

100 DROPS
PINKHAM'S
Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of
INFANTS AND CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral.
NOT NARCOTIC.

Recipe of **DR. SAMUEL PINKHAM**
Purified Senna
Aloes
Cascara Sagrada
Sulphur
Magnesia
Glycerine
Water

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and **LOSS OF SLEEP.**

Fac-Simile Signature of
Dr. S. H. Fletcher
NEW YORK.

EXACT COPY OF WRAPPER.

GASTORIA
For Infants and Children.

The Kind You Have Always Bought Bears the Signature of
Dr. J. C. H. Fletcher
of
In Use For Over Thirty Years
GASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

HURRY HABIT INJURIOUS.
National Characteristic that Retards Progress.

There is one lesson more than another that Americans, and especially American women, need to learn, and at once, it is to make haste slowly, says the Housekeeper. Hurry is the most destructive of our national habits. It is the chief cause of our national disease, nervous prostration, and one of the principal allies of the undertaker. Hurry and worry always go together. In differentiating between haste and hurry a noted alienist cites the humorous quick-lunch restaurants which have sprung up during the last decade in all American cities. The sign itself, "quick-lunch" or "a meal in a minute," is enough to set one to hurrying. The sight of the spry waiter rushing about, apparently half frantic from having twice as much to do as they should, the rattling of the dishes, the spectacle of his neighbor bolting his food without sufficient chewing, the very element of hurry that seems to be in the atmosphere about one, all have their effect upon the impressionable patron of the modern lightning-express restaurant. The consequence is imperfect mastication, dyspepsia and nervous prostration. Hurry destroys thoroughness. The person who hurries cannot have his heart in his work. Thinking constantly of what is to be done next, the task of the present is slighted by hurrying unnecessarily from the future. Paradoxical as it may sound, hurry is the substitute of the lazy. A man or woman who is lazy at heart often hurries to make pretense of working and attract attention from real idleness. Little time is required to compute the results achieved by the person who bustles breathlessly about with nerves unstrung and putting every one within hearing in the same condition. Hurry and haste are not synonymous. A puffing, blowing, whistling tug hurries; an ocean steamer makes haste. A little less steam at the whistle and a little more at the piston rod would add immensely to the national health without spoiling the speed of our progress.

FOR WOMEN
Much That Every Woman Desires to Know About Sanative Antiseptic Cleansing And about the Care of the Skin, Scalp, Hair and Hands.

Too much stress cannot be placed on the great value of Cuticura Soap, Ointment and Resolvent in the antiseptic cleansing of the mucous surfaces and of the blood and circulating fluids, thus affording pure, sweet and economical local and constitutional treatment for weakening ulcerations, inflammations, itching, irritations, relaxations, displacements, pains and irregularities peculiar to females. Hence the Cuticura remedies have a wonderful influence in restoring health, strength and beauty to weary women, who have been prematurely aged and inviolated by these distressing ailments, as well as such sympathetic afflictions as anæmia, chlorosis, hysteria, nervousness and debility.

Women from the very first have fully appreciated the purity and sweetness, the power to afford immediate relief, the certainty of speedy and permanent cure, the absolute safety and great economy which have made the Cuticura remedies the standard skin cures and humour remedies of the civilized world.

Millions of the women use Cuticura Soap, assisted by Cuticura Ointment, for preserving, purifying and beautifying the skin, for cleansing the scalp of crusts, scales and dandruff, and the stopping of falling hair, for softening, whitening and soothing red, rough and sore hands, for annoying irritations, and ulcerative weaknesses, and for many sanative, antiseptic purposes which readily suggest themselves, as well as for all the purposes of the toilet, bath and nursery.

THE PRODUCTS OF JAMAICA.
How Bananas, Coconut and Chocolate Trees Are Cultivated.

One of the most interesting features of Jamaican life is the manner in which the large fruit and nut plantations are conducted so as to yield a profit to their proprietors. This is in some instances a difficult result to obtain, particularly in the case of the banana.

The banana plant takes about a year to mature and bears only one bunch, and that is the end of it, but almost immediately a sucker comes up at the root to take its place. However, after two or three years, according to the richness of the soil, the old roots are dug out and the "banana walk" is replanted with fresh suckers, as after a time the plants from the old roots will not produce what is called a "bunch," which contains nine "hands."

All below nine hands are called "stems." A stem with eight hands counts as three-fourths of a bunch, one with seven one-half and one with six one-fourth. If by chance a stem contains more than nine hands it is recognized as a "bunch." Each one is checked up as it passes along the dock to the ship on the top of a black woman's head and the "checkers up" become very skillful, being able to tell at a glance just how many hands each stem contains.

The planters try to make their plantations produce the most fruit at the time of year when it will bring the best price, and this is from March through the summer, as it is easier to handle in the United States during warm weather and is in much greater demand. This can be done by pruning, letting only the right-sized suckers remain to take the place of the plant which has borne.

Aside from banana cultivation a good deal of attention is paid to the coconut. This consists more in marketing the product than anything else, as after the seed has been planted little cultivation is necessary, except to keep the grass down, and this is often accomplished by cattle after the tree has become a few years old. It takes nearly seven years before it will produce nuts in any quantity, but after this time it blooms every month in the year. A healthy coconut tree is never without fruit in different stages of ripening.

The chocolate tree bears its fruit in a most peculiar way, putting out its bloom directly from the main trunk and the principal branches, thus forming an oblong pod resembling a cantaloupe somewhat, and containing seeds a little thicker than a lima bean.

These seeds are taken from the pods and passed through a simple process of fermentation and then dried. The tree bears fruit in about four years, and with little care will produce for many years.

CHANGE OF LIFE.

Some sensible advice to women passing through this trying period.

The painful and annoying symptoms experienced by most women at this period of life are easily overcome by Lydia E. Pinkham's Vegetable Compound. It is especially designed to meet the needs of woman's system at the trying time of change of life.

It is no exaggeration to state that Mrs. Pinkham has over 5000 letters like the following proving the great value of her medicine at such times. "I wish to thank Mrs. Pinkham for what her medicine has done for me. My trouble was change of life. Four years ago my health began to fail, my head began to grow dizzy, my eyes pained me, and at times it seemed as if my back would fall me, had terrible pains across the kidneys. Hot flashes were very frequent and trying. A friend advised me to try Lydia E. Pinkham's Vegetable Compound. I have taken six bottles of it and am day free from those troubles. I cannot speak in high enough terms of the medicine. I recommend it to all and wish every suffering woman would give it a trial."—**BELLA ROSS**, 88 Montclair Ave., Roseland, Mass.—\$5000 (not for original of above letter proving genuineness, cannot be produced).

Inquisitive
As old Robinson was walking along the principal street of his native town something new struck his eye in the window of the watchmakers' shop. It was a large, handsome clock and from it was suspended a card bearing the words: "Do not 300 days without winding!" "So do you an idea struck him and he went into the shop!" "That's an interesting clock of yours," he said, "but there's one thing I should like to know. 'What's that?'" "How long it would run if you wound it up?"

FREE TO WOMEN!
To prove the healing and cleansing power of Paxtine Toilet Antiseptic we will mail a large trial package with book of instructions a box of Paxtine Free. This is not a tiny sample, but a large package, enough to convince anyone of its value. Women all over the country are praising Paxtine for what it has done in local treatment of female ills, curing all inflammation and discharges, wonderful as a cleansing vaginal douche, for sore throat, nasal catarrh, as a mouth wash, and to remove tartar and whitening the teeth. Send to-day a postal card will do.

Sold by druggists or sent postpaid by us, 50 cents, large box, satisfaction guaranteed.
R. PAXTON CO., 218 Columbus Ave., Boston, Mass.

THE CLEANSING AND HEALING CURE FOR CATARRH
Ely's Cream Balm

Easy and pleasant to use. Contains no injurious drugs. Prescribed. Gives Relief at Once. It Opens and Cleanses the Nasal Passages. Always Inflammation. Heals and Protects the Membrane. Restores the Sense of Taste and Smell. Large Size, 40 cents. Druggists or by mail. Trial Size, 10 cents by mail.
E.L.Y. BROTHERS, 56 Warren Street, New York.

Few New Things From the Inventors.

We sometimes believe that there has been an absolutely new thing brought out in the way of invention, and yet somebody comes along with an old document and upsets it. Only a short time ago it was shown that wireless telegraphy was over thirty years old, and that Mr. Loomis was trying to interest people in it. For a half dozen years experiments have been made with submarine boats. There has been a deal of talk about them first and last. Factions for and against them have been formed in the navy, and you can find everything from praise to the worst condemnation of them in the official records. More than this, there have been scandals about them, Congressional investigations, with various persons named. During all this time we have been treating the submarine boat as something new and belonging to latter day invention. But in the last volume of the naval records of the civil war is a picture of a submarine boat, invented by a Confederate naval officer.

The picture taken from one in the museum at Richmond, Va., looks very like the craft over which there has been so much dispute for a few years past. The submarine boat of forty years ago was invented by H. L. Henry, and was to be used as a torpedo boat to attack the blockading vessels of the United States. Henry had confidence in it, for a brief account is given of his attempt to pass under some ships, when he failed and he and seven men were lost. "We could not attempt a rescue of them," says the account, "for they went down in nine fathoms of water." It is recorded that "bubbles appeared" which marked the place where they went down.—Washington Post.

Supreme Court Sustains the Foot-Ease Trade-Mark.

Buffalo, N. Y., June 23.—The Supreme Court has ordered a permanent injunction, with costs, and a full accounting of sales, to issue against Paul H. Hudson, the manufacturer of the foot powder called "Dr. Clark's Foot Powder," and also against a retail dealer, Brooklyn, restraining them from making or selling the Dr. Clark's Foot Powder, which is declared, in the decision of the court, an imitation and infringement of "FOOT-EASE," the powder to which into your shoes, now so largely advertised over the country. Allen S. Olmsted, of Le Roy, N. Y., is the owner of the trade-mark, "FOOT-EASE," and he is the first individual who ever advertised a foot powder extensively over the country. The decision in this case upholds his trade-mark and renders all parties liable who fraudulently attempt to profit by the extensive "FOOT-EASE" advertising, in plain, unappearing preparation, labeled and put up in envelopes and boxes like FOOT-EASE. Similar suits will be brought against others who are now infringing on the FOOT-EASE trade-mark and common law rights.

Utterly regardless of shame but solely intent upon bleeding the taxpayers to the last drop, the politicians of Trenton, Mo., have advanced the salary for the mayor of that town from \$4.16 to \$8.32 a month.

Piso's Cure for Consumption is the best medicine I have ever found for coughs and colds.—Mrs. Oscar Tripp, Big Rock Ill., March 20, 1901.

It is said that smokers are not so liable to take diphtheria as those who do not smoke. It is usual for doctors just before visiting a patient suffering from a contagious disease to smoke for a few minutes.

An artesian well at Grevelle, near Paris, 255 feet in depth, supplies 700,000 gallons of water every day.

Thank God every morning when you get up that have you something **SURE NOW.**

The Truth About Coffee.
It must be regarded as a convincing fact that a family of seven has used Postum for five years, regaining health and keeping healthy and strong on this food drink.

This family lives in Millville, Mass., and the lady of the household says: "For eight years my stomach troubled me all the time. I was very nervous and irritable and no medicine helped me. 'I had about given up hope until five years ago next month I read an article about Postum Cereal Coffee that convinced me that coffee was the cause of all my troubles. I made the Postum carefully and liked it so much I drank it in preference to coffee but without much faith that it would help me. 'At the end of a month, however, I was surprised to find such a change in my condition. I was stronger in every way, less nervous and at the end of six months I had recovered my strength so completely that I was able to do all of my own housework. Because of the good Postum did I knew that what you claimed for Grape-Nuts must be true and we have all used that delicious food ever since it first appeared on the market. 'We have seven in our family and I do the work for them all and I am sure that I owe my strength and health to the steady use of your fine cereal food and Postum (in place of coffee). I have such great faith in Postum that I have sent it to my relatives and I never lose a chance to speak well of it.' Name furnished by Postum Co., Battle Creek, Mich.

Ice cold Postum with a dash of lemon is a delightful "cooler" for warm days. Send for particulars by mail of extension of time on the \$7,500,000 cooks' contest for 735 money prizes.

Arizona.

The average Eastern man does not appreciate the possibilities of Arizona in a mining way, and while it is true the territory has received a great deal of advertising in the effort for statehood, much of it has been undesirable inasmuch as it came from men who were biased in their opinions," said R. T. Thorne, of Prescott, to a Washington Star man. "A slight investigation of the mining statistics of the territory, not even taking into account the lumber, cattle and agricultural interests, will show that the territory produces nearly \$50,000,000 in new wealth each year.

"Arizona has a black eye among a certain class of investors, for we have not escaped the wildcat promoters of the East who were advertising many get-rich schemes at the expense of the territory. But where legitimate mining enterprises have been taken up and pushed I make the statement without fear of successful contradiction that the returns have been greater than in any other line of business. A trip through the mining districts would convince the business man that legitimate mining is the rule instead of the exception. Not before in the history of the territory has so much money been judiciously expended in the exploration and development of its mines.

"The most surprising thing now is the fact that Arizona is becoming recognized as a gold-producing country. The reputation of Arizona was made as a silver-producing country, and when the great silver slump came the miners turned their attention to prospecting for gold and have met with success. The prominence Arizona has attained in the mining world is due entirely to the hustling business men who have been at the head of the industry.

"Arizona offers unlimited possibilities from an agricultural standpoint, and when irrigation is established by the government the possibilities will be unlimited. In the little land that has been cultivated around Prescott oranges, grapes and all kinds of tropical fruits and vegetables are raised. The soil is so fertile that when it does rain you can see vegetation literally jump out of the ground. The average temperature is about 50 in the winter and about 70 in the summer. Arizona will yet be a State of which the people of the United States will ever be proud."

Unsuccessful Experiment.
Tommy—What are you crying about?
Jimmy—Why, every time Uncle Ned sees my baby brother he says: "What a bouncing baby!" and this morning I let him drop to see him bounce.—Somerville Journal.

WESTERN CANADA
The GRANARY OF THE WORLD.
"THE LAND OF SUNSHINE."
The NATURAL FEEDING GROUNDS FOR STOCK
Area under Crop in 1902—1,987,850 Acres.
Yield in 1902—117,928,754 Bushels.

Abundance of Water, Fuel, Plentiful. Cheap Fertilizing Material (Good Green) and High Fertile Soil, a sufficient rainfall, and a climate giving an annual and abundant season of growth. Unexcelled Lands of 160 Acres Free, the only charge being \$10 entry. Close to Churches, Schools, etc. Railways tap all sections.

Send for Atlas and other literature to Superintendent of Immigration, Ottawa, or to W. V. Bennett, 801 New York Life Bldg., Omaha, Neb., the authorized Canadian Government Agent, who will supply you with certificate giving you reduced railway rates, etc.

Mrs. M. A. Billett of Walnut street Vicksburg, Miss., is cutting her third set of teeth. She is in her seventy-sixth year.

Ask Your Dealer for Allen's Foot-Ease. A powder to shake into your shoes. It rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all druggists and shoe stores. 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Up to the time yesterday's curtain went down Alice Roosevelt had not been in the center of the stage twelve hours.

Another Mary MacLane has been discovered out in Chicago, and as usual the critics are perplexed to know whether its genius or liver.

Duke Boris is coming back to this country. It seems that the distillers are going to have another prosperous year.

An immense hog weighing 955 pounds dressed was raised by H. C. Shanahan, a farmer of Mishowka, Ind. He sold it to a provision dealer for \$85.95.

Mrs. Wislowsky's SOOTHING SYRUP for children teething, softens the gums, reduces inflammation, allays pain cures colic. Price 25c bottle.

Not a Higher Critic
This is given as a fact, and has a point in it:
"How did you like the clergyman who was in your pulpit last Sunday?"
"Mama liked him very much."
"Yes? She enjoyed the sermon?"
"Oh, yes. She said it did her heart good to listen to a preacher who has nothing to say against the Bible."

Manufactured by **Thompson's Eye Water**
N.N.U. 778-27, YORK, NEB.

The Great Germ and Insect Destroyer

Is now used throughout the United States in the treatment of hog cholera, swine plague, eroot diseases, corn stalk disease, pink eye, foot and mouth disease, scurvy, mange, Texas itch, scabs and all germ diseases of domestic animals.

deposited in City National Bank of York, Neb., and She Don State Bank, Sheldon, Iowa, to be paid to anyone holding any of the following testimonials not genuine.

LIQUID KOAL
TRADE MARK

Is now used throughout the United States in the treatment of hog cholera, swine plague, eroot diseases, corn stalk disease, pink eye, foot and mouth disease, scurvy, mange, Texas itch, scabs and all germ diseases of domestic animals.

\$100.00

deposited in City National Bank of York, Neb., and She Don State Bank, Sheldon, Iowa, to be paid to anyone holding any of the following testimonials not genuine.

St. Paul, Neb. April 19, '03.
Gentlemen: This is to certify that I have used Liquid Koal for ergot disease in cattle and believe it to be a cure for this disease from the experiments I have made, but believe it ought to be used when the animal is first taken with the disease. And for a lice killer it can't be beat by anything I know of. Yours respectfully,
W. L. LITTLE

Liquid Koal, manufactured and sold by National Medical Co., York, Neb., is necessarily to any farmer raising stock several instances of inefficiency have come under my personal notice.
JOHN HARVEY
Ex-Mayor, Seward.

Wanda, Neb. Dec. 18, 1902.
I consider Liquid Koal one of the best articles for all around purposes on the market. For miles and lice in the chicken houses and for lice on calves and horses it is the best and cheapest thing I have ever found. Liquid Koal ought to be on every farm.
CHAS. BERGANIAGER

Coleridge, Neb., Dec. 8, 1902.
I can say that your L. K. is the best insect destroyer that I ever used. It will not injure the eggs when used on setting hens. I find it the best all around stock medicine that I ever had on the place. I advise every farmer to keep a supply on hand.
G. B. GROFF

Hartington, Neb., Dec. 10, 1902.
National Medical Co., York, Neb.
Dear Sir: I am a user of Liquid Koal and am well pleased with it. I would not try to do without it as I find it useful in a great many ways. I have had no sick hogs since I commenced using it a year ago. In my opinion it is the best and cheapest hog cholera preventive on the market today. You can use this as you wish. Anyone wishing to know more about this please write me.
ENOCH ELY

Seward, Neb., Nov. 28, 1901.
To Whom It May Concern:
This is to certify that I have bought the third lot of Liquid Koal from the National Medical Co., and think it the best germ destroyer and disinfectant that I have ever used. I have had occasion to use it on two different hogs this summer for very severe wounds, and found it the best and cheapest remedy I ever tried; would not be without it on my place.
W. B. FRANCIS

I have used your L. K., and think it is a good preventive and disinfectant. I used it as a medicine for all kinds of stock and chickens. I had two cows that were sick and would not eat and I used L. K. and it helped them. I also used it as a hog cholera preventive, and think it is all right.
G. H. PATRICK

PRICE:
One Quart Can.....\$1.00
One Gallon.....2.50
Five Gallons, per gallon.....2.75
A 25c 32-page Book on Germ Diseases of Animals Sent Free on Application.

MANUFACTURED BY
National Medical Co.
Sheldon, Iowa,
York, Neb.

Length of the College Course.
A number of eminent educators have been recently advocating the shortening of the college course. President Eliot of Harvard, believes that the period might well be reduced from four years to three, and President Hadley of Yale, agrees with this view. Some would even cut the period down to two years for a certain class of students and certain degrees. President Tucker of Dartmouth, whose commanding place as a scholar everyone concedes, stands by the four-year course. The point is one of which equally sincere and thoughtful men may honestly differ. On the face of it, it would seem that with the vast increase in the circle of human knowledge in modern times, the great and important additions which modern investigation and research have made to almost every branch of learning, a lengthening of the period of collegiate study rather than otherwise is made necessary for all who would gain what in older times would have been regarded as a high standard of scholarship. Is there not a danger that we shall infuse a spirit of haste and superficiality into our schemes of education and thus miss that finer results of true culture which comes only of earnest application and deep and quiet thinking? The royal road to knowledge is not the place for automobiles. A moment's anger may result in years of sorrow.

WHEN PAIN AND ANGUISH WRING BROW, A MINSTERING ANGEL THOU: BROMO-SALTZELER 10¢ SOLD EVERYWHERE.

DYSPEPSIA
"For six years I was a victim of dyspepsia in its worst form. I could eat nothing but milk toast, and at times my stomach would not retain and digest even that. Last March I began taking CASCARETS and since then I have steadily improved, until I am as well as I ever was in my life."
DAVID H. MURPHY, Newark, O.

BEST FOR THE BOWELS
Cascarets
CANDY CATHARTIC
REGULATE THE LIVER

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Grippe, No. 10, 25c.

CURE CONSTIPATION
Selling Remedy Company, Chicago, Montreal, New York, Ill.

NO-TO-BAC Sold and guaranteed by all druggists to CURE TOBACCO HABIT.

PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Taste Good. Use in time. Sold by Druggists.