

A TRULY IDEAL WIFE

HER HUSBAND'S BEST HELPER

Vigorous Health Is the Great Source of Power to Inspire and Encourage—All Women Should Seek It.

One of the most noted, successful and richest men of this century, in a recent article, has said, "Whatever I am and whatever success I have attained in this world I owe all to my wife. From the day I first knew her she has been an inspiration, and the greatest helpmate of my life."



Mrs. Bessie Ainsley

To be such a successful wife, to retain the love and admiration of her husband, to inspire him to make the most of himself, should be a woman's constant study.

If a woman finds that her energies are flagging, that she gets easily tired, dark shadows appear under her eyes, she has backache, headaches, bearing-down pains, nervousness, irregularities or the blues, she should start at once to build up her system by a tonic with specific powers, such as Lydia E. Pinkham's Vegetable Compound.

Following we publish by request a letter from a young wife:

Dear Mrs. Pinkham: "Ever since my child was born I have suffered, as I hope few women ever have, with inflammation, female weakness, bearing-down pains, backache and wretched headaches. It affected my stomach so I could not enjoy my meals, and half my time was spent in bed."

"Lydia E. Pinkham's Vegetable Compound made me a well woman, and I feel so grateful that I am glad to write and tell you of my marvelous recovery. It brought me health, new life and vitality."

"What Lydia E. Pinkham's Vegetable Compound did for Mrs. Ainsley it will do for every sick and ailing woman."

If you have symptoms you don't understand write to Mrs. Pinkham, daughter-in-law of Lydia E. Pinkham, at Lynn, Mass. Her advice is free and always helpful.

CURES CONSTIPATION

It is just about impossible to be sick when the bowels are right and not possible to be well when they are wrong. Through its action on the bowels,

Lane's Family Medicine

cleans the body inside and leaves no lodging place for disease. If for once you wish to know how it feels to be thoroughly well, give this famous laxative tea a trial. Sold by all dealers at 25c. and 50c.

SICK HEADACHE

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine Must Bear Fac-Simile Signature **Brewer's** REFUSE SUBSTITUTES.

\$16.00 AN ACRE

or Western Canada

is the amount that many farmers will realize from their wheat crop this year

25 BUSHELS TO THE ACRE

will be the average yield of wheat

The land that this was grown on cost many of the farmers absolutely nothing, while those who wished to add to the 250 acres the Government grants, can buy land adjoining at FROM \$6 TO \$10 AN ACRE. Climate splendid, schools convenient, railways close at hand, taxes low. For "25 Bushels to the Acre" pamphlet and full particulars regarding rates, etc. Apply to the nearest U. S. Post Office or to the nearest U. S. Land Office. For "25 Bushels to the Acre" pamphlet and full particulars regarding rates, etc. Apply to the nearest U. S. Post Office or to the nearest U. S. Land Office. For "25 Bushels to the Acre" pamphlet and full particulars regarding rates, etc. Apply to the nearest U. S. Post Office or to the nearest U. S. Land Office.

That Delightful Aid to Health

Paxtine

Toilet Antiseptic

Whitens the teeth—purifies mouth and breath—cures nasal catarrh, sore throat, sore eyes, and by direct application cures all inflamed, ulcerated and catarrhal conditions caused by feminine ka.

Paxtine possesses extraordinary cleansing, healing and germicidal qualities unlike anything else. At all druggists. 50 cents. LARGE TRAIL PACKAGES FREE

The R. Paxton Co., Boston, Mass.

PISO'S CURE FOR CONSUMPTION

CONGRESS

The first attempt at filibustering at this session took place in the House Friday in a Democratic endeavor to defeat the provision of the urgent deficiency bill providing the eight-hour day for foreign laborers on the Panama canal. The amendment was placed in the bill after much maneuvering. Secretary Wilson came up for censure because of his request that more funds be given the Department of Agriculture for meat inspection. The Senate was not in session.

The House Saturday passed the urgent deficiency appropriation bill, with the amendment waiving the eight-hour day for alien labor on the Panama canal. The vote on the amendment was 120 to 108. By special order the pension calendar was cleared, 262 bills being disposed of in sixty-five minutes. After reading Mr. Mann's omnibus bridge bill, making it unfinished business for Monday, the House adjourned. There was no session of the Senate.

The House Monday passed a resolution calling on the President to furnish information as to the existence of an alleged agreement in violation of the interstate commerce law between the Pennsylvania, Baltimore and Ohio, Norfolk and Western, Chesapeake and Ohio, Northern Central and Philadelphia, Baltimore and Washington Railroad companies. Unanimous consent was given to begin on Tuesday the consideration of the Heuburn railroad rate bill and to continue the same until the bill shall be disposed of. A tribute to the memory of Gen. Joseph Wheeler was paid by naming a street in the capital "Wheeler street." The Mann general bridge bill was passed with several perfecting amendments. It provides general provisions to be complied with hereafter in the construction of bridges across navigable streams. The Chinese boycott and the administration of the forest reserve divided the attention of the Senate. Mr. Tillman offered a resolution directing an investigation of Chinese affairs and Mr. Heyburn sharply criticized the methods of the forestry bureau. The House staidhood bill was reported favorably, and notice was given that there would be a majority report.

The Senate Tuesday passed the bill for the reorganization of the consular service and about forty other measures, many of them of considerable importance. Several provide for lighthouses, fog signals, revenue cutters and public buildings. The shipping bill was under consideration for a time and was amended so as to relieve it from constitutional objections. It was supported in a speech by Mr. Lodge. There also was a discussion of the bills making common carriers liable for injury to employees, which arose over the question of their reference to committees. Some Senators intimated that the committees were anxious to avoid the responsibility of passing on these measures. Discussion of the rate regulation bill was begun in the House, and the members evinced a more general interest in the matter than in any topic that has come up for a long time. Mr. Townsend of Michigan opened with a speech supporting the bill, being followed by Mr. Adomson of Georgia, representing the minority, who commended the measure. Questions by Mr. Sherley of Kentucky and Mr. Littlefield of Maine indicated that there is to be some opposition, at least in debate.

In the Senate Wednesday Mr. Patterson strongly indorsed the position of the President in Santo Domingo and in the matter of the Moroccan conference. Mr. Tillman presented a resolution requesting the President to send to the Senate all the official correspondence with the American minister to Santo Domingo in 1904. It went over until Thursday. Mr. Heyburn sought an agreement to vote on the pure food bill Feb. 7, but Mr. Teller objected. Mr. Teller made a similar objection when Mr. Gallinger sought to have a time fixed for a vote on the shipping bill. Considerable debate on this measure followed, but no action was taken. Discussion of the railroad rate bill was continued in the House. Speeches by Mr. Campbell (Kan.) and Mr. Martin (S. D.) took a wider range and included trust evils. Another speech in favor of the bill was made by Mr. Bartlett (Ga.), while Mr. Perkins (N. Y.) attacked the measure. A bill was passed granting a federal charter to the Carnegie Foundation for the Advancement of Teaching. The fund consists of \$10,000,000, the income of which is to furnish a pension to retired educators. Right to dam the Rock river at Grand Detour, Ill., was granted.

The Senate Thursday passed about forty miscellaneous bills, providing for a delegate in Congress from Alaska and for lighthouses, revenue cutters and fish cultural stations. The greater part of the time was devoted to the shipping bill, Mr. Penrose making a set speech in favor of the measure. Mr. Tillman's resolution calling on the President to send to the Senate all the letters from the minister to Santo Domingo to the State Department in 1904 was referred to the committee on foreign relations. The House called for the estimate of cotton yet to be ginned, which the director of the census has compiled, but which he has no authority to make public until March. The discussion of the railroad rate bill was continued. Mr. Shelby (Pa.) attacked the measure as socialistic. Mr. Knapp (N. Y.), Mr. Shakelford (Mo.) and Mr. Hedlin (Ala.) supported it. A resolution looking to the preservation of Niagara Falls was agreed to. It requires a report and recommendation from the American members of the joint commission appointed a few years ago to consider this question.

Notes of the National Capital. The Supreme Court of the United States is taking a recess for the consideration of cases which have been presented to the court.

President Roosevelt has declined to extend a pardon to Charles H. Cole, former president of the Globe National bank of Boston, Mass., convicted of violation of the national banking laws.

Congress plans an inquiry into the Navy Department as the result of the hazing at Annapolis, the explosion on the Bennington and the recent grounding of the battleships in New York harbor.

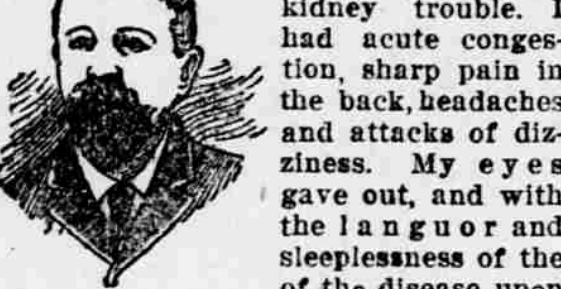
When Lincoln Won His Spurs.

Leaving the question of his relative standing in the profession at large for further consideration, it is confidently submitted that Lincoln was a creditable position at the local bar, almost at the outset of his career, among contemporaries who were not only capable lawyers, but men of exceptional force and character. Indeed, it is exceedingly doubtful if the bar of any other State in the Union possessed as much native talent and ability as the frontier State of Illinois when Lincoln won his spurs.—Century.

LOST 72 POUNDS.

Was Fast Drifting Into the Fatal Stages of Kidney Sickness.

Dr. Melvin M. Page, Page Optical Co., Erie, Pa., writes: "Taking too many iced drinks in New York in 1895 sent me home with a terrible attack of kidney trouble. I had acute congestion, sharp pain in the back, headaches and attacks of dizziness. My eyes gave out, and with the languor and sleeplessness of the disease upon me I wasted from 194 to 122 pounds. At the time I started using Doan's Kidney Pills an abscess was forming on my right kidney. The trouble was quickly checked, however, and the treatment cured me, so that I have been well since 1896 and weigh 183 pounds."



Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

That Silly Man.

Wife—"But why don't you want me to patch your coat—are you going to wear it with all those moth holes in it?" Hubby—"Certainly. That's all wool goods. Moths never attack cotton, you know."—Cleveland Leader.

TO CURE A COLD IN ONE DAY Take LAXATIVE BROMO QUININE TABLETS. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Hall Caine on Boyish Ways.

Hall Caine was praising the American autumn. "I visited in October," he said, "the country house of a New York man. It was in New England, on a mountain side, and the splendid colors of the foliage—the scarlets and golds and innumerable flame-like tints—gave to the still forests an indescribable magnificence."

"And the leaves fell in a rain of color through the transparent air. In the garden, one afternoon, I heard a gardener say to his little son: "I wish you would rake up these dead leaves in a pile."

"Oh, I don't feel like it," whined the boy. "My back's sore, and I've got a cramp in my wrist, and there's growling pains in my leg." "After you get 'em raked up," went on the gardener calmly, "you can make a nice big bonfire out of them and jump over it."

"The boy began to whoop and leap. "Hurrah!" he shouted. "Where's the rake?"—Philadelphia Bulletin.

Her Little Mistake.

"Excuse, madame," he said, "but—ah—you remember, in the restaurant, after the theater, the other night, you were kind enough to notice me. I hope I am not mistaken in supposing that your interest was—ah—not altogether—"

"Oh, no, not at all. I remember now. I thought for a moment that you were the coachman my husband discharged a few weeks ago for trying to make love to the cook, and I wondered how you could afford to eat in such an expensive place."—Denver Post.

OVER SEA HABIT.

Difference on This Side the Water. The persistent effect upon the heart of caffeine in coffee cannot but result in the gravest conditions, in time.

Each attack of the drug (and that means each cup of coffee) weakens the organ a little more, and the end is almost a matter of mathematical demonstration. A lady writes from a Western State:

"I am of German descent, and it was natural that I should learn at a very early age to drink coffee. Until I was 25 years old I drank scarcely anything else at my meals."

"A few years ago I began to be affected by a steadily increasing nervousness, which eventually developed into a distressing heart trouble that made me very weak and miserable. Then, some three years ago, was added asthma in its worst form. My sufferings from these things can be better imagined than described."

"During all this time my husband realized more fully than I did that coffee was injurious to me, and made every effort to make me stop. "Finally it was decided a few months ago, to quit the use of coffee absolutely, and to adopt Postum Food Coffee as our hot table drink. I had but little idea that it would help me, but consented to try it to please my husband. I prepared it very carefully, exactly according to directions, and was delighted with its delicious flavor and refreshing qualities."

"Just as soon as the poison from the coffee had time to get out of my system the nutritive properties of the Postum began to build me up, and I am now fully recovered from all my nervousness, heart trouble and asthma. I gladly acknowledge that now, for the first time in years, I enjoy perfect health, and that I owe it all to Postum." Name given by Postum Co., Battle Creek, Mich.

There's a reason. Read the little book, "The Road to Wellville" in pkg. Postum Food Coffee contains no drugs of any description whatsoever.

PACKERS' PLEA RIDICULED.

Prosecutor Says Claim for Immunity Was an Afterthought.

District Attorney Morrison, in opening the case of the government against the beef packers at Chicago, said that their claim for immunity was an afterthought, and "only a part of their clap-net defense presented by men of influence in the effort to unfit the jury for fair deliberation in this case." He said these men were trust lawyers, and that the packers were not entitled to immunity because their statements had not been made under oath. In closing for the defense Attorney Hines had quoted from a letter written by President Roosevelt to Attorney General Moody in the Santa Fe case, but what the defense regards as an admission that the Department of Commerce and Labor and the Department of Justice had worked together to indict the packers. The defense argued that the securing of evidence from the packers against themselves constituted a promise of immunity.

Testimony to prove that the packers in giving information to Commissioner of Corporations Garfield did so with notice that they would be called upon to authenticate the evidence furnished upon their oath or affirmation, which they claim was equivalent to having been sworn, was given Tuesday during the trial of the packers.

Charles G. Dawes, former Comptroller of the Currency, followed Louis C. Krauthoff Tuesday on the stand in the "beef case" trial. In his testimony Mr. Dawes testified to introducing Mr. Krauthoff to Garfield for the conference and he also sustained the contention of the defendant that immunity was assured by the Commissioner of Corporations if they would give the Government full information.

The man who is generally regarded as the head of the beef trust and the principal owner of the private car concern, namely, J. Ogden Armour, evidently is trying to get back at some of the critics responsible for the popular outcry against his interests by writing a series of articles in the Saturday Evening Post of Philadelphia. Referring particularly to the private car rebate charge, Mr. Armour replies that the whole agitation started with the commission men and not with the growers. He says the former were disgruntled because the private car has prevented the commission men from doing business upon the capital of the grower. He insists that it is merely selfish common sense to keep the refrigerator rates down to a point that will foster the fruit industry.

GREAT TRADE RECORD.

American Commerce Gained Over \$100,000,000 in 1905.

The foreign commerce of the United States approached surprisingly near to the \$3,000,000,000 point in the calendar year 1905, according to a report issued by the bureau of statistics, Department of Commerce and Labor.

"The total imports and exports of merchandise," the report says, "is \$2,806,000,000, against \$2,307,000,000 in 1900, an average increase of \$100,000,000 a year. "If to the \$2,806,000,000 of foreign commerce in 1905 were added the figures of trade with Hawaii and Porto Rico, formerly foreign territory and included in our statements of foreign trade prior to 1901, the total would approximate \$2,800,000,000, or about \$600,000,000 more than five years ago."

"Another notable characteristic of the year's foreign trade is the fact that the exports in December were practically \$200,000,000, the largest month's exportation in any year prior to that time being that of December, 1904, when the total was \$174,819,563. "The import record for 1905 is also in excess of that of any preceding year, being for the twelve months ended with December \$1,179,358,846, against \$1,035,000,190 in 1904. The growth of imports, while not rapid, has been steady and continues to be so, keeping pace, approximately, with the growth of population."

"The commerce with the non-contiguous territory of the United States also makes a new high record for 1905. It will amount to about \$130,000,000 in value, against a little less than \$100,000,000 last year."

OLD WORLD NOTABLES

The Prince of Wales delights in that delicate scent known as wood violet. All of Sir Henry Campbell-Bannerman's speeches are prepared with the utmost care.

Prince Louis of Battenberg is a printer, and the only one known to have paid \$1,000 for filling four teeth.

Herbert Gladstone is fond of music and is never so happy as when he is engaged in madrigal singing. Not many vocalists can play as he plays the piano, organ and cello.

Aoki, the first Japanese ambassador to Washington, will probably bring with him to this country his wife, who is a German lady, he having been educated in that country.

Dr. Koch has been placed at the head of an expedition to investigate the sleeping sickness of eastern Africa, for which the German government has appropriated \$30,000.

Admiral Lord Charles Beresford claims the distinction of being the first European who was allowed, by invitation, to gaze on the face of the Mikado of Japan. This was in 1868.

Sir Wilfrid Laurier, the Canadian premier, has received word that a battleship will be sent to France to convey the body of the late M. Prefontaine, the Canadian minister, back from France for burial.

CAUGHT BY THE GRIP-- RELEASED BY PE-RU-NA.

Pneumonia Followed La Grippe--Pe-ru-na the Remedy That Brought Relief.

Mr. T. Barnecott, West Aymer, Ontario, Can., writes:

"Last winter I was ill with pneumonia after having la grippe. I took Peruna for two months when I became quite well, and I can say that any one can be cured by it in a reasonable time and at little expense."

Systemic Catarrh, the Result of La Grippe, Pe-ru-na Receives Credit for Present Good Health.

Mrs. Jennie W. Gilmore, Box 44, White Oak, Ind. Ter., writes:

"Six years ago I had la grippe, which was followed by systemic catarrh. The only thing I used was Peruna and Mandolin, and I have been in better health the last three years than for years before. I give Peruna all the credit for my good health."

Pe-ru-na—A Tonic After La Grippe.

Mrs. Chas. E. Wells, Sr., Delaware, Ohio, writes: "After a severe attack of la grippe, I took Peruna and found it a very good tonic."

"Most Effective Medicine Ever Tried for La Grippe."

Robt. L. Madison, A. M., Principal of Cullowee High School, Painter, N. C., is chairman of the Jackson County Board of Education. Mr. Madison says: "I am hardly ever without Peruna in my home. It is the most effective medicine that I have ever tried for la grippe."

Mrs. Jane Gift, Athens, O., writes: "I had la grippe very bad. My husband bought Peruna for me. In a very short time I saw improvement and was soon able to do my work."



Suffered Twelve Years from After-Effects of La Grippe.

Mr. Victor Patneude, 328 Madison St., Topeka, Kan., member of Knights and Ladies of Security, writes:

"Twelve years ago I had a severe attack of la grippe and I never really recovered my health and strength—but grew weaker every year until I was unable to work."

"Two years ago I began using Peruna and it built up my strength so that in a couple of months I was able to go to work again."

"This winter I had another attack of la grippe, but Peruna soon drove it out of my system."

"My wife and I consider Peruna a household remedy."

READ THIS COUPON IS GOOD FOR \$1.00 ON PURCHASE FREE Upon receipt of your name Address GOOD FOR ONE DOLLAR PURCHASE Druggist's Name His Address And see in stamps or silver to pay postage we will mail you a sample free, if you have never used Mull's Grape Tonic, and will also mail you a certificate good for one dollar toward the purchase of more Tonic from your druggist. Address MULL'S GRAPE TONIC CO., 21 Third Ave., Rock Island, Ill.

YOU WRONG YOURSELF TO SUFFER from Constipation and Stomach Trouble. Why suffer or take needless chances with constipation or stomach troubles when there is a perfect, harmless, natural, positive cure within your reach? CONSTIPATION AND STOMACH TROUBLE cause blood poison, skin diseases, sick headache, biliousness, typhoid fever, appendicitis, piles and every kind of female trouble as well as many others. Your own physician will tell you that all this is true. But don't drug or physic yourself. Use MULL'S GRAPE TONIC the natural, strengthening, harmless remedy that builds up the tissues of your digestive organs and puts your whole system in splendid condition to overcome all attacks. It is very pleasant to take. The children like it and it does them great good. 50 cent, 50 cent and \$1.00 bottles at all druggists. The \$1.00 bottle contains about six times as much as the 50 cent bottle and about three times as much as the 25 cent bottle. There is a great saving in buying the \$1.00 size. MULL'S GRAPE TONIC CO., 21 Third Ave., Rock Island, Ill.

Mayer School Shoes are made extra strong. The soles are seasoned and tough, and every seam is sewed to hold. Two pair of Mayer School Shoes are equal in wearing quality to three pair of the usual kind. You save one-third. They are the strongest school shoes made and Wear Like Iron. Any reliable shoe dealer will supply you. If not, write to us. Look for the Mayer trade-mark on the sole. We make "Honorbilt" shoes for men and "Western Lady" and "Martha Washington Comfort" shoes for women. F. Mayer Boot & Shoe Co. Milwaukee, Wis.

Sale Ten Million Boxes a Year. THE FAMILY'S FAVORITE MEDICINE. Cascarets CANDY CATHARTIC BEST FOR THE BOWELS

PRICE, 25 Cts TO CURE THE GRIP IN ONE DAY ANTI-GRIPINE IS GUARANTEED TO CURE GRIP, BAD COLD, HEADACHE AND NEURALGIA. Write to a dealer who won't guarantee it unless he has it in stock. Call for your MONEY BACK IF IT DOESN'T CURE. F. W. Diemer, M.D., Manufacturer, Springfield, Mo.

She Knew Him. Bigley—Good fellows are scarce. I know only two men whom I can really call my very good friends. Miss Papprey—Yes? And what is the other man's name, Mr. Bigley? We use Piso's Cure for Consumption in preference to any other cough medicine. Mrs. S. E. Borden, 442 P street, Washington, D. C., May 25, 1901. Lamb chops are delicious if dipped in lemon juice just before broiling.