"PE-RU-NA SAVED MY LIFE,"

Writes Mrs. W. McRoberts.

Women Made Strong and Happy Mothers.

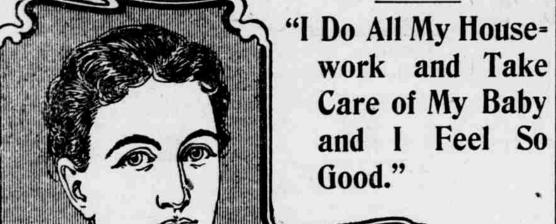
Catarrh of the Pelvic Organs Is a Frequent Cause of Barrenness.

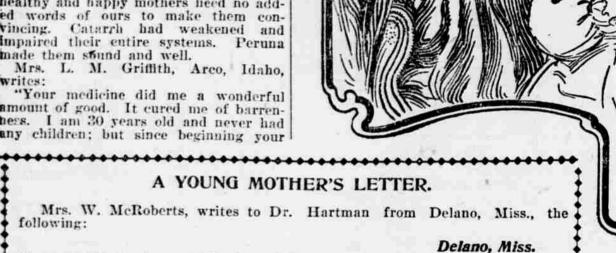
Pe-ru-na Eradicates Catarrh From the System.

TO the woman of ancient Israel not to become a mother was regarded as the greatest of earthly calamities. To become a mother—more especially the mother of a strong, healthy boywas the height of glory for the faithful woman of the good old Bible days. Even now, when maternity is not esteemed as of yore, the mother of healthy thildren is an object of admiration, and sometimes envy, by her neighbors. As compared with ancient peoples, the average American woman has a low appreciation of motherhood. There are, nowever, a great many exceptions to this statement.

The accompanying letters from grateful women who have been made strong, healthy and happy mothers need no added words of ours to make them convincing. Catarrh had weakened and impaired their entire systems. Peruna made them sound and well. Mrs. L. M. Griffith, Arco, Idaho,

"Your medicine did me a wonderful amount of good. It cured me of barrenhers. I am 30 years old and never had any children; but since beginning your





Mrs. W. McRoberts, writes to Dr. Hartman from Delano, Miss., the

Doctor S. B. Hartman, Columbus, Ohio: Dear Sir: --- I feel perfectly well of catarrh. I did as you directed me to and took Peruna and Manalin. The third of March I gave birth to a 10-pound baby girl and we are both well and happy. I am very thankful to you, and Peruna saved my life. I recommend it to everyone and can't I praise it enough.

"I send you my own and my baby's picture. She is so sweet and good, -she is a Peruna baby. I have such good health now. I do all my own housework and take care of my baby, and feel so good. "There are three or four of my neighbors using Peruna now, since it

fine. It is so good to give strength." --- Mrs. W. McRoberts.

************************************* medicine I gave birth to a 10-pound [lin. I had been doctoring for several and weighs 25 pounds. My friends were a neighbor woman brought me

Peruna. I am stronger than I have dead with consumption. been since I was quite young. God "Finally I concluded that I would la grippe."—Mrs. L. M. Griffith. Mrs. E. E. Thomas, Alpha, Mo., Thomas.

Ifyour

constitution

needs amending, the proper draught is

Hires

Rootbeer

The Nation's Temperance Beverage.

package makes 5 gallons. arywhere, or sent for 25 or Beware of imitations.

baby girl. She is now six months old years, but kept getting worse. One day all surprised. Some would not believe book, the 'Ills of Life,' and wanted me to take your medicine. I told her that "My husband says he never saw such I had given up all hope of ever getting well. I had tried so much medicine. fter I had taken three or four bottles of My neighbors thought I was nearly

bless you and your medicine forever. I make a last trial. So my husbard cannot tell you all. My letter is too got me a bottle of Peruna and Manalin. long already; but I will say Peruna I commenced taking them according to tured me. I never saw or heard of directions. That was two years ago. A anything half so good. I can never year ago last November I gave birth to thank you enough for your kindness, a 10-pound baby boy, who is well and In cases of la grippe it works like a hearty; and I am doing my own housetharm. It cured my baby when other work. I can never give Peruna too full statement of your case, and he will nedicines failed. She was real bad with great praise I think it is the best med-be pleased to give you his valuable adicine I ever heard of."-Mrs. E. E.

"I have used your Peruna and Mana- factory results from the use of Peruna, Ohio.





vice gratis. Address Dr. Hartman, President of If you do not derive prompt and satis- The Hartman Sanitarium, Columbus,

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A VERY UNUSUAL OPPORTUNITY

usual features for safe and highly profitable

investment; namely, First Mortgage, 6-per-

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Mountain region-the most prosperous city

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absolutely safe and likely to be extremely

profitable. For further particulars address

more, and the fear ov loseing what

we hav got, men are kept all the time

Here are a few specimens selected

from a number actually received by

ton-on-the-Hudson, New York.

in bileing-hot water.

teachers.

Mr. John Brisben Walker is taking the



Chili Con Carni. Two pounds of round steak, two ed peppers, one can kidney beans, one jood-sized onion, one large teaspoonful

Cut the beef into small squares, lredge well with flour, place one tablepoonful of butter in a pan, and when this is hot put in the meat and cook intil the flour adheres to it. Place in stewpan, cover with boiling water tnd simmer slowly until tender, then idd chopped onions and beans; cook ive minutes and serve either hot or fold. The gravy should be nearly cooked away before adding the beans.

Souse Meat or Head Cheese.

One small hog's head, five or six pig's leet, one pepper pod, cut fine; one tablespoonful of pulverized sage; salt to

Wash, scrape and singe the head and feet until clean; then put themover the fire in hot water and cook until the meat falls from the bones. Pick this meat into fine bits and work in pepper and sage with the hands, pack in a stone jar and put in a cool place. When cold, hold the jar over hot water for a few minutes and the cake will turn out whole. It will slice nicely.

Gluten Bread.

Mix together a pint of milk and one of boiling water and stir in a teaspoonful of salt and one of melted butter. When lukewarm add a beaten egg and a quarter of a yeast cake that has been dissolved in a gill of bloodwarm milk. Now make into a batter with gluten flour. Set in the warm titchen, covered with a cloth, for six tours, then add enough gluten flour to nake a dough that can be kneaded and thead for ten minutes. Form into paves and knead each for five minutes, hen set to rise again. Bake for a

Peanut Candy.

Boil a pint of good New Orleans molasses until it hardens in cold water. Stir in two teaspoonfuls of extract of vanilla and a scant teaspoonful of baking soda. Have ready quanttiy of shelled and skinned peanuts. There should have been four quarts of these freshly roasted before thelling. Stir these well into the molasses and turn into buttered pans. Press flat and smooth with a knife or spoon and as it begins to stiffen cut or mark off the candy into bars with a

Fish Hash.

Boil six good-sized potatoes and one cupful of stripped codfish together and while hot chop them fine together Presidency of a Company which offers unwith three or four slices of boiled beet. Put the mixture on the stove in a granlte stewpan, add a good-sized piece of butter and beat thoroughly with a silver fork. Place on a hot platter in ferred Stock. This Company takes over more than 900 acres of land within 31/2 miles any form desired, garnish with parsof center of Denver. Berkeley Heights ley, pieces of beet and carrot cut in is the most beautiful plateau around this | ancy shapes, and slices of hard-boiled rapidly growing metropolis of the Rocky

Coffee Cake. Into a cupful of bread dough that aas had the second rising work a half tup of butter, melted and creamed with a quarter cupful of sugar, a beaten egg, a quarter-teaspoonful of cinnamon and nutmeg and a half-teaspoonful of James Randolph Walker, Secretary, The soda dissolved in a tablespoonful of Berkeley Heights Investment Co., Irving- milk. Knead for three minutes, make into a long loaf and set to rise for a half-hour. Now cover the top of the Money iz most always a grate oaf thickly with sugar and bake in a bother; between the desire to git steady oven.

> German Fritters. Three eggs well beaten, one pint of

nilk, two tablespoonfuls of sugar, onealf teaspoonful of salt, one saltspoon-The third excuse goes more into ful of cinnamon and a small pinch of details, but is none the less interest. powdered mace. Cut slices of bread in ing; "Mister sir, my Jason had to squares or oblong pieces, soak in the be late to-day. It is his bizness to mixture until soft, and fry a golden Droll excuses are frequently written of butter on each before turning. by parents in explanation of the ab-Serve very hot with butter and sugar sence of their children from school. or maple syrup.

Plain Canned Pumpkin Pies. One canful of pumpkin, two cupfuls of boiled milk, three eggs, one and onepalf cupfuls of sugar, butter the size of The success of some people is unace walnut, one-half teaspoonful of salt, countable, considering that they bne-half teaspoonful of cinamon. This never had a baccalaureate sermon will fill three pies. Molasses may be used instead of sugar if preferred.

> Short Suggestions. After washing a saucepan dry it in the fire before putting it away.

starch and allow it to become perfectly dry. Then it may be brushed off TAYLORSVILLE, MISS. - No man can and the dirt with it. To cover jam pots easily, brush white of egg over white kitchen paper,

cut into pieces of proper size and cover

the pots while they are hot. The paper will stick tightly and be airproof, like parchment. Spinach that is left from dinner may be at once mixed with a French dress ing, packed in small cups or molds or in a bowl and put away. Next day

turn it out on a bed of lettuce, add more French dressing and it is ready for the table. To make a cheap floor stain mix one

part of Brunswick black with seven parts of turpentine. Apply to the wood with a flat brush. Next day polish with beeswax and turpentine Use more or less turpentine to make lighter or darker stain.



Fac Simile Signature of

Charff Fletcher.

NEW YORK.

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Pampkin Seed -

Rockelle Salts -

"After I was induced to try CASCA-REFS, I will never be without them in the house. My liver was in a very bad shape, and my head ached and I had stomach trouble. Now, since tak-ing Cascarets, I feel fine. My wife has also used them with beneficial results for sour stomach. Jos. Krehling, 1921 Congress St., St. Louis, Mo.



Pleasant, Palatable, Potent, Taste Good, Do lood, Never Sicken, Weaken or Gripe, 19c, 25c, 50c. CURE CONSTIPATION

Sterling Remedy Company, Chicago, Montreal, New York. 218

NO-TO-BAC Sold and guaranteed by all drug-

An Atchinson man is so well behaved that the only thing that can be charged against him is a second

"It is a great mistake, Mabel to trifle with the affections of a man who loves you by encouraging someone else."

"Well, he's a little slow auntie.

hink he needs a pacemaker. Puck.

It is not always the brighest boy who turns out to be the ablest man .-Philadelphia Bulletin.

"After all," remarked the man who was given to moralizing, "experience is the greatest of all schools."

"That may be," replied the grumbler, "but very few of us live long enough to graduate.-Philade'phia



make no smoke, smell, soot, dirt, ashes or ex-cessive next. Save time, work and worry. Economical and safe and always ready. Can be moved from room to room. Cooking and baking can be done on the "Klean, Kool Kitchen Kind" as readily as on any coal stove; but quicker, with more comfort and in a Klean, Kool Kitchen. Sold at good stove stores. Ask to see the Trude Mark.

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over the country are praising Paxtine for what it has done in local treatment of female ills, curing all inflammation and discharges, wonderful as a cleansing vaginal douche, for sore throat, nasal catarih, as a mouth wash, and to remove tartar and whiten the teeth. Send to-day; a postal card will do.

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"All you people of this congregation," said the self-willed mniister 'are entirely too stubborn. You're regular mules."

"Ab, yes." replied the mild member, "now I understand why you always address us as Dear Brethren.-Philadelphia Press.

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sore eyes, use Thompson's Eye Water do good, but not hiz capasity to do

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Headaches

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years. I am a sole-leather cutter, and being on my feet and lifting heavy dizziness, headache dies all day, appreciate the help Doan's Pills have given me. I feel like a new man .- GEO. A. BURGESS.

Sr. Louis, Mo. - Received sample, and am on my first bottle from the druggist - they helped me wonderdruggist—they helped me wonderfully. I had a feeling of wanting to urinate all the time, and trouble in passing, burning and itching. That is all gone now, and I feel thankful .-E. K. STEVENSON, 5851 Easton Ave.

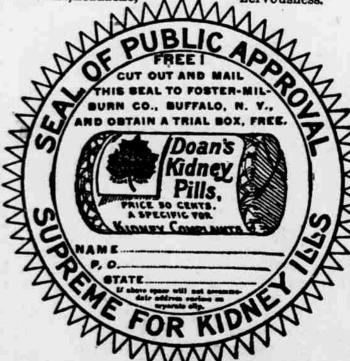
163 Belmont Street.

ASPEN, COLO., April 10, 1903 .-Doan's Kidney Pills accomplished the desired result in my case - relief came the second day after I commenced taking them. I was troubled with retention and dribbling of the brine. Now it is natural and free as

EVERETT, MASS.—I received the sample of Doan's Pills and they stopped all my trouble of pain in the back, colored pain in passing dribbling frequency had lived a received sample of Doan's Pills and they are all that is claimed, they are boiled.

To whiten clothes put a tablespoon-ful of turpentine in the boiler when they are boiled. from which I have suffered for two colored, pain in passing, dribbling, frequency, bed lieved a pain in my back, and did all wetting. Doan's Kidney Pills remove calculi and that was represented .- C. C. RAY, cover them with a thick coating of

gravel. Relieve heart palpitation, sleeplessness, R. F. D. No. 1. nervousness. tell the good of Doan's Kidney Pills until he tries them for a weak back. I tried everything and got no relief until I used Doan's Pills.—J. N. LEWIS. BURN CO., BUFFALO, N. Y., AND OBTAIN A TRIAL BOX, FREE.



WEST BRANCH, MICH., April 11th.— Many thanks for the sample of Doan's Kidney Pills. We had tried many remedies with little benefit but found Doan's act promptly, and hit the case, which was an unusual desire to urinate -had to get up five and six times of a night. I think Diabetes was well under way, the feet and ankles swelled. There was an intense pain in the back, the heat of which would

feel like putting one's hand up to a lamp chimney. I have used the free trial and two full boxes of Doan's Pills with the satisfaction of feeling that I am cured. They are the remedy par ever in my life. - D. L. STAFFORD. Consult our Physician by mail; medical advice free. excellence. - B. F. BALLARD.

Nature performs the healing process and medicine can only assist her in doing her work in healing wounds and throwing off diseases. Nine-tenths of the diseases of man and beast have their origin in some form of germs and if allowed to run and multiply form complications. The reason that Liquid Koal prevents all germs dieases and cures them, unless fermentation and inflammation have too far developed, is that it contains every antiseptic and germicida known to science. All germ diseases such as hog cholera, swine plague, corn stalk diseases, tubercolosis. blackleg and numerous others can be prevented by giving Liquid Koal in drinking water, because they are germ diseases and no germ can live where Liquid Koal reaches it. Liquid Koal is unaffected by the gastric juices of the stomach, passes through the intestines and from there into the circulation, permeating the whole system and still retains all its germicial properties. Diluted with water, in the proportion of one to one hundred, it makes the best lice killer

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