

SOUTH ASHLAND

Mrs. Ivan Armstrong

Timmy, Valerie and Debbie Smith spent Sunday with the Peter Stander family, their parents Mr. and Mrs. Neal Smith joined them for the evening and were supper guests at the Stander home.

Mr. and Mrs. Earl Mansfield and Mrs. Lyndall Watson called on Mrs. Samuel Metheny in Lincoln, Friday.

Mr. and Mrs. Ivan Armstrong had supper Wednesday with Mr. and Mrs. C. B. Dean in Lincoln.

Harry Allen and grandson of Lexington were Sunday afternoon callers at the Cecil Stander home.

Mr. and Mrs. George Bornman Jr. and family of Lincoln were Sunday supper guests of Mr. and Mrs. George Bornman.

Mr. and Mrs. Irvin Hauschild, Billy and Betty of Manly spent Thursday evening with Mr. and Mrs. Harold Buel.

Mr. and Mrs. Earl Ueberrhein and Lyle spent Friday evening with Mr. and Mrs. John Fox.

Mr. and Mrs. Arley Barger were Sunday dinner guests of Mr. and Mrs. Elmer Carlson and Mrs. Amy Gilbert, in Ashland.

Mr. and Mrs. Gerald Stark and Billy of Omaha were visiting at the Adolph Fedde home Saturday.

Mr. and Mrs. Fred Martin and family had Sunday dinner at the Willis Martin home.

Mr. and Mrs. Orville Hightshoe spent Thursday evening with Mr. and Mrs. Ray Bower, Mr. and Mrs. Guy Stickney of Waverly were Sunday supper guests of Mr. and Mrs. Bower.

Mr. and Mrs. Earl Dramer of Alvo spent Thursday evening with Mr. and Mrs. Bert Roger.

Mr. and Mrs. Leland Krecklow and Sharon of Lincoln were Sunday supper guests of Mr. and Mrs. A. W. Rau.

Orville Sandy of Greenwood spent Sunday afternoon with Mr. and Mrs. Harold Richards.

Mr. and Mrs. John Fox visited at the Raymond Judds home in Lincoln, Sunday evening.

Mr. and Mrs. Fred Rueter of Alvo ate dinner Saturday with Mr. and Mrs. Dewey Moore, Dewey W. and Richard.

The South Ashland Women's club will meet Wednesday afternoon March 25 with Mrs. Harry Bricker.

Miss Jo Anne Kellogg was honored with a miscellaneous shower, Friday evening, at the home of Mrs. Leonard Roebber, assistant hostesses were Mrs. Harry Farmer, Mrs. Henry Klipp, Mrs. Clarence Willis, Mrs. Lyle Bailey, Mrs. Dewey Moore and Mrs. Glen Keetle. There were twenty guests present to enjoy the evening with th honored one, who received many nice gifts.

Mrs. Mable Bennett and Ned Bennett of Winnetoon and Don Bayzen of Creighton spent Friday and Saturday with Mrs. Bennett's sister, Mrs. Art Box, Mr. Box and Milton.

Mr. and Mrs. Bruce Sowards of Valley were Tuesday dinner guests of Mr. and Mrs. Roy Keller, they called on Mr. and Mrs. Orie Sowards and family, in the afternoon.

John W. Laughlin suffered a stroke at his home Sunday afternoon and was taken by ambulance to Bryan Memorial hospital in Lincoln, his son Arthur is at his bedside most of the time.

Mr. and Mrs. Harry Massie of Broken Bow and her sister Mrs.

Floy Chapman of Arcadia, Calif. were Friday dinner guests of their cousins, Mr. and Mrs. Harold Richards. In the afternoon Mr. and Mrs. Richards and their guests went to Lincoln and visited at the Glen Fosnot home.

Mrs. Edna Russell of Fremont, Mrs. Nora Thurston and Mr. and Mrs. Omar Yardley were Monday evening dinner guests of Mr. and Mrs. Arley Barger.

Mrs. A. W. Rau spent Monday and Tuesday with her daughter Mrs. Leland Krecklow and Mr. Krecklow in Lincoln, she also called on her brother Dave Campbell, at the Chester Campbell home in Lincoln.

Mr. and Mrs. Bert Rager attended the funeral of Mrs. Ed Craig at Alvo Thursday afternoon, later they called on Mr. and Mrs. Pete McGinness.

Mr. and Mrs. Kenneth Martin and Louis were Wednesday evening visitors at the Fred Martin home. Faye Hightshoe spent the weekend with her sister, Mrs. Fred Martin.

Mr. and Mrs. Jim Whitacre and Mr. and Mrs. El Gaudreault were Thursday supper guests of Mr. and Mrs. Malvin Willes and Terry.

Mr. and Mrs. Earl Mansfield and Mr. and Mrs. Lyndall Watson, Dick and Jack prepared a birthday dinner and took it to the home of Mrs. Mansfield's mother, Mrs. Willa Weldon, to help her observe her 96th birthday. Sunday, Mrs. Weldon's granddaughter and name sake, Mrs. Watson baked the birthday cake, which was served in the afternoon.

Mr. and Mrs. Earl Dramer, and Mr. and Mrs. Jake Dougherty and daughters of Alvo spent Wednesday evening at the Adolph Fedde home.

Seven ladies of the Friendly Neighbors Extension club enjoyed a "Mother's Day Out" Wednesday, they went to Lincoln and had dinner at a King's restaurant and attended a show in the afternoon.

Mr. and Mrs. Dale Rager of Wann and Mr. and Mrs. Henry Klipp went to Fairmont Sunday and had dinner with Mr. and Mrs. La Vern Klipp and little sons.

Mr. and Mrs. Kenneth Graham and family spent Sunday afternoon with Mr. and Mrs. Charles M. Graham in Lincoln, Mr. and Mrs. Merrill Stewart were also visitors at the Graham home.

Charles Zink of Sioux City spent the weekend with Mr. and Mrs. Roy Keller, the group visited at the Darold Miller home near Ceresco, Saturday afternoon.

Mr. and Mrs. Gus Streich and Mr. and Mrs. Carl Kuppe were Sunday afternoon visitors at the A. F. Haase home.

Food Sense—Not Nonsense



A Pitch for Snacks

It takes a skillful pitcher to throw three balls across the plate for a strike out, whether he be major, minor, or little leaguer. In the nutrition league, you make a pitch for a similar feat when you limit yourself to three meals a day.

Because many of us do not call into play good meal-planning strategy, three meals may not be enough to strike out the desire for food and meet the need for calories, vitamins, minerals, proteins. Hence, the wisdom of the well-planned coffee break or the television tidbit... the snack that satisfies and carries its quota of essential nutrients. As long as you balance the amount of food you eat with the amount of energy you spend, snacking is good mealtime strategy.

That a four- or five-meal day can result in eating more of the essential foods is shown in a Montana State University study. When preschool children ate a midmorning snack, they were able to increase their intake of nutrients.

Preschoolers, little leaguers, and teenagers alike have a double-header need for food to meet the demands of growth and activity. Adults, too, need innings for replenishing energy stores. Well-planned snacks fill these needs.

Weight-worriers who use good snack strategy take advantage of the convenient lay-away plan... laying away part of the regular meal until later. No matter what the plan, make sure the foods that cross your plate include enough: Enriched or whole grain bread or cereal, fruits and vegetables, milk, meat or an alternate.

"Fortified Fun," Recalls Pioneers Of Elmwood

The following concerns a poem dedicated to an Elmwood man. (Dedicated to Dudley Leavitt, the memory of Sodom College and days of youth.)

Often the joys of being among kids of those epochal times we were young

Visits me yet as memory stays Those grandiose vacations, but grander school days.

The marbles, the swimming, the racing and all

The fun of vacation till school in the fall

Fell-silenced the rooms where always it looked

If fun we would have it had to be booked

Lo, "Sodom" was named a school in the wood

And "College", the school, as proudly it stood

Near a trickling stream in that timberland run

Booking Dud, with the other kids — fortified fun! William A. Clark

Miles City, Montana, March 9, 1959
The Journal.

Composing of the poem, "Fortified Fun," was included as part of a Christmas letter (1958) to Dudley Leavitt, now of Elmwood, where he grew up in that vicinity and was a fine boyhood friend of the writer. (Until her incapacity and late passing, Mrs. Leavitt was correspondent for The Journal.) I was brought up in the village, spent many years under John A. Clements with the Leader-Echo and succeeded him as publisher upon his decease. Was forced from the business by contracting printers' TB.

The verses were most casually conceived; however, the incidence of my presence at the very inspirational spot with Dud, only a couple of years ago as we arrived in my car near the now-empty site, wrote much upon my heart-strings as the facial expression of my old friend merged suddenly and softly his sorrow-cast observance that "my old school has disappeared" — not knowing until then whether it had or not. Yes, the old school houses are razed and gone, but as long as memory shall cherish the happy days these centers contributed to youth, Sodom College among them, there is

Apartment Service" called "The Call to Witness" in which Mrs. Beverly Herman, Mrs. Martha Exline and Mrs. Cleora Courtney were readers.

It was voted to give \$5 to the Red Cross, and plans were made to hold a food sale at Meredith's Store.

President reported that Mrs. Bulaah Sanford had recently been elected to serve as district vice president.

Mrs. Fae Morton and Mrs. Kenny Hoback and a group of their Camp Fire girls attended morning services at the Methodist Church last Sunday. The girls sang "In the Garden". Guest ministers were Rev. Shanklin and Rev. Clint Resser of Central City.

Rev. Resser preached the morning sermon. Rev. and Mrs. Embree really had a very drowsy trip to Union Sunday morning as the pavement was icy covered.

still a vivid reminder of school teacher belling her wards from play in the school yards of yesterday. My own school was in Elmwood only a couple of miles up the creek, but I had visited the vicinity of this earliest-day Nebraska school many times in quest of cottontails, squirrels, bullheads or whatnot, always negotiating thickets and rough terrain on foot.

As one neared the vicinity of this institution of early learning the staccatoed echo of high-pitched notes quite often boosted the cheer of an eventide stillness as inviting weather pleasantness gave rise to the exuberant melodies of yodeling supervised by the "graduated" Tyson boys, quite likely to carry from their home beyond the precincts of Sodom College where those same boys had their district schooling, as well as to alert neighbors such as the Gygers, the Clarkes (spelled with an "e"), the Hollenbecks, et al. (L. A. Tyson Elmwood druggist, was at one time a Plattsmouth resident and county clerk, as was also W. E. Rosencrans, barber extraordinary and early resident contemporary of the same village.)

Happiness was a rife inheritance of the countryside commensurate with a peoples' moves when lumber wagons served the only real joy rides, by the load or otherwise, as well as filling the needs of heavy transport peculiarly of sole resort during that period. The school edifice, ever bearing the sobriquet, Sodom College, was one erected by some Nebraska's earliest pioneers, doubtless of the more readily available log construction, a supply ever-present for the economic expedience of the time.

Bess Streeter Aldrich, writing in her novel, "The Lantern In Her Hand", makes Sodom College the school for a young couple freshly settled among the earliest pioneers of what was to be the Elmwood vicinity when the eastern part of territorial Nebraska had few of the makeshift buildings such as would serve the educative purposes of their offspring. The setting most surely represents a hallowed counter-spot for the archives of memory, pictures of such scenes serving best those who have had contacts with the long ago — and how I would like to have a picture of the school herein of special mention!" — W. A. C.

South Bend

Mrs. Jess Fidler
Phone Ashland 4-8646

The Red Cross Card party held Friday evening at the town hall was well attended and around \$35.00 was taken in. High prizes went to Mrs. Oscar Dill and Frank Mills of Sutton. Low prizes to Mrs. Art Lindell and Joe Gustin, both of Murdock. Mr. Gustin also won the door prize.

Mrs. Oscar Dill and Mrs. Edward Kelly attended the County Extension Council meeting at Weeping Water Monday afternoon. Plans for the coming year were discussed, including a Spring Tea to be given in May.

Connie Boldan was a Friday overnite guest of Betty Lou Meisinger.

South Bend school children with their parents and teachers enjoyed a Roller-skating party at the Gay-Way at Ashland Friday evening.

Mr. and Mrs. Bernard Dill and Bernie, accompanied by Mrs. Vyril Livers attended the Sports Show in Omaha Thursday evening.

Mr. and Mrs. B. E. Grady were Saturday dinner guests at the Bill Rosencrans home.

Mrs. Roger Kuhn and Viki visited Mrs. Raymond Carnicle and daughters Thursday afternoon.

Mr. and Mrs. Leonard Parrish and Leon were Thursday evening guests of Mr. and Mrs. Bill Otto and son at Ceresco.

Mr. and Mrs. Ed Kearns and family of Papillion spent Sunday afternoon and evening with Mr. and Mrs. James Wiszmann Terry Jo and Billy.

Mr. and Mrs. Jesse Fidler were dinner guests of Mr. and Mrs. Sherman Willis at Omaha Thursday evening. The group visited Oscar Laughlin of Ashland at the Methodist hospital who had major surgery the week before.

Charles Dodds of Omaha is visiting this week with the Glenn Kuhn family.

Edward Kelly was a victim of the flu and was confined to his bed over the weekend.

Mrs. Richard Manion of Lincoln called on friends in town

Friday, Mrs. Manion is the former Carol Brunner of Auburn and taught in the South Bend school several years.

Mrs. Clyde Haswell of Murdock spent Saturday with her parents Mr. and Mrs. J. L. Carnicle. Mr. and Mrs. Tom Carnicle and family were Sunday visitors.

Jerome Streight of Omaha spent Saturday overnite with his parents Mr. and Mrs. Jason Streight, due to the snow storm.

Mr. and Mrs. Emanuel Boldan and family visited Henry Ball at Ashland Friday.

Mr. and Mrs. Clyde Haswell were guests of Mr. and Mrs. James Wiszmann and family Thursday evening.

George Harper of Atchison, Kansas was a Thursday and Friday evening visitor at the Bernard Dill home.

Mr. and Mrs. Jimmy Ewing and children of Ashland were Monday evening dinner guests of Mr. and Mrs. Val Gene Ewing and family. The Ewing family have been living at Denver but have recently moved to Ashland.

Sunday dinner guests of Mrs.

Vyril Livers were Mr. and Mrs. Bernard Dill and boys.

Sunday visitors at the Roy Richards home in honor of their 46th wedding anniversary were: Messrs. and Mmes. Jerry Holz and son, Paul Holz and daughter, Hugh Vargas and sons, Bill Haynie and family, Bill Richards and family, Gene Richards and daughter, Jerald Treasway, all of Springfield, Miss Donna Haynie also of Springfield.

Mr. and Mrs. Forrest Richards of Lincoln, and Mr. and Mrs. W. L. Richards of Havelock.

Mr. and Mrs. Robert Lackey and family of Fremont were Sunday dinner guests of Mr. and Mrs. Glenn Thiessen.

A WORLD RECORD

Keele, England — Seventeen students from North Staffordshire University College packed themselves into a telephone booth and claimed a world record.

Manchester University students previously crammed 16 into a booth.

HARE — HARE!
Here's Good News, Straight From The Easter Bunny

EASTER NEED NOT BE EXPENSIVE!!

If you do not have the necessary cash to buy a new outfit... Remember... we can make last year's dress or suit look like it was fresh from the store.

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- BASEBOARD.** This can be installed as a wall or baseboard unit. Gentle, draft-free heat radiates naturally to all areas of the room.
- FORCED WARM AIR.** This type is usually mounted in walls or ceiling — is ideal for basement playrooms or workshop areas.

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