

# Backache

Wearying, ceaseless backache.  
Dull, exhausting and constant pain.  
No comfort by day. No rest at night.  
Aches in the small of the back, pain low down in the side. No spirit for any task, no hope for relief. Great numbers of women are not free from backache from one year's end to another.

Among Mrs. Pinkham's victories there is none more complete than that over backache, and the evidence of thousands of women prove that she is its conqueror.

Mrs. C. Klenk, of Wells, Minn. (Box 151), writes:

"DEAR MRS. PINKHAM—I suffered for years with a long list of troubles, and I want to thank you for my complete recovery. Lydia E. Pinkham's Vegetable Compound is a wonderful medicine for women.

"I had severe female complaints, causing terrible backache and nervous prostration; was dizzy most of the time, had headache and such a tired feeling. I now have taken seven bottles of your Compound and have also used the Sanative Wash and feel like a new woman. I must say I never had anything help me so much. I have better health than I ever had in my life. I sleep well at night, and can work all day without feeling tired. I give Lydia E. Pinkham's Vegetable Compound all the credit, for I know it has cured me of all my troubles. I would not do without your remedies for anything."

When a woman has severe backache she has some serious trouble that will sooner or later declare itself.

Mrs. E. Furton, of Meade, Mich., found that her backache was caused by a tumor, which three bottles of Lydia E. Pinkham's Vegetable Compound expelled. This is Mrs. Furton's letter:

"DEAR MRS. PINKHAM—Two years ago I was troubled with constant backache and headache, and was very nervous.

I resolved to try your medicine and took two bottles of Lydia E. Pinkham's Vegetable Compound and on taking the third a tumor was expelled. I was a little frightened and sent for the doctor, and he said that it was fortunate for me that it came away. I got quite well after that and have your Compound alone to thank for my recovery."

The safe way to guard against trouble is to get Mrs. Pinkham's advice when the backache first appears. A letter to her at Lynn, Mass., describing your case fully will receive a prompt reply without charge.

## "Your Medicine is a Friend to Women."

"DEAR MRS. PINKHAM—I wish to tell you the great good your medicine has done me. I do not feel like the same woman. I have suffered terribly. Had womb and kidney trouble, leucorrhoea, very severe pains in hips and sides of abdomen, headache, was nervous, menses were irregular. I have now taken four bottles of your Vegetable Compound, and the backache has left me, menses are regular, can sleep well, and awake in the morning feeling much rested. Your medicine is indeed a friend to women. I wish that I could tell every woman what a wonderful medicine it is. I cannot praise it enough."—Mrs. Anna J. Fenstermaker Pine Summit, Pa.

Lydia E. Pinkham's Vegetable Compound—A Woman's Remedy for Woman's Ills.

## OPPOSED THE STAGE-COACH.

An Ancient Economist Who Thought It Would Ruin the Country.

The New York Telegram notes that the first stage coach seen in England was about the year 1553, and another 120 years passed before stage coaches began to run; they were not received with much favor. In 1673 a treatise was published in London by "A Lover of His Country, and Well Wisher to the Prosperity Both of the King and Kingdoms," in which were used many elaborate arguments and violent tirades against them.

"These coaches and caravans," said the writer, "are one of the greatest mischiefs that hath happened of late years to the kingdom, mischievous to the public, destructive to trade and prejudicial to lauds."

He laments the decay of good horsemanship, which would follow if everybody rode to London in a coach. He calculates that a coach from York, Chester or Exeter would have forty horses on the journey to the capital and carry eighteen passengers a week. In the whole year it would carry about 1,872. Suppose there were returning passengers there would be 936, and for these forty horses would be sufficient; but if people traveled in the good, old-fashioned way, then at least 500 horses would be required for the work. The use of so many horses would give employment to many who were by the stage coach thrown out of work, such as cloth workers, drapers, tailors, saddlers, tanners, carriers, shoemakers, spurriers, harness makers and fellmakers. The inns would also suffer, for the stage coach stops only at a few, but when gentlemen traveled on horseback, accompanied, as they usually were, by two or three servants, they stopped at any and as often as they liked, and thus encouraged trade.

Farmers will be ruined, he says, by the stage coach; for how can they dispose of their hay, straw and horse corn? Moreover, the influence on health would be bad; men called out of their beds before daylight, hurried from place to place until far on into the night, in the summer stifled with heat and choked with dust, in the winter starving and freezing with cold or choked with filthy fog, obliged to ride all day with strangers and with sick, ancient and diseased persons and with children crying, poisoned with fetid breaths and crippled by the crowd of boxes and bundles. Besides all these troubles there were accidents arising from the rotten coaches and foul roads.

In short, the writer is fully convinced that if stage-coach traveling becomes popular the country will go to ruin. Had he lived to see the railway he would have been bereft of his senses.

## TRUMPET CALLS.

Ram's Horn Sounds a Warning Note to the Unredeemed.

LOVE turns duty into delight. Bigotry is not peculiar to religion. Meditation is a tonic for poor memory. Some little men love to live in the clouds. When you take your burdens to Christ, leave them there. Virtue is finer than any of the arts. Half-hearted service is always hard. Neglect bolts the door of opportunity. Trials melt the brass out of character. Small boats should keep near the shore.

In order to do right, it is necessary to be right. The pulpit rail may become a wall of partition. Some Christians do more whining than shining. Keeping your eye on Christ keeps it off the world. The wings of riches are poor aids to heavenly flight. The dews of grace fall during the night of sorrow. While the saloon exists, your own soul is never safe. More souls are saved through service than by sermons. The more perfect the trust, the more perfect the peace. Dress does not make character, but it often proclaims it. Faith gives unlimited backing for the business of living. Kind words, like fragrant flowers, are admired by all. God will do as much for us as we will submit to have done. Policy sits on the fence while principle fights the battle. An iceberg in the pulpit cannot kindle a fire in the pews. Make your trials stepping stones to a higher Christian life. The man who confesses his ignorance is on the road to wisdom. Modern theology teaches that man falls up instead of down. Fidelity in little things is one of the surest tests of character. Those who know when to speak know when to be silent. Love is like a convex mirror—it broadens what we see in it. The only safe place to hide your sins is under the blood of Christ. Don't use religious stunts when you visit a strange prayer meeting. The man who reaches Christward for refreshing will reach worldward with a blessing. There is a vast difference between speaking "one to another" and one about another.

"Not the General's Cow." Tommy Atkins—the slang name of the British private—is not noted for his politeness, but for his obedience to orders.

Years ago in a seaport town in England a general and an admiral were neighbors. The general's house was fronted by a grass-plot, on which he pastured a cow. One day his wife complained to him that the supply of milk was falling short.

The sentinel accounted for the deficiency—the public trod down the pasture. Thereupon the general gave orders that no human or other animal except his cow should be allowed on the grass-plot. He added that if this rule was infringed the sentinel should be flogged.

Soon after, the admiral's wife, in haste to keep an engagement, took a short cut over the plot, disregarding the sentinel's order to keep off the grass.

"Common soldier, don't you know who I am?" ejaculated the offended lady.

"All I know is that you're not the general's cow."

How's This? We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O. We the undersigned have known F. J. Cheney for the last 12 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O. WALKING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c per bottle. Sold by all Druggists. Testimonials free.

Remarkable Feat of Penmanship. To write a long chapter of Genesis on a post card, in addition to selections from Shakespeare and Dickens, and the whole of "Home, Sweet Home," is a feat of penmanship of which anyone might be proud. This was some time ago accomplished by a bank clerk, with a fine steel pen and with no aid from magnifying glasses. In all, there were more than 10,000 words, while so beautifully was the work done that many people have been able to read the writing with the naked eye.

## 500,000 FAMILIES RELY ON PE-RU-NA



MR. W. H. B. WILLIAMS, COLUMBUS, OHIO.

W. H. B. Williams, publisher of The Farmers' Industrial Union, in a recent letter to Dr. Hartman says: "I have used Pe-ru-na as a family medicine for several years. I find it of especial use for myself. I have had several tedious spells with systemic catarrh and before using Pe-ru-na I had tried several other remedies with little or no success. But in Pe-ru-na I found a prompt and sure cure. I always keep the remedy which promptly relieves any attack of the same malady."

"My wife also uses Pe-ru-na. She finds it of especial use for severe spells, to which she is subject. We always keep it in the house as a family medicine. We think it an excellent remedy for the various ills to which children are subject, especially climatic diseases." Address Dr. Hartman, Columbus, Ohio, for a free book on family medicine.

## Collars Rented in Mexico.

The Mexicans have a queer way of burying the dead. The corpse is tightly wrapped in matting and placed in a coffin hired for about a shilling. One or two natives, as the case may be, place the coffin on their heads and go to a trot to the grave, where the body is interred and the coffin is then returned.

## An Opinion from St. Louis.

The St. Louis Republic says that Alabastine bids fair to give Grand Rapids, Mich., even more fame than her huge furniture factories. This is a covering for walls and ceilings, and takes the place of kalsomines, which are very objectionable and even dangerous on account of the constantly decaying animal and vegetable matter which they contain. Alabastine makes a pure and permanent covering, that can be recoated. It sets on the wall, growing hard with age.

## New Experience.

"Now, Patrick Muldoon," said the magistrate to the evidently alarmed witness on the stand in a case of burglary, "bear in mind that you have sworn to tell the truth, the whole truth and nothing but the truth."

"Yis, yer honor," stammered Mr. Muldoon, his eyes wavering from the judge to the jury, and back again; "it's meself that'll do the very best I can; but I hope the gentlemen will be a trifle aisy on me at the start, for it's little used I am to that sort av thing, yer honor."—Youth's Companion.

## Shake Into Your Shoes

Allen's Foot-Ease, a powder for the feet. It cures painful, swollen, smarting, nervous feet and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight-fitting or new shoes feel easy. It is a certain cure for sweating, callous and hot, tired, aching feet. Try it to-day. Sold by all druggists and shoe stores. By mail for 25c, in stamps. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

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## Traffic Over London Bridge.

It is computed that about 200,000 pedestrians and 20,000 vehicles cross London bridge every day. Each leaves behind a little shoe leather or a little iron—just a trifle. But when litter and dust are added to these minute losses the whole fills between three and four carts. The most surprising fact of all, however, is that the incessant traffic across the bridge reduces to powder about twenty-five cubic yards of granite every year.

## Vacation Tours.

The Grand Trunk Railway System and immediate connections form the great highway of Tourist Travel to the famous resorts in Northern Michigan, Muskoka Lakes, Lake of Bays (Highlands of Ontario), Niagara Falls, St. Lawrence River, White Mountains, Saguenay River and the seashore. Also Watkins Glen, Glen Summit, Atlantic City, Asbury Park and other popular resorts on and reached by the Lehigh Valley R. R.

Probably no line of railroad on the American continent embraces in its route so great a variety of scenery or reaches directly so many popular and famous resorts.

## Vestibule-Train Service.

Full particulars as to rates and copies of tourist literature on application to J. H. Burgess, City Passenger and Ticket Agent, 249 Clark street, corner Jackson boulevard, Chicago.

## A Remarkable Cremation.

A most remarkable cremation will take place when Joaquin Miller, "the poet of the Sierras," dies. He has built a great funeral pyre on his property at Oakland, Cal., in the form of a cube, nearly ten feet each way, made of bowlders set in cement.

On the top of this body will be placed and burned, and the ashes will then be hung to all points of the compass, if the provisions of his will are carried out.

## The World's Record for Output.

Adding together the actual number of the different kinds of harvesting machines made in a single day during 1908 at the works of the Deering Harvester Company of Chicago gives the enormous total of 1,310, or more than two complete machines for each working minute.

## Auction Sale of Jewels.

The glittering adornments of one of London's "splendid paupers" were dispersed the other day at a sale by auction. The owner of the eighty-three lots of "court jewels of unusual splendor" was merely described as a "lady of title." There were rings and brooches and earrings and bracelets galore, the collection selling for a trifle under \$80,000. The gem of the sale was a cluster necklace of sapphires and brilliants, which realized \$7,150, while the other more costly articles included a corsage decoration of diamonds and pearls (\$4,900), a brilliant and pearl collar (\$4,025), another brilliant collar (\$2,125), a necklace of brilliants, cabochon, emeralds and rubies, sapphires, and pearls, and yet another of pearls and brilliants, which sold for \$1,775 each, and a fourth similar gew-gaw, which went for \$25 less.

## To California for Half Rate.

Account National Educational Association meeting at Los Angeles June 25 to July 8. Choice of routes going and returning. For particulars call at Northwestern office, Security Bank Building, or address, H. C. CHENEY, General Agent, Sioux City, Ia.

Verily, this is a strange world. Some live but to die and others die to live.

Piso's Cure for Consumption has been a family medicine with us since 1865.—J. R. Madison, 2409 42d ave., Chicago, Ill.

If a man is lucky he never speaks of the proverbial luck of fools.

Mrs. Winslow's SOOTHING SYRUP for Children teething; softens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

WANTED—Case of bad health that H. P. A. N. S. will not benefit. Send 5 cents to Ripans Chemical Co., New York, for 10 samples and 1,000 testimonials.

Nothing is so infectious as example. —Kingsley.

## CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Signature of J. C. Atkinson.

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## The Falling Leaves

Give Warning of Winter

So the falling of the hair tells of the approach of age and declining power.

No matter how barren the tree nor how leafless it may seem, you confidently expect leaves again. And why? Because there is life at the roots.

So you need not worry about the falling of your hair, the threatened departure of youth and beauty. And why? Because if there is a spark of life remaining in the roots of the hair

AYER'S HAIR VIGOR

will arouse it into healthy activity. The hair ceases to come out; it begins to grow; and the glory of your youth is restored to you.

We have a book on the Hair and its Diseases. It is free. The Best Advice Free.

If you do not obtain all the benefits you expect from the use of the Vigor, write the doctor about it. Probably there is some difficulty with your general system, which may be easily removed. Address: DE. J. C. AYER, Lowell, Mass.

## INSOMNIA

"I have been using CASCARETS for Insomnia, with which I have been afflicted for over twenty years, and I can say that Cascarets have given me more relief than any other remedy I have ever tried. I shall certainly recommend them to my friends as being all they are represented to be." THOS. GILLMAN, Egin, Ill.



Pleasant, Palatable, Potent, Taste Good, Good, Never Sicken, Weakens, or Gripe. CURE CONSTIPATION. Sells Everywhere. Solely by Dr. J. C. Ayer & Co., Lowell, Mass.

## FREE HOMES

Is the Great Grain and Grazing Belts of Western Canada and information as to how to secure them can be had on application to the Department of the Interior, Ottawa, Canada, or to N. Bartlow, 306 5th Street, Des Moines, Iowa, Agent for the Government of Canada.

## SOFTENING EYES DR. ISAAC THOMPSON'S EYE WATER

S. C. N. U. 21-99

## PISO'S CURE FOR CONSUMPTION

CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

## DEERING BINDERS, REAPERS, MOWERS, RAKES AND CORN HARVESTERS

return the favor of popularity by steady, reliable, satisfactory work in the harvest. Deering made the first successful application of ball and roller bearings to harvesting machinery, and the decided advantage in lightness of draft held by Deering machines today over all other makes shows conclusively that there is one right way of doing it—and that there are several wrong ways.

The Deering way is the common sense way.

DEERING HARVESTER CO., CHICAGO.

"Say Aye 'No' and Ye'll Ne'er Be Married." Don't Refuse All Our Advice to Use

## SAPOLIO

PENSION JOHN W. MORRIS, Washington, D. C. Successfully Prosecutes Claims. Late Principal Examiner U. S. Pension Bureau. 1776 in civil war. 19 adjudicating claims, sixty cases.

PENSIONS Get Your Pension DOUBLE QUICK! Write Capt. O'FARRELL, Pension Agent, Washington, D. C.