#### Wasted Energy.

Sometimes head and heels work well together, but it was not so in a case reported in the Yonkers Statesman. Cam, a colored man, was an hour late, and his employer asked him to explain.

"Yes, sah, I'll explain, sah," Sam replied.

"Well, what excuse have you?" "I was kicked by a mule on my way here, sah."

"That ought not to have detained you an hour, Sam, if you were able to come at all."

"Well, it wouldn't have if he'd only kicked me in dis direction. You see, boss, he kicked me de other way."

#### SAVED CHILD'S LIFE.

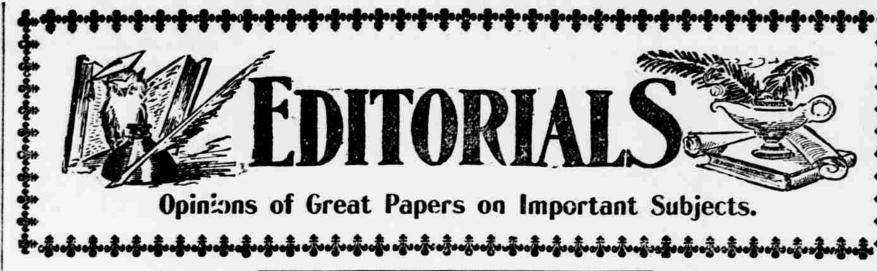
#### Remarkable Cure of Dropsy by Dodd's Kidney Pills.

Sedgwick, Ark., June 19 .- The case of W. S. Taylor's little son is looked upon by those interested in medical matters as one of the most wonderful on record. In this connection his father makes the following statement:

"Last September my little boy had len to such an extent that he could not walk or put his shoes on. The treatment that the doctors were giving him seemed to do him no good, and two or three people said his days were short, even the doctors, two of the best in the country, told me he would not get better. I stopped their medicine and at once sent for Dodd's Kidney mechanic. Pills. I gave him three Pills a day, one morning, noon and night, for eight days; at the end of the eighth day the swelling was all gone, but to give the more Pills. I used thirty-five Pills in sider your medicine saved my child's life. When the thirty-five Pills were given him, he could run, dance and sing, whereas before he was an invalid in his mother's arms from morning until night."

#### At "About SO "

that she permits you to know her age en, like philosophy, are divided into likewise ever since. ried and about 30. parent ages, two facts which go far in determining her annals. If she is unmarried and is not "about 30" she is under 30. again a definite fact. Being "about 30" is indefinite. She may be more or less. No one hazards a guess. There is a delightful vagueness in being "about 30." It has nothing to do with dates, and many of us who from our youth up have felt no attachment for dates can forgive the unattached their confessed indifference.



#### **Preachers' Small Salaries.**

Church is one for the support of superannuated a save enough from their salaries to support them a sufficient answer.

There are 797 pastors in the three Metropolitan annual conferences in 1904-5, these being the conferences in New York City. These pastors may be divided into four classes The members of the first class, numbering 225, received dropsy; his feet and limbs were swol- \$1,500 per year or more, those in the second, numbering 184, \$1,000 to \$1,500; those in the third, numbering 211, \$600 to \$1,000; and those in the fourth, numbering 177, \$600 or less. The salaries paid the ablest and most eloquent Methodist preachers in the metropolis are no more than are received by many men in subordinate places in large business concerns. The salaries of many of their humbler brethren are less than half as large as the wages of a good

Outside the cities, both in New York and in other States, salaries are smaller. "My college chum," a distinguished New York lawyer is quoted as saying, "was my equal in medicine justice, I gave him eleven every respect, and in some respects my superior. After twenty-five years of successful ministerial work I discovall and he was entirely cured. I con- ered that his annual income when in his prime was the exact amount I paid for the care of my horse at the livery stable." In the rural districts the pay of a pastor is often much less than the keep of a city horse.

The smallness of the salaries of Methodist preachers is partly due to the fact that in every community this church graws to it many poor people, but it is more largely owing to the noble, time honored policy of Methodism of having When one knows the age of a woman "a church for every pastor and a pastor for every church." one knows the woman. The very fact The flock may not number a dozen. It may be in a mining camp in Alaska. It may be in a city slum. However exposes her character. She no longer small, remote or inaccessible, it must and will have a shepmasquerades. She has lost a certain herd. Wesley and Whitefield didn't believe in waiting for uncertainty, an evanescent delicacy, people to come in and get the gospel. They took it to them that was an irresistible charm. Wom- wherever they were, and their successors have been doing two classes, the knowable and the un- A man has to pinch and squeeze to rear and educate knowable. Also, like philosophy, it is a family and dress as a preacher is expected to on \$1,500 the unknowable woman who is the a year, especially in a city. The fact that thousands of speculable. Therefore to get her at her educated men gladly and laboriously serve their church for highest capacity she must be unmar- much less shows that the age is not so commercial as it is sometimes represented, and that religious heroism is not The married woman presents certain dead. The superannuated ministers of the Methodist inescapable telltale data. She has Dhurch accept their annuities without regarding them as children, and those children have ap- alms, and well they may, for they have earned all they get. -Chicago Tribune. Why They Lost Their Jobs.

closed down," two; "dull season," two; "fellow clerk stole," MONG the permanent funds of the Methodist one; "sassed boss," one; "woman worked cheaper," one.

It will be noted in a large majority of the cases the ministers. The question was recently raised in fault was with the employes. Indeed, the remarkable part New York why Methodist preachers cannot of this symposium is the exceeding frankness of the discharged men in admitting this fact. Of the entire seventyin old age. Figures have been given which are two, but two or three make any claim that their employers were at fault.

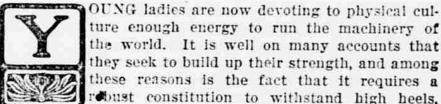
> Another fact is revealed: There is little record of inefficiency on the part of the workers aside from that induced by bad habits. Four admit they were lazy. Three of these were just out of high school and say they will take hold of the next job with firmer determination to succeed. They have learned that business is not a "snap."

> Liquor drinking heads the list of causes. The idea that 'the wheel of business must be lubricated" is not borne out by experience. Gambling goes along with drink. It is simply a short cut to business ruin.

Carelessness, which is second in the list, is inexcusable. This fault, together with that of swell-headedness, is pecu-

iarly the fault of younger persons and is not without cure. The deduction from the entire matter is this: These workers discharged themselves. They voluntarily put themselves out of business .- Cincinnati Post.

# Physical Culture.



ture enough energy to run the machinery of the world. It is well on many accounts that they seek to build up their strength, and among these reasons is the fact that it requires a robust constitution to withstand high heels, tight stays, marshmallows and pickles. A

woman needs a full measure of physical training to enable her to resist the numerous deteriorating tendencies of modern life. It would really seem that some young ladies fear old age so much that they take rash measures to keep from growing old. It may be they fancy it might reflect on their goodness not to die young. Young ladies who have not the time or means or physical capacity to work like field laborers in the gymnasium can often secure prop-

# CLINGS TO SUPERSTITION.

#### Indian Will Not Shed Peculiar Beliefs of His Fathers.

The American Indian has many deep-rooted superstitions that are ludicrous and amusing, but in this respect he is probably no worse than other savages of present and pristine tribes. In fact, all primitive peoples were nursed on superstition; and even in our own civilized age there are many intelligent Caucasians who entertain extraordinary beliefs.

The soothsayer, necromancer and seer are no longer plying their romanesque vocations, but we still have the "second-sight" swindlers, the palmist, mind reader, double-evil mediums, pseudo phrenologists and fortune tellers, whose thrifty prosperity goes to prove that the general public must still be highly credulous.

Several years ago a San Francisco newspaper made a test of popular superstition by placing a high ladder directly across the sidewalk in such a manner that the multitude could easily pass under it.

Four out of every ten walked out in the street rather than pass beneath it. An average of two out of the remaining six walked under it, only through oversight, persuasion or after much consideration. Then, among the civilized masses, we still have the old pin superstition. The barking of a dog near the home of a sick person still presages to many the step of death. If a black cat crosses our path by night there are many of us who will mumble an imprecation of danger. And we nurse other equally ridiculous supersti tions too numerous to mention.

But the Indian, as an abstract exam ple of the genus homo, is a composite character of paradoxical peculiarities, and his superstitions seem to be directly innate. He is at once noble and base, shrewd, cunning and ignorant, inspired with a profound veneration for all which he cannot fathom, and yet grossly superstitious in his conception of things temporal. The natural theogony of his heart is sometimes beautiful, but from prehistoric time he has been hampered by these inborn fancies.

#### Lucky Versemaker.

"Here's a little poem I wrote last night," said the man with the unbarbered hair and shiny coat, as he shuffled into the editor's presence.

"Did you really write this?" asked the editor, as he glanced over the manuscript. "Sure," answered the verse maker.

"Well," continued the man behind the blue pencil. "it's a fortunate thing for you that I'm not in a fighting humor today."

# **TWO OPEN LETTERS** IMPORTANT TO MARRIED WOMEN Mrs. Mary Dimmick of Washington tells

How Lydia E. Pinkham's Vegetable Compound Made Her Well.

It is with great pleasure we publish the following letters, as they convincingly prove the claim we have so many times made in our columns that Mrs.



Pinkham, of Lynn, Mass., is fully qualified to give helpful advice to sick women. Read Mrs. Dimmick's letters. Her first letter:

Dear Mrs. Pinkham :--

"I have been a sufferer for the past eight years with a trouble which first originated from painful menstruation-the pains were excruciating, with inflammation and ulceration of the womb. The doctor says I must have an operation or I cannot live. I do not want to submit to an operation if I can possibly avoid it. Please help me."-Mrs. Mary Dimmick, Washington, D. C. Her second letter;

#### Dear Mrs. Pinkham :--

"You will remember my condition when I last wrote you, and that the doctor said I

#### Dancing Birds of Laysan.

Sailors visiting the islands of Laysan, in the Hawaiian group, are greatly amused by the curious antics of the Laysan albatross, or gony. These birds sometimes perform in pairs a kind of dance, or, as the sailors call it. "cakewalk." Two albatrosses approach each other, nodding and making profound bows, cross their bills, produce snapping and groaning sounds, rise on their toes, puff out their breasts, and finally part with more nodding, and bowing, only to come together again and repeat the performance. Occasionally three engage at once in this singular amusement.

#### FOOD IN SERMONS.

#### Feed the Dominie Right and the Sermons Are Brilliant.

A conscientious, hard-working and eminently successful clergyman writes: "I am glad to bear testimony to the -pleasure and increased measure of efficiency and health that have come to me from adopting Grape-Nuts food as one of my articles of diet.

"For several years I was much distressed during the early part of each day by indigestion. My breakfast, usually consisting of oatmeal, milk and eggs, seemed to turn sour and failed to digest. After dinner the headache and other symptoms following the breakfast would wear away, only to return, however, next morning.

"Having heard of Grape-Nuts food, I finally concluded to give it a fair trial. I quit the use of oatmeal and eggs. and made my breakfasts of Grape-Nuts, cream, toast and Postum. The result was surprising in improved health and total absence of the distress that had, for so long a time, followed the morning meal. My digestion happing and more notice

HE Workers' Magazine has collected the stories of seventy-two working men who lost their jobs. The list has been tabulated and shows the following causes for discharge: Drinking, eleven. Carelessness, eight.

Swell-headedness, seven.

Gambling, five. Laziness, four.

Following these come many others, such as "business be called involuntary drinking .- New York World.

# SAVED BY A BOY.

# what had seemed certain death.

When the wife of one of the United States Senators was a baby of two years she was rescued from a great peril by the courage of her sister and her 9-year-old brother. Her father, Mr. Lee, lived in a farmhouse with his wife and five children, and one day the home was attacked by the Ute Indians. Lee shot three of the Indians in their first rush, says a writer in the New York Sun, and then he and his family prepared for a fight to the death. The cabin was log-built, and afforded absolute protection against bullets.

"The children will be brained or carried captive and your father and myself shot down if the Indians get into the house," said Mrs. Lee, handing a knife to her eldest daughter. "Don't let yourself or your sisters be taken alive."

A smell of smoke revealed the Indians' first move. They had thrown brush on the roof and fired the house. It ignited slowly, for everything was damp from recent rains, but the dwelling soon filled with suffocating smoke, and the baby was thrown into convulsions. While the mother was frantically trying to restore the little one, Mr. Lee attacked the burning roof. Emma, a girl of eleven, made a rush edge of Regent's Park by Decimus for the barn and returned in safety Burton. This fine building, which with a crowbar. With this implement | Samuel Rogers, by the way, insisted the father was enabled to pry off some was "finer than anything among the of the blazing logs, but the smoke remains of architectural art in Italy," continued to grow dense

er development of arm or chest by helping mother. Really, some good physical culture is to be obtained in this way, and there are some domestic arts the diligent practice of which tends not only to expand the chest, but also the heart and head .-- Washington Star.

# The Foolish Treating Habit.



BILL to make treating criminal is progressing through the Pennsylvania Legislature. Any one who buys for another a drink of intoxicating liquor will be guilty of a misdemeanor. There are many men who would stop with drink or two if it were not for the treating habit. They stand with their friends against

the bar for a round of drinks and each man has taken several times as many drinks as he would have preferred to take. There is no more reason for this custom than for a custom of treating to shoes or hats or overcoats, which would be much more sensible.

In Germany and France there is no such custom, and in England the custom only slightly exists among equals. The abolition of treating would do away with what might

ished.

Colosseum had exhausted itself, or the ranch, where they drove the Indians London public, and was put up for back and rescued the inmates from auction-in vain. The remainder of its career was checkered and dismal; in 1870, or thereabouts, it was demol-

# BANK OF ENGLAND LOSSES.

Forgers Secure What Rioters Have in Vain Repeatedly Tried to Gain.

The Bank of England has been repeatedly attacked by rioters. In 1709 the tory rioters, after sacking and burning several chapels in the neighborhood, began to storm the gate of the bank, and it would have fared ill with the "old lady" if the queen had not promptly sent her guards, horse and and left behind it a trail of blazing Catholic chapels and tallow chandlers' shops, it marched, thousands strong, on the bank. Its reception was a hot

one, for the roof of the building swarmed with clerks and volunteers, who had actually molded bullets from their melted inkstands, while a ring of soldiers fenced the building. The rioters made two furious onslaughts, but were received with such a murderous hail of bullets that they turned and fled.

But where raiders and rioters failed to do the "old lady" injury many a clever forger has succeeded. "Old Patch," lottery office keeper, robbed her of no less than \$1,000,000 by a long series of forgeries, in which he manufactured ink and paper, engraved the plate and printed the notes single-

Do Your Feet Ache and Burn? Shake into your shoes Allen's Foot-Ease, a powder for the feet. It makes tight or new shoes feel easy. Cures Corns, Bun-ions, Swollen, Hot and Sweating Feet. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address Allen S. Olmsted, Le Roy, N. Y.

# Not the Kind.

"I had an uncle die up in Vermont last week," said the Boston man, "and, though there is nothing so very queer about an uncle dying, this relative of mine didn't have a fair show." "As how?" was asked.

"Well, when he was 20 years old a tin peddler advised him to always carry snuff around in his pocket to throw into a mad dog's eyes, in case he met one. He carried that snuff for forty SO #.00 Cream years and never used it."

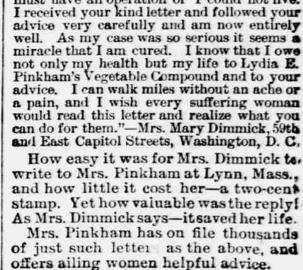
"Well?" "One day, after he had carried it for thirty years, he was crossing a field and an old bull got after him and gave him a toss. When he came limping into the house and told us about it

"'Why didn't you throw snuff in his eyes, Uncle Jerry?'

"'Why, that peddler told me to use the snuff on dogs, and that if ever a bull got after me I was to use ground cinnamon. I hadn't any of the blamed stuff with me!" "

Mrs. Winslow's Soorning Staup for Children Seething; softens the gums, reduces inflammation, all lays pain, cures wind colic. 25 cents a bottle.

A good remedy for damp, moist hands is four ounces of eau de cologne and half an ounce of tincture of belladonna. Rub the hands with a few drops of this several times a day.

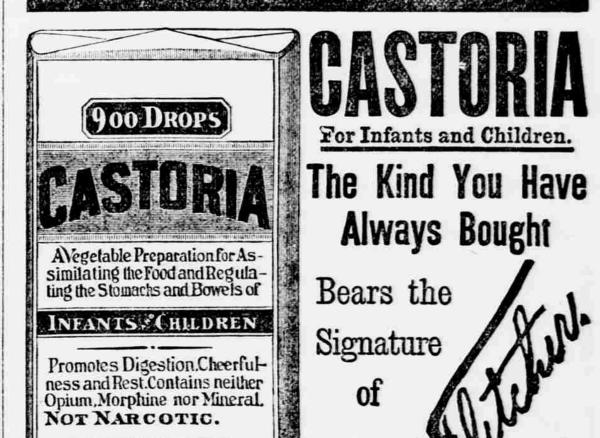


Separator FOR \$25,00 we sell the celebrated DUNDEE CREAM SEPARATOR, capacity, 200

pounds per hour; 350 pounds ca-pacity per hour for \$29.00: 500 pounds capacity per hour for \$34,00. Guaranteed the equal of Separators that RE-TAIL EVERYWHERE at from \$75.00 to \$125.00. OUR OFFER. We will ship

rator on cur 30 days' free tria plan, with the binding under ding and agreement if you do not find by comparison, test and use that it will skim closer, skim colder milk, skim caster, run lighter and skim one-half more milk than any other Cream Separator made, you can return the Separator to us at our expense and we will imme





### New Colisenm in London Seats 3,000; Covers One and a Quarter Acres. London's recently completed Coliseum has the largest theater and largest stage in Europe, says a London

Luxurious seating has been provided for 3,000 persons. The stage mechanism is the last word of ingenuity. It consists of revolving tables on which the scenery will be changed as if by the wand of Prospero, and it is said that by their means the race for the Derby foot, to the rescue. In 1780, after a can be represented from start to fin- fanatical mob had destroyed Newgate ish. Yet the London Coliseum illustrates the smallness of many modern things compared with those of the an-

riding at top speed toward Lee's

EUROPE'S BIGGEST THEATER.

ient world. The Roman Colosseum seated \$7,000 people. Whereas the London Coliseum covers an acre and a quarter, Rome's amphitheater extended over five acres. Without a doubt great things will be done at the London place of amusement, but the slaying of 5,000 wild beasts in the arena-one of the little items of Titus' inauguration-will certainly be no part of the proceedings. It is more just to compare the new Coliseum with the Colosseum which

was erected just 80 years ago on the an opinion in which he probably stood handed. He was caught at last and

special to the St. Louis Post-Dispatch.

the headaches ceased, and the old feel-		alone, was built to accommodate Mr.			.400	
ing of energy returned. Since that		Hornor's famous panorama of Lon-		Bucipe of Old Dr.SAMUEL PITCHER		
time, four years ago, I have always		don.	successful, for he pocketed \$1,800,000	Pompkin Seed -		
had Grape-Nuts food on my breakfast	should be killed what would become		by a system of forging powers of at-	Alx Senna +		
table.	of the rest?"		torney to sell stock which was not his.	Rochelle Saltz -		
"I was delighted to find also, that	The child made several trips under	Paul's at the time of the renewal of	He was hanged at Newgate, but it is	Anise Soud + Property int -		
whereas before I began to use Grape-	cover of her father's gun, and the fire	the ball and cross. The original ball	said was clever enough to save his life	Peopermint - Bil Carbonate Sold +		
Nuts food I was quite nervous and be-	was put out.	was rolled down Ludgate Hill amid	by inserting a silver tube in his throat,	Worm Sead -		
came easily wearied in the work of	Charles, a boy of nine, then an-	the plaudits of the multitude, and	escaping later to Paris to the enjoy-	Clariked Sizar Wintergreen Player		
preparing sermons and in study, a	ounced his intention of making a	both ball and cross were placed in the	ment of ms in gorten gones	Aperfect Remedy for Constipa-	NA Use	
marked improvement in this respect re-	break through the Indians and run-	Colosseum among other "concomitant	John Mathison, a ciever anateur en	fion, Sour Stomach, Diarrhoea		
sulted from the change in my diet. I	ning to Beaver, four miles away, for	appendages to the panaroma. These		Worms, Convulsions, Feverish-		
am convinced that Grape-Nuts food	help, but both parents refused to give	included some surprisingly modern in-	them and printed Dank of Digiting	ness and LOSS OF SLEEP.	A For livor	
produced this result and helped me to	their consent. Charles stood the inac-	stitutions. There was an elevator to	I HOLES ON THE HUBBLICH, INCLUS HE HIG NOT I		For Over	
a sturdy condition of mental and phy-	tion as long as he could; then with a	take spectators up to the platform,	termarks so skillfully as almost to defy	Fac Simile Signature of		
sical strength.	cry that he would not stay to die by	I LITTIN WITTEN THEY WELP TO THEM UNIVER	detection, and scattered his counter-	Chalff Flatcher.	Things Verse	
"I have known of several persons	smoke, he made a dash out of the	I WILL ALL CALLAGICIDIALY HILLS OF C	feits prodigally from one end of Eng-		Thirty Years	
who were formerly troubled as I was,	door and was gone. Barefooted and	In the forties the building was en-	land to the other. He was cleverly	NEW YORK.	a milly louis	
and who have been helped as I have	half-clothed, the boy escaped the no-	larged and given another entrance in	caught at last by one of the bank	Atb months old		
been, by the use of Grape-Nuts food,	tice of the savages, and ran at top	Albany street where the name "Colos-	clerks, but even then, it is said, ne	35 DOSES-35CENTS	ALATABIL	
on my recommendation, among whom	speed to the town. His feet were	soum Terrace" still survives The	would have escaped conviction had he			
may be mentioned the Rev, now	bruised and torn by rocks and briers,	panorama of London was succeeded in	not confessed his guilt in a spirit of			
a missionary to China." Name given	but he never slackened his pace until	1848 by one of Paris, and this by a	bravado, actually volunteering to snow	EXACT COPY OF WRAPPER.		
by Postum Company, Battle Creek,		panorama of Lake Thun, in Switzer-				
Mich.	village.	land. Then the original panorama was	fully produced the watermark.		THE CENTAUR COMPANY, NEW YORK CITY.	
"There's a reason."	"Indians!" he gasped; and the man,	restored. From time to time side-	And the second se			
Read the little book, "The Road to	wheeling his orse round, rode back	shows were added: "A Gothic Aviary,"	The mignuness of the pen is due			
Wellville," in each pkg.	to Beaver, repeating the boy's cry.	"Stalactite Caverns." "The Hall of	to the ink.			
			· /			