Catarrh in the Head

Suffered With It for Five Years, but Hood's Sarsaparilla Cured.

"I had catarrh in my head and suffered with it for five years. I was also troubled with weakness. I have taken Hood's Sarsaparilla and it entirely cured the catarrh, built up my system and did me a great deal of good." W. E. MELLOWAY, Columbia, Missouri. Remember

Hood's Sarsaparilla

Is the best—in fact, the One True Blood Purifier.

Hood's Pills cure sick headache. 25c

A Fatal Interruption.

Pruyn—Did you ever really know a man to be cured of a disease by a patent medicine?

Fields—Well, I can't ezactly say 's I ever did. I knowed one man t' take it reg'lar fourteen years, an' et mought o' cured him, but jess then th' goldurned patent expired!

How's This?

We offer One Hundred Dollars Reward for any case of catarrh that cannot be cured by taking Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last fifteen years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligations made by their firm.

West & Truax, Wholesale Druggists, Toledo, O.
Walding, Kinnan & Marvin, Wholesale Druggists, Toledo, Ohio.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75c per bottle. Sold by all Druggists.

Dead Easy.

He—If I were to kiss you would you call for help?

She—What makes you think you would need help?

Shake Into Your Shoes

Allen's Foot-Ease, a powder for the feet. It cures painful, swollen, smarting feet, and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight-fitting or new shoes feel easy. It is a certain cure for sweating, callous and hot, tired, aching feet. Try it to-day. Sold by all druggists and shoe stores. By mail for 25 cents, in stamps. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

If you married your wife because she was a good cook instead of a musician, try to make yourself believe that the plates rattling in the dish pan is a Wagnerian overture.

California?

If you're going to California, before making your arrangements, write for all information as to rates, etc. to H. C. Cheyney, General Agent, Sioux City, Iowa. One way or round trip tickets via any route.

Dr. Ramachandravya, a converted Hindoo priest, is preaching in Tremont Temple, Boston, and is attracting considerable attention.

Piso's Cure for Consumption is our only medicine for coughs and colds.—Mrs. C. Belta, 439 8th ave., Denver, Col., Nov. 8, 1895.

More than 5,000 copies of Capt. Mahan's "Life of Nelson" have been already sold in England.

Dandruff forms when the glands of the skin are weakened, and if neglected, baldness is sure to follow. Hall's Hair Renewer is the best preventive.

Censure is the tax a man pays to the public for being eminent.—Swift.

Send for Glenn's Sulphur Soap if troubled with an eruption or an abrasion of the skin.
Hill's Hair and Whisker Dye, black or brown, 50c.

Cupid steals base every time lovers look at the moon.

Mrs. Winslow's Soothing Syrup for Children teething; softens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

Some people save money by not paying their bills.

SOCIETY'S ENDLESS CHAIN.

Aspects of Life Altered by Our Growing Interdependence.

Some have imagined that the pressure upon the city might be relieved and the miseries of the slum modified by removing families to unoccupied lands and teaching them to engage in agriculture, and steps have been taken in this direction. But those who expect to solve or even to simplify the problem by this method fail to appreciate the profound change which has come over the world's industry during this century, by which it has ceased to be individual and has become organized; a change which is destined to exert more influence on material conditions and on the social, intellectual, moral and spiritual life of man than did the discovery of America, the invention of gunpowder, or the art of printig. Doubtless this transition is the most important material change which has ever taken place in the history of the race. It has separated as by an impassable gulf the simple, homespun, individualistic life of the world's past from the complex, closely associated life of the present and of the world's future.

In the age of homespun, which, for most of our population, reached well on toward the middle of this century, the typical farmer could not only till his own soil, but build his own house, make his own furniture, and many of his own tools. His wife could take the wool as it came from the sheep's back, dye, cord, spin and weave it, and then make it into a coat for her husband That is, they could together do in a rough way work which now represents ten or a dozen trades. Their wants were simple, and most of them they could supply with their own hands Such a couple could have raised a family in comparative comfort if they had been alone on the continent. They were practically independent of the whole world.

The organization of industry has changed all this. In it was involved the division of labor. The work of one trade was divided between a dozen or twenty machines, each fed by a different man and each department dependent on all the others. Moreover, great branches of industry have become linked together in a kind of endless chain of interdependence, so that one link can not move far unless the other links move with it.—North American Review.

"Esq."

In Paris, as well as in some other parts of the world, there are men of fashion who aim to do everything as the English do it. A foppish Frenchman, who knew no English, but nevertheless called himself a "gentleman," went so far in his Anglomania as to write "Esq.," after the names of men to whom he wrote letters, on the backs of the envelopes. By and by a friend asked him what this meant.

"Why, the English do it," the other answered.

"Yes, but what does 'esq.' mean?"

"Why, you see, the English are of a very cold temperament, and admire cold things, and 'esq.,' which means Esquimau, is a great compliment!"

Gold was known much earlier than silver, and was at first the cheaper of the two metals, but the price of silver was lowered by the discovery of silver mines in Cilicia, Spain and Laurium.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise DR. R. H. KLINE, Ltd., 931 Arch St., Philadelphia, Pa

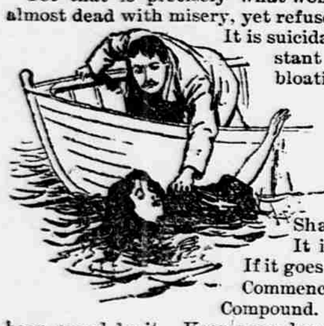
The British empire has an area of 11,400,000 square miles and a population of 400,000,000. The British empire is six times as extensive as that of ancient Rome in its palmiest days.

NEGLECT IS SUICIDE.

Plain Words From Mrs. Pinkham, Corroborated by Mrs. Charles Dunmore, That Ought to Bring Suffering Women to Their Senses.

If you were drowning and friendly hands shoved a plank to you, and you refused it, you would be committing suicide!

Yet that is precisely what women are doing if they go about their homes almost dead with misery, yet refuse to grasp the kindly hand held out to them



It is suicidal to go day after day with that dull, constant pain in the region of the womb and that bloating heat and tenderness of the abdomen, which make the weight of your clothes an almost intolerable burden to you. It is not natural to suffer so in merely emptying the bladder. Does not that special form of suffering tell you that there is inflammation somewhere?

Shall I tell you what it is?

It is inflammation of the womb!

If it goes on, polypus, or tumor, or cancer will set in.

Commence the use of Lydia E. Pinkham's Vegetable Compound. Thousands of women in this condition have been cured by it. Keep your bowels open with Mrs. Pinkham's Liver Pills, and if you want further advice, write to Mrs. Pinkham at Lynn, Mass., stating freely all your symptoms—she stands ready and willing to give you the very best advice. She has given the helping hand to thousands suffering just like yourself, many of whom lived miles away from a physician. Her marvelous Vegetable Compound has cured many thousands of women. It can be found at any respectable drug store.

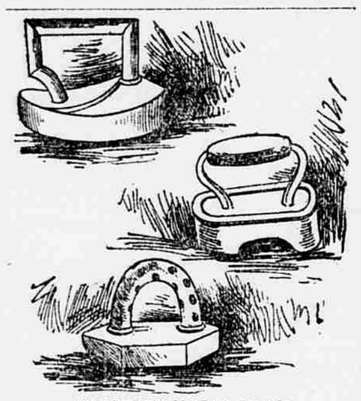
MRS. CHARLES DUNMORE, 102 Fremont St., Winter Hill, Somerville, Mass., says: "I was in pain day and night; my doctor did not seem to help me. I could not seem to find any relief until I took Lydia E. Pinkham's Vegetable Compound. I had inflammation of the womb, a bearing-down pain, and the whites very badly. The pain was so intense that I could not sleep at night. I took Lydia E. Pinkham's Vegetable Compound for eight months, and am now all right. Before that I took morphine pills for my pain; that was a great mistake, for the relief was only momentary and the effect vile. I am so thankful to be relieved of my sufferings, for the pains I had were something terrible. I am, indeed, very grateful for the good Mrs. Pinkham's remedies have done me."

Bear in Mind that "The Gods Help Those Who Help Themselves." Self Help Should Teach You to Use

SAPOLIO

Polishing Linen.

The secret of laundry polish lies at much in the skillful manipulation of the polishing iron as in the preparation of the starch. No starch polish is of any value if it is not properly applied and there is no gain in the use of a starch polish unless it is properly brought out with a polishing iron These small irons are usually nickel plated and cost from $1 to $2. They should be light in order that they may be used rapidly. An exchange illustrates three varieties of polishing irons, all of which have their advocates. A polishing iron with a "heel" or a tipped up end is very desirable, because all the force of the work can be concentrated on a small portion of the linen at a time and thus bring out the polish. The Chinese worker usually lays a damp cloth over his linen and then passes the iron over it. He applies the damp cloth and iron again and again, with the skill of an expert worker, until the linen has a gleaming polish. One-half a bosom is done at a time. Skillful laundresses shape collars with an iron and do not require a "form." Some American laundresses dampen bosoms to be polished with a wet cloth instead of laying the cloth over them, but it does not give as good results. In all cases the worker prefers to have the starched bosom dry before beginning to iron it.



THREE POLISHING IRONS.

How to Detect Dampness.

If you suspect a room is damp shut it up completely, hermetically closing doors, windows and any crevices through which air could enter. Then place a kilogramme of fresh lime in the room, leaving it uncovered in some prominent place. In twenty-four hours the apartment can be again entered and the lime carefully weighed. If it is found to have absorbed more than ten grammes of water, that is, more than 1 per cent. of moisture, the room must be regarded as decidedly damp and unhealthy for a living room.

To Thicken Milk.

Although every housewife knows to her cost how promptly milk can curdle and thicken when one least expects it to do so, this never seems to happen when sour milk is required, but only at the most inconvenient times! It is, however, possible to thicken milk "to order," as it were, and that at twenty-four hours' notice. Add to the remains of the milk of the day before a small quantity of fresh milk and in the aforementioned time it will have thickened sufficiently for every practical purpose.

A Good Paste.

A strong paste that can be really depended upon to do its duty well is made as follows: In half a quart of warm water dissolve a small teaspoonful of alum, and when it cools add enough flour to make it into a thin paste. Stir it till smooth, then add a pinch or so of powdered resin and pour on to the paste half a cupful of boiling water. When well mixed and thickened turn into a receptacle with a cover and store in a dry corner of a cupboard. When required for use soften a small quantity with warm water.

Chocolate Cake.

Melt a little of the best chocolate in a small saucepan, with only enough boiling water to dissolve it; then stir into the icing and spread between the layers and on top. Some persons lay walnut meats at intervals on the top, slightly pressing them down into the icing to keep them firm.

Bits About Cooking.

Marc Anthony gave the cook who prepared the banquet he gave in Cleopatra's honor a city. Julius Caesar paid his cook $4,000 a year.

France is called the cradle of good cooking, but Athens was the home of the best cooks that the world ever knew. Athenius called the cooks the first race of kings.

Empress Josephine ate most of her meals in her own apartment and rewarded the cook who prepared them with magnificently embroidered shawls, thread laces, hats that cost $50 apiece and silk slippers that sold for almost as much second-hand.

Cooking is largely a matter of taste, but the best cooks in the land to-day are negroes. Our own Southern colored women are real cordon-bleus; the black cooks of Cuba are peerless, and no traveler who has visited Constantinople or Algeria would take a chef if he could get a Moor.

Napoleon's table manners were very bad. He not only ate with his fingers but put them into the dishes in serving himself; made as much noise as a suction pump in drinking, ate with doggish rapacity, finished the biggest meal in less than twenty minutes and expected everybody to follow him when he left the table.

Give Us Rest.

This is the prayer of the nervous who do not sleep well. Let them use Hostetter's Stomach Bitters and their prayer will be speedily answered. Insomnia is the product of indigestion and nervousness, two associate ailments, soon remedied by the Bitters, which also vanquishes malaria, constipation, liver complaint, rheumatism and kidney complaints.

Housed in a Steeple.

The only man in the United States who lives in a church steeple is Hezekiah Bradds, the sexton of the Baptist church at Westport, a suburb of Kansas City, says the Times of that town. The room is small, scarcely larger than a dry-goods box. It is just under the bells. In that tiny room he cooks, eats and sleeps. Through the small windows that furnish light in the daytime he can see a portion of Kansas City. Above his head the swallows twitter as they fly in and out through the lattice work. In his small room are a bed, a dresser, a tiny stove and a table.

He has been sexton of the church for several years, and has occupied this room in the steeple since his wife left him. Some years ago he married a widow with a grown son. The son proved a bone of contention, and, after numerous quarrels, the wife left her husband, taking the furniture with her. Then the church trustees suggested that Mr. Bradds move into the little room beneath the bells. Church members furnished the room comfortably, and since then Mr. Bradds has lived a lonesome life.

Cider Drinkers in Maine.

The abundance of water this summer has not caused any decrease in the rural consumption of old cider. The abundance of apples last fall put cider barrels at a premium. Many farmers declare that two barrels of cider are as much help as an extra man in haying time. Up in Canaan one man is said to have drunk five barrels since last fall, but he promptly takes a back seat when a Cornville citizen asserts he has consumed eight barrels in the same time.—Augusta Journal.

Antipathy to Monopoly.

The anti-monopolistic sentiment in this country is not a modern idea. In 1777 Massachusetts passed an act entitled "to prevent monopoly and oppression."

All About a Crab.

Is a crab an animal? The case is being argued before the Calcutta High Court, where a native woman is charged with cruelty to animals by breaking the crabs' legs and backs to show purchasers the quality of the meat within the shell. The defense is that the crab does not come under the act which forbids the torture of an "animal or domesticated bird."

A bushel of corn makes four gallons of whiskey, which retails for $16. Out of this the Government gets $3, the railroads $1, the manufacturer $4, the vender $7, the farmer 40 cents and the drunkard gets the delirium tremens.

The Worry of It.

The world has come to know that the muscles have much to do with the health of the system, and the era of athletics has so developed them that the whole man is a stronger being than in former years. But the worry of it all is that the muscles are of the flesh, fleshy. A little twist, or slip, or jerk—these happen in all work—and then a sprain Sprains disable and are costly in time and money, but not if St. Jacobs Oil is used, for it cures surely and promptly and the worry of it is over.

The woman who whips her little boy hardest for stealing birds' eggs often has the most feathers in her hat.

AN OPEN LETTER To MOTHERS.

WE ARE ASSERTING IN THE COURTS OUR RIGHT TO THE EXCLUSIVE USE OF THE WORD "CASTORIA," AND "PITCHER'S CASTORIA," AS OUR TRADE MARK.

I, DR. SAMUEL PITCHER, *of Hyannis, Massachusetts, was the originator of* "PITCHER'S CASTORIA," *the same that has borne and does now* Chas. H. Fletcher *on every bear the fac-simile signature of* Chas. H. Fletcher *wrapper. This is the original* "PITCHER'S CASTORIA," *which has been used in the homes of the mothers of America for over thirty years.* LOOK CAREFULLY *at the wrapper and see that it is the kind you have always bought* Chas. H. Fletcher *on the and has the signature of* Chas. H. Fletcher *wrapper. No one has authority from me to use my name except The Centaur Company of which Chas. H. Fletcher is President.*

March 8, 1897. Samuel Pitcher M.D.

Do Not Be Deceived.

Do not endanger the life of your child by accepting a cheap substitute which some druggist may offer you (because he makes a few more pennies on it), the ingredients of which *even he* does not know.

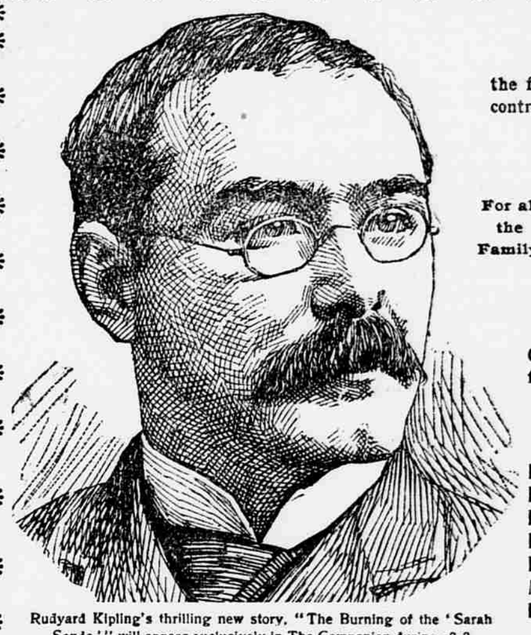
"The Kind You Have Always Bought"

BEARS THE FAC-SIMILE SIGNATURE OF

Chas. H. Fletcher.

Insist on Having The Kind That Never Failed You.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.



Rudyard Kipling's thrilling new story, "The Burning of the 'Sarah Sands,'" will appear exclusively in The Companion during 1898.

Rudyard Kipling,

the famous story-writer, is only one of many celebrated contributors engaged to write for the next volume of

For all the Family. **The Youth's Companion** 52 Times A Year.

To show the varied strength and charm of The Companion's original features for 1898, we give the following partial list of

Distinguished Contributors.

Right Hon. W. E. Gladstone	W. D. Howells
Hon. Thomas B. Reed	Mme. Lillian Nordica
Hon. Justin McCarthy	Mrs. Burton Harrison
Hon. George F. Hoar	Octave Thanet
Lieut. Peary	Mary E. Wilkins
Max O'Rell	Margaret E. Sangster
Frank R. Stockton	Harriet P. Spofford

And Fully Two Hundred Others.

Gold Embossed Calendar Free to New Subscribers.

This Calendar is published exclusively by The Youth's Companion and could not be sold in Art Stores for less than $1.00. It consists of three folding parts, each a true reproduction of charming group pictures. ☞ *See Important Offer.*

FREE ...TO... **Jan. 1898.**

NEW SUBSCRIBERS who will cut out this slip and send it at once, with name and address, and $1.75, will receive:
FREE—The Companion every week from the time subscription is received till January 1, 1898.
FREE—Thanksgiving, Christmas and New Year's Double Numbers.
FREE—The Companion Art Calendar for 1898, a production superior to any of the famous pieces of Companion color-work of previous years. It is a beautiful ornament and a costly gift. Size 10 x 24 in. *Free to New Subscribers.*
And The Companion Fifty-Two Weeks, a Full Year, to January 1, 1899. H 57

Illustrated Prospectus of the Volume for 1898 and Sample Copies of the Paper Free.

THE YOUTH'S COMPANION, 201 Columbus Avenue, - - BOSTON, MASS.

TOWER'S FISH BRAND

POMMEL SLICKER

The Best Saddle Coat.

Keeps both rider and saddle perfectly dry in the hardest storms. Substitutes will disappoint. Ask for 1897 Fish Brand Pommel Slicker—it is entirely new. If not for sale in your town, write for catalogue to A. J. TOWER, Boston, Mass.

$10 PAYS FOR A 5-LINE advertisement 4 TIMES in 100 high-grade papers in Illinois, guaranteed circulation 100,000—or, we can insert it 3 TIMES in 1,450 country papers for **$100**

SEND FOR CATALOGUE.

Chicago Newspaper Union, 93 South Jefferson Street, Chicago, Ill.

FREIGHT PAID on orders of 2,000 sq. ft. of Roofing or Wall and Ceiling Manilla. Write for samples and prices. The Fay Manilla Roofing Co., Camden, N. J.

Trade Mark. BIG G. CURES in 1 to 5 days. Guaranteed not to stricture. Prevents contagion. THE EVANS CHEMICAL CO. CINCINNATI, O. U. S. A. $1.00

CURE YOURSELF! Use Big G for unnatural discharges, inflammations, irritations or ulcerations of mucous membranes. Painless, and not astringent or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for $1.00, or 3 bottles, $2.75. Circular sent on request.

S. C. N. U. 45-97

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

Some time ago a dressmaker of my acquaintance spoke with me about a mass of disfiguring pimples, very inflamed and angry looking, which had broken out on her face and around the corners of her mouth. She had been poisoned, she said, by biting off the ends of colored sewing silks used in connection with her work. The pimples had increased in size and unsightliness and had become a source of much distress and annoyance. I recommended Ripans Tabules for a trial, and for several weeks she took them three times a day according to directions. At first the Tabules proved to her, by throwing to the surface more pimples than she had originally, that her blood was badly out of order. Persevering in the use of Ripans Tabules the eruption gradually disappeared, and now not a vestige of the disorder remains. A more ardent indorser of Ripans Tabules than she it would now be hard to find. They are worth their weight in gold to any one similarly affected.

A new style packet containing TEN RIPANS TABULES in a paper carton (without glass) is now for sale at some drug stores—FOR FIVE CENTS. This low-priced sort is intended for the poor and the economical. One dozen of the five-cent cartons (120 tabules) can be had by mail by sending forty-eight cents to the RIPANS CHEMICAL COMPANY, No. 10 Spruce Street, New York—or a single carton (TEN TABULES) will be sent for five cents.