

A WESTERN CANADA FARMER.

**Seven Years Ago He Had but \$24—
Now He Has Seventy Head
of Cattle.**

**This is What a Couple of Eastern
Farmers Learned When on a Re-
cent Trip to Canada.**

**Splendid Words About Saskatoon, Rosthern
and Hague District, Where They
Will Locate.**

Messrs. J. E. Blum and J. Grumper of Manchester, Washenaw County, Michigan, paid a visit to Alberta last summer and saw there a Mr. Shantz, one of the good old Pennsylvania stock, who had come recently—some seven years ago—from Ontario, with \$24 in his pocket. He has certainly prospered, as he now owns over seventy head of cattle, has a good log house framed over, also a good barn, and in all respects looks a thrifty and well-to-do farmer. He had some good crops of oats and barley. After spending some days in Calgary and Edmonton they returned to Regina, Assiniboia, and looked around the country north to Lumsden and Balgonie, where the crops appeared very promising and heavy, continuing up the Regina and Long Lake road, they came to Saskatoon, on the crossing of the South Saskatchewan river. Of this district they say:

"The country here pleased us better than any we have seen. We drove our eighteen miles in a northwesterly direction through the South settlement. This is a wonderful district; the growth is splendid, all kinds of grains and roots are perfect. The older settlers had good buildings of all kinds and looked very prosperous, in fact we came to the conclusion that we had found what we were looking for, a good country. While the nature of the soil changes and is in some parts light, in others stony, and again heavy, generally speaking it leaves nothing to be desired. Hay and water are also in abundance and wood can be found along the river slopes and islands. We have decided to locate there and shall certainly advise our friends to do likewise. We also trust that this report may have the effect of drawing the attention of land seekers to this district, and can honestly advise all such to locate there. They will find a good thing. As farmers ourselves, from a good district in Michigan, we have come to the conclusion that properly farmed Western Canada will grow almost anything."

Ask for information from any agent of the Canadian Government.

Remarkable Truths.

A Kansas paper says that "in his latter days Senator Everts reached a great old age." This is something like a Kansas obituary in which it was stated that "the boy died in his youth while still very young," or of the reply made by a temperance orator to a man who boasted that he had lived to the great age of 91 years, though taking six drinks of whiskey every day. "That don't prove anything," said the temperance orator. "You might be over a hundred years old right at this minute if you had never taken any whiskey."

Another Man Altogether.
Valley, Mo., Feb. 21.—There is a man in this town who has undergone a most remarkable physical change in the last few months.

His name is Perry Nelson and those who knew him but a short time ago are amazed at his present condition. He had not been feeling well for some time and suspecting that the trouble came from his kidneys, which he knew were not any too strong, he determined to try a kidney medicine.

Dod's Kidney Pills were highly recommended and Mr. Nelson began a treatment of them. He was awarded by a complete restoration to vigorous good health. He says: "I used six boxes of Dod's Kidney Pills and they have helped me a great deal. I feel like another man and can recommend Dod's Kidney Pills very highly."

Katherine's Query.

Little Katharine, a Columbus tot, was presented with a very cunning pair of white-wool mittens not long ago, which she delights to wear whenever she goes out in the cold. Recently her father entertained a gentleman who had a very bald head. The guest made much over Katharine, and before he departed into the chilly night begged a kiss. As he lifted her up she saw for the first time his expanse of bald head and asked, archly: "Why don't you wear mittens on our head?"

JUST THINK OF IT

Every farmer his own landlord, no income tax, his bank account increasing year by year, land value increasing, schools, increasing, splendid climate, excellent schools and churches, low taxation, high prices for cattle and grain, low railway rates, and every possible comfort. This is the condition of the farmer in Western Canada, Province of Manitoba and districts of Assiniboia, Saskatchewan and Alberta. Thousands of Americans are now settled there. Reduced rates on all railroads for homeseekers and settlers. New districts are being opened up this year. The new \$4-page Atlas of Western Canada sent free to all applicants. Apply to F. Pedley, Sept. of Iowa, Ottawa, Can., or to W. F. Bennett, 86 New York Life Bldg., Omaha, Neb., Agent for the Government of Canada.

SORE EYES Dr. ISAAC THOMPSON'S EYE WATER

PISO'S CURE FOR CONSUMPTION
Best Dough Syrup. Tastes Good. Use in tea. Sold by druggists.
N. N. U. NO. 708-9. YORK, NEB.

HOUSEHOLD DEPARTMENT

Helpful Hints.

When an invalid's room needs sweeping, the best way is to wipe up the carpet rapidly with coarse towels wrung out of cold water. This disposes of the dirt without annoying the patient either by dust or noise, and is a method employed by trained nurses. An authority on dieting denounces the use of cold boiled potatoes in any way, stating that they cannot be digested. They are, he says, especially harmful to children. Suet should be used to grease cakes instead of butter. Too much acid in mayonnaise dressing, whether vinegar or lemon juice, injures, if it does not actually destroy, the flavor of the oil. A blending of two or more flavors is usually more pleasing in gelatinic jelly than a single decided one. A good way to scour water bottles is to tear a newspaper into small bits and nearly, or quite, fill the bottle then pour in warm soapuds, add a little ammonia and shake well. Rinse thoroughly before using the bottle again. Sage tea, or any other beverage made of herbs, should be made in an earthen vessel, and never in tin, as it will turn black, unless immediately emptied out and it may do so even then.

"Don'ts" for Young Housekeepers.
Don't put butter in your refrigerator with the wrappings on.
Don't use butter for frying purposes. It discolors and is unwholesome.
Don't keep custards in the collar in an open vessel. They are liable to become poisonous.
Don't pour boiling water over china stacked in a pan. It will crack by the sudden contraction and expansion.
Don't moisten your food with the idea of saving your teeth. It spoils the taste and you will soon lose them.
Don't use steel knives for cutting fish, systems, sweetbreads or brains. The steel blackens and gives an unpleasant flavor.
Don't scrub your refrigerator with warm water. When necessary sponge it out quickly with two ounces of formaldehyde in two quarts of cold water.
Don't put tablecloths and napkins that are fruit-stained into hot soap suds; it sets or fixes the stains. Remove the stains first with dilute oxalic acid washing quickly in clear water.—Ladies' Home Journal.

Cauliflower, Parisian Style.
Boil a good-sized cauliflower until tender, chop it coarsely and press it hard in a mould or bowl, so that it will keep its form when turned out; put the shape thus made upon a dish that will stand the heat and pour over it a tomato sauce. Make this by cooking together a tablespoonful of butter and four in a saucepan and pouring upon them a pint of strained tomato juice, in which half an onion has been stewed; stir until smooth and thicken still more by the addition of three or four tablespoonfuls of cracker dust; salt to taste, turn the sauce over the moulded cauliflower; set in the oven for about ten minutes, and serve in the dish in which it is cooked.

Tomato and Macaroni Soup.
Break half a dozen sticks of macaroni into small pieces, and drop into boiling water. Cook for an hour, or until perfectly tender. Rub two quarts of stewed or canned tomatoes through a colander, to remove all seeds and fragments. When the macaroni is done, drain thoroughly, cut each piece into tiny rings, and add it to the strained tomatoes, season with salt and oil for a few moments. If the tomato is quite thin, the soup should be slightly thickened with a little flour before adding the macaroni.

Salt Mackerel Creamed.
Soak the fish over night, wipe dry the next morning and broil on a buttered gridiron. Lay it on a hot dish and make the following sauce: One cup of hot milk thickened with two teaspoonfuls of cornstarch rubbed smooth in two teaspoonfuls of butter; add salt chopped parsley and a pinch of pepper if it stand a few minutes, then add one egg well beaten; pour over the fish and serve.

Ham Omelet.
Beat six eggs separately. Take one cupful of sweet milk, into one-fourth of which stir a tablespoonful of flour. When the milk boils stir in the paste, add a little salt and one tablespoonful of butter, and let cool. Take two tablespoonfuls of minced ham, a little chopped parsley and thyme, and stir with the yellow, then add the well-beaten whites. Have a well-greased skillet, and bake in a quick oven.

Milk Toast.
Toast as many slices of bread as are required, butter carefully, and stand in the oven to keep hot. Take two tablespoonfuls of flour and two of butter and stir them in a saucepan until the flour is cooked; add a pinch of salt and half a pint of hot milk, gradually stirring all the time. Let it boil up and pour over the toasted bread.

Ginger Snaps.
Boil two teaspoonfuls of molasses for three minutes and add to it one teaspoonful of butter, one teaspoonful of baking powder mixed with flour sufficient to work into a smooth batter, and add one tablespoonful of ground ginger. Work in the flour as soft as possible—the softer the better.

Colds

"I had a terrible cold and could hardly breathe. I then tried Ayer's Cherry Pectoral, and it gave me immediate relief."
W. C. Layton, Sidel, Ill.

How will your cough be tonight? Worse, probably. For it's first a cold, then a cough, then bronchitis or pneumonia, and at last consumption. Coughs always tend downward. Stop this downward tendency by taking Ayer's Cherry Pectoral.

Three sizes: 25c., 50c., \$1. All druggists.
Consult your doctor. If he says take it, then do as he says. If he tells you not to take it, then don't take it. He knows. Leave it with him. We are willing.
J. C. AYER CO., Lowell, Mass.

People Wear Themselves Out.

Many people wear themselves out needlessly, says the London doctor; their conscience is a tyrant! An exaggerated sense of duty leads many a person to anxious, needless activity, to be constantly doing something overpunctilious, never give a second of time, so worn to rest; such are in unconscious nerve tension. They say they have so much to do, not thinking they are rapidly unfitting themselves for probably what would have been their best and greatest work in a later years. Self-control of nerve force is the great lesson of health and therefore of life itself. To understand how to relax is to understand how to strengthen nerves. Hearty laughter is a source of relaxation, as are also big thoughts, as those of hope, beauty, trust or love. Relaxation is found in diversion.

Brooklyn, N. Y., Feb. 24th.—The activity at the laboratory of the Garfield Tea Co. is further evidence of the popularity of their preparations, over THREE MILLION FAMILIES used the Garfield Remedies last year! This vast public approval speaks well for the remedies. They are: Garfield Tea, Garfield Household Powders, Garfield Tea Syrup, Garfield Relief Plasters, Garfield Bandolones Plasters, Garfield Digestive Tablets and Garfield Cold Cure.

The Popular Polka Dot.
Linen-colored piques and ducks having polka dots of color are being bought in great numbers by well-dressed maidens and young matrons. They carry a certain undeniable chic that proves very becoming.

Growth of Citrus Fruit.
Work has begun in the Salt River valley on a great plan for the growing of citrus fruit indoors. The project involves the roofing of more than one thousand acres of orange, lemon and pomelo trees, and is undertaken by the Territorial Association of Citrus Fruit Growers.

Longevity.
The improvement in the last two centuries in surgical and medical knowledge, sanitation, hygiene and the other arts of wholesome living have naturally tended to prolong life.—Baltimore Sun.

BEFORE HE TOOK VOGELER'S

He Could Not Touch His Wife's Dinners, and They Were "Fit for a King."
So writes our esteemed friend, Mr. Frank Chambers, of 9 Bennett street, Chiswick. "For over two years I suffered agonies from indigestion, and became reduced to a mere shadow of my stalwart self. I would return home from my business feeling so faint that I could hardly drag one leg after the other; my dear wife did all she possibly could to tempt me with dainty dishes, and as I entered the house I snuffed and thought: 'Oh, how good! I know I can eat that! But, ah! no sooner had I eaten a few mouthfuls, I felt sick; severe pains shot through my chest and shoulder blades, my eyes swam and everything seemed black, and I became alternately hot and cold, and got up from such a dainty dinner heartily sick of living, and feeling I was a sore trial to everybody. I may mention that I was also very much troubled with a scaly skin, and often boils. But one evening I noticed my wife seemed more cheerful than usual. I questioned her and found she had been reading a pamphlet which spoke of men afflicted just as I was, and who had been cured by Vogelers Compound. Said she: 'What gives me more faith in it is that it is made from the formula of an eminent physician now in active practice in the West End of London, England, so I am sure it is no quack thing.' 'All right, dear, let's have a bottle,' said I. After taking the contents of the first bottle, I felt very much better, and determined to give this remedy a fair trial, and I can positively assure you that a few bottles have made a new man of me. I can sleep well, eat anything, and thoroughly enjoy life. I have written the same as myself, and they all wish me to say that they are like new men. I sincerely bless the great physician who gave you the formula of Vogelers Curative Compound, and also yourselves for making its virtues known to a suffering public."
The St. Jacobs Oil Co., Baltimore, will send a sample of Vogelers Compound free to any one.

Gymnastics for Women.

Modern athletics are now adding strength to the muscles and grace to the forms of many young women, especially in the large cities. This is certain to bring good results to future generations. Light gymnastics and outdoor games are an incentive to actions which bring changes in a chemical way to the blood which are necessary and healthful.

We refund 10c for every package of PUTNAM FADELESS DYE that fails to give satisfaction. Monroe Drug Co., Unionville, Mo. Sold by druggists.

Tell the Rumors Explained.
A St. Petersburg correspondent of the London Mail explains that the frequent circulation of reports of Tolstois death is due to the wide spread belief that when the great Russian shall die the censors will keep the news from the public as long as possible. The ecclesiastical authorities cannot accord Christian burial to him, as they have recently denounced him as a heretic, and the refusal to allow the performance of the rites of the church at the grave is sure to provoke an outburst of indignation all over Russia.

Use the famous Red Cross Pall Blue, large 2 oz. package 6 cents. The Russ Company, South Bend, Ind.

Waldorf Salad.
Waldorf salad is made by using equal parts of celery and dice cut from crisp, spicy apples, covered with a very heavy mayonnaise dressing that will thoroughly mask the celery and apples. This should be served with crackers and cheese, as a separate course at a dinner.

Don't forget a large 2 oz. package Red Cross Pall Blue, only 5 cents. The Russ Company, South Bend, Ind.

A Cold Winter.
Young Man—"Regular old-fashioned winter, isn't it?"
Old Man—"Call this an old-fashioned winter? It isn't a circumstance to some of the winters we used to have. Did I ever tell you about a winter we had back in the forties?"
Young Man—"No, guess not."
Old Man—"Why, in one of those winters it was so cold that every time a minister preached about hell, the shivering sinners would rush out and commit suicide."

Mrs. Winslow's SOOTHING SYRUP for children teething, soothes the gums, reduces inflammation, relieves pain, cures wind colic, the bottle.

Furnished Artistically.
An Atechison woman who has an "artistically" furnished home, made a table cover, a dressing case scarf, and a pair of sash curtains out of one forty-nine cent curtain.—Atechison Globe.

I find Piso's Cure for Consumption the best medicine for croupy children.—Mrs. F. Callahan, 114 Hall street, Parkersburg, W. Va., April 16, 1901.

Growth of Officeholding.
The new register of federal officeholders is said to include 222,000 names, exclusive of enlisted men in the army and navy. It is noted that there has been a large increase in the number of officeholders since the Spanish war and it would seem that if we could only have a series of wars the time would come when there would be offices enough to furnish one for every citizen who voted right.

Health for 10 Cents.

A lively liver, pure blood, clean skin, bright eyes, perfect health—Cascarets Candy Cathartic will obtain and secure them for you. Genuine tablets stamped C. C. C. Never sold in bulk. All druggists, 10c.

Flying Days Near.
In deciding to issue a magazine dealing with aerial navigation we make no attempt at prophecy, but there is no question that flying by human beings is nearer realization than many people imagine, and when we reflect upon what has been done in other branches of engineering it requires a very small effort of the imagination to realize what may transpire in the development of aerial navigation in the near future.—London Flying.

German Emperor's Taste.
The German Emperor is very fond of modern music and modern sculpture, but he has no sympathy with modern painting and poetry. Recently he spoke very sharply against modern art. It is believed that his enmity has a political source. He detests the social democrats and classes with them the modern painters and poets who depict and describe the wretchedness of the lower classes in realistic colors.

WANTED—Local Salesman in every city, to sell a paper, most of the year, on the road. Address: SANDERS & MEYER, 203 1/2 La Salle St., Chicago.

Wanted—Local Salesman in every city, to sell a paper, most of the year, on the road. Address: SANDERS & MEYER, 203 1/2 La Salle St., Chicago.



Mrs. L. A. Harris, a Prominent Member of a Chicago Woman's Political Club, tells how Ovarian Troubles may be Cured without a Surgical Operation. She says:

"Doctors have a perfect craze for operations. The minute there is any trouble, nothing but an operation will do them; one hundred dollars and costs, and included in the costs are pain, and agony, and often death.

"I suffered for eight years with ovarian troubles; spent hundreds of dollars for relief, until two doctors agreed that an operation was my only chance of life. My sister had been using Lydia E. Pinkham's Vegetable Compound for her troubles, and been cured, and she strongly urged me to let the doctors go and try the Compound. I did so as a last resort; used it faithfully with the Sanative Wash for five months, and was rejoiced to find that my troubles were over and my health restored. If women would only try Lydia E. Pinkham's Vegetable Compound first, fewer surgical operations would occur."—MRS. L. A. HARRIS, 278 East 21st St., Chicago, Ill.

\$5000 FORFEIT IF THE ABOVE LETTER IS NOT GENUINE.
When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles.

A Musical Note.

It is reported that 150,000 pianofortes were sold in the country last year. How many of them conducted to thoughts of Harmony?—Boston Globe.

STATE OF OHIO, CITY OF TOLEDO, Lucas County.
FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, Co. Ohio, State of Ohio, and that said firm will pay the sum of ONE HUNDRED DOLLARS for every copy of HALL'S CATHARTIC CURE, and every case of CATARRH that cannot be cured by the use of HALL'S CATHARTIC CURE.

FRANK J. CHENEY,
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

A. W. GLEASON,
Notary Public.
Hall's Cathartic Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Sent for testimonials, free.

F. J. CHENEY & CO., Toledo, O.
Solely Sold by Druggists, 75c.
Hall's Family Pills are the best.

Borrowing Trouble.

Worrying over future possibilities and fearful anticipation of the trials of tomorrow are but the borrowing of trouble. It is impossible to lift the ton weight at one time, but lesser parts of it may be easily carried, until the whole load has been conveyed to its destination. So the burdens of a lifetime cannot be borne if crowded into a single day. A merciful Providence has hidden the future from man, that its cumulation of ill may not dwarf human efforts. Anticipated difficulty only tends to make life the more grievous. "Sufficient unto the day is the evil thereof." When one looks down the crowded thoroughfare it may seem almost impassable, but as we advance step by step obstacles disappear. By doing well each duty as it arises, life is freed from many unnecessary trials.

French botanist are endeavoring to vaccinate plants against parasitic diseases.

Self Threading Sewing Machine Needle
Give name of your machine, send 27 cents and we will mail you sample package of assorted needles. National Automatic Needle Co., 129 Nassau Street, New York City.—Agents Wanted.

ELY'S LIQUID CREAM BALM is prepared for sufferers in nasal catarrh who use an atomizer in spraying the diseased membranes. All the healing and soothing properties of Cream Balm are retained in the new preparation. It does not dry up the secretions; prevents sneezing; relieves itching; cures all kinds of nasal catarrh. Sold by Druggists or by Ely Bros., 66 Warren St., N. Y., mail it.

DON'T GET WET!

THE ORIGINAL TOWER'S FISH BRAND SLICKER IS SURE PROTECTION IN WET WEATHER.
ON SALE EVERYWHERE
CATALOGUES FREE
SHOWING FULL LINE OF GARMENTS AND HATS
A. J. TOWER CO., BOSTON, MASS.

Tax Reduction is Necessary.

The necessity of a reduction of taxation to divert the unneeded surplus accumulating in the treasury to legitimate channels of business is more apparent than ever. In spite of liberal if not extravagant expenditures in the month of December the treasury surplus for the month amounts to \$9,740,000. This is at the rate of nearly \$120,000,000 annually, and it gives fresh point and force to the argument in favor of sweeping tax reduction.

\$3.00 W. L. DOUGLAS SHOES \$3.50

THE WORLD'S GREATEST SHOE MAKER.
W. L. Douglas's shoes are the best and most comfortable ever made. Sold by W. L. Douglas, Brockton, Mass.



1925-1926
1890-1925
1900-1925
1901-1925

GREGORY SEEDS

Grand Island Route

DOUBLE DAILY SERVICE
FREE RECLING CHAIR CARS ON NIGHT TRAINS.
For information of Rates, call upon or address nearest Agent, or
S. M. ADSIT, G. P. A., ST. JOSEPH, MO.

ALABASTINE

Alabastine, the only durable wall covering, paper, paint or paper can be used over plaster, brick, wood or canvas. Many ailments, particularly throat and lung troubles, are attributable to unsanitary wall coverings. Alabastine has endorsement of physicians and sanitarians. Alabastine packages have full directions. Anyone can brush it on. Ask your dealer for the color. "Alabastine" is free. Alabastine Co., Grand Rapids, Mich.