

SINGULAR STATEMENT.

From Mrs. Rank to Mrs. Pinkham.

The following letter to Mrs. Pinkham from Mrs. M. RANK, No. 2,354 East Susquehanna Ave., Philadelphia, Pa., is a remarkable statement of relief from utter discouragement. She says:

"I never can find words with which to thank you for what Lydia E. Pinkham's Vegetable Compound has done for me. Some years ago I had womb trouble and doctored for a long time, not seeing any improvement. At times I would feel well enough, and other times was miserable. So it went on until last October, I felt something terrible creeping over me, I knew not what, but kept getting worse. I can hardly explain my feelings at that time. I was so depressed in spirits that I did not wish to live, although I had everything to live for. Had hysteria, was very nervous; could not sleep and was not safe to be left alone.

"Indeed, I thought I would lose my mind. No one knows what I endured.

"I continued this way until the last of February, when I saw in a paper a testimonial of a lady whose case was similar to mine, and who had been cured by Lydia E. Pinkham's Vegetable Compound. I determined to try it, and felt better after the first dose. I continued taking it, and to-day am a well woman, and can say from my heart, 'Thank God for such a medicine.'"

Mrs. Pinkham invites all suffering women to write to her at Lynn, Mass., for advice. All such letters are seen and answered by women only.

"A Perfect Type of the Highest Order of Excellence in Manufacture."

Walter Baker & Co's



Breakfast Cocoa

Absolutely Pure, Delicious, Nutritious. Costs Less Than ONE CENT a Cup.

Be sure that you get the Genuine Article, made at DORCHESTER, MASS., by WALTER BAKER & CO. Ltd. ESTABLISHED 1780.

HEADACHE

"Both my wife and myself have been using CASCARETS and they are the best medicine we have ever had in the house. Last week my wife was frantic with headache for two days, she tried some of your CASCARETS, and they relieved the pain in her head almost immediately. We both recommend Cascarets." CHAS. SPRENGER, Pittsburg Safe & Deposit Co., Pittsburg, Pa.



Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken, or Gripes. Cure Constipation. Beware of cheap imitations.

HO-TO-BAG Sold and guaranteed by all druggists to GUARANTEE TOBACCO HABIT.

The Only Resource. "Has Rounder lived down his bad reputation yet?" "No; he tried that and failed. Now he is making an effort to live up to it." -Philadelphia North American.

The Vessels of Our Navy. The splendid work of our ships has set many persons not heretofore interested in naval matters to making more or less of a study of ships, armaments, armor, projectiles, and so forth. It is an interesting study, especially at the present time, and "Official Photographs of the United States Navy" is the best and cheapest book on the subject. It contains 192 pages of handsome pictures and descriptive matter, with fine colored maps of the scene of war in both hemispheres, and will be sent by mail postpaid on receipt of twenty-five cents in silver by Chicago Newspaper Union, 93 South Jefferson Street, Chicago, Ill.

Most Acute. She—Yes, it is the province of woman to suffer in silence. He—In silence? That must be suffering, indeed.—Cincinnati Enquirer.

For Washington. The Northwestern excursion to Washington offers a choice of many routes. Before completing your arrangements, call at the Northwestern city office, Security Bank building, Sioux City, Iowa.

No Change. Doctor—Do you sleep well? Patient—No; I'm just as sick when I'm asleep as when I'm awake.—Detroit Free Press.

Hall's Catarrh Cure is a constitutional cure. Price 75 cents

Evidently. "Up in Minnesota a widow wants \$1,000 from a man who hugged her." "Say, she's evidently pressed for money."—Cleveland Plain Dealer.

For lung and chest diseases, Pisco's Cure is the best medicine we have used.—Mrs. J. L. Northcott, Windsor, Ont., Canada.

If men are always judged by their company it's pretty rough on some men who are alone.



Bread Making.

Save one pint of yeast from the last baking. The day before baking cook six large potatoes, put them in a gallon jar and mash. Then put the water the potatoes were boiled in into a jar; also, one tablespoonful of salt and two of sugar and cool to 75 degrees Fahrenheit. Then put in the pint of yeast. This should nearly fill the jar; let this ferment over night. The next morning sift the bread pan two-thirds full of flour, hollow out the center, pour in one quart of boiling water, stirring all the while, and cool with one quart of cold water. After taking out the pint of yeast for next baking pour the remainder into the prepared flour and beat to a stiff batter, cover with flour and set in a warm place, wrapping the whole in a blanket to keep a uniform temperature. Let rise and knead four times, using more flour if needed. Then put the loaves in well greased tin, let rise until quite light; bake for one hour. This should make eight large loaves.—Denver Field and Farm.

Delicious Strawberry Dumplings.

Put one pint of flour into bowl; add to it half a teaspoonful of salt and a teaspoonful of baking powder; rub in carefully a tablespoonful of butter, and add sufficient milk to just moisten. Knead lightly, and roll out into a sheet about a sixteenth of an inch in thickness. Cut with a large round cutter; put three strawberries in the center of each round; fold over the dough, rolling it carefully, so that you can not see the opening; stand in a greased baking pan, brush the top with milk, and bake in a quick oven for fifteen minutes. Serve with strawberry butter, which may be made by beating two tablespoonfuls of butter to a cream and adding gradually one cup of powdered sugar. Add one mashed berry, beat thoroughly, then another and another until you have added at least four good-sized berries. Dish and stand aside to harden as you would any hard sauce.—Ladies' Home Journal.

Asparagus Sauce.

Take one bunch of green asparagus, salt, one ounce of fresh butter, one small bunch of parsley, three or four green onions, one large lump of sugar, four tablespoonfuls of white stock. Break the asparagus in the tender part, wash well, and put them into boiling salt and water to render them green. When they are tender, take them out and put them into cold water; drain them on a cloth till all the moisture is absorbed from them. Put the butter in a stewpan with the parsley and onions; lay in the asparagus, and fry the whole over a sharp fire for five minutes. Add salt, the sugar and white stock, and simmer for another five minutes. Rub all through a tammy, and if not a very good color, use a little spinach green. This sauce should be rather sweet. This is suitable for garnish.—American Cultivator.

Take Care of the Old Newspapers.

Old newspapers form an important item in domestic economy, and are useful for polishing window-glasses, for cleaning lamp-chimneys, for testing and cleaning flat-irons, and for a dozen other things. You will also need heaps of them when you come to pack away the winter clothing. The clothes-moth, like other evil-doers, has an aversion to printer's ink. An excellent moth-proof bag may be made of two thicknesses of newspaper, with the edges folded as if for an inch-wide hem, and securely pasted. Bags of the same kind are about the best thing you can use for keeping seeds and dried herbs. They are dust and insect proof, and can be labeled and hung in the store-room until needed.

Baked Stuffed Onions.

Select large onions as near of a size as possible; peel them, cover with boiling salted water and simmer for ten minutes. Drain, scoop out the center of each onion and fill the cavity with cold minced meat of any kind, highly seasoned and moistened with beaten egg and a very little melted butter. Place the onions closely together in a baking pan, baste with a little butter and bake in a moderate oven until tender and browned, basting occasionally with butter. Prepare separately one-half of a cupful of nice brown sauce, and the scooped-out centers after chopping very fine, season highly and pour round the onions before serving.

Cold Tomato Pickle.

To one-half peck ripe tomatoes, pared, chopped fine and drained two hours, add one quart vinegar, and allow it to stand until the rest of the ingredients are made ready. Measure out one cupful onion, chopped fine, one cup sugar, one cup white mustard seed, two tablespoonfuls black pepper, one tablespoonful cinnamon, one of cloves, one teaspoonful mace, two or three heads of chopped celery, one small red pepper, one cupful grated horseradish, one cupful nasturtium seed and one-half cup of salt. Stir together and bottle without cooking.

Crust for Raisin Pies.

(This crust may be used for all pies with jelly.) Boil lard, good and fine, in water; add a much excellent dripping as there is lard; there must not be much of either. When still hot, mix it with as much flour as you have calculated will do for your purpose. Make the paste stiff and smooth by kneading, and also by beating it with a rolling pin. When perfectly smooth, put a ball of it by in a cloth till cold, then use.

A GUARDSMAN'S TROUBLE.

From the Detroit (Alix) Journal.

The promptness with which the National Guard of the different States responded to President McKinley's call for troops at the beginning of the war with Spain made the whole country proud of its citizen soldiers. In Detroit there are few guardsmen more popular and efficient than Max R. Davies, first sergeant of Co. B. He has been a resident of Detroit for the past six years, and his home is at 416 Third avenue. For four years he was connected with the well-known wholesale drug house of Farrand, Williams & Clark, in the capacity of bookkeeper. I have charged up many thousand orders for Dr. Williams' Pink Pills for The First Sergeant, Pale People," said Mr. Davies, "but never knew their worth until I used them for the cure of chronic dyspepsia. For two years I suffered and doctored for that aggravating trouble, but could only be helped temporarily. I think dyspepsia is one of the most stubborn of ailments, and there is scarcely a clerk or office man but what is more or less a victim. Some days I could eat anything, while at other times I would be starving. Those distressing pains would force me to quit work. I tried the hot-water treatment thoroughly, but it did not affect my case. I have tried many advertised remedies, but they would help only for a time. A friend of mine recommended Dr. Williams' Pink Pills, but I did not think much of them. I finally was induced to try the pills and commenced using them. After taking a few doses I found much relief. I do not remember how many boxes of the pills I used, but I used them until the old trouble stopped. I know they will cure dyspepsia of the worst form and I am pleased to recommend them.



Dr. Williams' Pink Pills are sold by all dealers, or will be sent post paid on receipt of price, 50 cents a box or six boxes for \$2.50, by addressing Dr. Williams' Medicine Company, Schenectady, N. Y.

USES YANKEE SLANG.

The Emperor of Germany Converses Fluently in the Languages.

It is a singular fact that Emperor William II, who is hated with a venomous hatred by every normally constituted Briton, is, nevertheless, personally quite fond of the English, of their language and literature, of English ways, of British sports, manners, clothes, even of some of the very British prejudices. The Emperor, too, speaks English not only with perfect fluency, but without any German accent, and he has mastered every nicety and every peculiarity of the tongue. In conversation, for example, with the American ambassador, Mr. White, as well as the American attaches, Allen and Niblack, in the course of last winter's entertainments, he used many times, in a jocular manner, such terms and expressions as "getting one's back up," "guy," "fake," etc.—terms rather forcible than elegant, but certainly expressive and thoroughly American—just to show that he knows all about it and duly appreciates it as an original vehicle of expression.

Delude Themselves.

It is a fact little known, but it is the truth, nevertheless, that though England obtained possession of Gibraltar as far back as 1704, the Spaniards to this day contend that they still have their proprietary interest in that mighty fortification, and are not yet conquered. With this idea ever in their mind they have appointed since that date, and still appoint with regularity and persevering conscientiousness, a Spanish governor general of Gibraltar, as often as the office falls vacant. Of course, the British governor is the genuine governor, and the Spanish official never sets foot in Gibraltar; but that little anomaly does not in the least affect the prevailing idea and consequent action of the Spaniards. When about two years ago, the then Spanish "governor" of Gibraltar died—in Spain—he was buried with all the pomp befitting his rank, and with due solemnity his successor was appointed. All of which evidences the density of the dons to grasp the logic of events and proves that though they may "persevere" in their claims, the perseverance is not much to be credited. Probably when they lose Cuba the fiction of a captain general may obtain in like manner. It will be amusing—not dangerous.

Gomez the Cuban Commander.

With numerous sights and scenes connected with naval service, the vessels of the American fleet, and many other interesting war views, is represented in that valuable book of illustrations, "Official Photographs of the United States Navy," together with colored maps showing the theater of war in the West Indies and the Philippines. Send twenty-five cents in silver to Chicago Newspaper Union, 93 South Jefferson Street, Chicago, Ill., and receive the book by mail, post-paid.

Spells Employed by Negroes.

There are numerous harmless "spells" which are regular observances in the lives of the average Southern negroes. Besides the root chewing, the track lifting, etc., they have a love philter of frogs' legs cooked in still water, and the ashes of a bat are powerful enough to keep away a rival or an enemy. To make a dog stay at home they cut off the tip of his tail and bury it under the doorstep. To make a wife obedient they "draw her picture" and hide it in the shingles. Thus, waking or sleeping, there is a constant forcing or counteracting of destiny.

The Danger.

"No," said the confident youth, "I shall not trudge along in the beaten track. I shall not devote my mind to hum-drum duty." "What are you going to do?" asked Senator Sorghum. "I am going to strike away from the beaten path. I'm going to leave footprints on the sands of time." "Well, you want to be careful." "I have energy and ability." "Yes, but you want to be careful, too. Trying to leave footprints on the sands of time has been the cause of a lot of people getting stuck in the mud."—Washington Star.

Woman's Way.

He was telling her the latest scandal. "Stop," she cried, just as she reached the end of the story. "I won't listen to another word."—New York Evening Journal.

Blood-Cleaning.

House-cleaning is a duty in every well-regulated household. People don't wait until the filth becomes painfully apparent, but it stands to reason that in every day use more or less dust or dirt accumulate. It is so with the human blood. From the enormous variety of eatables taken into the stomach, a quantity of useless material is bound to accumulate in the blood and clog the free and wholesome flow in the vessels. Every person should from time to time have a "blood-cleaning" and the best cleanser and blood purifier is Cascarets Candy Cathartic. We recommend them to all our readers.

Map of the Scene of War.

As the conflict progresses and new places and localities are brought within the sphere of operations, the necessity of having a good map constantly at hand is felt by every reader. The valuable new book, "Official Photographs of the United States Navy," contains first-class maps of all the Spanish possessions in which our troops and navy are operating, as well as 192 pages of valuable illustration and matter descriptive of the vessels of the American navy and life aboard ship. Reduced to the distance from England to India nearly 4,000 miles for ships.

Try Allen's Foot-Ease.

A powder to be shaken into the shoes. At this season your feet swell, nervous and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. Over ten thousand testimonials. Try it to-day. Sold by all druggists and shoe stores for 25c. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

For Buffalo.

The Northwestern excursion to Buffalo offers a choice of many routes. Before completing your arrangements, call at the Northwestern city office, Security Bank building, Sioux City, Iowa.

Lightning struck two mules at Elk Point, S. D., and one of them fell on a boy and killed him.

FITS Permanently Cured. No fits or nervousness after first use of Dr. Kline's Great Nerve Restorer. Send for FREE TRIAL BOTTLE and TRUSTEE, DR. R. H. KLINE, L.D.S., 151 Arch St., Philadelphia, Pa.

Gold loses its shine when it is gotten by guilt.

Only Thirty and Gray

How is this? Perhaps sleepless nights caused by grief, or sickness, or perhaps it was care. No matter what the cause, you cannot wish to look old at thirty. Gray hair is starved hair. The hair bulbs have been deprived of proper food or proper nerve force.

Ayer's Hair Vigor

Increases the circulation in the scalp, gives more power to the nerves, supplies missing elements to the hair bulbs. Used according to directions, gray hair begins to show color in a few days. Soon it has all the softness and richness of youth and the color of early life returns. Would you like our book on the Hair? We will gladly send it to you.

Write us! If you do not obtain all the benefits you expected from the Vigor, write the doctor about it. He may be able to suggest something of value to you. Address, Dr. J. C. Ayer Co., Lowell, Mass.

Reduction in Bicycle Prices.

It is said that Western capitalists are contemplating the organization of a company, which hopes to make first-class wheels and sell them as low as \$10. Whether this be true or not, the fact remains that Hostetter's Stomach Bitters is a first-class remedy for the stomach, liver and kidneys. For fever and ague it is a specific.

In the River Llano, in Texas, islands of floating sand are sometimes seen.

Mrs. Winslow's Sore Throat Syrup for Children soothes, cures the gums, prevents inflammation, always pain, cures wind colic. 25 cents a bottle.

Self-respect is the cornerstone of all virtue.—John Herschel.

I Have No Stomach

Said a jolly man of 40, of almost aldermanic rotundity, "since taking Hood's Sarsaparilla." What he meant was that this grand digestive tonic had so completely cured all distress and disagreeable dyspeptic symptoms that he lived, ate and slept in comfort. You may be put into this delightful condition if you will take

Hood's Sarsaparilla

America's Greatest Medicine.



A Beautiful Present

FREE for a few months to all users of the celebrated ELASTIC STARCH, (Flat Iron Brand). To induce you to try this brand of starch, so that you may find out for yourself that all claims for its superiority and economy are true, the makers have had prepared, at great expense, a series of four

GAME PLAQUES

exact reproductions of the \$10,000 originals by Merville, which will be given you ABSOLUTELY FREE by your grocer on conditions named below. These Plaques are 40 inches in circumference, are free of any suggestion of advertising whatever, and will ornament the most elegant apartment. No manufacturing concern ever before gave away such valuable presents to its customers. They are not for sale at any price, and can be obtained only in the manner specified. The subjects are:

- American Wild Ducks, American Pheasant, English Quail, English Snipe.

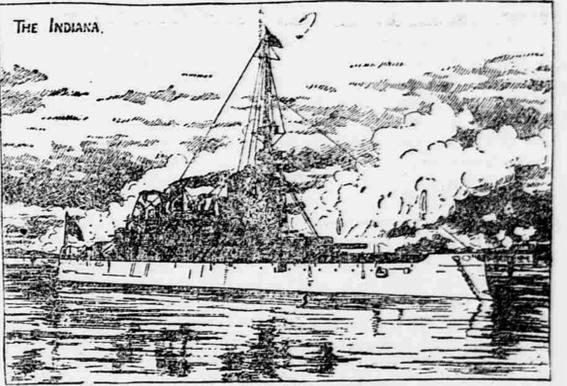
The birds are handsomely embossed and stand out natural as life. Each Plaque is bordered with a band of gold.

ELASTIC STARCH

has been the standard for 25 years. TWENTY-TWO MILLION packages of this brand were sold last year. That's how good it is. ASK YOUR DEALER to show you the plaques and tell you about Elastic Starch. Accept no substitute. How To Get Them: All purchasers of three 10 cent or six 5 cent packages of Elastic Starch (Flat Iron Brand), are entitled to receive from their grocer one of these beautiful Game Plaques free. The plaques will not be sent by mail. They can be obtained only from your grocer. Every Grocer Keeps Elastic Starch. Do not delay. This offer is for a short time only.

"A Handful of Dirt May Be a Houseful of Shame." Keep Your House Clean with

SAPOLIO WAR PICTURES



"THE OFFICIAL PHOTOGRAPHS OF THE UNITED STATES NAVY."

Over 200 views of battleships, gunboats, monitors, torpedo boats, torpedo boat destroyers, cruisers, rams, dynamite cruisers, and other war craft, besides portraits of prominent Army and Navy Officers, including a complete description of the construction, speed, and armament of each boat, together with a large, authentic, colored map of the East and West Indies, by the aid of which the reader can not only form an accurate estimate of our naval strength, but follow the movements of the contending fleets. The work includes over 20 views of the Maine taken before the disaster in Havana harbor, showing portraits of the officers and crew, and supplemented by photographs taken after the explosion, depicting the divers at their work, and other incidents in connection with this sad and memorable event. A souvenir to treasure after the war is over. Remit in silver or by money order.

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CURE YOURSELF! Use Big G for unnatural discharges, inflammation, irritations or ulcerations of mucous membranes. Painless, and not astrin- gent or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for \$1.00, or 3 bottles, \$2.75. Circular sent on request.

PISCO'S CURE FOR BRUISES WHILE ALL ELSE FAILS. Best Cough Syrup. Taste Good. Use in time. JOHN W. MORRIS, WASHINGTON, D. C.

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