

EDITORIALS

Heart Disease, a Killer

Heart disease is rapidly becoming the chief cause of death in the United States, being far ahead of cancer, the second on the list of diseases which kill the greatest number of people in the United States every year.

Concerning heart disease, a recognized authority reports that coronary sclerosis is sometimes called the "disease of the intelligentsia" because of the susceptibility of physicians, bankers, lawyers and clergymen. The characteristics of the disease, including the hardening of the nerves, ligaments and blood vessels around the heart, and its incidence, is highest among those who do mental work and lowest among those who do manual labor.

The Plattsmouth Journal naturally hesitates to attempt any conclusion from these observations, but, apparently, the disease attacks individuals who are prone to forget the importance of physical exercise while consuming their energies in the anxiety of mental worries. It would therefore appear that, somewhere along the line of popular education in this country, the physical nature of man has been neglected.

If this is true, and we believe it is, we might save the lives of future professional men in this community by stressing athletic interests during childhood, with the hope that, when these individuals reach maturity, they will have sense enough to continue what has been wisely begun.

Down Memory Lane

20 YEARS AGO
A number of Plattsmouth people were at Omaha to enjoy the San Carlo opera company in the presentation of "Carmen". Among those attending were Misses Ruth Patton, Edith Solomon, Pearl Dorothy Glock, Christine Soennichsen, Ruth Colby, Mrs. Flora Colby, Mrs. L. W. Egonberger, John Bauer Sr., David Fowler, Theodore Ptak, one of the city mail carriers

is taking an enforced vacation due to a fall from a saw horse. He was standing on the "horse" to nail some boards on the ceiling of the playroom when he fell and injured an ankle. — Frank Kozak died in the Clarkson hospital at Omaha just two days following the death of the wife here. — Miss Nellie Rainey was honored guest at a birthday party at her home on Winter-steen hill. Games were played and prizes won by Joe Highfield, Mary Jean Hatt, Charlotte Palmer. Those present were: Albert Richards, Joe Highfield, Jimmie Blunt, Keith Dashner, Greeley Stones, Lavern Rice, Lars Larson, Ruth Gaines, Mary Jean Hatt, Rachael McMaken, Georgia Stones, Nora Shafer, Charlotte Palmer and the guest of honor, Nellie Rainey — Residents of the community have been attracted by the sound of ducks flying low over the city on their migration toward the northland — Robert M. Painter has been selected as republican candidate for councilman in the third ward to fill the vacancy caused by the withdrawal of Elmer Sundstrum. He will oppose Arnold Lillie, democrat — L. O. Minor of this city, for twenty-five years superintendent of the Platts-mouth Water Co., has been promoted to be manager of the Kankakee, Ill., Water company, owned by the West interests owner of the Plattsmouth plant. The family has been very prominent here in their years here.

30 YEARS AGO
Great masses of heavy ice moving down the Platte river massed west of the wagon bridge at Louisville and despite the dynamiting of the ice floes a little over one bent of the bridge on the north side was carried out. The ice is measuring from 36 to 40 inches. The Missouri Pacific bridge was also forced several inches out of line by the pressure of ice. Watchmen are being kept at the railroad bridges on the Platte north of Plattsmouth to warn of the possible visitation of the huge ice floes from the west. The Missouri river at this point is still closed and a jam at the mouth of the Platte feared. Ashland is fearful of ice in the Platte causing damage at Salt Creek is flooding and may bring very serious results — Travel between this city and Omaha that had been broken by high water over the Pappio bottoms has been resumed.



"My wife's got a temporary job working in town."

FIRST LUTHERAN CHURCH
11th and Washington Ave.
Plattsmouth, Nebraska.
Carlton C. Spatzek, Pastor
Sunday: 9 a.m. Worship service, 10:15 a.m. Sunday school, 7 p.m. Walter League Roller skating party.
Wednesday: 7:30 p.m. Midweek Lenten service. Guest speaker will be the Rev. R. Boerger. His topic will be "The Cross . . . A Sign of Agony."
Thursday: 7:30 p.m. Ladies Guild.

PLATTSMOUTH COMMUNITY CHURCH
516 Main Street
Geo. L. Smith, Pastor
David E. Ashby, Assistant
Sunday: 9:45 a.m. Sunday school, 11 a.m. Morning worship, 6:30 p.m. CYC & Youth Fellowship.
Wednesday: 7:30 p.m. Evening service.
Wednesday: 7:45 p.m. Prayer meeting.
Thursday: 8 p.m. Women's Missionary Society monthly meeting.

FIRST PRESBYTERIAN CHURCH
Seventh Street & Second Ave.
Plattsmouth
Keith Delap, pastor
Sunday: 9:45 a.m. Church school, 11 a.m. Divine service, 3 p.m. Communicants class for young people.

FIRST BAPTIST CHURCH
N. 9th and Ave. E
Pastor - Rev. Gene R. Swim
Phone: Church 9284, Home 7211
Earl Carr, Sunday School Supt.
Sunday: 9:45 a.m. Sunday school, 10:50 a.m. Morning worship. Speaker, Rev. Alford Pratt, missionary from Wisconsin.
6:30 p.m. Bible youth fellowship.
7:30 p.m. Evening services. Speaker, Rev. Kenneth Mitchell, missionary from Brazil.
Wednesday: 7:30 p.m. Bible study and praying meeting.
8:30 p.m. Choir practice.
Friday: 4 p.m. Jr. youth choir practice, 7:30 p.m. Film "Kid Buck" at Grace Baptist church, 10th and Arbor, Omaha.

NEHAWKA E. U. B. CHURCH
Rev. Ivan Kilpatrick, pastor
Sunday: 9:45 a.m. Worship service, 10:45 a.m. Church school, Youth fellowship each Sunday evening.
The Pastor's Class in catechetical instruction began with a good attendance. Please bring your Bible, a pencil and an inexpensive notebook.
IMMANUEL LUTHERAN CHURCH
Eagle, Nebraska
E. H. Prange, Pastor
Sunday: 9 a.m. Sunday school, 10 a.m. Worship.
Wednesday: 7:30 p.m. Lenten service.

LOUISVILLE METHODIST CHURCH
Donald J. Webster, Minister
Sunday: 9:30 a.m. Church school, 10:30 a.m. Worship service, 7:30 p.m. Youth Fellowship will attend the "John Wesley Film" at Ashland Methodist church.
Tuesday: 7 p.m. Intermediate youth fellowship.
Wednesday: 7 p.m. Chancel choir.

ST. LUKE'S EPISCOPAL CHURCH
Plattsmouth
Sundays: 11 a.m. Holy Communion, 11 a.m. Church school.

RE-ORGANIZED CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
Library Auditorium
Elwin L. Coolman, pastor
Friday: 9:30 a.m. District meeting of Women's departments of Omaha Central church, 36th and Burt.
Sunday: 9:45 a.m. Church school, 11 a.m. Church service. Guest minister, District president Alma Andrews.

IMMANUEL LUTHERAN CHURCH
Lyle R. Mueller, pastor
Sunday: 9:30 a.m. Sunday school, 10:30 a.m. Worship hour, 6:30 p.m. Walter league.
Wednesday: 7:30 p.m. Mid-week Lenten worship.
8:30 a.m. Adult group.
Thursday, March 19: 8 p.m. Board of Elders.
Friday, March 20: 8 p.m. Church council.
Saturday, March 21: 9 a.m. Saturday school.

ST. PAUL LUTHERAN CHURCH
Weeping Water
Lyle R. Mueller, pastor
Sunday: 8:30 a.m. Worship hour, 9:30 a.m. Sunday school.
Tuesday: 7:30 p.m. Mid-week Lenten worship.
8:30 p.m. Young married group.
Saturday, March 21: 9 a.m. Saturday school at Immanuel.

TRINITY LUTHERAN CHURCH
Mo. Synod
John F. Boerger, Pastor
Murdock, Route 1, Nebr.
Sunday: 9:30 a.m. Sunday school and Bible class, 10:30 a.m. English service. Visitors are welcome.

EAGLE TRINITY LUTHERAN CHURCH
Rev. F. L. Cress, Pastor
Sunday: 9:45 a.m. Worship services.
Thursday: Trinity aid meeting, first Thursday afternoon of the month.

FIRST CHRISTIAN CHURCH
No. 8th and Ave. C.
J. W. Taenzler, Pastor
Sunday: 9:45 a.m. Bible school, Twelve classes invite all ages, 10:45 a.m. Communion and sermon, The Day of Suffering and Sacrifice. We invite all people of Christian Faith to Commune with us each Sunday.

Wednesday: Ladies meet all day to quilt.
Friday: 7:30 p.m. Missionary Circle with Mrs. P. F. Rihn.

UNITED PRESBYTERIAN CHURCH
Murray, Nebraska
Joseph L. Barr, Pastor
Sunday: 10 a.m. Church school, 11 a.m. Morning worship.

GREENWOOD METHODIST CHURCH
Sunday: 9 a.m. Morning worship, 10 a.m. Church school.

PLATTSMOUTH BAPTIST MISSION
Of The First Southern Baptist Church of Bellevue Lions Clubrooms
Everett J. Hawn, preacher
Sunday: 9:45 a.m. Sunday school, 11 a.m. Morning worship, 6:45 p.m. Training union, 8 p.m. Evening worship.
Wednesday: 8 p.m. Prayer meeting.

BOA GETS NEW HOME
Buffalo — Frank May, who unloads bananas from freight cars, recently came face to face with two little beady eyes peering over a stalk. Behind the eyes was a 3-foot boa constrictor. The Buffalo Museum of Science, which had no boa, was delighted. It added the snake to its collection. Boas are not poisonous but they can give a nasty squeeze.

A Classified Ad in The Journal cost as little as 50 cents.

LOANS!!
• For Taxes
• For Spring Expenses
• For Any Purpose
Loans Made in Nearby Towns
AMERICAN LOAN PLAN
530 Main Street
(Opposite Soennichsen's)
Phone: 3213

OMAHA . . .
is your Market—
RALSTON . . .
is your Commission Firm!
Let These Men Handle Your Next Shipment

★ CATTLE Bob Nordell Martin Johnson Irvin Risley	★ HOGS Bill Delahery Dick Vaughn	★ SHEEP Charley Coyle Harold Reid
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OFFICE—George Fischer
RALSTON LIVESTOCK COMMISSION CO.
Livestock Exch. Bldg., Omaha
Telephone . . . MARKET 0518

Church News

ELMWOOD ST. PAUL E.U.B. CHURCH
F. C. Ebinger, Minister
Sunday: 10 a.m. Sunday school, 11 a.m. Morning Worship.
MURDOCK EMMANUEL E.U.B. CHURCH
F. C. Ebinger, Minister
Sunday: 9:30 a.m. Morning worship, 10:30 a.m. Sunday school.

UNION METHODIST CHURCH
Rev. Arthur L. Embree, Pastor
Sunday: 9:30 a.m. Worship service, 10:30 Church school.
Wednesday: 7 p.m. Choir rehearsal, 8 p.m. Methodist youth fellowship.
ST. PAUL'S EVANGELICAL & REFORMED CHURCH
G. E. Seybold, Pastor
Sunday: 9:15 a.m. Sunday School, 10:30 a.m. Church services, Passion Sunday.
Monday: 7:30 p.m. Married couples club in church parlors.
Tuesday: Women's Guild Circle meeting in church parlors. Circle 1, 7:30 p.m. Hostesses: Mrs. Donald Betns, Mrs. Ben Speck, Mrs. Ed. Steppat; Circle 2, 7:30 p.m. Hostesses: Mrs. J. E. Meisinger, Mrs. Frank Bierl, Mrs. Joe Lo-

per; Circle 3, 1 p.m. Hostesses: Mrs. Fred Lugsch, Mrs. Darrel Nolte, Mrs. Ann Roberts.
Wednesday: 7:30 p.m. Mid-week Lenten service.
8:20 p.m. Choir practice.
Saturday: 9:30 a.m. Confirmation class.

CHRISTIAN SCIENCE SOCIETY
6th St. & Second Ave.
Plattsmouth, Nebr.
Sunday: 11 a.m. Morning Service, 11 a.m. Sunday school.
The public is welcome. How reliance on God's inexhaustible goodness brings abundance will be emphasized Sunday at Christian Science services.

CHRIST LUTHERAN CHURCH
On the Plattsmouth-Louisville Road
A. B. Lentz, pastor
Thursday Nite: Choir practice.
Sunday: 9:30 a.m. Sunday school, 10:30 a.m. Services, 8 p.m. Mr. and Mrs. Club.
Tuesday: Church and yard cleaning day.

FIRST CHRISTIAN CHURCH
Louisville
Wayne Anderson, Minister
Sunday: 10 a.m. Church school, 11 a.m. Worship and song service.
Communion every Sunday.

FIRST BAPTIST CHURCH
N. 9th and Ave. E
Pastor - Rev. Gene R. Swim
Phone: Church 9284, Home 7211
Earl Carr, Sunday School Supt.
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News about the New Rockets!



1959 OLDSMOBILE DYNAMIC 88 2-DOOR SEDAN—Here is Oldsmobile's breath-taking "Linear Look" beauty at its lowest price. The Dynamic 88 2-Door Sedan puts big-car comfort and new "Glide" Ride within easy reach of cost-conscious buyers. Best news of all: its spirited Rocket

Engine is equipped with Econ-O-Way Carburetor and new 2-stage automatic choke for improved fuel economy! See your local authorized Oldsmobile quality dealer. He'll show you how easy it is to step up to an Olds Dynamic 88 2-Door Sedan—the Rocket that fits your pocket!

CASS COUNTY MOTOR COMPANY, 607 1st. AVE.

PUBLIC SALE

Having decided to move to town, I will sell the following described items at the farm located 10 miles west of Plattsmouth and 7 miles East of Louisville, Nebr., on . . .

Monday, March 16, 1959

TIME 1 P. M.
Lunch served on the grounds.

20 HEAD of CATTLE 20

- 7 White face cows, 1 with calf at side, others to freshen soon.
- 4 Red second calf cows
- 1 yellow 2nd calf cow
- 6 heifer calves, weight 300 to 500 lbs.
- 1 steer calf, 400 lbs.
- 1 bull calf, 400 lbs.

CHICKENS — 50 White Rock Pullets — CHICKENS

MACHINERY & EQUIPMENT

- 1-1953 IHC Super M tractor
- 1-H M 238 Cultivator
- 1-H M 46 Lister
- 1-4 Row Rotary Hoe
- 1-Case 4 bar Hay Rake, (On Rubber)
- 1-No. 52 McCormick wagon running gear
- 1-Case wagon running gear
- 1-Flat rack & gear
- 1-36 ft. Buster Brown corn elevator
- 1-Stan Hoist wagon hoist
- 1-1958 John Deere No. 10A Hammer Mill on wheels
- 1-2 cow electric De Laval cream separator, with motor
- 1-McCulloch model 33 chain saw
- 1 wire roller
- Some Steel posts
- 3 rolls barbed wire

ABOUT 200 Bushels of Oats

TERMS — Cash, Day of Sale

WILL COOK, Owner

Rex Young & Ed Morris, Auctioneers

Plattsmouth State Bank, Clerk