

New President Export-Import Bank a Native

A Plattsmouth native has been appointed to an important post in world banking circles. He is Samuel C. Waugh of Lincoln, now assistant secretary of state for economic affairs, who has been appointed president of the Export-Import Bank effective Oct. 1 by President Eisenhower.

A Republican, Mr. Waugh will succeed Maj. Gen. Glen E. Edgerton, who resigned. Formerly executive vice-president of the First Trust Company at Lincoln, Mr. Waugh was appointed assistant secretary of state for economic affairs in 1953.

Omaha Livestock Market Paces Field

With sharply increased cow and replacement cattle numbers in the run, Omaha livestock supply Monday handily paced the field.

The stocker and feeder run exceeded 6,000, yet prices were steady to firm, numerous replacement steers at \$18-\$21, latter for yearling stock steers. Slaughter livestock values generally pointed lower. Fat cattle were steady to mostly 25c lower, instances 50c off. Cows sold 25-50c lower, \$8.50-\$12.50. Butcher hogs were 25c lower, some lightweights 50c off, and sows steady to 25c lower. Butchers weighing 160-300 brot \$16.75-\$17.50, sows weighing 230-550 \$12.75-\$16.25. Spring slaughter lambs were 50-75c lower.

Among recent sales at Omaha for shippers from Cass County were Glenn Miller, 21 hogs wt. 213, \$17.50; Wesley D. Cook, 13 sows, wt. 231, \$16; Joe Puls, 30 steers, wt. 1280, \$22.75; Victor Ross, 46 hogs, wt. 191, \$16.90.

Cass County's Greatest Newspaper The Plattsmouth Journal

We're Taking This Space to Tell You . . .

WE ARE MOVING!

We Will Be Closed Mon. - Tues. - Wed. August 29 - 30 - 31

We Will Be OPEN SEPT. 1

At 505 Main St. (Formerly Johnson's Mkt.)

GROVE JEWELRY

School Will Begin Monday at Avoca

AVOCA — School will open here Monday, Aug. 29, it has been announced by school officials. Don Yocum will return as superintendent of schools. High school faculty will be Spencer Lezer, Dick Bush and Mrs. Jane Sullivan.

Grade school faculty will be made up of Mrs. Esther Anderson and Mrs. Leta Wicoxen. Superintendent Yocum said that the school may play some baseball as a fall sport.

ASC Election In September Is Announced

Election of county and community committeemen for the Stabilization and Conservation Service in Cass county is slated for September, it has been announced by Neil Munkres, manager for the Cass county ASC committee at Weeping Water.

A county election board composed of the county agricultural agent, Soil Conservation Service work unit conservationist; Farmers Home Administration representative and a representative of the Farmers Union, has appointed a community election board in each precinct (each precinct in Cass county is designated as a community) composed of three farmers, one of whom was designated chairman. The community election board will select a slate of ten eligible nominees for the precinct elections.

In addition to the nominees selected by the community election board there will be on the slate of nominees the names of eligible persons who are willing to serve and whose names have been presented to the chairman of the community election board not later than Sept. 4, the date set for the election by petition signed by ten or more eligible voters.

Chairmen of the community boards are as follows: Avoca, John Baier, Jr.; Center, Cyrus Livingston; East Rock Bluff, Robert Rea; Elmwood, Donald Rikli; Eight Mile Grove, Hugo Meisinger; Greenwood, Dan Neben; Liberty, Cecil Klein; Louisville, Ervin Albert; Mount Pleasant, Roy Enkelkemier; Nehawka, Boyd Mayfield; Plattsmouth Don Born; Salt Creek, Harold Kellogg; South Bend, Paul Reinke; Stove Creek, Walt Oehlerting; Tipton, Wayne Weyers; Weeping Water, Mark Hohman; West Rock Bluff, Henry Hobscheidt.

Mail ballots will be sent to eligible voters on Sept. 9, and ballots delivered to the county office must be received no later than 3 p.m. Sept. 16. If eligible voters fail to receive a ballot by mail, they come into the Cass County ASC Office in Weeping Water and cast their ballot in person.

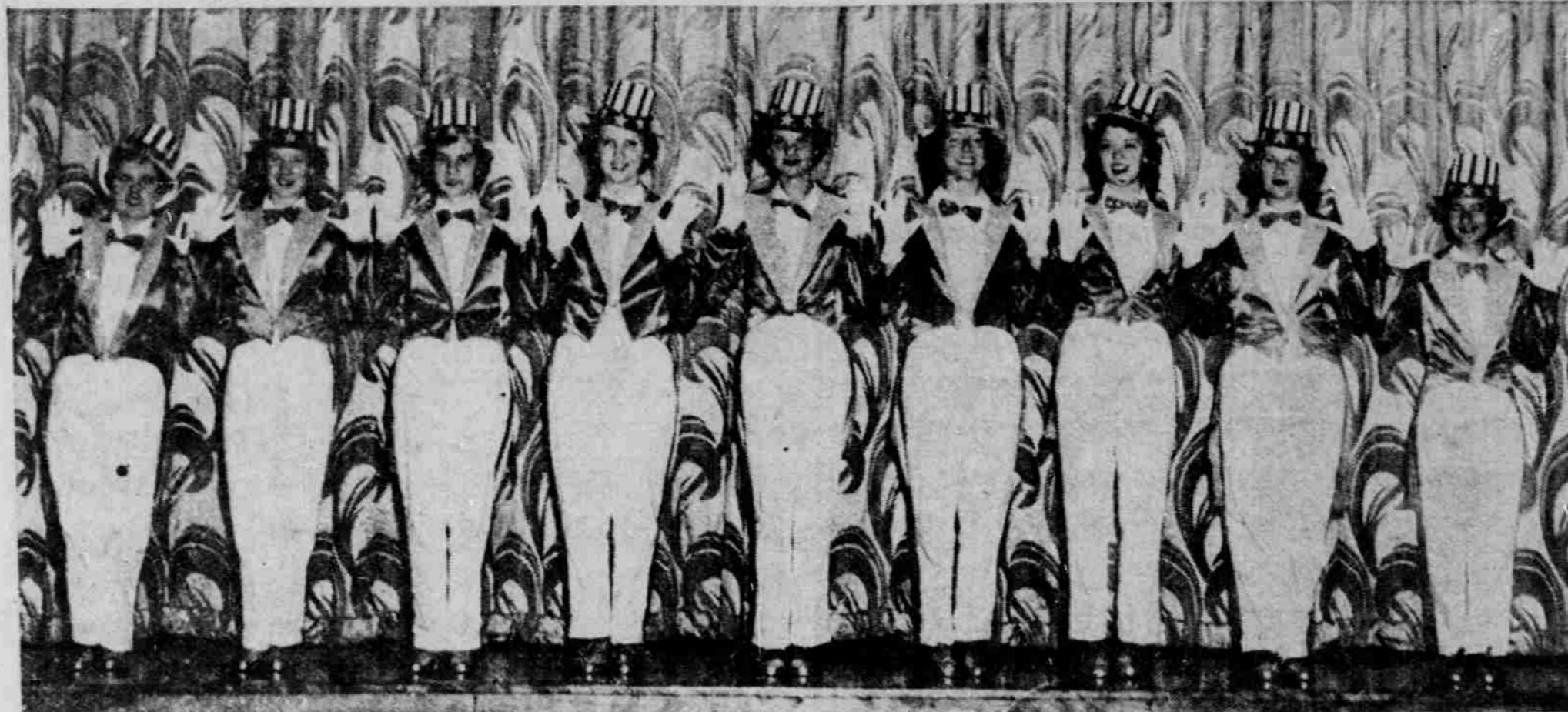
Drivers Licenses Ready on Sept. 1

Starting Sept. 1, car drivers have 60 days to get renewal on their operators license at the Cass county treasurer's office at Plattsmouth.

Needed for the license is the old license, properly signed, plus a fee of \$2. The item may be had by mail by furnishing these same things but enclosing a self-addressed, stamped envelope.

Minors, 16 to 20 years of age, may get a license good for two years, the same as adults, until Sept. 18 when a new law goes into effect which will cost drivers in that age group \$1.50 for a probationary license good for one year.

Thrifty Stitchers Win Again in 4-H District



This row of girls make up an outstanding 4-H Club dance group. They are the Thrifty Stitchers of Plattsmouth who won the third time last Saturday in the district contests. They are led by Mrs. Chet Wiles, assisted by Mrs. Ed Ernst. In this photo, from left, Pat Carr, Katherine Ptak, Donna Ernst, Lois Gopen, Nancy Painter, Rosemary Nelson, Janice Wiles, Ann Winscot and Sally Amato.—Journal Photo.

Talk of the Town

By Mrs. Sophia Wolever — Phone 241

Mr. and Mrs. Arthur Ingersoll of Nashville, Tenn. and Mrs. Willa Smiley of Pickstown, So. Dak. were Monday visitors with I. James Hall, Elbert Wiles, and the Searl Davis homes. Dr. Ingersoll is head of the Chemistry department at Vanderbilt University, and Mrs. Smiley is a teacher in the Pickstown, So. Dak. schools. Mrs. Ingersoll and Mrs. Smiley are daughters of the late Wm. N. Minford, and formerly lived at Elmwood.

Mr. and Mrs. Leslie Niel, Jr., and family who have been here as guests of their parents, Mr. and Mrs. Les Niel, have returned to their home at Central City, Nebr., where Leslie Niel, Jr., is an instructor in the schools.

Houseguests at the home of Phil Haldiman is his mother, Mrs. C. Haldiman of California, Mo. She was honored at a dinner Wednesday in observance of her birthday by Phil Haldiman and a daughter, Mrs. L. A. Johnson, of Omaha.

Mr. and Mrs. Glen Daniels returned Monday from a visit at Trinidad, Colorado.

Rev. and Mrs. Erwin Kell and family returned Wednesday from a vacation in Colorado.

Mr. and Mrs. Raymond Fuller and family returned Tuesday from a vacation in Colorado.

Mr. and Mrs. Carl Sell are vacationing in South Dakota.

Mr. and Mrs. De Forest Perry left Saturday for a vacation in Minn., Wisc., and Canada.

Mr. and Mrs. Robert Benoit, of Lafayette Louisiana arrived for a ten day visit with Mr. and Mrs. Paul Long, parents of Mrs. Long.

Lindy Wolever is conducting football work-out this week at Silver Creek, Nebr., where he will be high school coach and teach Science.

Mrs. Carl Meisinger entered the Clarkson hospital in Omaha. Mr. Meisinger who was in the hospital has been released.

Major Wil Nowinski, former resident of Plattsmouth, was a caller at Journal Wednesday. He is again assigned to headquarters at SAC, Offutt Air Force Base.

Mr. and Mrs. Leonard Brothers of Nebraska City, were visiting here Wednesday with Mrs. Sam Arn and children at the Garfield Dunning home.

Mrs. Sybil Hetrick, spending the summer in Colorado, writes that the weather is nice and cool, and she is enjoying visiting with friends in Colorado Springs and Arvada.

Returning home Tuesday from a visit with Lieut. and Mrs. John Raffensberger in Salina, Kansas, was Mrs. Lester Edwards, the former Pat Hadraba, who is a guest of her parents, Mr. and Mrs. John Hadraba.

Houseguests at the Don York home and visiting with other relatives are Mr. and Mrs. Randall York and family of Denver, Colorado.

Mr. and Mrs. Raymond Fuller and family returned Tuesday from a vacation in Colorado.

Rev. and Mrs. Erwin Kell and family returned Wednesday from a vacation in Colorado.

Sunday guests at the Clarence Akeson home were Mr. and Mrs. Don Akeson and family of Lincoln, and Mr. and Mrs. Lee Pip-er.

Mrs. Joseph Solomon, who underwent surgery at St. Joseph hospital in Omaha, returned Wednesday and is convalescing at home.

Fred Haith, son of Mr. and Mrs. Raymond Haith, who broke his arm several weeks ago while cranking a motorcycle, is reported as improving nicely.

Returning home Wednesday from a fishing trip in Canada were Mr. and Mrs. Clair Shellenberger and Mr. and Mrs. R. Furse.

Mrs. Sam Arn, Joey and Jerry left Wednesday for their home in Burbank, California. They have been guests here of Mr. and Mrs. Garfield Dunning, other relatives and friends.

Ulcer No Joke Matter to Him Who Has One

LINCOLN — Ulcers are often the subject of jokes, but they aren't a joking matter to a person who has an ulcer.

Helen Becker, extension health specialist at the University of Nebraska, says a recent publication of the American Medical Association reports most ulcers can be avoided.

But to avoid an ulcer, you have to understand a little about what causes it in the first place. An ulcer is simply a hole in the protective lining of the stomach or upper intestine. Through this hole, acid and digestive juice made in the stomach wall eat at the tender underlying tissue.

Now you may wonder how the hole gets there in the first place. The publication says it is caused by two physical and chemical changes. The stomach overworks and makes too much acid and juice. The other change is a loss of vitality in a patch of the stomach wall or upper intestine. Both these changes happen mainly because of certain kinds of emotional stress. So if you avoid this emotional stress, you can probably avoid an ulcer.

Here are rules suggested for stopping an ulcer before it starts:

First, avoid situations that bring on these emotions. Don't let others demand too much of you. Learn to say "no," and don't keep it to yourself if someone ask too much of you. Sound off about it.

Second, take it easy and just

do your best. That's good enough.

Last, find an outlet or antidote for resentment, frustration, hurt and inadequacy. Change these feelings into some form of action, or air them in your conservation.

If you do find tensions piling up, drink a glass of milk. And be sure to avoid excess alcohol and tobacco at times of extreme stress.

Crop Insurance Reports May Show Corn Worse Crop

Reports coming in from Cass County farmers who are carrying Federal Crop Insurance on their corn crop indicates that this year will probably be considerably worse than last year. At least that was the opinion of Albin E. Chovanec, Cass county agent for the Federal Crop Insurance Corporation.

Chovanec said that not only did it appear that this year's crop was hit harder by the dry weather and the grasshoppers but also that it appeared to be more widespread through the county since last year's payment of indemnities was to a great extent confined to the western end of the county.

Chovanec stated that the adjuster for Cass county, Jess Stock of Murdock had indicated that many fields were being released with an estimated yield of zero as early as Aug. 1st and that many others were not far behind. Indemnities paid in Cass

county in 1954 by the Corporation amounted to some \$26,000 according to Chovanec's records. He said that in view of the volume of loss notices being received this year that it was very likely the losses paid to policy holders in Cass county would approach \$75,000 in 1955.

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