

WINTER WEAKNESS

Dr. Williams' Pink Pills the Tonic That Most People Need for Blood and Nerves.

In winter the air of the close rooms in which we spend so much of the time does not furnish enough oxygen to the lungs to burn out the foul matter in the blood. In the cold season we do not exercise as much and the skin and kidneys do not throw off the waste matter as freely as usual. The system becomes overloaded with poisonous matter, and too feeble to throw it off. Relief can be had only through the use of a remedy that will promptly and thoroughly purify and strengthen the blood, and the one best adapted for this purpose is the great blood tonic known as Dr. Williams' Pink Pills.

"They acted like magic in my case," said Mrs. Clara L. Wilde, of No. 377 Farnsworth avenue, Detroit, Mich. "I was weak and thin and could not sleep. My stomach and nerves were out of order. I can't describe how miserable I really was. I dragged through six months of feebleness, growing weaker all the time until I finally had no strength enough to leave my bed."

"Then a glad day came, the day when I began to take Dr. Williams' Pink Pills. They made me feel strong right away. My appetite came back, I took on flesh and the color returned to my cheeks. People wondered that these pills did for me what the doctors couldn't do. I took only six boxes and then I was perfectly well. If I had not found this wonderful remedy I surely think that I must have wasted to death. Believing firmly that these pills saved my life by the strength which they gave me at a critical moment, I unhesitatingly recommend them to others."

Dr. Williams' Pink Pills contain no stimulant but give strength that lasts. They may be obtained at any drug store.

Between Friends.

Mayme—Fred says when we are married I can have everything I want.
Edyth—Poor fellow! He is evidently up against an awful delusion.

Mayme—Why, what do you mean?
Edyth—He imagines you have money.

Robbed in Church.

Just think what an outrage it is to be robbed of all the benefits of the services by continuous coughing throughout the congregation, when Anti-Croup is guaranteed to cure. Sold everywhere, 25 cents. F. W. Diermer, M. D., Manufacturer, Springfield, Mo.

On the occasion of a cyclist's wedding at Epping, near London, the other day the bride and bridegroom rode to church on single machines and returned on a tandem.

BABY COVERED WITH SORES.

Would Scratch and Tear the Flesh Unless Hands Were Tied—"Would Have Died but for Cuticura."

"My little son, when about a year and a half old, began to have sores come out on his face. I had a physician treat him, but the sores grew worse. Then they began to come on his arms, then on other parts of his body, and then one came on his chest worse than the others. Then I called another physician. Still he grew worse. At the end of about a year and a half of suffering he grew so bad I had to tie his hands in cloths at night to keep him from scratching the sores and tearing the flesh. He got to be a mere skeleton, and was hardly able to walk. My Aunt advised me to try Cuticura Soap and Ointment. I sent to the drug store and got a cake of Soap and a box of the Ointment, and at the end of about two months the sores were a well. He has never had any more sores of any kind since. He is now strong and healthy, and I can sincerely say the only for your most wonderful remedy my precious child would have died from those terrible sores. Mrs. E. G. Sheldon, R. F. D. No. 1, Woodville, Conn., April 22, 1905."

Johnny Studies English.

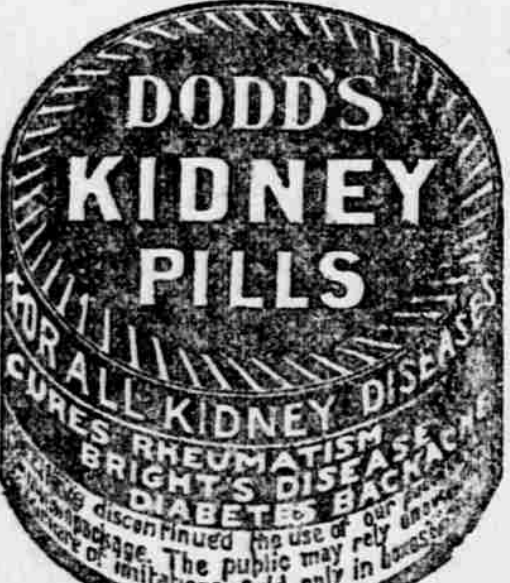
The children were told to write three nouns ending in "ed" that take the suffix "ous" and become adjectives. John wrote Beechless turned in this list:

Outrage—outrageous.
Courage—courageous.
Gorge—gorguous.—Newark News.

Do It Now.

Customer—Why don't you tack up this 'Do It Now' motto? It's been hanging around on the counter for a month."

Grocer—Wa-al, I'm a-goin' ter tack it up sometime—if I ever get to it.—Judge.



A Positive CATARRH CURE

Ely's Cream Balm is quickly absorbed. Gives relief at once. It cleanses, soothes, heals, and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts., at Drug-gists or by mail; Trial Size 10 cts. by mail. Ely Brothers, 56 Warren Street, New York.

EDITORIALS

OPINIONS OF GREAT PAPERS ON IMPORTANT SUBJECTS

PROTECT NIAGARA FALLS.

IN his recent message to Congress President Roosevelt urged strongly the need of taking action to protect Niagara falls from the agencies now threatening its destruction. He recommended that the State of New York, if itself unable to protect the falls, should follow the example of California in the case of the Yosemite valley and place this great natural attraction in the keeping of the national government. As the only way in which assured protection can be secured for the falls is through the co-operation of the American and Canadian governments, the American Civic Association has begun an agitation to keep the subject before Congress and secure action upon it at this session.

The American people who regard Niagara with just pride as one of the great scenic wonders of their country and of the world, will be practically unanimous in their approval of this movement. The idea that the falls should be sacrificed to commercial vandalism is obnoxious, but that apparently must be their fate unless something is done immediately. Ten power developing companies—four American and six Canadian—already have obtained authorization to utilize more than 35 per cent of the effective power of the falls. If their plans are put through the American cataract will be wiped out. If they succeed in drawing off only half the authorized amount of water the American fall will be only a thin trickle of water passing over bare rock.

If the falls are to be saved no time should be lost in arresting the process of destruction. The American people, through Congress, should intervene with measures which will stop the despoliation and insure the permanent preservation of the cataract under the joint protection of Canada and the United States. The essential thing is that Congress act promptly. To delay, even until another session, may postpone the necessary protective action until the time for saving the falls has passed.—Chicago News.

SOUND ADVICE TO YOUNG MEN.

RESIDENT ELIOT, of Harvard College, has a way of making little addresses to entering classes at the old historic college that are gems in their way and worthy of wide circulation. His address this year is in keeping with the character of the man and the spirit of the college. A number of his sentences are strikingly epigrammatic and worthy of careful study.

"It is a good rule early to work and learn how to work hard."

"It is a good rule never to take four minutes to do what you can well accomplish in three."

"A young man ought first to be a clean, wholesome vigorous animal."

"An honorable man must be honest, not with money alone, but in judgments, judgments of women, men, history and the prospects of mankind."

"It is a safe protective rule to live to-day as if you were going to marry a pure woman to-morrow."

These are sterling words that might well be emblazoned on the tablets of memory and placed high in the secret chambers of the heart. He who lives according to these rules will enjoy peace, prosperity and sweetness of life.—Pittsburg Press.

INDUSTRIAL UNITY OF THE NATION.

UNDOUBTEDLY there are many persons in the North and East of the country who think of the great irrigation projects to which the government is committed as exclusively in the interest of the communities in the regions where the many millions of public money are to be spent. Those who take this view do not fully realize the interdependence of the various parts of the country.

Who buys the greater part of the grain and cattle raised in the West? It is the people in the East. If the grain-crop is poor or light the price of flour goes up. If a hard winter kills off the cattle the price of meat rises. On the other hand, if business is slack in the East, if there is a strike in the textile industry, or if several large manufacturers fail

and shut down their mills, the ability of the people in the East to buy meat and flour is diminished, and the demand falls off, to the detriment of the Western producers.

Now the irrigation plans under consideration provide for the reclamation of fifty million acres of arid land. It has been estimated that this area will accommodate a population of twelve millions, engaged in various forms of agriculture. Crops can be produced more cheaply than on non-irrigated land, therefore it is expected that the price of food will fall. At the same time the growth of a prosperous population in the arid West will increase the demand for the manufactured goods of the East, the grain of the Northwest and the cotton of the South. Not a square mile of the country can prosper without benefiting all the rest.

In like manner the Panama Canal will increase the prosperity of the whole Mississippi Valley, the Atlantic and Pacific Coast States and all the intervening region. It is an undertaking of interest to the whole nation. Even the projected enlargement of the Erie Canal concerns the West as much as New York State. The East cannot say to the West, "I have no need of you," and the North cannot say to the South, "You have no need of me." But all parts are joined in one body, and each serves its allotted purpose.—Youth's Companion.

BOK'S SUCCESS.

EDWARD BOK gets the biggest salary of any editor in this country and is married to the daughter of a multi-millionaire. A few years ago he was a poor Dutch immigrant in New York City, selling lemonade from a bucket. Then he carried a newspaper route, cleaned windows, worked in a bakery, ran errands—anything to make a living. He left school at 13 and studied stenography at night.

Young Bok began to take down the sermons of Henry Ward Beecher. Then he printed and sold them. This led in time to the publishing of the Brooklyn Magazine. He sold the magazine and started in to learn the publishing business. He started a newspaper syndicate. Publishers kept an eye on this hard-working young man. Mr. Curtis of Philadelphia offered him \$10,000 a year to edit one of his publications. Seven years after he began with Curtis he married the latter's daughter.

Asked by the interviewer who got the foregoing facts concerning the secret of his success he answered: "Work. I worked like the devil." Not a nice thing for the editor of a woman's paper to say? Mr. Bok simply meant to emphasize the word work. But he added afterwards: "Work for the delight of it." That's better.

He got into work that delighted him. He found his place. For the joy set before him he did his work. There is no finer thing in the universe than to feel you have found your place and can do something with your whole heart. There is no other way. First get into your right place. Then work. Work is genius. Work is brilliancy. Work is success. Find the job you delight in, and work.—Cincinnati Post.

WIFE WORSHIP.

MRS. CHARLOTTE PERKINS GILMAN was criticizing wife worship—the old fashioned, unreasoning, blind admiration that woman paid to her husband in the past, regarding him as the handsomest, bravest, wisest and most learned of men.

"Mrs. Gladstone," she said, "worshiped her husband in this way; but, then, she had some reason. Even in her case, though, the good lady's exaggerated wife worship would sometimes make her appear ridiculous."

"Thus she was staying once at a country house, and on a certain evening, having finished dressing before her husband, she descended to the drawing room alone. In the drawing room three or four gentlemen were discussing the misfortunes of Ireland. One of them, as she entered, said:

"I can't imagine what will be the fate of poor old Erin, but there's One above who knows."

"Yes," said Mrs. Gladstone, complacently; "he will be down in a minute. He is upstairs brushing his hair."—New York Tribune.

THE OUTDOOR SIESTA.

One Who Has Tried It Discredits Its Virtue.

There has been and will be much written on the efficacy of fresh air and sunlight as sleep producers, and the scientifically raised baby could tell a tale of his lonely hours at fresco, could he but speak; but it remains for a victim of insomnia to present the reverse of the shield. Her physician ordered that at least the siesta should be taken on the sunny side of the patient's veranda, where a couch could be placed in comparative seclusion, and that for three hours of the day, under the sky and in the breezes, nothing could be doing. Well, the insomniac tried the prescription to the letter. A tented umbrella prevented sunstroke during the hottest days, and kept off the rain when it stormed. She had every style and degree of covering, and infinite patience, but it was no go. Sleep was as far from her eyelids as in her well-furnished bedroom. The very country silence buzzed in her head and little creeping breezes tickled her under the chin, and every insect that enjoyed the summer day came to confide in her ears. What a fraud the "fresh air" cure could be under present circumstances. "If you were perfectly well, you'd like it," clucked the birds. "You would not be so conscious of those chickens really miles away, or listen for the chug-chug of the automobiles not allowed to stop at your door," shrieked a locust sunning himself on the lawn. In fact, nature conspired to undo what good this "nap"—that never came—was promised to accomplish. "Fresh breezes and the sun rays" are capital sleeping positions if one has no time to indulge in the dolce far niente, but the instant they are courted, they probably recognize some special antidote in the invalid's desire, and all their charm vanishes!

As soon as a man gets rich enough to have fire all over the house, he burns the claims he made all through life that it is healthier to sleep in a cold room.



THE OLD NOURSE HOUSE.

AN HISTORIC HOUSE.

From Here Rebecca Nourse Was Taken as a Witch and Hanged.

If the local historical society of Danvers, Mass., takes possession of the old Nourse house, as is their present intention, they will occupy a building whose story is one of the most dramatic in the colonial life of the nation. It was from this house in the days of ignorance and superstition that Rebecca Nourse was taken as a witch and hanged. The estate was originally known as the Bishop farm. In 1680 the house, which was built about 1635, was bought by Francis Nourse and his wife, Rebecca. Mr. Nourse had several children, and the prosperity of the family excited the envy of the neighbors. March 23, 1692, a warrant was issued on complaint of Edward and Jonathan Putnam for the arrest of Rebecca Nourse for witchcraft, and on the following morning she was arraigned before Justices Hawthorne and Corwin. She was indicted for having practiced "certain detestable acts called witchcraft upon Mary Walcott and other women." She was tried in the meeting house. One of the witnesses, Anna Putnam, had a fit in court, which she charged upon the accused.

In answer to the charge of witchcraft Rebecca Nourse said: "I can say before my Eternal Father I am innocent and God will clear my innocence." Justice Hawthorne replied, "Here is never a one in the assembly but desires it, but if you be guilty pray God discover you."

She was then committed to the jail in Salem, and on April 11 was taken with four others to Boston by order of the council. The court met June 29, and the jury first returned a verdict of not guilty, but the crowd in the court-room made such a clamor that the jurors again retired, and shortly after returned a verdict of guilty.

The records of the First Church, Salem, show that on July 3, 1692, Rebecca Nourse was excommunicated. She was brought up the aisles of the church, her chains clanking, and the

sentence of excommunication was pronounced.

July 19, 1692, she was taken with eighteen others from the jail in Salem to Gallows hill, Salem, where she was hanged. Her body was later thrown among the rocks, being recovered that night by her family, taken to this town and reverently buried.

July 30, 1853, a monument to her memory was erected in the family lot near the Nourse homestead. The mon-

ument is of granite. The die on the front is inscribed:

Rebecca Nourse, Yarmouth, England, 1621; Salem, Mass., 1692.

Also these lines by Whittier:

"O, Christian martyr, who for truth could die,

When all about thee owned the hideous lie;

The world redeemed from superstitious way,

Is breathing freer for thy sake to-day."

On the reverse side of the monument is this inscription:

"Accused of witchcraft, she declared, 'I am innocent, and God will clear my innocence.' Once acquitted, yet falsely condemned, she suffered death July 19, 1692. In loving memory of her Christian character, even then fully attested by forty of her neighbors, this monument is erected."

The Dominant Factor.

"The first husband eloped with her," said Miss Cayenne.

"And the second and third?"

"She eloped with them."—Washington Star.

Force of Habit.

Waiting on the street corner, giving precedence to a heavy red motor car that was lunging, puffing, and trailing its odor past them, stood small Freddy with his hand thrust confidently into his father's. The license number on the rear caught the little fellow's attention and he said: "Father, why do they always leave the price mark on automobiles?"—Lippincott's Magazine.

Worth Knowing.

That Alcock's are the original and only genuine porous plasters; all other so-called porous plasters are imitations.

Penalty for Disobedience.

The thief had broken through and was stealing. "Serves 'em right," he said, "for layin' up their treasures so nice an convenient on top of this bureau, where I can get 'em."

The moth and rust, meanwhile, were at work in other portions of the elegant and costly mansion.

A GUARANTEED CURE FOR PILES. Itching, Blind, Bleeding Protruding Piles. Druggists are authorized to refund money if FAZO OINTMENT fails to cure in 6 to 14 days. 50c.

To Get Eggs All Winter.

A flock of early hatched pullets with a comfortable house free from vermin, with proper ventilation, a scratch pen and box of grit, all grain buried in litter, will do nobly during the whole winter, but the roosts must be sprayed with kerosene oil twice a week; their bodies dusted each month with good insect powder, plenty of fresh drink at comfortable temperature, green feed such as sliced beets, steamed clover, or loose cabbage to pick at freely, all the green cut bone with clean, fresh, sweet adhering meat that they will eat at one meal twice a week must be supplied. A mash of middlings with one part in three of corn meal in zero weather stirred thick enough to be crumbly, oats or wheat at night except in zero weather when corn should be fed warm at night are also excellent, provided only about two-thirds as much as will be eaten up clean in ten minutes is fed at a time. Pullets require more than hens and Leghorns less than heavier breeds.

Just the Reminder Needed.

Cheaply—Hello, old man! You seem to be in a brown study.

Popley—Oh, hello! Yes, I am. You see, my wife asked me to stop at the market for something and I can't think what it was.

Cheaply—Here, have a cigar. Maybe that'll help you to think.

Popley—Thanks. Oh, yes, I remember now; it was cabbage she wanted.—Philadelphia Press.

Winter Pasture for Cows.

A Kentucky farmer says:

One of my neighbors attributes the fine color of his winter butter and the thrifty look of his chickens to a small patch of rye or barley which he grows for winter pasture. This is sown early enough to be ready for grazing by February. He began with one and one-quarter acres, but finally increased to fifteen acres. His poultry runs on it a large portion of each day and the cattle in the mornings when the ground is frozen. The advantage shows in the appearance of the poultry and stock as well as in the additional milk and eggs.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm. W. A. DING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Vast Crack in the Earth.

The second largest crack in the earth in the United States has been discovered in a remote part of the Terlingua quicksilver district, about ninety miles south of Marathon, Tex., according to Dr. William B. Phillips, formerly director of the State mineral survey, who is now operating quicksilver mines in that section. Dr. Phillips says that this wonderful crack is fourteen miles long and is at no place under 700 feet wide. It is 1,800 feet deep. The walls are almost vertical.

So far as known no exploration of the crack has ever been made. The country where it is found has an altitude of 3,000 feet. It is believed that an exploration of the crack may reveal rich minerals, particularly quicksilver.

The search that has been made recently for quicksilver prospects in that section has brought to light other interesting geological wonders. It is reported by Dr. Phillips that fifty extinct volcanoes have been found there. A number of rich quicksilver mines is being operated in the district and preparations are being made to develop many other promising prospects. Dr. Phillips says that the quicksilver output of the district this year will be at least 6,000 flasks.

Dr. Whitman of the University of Chicago, one of the Carnegie institution's advisers, recommends a biological farm for the study of heredity, variation and evolution.

31 Boxes of Gold 300 Boxes of Greenbacks

For the most words made up from these letters

Y-I-O=Grape=Nuts

331 people will earn these prizes

Around the fireside or about the well-lighted family reading table during the winter evenings the children and grown-ups can play with their wits and see how many words can be made.

20 people making the greatest number of words will each receive a little box containing a \$10 gold piece.

10 people will each win one box containing a \$5 gold piece.

300 people will each win a box containing \$1 in paper money and one person who makes the highest number of words over all contestants will receive a box containing \$100 in gold.

It is really a most fascinating bit of fun to take up the list evening after evening, and see how many words can be added.

A few rules are necessary for absolute fair play.

Any word authorized by Webster's dictionary will be counted, but no name or plural can be used, as for instance "grape" and "grapes."

The letters in "Y-I-O-Grape-Nuts" may be repeated in the same word.

Geographical names authorized by Webster will be counted.

Arrange the words in alphabetical classes, all those beginning with A together and those beginning with E to come under E, etc.

When you are writing down the words leave some spaces in the A, E, and other columns to fill in later as new words come to you, for they will spring into mind every evening.

It is almost certain that some contestants will tie with others. In such cases a prize identical in value and character with that offered in that class shall be awarded to each. Each one will be requested to send with the list of words a plainly written letter describing the advantages of Grape-Nuts, but the contestant is not required to purchase a pkg. These letters are not to contain poetry, or fancy flourishes, but simple, truthful statements of fact. For illustration:

A person may have experienced some inexplicable or chronic ailment traceable to unwise selection of food that failed to give the body and brain the energy, health and power desired. Seeking better conditions a change in food is made and Grape-Nuts and cream used in place of the former diet. Suppose one quite the meat, fried potatoes, starchy, sticky messes of half-cooked oats or wheat and cuts out the coffee. Try, say, for breakfast a bit of fruit, a dish of Grape-Nuts and cream, two soft-boiled eggs, a slice of hard toast and a cup of Postum Food Coffee. Some amateur says: "A man would faint away on that," but my dear friend, we will put dollars to your pennies

that the noon hour will find a man on our breakfast huskier and with a stronger heart-beat and clearer working brain than he ever had on the old diet.

Suppose, if you have never really made a move for absolutely clean health that pushes you along each day with a spring in your step and a reserve vigor in muscle and brain that makes the doing of things a pleasure, you join the army of "plain old common sense" and start in now. Then after you have been 2 or 3 weeks on the Grape-Nuts training you write a statement of how you used to be and how you are now. The simple facts will interest others and surprise yourself. We never publish names except on permission, but we often tell the facts in the newspapers and when requested give the names by private letter.

There is plenty of time to get personal experience with Grape-Nuts and write a sensible, truthful letter to be sent in with the list of words, as the contest does not close until April 30, 1906. So start in as soon as you like to building words, and start in using Grape-Nuts. Cut this statement out and keep the letters Y-I-O-Grape-Nuts before you and when you write your letter you will have some reason to write on the subject, "Why I Owe Grape-Nuts."

Remember 331 persons will win prizes, which will be awarded in an exact and just manner as soon as the list can be counted after April 30, 1906. Every contestant will be sent a printed list of names and addresses of winners on application, in order to have proof that the prizes are sent as agreed. The company is well known all over the world for absolute fidelity to its agreements and every single one of the 331 winners may depend on receiving the prize won.

Many persons might feel it useless to contest, but when one remembers the great number of prizes—(331)—the curiosity of seeing how many words can really be made up evening after evening and the good, natural fun and education in the competition, it seems worth the trial; there is no cost, nothing to lose and a fine opportunity to win one of the many boxes of gold or greenbacks.

We make the prediction that some who win a prize of gold or greenbacks will also win back health and strength worth more to them than a wagon full of money prizes.

There are no preliminaries, cut out this statement and go to it, and send in the list and letter before April 30, 1906, to Postum Cereal Co., Ltd., Battle Creek, Mich., and let your name and address be plainly written.