

A PROMINENT CHURCH WORKER SAYS SHE OWES HER LIFE TO PE-RU-NA.

HER GREAT FORTUNE.

A Woman Saved From Life-Long Misery and Made Happy and Useful.



Mrs. Hattie LaFountain

A woman confined to the house for several years with a chronic female derangement had finally given up hope of being cured. She had tried physician after physician, and remedy after remedy, without any permanent improvement. Her treatment had cost her husband, who was a poor man, hundreds of dollars. They had been obliged to deny themselves many comforts of life in order to get money enough to pay the physicians.

The woman had become weak, nervous and wretched, and scarcely able to keep out of her bed. Her children were growing up neglected and ragged, because of the want of a mother's care. Her husband was becoming discouraged and broken down with overwork. Picking up the paper one day she contained the news that Dr. Hartman would treat such cases free of charge by letter. She immediately wrote the doctor, describing her case, and giving him all her symptoms.

She soon received a letter telling her exactly what to do, and what medicines and appliances to get. She began the treatment (the principal remedy being Peruna) at once, and in a few weeks she was well and strong again, able to do her own work.

This offer of free home treatment to women is still open to all who may need the services of this eminent physician. All letters applying for treatment will be promptly answered, and be held strictly confidential.

Miss Annie Hoban, Post Postmistress of Yemassee Council of Red Men (Women's Branch), writes from 572 Eighth Ave. New York:

"Three months ago I was troubled with headache and a troublesome heaviness about the stomach. Sleep brought me no rest, for it was a restless sleep. The doctor said my nervous system was out of order, but his prescriptions didn't seem to relieve me. I was told that Peruna was good for building up the nervous system. After using it for two months I know now that it is. I want to say that it made a new woman of me. The itching symptoms have all disappeared and I feel myself again. Peruna did me more good than all the other medicines I have taken."

ANNIE HOBAN.

Miss Mamie Powell, Lake Charles, Louisiana, writes: "I sincerely believe that Peruna is woman's best friend, for it has certainly been that to me. I had had headaches, backaches and other aches every month for a long time, but shortly after I began taking Peruna this was a thing of the past, and I have good reason to be grateful. I take a bottle every spring and fall now, and that keeps my health perfect, and I certainly am more robust now than I have been before and am weighing more. I do not think any one will be disappointed in the results obtained from the use of Peruna."

MISS MAMIE POWELL.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address: Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Mrs. Hattie LaFountain, Trees, Protected Home Circle and Catholic Ladies of Ohio, writes from Galion, O., as follows: "After my first child was born I suffered for several months with bearing down pains accompanied by dreadful headaches. I was afraid my health was ruined for life, and felt very downcast about it. One day when a friend was visiting me she told me of Peruna and what it had done for her when she suffered with irregular menstruation. My husband procured a bottle the same evening and I began to take it daily according to directions. Before the first bottle was used I was entirely well, and you certainly have one grateful woman's blessing. I have also advised my friends to use it."

Secretary Woman's State Federation Says: "Pe-ru-na Does More Than is Claimed for it."

Mrs. Julia M. Brown, Secretary of the Woman's State Federation of California, writes from 1317 1/2 Fifth St., Los Angeles, Cal., as follows: "I have never known of any patent medicine which did what it professed to do except Peruna. This remedy does much more than it claims, and while I have never advocated any medicine I feel that it is but justice to speak a good word for it because I have found it to be such a rare excel. I have known several women who were little better than physical wrecks, mothers who dragged out a miserable, painful existence, but were made well and strong through the use of Peruna. I have known of cases of chronic catarrh which were cured in a short time, when a dozen different remedies had been experimented with and without good results. I use it myself when I feel nervous and worn out, and I have always found that the results were most satisfactory." JULIA M. BROWN.

FREE TO WOMEN!

To prove the healing and cleansing power of Paxtine Toilet Antiseptic we will mail a large trial package with book of instructions absolutely free. This is not a tiny sample, but a large package, enough to convince anyone of its value. Women all over the country are praising Paxtine for what it has done in local treatment of female ills, curing all inflammation and discharges, wonderful as a cleansing vaginal douche, for sore throat, nasal catarrh, as a mouth wash, and to remove tartar and whiten the teeth. Send to-day; a postal card will do.

A large part of the tropical fruit used in the United States is raised by the transportation companies which bring it.

Vine growers in France protect their plants during frosty weather by lighting large quantities of tar placed between the rows of vines. The dense smoke thus produced prevents the frost from injuring the vines.

In the prisons of Great Britain neither male nor female convicts are permitted to see a mirror during the period of their incarceration.

Thirty years is the average age of an ostrich, and the annual yield of a bird in captivity is from two to four pounds of plum.

Bromo-Seltzer

Promptly cures all Headaches

There is a tree which grows in Sumatra, Algeria and China which is known as the vegetable tallow tree. From its fruit large quantities of oil and tallow are extracted.

The largest oak tree in Indiana was late y cut down on the farm of Joseph M. Johnson, near Amora. At the base it measured six and a half feet in diameter. It yielded 6,700 feet of lumber.

Dolls are often seen displayed in the cottage windows of Serbia. Travelers are informed that they are put up as a sign to announce to wayfarers that a marriageable daughter dwells in the house.

Kansas City alone has \$50,000,000 invested in Mexico.

The virtue lies in the struggle not the prize.

In a cyclon there is the bread fruit tree, from which food is made in the same way that we make bread.

Civic Pride.—I don't know what we are going to do about them two leadin' citizens," said Brother Bob. "They're lookin' fur one another with six shooters from mornin' till night."

"Has an insult p ssed?" "No, it wasn't any insult; but some doubt ariz as to which was the oldest inhabitant, and they're both determined to settle the question fur good an' all."—Washington Star.

A child of five should weigh 41 pounds, be 41 1/2 inches in height and have a chest girth of 22 3/4 inches.

QUEER STORIES

In Manchester, N. H., there is a tenement block that is inhabited by six hundred people. Dr. Racovitzta contends that whales never sleep. One of his arguments is that individuals will follow a ship for days, which they could not well do while asleep.

At a shooting match in the canton of Grisons, Switzerland, a young waitress laughed at one of the competitors, who challenged her to do better if she could. Accepting, she thereupon took up a rifle and succeeded in winning the prize.

Probably the largest can factory in the world is that of the Standard Oil Company at Long Island City, at which seventy thousand five-gallon cans are made from Welsh tin each day for the export kerosene trade. Three men have made twenty-four thousand cans in one day.

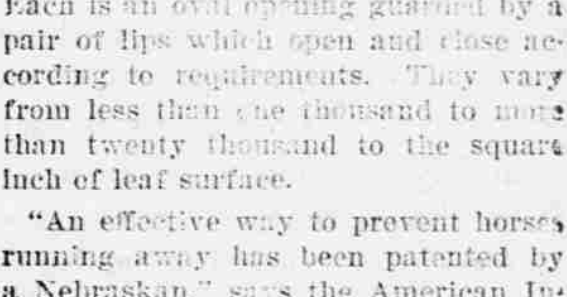
Those interested in the way of feathered folk are still discussing the question of how high birds fly. Again and again balloons have been sent out to ascertain this, and several German aeronauts have collected valuable information. At present it is believed that the average height of "bird tracks" through the air is about 130 feet above the earth, though occasionally they have been discovered at an elevation of from six to seven thousand feet.

A physician who spent some time in the countries bordering on the Gulf of Mexico found a curious body of men among the natives called carate de caibara, or the safe from vipers. Having been inoculated with the poison of the serpents they were proof against the venomous bites. The inoculation was made with the venom of a viper and the bulb of a native plant, mato del sapo (toad's hand). The preventive inoculation has been an old custom among the natives of that region.

The botanist, the real investigator who has got down to making real explorations for himself, will talk to you about the thousands of minute stomates on the surface of a leaf. These invisible stomates are really the mouths through which the leaves take in carbonic acid. They are most abundant on the upper surface of leaves. Each is an oval opening guarded by a pair of lips which open and close according to requirements. They vary from less than a thousandth to more than twenty thousandth of the square inch of leaf surface.

"An effective way to prevent horses running away has been patented by a Nebraska man," says the American Inventor. "With this device the driver or rider has only to pull a cord lying parallel to the reins and a bellows-like curtain is drawn over both eyes to shut out the sight completely. In this condition the animal can only stand and tremble until the object causing the fright has passed, when the curtain is lifted by releasing the cord, and the horse travels on as before. The curtain is housed in a small semi-circular leather casing just above the eyes, and the operating cords are inserted in the bit-rings before passing back with the reins."

She Beat Them Both.



"I've got a new pony and cart," said one little fellow, proud of his new possessions.

"And I've got a new canoe," added another.

But both were beaten by the little girl, who declared, with swelling pride: "I've got a brand-new mother. None of you have got that."

A Vast Oklahoma Farm. The Oklahomans claim to have the largest farm in the southwest. It is the 101 ranch in the Ponca reservation, and is so big that it is necessary to plant several varieties of wheat in it, one of which ripens several days later than the other, in order that all of them may be harvested at their prime. On this farm the wheat fields are of 1,000 acres each, the cattle pastures are 1,000 to 1,500 acres each and pasture 6,000 head annually, the corn rows are one and a half miles long, requiring 500 mules and 300 men to handle the crop, and it takes 30 self-binders three weeks to cut the wheat crop and a dozen or more steam threshers 40 days to thresh it. There are 50,000 acres in the ranch.

Potato Rot and Time of Digging. The question of how soon blighted potatoes should be dug has been frequently asked the authors, and a series of investigations has been undertaken at the Vermont station to ascertain the proper time of digging. The size of the plants and the extent of the experiment are considered too limited to admit of generalizations, but it appears that there was usually a greater loss from the earlier digging. So far as the investigations go, they seem to show that where there is danger of potato rot it is best to delay the digging for ten days or more after the tops have died.—Exchange.

Attractive Farm Homes. In few other parts of New England can so large a per cent of thrifty-looking, well-kept, cosy farm homes be found as in Vermont. Business and professional men in the large cities are beginning to appreciate this fact, and are buying country homes and bringing their families to grow up under the healthful, invigorating influences of country life at its best. The value of farm property has steadily increased for several years, and there are to-day comparatively few unoccupied farm homes in Vermont.—New England Homestead.

Don't Buy Patent Lime. Reports from various sections tell of men who are offering a so-called high-grade lime which they claim contains marauding value, usually sulphate of lime. The product may bear out the claims made for it, although it should be remembered that sulphate of lime is the same as gypsum, which may

FARMS AND FARMERS



Handling Corn Crops. In sections where the corn crop is likely to be short it must be handled carefully to get the best results from it. If the corn is fed and one has a silo the corn should be cut as soon as it begins to dent and put into the silo. If without the silo then the plan should be to allow the corn to stand as long as it is possible to do so without danger of frost. When it is cut it should be carefully shocked and fed in any way that is the most economical. While the writer does not like the plan of feeding it to cattle in open yards or fields with hogs to follow, the plan is one of economy, and, perhaps, ought to be followed this year by those who have done it heretofore. If possible to shred the corn it should be done, for in this way the cattle will consume the bulk of it. Keep in mind the lesson which the short corn crop teaches, the value of the silo and plan for one another year.

A Good Dairy Cow. A good dairy cow should have great depth of chest and also fair width of floor of chest. She should have a large, capacious barrel that is capable of utilizing generous quantities of food, and her udder should be of good size and well balanced as regards to size and portion of quarters. It should extend well forward on the abdomen. The teats should set well apart and be of such size as to be conveniently grasped by the milker. The milk veins should be large, crooked and branching, and the holes, or milk wells, where the veins pass into the body, should be large. The udder itself should be free from coarseness and not appear to be full of meaty tissue when handled after milking. Her skin should be soft and yellow, and the hair should be soft and silky. She should have a mild eye, a pointed head and a dishing forehead.—Winchester (Ind.) Herald.

Use Carbolic Acid Occasionally to Destroy Lice. Give poultry a variety of both dry and cooked food. Scatter the food so that the fowl will not eat too fast. Fifth, the accumulation of droppings is a prolific cause of disease. Clover helps to keep the hens in good laying condition. Mix all soft foods given fowls with milk instead of water. When hens lay thin shelled eggs it shows they need lime. Ground bone is one of the best ways of supplying lime to poultry. Secure good ventilation without exposure to drafts immediately upon the fowls. A table fowl should be fat, as a preponderance of fat indicates excellent condition and health. One advantage with ducks is that they grow so rapidly that money can be made quickly. The object of caponizing is to improve the quality and increase the weight of the fowls. Old newspapers can often be used to good advantage in making the poultry house warm. Sifted coal ashes and dry wood dust makes one of the best mixtures for the dust baths. Lice do not attack fowls that are in a good condition as soon as they do those in an impoverished state.

Farm Notes. Hard coal ashes make a good mulch for current bushes. Strong lye made of hard-wood ashes will cure fly poisoning. Better if put on hot. Keep the colts growing. If the pasture gets poor, give them bran and oats in the field. Those who contemplate putting out an orchard next spring should manure the ground this fall. All wire fences are made visible to stock by attaching scrap tin to the top wire. A good use for waste product. Pack the grapes for keeping in well-baked sawdust. To keep them a short time, lay them on a sheet in a dry, cool place. Keep down the raspberry canes; four or five good canes to every four feet of row will give a better quality of fruit than if thicker. Try dropping powdered caustic potash in the mole runs and see if it does not drive the rooters away to more agreeable forage grounds. Some townsfolk stir people by calling them "old farmer" or "haysseed." This infers ignorance when farmers are not ignorant nor uninformed. It takes the smartest kind of people now-a-days to become farmers. The farmer not being accustomed to town ways sometimes appears green when in town, but the city man is far more verdant when he is in the country. In digging potatoes known to be pure seed and of the same variety frequent variations may often be noticed. Some of these are due only to differences of soil, but others are true "sports," and will reproduce the kind if planted another year. If these sports are unusually productive and valuable they should be carefully saved for planting. In this way some of the best varieties of potatoes have been originated, one or two kinds of Late Rose being prominent instances. Better butter can be made on the farm than at the creamery if the same care is given. The managers of creameries secure the best assistance to be had, and they aim to put good butter on the market. The advantage possessed by the farmer who makes dairy butter is that he can feed his cows on the best foods, use more care and work with cleaner surroundings. A large proportion of creamery butter is not uniform, as the milk comes from many sources, but dairy butter is injured in the churning and manipulation of the product by inexperienced persons.

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