Russian Armies Sweeps Nazi Forces Back on 1000 Mile

Moscow, Jan. 2-(UP)-The Red Yesterday they captured Elista, war spoils of all sorts they captured sians had freed 1,589 populated army made new gains on seven sep- capital of the Kalmyk Republic 170 with that city, anchor of the German places. arate fronts during the night after miles south of Stalingrad, the biggest position in the Latvian frontier area one of its most glorious days of the German base on the south Stalingrad and junction of two railroads whose front, and 200 miles to the south in

From the central front west of Mos- the Nachik area of he Caucasus along Position on the front, cow, where they captured the fortress the Terck river, they took Chikola city of Velikie Luki, killed every Ger- and three other key towns.

man in it except straggling prisoners During the night the Russians on and district agricultural centers, the and the wounded, to the Caucasus the central front continued their noon communique reported. They commountains 1,100 miles to the south, drive in Velikie Luki sector, repelled pletely broke German resistance in the Russians were on what had be- some weak counterattacks and, the some sectors. The enemy Garrisons come their greatest offensive of the noon communique reported, started fled, leaving great stores of war to assemble the enormous amount of equipment and supplies. Three hun-

prepared for

Your Newspaper by Betty Crocker Home Service Department

HOW SHALL WE "SHARE THE MEAT"?

meat" program. It means that we Americans are being asked to vol-

untarily limit ourselves to 21/2 pounds of the restricted meats per week

per person. This is because so much meat is going to our armed

forces and to "lend-lease" that there will be a little less meat left

for us civilians than we normally eat. So we want to make this lesser

amount go around-and not have some people eating much more than

their share while others can get none. But notice that we have said "restricted" meats. These 21/2 pounds per week per person do not include poultry, liver, tongue, kidneys, sweetbreads, hearts, brains, tripe,

souse, pork feet, scrapple and such meats. These are called the "unrestricted" meats. They need not be figured into your 21/2 pounds a week. However, this may not mean that these unrestricted meats will

be plentiful. There may be times you will not find any of them. But

it's a good idea to use them when you can get them because-in addition to giving you a little more meat for the week, many of them

are excellent sources of important minerals and vitamins. But the

roasts, the chops and steaks you've been familiar with—those are the meats you are being called upon to "share."

ALLOWANCE FOR CHILDREN AND INVALIDS

son, has taken into consideration the small children and invalids who

never under any circumstances would be eating that much meat.

They've estimated % pound per week for children under 6 years of

age-and 11/2 pounds per week for children from 6 to 12 years of age.

Half of the 21/2 pounds per week has been estimated as sufficient for

WHEN YOU EAT OUT OR WHEN YOU DRESS YOUR OWN MEAT

ance. Farmers who dress their own meat, those who maintain food lockers and individuals who eat all their meals at restaurants are asked to share fairly. If you have dinner with a friend, figure that meat into your weekly allowance.

SHARE YOUR ALLOWANCE WITH YOUR PETS

WHY NO MEATLESS DAYS? Some may remember the "meatless" days of World War No. 1

and wonder why we have not resorted to that expedient this time. The

truth is, meatless days didn't reduce the consumption of meat. It

seems that people felt so virtuous over going without meat one day-

that on the next day they allowed themselves a reward by eating

week, we are urged to make use of the unrestricted meats where we

can and make the restricted meats go further by using "extenders"-

that is-other foods combined with the meat to help it go further.

Meat loaves, meat pies, stews and various casseroles come under this

WHY WE NEED MEAT

the meat campaign. It means enough for all-if all will play fair.

And it needn't be such a hardship when you consider the unrestricted meats that can be added to the 2½ pounds per week per person. Our Government is recognizing the importance of meat in our diets. It's

not only a muscle building protein food that most people enjoy eating

but it's an important source of the B Vitamin group. In addition to these

B vitamins (thiamine, niacin and riboflavin), liver also is an excel-lent source of Vitamin A. Meat is likewise rich in such highly im-

portant minerals as iron, phosphorus and copper.

So, let's observe this voluntary meat rationing so that every

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If you have any specific cooking problems, send a letter requesting

information to Betty Crocker in care of this newspaper. You will receive

a prompt, personal reply. Please enclose 3 cent stamp to cover postage.

American may enjoy these benefits of meat.

That's the story in brief of the why's and wherefore's of the share

So, instead of cutting out the meat entirely for a day or two a

your weekly allowance.

twice as much.

If you feed restricted meat to your pets, it must be included in

You are asked to play fair when you figure your meat allow-

The Government, in estimating this 21/2 pounds of meat per per-

"Share the meat-so all may eat" is the slogan of the "share the

loss endangered the entire German Local Man Has

they captured several towns, villages dred Germans were killed in one village and 135 captured, 400 were killed and 100 captured in another. The Rusin addition to other supplies, the noon communique said.

spoils everywhere, and pursuing en- by emy troops relentlessly. In one sec-

a hunk of horse meat a day, Russian ton attended and where famous per- last evening, Plattsmouth annexing ing courses troops in an untiring night of attack. sonages are laid to rest, among by the score of 27-26. stormed several fortified houses and whom was Paul Revere. destroyed 31 separate pill boxes and Still another picture carried with on the dope over the Blue Devils, but unfilled orders in the state, Parks gun emplacements. They found the the article and one which will prob- the blue pantied Nebraskans fought reported. Farmers are also urged to bodies of 100 German dead in the phly be remembered for its unusual- to the last few seconds with the place orders for hands early this

munique reported. noon communique said, and threw ped the picture when the wise one game Glenwood was leading by the back counterattacks, killing about winked his eye and clutched the score of 26 to 20, but Hobbs and and capturing four tanks, 21 machine the flash bulb gave the picture a guns and other spoils. Yesterday the dark background, "This made the ball to Maynard Hobbs under the Russians killed hundreds of Germans | picture appear to have been taken in basket, and his shot was good to northwest of Stalingrad and captured the woods at night," he said. three mortars, 11 anti-tank rifles a As the magazine article infers, Mr.

On the middle Don front Russian shock troops broke through an enemy is made of his mechanical achieveline of resistance, storming Axis trenches with the bayonet and disab-

The Germans broke and ran, the classifying of rock formations. ing three big-self propelled guns, did this reporter this morning, at the eight trench mortars and much am-

cupying an inhabited enter, took 230 Germans prisoner,

A special communique which told of the biggest Russian day of the

"On the central front as the re-sult of a decisive attack our troops Gas Might Bring captured the town and railroad junction of Velikie Luki. In view of the Sudden End To Present Warfare down arms, it was exterminated. "South of Stalingrad our troops re

Southwest of Stalingrad our

"In the northern Caucasus our toops captured the district center of Chikola, Prisoners and material were respondent-

All are Ready

Jan. 2(UP)-Resort to the use of

has never been to Germany's advan-

result in retaliation, he said.

froze the ball as the clock ticked off

Vroman led the Plattsmouth vic-

tory with ten points, Rice, six points,

Johnson, five. Van Pelt and Haves,

a pair of rangy forwards looked the

Charles Henry Ray of Tekamah.

Nebraska, and Miss Virginia June

united in marriage at the Methodist

Parsonage by Rev. T. Porter Ben-

nett, on Wednesday, December 30.

1942. The beautiful ring ceremony

was used. Orin J. Lydick of Tekam-

ah, and Mrs. T. Porter Bennett

were the witnesses. The young peo-

ple will reside at Tekamah, Mr. Ray

expects soon to be called into the

The home of Mr. and Mrs. Max

Fowman was the scene of a gather-

ing of relatives and friends New

Honor Service Men

Suffers Injured Foot

he precious seconds

best for Glenwood.

To Reside at Tekamah

A speial new year communique reported that in six weeks the Rus-

South and southwest of Stalingrad Story Of Hobbies

Plattsmouth's renowned hobbyist, ability to counter it. the west coast and spends much time although Germany signed it. Thus of 44 hour work week. is the author of the article.

lages in the Nakchik region. They many unusual rocks, the collection were taking prisoners and seizing of which is a part of his latest hob-

and destroyed four field guns and ture of an old ship which brought In Stalingrad City, where many of "Old Trinity Church", graced the the Germans were reported living in magazine page. This latter photo

Speeding their offensive on the instance is a winking owl, perched The scoring started right after the ever possible, farmers should hold

headquarters radio station and other Weyrich does not stop with one hobmany and varied interests. Mention ments, his woodworking and metalcraft activities, his interest and study in astrology, and his gathering and

Observers are sure to marvel, as collection of rocks of all shapes and colors-colors which catch the eye Russian motorized infantry, oc- and fascinate one-colors which rafuse to be adequately described by Denton of Oakland, Nebraska were

> Weyrich said that he had approximately 150 different kinds of rocks Preparing these rocks for final exhibitien in his collection includes saw ing across the rock for a flat surface. This part of the preparation is done with a diamond saw, the only kind of saw hard enough to do the job Once a surface has been obtained, Weyrich explains that it is smoothed and polished until the color scheme and markings of the rock are very

These surfaces are beautiful as they are, but when the druggist Year's day to enjoy a dinner party turns ultra-violet rays on their sur- and honoring two service men. Serfaces an amazing transposition takes geant Dale Bowman and Corporal place, Hidden colors, which the Leonard Kelly, of Fort Knox, Kensharpest eye cannot see under ordi- tucky, and William Steinkamp, of nary conditions, flash and gleam from Omaha, who leaves Tuesday for

"My pleasure comes from cutting | Those who enjoyed the excellent the rocks and preparing them for the dimner were: Mr. and Mrs. Walter collection," explained Weyrich. He Steinkamp and daughter, Charlotte said the diamond saw was his latest Mr. and Mrs. Dorman Bowman and acquisition and that from its use he son, Dwane, Sergeant and Mrs. Dale derived much pleasure in his spare Bowman, Cpl. Leonard Kelly of Fort time. The Plattsmouth hobbyist is a Knox, Mr. and Mrs. William Steinmember of the Nebraska mineralogy kamp, of Omaha.

Defense Workers Aid

Cheyenne Air Raid wordens acted Mrs. Henry Starkjohn Friday sufas guards when a downtown store fered a very painful injury at her building collapsed killing one woman home on west Rock street. Her right and injuring 12 other persons. The foot was turned while doing her wardens did rescue work and helped housework and as the result it was handle traffic. Nurses' aides assisted found that one of the bones of the in emergency hospital work and Red foot was fractured. Medical aid was Cross canteen women served coffee called and she was made as comforto demolition and rescue workers. able as possible.

Named To School Post

Nebraska City, Jan. 2(UP)-Leo P. Black today is the new Supervisor of Secondary Education in the office of State Superintendent-elect Wayne O. Reed.

Reed also announced that W. A. None of the Belligerents Have Bosene will continue as Director of Elizawood; January 21st to 27th incl. Used This Means of Warfare But Certification.

Black is now completing require-By Ruel S. Moore, U. P. Staff Cor-Edgewood Arsenal, Maryland

He received his masters degree from Nebraska University and is working toward a Doctor of Philisophy de- Dooley-Herrington Wedding

gas, in Porter's opinion, because it Longer Office Hours

Emil J. Weyrich, was the subject for "The United States never signed Saturday afternoons hereafter, ac- formed the marriage, using the ring an article appearing in the December the international agreement ban- cording to Alfred B. Parks, Mana- ceremony, Mr. and Mrs. Glen Dooley issue of the magazine, Modern Phar- ning the use of gas," Porter said, ger of the Omaha office, as the of Plattsmouth were the witnesses. macy, Paul Vandervort II, former "Japan never signed it, Hitler is not result of placing all Employment Mr. and Mrs. Herrington reside on Platismouth man who now lives on bound by it against non signatories, Service employees on a 48, instead North 6th Street in Platismouth.

guns, 17 machine guns and 28 trucks writing up the doings of celebrities, the United States, Japan and Ger- "Our office will be open to the Is Great Grandfather many could engage in gas warfare public the full day, six days a week. Appropriately titled "Number I without violating any international and also each Wednesday evening Joseph Novotny, of this city, has hobby man", the article is accompan- agreement." Japan, he recalled, has from 7 to 9 p.m.," he said, "Most of the distinction of being a great In the Caucasus the Russians drove ied by several pictures, the main one used gas against the Chinese—the the Employment Service offices in grandfather for the second time in ahead, storming new towns and vil- showing Mr. Weyrich surrounded by only belligerent to have done so in the state have been kept open unthe current struggle. Officials said officially some evenings or Satur- to Mr. and Mrs. Edward Kesling, of the gas was America's own develop- days to handle the traffic caused Omnha, New Year's day at 11 o'clock ment-Lewisite. The Japanese de- by increasing war employment de- in the morning. The little one was Attention was called to the hobby sisted after President Roosevelt and mands, but this move will provide a born at St. Joseph's hospital. Prime Minister Winston Churchfil standard state-wide policy for affire Mrs. Kesling is the former Luwarned that continued use would hours."

from an enemy employing gas we ment Service is responsible for to- parents of the little one. four trench mortars, while in another honorable mention to Weyrich in a may change our minds about using cruitment of agricultural and other sector their artillery sliced six heavy national contest, was reproduced as it and gain tremendous advantages." workers needed for essential activicellars, sewers and water mains, sub- shows a steeple view of the famous the New Year right with a win from needed to staff Nebraska war plants sisting on three ounces of bread and church in New York where Washing- the Glenwood Rams on their court and to enter war production train-

DO YOU KNOW-

That pie, according to recent report is the supreme national dessert of America -with the apple predominant. It is estimated that the American people consume 1,500,000 pies a day -New York City alone putting under its belt! 91,000,000 of them a week

To Assist Taxpayers

A deputy collector of internal revenue will be in Cass county on the following dates to assist the taxpayers in the preparation of their income tax reports.

January 18th, 19th and 20th, Weeping Water; January 28th, 29th, Avoca; January 30th, Lincoln, ments for a doctorate degree in sec- Post Office Bldg. February 1st to ondary education at Nebraska uni- 6th incl., Louisville; February 8th to 11th incl., Nehawka; February 12th & 13th, Union: February 15th to 20th incl., Plattsmouth; February supervisor of Adult Education. He 22nd to 26th incl., Plattsmouth; is a graduate of Stromsburg High February 27th, Lincoln, Post Office

Marie Katherine Dooley became the wife of Louis Leroy Herrington on Wednesday evening, December All offices of the United States 10,1942, at the Methodist parsonage, Employment Service will be open where Rev. T. Porter Bennett per-

Recently placed under the War Mrs. A. W. Vetesnek, former Platts-"If we get a good hard smack Manpower Commission, the Employ- month residents, who become grand-



ALL OUT FOR VICTORY

The government is asking you to store your winter supply of Coal NOW to save transportation for war material later on So see us rwa for your next Wipter Coal

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For Businessmen

The businessman who has merchandise or service to sell will profit highly through FRE-QUENT use of our printing service. A modern plant, skilled craftsmanship, economical charges-these mean printing that will help YOU sell more!

The Plattsmouth Journal

Buy the Plattsmouth Journal for War News-Buy Bonds for Victory!

PRACTICAL HEALTH HINTS

Suitable Wartime Desserts

-By Dr. James A. Tobey-SOLDIERS, sailors, war workers, close second. These fruit pies not only are good sources of food-desserts. There is no reason why

tritious desserts are and will be gan these days.

needed by the body. tards, cookies, and doughnuts. All vitamins A and B. are valuable in the diet, although None of these desserts is fattenthere is some variation in their ing when properly included in a

dietary qualities. is the favorite, with cherry pie a appendage to it.

they should not have them in war- calories to the average four inch time as well as slab, but they contain some body-in normal times, building protein, some food-min-

The wartime erals, and appreciable amounts of dessert should, certain vitamins, such as vitamins however, be as A and C. nourishing as it About half of the volume of the is agreeable to average cake is made up of such

the palate. It protective foods as eggs, milk, and can easily be butter or pure vegetable shortenboth. Despite ing. The other half consists of shortages in su- wheat flour and sugar or other gar, chocolate, sweetening agents such as honey spices, and con- and molasses. "Eat your egg the diments, plenty of tasty and nu- cake way," is, in fact, a good slo-

Cake furnishes about 100 calo-A dessert has several definite ries per ounce, although the foodnutritive functions. It completely energy yield may be a little more satisfies the appetite, giving an or a little less, depending on the agreeable feeling of fullness. It exact composition or type of cake.

stimulates digestion. It provides | Ice cream inherits many of the food-energy and other nutriment excellent dietary properties of its fluid ancestor, milk. High in ener-Foods that can now be used as gy value, about 70 calories per desserts include fruits, cake, pie, ounce, it is abundant in protein, pastries, puddings, ice cream, cus- the food-mineral calcium, and

well-constructed daily diet. A des-

Pie, cake, and ice cream are our sert should, in fact, be a part of a most popular desserts. Apple pie balanced meal, and not a mere