

Cass County Extension Notes

Food Thoughts
"Meat, Poultry and eggs are three of the greatest grain wastes" according to the Production and Marketing Administration. That is they produce less nutrients per pound of grain expended to produce them than do most other foods. For that reason, foods produced directly from grains, such as macaroni, spaghetti and wheat cakes require less grain than proportionate servings of meat, poultry or eggs—strange as it may seem.

Miss Mabel Doremus, Extension Nutritionist, lists seven things she considers important to the conservation of food.

1. Plan menus ahead. Maybe you as a homemaker do not like to do this but you can save food this way.
2. Bread can be kept fresh longer by wrapping it tightly in its wax container. Don't throw away your crusts and dried bread.
3. Use leftovers in stews, casseroles, hash, in soups or in creamed dishes is an important source of food saving.
4. Waste through cooking methods is prevented by the use of low temperatures for milk, cheese and eggs and for foods containing them as well as for meats. Measure accurately.
5. Smaller servings at home. Let people ask for a second helping.
6. Serve only tea or coffee or fresh fruit at meetings, clubs and parties.
7. Definite lists of the protein foods that should be acceptable are: Fish, dried beans and peas, cheese milk, nuts and peanut butter. Don't forget to use the plentiful foods as potatoes. "Potatoes Preferred" Extension Circular 9974 is a new Extension Circular on different ways of preparing our most common but good vegetables. Ask for it at your Extension Office.

Stop That Picker
With the rush of corn harvest

WE SPECIALIZE IN

- Babies' Portraits
- Wedding Series
- Pictures for Special Occasions

Chriswiser Studio
Phone 3909

in progress and the era of mechanical pickers here, too much emphasis cannot be given to operators of these machines to be careful. By checking news columns of the press each day, accidents and sometimes fatal accidents are listed. Which is the most reasonable thought? Save a minute or save a hand or arm? Think it over. Many accidents can and will be avoided if the corn husking machine is put out of motion when the machine requires adjustments, cleaning, greasing or minor repairs.

Each time you shake your neighbors hand, count the number of fingers on his hand. Make your own survey, and see if there have been too many avoidable accidents.

Cass County 4-H Achievement Party to be November 6

The annual County 4-H Achievement party will be held Thursday evening at 8:00 p. m. November 6, 1947. All 4-H Club members, Leaders, Assistant Leaders, County 4-H Committee members and parents of 4-H members are cordially invited to attend and take part.

The party will be held at the Agricultural Auditorium. This is the finale of the 1947 Club year, let's make it one to remember.

D. EULA WINTERMOTE
Home Extension Agent
CLARENCE SCHMADEKE
County Agricultural Agent

Plattsmouth Cleaners give you prompt, quality service at reasonable prices. Try them.

Out Of Old Nebraska

Just 128 years ago this September 19th the first military camp of the Sixth Infantry was established near the site where Fort Atkinson, Nebraska's pioneer military post, was later built.

The records of the Sixth Infantry were secured in 1915 by the State Historical Society and copied for preservation in the society's files. As a result we have today a detailed account of the first military expedition culminating in a permanent installation in Nebraska—or, for that matter, west of the Missouri river.

Fort Atkinson was established in Nebraska as the result of congressional economy. The War Department's original plan called for establishing a fort at the mouth of the Yellowstone, far up the Missouri. This would have



Mr. and Mrs. Dean Day, Columbia, Mo., have had three additions to their family in a year. Twin boys Derryl Lynn, left, and Terry Lee, were born at 9:00 A. M. on Oct. 2, 1946, and Dicki

Anne, on her mother's lap, arrived at 8:50 A. M. on the same day in 1947. Day, former Air Force veteran, is studying at the University of Missouri.

—NEA Telephone

been deep into the Indian country and would have been close to the British whose fur traders were actively in competition with the Americans for the Indian trade of the Northwest.

Congress, however, trimmed the War Department's appropriation and the ambitious project had to be curtailed somewhat. As a compromise the Council Bluffs, only a short distance above the mouth of the Platte, was decided upon as the location for the Indian outpost. This greatly enhanced the importance of the Nebraska region, for now the site at Council Bluffs, instead of being merely a depot for supplies, was to be the nation's most advanced outpost.

The Sixth Infantry came up the Missouri in keelboats, fore-runners of the Missouri river steamboats. The keelboat was a sturdy, good-sized vessel, and was propelled by everything except steam. The primary reliance, however, was the tow rope, or cordelle, by which men, struggling along the river's bank, hauled the boat upstream by brute force. The men of the Sixth Infantry did duty on the tow ropes as well as the guard posts.

It was a long, arduous journey. The records at the Historical Society detail every step of the way. Illustrative of the fact that human beings are about the same the world over and at all times and places is the following regimental order, one of the first issued after the camp was established: "The Commandant positively forbids the practice which is reported to be now prevalent in the Regiment of playing at cards, or any game of chance save those particularly specified in the Order of the Department of War."

Phone Mutual Loan & Finance Co. for LOANS or INSURANCE.

Returns from Hospital
William H. Woolcott is home from the St. Elizabeth hospital at Lincoln where he spent some time undergoing an operation and treatment on his nose.

He is feeling improved and in a week or ten days is expecting to be able to resume his usual duties at the BREX shops.

Mr. and Mrs. August Gakemeier of Murdock were in the city Tuesday to spend a few hours

Reduce! your figure
WITH THE DIETRIM PLAN
Dietrim Capsules nourishes your body while you reduce providing the essential vitamins and minerals needed for a restricted diet.
\$249 25-DAY SUPPLY CONFERENCE
SCHREINER PHARMACY

Fine Portraits
\$5.00 A Dozen And Up
Fridays, 1 to 6 P. M.
Saturdays, 1 to 8:30 P. M.
Plattsmouth Hotel
E. M. BLANCHARD
Mgr.

COLVIN-HEYN STUDIO

Smith & Lebens, Attorneys NOTICE OF REFEREE'S SALE In The District Court of Cass County, Nebraska

Notice is hereby given that by virtue of an Order of Sale issued by the District Court of Cass County, Nebraska, in an action pending in said Court wherein Anna Kaffenberger et al are plaintiffs and Martin Lohnes et al are defendants, directing me as Referee to sell the following described real estate, to-wit: Lot Twelve (12) in Block One Hundred thirty four (134) in the City of Plattsmouth, Cass County, Nebraska, I will sell said real estate at public auction on November 13th, 1947, at 2 p. m. of said day at the south front door of the Court House in the City of Plattsmouth, Cass County, Nebraska, said sale to be held open one hour. Terms of sale, fifteen per cent cash on day of sale, balance on confirmation, purchaser to be furnished an abstract showing merchantable title.

RICHARD C. PECK, Referee
No. 604—Oct. 9, 16, 23, 30, Nov. 6, 1947.

City of Plattsmouth, Nebraska Sewer District No. 5 NOTICE TO CONTRACTORS

Sealed bids will be received by Albert Olson, City Clerk, at the City Hall in Plattsmouth, Nebraska up to 7:30 o'clock P. M. on the 10th day of November, 1947, and at that time publicly opened and read, for performing all the work listed in the Plans and Specifications for sanitary sewer extensions in Sewer District No. 5 of said city. Each proposal addressed to said City Clerk shall be endorsed "Proposal for Sanitary Sewer Extension, Sewer District No. 5, City of Plattsmouth, Nebraska."

Proposals must be made on the regular forms to be furnished by the City of Plattsmouth through its City Clerk or Special Engineer.

Notice to Bidders, Proposals Blanks, Form of Contract and Specifications may be obtained from Albert Olson, City Clerk, at his office in Plattsmouth, Nebraska, or from Douglas McKnight, Special Engineer, 384 South Cotner Blvd., Lincoln Nebraska.

The proposals submitted will

Compare the RIDE the FREQUENCY the PRICE AND YOU'LL Go Greyhound

MRS. ERNA LAPIDUS Agent **HOTEL PLATTSMOUTH** Plattsmouth

GREYHOUND
Operated by INTERSTATE TRANSIT LINES

be opened and read at a meeting of the Mayor and City Council of the City of Plattsmouth, Nebraska, at a session in the City Hall at Plattsmouth, Nebraska, at 7:30 o'clock P. M. of the day aforesaid. Contractors are invited to be present.

Bidders are required to designate in their respective proposals the locality of the source, or factory from which will be furnished the specific materials proposed to be used by them for the work bid upon, together with their commercial designation.

Each bidder must submit with his proposal, a certified check, drawn on a Nebraska bank of known standing, in a separate envelope, made payable to the City Treasurer of Plattsmouth, Nebraska, in an amount equal to not less than fifteen per cent (15%) of his proposal, which will be forfeited to the City of Plattsmouth, Nebraska, if said proposal or bid is accepted and the bidder fails to enter into a contract prepared by the Special Engineer and under which proposal or bid was made. The character and amount of surety to be submitted by the contractor

for keeping said improvement in good repair for a period of one year from and after completion thereof is stated in the specifications.

The successful bidder will be required to furnish a performance bond in an amount equal to one hundred percent (100%) of his contract, said bond to be issued by a responsible corporate surety, approved by the Council of the City, and shall be conditioned upon faithful performance of the work in strict accordance with the plans and specifications, contract and the payment of all just bills incurred in connection with said contract.

The Engineer's Estimate, exclusive of engineering and legal fees, is \$9,740.00.
The City of Plattsmouth, Nebraska, reserves the right to reject any or all bids and to waive all informalities.
CLEMENT T. WOSTER, Mayor.
ALBERT OLSON, City Clerk.
No. 612—Oct. 23, 30; Nov. 6, 1947

BUYING A FARM?
Finance your buy with a **SAFE FARM LOAN**
Get a Co-op Land Bank Loan. Payments fit the normal earning power of your farm. You can take up to 40 years to pay. But if your farm income permits, you can pay as fast as you want to. Low interest. No fees. No commissions.
SEE YOUR NATIONAL FARM LOAN ASSOCIATION
Member Federal Land Bank System
Harold Elliott
Weeping Water Nebraska

Only in Chevrolet trucks will you find all these ADVANCE-DESIGN FEATURES!

- UNIWELED ALL-STEEL CAB CONSTRUCTION
- BIGGER SEATS, fully adjustable to the driver's height!
- NEW WINDSHIELD and WINDOWS increase glass area 22%.
- FLEXI-MOUNTED CAB is cushioned against road shocks, to-rion, vibration!
- INCREASED LOAD SPACE in panels and pick-ups.

Streamlined in body, cab seats and with ADVANCE DESIGN!

World's most economical engine for its size is Chevrolet's famous VALVE-IN-HEAD TRUCK ENGINE!

CAB THAT "BREATHES"! Fresh air (heated in cold weather) is drawn in, and used air is forced out!

New FRAMES carry greater loads for a longer time! LONGER WHEELBASES give better load distribution!

Now cab has 12 inches MORE FOOT ROOM—8 inches MORE SEATING SPACE!

Chevrolet truck BRAKES are exclusively designed for greater brake-riding contact.

Here they are—the modern trucks—the first with ADVANCE DESIGN! Truck users agree they're miles beyond all others for outright value! Be sure to see the cab that "breathes"—that "inhales" fresh air and "exhales" used air. And try counting all the remarkable new features and innovations in these newest-of-all trucks. See them at our showroom!

*Fresh-air heating and ventilating system optional at extra cost.

CHEVROLET TRUCKS with the Cab that "Breathes"
FOR TRANSPORTATION UNLIMITED

Cass County Motors

607 1st Ave. Dial 3210

The Holy Rosary Church Bazaar!
—BEGINS—
Sunday, Nov. 2

Dinner from 12 Noon till 2 p. m.
MENU
Cornhusker Baby Beef Roast
Riced Potatoes — Mushroom Gravy
Vegetable Salad Bowl
String Beans — Apple Relish
Vienna Bread
Pumpkin Pie and Whipped Cream
Coffee

See the Fancy Work Exhibit and Gift Booth!

BIG GAME PARTY at 8:00 P. M.
30 Games 40c — Four Specials!

FREE! FREE!
Twenty Ducks, T-Bone Steaks, and Beef Roasts to be Given!

LUNCH—Hot Beef Sandwiches and Coffee.

A GENERAL ELECTRIC DEEP FREEZER
is only one of the 10 Big Prizes which will be given away on Sunday, Nov. 16, last day of the Bazaar!

Smith & Lebens, Attorneys NOTICE OF FINAL SETTLEMENT In The County Court of Cass County, Nebraska
To all persons interested in the estate of John P. Sattler, Sr., deceased. No. 3711:
Take notice that the administrator de bonis non c.t.a. of said estate has filed his final report and a petition for examination and allowance of his accounts, determination of heirship, and distribution of said estate and for his discharge, which will be heard before said Court on November 7th 1947 at ten o'clock a.m.
Dated October 15th, 1947.
PAUL E. FAUQUET, County Judge.
No. 609—Oct. 16, 23, 30, 1947.

Smith & Lebens, Attorneys NOTICE In The County Court of Cass County, Nebraska
In the matter of the estate of George W. Downs, deceased.
To all persons interested in the Estate of George W. Downs, deceased, Heirs and Creditors:
You are hereby notified that Margaret E. Downs filed a petition on October 16, 1947 alleging that the said deceased died intestate on February 20, 1947, a resident of Cass County, Nebraska and praying for a determination of heirship and order of distribution of his estate and for settlement of said estate under the "Small Estates Act", and dispensing with further administration and that said petition will be for hearing on the 7th day of November, 1947, at 10:00 o'clock A. M. in this court.
PAUL E. FAUQUET, County Judge.
No. 610—Oct. 16, 23, 30, 1947.

ALLEY OOP
By V. T. HAMLIN

WHILE ALLEY OOP REPAIRS HIS PANTS, DAMAGED IN AN ENCOUNTER WITH A TRICERATOPUS MONSTER, THE LADY FOR WHOM HE IS NOW SO CONCERNED IS CARRIED AWAY BY HER CAPTOR.

GO ON, BABE! YELL LOUD AS YOU CAN, BUT YOU'LL CAUSE NO MORE TROUBLE FOR ANY MAN!

HEIR!

LOOK! OOPS! DINOSAUR, HE'S AN IT'S JUST HAD A TANGLE WITH A TYRANNOSAURUS!

WHAT A TERRIBLE CREATURE! ALLEY MUST BE AROUND SOMEWHERE!

OR, WHAT'S LEFT OF HIM?

THERE HE IS! UP IN THE TREES!

NEVER MIND, IT'S ENOUGH THAT I'M HERE! NOW WHERE'S THAT SILLY GIRL YOU RAN OFF WITH!

OOOLA! MY GOSH, WHERE'D YOU COME FROM?

I, I... GOSH, COOLA, I DUNNO... SOMEBODY ELSE HAS GOT HER NOW, I THINK!

YEH... JUST WHEN I'D GIVEN UP TRYIN' TO MAKE HER TELL FOLKS IT WASN'T ME WHO BLACKED HER EYE, SHE DISAPPEARED! SUMPIN' GOT HER... I DON'T THINK IT WAS NO ANIMAL!

I'LL SAY YOU DON'T THINK... OR YOU'D NEVER HAVE BEEN SO DUMB AS TO GET INVOLVED IN THE FIRST PLACE!

AW, OOP, YOU DON'T THINK HAFTA FRET ABOUT WHO HIT TH' DAME...

EVERYBODY KNOWS OOOLA DONE IT, SHE CONFESSED!

EH? YOU?? YOU SLOGGED NEETAH? I SHOULD KNOW IT!

I NEVER HIT A DAME IN MY LIFE... BUT WHEN I THINK ALL TH' TROUBLE YOU'VE CAUSED ME, I THINK IT'S TIME I STARTED!