IS THIS YOUR STORY?

"Every morning I have a bad taste in my mouth; my tongue is coated; my head aches and I often feel dizzy. I have no appetite for breakfast and what food I eat distresses me. I have a heavy feeling in my stomach. I am getting so weak that sometimes I tremble and my nerves are all unstrung. I am getting pale and thin. I am as tired in the morning as at night."

What does your doctor say?

"You are suffering from impure blood."

What is his remedy?

Ayer's Sarsaparilla

You must not have constipated bowels if you expect the Sarsaparilla to do its best work. But Ayer's Pills cure constipation.

We have a book on Paleness and Weakness which you may have for the asking.

Write to our Doctors.

Perhaps you would like to consult eminent physicians about your condition. Write us freely all the particulars in your case. You will receive a prompt reply.

Address, DR. J. C. AYER, Lowell, Mass.

PIMPLES

"My wife had pimples on her face, but she has been taking CASCARETS and they have all disappeared. I had been troubled with constipation for some time, but after taking the first Cascaret I have had no trouble with this ailment. We cannot speak too highly of Cascarets." FRED WARTMAN, 5708 Germantown Ave., Philadelphia, Pa.

CANDY CATHARTIC **Cascarets** TRADE MARK REGISTERED REGULATE THE LIVER

Pleasant, Palatable, Potent, Taste Good. Do Good, Never Sicken, Weaken, or Gripe. 10c, 25c, 50c.

... CURE CONSTIPATION. ...

Sterling Remedy Company, Chicago, Montreal, New York. 314

NO-TO-BAC Sold and guaranteed by all druggists to CURE Tobacco Habit.

Established 1780.

Baker's Chocolate,

celebrated for more than a century as a delicious, nutritious, and flesh-forming beverage, has our well-known

Yellow Label

on the front of every package, and our trade-mark, "La Belle Chocolatiere," on the back.

NONE OTHER GENUINE.

MADE ONLY BY

WALTER BAKER & CO. Ltd., Dorchester, Mass.

Fish from a Bottle of Ink.

A simple and pretty little trick, that almost anybody might do, is the changing of a glass full of ink into an aquarium. The glass of ink is exhibited to the audience, then a handkerchief is placed over it and immediately removed, showing a glass of water with a fish in it. Of course the water and the fish are there at first. The ink is perfectly represented by a piece of black rubber cloth, laid against the inside of the glass. A bit of thread is fastened to the cloth and hangs over the side of the glass away from the audience, with a little cork at the end of it. When the magician places the handkerchief over the glass he takes hold of the cork and brings away cork, thread and all, hidden in the handkerchief, leaving the water and the fish disclosed.

The Force of Example.

A certain eminent judge who was recently re-elected, when he was asked about the facility with which he turned from one case to another, replied that he had learned that from what he saw at a baptism of colored people when he was a boy. The weather was very cold, so that to immerse the candidates they were obliged to cut away the ice. It befell that when one of the female converts was dipped back in the water, the cold made her squirm about, and in a moment she had slipped from the preacher's hands and was down the stream under the ice. The preacher, however, was not disconcerted. Looking up with perfect calmness at the crowd on the bank, he said: "Brethren, this sister hath departed—hand me down another."

A Musical Queen.

Among royalties Queen Christina of Spain is an accomplished musician. Not only is she a good pianist and a clever violinist, but she composes as well. A lullaby song of her composition, written for her son, is said to be very charming. She is the patroness of the young musicians of the capital. Her ambition is to popularize in Spain the music of the German composers, and to this end she has ordered that the Spanish military bands shall include clasical music in their repertoire.

Our American Policy.

The policy of this country regarding foreign complications seems likely to remain conservative. The Monroe doctrine will be sustained, but patience and prudence in official quarters will restrain public opinion. The wisest and most prudent course for the rheumatic and the malarious is to use Hostetter's Stomach Bitters.

Famous Old Riddles.

Here are a few riddles which amused our ancestors:

Who was Adam's mother?

How many calves' tails would it take to reach from the earth to the sky?

When Antichrist appears in the world what will be the hardest thing for him to understand?

Why do men make an oven in a town?

How many straws go to a goose's nest?

What man getteth his living backwards?

Who killed the fourth part of all the people in the world?

What is the worst-bestowed charity that one could give?

How many persons can furnish answers to all of the above?

Notice of withdrawal before the appointment of a receiver of a building and saving association is held, in Rabbitt vs. Wilcoxen (Iowa), 38 L. R. A. 183, to give no right of priority under by-laws for payment "according to the priority of notice," but also providing that only 30 per cent of the cash receipts of the loan fund for any month should be paid that month. These by-laws are said to contemplate going concerns.

Admiral Dewey.

"The American Navy Illustrated," shows pictures of Admiral Dewey, Fitzhugh Lee, the wrecked Maine, the vessels now composing the American navy, Morro Castle and many others. See adv. columns of this paper.

Improvement in American Physique

A well-known surgeon says that Americans are growing larger and taller, both men and women, and that fifty years hence the average height of the better classes will be well over six feet. The reason is that women, as well as men, are taking to athletics. Formerly the clinging, candy-eating woman was in fashion. She never took any exercise and was small and weak. A small offspring followed. Now the athletic girl has come to stay.

"Brevity Is the Soul of Wit."

Good Wife, You Need

SAPOLIO

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THE STANDARD DICTIONARY is the Latest and the Greatest Dictionary of the English language. Its preparation cost almost a million dollars. It is recognized on both sides of the Atlantic as the perfection of literary endeavor. All scholars and all persons who are familiar with the facts know that it is truly, in fact as well as in name, the Standard Dictionary, and will remain so for many years to come. We are offering this unrivaled work on such liberal terms that no one need be without it. The complete work, in one superb volume, handsomely and strongly inclosed in full sheep binding, elegantly embossed, and having the patent thumb index, can now be had for $12.50 in monthly installments, **$1.50 CASH** with the order and the remaining $11 in payments of $1 each on the first of each month. The Dictionary will be sent by express, prepaid, on receipt of first payment. Write for order form and full information.

UNION DICTIONARY HOUSE, 93 So. Jefferson St., Chicago, Ill.

The Open Fireplace in Summer.

The open fireplace is a regularly recurring summer bugbear. What to do with it, how to ornament it or how to hide its usual ugliness. The illustration gives a hint on the last point. It may be hid, changed into a useful set of shelves with a tiny closet or cupboard in the middle. It would not cost very much to have the shelves made; they will be useful in any room in the house. In the sitting room the center, if fitted with a door, lock and key, would make a nice medicine case, or left with a curtain hanging in front it may hold many things that are to be put out of sight.

FIREPLACE BOOK SHELVES.

The size and quality of the shelves would be regulated by the space they are to occupy and the situation of the room.

The Best Cradle for Baby.

Take a very large bed quilt.. Fold first lengthwise, then crosswise. Tie a half-spool in each corner so it forms a knot. Now tie small-sized but strong rope to each corner and suspend to the ceiling like a hammock; but when hung up the center of the quilt must not be stretched flat, but must hang considerably in the middle. Now place baby in with a pillow under him and a nice, easy one at head, fasten him in, give a good push and start him swinging, and if he is awake and kicks a little it will keep him cooing while you can attend to your washing or other work and know the cradle is rocking. If he is real still it will swing a long time of itself if started. Another advantage is that baby is off the floor and up where it is warmer in cold weather, and can be hung on a porch or somewhere when it is warm, and you don't have to stand right by him and see if a dog is licking his face or cat scratching him, as when he is in a cradle low down on the floor. I have tried this and know it is too good a thing to even allow the finest cradle in the world to be pulled out in my way. After using this babies don't cry to be rocked, but lie still on a bed, if wanted to, and sleep.

House Cleaning.

Yes, M'rilly's bin house cleaning 'n' I'm sleepin' in the shed,
With some buggy robes for kivers 'n' the wash bench for a bed;
There's confusion in the parlor 'n' a heap sight more upstairs.
While I kain't find comfort nowhere fer the varnish on the chairs.

First they tore up all the carpets; then they pulled down all the shades,
Till the place looked like a homestead after one of Moseby's raids;
Next the walls were renervated, 'n' the floors was soaked and scrubbed,
'N' M'rilly bossed the workers as they pounded, shook and rubbed.

Oh, I tell yer, 'tain't so funny when yer eatin' off the shelf,
'N' a feller has to hustle for a place to lay hisself;
Fer the wimen folks mean bizness 'n' they make a feller jump.
Till he's like a pesky camel with a double-action hump.

—Franklin W. Lee.

Spoon Dropcakes.

One cupful of flour, one-half of a cupful of rye meal, one-half of a cupful of cornmeal, one cupful of sugar, two eggs, two tablespoonfuls of molasses, one tablespoonful of melted butter, one sour apple chopped fine, one-quarter of a teaspoonful each of allspice, clove and nutmeg, one-half of a teaspoonful of cinnamon, one cupful of sour milk, one-half of a teaspoonful of soda. Drop by small spoonfuls into smoking-hot fat and cook golden brown.

Beef Broth.

Cut some pieces of lean beef into small pieces, cover with cold water, and boil until the meat comes to pieces; then strain through a colander and let the broth stand until cold. Take off any particles of fat that are on top, season with salt and pepper, and add small squares of toasted bread. Rice, sage and tapioca may be used instead of toast, if preferred. Other meat broths are made in the same manner.

Corn Bread.

One and one-half cups flour, one cup corn meal, one-third cup sugar, one-fourth cup butter, one cup milk, two eggs beaten separately, two teaspoons baking powder. Cream the butter and sugar together, add yolks, then milk, then corn meal, then flour, to which the baking powder has been added, and lastly the beaten whites.

Favorite Muffins.

One cup sweet milk, one egg, the yolk and white beaten separately, one teaspoon sugar, one teaspoon salt, one teaspoon baking powder, piece of butter the size of an egg, two cups flour. Bake in muffin rings.

A SCHOOL GIRL'S BATTLE.

From The Mail, Milford, Ind.

Miss Emma Rybolt, a prepossessing school girl, of Milford, Ind., is of more than usual intelligence, and is ambitious to rise in the literary world.

"In the fall of 1896," said Mrs. Rybolt, "Emma was taken ill. She was a close student and her work began to tell on her. She grew weak, pale and nervous, and complained of pains in her back, chest and limbs. The doctor said she was a victim of nervous prostration, and should have been taken from school weeks earlier. She grew worse, her nerves were so tense that the least noise irritated her and she had a fever and a continual twitching in her muscles. The symptoms were much like St. Vitus' dance.

Her Battle.

"A year passed, and, under a change of physicians, Emma became somewhat better but soon was as bad as ever. One day I read of a case similar to hers which was cured by Dr. Williams' Pink Pills for Pale People and I decided to try them.

"Emma had no faith in proprietary medicines, but decided to try the pills. It was about the first of April when she began, and by the middle of May, after taking about eight boxes, she was entirely cured.

"While ill she lost twenty-eight pounds, but now weighs more than ever before. Her nerves are strong and she is in perfect health. We are all confident that Dr. Williams' Pink Pills for Pale People cured her, and I cheerfully recommend them in all similar cases.

"MRS. E. A. RYBOLT."

Subscribed and sworn to before me, this third day of September, 1897.

CALEB BAKER, Notary Public.

These pills will cure all diseases arising from a poor and watery condition of the blood, will build up a run down system and are a specific for paralysis, locomotor ataxia and other diseases long regarded as incurable.

Funerals Conducted on Skates.

About fifty miles south of Berlin, in the Spreewalde, on the borders of Bohemia, funerals on the ice are of no uncommon occurrence. Every one is perfectly at home on skates. So the young men, skating, take the ropes attached to the sleigh on which the coffin is borne; the old men, women and children follow, skating behind. The skates used are old-fashioned in character, tied with string. The men wear black coats and hats on such occasions, but the women vary their costume with white hats, scarfs, and aprons. In Iceland the same mode prevails except that snow-shoes are used in lieu of skates. In Venice, all bodies are conveyed in boats to certain islands in the Adriatic, used as cemeteries. In Kamtchatka the dead are drawn to their graves on sleighs by dogs.

Shake Into Your Shoes

Allen's Foot-Ease, a powder for the feet. It cures painful, swollen, smarting feet and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight-fitting or new shoes feel easy. It is a certain cure for sweating, callous and hot, tired, nervous, aching feet. Try it today. Sold by all druggists and shoe stores. By mail for 25c in stamps. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Another Relic of Pompeii.

Another Roman villa has been dug up at Boscoreale, on the slopes of Vesuvius, near Pompeii, where the great find of silver ornaments was made two years ago. The walls are covered with beautiful frescoes, chiefly landscapes and marines. One represents a bridge over a river, with an angler fishing with a line. Four wine jars were in the cellar and seven skeletons have been found in the excavation.

The Best Book

Illustrating the American navy, $1.50. See adv. in another column.

Largest Room.

The largest room in the world under one roof and unbroken by pillars is at St. Petersburg. It is 620 feet long by 120 feet in breadth.

THE DUTY OF MOTHERS.

Daughters Should be Carefully Guided in Early Womanhood.

What suffering frequently results from a mother's ignorance; or more frequently from a mother's neglect to properly instruct her daughter!

Tradition says "woman must suffer," and young women are so taught. There is a little truth and a great deal of exaggeration in this. If a young woman suffers severely she needs treatment and her mother should see that she gets it.

Many mothers hesitate to take their daughters to a physician for examination; but no mother need hesitate to write freely about her daughter or herself to Mrs. Pinkham and secure the most efficient advice without charge. Mrs. Pinkham's address is Lynn, Mass.

The following letter from Miss MARIE F. JOHNSON, Centralia, Ill., shows what neglect will do, and tells how Mrs. Pinkham helped her:

"My health became so poor that I had to leave school. I was tired all the time, and had dreadful pains in my side and back. I was also troubled with irregularity of menses. I was very weak, and lost so much flesh that my friends became alarmed. My mother, who is a firm believer in your remedies from experience, thought perhaps they might benefit me, and wrote you for advice. I followed the advice you gave, and used Lydia E. Pinkham's Vegetable Compound and Liver Pills as you directed, and am now as well as I ever was. I have gained flesh and have a good color. I am completely cured of irregularity."

ROOFING The best Red Rope Roofing for 1 ct. per sq. foot, caps and nails included. Substitutes for Plaster. Samples free. The Fay Manilla Roofing Co., Camden, N. J.

Another Kansas Wonder.

There is a salt vein in Kansas at a depth of 900 feet containing, according to a local statistician, enough salt to salt the world for a million years.

"The American Navy Illustrated"

Is the most popular book of the day. See adv. on this page.

Whenever Whittier had an inspiration he would go to a corner of his room and kneel while reducing his thoughts to words.

Hall's Catarrh Cure

Is a constitutional cure. Price 75 cents.

There are over a hundred female students now at the University of Berlin, as against thirty-five last year.

My doctor said I would die, but Piso's Cure for Consumption cured me.—Amos Kelner, Cherry Valley, Ill., Nov. 23, '95.

The speed of our fastest ocean steamers is now greater than that of express trains on Italian railways.

Mrs. Winslow's SOOTHING SYRUP for Children teething; softens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

Why isn't a girl's figure her fortune instead of her face?

Uncle Sam Says: This is **America's Greatest Medicine.** It will Sharpen Your Appetite, Purify and Vitalize Your Blood, Overcome That Tired Feeling. Get a bottle of Hood's Sarsaparilla and begin to take it TODAY, and realize the great good it is sure to do you.

Hood's Sarsaparilla

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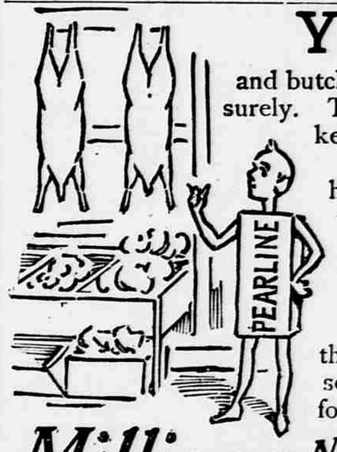
"IRONING MADE EASY"

This starch is prepared on scientific principles by men who have had years of practical experience in fancy laundering. It restores old linen and summer dresses to their natural whiteness and imparts a beautiful and lasting finish. It is the only starch manufactured that is perfectly harmless, containing neither arsenic, alum or any other substance injurious to linen and can be used even for a baby powder.

For sale by all wholesale and retail grocers.



Your market

and butcher shop ought to use **Pearline**, surely. There's no place that needs to be kept cleaner.

There's no place that's half as hard to keep clean. Soap and water is of no use at all. It takes **Pearline**, and nothing but **Pearline**, to keep down the general greasiness.

How many places you see, where the whole shop and fixtures in it seems to be fairly crying out for Pearline! 551

Millions NOW USE Pearline

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(Fourth Edition)

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The Only Pictorial Work Giving a Full and Authentic Account of the United States Navy.

THE dimensions of each vessel, horse-power of her engines, number and size of guns, speed, date of construction, etc., are given in language shorn of technical expressions, so that even a novice can comprehend its meaning and form a good idea of the execution each vessel could do.

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