

# U. S. Ski Clubs Optimistic on Sport's Future

MILWAUKEE (AP)—Skiing is breaking new trails for national and international competition after being disorganized by the war. Roger Langley, Barre, Mass., president of the National Ski Association, is optimistic about the outlook. He and other National Ski officers were here for the organization's 38th annual convention. It was the first held since 1941.

"In looking forward, I feel that we are going to see a tremendous development of the ski sport in the nation," he said. "Although the international skiing picture is not clear at this time, we have great opportunities ahead in exchanging visits of ski teams with Canada, Chile, Bolivia, Argentina and with our old friends Norway, Finland, Switzerland, Australia and New Zealand."

The International Olympic Committee will hold a full session in September, 1946, at Lausanne, Switzerland. Plans are underway to celebrate games of the 14th Olympiad of the modern cycle in 1948. Invitations have been received from the seventh winter games.

Delegates to the Milwaukee convention unanimously awarded the 1947 national ski-jumping championship to the Ishpeming, Mich., club of the Central United States Ski Assn. The Ishpeming club is remodeling its hill for 400-foot jumps and will try it out in a sanctioned tournament on Feb. 24, 1946. This involves moving the takeoff back 70 feet. The best record made on the old slide was 337 feet. The National Ski Assn. of America was founded in Ishpeming in 1904. The first three national jumping contests were held on Ishpeming's "suicide hill" from 1904 until 1906.

The association's executive committee will advise support clubs in its seven divisions to play with other national skiing centers. The association now claims 363 affiliated clubs with 43,500 members.

## War Casualties High

Many of the foremost skiers served overseas in the armed forces during the war. Casualties ran as high as 90 per cent in some units. Those who paid the supreme sacrifice included the spectacular Norwegian star, Torger Torkie, who set records in many American tournaments before the war.

Many of the survivors are returning to skiing competition with renewed vigor. Lloyd Ellingson, Menominee, Wis., again is active as secretary of the national association after returning from three-and-a-half years' service in a national aviation unit.

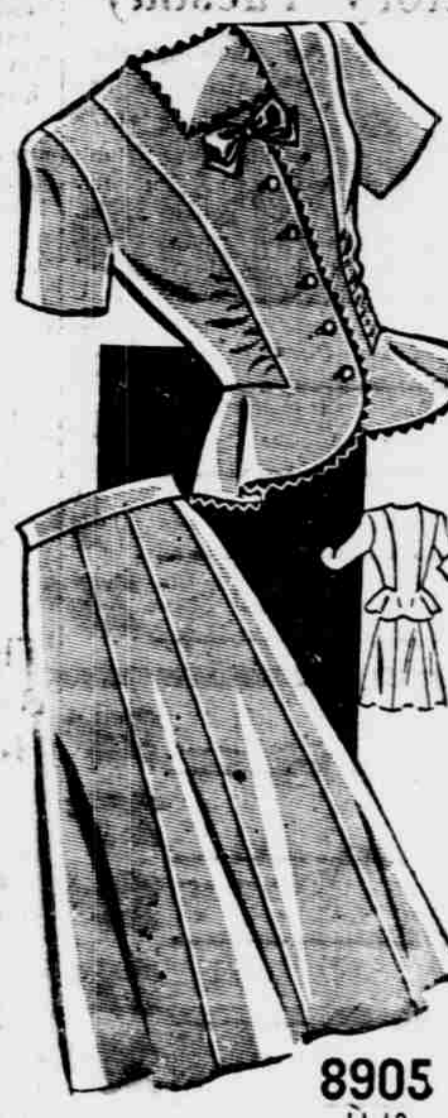
Irvin Johnson and Lavern Trepp, who were class "A" competitors before the war, are planning to open a ski school at Iron Mountain, Mich. They trained military skiers of the mountain training group at Camp Hale, Colo., and were members of the ski troop units who served in Alaska of the Aleutians and in Italy.

Cross-country racing will be sponsored this winter by a dozen Upper Michigan high schools. The national convention adopted a resolution to encourage intercollegiate skiing and took action to organize junior skiing on a national basis. Funds were appropriated for preliminary work in connection with a program outlined by the national committee. Chairman of this group is James Laugha, Alta, Utah. It proposed to promote winter camping and touring, to prepare information about nuts and trails and to encourage the development of suitable touring areas.

## Won't Admit It

ALBION, Mich. (AP)—Only three of 430 women students at Albion College are brave enough to admit that marriage is their aim after graduation. This was revealed in a poll by college authorities, who said that teaching, social work, medicine, journalism, music, law and engineering all ranked above matrimony in the co-eds' plans. One girl said she planned to be a veterinarian's assistant.

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## Patent Medicines Held Dangerous For Headaches

"Since there are more than 30 different causes of headache, correct diagnosis by a physician is extremely important. While the headache victim is experimenting with this pill and that powder, the underlying disease process may progress to an incurable state." So warns Dr. Robert H. Feldt, of the Milwaukee Children's Hospital and the University of Wisconsin Medical School, writing in the reader's Digest.

Dr. Feldt's article, condensed from The American Mercury, says that most headaches can be divided into two main classes: intracranial and extracranial. "Headaches of intracranial origin, usually deep-seated and throbbing in character, include those due to migraine, high blood pressure, fever, brain tumor, syphilis, tuberculosis, malaria, the toxemia of pregnancy, and overindulgence in alcohol. Extracranial headaches, felt nearer the surface, are the 'snake or drawing type,' and are called nervous headaches because they are caused by emotional tension." Dr. Feldt discusses the characteristics of migraine and other types of headaches, cites the known cures, and voices a warning against the use of many patent nostrums. Victims of migraine turn desperately from one patent medicine to another without relief, unaware that a specific treatment has been perfected. "The drug, ergotamine tartrate, will relieve 80 or 90 per cent of attacks of migraine if taken at the beginning. But it must be administered under close medical supervision because it may have harmful side effects." Migraine is sometimes due to an allergy, the author adds, and once the allergic factor is discovered, migraine can be prevented by avoiding the offending substance.

A new type of hemicrania—headache in one half of the head—is caused by overproduction of a natural body substance, histamine. The Mayo Clinic has perfected a cure—95 per cent successful, the article says—consisting of minute injections of histamine over a period of six weeks, in doses that are gradually increased. "The sleeplessness that would bring on headaches. People with high blood pressure sometimes suffer from headaches which are not necessarily related to that trouble but to chronic nervous tension or fatigue. When the cause of tension is removed the headaches disappear, although blood pressure remains the same. Nervous headaches account for a large percentage of all headaches, Dr. Feldt states, and result chiefly from overwork. "Distressing as they may be, they seldom interfere with sleep and are usually relieved by aspirin or a short nap."

Victims of so called constipation headaches are susceptible to commercial exploitation, the author says. Although the theory that intestinal stasis causes auto-intoxication and headaches "has long since been disproved by scientific experiment, purveyors of laxatives still make much of this idea, heedless of the result disruption of normal bowel functions."

Warning that the dangers of patent headache medicines cannot be overemphasized, Dr. Feldt reveals that "Reliable estimates indicate that nearly 200 different 'cures' contain bromides. Chronic bromide intoxication accompanied by mania delirium can follow self-medication with bromide preparations." Specific drugs cited as dangerous are acetoethanol, "an ingredient of anatin

## Polish Envoy



A former U.S. citizen is Poland's new ambassador to the United States. He is Dr. Oscar Lange, who first came to America as a refugee student. After study at the University of Chicago, he became a U.S. citizen in 1933. Recently he renounced his American citizenship and was appointed to the Washington post.

empirin, and many other headache pills," and acetanilide, "the active ingredient of countless nostrums."

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## Fresh Water Supply Posed Navy Problem

WASHINGTON (AP)—One of the Navy's most difficult supply problems in the Pacific war—comparable to those faced in providing ammunition, food and fuel in large quantities—was keeping fresh water for drinking, cooking and bathing available for its men.

Between Pearl Harbor and the China coast, the Navy found natural fresh water supplies that could be relied on in the Philippines.

While the large fleet ships carried their own water desalination equipment, hundreds of smaller ships had to be supplied with water for their own crews, as well as those they put ashore on coral atolls and undeveloped islands. Escort vessels, small patrol craft and motor torpedo boats also needed some place to "water up" in order to carry out their activities.

Responsibility for solving the water problem was given to the fleet's Service Squadron 10. This squadron set up fleet water ships, tankers and water-making ships, and moved them over the Pacific Ocean, often just a pace behind the fighting lines led by the warships.

To provide the water ships early in the war, the Navy authorized conversion of two 4,000-gallon tankers to become water carriers and later six more tankers were converted. Added to the water carriers were two 12,000-ton water-making ships, each capable of distilling 120,000 gallons of sea water a day.

Seabee Units Aided

To augment the water carriers and water-making ships, the Navy sent small Seabee units, trained in water distillation and purification methods, ashore with initial assault waves on Pacific islands. When the islands were later secured, the Seabees were given large vapor compression distillation units, capable of producing 300 gallons of water an hour.

By the time amphibious forces were ready to strike Okinawa, water obtained from the Leyte Gulf area alone amounted to over 2,500,000 gallons of fresh water daily. Later fresh water facilities were developed on Iwo and Saipan.

The Navy revealed that by utilizing all means available of producing fresh water, it was able to meet the water needs of all western Pacific forces at the time the Japanese surrendered.

## Who's Playing Who In Football Bowls

NEW YORK (AP)—How they will line up for the football bowl games:

Rose Bowl, Pasadena, Cal. New Year's Day—Alabama vs. Southern California.

Sugar Bowl, New Orleans, La. New Year's Day—St. Mary's (Cal.) vs. Oklahoma A. & M.

Orange Bowl, Miami, Fla. New Year's Day—Miami vs. Holy Cross.

Cotton Bowl, Dallas, Tex. New Year's Day—Texas vs. Missouri.

Sun Bowl, El Paso, Tex. New Year's Day—New Mexico vs. Denver University.

Oil Bowl, Houston, Tex. New Year's Day—Georgia vs. Tulsa.

Raisin Bowl, Fresno, Cal. New Year's Day—Fresno State vs. Drake University.

Blue-Gray Game, Montgomery, Ala., Dec. 29—Northern College All-Stars vs. Southern All-Stars.

Shrine Game, San Francisco, Cal., Dec. 29—East All-Stars vs. West All-Stars.

Jacksonville Bowl, Jacksonville, Fla.—South Carolina vs. Wake Forest.

About a fourth of 700 horses sold at a recent sale at Worldland, Wyo., went to canners and other processors.

## BARBS

BY HAL COCHRAN

JUST a friendly tip—a clock passes the time by keeping its hands busy.

Alaska is a very nice territory, but we do wish she'd make her weather stay at home.

An Ohio school teacher suggests thermometers be put in all street cars. So patrons can read 'em and shiver?

You can depend on the beautiful snow bringing a lot of slush. Or don't you read poetry?

The average distance to a garage when an auto stalls is about five miles.

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Articles for Sale 20

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