

Matrimony and Lyspers a



is not good for man or woman to cat alone. Thus medical authority has spoken for years The solitary diner out, having no company before him, other than his food, swallows it improperly masticated, hurries one course upon another before the stomach can properly adjust itself to the conditions that tax it, and acquires

a dyspepsia that distress him severely and makes life a bin print.

The increase in dyspepsia and kindred ailments, so one who has been gathering information asserts, is largely due to the independence manifested by both sexes regarding matrimony. In other words, were there fewer bachelors and bachelor maidens there would be less demand for tonics to brace up an impaired digestion.

In spite of the orthodox joke about the young wife ruining her husband's digestive apparatus by her attempts at cookery, it is established that there are, in reality, much fewer cases of dyspepsia among the wedded than among those who choose to remain single.

Food consumption should be a task of slow process, and the mind should be free from care and unnecessary excitement during the meal hour. This is best established when two persons dine together and enjoy such good-natured chaff, raillery or interesting chat as diverts them for the moment.

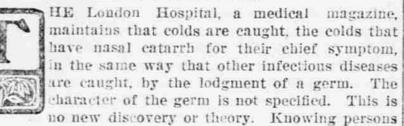
A few are so gifted as to be able to dine alone and dine deliberately by the amusement derived from their surroundings, but the rule is, as the restaurant-keepers can well testify to, that the single diner eats his meal in from one-third to one-half the time taken by those who dine in company.

The inference, of course, established by this research is that matrimony is a good thing for dyspepsia, and possibly this fact may establish a new line of thought in some crusty bachelors and fussy bachelor maidens, who are unable to eat a meal without topping it off with a few specially prepared tablets and nostrums to help out their poor stomachs .- New York Telegram,

Farming a Great Industry.

undoubtedly had a greater influence in this step toward making English the universal language than any other cause. This nation is now an interested party in any disputes that may arise in the Pacific. She has her interests in China, by reason of the united action of the Powers during the Boxer revolt, and her position as arbitrator and beace preserver in South America has become more pronounced with the development of that continent and its American continent. Russia, it is true, has a larger popu pean countries. More people speak the Euglish language than use any other tongue spoken in Europe or on the American continent: Russia, it is true, has a larger population than the United States and Great Britain combined, but millions of her citizens do not speak the Russian language. Aside from other considerations, there is a force and directness to plain English that are not found in any other tongue, and international relations are now such that plain, direct, concise terms are needed to avoid complications. The adoption of English as the diplomatic language is but a natural step in the right direction .-- Washington Post.

How We Catch Colds.



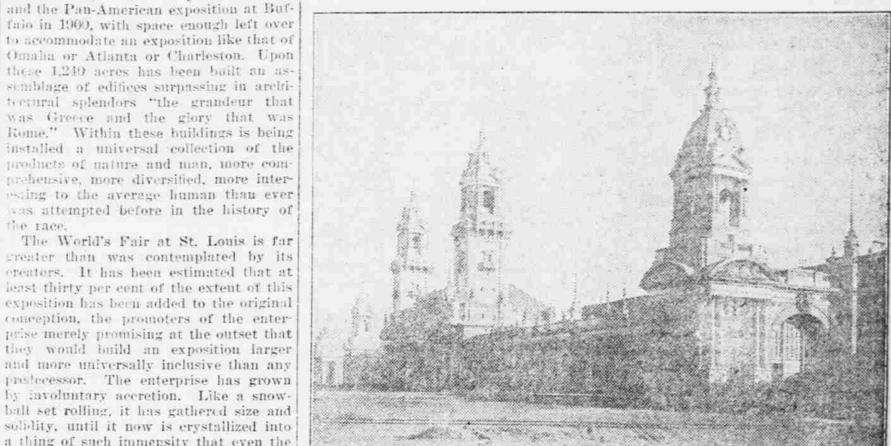
fection by persons who have a cold, lest they "catch" it. The old notion that a cold is result of exposure to draught or to cold air, or of getting the feet wet, has been abandoned, although it is true that one may get a chill in that way which will afford some of the symptoms and sensations of the nasal catarrh caused by a noxious germ. It is safer to avoid close contact, and all unnecessary contact. with a person who has this cold. A horse that has been wintered out often catches a cold upon being brought into the stable in the spring. Experiments with disinfectants have shown that it is not the warmth of the stable that ball set rolling, it has gathered size and HE annual report of the Secretary of Agricul- induces the cold. Arctic voyagers are commonly free of

GREATNESS OF THE ST. LOUIS WORLD'S FAIR Chicago, Paris and Buffalo Expositions Could Be Swallowed Up in It, with Room Left for Omaha, Atlanta or Charleston.

BY ROBERTUS LOVE.

VIP HE World's Fair at St. Louis will tioned the Mining Gulch of eleven acres, of St. Peter, and there is being set up be the greatest exposition ever situated in a natural ravine running out within this home of music the largest U held. The superlative adjective from the edge of the main picture of the pipe organ ever constructed. describing this exposition is used with exposition, where the processes of mining The Cascade Gardens are new to expe

authority. The acreage of the Louisiana and reducing the various metals of com- sitions. Terraced hillsides leading dows Purchase Exposition site is sufficient to merce will be demonstrated daily at from Festival Hall and the Colonnade of include the combined acreage of the model mines and furnaces in actual op- States to the Grand Easin, or lagoon, are World's Columbian Exposition at Chi- eration; the physical culture section, fitted with stately stairways, whose bal-





have long been careful about exposing themselves to in-



ture shows that farming is still the chief busi- colds until their return to a community where they previthin recent years, agriculture still far surital, in the value of its products and in the

number of people engaged in it.

We have been heasting of the rapidity with which our exports of manufactured goods have increased, of our is possible to catch cold." What appears to be needed is "conquests of the markets of the world," but Secretary a specific germicide which may be used either for pre-Wilson shows that the balance of trade in all products except those of agriculture ran against us \$\$65,000,000 during the last fourteen years. The balance of trade in agricultural products was \$4,806,000,000 in our favor, however, so that the total balance in our favor, thanks to the farmer, was \$3.940,000,000. While we have not been able to tura out or, at least, have not turned out-enough of other commodifies to supply our wants, we have raised enough farm produce not only to meet our own demands, but to feed a large part of the rest of the world; and the agricultural lands of the country still possess large resources that never have been exploited. In the couse of time that country's industrial population no doubt will become so great as to consume all the food that the land can be forced to produce .- Kansas City Journal.

English as the World's Language.



HERE is a significance, more important and far-reaching than appears on the surface, in the announcement that the English language is to be the medium employed in the arbitration of the Venezuelan dispute at The Hague court. It has so long been the custom, still very generally

French that French has become recognized as the diplomatic tongue, the language to be observed in international question: 'May it not be possible that the Irish peasants courts and in the interchange of communications between nations. The first radical departure from this rule was in 1889, when English was used in the international parliament that settled the Samoan dispute between England, Germany, and the United States.

The growth of the United States as a world power has substitute .-- Buffalo Commercial,

BATTLING WITH AN ANCHOR.

a gale of wind blowing and a tremendous sea rising, is a difficult task. ancing band on the anchor shank so chor into the sea. that the power of the winch could be utE.d.

the wave receded it was clear of the | ly be lost. Then was justified the wisthe anchor would send the anchor officer in charge that he could surely

chance for them to drag that hundred- the banker brought in a package which pound block in still a third way. Again he said contained \$5,000 the agent gave and again they had it almost fast- him a receipt as usual for that amount, ened, when a great wave knocked it

To hoist to the cat-head an anchor away and buried them far out of sight. weighing eight thousand pounds, with | Still the two men struggled at their task.

Then the inevitable happened. The The New York Sun tells how this great cat-block swung far out as the work was undertaken on a warship in | ship plunged forward, hung poised an Hampton Roads. In order to raise the instant, as if taking deliberate aim, anchor to the deck of the ship the and came sweeping back straight at hundred-pound cat-block had to be the head of one of the two men. It fastened by the huge hook which de- struck him on the back of the head pended from it to the ring in the bal- and knocked him ten feet from the an-

The rush of an incoming wave swept him away from the ship, and for a mo-The great anchor hung so that when | ment it seemed as if he would surewater, but each incoming crest sub- dom which had placed the line about merged it several feet. As the ship his shoulders. The men on deck drew tossed on the waves there was great him in, unconscious but safe, and in Chiger that the enormous weight of ten minutes he was declaring to the

ness of the people of the United States. Fast vail. In the small rocky island of St. Kilda, one of the is our other industries have grown, especially Western Hebrides. Scotland, colds are unknown except when it is visited by some vessel, and it is said that the passes any of them in the amount of its cap- inhabitants can distinguish between the different kinds of colds brought by different ships. There is much similar

evidence relating to the subject, and the Hospital declares that "some source of infection must be present before it vention or cure .- Boston Herald.

Fuel from the Marshes.

series of experiments has lately been conducted under the auspices of the Massachusetts Institute of Technology, into the fuel value of marsh mud. Now the announcement is made The state of the second that this material contains the elements of coal to an equal if not greater amount than peat. The fact is well known that the mud bogs of Holland, of some parts of Germany, and yet more of Russia, are being worked commercially on an extensive scale for the supply of what is in fact artificial coal, resembling it in appearance, in specific gravity, in heat units and in effective service. In this country, Mr. Edward Atkinson says, we may be justified in considering it proved that New England and many other sections, distant from coal mines, are in possession of material that can be converted into domestic fuel at lower cost than any coal can be secured, and in many respects of better quality for cooking and other domestic purposes. It is also available for gas production: also for conversion into coke at lower cost and of purer quality than any other fuel that can be in vogue, for such exchanges to be carried on in obtained in New England. Mr. Atkinson considers the secret of conversion to be solved; and he also asks this who have been converting the turf of their hill slopes into domestic fuel for generations have taught the scientists a lesson in heat and power which they had wholly overlooked?" As long as New England cannot have natural

gas, she may find "mud coal" from the marshes a good

and later in his private office opened the package and found that it contained \$10,000. Without saying a word to anybody the agent hid the package

away in his safe and awaited developments. In a few days the banker came in to say that the Chicago bank had not received the package.

"Very well," said the agent. "I will send out a tracer for it."

A few days later he told the banker that the package must have been lost in transit, so he counted out \$5,000 and handed it over to him.

Now, the agent fully expected the banker to object to a settlement on a \$5,000 basis and was prepared to tell him that when he paid double expressage on all the packages he had sent in the past the remainder of the \$10,000 would be returned to him. But the banker preferred to lose the money

a thing of such immensity that even the men who set the ball a-rolling marvel at its magnitude.

he race.

cago in 1893, the Paris exposition in 1889

Great Exposition Site.

The exposition site is a mile and a

Features of Enormous Magnitude. Another feature of enormous magniunde which no other exposition has known, even on a small scale, is the Philippine Islands Exposition-aptly termed an exposition within an exposi-



CLULAROD, PALACE OF EDUCATION.

inted by electricity, which has just been ompleted, has fourteen miles of track; runs around the exposition as a belt ne, with loops to take passengers into here, and there are seventeen stations it which the sightseer may get aboard niture.

picturesque lagoons, upon which the Ve-

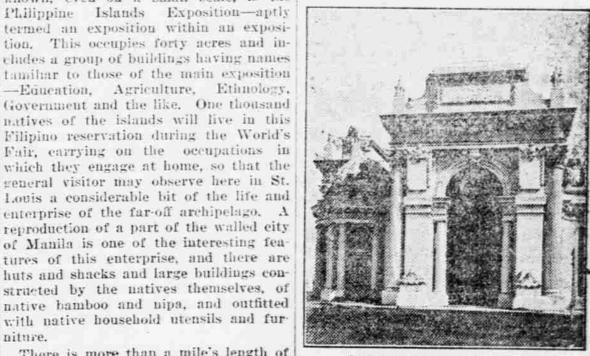


PALACE OF MACHINERY-THIS BUILDING COVERS TEN ACRES.

which includes a splendid stone building ustrades and landings support statues quarter by a mile and three-quarters in for gymnasium exhibitions and an out- by the world's most famous sculptors; extent. Six miles of fence euclose the door stadium like those of ancient and down the slopes rush and roar the grounds. The Intramural Railway, op- Greece, where will be held the quadren- waters from splendid fountains, leaping nial Olympian games and many other and splashing over artificial cascade connotable athletic contests; the rose garden structions.

> of six acres, in which will be in bloom Government Well Represented. 50,000 roses of various hues; the Aerial The United States government is rep-Concourse, from which great airships rescuted as never before. There is a from various countries will start upon the main Government building in which all contest for the grand prize of \$200,000 the administrative and executive departand a number of lesser prizes; the Sunk- ments of the government will show exen Garden between two of the grand ex- hibits, and the Smithsonian Institution bibit palaces; the Gardens of the Na- and other governmental enterprises of tions, several foreign countries having general interest will have space. Therereproduced, upon the liberal allotment of is a separate building devoted to fisheries, ground surrounding their government in which the United States Fish Combuildings, some of the famous gardens of mission is to make an exhibit of living their chief cities or monarchical estates. Eshes and other water foods and com-

mercial products, from the minnow to the whale. There is an Indian exhibit, with a separate building, wherein will be



PALACE OF LIGHTAL ARIS. (Corner entrance. The doorway is 90 feet

tribes of the red man will be represented ethnologically and otherwise. The Alaska exhibit will astonish the world, in showing the marvelous agricultural resources of Uncle Sam's "farthest north" territory. The government also has extensive exhibits of the life-saving service, the army and navy armament and vessels, the Bureau of Plana Industry, the Agricultural College, forestry and other branches of industry and enterprise. A ground map of the United States, covering several acres and showing each State growing its most distingtive crops, is one special feature.

Forty-seven States and territories of the United States are participating the fair. All but three or four of these have separate buildings. Some of the State buildings are as large and elegant as exhibit palaces at an ordinary exposition. More than \$6,000,000 is the aggregate of appropriation for State and to

reneral visitor may observe here in St. Louis a considerable bit of the life and enterprise of the far-off archipelago. A reproduction of a part of the walled city of Manila is one of the interesting features of this enterprise, and there are huts and shacks and large buildings con-

structed by the natives themselves, of e midst of the magnificence here and native hamboo and nipa, and outfitted with native household utensils and fur There is more than a mile's length of

r nlight. The World's Fair has nineteen exhibit manaces. The outdoor exhibits include netian gondolier will push the Venetian everal features of striking novelty and gondola. Festival Hall, the central arstent that never have been seen at any chitectural feature of the great fair, has Indian schools in open session, and all sposition. Among these may be men- a dome larger than that of the cathedral

through her thin plating. But with seas big enough to toss the ship about as easily as if she were a fishingtiont, and to swing that anchor back and forth like the pendulum of a toy clock, it was no child's game to hook the cat-block.

Two men were chosen, each a fine specimen of the American sailor, Just under the arms of each a line was made fast, and men on deck stood ready to haul away in case of need.

The two sailors watched their chance, and, when the ship's head was well out of water, over they went. They had hardly reached the anchor when a wave rolled in that surged four feet above their heads. When it passed both were clinging, almost facts: A wealthy and close-fisted bankbreathless, to the shank of the anchor.

water they jumped to their work and go. Somehow the express agent got a

hook that block next time. But the captain had formed another plan. He determined to haul up the anchor as far as was possible, so that

it should have the smallest room for play, and to make harbor. Just at nightfall she reached quiet waters. and once more the unruly anchor was let go again.

WAS THIS MAN HONORABLE ?

Tried to Beat an Express Company, but

Lost by the Transaction. Now that the Mary and Ann problem has been disposed of let me tell of an actual case which came within my knowledge several years ago, says the Brooklyn Eagle. These were the er in a certain Illinois city was accus-

tomed to sending currency by express But the instant they were clear of to his correspondent bank in Chica-

strove to get the block in place. With suspicion that the banker was saving essary to get off and hustle occasionthe ship hauling one way and the wind expressage by sending larger sums ally.

methods, so he accepted the \$5,000 and signed the regular release, believing that nobody but himself knew the lost package contained double that amount. Up to this time the agent had acted faithfully in the interest of his company, but now a question arose in his mind as to who rightfully owns the remaining \$5,000.

rather than confess his dishonest

Never mind what he actually did with it. The question is, dear reader, what would you have done with it, and why?

Good Linguists.

No less than 111 officers of the British army have qualified as interpreters in the Russian language, 88 of whom belong to the Indian service.

hai Few men can afford to stand on their dignity all the time. It is nec-.060.

SOUTHERN FACADE, PALACE OF VALLED INDUSTRIES-COVERS FOURTEEN ACRES.

SCIENCE AND INDUSTRY.	No Longer a waste Leather waste is no longer wasted.	ALL OVER THE WORLD
It costs \$2.740 to kill a man in war. Jews are barred from Siberia as be- ng undesirable settlers. There are 2.835 licensed automobiles in the State of New York. There are 230 glaciers in the Alps hat are said to be over five miles in ngth. St. Petersburg has the highest death	Manufacturers use it in a compressed form, instead of iron, to make cog wheels. The Empty Box. Miss Verisopht—"Why wasn't Mrs. Tiarabump at the opera last night, 1 wonder?" Miss Verjuice—"She had such a cold that she couldn't speak above a whisp-	An ostrich farm will be exhibited by Arizona at the next World's Fair. A man in Manchester, England, has invented an electric pickpocket alarm. The United States uses about a third more coffee than all the rest of the world. Every rural school in Sweden, possesses a garden in which it
for any European capital, 51 per	er, so of course there was no use in her going."-Judge.	dents receive practical instruction in horticulture.

tory participation.

Fifty foreign governments are taking part in this World's Fair. Most of them will have buildings of their own. Many of these foreign buildings are completed. and others are going up rapidly. Germany, Great Britain, France, Japan, Russia, Brazil, Belgium and other nations have erected buildings larger and more ornate than any foreign government structures ever seen at an exposttion