

HOW TO WIN SUCCESS.

Governor Douglas of Massachusetts Gives Advice to Boys.
From a place at the cobbler's bench at a mere pittance, William L. Douglas has risen to the highest executive position in the State of Massachusetts, that of Governor, and has made himself a millionaire. His rules and precepts of success are given by him through the Boston Sunday American. The Governor is interested in boys and declares that these rules are given for the benefit of boys. The Governor says:

Recently, in talking to a delegation of bright-faced boys, I told them that they should, in order to make the most of life, obey the old maxim, "Stick to your last." If you don't you'll find that old adage, called trouble, bobbing up in your path every now and then, and you'll never get to be on speaking terms with success. Fortune, you know, favors the brave. In the battle of life the really brave man is the one with courage enough to "stick to his last" in the face of early rebuffs and temporary reverses. He's the fellow who will eventually be able to laugh at trouble and to get chummy with success. What would you think of a shoemaker who, after making part of a shoe on one last, became dissatisfied and started another shoe on a different last, keeping up this method until he had finally spent all his money for stock and had nothing but a lot of half-finished shoes to show for it. Foolish way to do, isn't it? But it's no more foolish than for a young man to tackle a new line of business every little while until he grows too old to learn any business thoroughly.

Everything in nature is fitted to do one thing well and spends its whole life doing it. You never hear of the ant going into the honey-making business; nor of the bee building ant hills for a change. Each one knows its place in the world and sticks to it, and that is what boys must do if they would accomplish great things. Nearly every boy at an early age displays an aptitude for something, and if that aptitude is properly developed the process of selecting a last is simplified. And remember always to keep your ambition up to the top notch. Whatever you do, try to do it better than the other fellow. At school make it a point to stand at the head of your class; and at play don't be satisfied until you can jump the farthest or throw the straightest. Then when you enter business life this matter of getting ahead will become a habit.

Now another thing to think about is this: Don't try to do what you like—do what you can. That's a good companion piece for "stick to your last." Don't let the attraction of something you don't know lure you away from the thing you do. Do what you can and stick to it. That's wisdom.

The Manx Language Society has been formed and to carry out its purpose of preserving the language of the Isle of Man will send a phonograph to different parts of the island, and old men whose accent is pure will speak into the receiver passages from Scripture, folk-lore stories, idiomatic sentences and proverbs. When the records are complete they will be kept at the society's rooms in Douglas.

For Hot Weather

A FREE BOTTLE OF

Mull's Grape Tonic

TO ANYONE WHO WILL WRITE FOR IT NOW
Have you Constipation, Stomach Trouble, Indigestion, Dyspepsia, Blood Poison, Skin Diseases, Sore, Sudden Bowel Trouble, Diarrhea, Cholera, Etc.?

No one whose bowels are healthy and active contracts these complaints. Invariably they are the result of Constipation which means decayed, poisoned and dying bowels or intestines. Check diarrhea and you are liable to fatal blood poisoning—a physical makes you worse. There is only one right course and that is to treat the cause. Re-

vive and strengthen the bowels and intestines. We will prove to you that Mull's Grape Tonic cures Constipation and all these terrible Bowel troubles because it cleanses the Blood and makes the intestines practically new. It feeds the starved condition and brings them back to life—nothing else will. For hot weather pills it has no equal.

WRITE FOR THIS FREE BOTTLE TODAY
Good for ailing children and nursing mothers.

FREE COUPON
Send this coupon with your name and address and your drugist's name, for a free bottle of Mull's Grape Tonic, Stomach Tonic and Constipation Cure.

To Mull's Grape Tonic Co.,
21 Third Ave., Rock Island, Ill.
Give Full Address and Write Plainly
The \$1.00 bottle contains nearly three times the 50c size. At drug stores.

The genuine has a date and number stamped on the label—take no other from your drugist.

Your Children's Health

IS OF VITAL IMPORTANCE.
A large part of their time is spent in the schoolroom and it becomes the duty of every parent and good citizen to see to it that the schoolrooms are free from disease breeding germs. Decorate the walls with

Alabastine

THE SANITARY WALL COATING

Cleanly, sanitary, durable, artistic, and safeguards health.

A Rock Cement in white and delicate tints. Does not rub or scale. Destroys disease germs and vermin. No washing of walls after once applied. Any one can brush it on—mix with cold water. The delicate tints are non-poisonous and are made with special reference to the protection of pupils' eyes. Beware of paper and germ-absorbing and disease-breeding materials bearing fanciful names and mixed with hot water. Buy Alabastine only in five pound packages, properly labeled. Tint card, pretty wall and ceiling design, "Hints on Decorating," and our artists' services in making color plans, free.

ALABASTINE CO.,
Grand Rapids, Mich., or 105 Water St., N. Y.

ATAXIA FOUR YEARS

FOLLOWS MALARIA CONTRACTED IN SPANISH-AMERICAN WAR.

Victim Had Become Helpless When He Tried Dr. Williams' Pink Pills, but Was Cured in Four Months.

Because he did not know that there is a remedy for ataxia, Mr. Ariel endured four years of weakness, pain and the misery of thinking his case incurable.

"At the outbreak of the Spanish-American war," he says, "I went with Company B, Eighth Regiment, M.V.M., into camp at Chickamauga, and while there my system became thoroughly poisoned with malaria. When I was mustered out, I carried that disease home with me. After a while locomotor ataxia appeared."

"How did the ataxia begin?"
"I first noticed a pain in my ankles and knee joints. This was followed by a numb feeling in my legs. At times I had to drag myself around; my legs would shake or become perfectly dead. I had constant trouble in getting about in the dark. I kept a light burning in my room at night as I could not balance myself in the darkness. Even with the aid of a light I wobbled, and would reach out and catch hold of chairs to prevent myself from falling."

"How long were you a sufferer?"
"I first noticed a pain in my ankles and knee joints. This was followed by a numb feeling in my legs. At times I had to drag myself around; my legs would shake or become perfectly dead. I had constant trouble in getting about in the dark. I kept a light burning in my room at night as I could not balance myself in the darkness. Even with the aid of a light I wobbled, and would reach out and catch hold of chairs to prevent myself from falling."

"Four years in all. During the last three years I was confined to bed, sometimes for a week, again for three or four weeks at a time. When I was lying down the pain in my back was frequently so severe that I had to be helped up and put in a chair to get a little relief. I had considerable pain in my bowels and no control over my kidneys. The worst of all was that the doctor could give me no hope of recovery."

"How were you cured?"
"I read that Dr. Williams' Pink Pills had cured locomotor ataxia and one or two friends spoke to me about them. In the fall of 1903 I began to take them for myself and I had not used more than one box before I found that the pains in my knees and ankles were greatly relieved. Four months afterward I became a perfectly well man, and I am today enjoying the best of health."

Mr. Edward H. Ariel lives at No. 43 Powder street, Amesbury, Mass. Every sufferer from locomotor ataxia should try Dr. Williams' Pink Pills without delay. Any druggist can supply them.

Before and After Taking.
In a small town in New York State two families live, one bearing the name of Steele and the other of Stole. They are friends, and frequently appear at the same gatherings.

Not long ago an evening house affair was given at which a stranger from Illinois was present. When the usual introductions were to be made, Mr. Steele and Mr. Stole chanced to be sitting side by side.

"May I present Mr. Steele," said the hostess. "And Mr. Stole" she added sweetly.

The stranger waited for a second, and then said, smilingly: "Oh, yes, I understand—before and after taking."

CONSTANT ACHING.

Back aches all the time. Spoils your appetite, weakens the body, worries the mind. Kidneys cause it all and Doan's Kidney Pills relieve and cure it.

H. B. McCarver, of 201 Cherry St., Portland, Ore., inspector of freight for the Trans-Continental Co., says: "I used Doan's Kidney Pills for back ache and other symptoms of kidney trouble which had annoyed me for months. I think a cold was responsible for the whole trouble. It seemed to settle in my kidneys. Doan's Kidney Pills rooted it out. It is several months since I used them, and up to date there has been no recurrence of the trouble."
Doan's Kidney Pills for sale by all dealers. Price 50 cents per box. Foster-Milburn Co., Buffalo, N. Y.

No Sign.
Ethel—Are you sure the count was intoxicated last night?
Edythe—Positive. Why, he couldn't pronounce his own name.

Ethel—But you must remember that he is a Russian count.—Cincinnati Commercial Tribune.

Piso's Cure for Consumption promptly relieves my little 5-year-old sister of cough.—Miss L. A. Pearce, 23 Pilling street, Brooklyn, N. Y., Oct. 2, 1901.

A Useful Accomplishment.
Dr. Fridtjof Nansen, the Norwegian explorer, tells an amusing story of a Norwegian girl who came to the United States.

"This girl," said Dr. Nansen, "journeyed to the United States in search of employment. She was taken into a household as a cook, but failed to give satisfaction. Nearly everything she undertook ended in failure, and, finally, the lady of the house asked, despairingly: "Norah, is there anything you can do?"
"Yes," responded Norah, with a grin, "ay can milk reindeer."

Fully Reciprocated.
In a national school near Ballybeg the principal ruled his pupils with a rod of iron. Although a really good teacher, he was somewhat harsh in his punishments and rarely appeared to have a due appreciation of youthful spirits. One day he had occasion to reprimand some senior boys for unseemly conduct and ended his remarks, "Owen Girvan, you are a worthless lad, and there is a bad end before you; I'm glad that I'm not your father."

"Yer nawt half as glad as Ol am, sorr!" was Owen's undutiful reply.

FARM AND GARDEN



GOOD COW BARN.

A well known Iowa dairyman, Mr. E. C. Bennett, recently described a good cow barn in the Wisconsin Farmer, to accommodate nineteen cows. It is 18 feet wide by 58 feet long, with a box stall at one end. He says:

Make the platform for the cows to stand upon as long as the outlying and as wide as from the manger to their hind feet. This depends upon the size of the cows. Mine is fifty-six inches wide. A few cows and teifers can use a narrower platform, and some large cows may need one four feet and ten or eleven inches wide. The platform can be made narrower at one end than at the other if cows of widely varying sizes are kept.

I have a manger with sloping rear, so as to give all feed a tendency to slide towards the cows. Some have the back part of manger perpendicular, and some omit the back wall, but cows will strain after feed which gets out of their reach, endangering their muscles, and sometimes slipping their hind feet off the rear of platform and seriously hurting themselves.

The usual distance apart of stanchions here is three feet. If the cows are unusually large, two inches more should be allowed. I find that even one inch less than three feet answer for ordinary Jerseys.

As to the height of platform, I have tried four inches and six inches for the rear, and one inch higher for the front. My preference is for the lower—four inches for the rear and five for front. This slant is to permit drainage to the rear and into the "drop," if any droppings get on the platform.

It makes much difference which way the cows face. My building runs east and west, and the cows face the north. This is so I can let the sun shine upon them from the rear. I have a small window at the rear of each of two cows, and keep the platform well bedded. This makes it pleasant and sunny in winter, and the windows are opened in hot weather, and wire screens keep out the flies and let the air circulate freely.

This is simple, but means much in the way of comfort for the cows and for those who do the milking. If the building runs north and south, I recommend windows on the west side, and the cows facing the east, if conditions permit. West windows let in the light well, but they are colder in winter than south windows. I use two-inch planks for floor of platform and the space in rear of cows. The space under the platform may be plank or earth, as desired. Some have earth floor in rear of platform, but it is too apt to get sloppy with me. I find that a width of two feet at the top and eighteen inches at the bottom is satisfactory for the manger. The height is immaterial, so long as it will hold the feed and not be inconveniently high. I had mine thirty inches high in rear and six inches high in front. I wish to emphasize the need of plenty of windows. Sunshine is death to tuberculosis, and it has been found that cows kept in the dark end of a barn are more subject to that and other diseases than other cows in the same stables, but in a good light.

PRACTICAL POTATO RAISING.

For the benefit of farmers interested, I am going to tell them how I manage to raise good crops every year, from 250 to over four hundred bushels per acre. My potatoes for the past twenty-three years have averaged me seventy cents a bushel.

The first thing I do is to look my ground over and see that it is free from with grass or very nearly so. I do not care how poor the soil is. The land must not be too low, or with too much clay in it. Potatoes do much better on loamy or sandy soil. I plow eight or ten inches deep and try to have the furrows meet. It makes very little difference whether the land is plowed in the spring or fall, but if I have time I plow in the fall to save time in the spring. I like to plant quite early as the early planted field generally proves the best. But I never plant till the ground is in good condition to harrow.

The harrowing is a very important feature. Some men will harrow two or three times and call it good enough, I don't. I harrow till the soil is like an ash heap, because it pays to work the ground in good shape. I mark out the field 3 1/2 feet wide and about six inches deep, either with a potato planter or with a horse hoe. If a horse hoe I drop the fertilizer by hand about sixteen inches apart in the row, being careful to run a chain through the rows in order to mix the fertilizer well with the soil; for a good fertilizer will kill the seed if it comes in contact. For the past twenty years I have raised my potatoes wholly on commercial fertilizer without any other dressing. If asked what kind of commercial fertilizer I used and considered the best I should say Bradley's complete per cent potash.

Good seed is necessary, and I consider the Green Mountain the best all-around potato I have ever planted and least liable to rot. There is

more in cutting potatoes for seed than most farmers think. Some will cut without looking to see whether there are one or five eyes on a cut. I start on the stem end and cut up, being careful to get at least two eyes on a piece, and when I get up to where the eyes are close together I cut the seed smaller, but have no less than two or more than four eyes on a piece of seed. As fast as I cut the seed I sprinkle plaster on them so that they will not bleed. I cut the seed six to ten days before I plant.

When I am ready to plant I drop one thousand pounds of fertilizer to the acre in the rows, then drop the seed sixteen inches apart and cover about four inches deep. If a man has no potato planter, a good horse hoe is a very nice tool to cover with.

After planting I watch for them to break ground, and as soon as I see a few coming through I drop five hundred pounds of fertilizer to the acre between the plants where they are up and sixteen inches apart where they are not up and then cover up the potato and fertilizer tightly. As soon as the potato shows again I again cover it. I cover three times very lightly the last time, and at the same time I run a cultivator between the rows twice a week, for the soil cannot be stirred too much. By frequent use of horse hoe and cultivator I keep down the weeds.

I never use a hand hoe, as there is no need of it. The horses will do the work best if taken in time before the weeds get a start. After the tops get about eight inches high I horse hoe, and again when the tops are about a foot to fifteen inches high.

Checking bugs and blight—The most important part is to keep down the bugs and to spray so that the potato will not blight or rot. I use a hand sprayer and spray two and sometimes three times. There are years when potatoes do not blight or rot, but we cannot predict those years, so I spray every year.—A. T. Gibbins in Massachusetts Ploughman.

COW HOLDING UP HER MILK.

One of the mysteries that troubled my boyhood days was how a cow could hold up her milk, and that some matter is worrying a good many people yet. The fact is, a cow does not and cannot hold up her milk, but she does what has the same effect, she fails to elaborate it. Most of the milk a cow gives is elaborated; that is, becomes milk after the milking has begun. Suppose a cow were shot just at the time of milking, and her udder cut open, do you suppose you would get the bucket full of milk you would have expected had you proceeded to quietly milk her in the ordinary way? On the contrary, you would have nothing but a bunch of milky, bloody glands. The milk is not there. By some process known only to nature, the milk producing system of the cow relaxes when milking begins, the milk glands secrete very rapidly and the stream flows out in response to the pressure.

Sometimes, however, the milk fails to respond to the manipulation as at other times, and then we say the cow is holding up her milk. The fact is the proper relaxation has not taken place; the glands are not working with their accustomed activity, and we fail to get the milk because it is not there to get. Many causes produce this effect. The cow may have been chased or frightened in an unusual way, she may have been beaten, a strange milker may be at her side, strange people may be in the yard, her accustomed feed may be absent, or any other matter that disturbs her quiet or prevents her from feeling entirely at home, may have this unhappy effect. Some cows are much worse in this respect than others, because some are much more easily disturbed than others.

The point is to learn the cow's disposition and make her feel entirely at home at milking time. You may break her from undesirable habits, but you must do so at the expense of a portion of her milk until she gets accustomed to the change.—Up-to-Date Farming.

BENEFITS OF LIME.

We do not know who is the author of the following; but it is sensible and timely: "There is no preventive of roup so efficacious as lime. If the floor of the poultry house, the yards, and every place to which fowls may resort, are sprinkled with fine air slaked lime once or twice a week, it is doubtful if roup will secure a hold on the hens. Experiments made with lime show that it will destroy the germs of roup when it comes in contact therewith, and as lime is so cheap, it may be easily applied." We are doubtful about lime having any effect on "the germs of roup," but we know it to be an excellent deodorizer, and that it will keep poultry houses sweet and clean.—Farmer's Home Journal.

A Cleveland (Ohio) pastor proposes to erect a nine-story church. He expects to be the first sky-pilot to have a sky-scraper, declares the Baltimore Sun

IN STRICT CONFIDENCE.

Women Obtain Mrs. Pinkham's Advice and Help.

She Has Guided Thousands to Health.—How Lydia E. Pinkham's Vegetable Compound Cured Mrs. Fred Seydel.



It is a great satisfaction for a woman to feel that she can write to another telling her the most private and confidential details about her illness, and know that her letter will be seen by a woman only, a woman full of sympathy for her sick sisters, and more experience in treating female ills than any living person.

Over one hundred thousand cases of female diseases come before Mrs. Pinkham every year, some personally, others by mail, and this has been going on for twenty years, day after day. Surely women are wise in seeking advice from a woman of such experience, especially when it is absolutely free.

Mrs. Pinkham never violates the confidence of women, and every testimonial letter published is done so with the written consent or request of the writer, in order that other sick women may be benefited as they have been.

Mrs. Fred Seydel, of 412 North 54th Street, West Philadelphia, Pa., writes:

Dear Mrs. Pinkham:
"Over a year ago I wrote you a letter asking advice, as I had female ills and could not carry a child to maturity. I received your kind letter of instructions and followed your advice. I am not only a well woman in consequence, but have a beautiful baby girl. I wish every suffering woman in the land would write you for advice, as you have done so much for me."

Just as surely as Mrs. Seydel was cured, will Lydia E. Pinkham's Vegetable Compound cure every woman suffering from any form of female ills. No other medicine in all the world has such a record of cures of female troubles as has Lydia E. Pinkham's Vegetable Compound. Therefore no prudent woman will accept any substitute which a druggist may offer.

If you are sick, write Mrs. Pinkham, Lynn, Mass., for special advice. It is free and always helpful.

A Bad Fit.

An English tourist in the Highlands tells the following amusing story. He was traveling one day last summer by rail in the North of Scotland, and at one of the stations four farmers entered the train. They were all big, burly men and completely filled up the seat on the one side of the compartment. At the next station the carriage door opened to admit a tall, slender individual with about the girth of a lamp-post. He endeavored to wedge himself in between two of the farmers, and, finding it a difficult operation, he said to one of them: "Excuse me, sir, but you must move up a bit! Each seat is intended to accommodate five persons, and according to act of Parliament you are only entitled to eighteen inches of space." "Aye, aye, my friend," replied the farmer, "that's a very good for you that's been built that way; but ye canna blame me if I ha'eena been constructit according to act of Parliament!"

Mrs. Winslow's Sore Throat Syrup for Children (soothing; softens the gums; reduces inflammation; allays pain; cures wind colic.) 25 cents a bottle.

Blisterful Ignorance.
"Were you ever called to serve on a jury before?" asked the lawyer.
"No, sir," answered the juror. "This is the first time my intelligence has ever been questioned."

MILLIONS OF WOMEN



Cuticura SOAP

Assisted by Cuticura Ointment, the great Skin Cure, for preserving, purifying, and beautifying the skin, for cleansing the scalp of crusts, scales, and dandruff, and the stopping of falling hair, for softening, whitening and soothing red, rough, and sore hands, for baby rashes, itches, and chafings, in the form of baths for annoying irritations and inflammations, or undue perspiration, in the form of washes for ulcerative weaknesses, and for many sanative, antiseptic, purposes which readily suggest themselves, as well as for all the purposes of the toilet, bath, and nursery.

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.
Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Biliary Disorders, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. *W. D. Carter*

REFUSE SUBSTITUTES.

If afflicted with Thompson's Eye Water

WHEN WRITING TO ADVERTISERS please say you saw the advertisement in this paper.

S. C. N. U. - No. 28-1905

PISO'S CURE FOR CONSUMPTION

Say Plainly to Your Grocer

That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but

What About the United Judgment of Millions of housekeepers who have used LION COFFEE for over a quarter of a century?

Is there any stronger proof of merit, than the

Confidence of the People and ever increasing popularity of LION COFFEE is carefully selected at the plantation, shipped direct to our various factories, where it is skillfully roasted and carefully packed in sealed packages—unlike loose coffee, which is exposed to germs, dust, insects, etc. LION COFFEE reaches you as pure and clean as when it left the factory. Sold only in 1 lb. packages.

Lion-head on every package. Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.

Sale Ten Million Boxes a Year.

THE FAMILY'S FAVORITE MEDICINE

Cascarets

CANDY CATHARTIC

THEY WORK WHILE YOU SLEEP

BEST FOR THE BOWELS

10c, 25c, 50c. Druggists