Is Taking a Deep Hold on People.

The study of English is compulsory in the Mexican public schools. Every year Mexico sends to the United States a number of school teachers to study American pedagogic methods, says Edward McConley in the American Monthly Review of Reviews. A great many Mexican children are being educated in the schools and colleges of this country, where formerly they were sent to Europe. The number of Mexican visitors to the United States and the number of American visitors to Mexico is increasing every year. It is said that Yucatecans know New York better than the City of Mexico and that west-coast Mexicans are more at home in San Francisco than in their own capital city. Thus, each year the American way of living is taking a deeper hold on the Mexican people.

The Vice President of Mexico and announced successor of President Diaz is very much Americanized in his ideas. In fact, he might easily be mistaken for a plain, shrewd American business man from his appearance, manner and methods. He has always been exceedingly friendly toward Americans. As Governor of the State of Sonora, he encouraged them to invest in enterprises in his State and to settle therein. He spared no effort in seeing that their lives, property and civil rights were protected. He is well informed about the United States and is a student of English. He has three daughters in school at San Francisco and is educating all of his children in the United States.

FOOD AND STUDY.

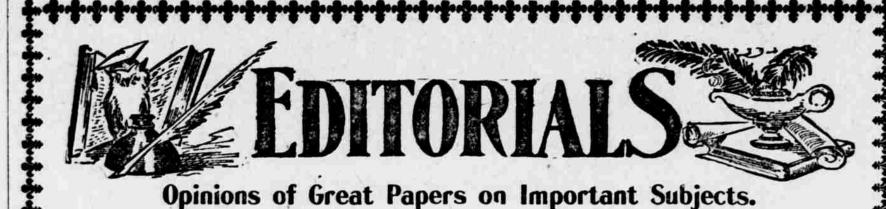
A College Man's Experience. "All through my high school course and first year in college," writes an ambitious young man, "I struggled with my studies on a diet of greasy, pasty foods, being especially fond of cakes and fried things. My system got into a state of general disorder and it was difficult for me to apply of satisfaction. I tried different medicines and food preparations but did

not seem able to correct the difficulty. Grape-Nuts food and I sampled it. I had to do something, so I just buckled | we going to sit still and be squashed down to a rigid observance of the directions on the package, and in less than no time began to feel better. In Sandville's handful of residents, who a few weeks my strength was re- served the limited public of his town stored, my weight had increased, I in many capacities, looked depressed had a clearer head and felt better in then he rose to meet the occasion. every particular. My work was sim- "We'll get out a set of postal cards ply sport to what it was formerly.

"My sister's health was badly run down and she had become so nervous that she could not attend to her music. She went on Grape-Nuts and had the same remarkable experience that I had. Then my brother, Frank, who is in the postoffice department at Washington city and had been trying to do brain work on greasy foods, cakes and all that, joined the Grape-Nuts army. I showed him what it was and could do and from a broken-down condition he has developed into a hearty and efficient man.

"Besides these I could give account of numbers of my fellow-students who have made visible improvement mentally and physically by the use of this food." Name given by Postum Co.,

Battle Creek, Mich. There's a reason. Read the little book, "The Road to Wellville," in pkgs.



DOCTORS WARN US AGAINST HARD WORK.



OAF and grow fat" is the trite expression of an old truism supposed to have the backing of physiological research and medical experience. The farmer who wishes to fatten stock for the market does not permit it to roam the fields. He puts the stock in a pen, where it can get little ex-

ercise, and feeds it fattening material. But it has never been supposed that loafing made a person healthy or strong. It favors an increase of adipose tissue, but no one ever contended that it made muscular tissue or improved the circulation or strengthened any of the organs of the body.

But now come certain members of the American Medical Association with the declaration that hard work is deadly, that the "strenuous life" is making the young men of the United States as decrepit as their grandfathers were at the age of 70 years. The introduction of the cinder path, football and other forms of outdoor athletics into college life, it is claimed, has resulted in the alarming growth of an incurable disease that is sapping the vitality of the young men. This disease, which the doctors have named "arteriosclerosis," is a stiffering and deterioration of the arteries, causing them to age prematurely and bringing about a serious affection of the heart.

It should not require the admonition of the learned doctors to impress young men with the danger and foolishness of "strenuous" athletics, or with the benefits to be derived from rational outdoor exercise. The loafing that permits an excessive accumulation of fat is dangerous. The work or the athletic exercise that does not respond to the rational needs of a particular body is also dangerous. Experience and common sense teach us this without the testimony of the doctors.

Loafing does not bring health. Nor does "strenuous" exercise necessarily bring strength.-Chicago Record-Herald.

PROSPERITY AND MONEY MADNESS.



HAT an ordinary shameless politician, who must live by his wits, should want to steal, or that a forlorn wretch who has little or nothing, not even the fag-end of a conscience, should be tempted to rob his neighbro, is comprehensible enough. But why should a man who has more millions than

he can count, more income than he can spend, or even give away, a man who can satisfy every rational desire of a human being and yet have enough over to support 10.000 people in comfort-why should such a man be willing to commit crime to get more?

The answer is that he has lost his mental equilibrium; he has become money-mad. He is in precisely the same case as the man who, because of infatuation for a wanton, gives up his wife and children, his home, his religion, his reputation and his money; and that kind of a performance is recorded in the newspapers nearly every day. An evil passion has got possession of the soul of the money-mad man, just as alcohol or opium gets possession of the body of a man who is a drinker or a doper. Why did Napoleon, having all the rest of the continent of Europe at his feet, and literally drunk with glory, want to conquer Russia and then Asia? Because he was ambition-mad. He had lost his balance. He had parted with his sense of the right proportion of things.

The money-mad man is similarly a victim, but of another mania. An insane person is one who is no longer able to perceive things as they are. Everything is distorted as he looks at it. Always he exaggerates his own importance: invariably he gives a false value to some other person or thing. The multi-millionaire who is so hot for more dollars that he will plunge into criminal projects and cover his hands with filth and his name with ignominy to reap a harvest of money that he wants no more than he wants eleven toes, is a man who has lost his head. The police might fairly collar him; but his rightful guardian is an alienist.

If, indeed, it be a fact that he and his kind are multiplied, and their passion for spoil is made hotter by prosperity, may we not consider whether, as we look around upon the increase of graft and development of money-madness, this country could not obtain some benefit from a brief spell of hard times?-Philadelphia North American.

AGRICULTURE IN PUBLIC SCHOOLS.



HE question of teaching agriculture in our public schools is being ventilated thoroughly by educational leaders. State Supt. Stetson, of Maine, has expressed the conviction that in some elementary form all the teachers of that State should be prepared to teach agriculture. He

thinks that farm boys and farm girls should be so taught that when they are through with the common schools they will be qualified to make country homes, and not, by their very training, be biased toward town life. The fact is that the ordinary common school does comparatively exalt trade and manufacturing as compared with land culture. The children receive no information whatever concerning animals and plants, concerning soils and fertilizers, nor are they taught the relation that in country life should exist between the true, the beautiful and the useful.

Suprintendent Joyner, of North Carolina, insists that agriculture should be taught just as history is taught. Assign a lesson in nature study, and see that the pupil masters it. He thinks the application will come later. Pupils will become keenly interested in matters that touch everyday home life. Then he would have supplied to the pupils small boxes, in which they are to place the requisite soil, and in each plant a given number of seeds. He would have them test seed to begin with-not go ahead blindly, but make sure at every point. For instance, he finds in his experiments that cabbage seed germinates at a 90 per cent ratio, clover at a 75 per cent ratio, while blue grass has a percentage of germination as low as 45. His object is to teach a child accuracy in all matters pertaining to agriculture; but accuracy is nothing more or less than science.

Elbert Hubbard emphasizes the necessity of a radical change in the division of school work. To teach agriculture wisely requires a good deal of outdoor application. Recently we showed what Iowa had undertaken with her normal schools-that is, a certain amount of garden work and field work for incipient teachers, so that they will be qualified to teach nature studies in the schools.

There is really no good reason why boys and girls should be shut up all day inside school rooms. It is unnatural, and it is a serious damage to their herves and their muscles. There is no reason why half of this time should not be spent out of doors in the application of the lessons learned. These may be lessons in entomology or in ornithology, or in direct gardening. Mr. Hubbard adds: "Suppose we quit talking about war, and set ourselves to the problem of educating our boys and girls-that is, educate them to be useful; one session a day for books and the afternoon for hand work." He thinks this would end the era of overworked teachers and yellow, nervous pupils. At present we are giving twice as much to war as we are to our schools. We are glad to welcome the assistance of all thoughtful educators, editors and others in this campaign for common sense. Let us make our motto "Educate for the farm and not from the farm; educate for the country and not from the country."-New York Tribune.

A FAVORED SPOT.

*********************** ~~~~~~~

In these days a town which cannot present a sufficient number of attractive spots to warrant the issuing of a book of "views" is indeed unblessed.

"They're getting out a panoramic folder over at Green Ledge," said one of the inhabitants of Sandville, gloomily. "Outside they've got a picture of the church, and inside they've got 'Main street, looking north' - that Only Three of This Breed of Anshows the hotel-and 'Main street, looking south'-that shows the telegraph of-

"Then they've got 'Green Lake' and "The Pines," and 'The Residence of Samuel Epps, Esquire,' and 'A Group of ed, because the species is so rare. This myself to school work with any degree Our Citizens,' and 'One of Green is the Angora collie, and there are only sight of these animals is so poor that Ledge's beautiful lanes,' and a 'Twi- three of the dogs in this country. Dr. light Vista,' and 'The Office of the E. C. Switzer, of Springfield, Mass. Green Ledge Bugle.' I tell you, they "Then my attentiou was called to look mighty well, those views do! Now what are we going to show up? Or are the New York Herald. right off the landscape?"

For a moment Eben Patterson, one of

that'll beat their views all hollow," he said, cheerfully. "Let's see-we'll have 'A Little Home in Sandville'—that'll be your house taken side on, showing the porch. Then we'll have 'The Residence of Sandville's most honored citizen, E. P. Grub'-that'll be your house taken head on, showing the front door and the yard. You set out all the chairs you've got, so it'll look social.

Along One of Sandville's Roads.' You know that place where those ten pine trees grow? Well, sir, I'll range you and your family and the Todds and for the marks of brown. the Lamsons and-well, that's enough, anyway-I'll range you in your buggles, and so on, along in front of those pines, and I reckon it'll make a picture worth looking at.

"Then I'll have 'A Corner in One of her rights. Sandville's Gardens.' I'll squat down in front of those nasturtiums that Bud she stands well the uncertainties of the

riant—that's the way they'll look!

"And as for the rest of the set" der if our postal cards brought a regular boom right here to Sandville's

COLLIE WEIGHS SIX POUNDS.

gora Dogs in America.

Although the dog aristocrats are supposed to have representation in the New York and Boston dog shows, there is one species which is never representowns one of the animals, and the other two are in Newburyport, Mass., says

The peculiar characteristic of the dog is that while it has all the marks of a typical collie, it weighs about six pounds instead of the thirty or more which the collie ordinarily weighs. It has the feathering on the legs and in the ears and its head is broad and intelligent, but here all resemblance to the well-known breed ends, for it is a dainty, graceful dog, with all the pretty ways of a small dog.

Dr. Switzer's dog is named Spider and her father and mother were brought to this country from Spain and taken to Newburyport, and now the mother and her two children, Toudie and Spider, are the only representatives of the breed in this country. Spider has an unusually broad head "Then we'll have 'A Little Drive big, intelligent eyes with spots of brown around them, brown markings on back and sides, slender, graceful legs, and a coat which is gleaming white except

> The little dog is extremely affection ate, loves to be cuddled, and makes an excellent ladies' dog, but she is no toy. for she has dauntless courage and pluck and is always ready to defend

Although born in a warm country, Lamson's managed to make grow, and New England climate and is perfectly not far from the truth.

******* well in the coldest weather. She is a small eater, and fresh tripe is a delicacy of which she is particularly fond. Mr. Patterson snapped his fingers airly | Jumping is her especial delight, and -"I reckon we can make out ten, be- she will take leaps with the ease of a tween the postoffice and the grocery greyhound. She is an excellent watchtaken both ways, and a 'Group of Cats' | dog and will bark uproariously at the everybody knows cats like a good slightest noice. She is sensitive to a place to live. Why, I shouldn't won- degree and grieves sorely over a cross or rough word.

Hedgehog Fears No Snake.

An interesting fact about hedgehogs that perhaps not many persons know is that the bites of even the most poisonous serpents have no effect on them whatever. M. Lenz, a naturalist, once watched a fight between a hedgehog and a viper and gives a most interesting description of it. He says that when the hedgehog came near the snake she began to smell it, for the they depend almost entirely on the sense of smell, and then she seized its head with her teeth.

In a moment the snake had freed itself, and, darting at the hedgehog, bit it several times, but the little animal did not seem to mind the bites at all, and when the snake was tired out with its efforts she again seized its head. which she ground between her teeth, poisonous fangs and all. Then she devoured almost the whole of its body.

M. Lenz also tells of a pet hedgehog that he kept in his house in a large box.

Several times he put some adders into the box, which the hedgehog did not seem to fear at all, but attacked them fiercely, and, as in the case of the other, was never in the least affected by their poisonous bites.

A man who has had a pet hedgehog in his possession for a long time says that he had often seen it throw itself off the top of a wall fourteen feet in height. Without pausing a moment it would contract itself into a soft, fluffy ball and fall to the ground so lightly that almost immediately it would unfold itself and run off.

High Speed Torpedo Boat. Forty-one miles an hour will be the speed of the next torpedo boat destroyer to be built for the British navy.

What a man's wife thinks of him is

FATHER GAPON IS UNMASKED.

Revealed as Tool of Russian Government Against Revolutionists. St. Petersburg dispatches say that through the disappearance of the journalist, Matushensky, the press agent

and real brains of the Father Gapon movement, the disclosure has been made that the moderate labor organization, which Gapon established in St. Petersburg after the publication of the imperial manifsto of Oct. 30, 1905, was subsidized by the government. Russian officials supplied the funds for the rent

of its clubhouse and literature. Radical circles are elated over the revelation, which was made in an open letter by the president of the Putiloff section of the organization, complaining that \$12,000 of the funds furnished through M. Timiriazeff, until recently minister of commerce, had not reached the treasury. The socialists claim that this spells the downfall of the conservative opposition to the full revolutionary program among the workmen.

It is now shown that Gapon really played a minor role in the formidable movement of January, 1905, and that Matushensky was the director of the campaign which mystified both the police and the old-time revolutionists. Matushensky was the author of the great petition with which the workingmen were marching to the winter palace on Red Sunday, Jan. 22, 1905, to present to the emperor when the troops fired on them.

A curious commentary on the conditions prevailing is the cabinet's action in opening clubhouses, for which the government furnished the money, when up to the present Interior Minister



Durnovo has not permitted assemblies of conservative workmen which are dispersed as rigorously as those of the socialists.

PLAN DIVORCE STRINGENCY.

Conference Wants Two-Year Limit

in Place of Residence. Divorce colonies were given a severe jolt by the congress on uniform divorce laws in Washington, which decided by a considerable majority that not less than two years' residence should be required of a plaintiff who has changed his or her State domicile since the cause of divorce arose. Another resolution reported by the committee on resolutions, which was adopted after a warm discussion, provides:

"An innocent and injured party, husband or wife, seeking a divorce should not be compelled to ask for a dissolution of the bonds of matrimony, but should be allowed, at his or her option, to apply for divorce from bed and board. Therefore divorces a mensa should be retained where already existing and provided for in States where no such rights exist."

The congress also expressed itself in favor of hearing all divorce cases in open court and not before any delegated representative, holding that publicity would tend to do away with collusion and to decrease the number of suits. Other resolutions adopted provide for the classification of causes for divorce into groups that would be accepted by the several States; declare that when conviction for crime is made a cause for divorce it should involve two years' continuous imprisonment; that no decree should be given for insanity arising after marriage, nor for desertion unless persisted in for two years; that defendants in suits should be given full and fair notice, and that anyone named as a co-respondent should in all cases be given an opportunity to intervene.

All Around the Globe. Hereafter automobile parts will be carried by railroads from Cricago to San Francisco for \$3 per 100 pounds instead of \$6 as formerly.

A large cat killed the 3-months-old girl baby of Mr. and Mrs. J. W. Devlin of Los Angeles by lying on the baby's head and suffocating it.

Jacob Riis has canceled his lecture engagements for three months owing to illness. He is suffering from heart trouble at Richmond Hill, L. I.

Col. S. W. Stocking, aged 70 years, a member of the board of examiners in chief of the United States patent office. died of cancer of the throat. Frank Bernat of Minneapolis is under

arrest pending an inquest on the death of Mrs. Bernat, who, it is alleged, died as the result of the man's violence. E. H. Harriman and others have ac-

quired vast coal rights near Durango, Colo. The purchase is taken to mean Harriman's entrance into Pueblo. J. T. Adams of the Adams Brothers

Bridge Company at Findlay, Ohio, pleaded guilty to violating the Valentine antitrust law and was fined \$500 and costs. Joseph M. Hastings, the Pittsburg contractor driven to the wall by the failure of the Enterprise National bank of Allegheny, died in a sanitarium at Summit,

Mrs. M. C. Hulse, a widow, formerly of Circleville, Ohio, fell from the fourth floor window of a hotel at Ithaca, N. Y .. and was killed. Her son is a student at Yale.

N. J.

Clara West, 12 years old, and her younger sister were burned to death at clothing being set afire by sparks from . worth."-Philadelphia Press.

RHEUMATIC PAINS

Disappear When Dr. Williams' Pink Pills Purify the Elood and Heal Inflamed Tisques.

Rheumatism is a disease of the blood, caused by the failure of the body to cast off certain poisons. External applications are of use only in securing temporary relief from pain-the cure for rheumatism lies in purifying and enriching the blood.

Mrs. Frederick Brown, of 40 Sumpter street, Sandy Hill, N.Y., was a sufferer from inflammatory rheumatism from the time she was sixteen. She says: "It first appeared in my knee joints, then in my hips and waist. It became a regular thing that I would be laid un all winter. The rheumatism affected mostly my hands, hips, feet and shoulders. My hands were all puffed up and my feet became deformed. I lost my appetite, couldn't sleep and sometimes I was compelled to cry out, the pain was so intense.

"For several winters I was under the doctor's care and while his medicine relieved the pain for a little while there seemed no prospect for a permanent cure. I was confined to my bed, off and on, for weeks at a time. My limbs swelled dreadfully at times and I was reduced almost to nothing.

"In the spring of 1904, upon the advice of a friend, I began to use Dr. Williams' Pink Pills. At that time I wasn't able to do anything and could barely eat enough to keep alive. I felt a change for the better in about a month. I began to eat heartily and I suffered less pain. Of course I kept on the treatment, using care in my diet, and in about three months I was cured. I am entirely well today and do all my own work.'

Dr. Williams' Pink Pills cured Mrs. Brown by driving the rheumatic poisons out of her blood. But you must get the genuine Dr. Williams' Pink Pills, sold by all druggists and by the Dr. Williams Medicine Co., Schenectady, N. Y.

An Old Independent.

The death of Senator David Wark, the oldest member of the Canadian' Parliament, recalls at anecdote which illustrates his remarkable independence. At the age of 101 he was still holding the seat which had been his for almost half a century.

During his last years his family had been worried about his habit of traveling alone in mid-winter from his home in Fredericton, New Brunswick, to his post in Ottawa. They urged him to let his daughter accompany him.

Senator Wark would have none of her. "A man of my age," he said, "has all he can do taking care of himself, without having a woman to look

AWFUL PSORIASIS C5 YEARS.

after."

Terrible Scaly Humor in Patches All Over the Body-Skin Cracked and

Bleeding-Cured by Cuticura. "I was afflicted with psoriasis for thirty-five years. It was in patches al. over my body. I used three cakes of Cuticura Soap, six boxes of Ointment, and two bottles of Resolvent In thirty days I was completely cured, and I think permanently, as it was about five years ago. The psoriasis first made its appearance in red spots, generally forming a circle, leaving in the center a spot about the size of a silver dellar of sound fiesh. In a short time the affected circle would form a heavy dry scale of white silvery appearance and would gradually drop off. To remove the entire scales by bathing or using oil to soften them the desh would be perfectly raw, and a light discharge of bloody substance would ooze out. That scaly crust would form again in twenty-four hours. It was worse on my arms and limbs, although it was in spots all over my body, also on my scalp. If I let the scales remain too long without removing by bath or otherwise, the skin would crack and bleed. I suffered intense itching, worse at nights after getting warm in bed, or blood warm by exercise, when it would be almost unbearable. W. M. Chidester, Hutchinson, Kan., April 20, 1905."

Made a Clock from Slate. A slate quarryman living at Delta, Pa., Humphrey O. Pritchard, has made

a clock out of slate. The varieties he used include peach bottom blue slate and the red, green and purple slate of Vermont. About 164 separate pieces of this

material were used in the construction and are held together by twenty-three dozen small metal screws. Many of the slate sheets are as thin as paper, and scores were broken before the timepiece was finished after eight months' work. The clock is 4 feet high, 2 feet wide

and I foot deep. It has a cathedral gong and is lighted by nine incandescent bulbs .- Jewelers' Circular Week-

5 Tons Grass Hay Free. Everybody loves lots and lots of fodder for hogs, cows, sheep and swine.



The encousers crops of our Northern Grown P. digree Seeds on our seed farms the past year compel us to issue a special catalogue called

SALLEY'S TAMBAIN SEED BOOK. This is then full of bargain seeds at bar

SUND THIS NOTICE TO-DAY.

and receive free sullitlent sted to grow 5 tons of grass on your lot or from this summer and our great Bor am Said Fo k with its wonderful surjates and great bargains in seeds at bargain p. ves. Remit se and we add a packa e of C smos, the most fashionable, serviced la,

beautiful annual riower. John A. Salzer Seed Co., Lock Drawer C., La Crosse, Wis.

What He Hit. "He says he's given up bunting because it was too expensive; is gunning

really so expensive?"

"Well, it depends upon what the their home at Enterprise, Miss., their farmer considers his cow to be