

The Plattsmouth Journal

PUBLISHED SEMI-WEEKLY AT PLATTSMOUTH, NEBRASKA
Entered at Postoffice, Plattsmouth, Neb., as second-class mail matter

MRS. R. A. BATES, Publisher

SUBSCRIPTION PRICE \$2.00 A YEAR IN FIRST POSTAL ZONE
Subscribers living in Second Postal Zone, \$2.50 per year. Beyond 600 miles, \$3.00 per year. Rate to Canada and foreign countries, \$3.50 per year. All subscriptions are payable strictly in advance.

Cass County Farm Bureau Notes

Copy furnished from Office of County Agent Waldo.

Baked Foods Contest

A baked foods contest is being sponsored as one of the features for the women's section of the Feeders' Day program. The Feeders' Day meeting which is definitely set for Wednesday Feb. 25, is to carry a full day's program of interest to both men and women.

The baked foods contest, dealing with egg and cream cookery is open to the world. Classes include: Angel food cake, sponge cake, macarons, cream puffs, chocolate cream cake, sour cream cookies (rolled), plain cream pie with meringue, the cream cake and cookies call for all sour cream as shortening.

Gardening Circular

Single copies of Extension Circular 1211 "Nebraska Farm Vegetable Gardens," may be obtained at the Cass County Extension office in Weeping Water. The circular is a revised edition of the publication written several years ago by E. H. Hoppert, extension horticulturist at the University of Nebraska College of Agriculture.

"Nebraska Farm Vegetable Gardens" goes into considerable detail on general management of gardens, the growing of beans, greens, salad crops, potatoes, and other garden crops, and control of garden insects. A table includes planting intervals in the row, depth of planting, and the amount of each kind of seed required for a row of given length. This circular will be one of the standard guides in planning and caring for gardens in the Nebraska Victory Home and Garden Program during 1942.

Sugar Conservation

Restrictions on sugar purchases may be inconvenient at first but need not be a kitchen tragedy, it was said today by Jessie Baldwin, home demonstration agent for Cass county. She listed several steps that will help stretch the sugar allowance over a longer period of time.

1. Watch out for sugar wastes, such as undissolved sugar in the bottom of tea or coffee cups, over-sweetened foods, or failures of any products containing sugar.
2. Cut down on sugar in least noticeable ways first. Experiment to see if the amount of sugar placed on a breakfast cereal is a matter of habit. Maybe the amount can be cut down.

3. Try eating fewer rich desserts. Fresh fruits are nutritious and desirable desserts, and they carry their own sugar. Canned fruits come in the class of not-too-rich desserts. Dried fruits are a very good source of natural sugar.

4. When you sweeten sauces, such as applesauce, put the sugar in at the end of the cooking time. It will take less sugar to get the same sweetness if the sugar is not cooked so long.

5. Most of us can get along on a lot less sugar than we have been using. Any reduction in sugar can easily be taken care of by increasing the quantities of other energy-giving foods in the diet. Whole-grain cereals, starchy vegetables, and dried

fruits supply not only energy, but vitamins and minerals. Miss Baldwin stated that the women's project clubs in Cass county will have a demonstration on means of saving sugar, at the March meetings. The Nebraska Agricultural Extension Service will make available many recipes that call for little or no sugar, and these will be discussed at the club meetings.

Buying Chickens

Joe Claybaugh, extension poultryman at the University of Nebraska College of Agriculture, pointed out early this week that poultry flock owners can be more certain of getting delivery on first-rate chicks if they will decide early the number, kind, and source. He suggested a check list as follows:

1. Number of chicks to be secured ----- This is determined by the size of the brooder house (two chicks per square foot of brooder space provides favorable environment; the size, condition, and efficiency of the brooder house); and the number of pullets desired for October 1. (There should be about 40 pullets per 100 chicks started.)
2. Dates chicks are to be started ----- These dates are determined by the available labor supply; (before field work starts) available equipment; time when chicks are available; and the fact that chicks should be obtained 10 to 12 weeks before cockerels are to be marketed, and six months before pullet eggs are desired.
3. Kind of chicks ----- Chicks should be as free from pulorum as possible (by impartial check-up); from healthy, profitable, well-culled, winter layers; from stock that was fully feathered at 10 weeks age; from stock that averages 3 pounds weight at 12 weeks age; and from 2- or 3-year-old layers if possible.
4. Where to buy chicks is determined by these factors: The source of the chicks should be close enough that the parent flocks can be inspected, and close enough that there probably will be no delays in shipments. The source should be one of those enjoying repeat order business.

P-F-L Enrollment

The 1942 Pasture-Forage-Livestock program in Cass county gets under way this week with enrollment of co-operators and filling out of the "balance sheets" which outline feed, livestock, and pasture plans for the coming year. An attempt would be made to contact every farmer in the county and to obtain his cooperation in the program.

The state-wide P-F-L program for 1942 has as its main objective helping farmers and ranchers meet the "intended" production goals which they have set up. If food supplies are planned ahead of season to take care of additional livestock, the goals will be met and farmers and ranchers will have played their important part in the war effort.

Eight points in the P-F-L program for 1942 are:

1. Produce abundantly and efficiently.
2. Produce more milk, eggs and pork for victory.
3. Save labor by use of pasture.
4. Market crops through livestock.
5. Maintain ample food reserves.
6. Keep unproductive crop land in grass.
7. Maintain proper livestock-feed balance.
8. Encourage livestock on rented farms.

Not only the P-F-L program, but 4-H club work and the Nebraska Victory Home and Garden program are to be the main work of the extension office during 1942. All who want more information and assistance on any of these lines of work should contact this office as soon as possible.

MARRIED AT CITY HALL

Saturday evening at 8 o'clock Judge C. L. Graves was called upon to marry Miss Loretta Underwood and Mr. Gus Han, both of Omaha. The bride and groom were attended by Mr. and Mrs. Myron Underwood of Omaha. The parties, after the wedding, returned to Omaha where they will continue to make their home.

Pioneers Roll Over Blue Devils Devils 29 to 24

Nebraska City High School Quintet Evens Season. One Alike. With the Plattsmouth Five

By FERNARD ULRICH
Nebraska City's Pioneers upset the locals in the return engagement by hitting free throws with a great deal of accuracy in the first half. Plattsmouth just couldn't hit the basket even on set-ups that usually go in but last night they kissed the rim and bounced back. Nebraska City showed a great improvement on all-around play since the game here, as they broke better and scored nicely.

Ralph Hill, captain, missed seven free throws and Gayer failed four times. Plattsmouth made more baskets than their traditional enemy, but as many times heretofore foul shots ruined them. The Blue Devils were so cold in the first half that only three out of many lay-up shots fell through. The boys kept practicing through the intermission, but still couldn't locate the old-fashioned type of boards that the Pioneers use. Plattsmouth used a good type of offense but when their shots failed their defense was lacking. The first quarter defense was ripped apart as Rooney, speedster, and Porter streaked down the court after intercepting passes to make sure-free baskets. Dooley, senior guard, played five minutes and during this brief stretch he was fouled out. Hill was a marked man on offense, mostly because he layed in 20 counters in the last game with the Pioneer outfit.

Plattsmouth was well represented at this game, as all of the cheerleaders helped the boys with their yells.

Gayer started off the play with a free throw but Nebraska City's Teel scored and the Pioneers were never behind from then on. Rooney netted one and then Porter sank one and the score read 6-1; but Gayer made a nifty shot to pull Plattsmouth up. The score at the end of the quarter read 10-5, as Rooney and Porter were streaking the middle, leaving only Slatinsky to protect. Plattsmouth also missed six free shots in this stanza.

The next canto opened with Sterling Cole, freshman product, and Dick Noble in the game, both of these boys making fancy baskets, but Hill missed five free throws. Coach Hoffman tried his reserves out they too were off on their scoring. In the next half the Blue Devils were a different ball club with Dooley and Slatinsky ejected on personal. Ray Johnson was called on to bear the brunt of the offense and throughout the second half his passing was sicker than your tires will be in 1944. The combination of Bratt and Larson at forwards with Hill at center and Noble and Johnson at guard, outplayed the baffled Pioneers as they held them to three points in eight minutes with Hohman getting a lucky shot from far out. Hill finally began to hit in the quarter as he shot three through the hoop. Bratt and Larson also scored and it was 25-21 going into the stretch. Bratt made one free shot in two tries to bring the gap to three points, but Rooney shot a free throw and Bob Bergen kept worrying the Blue Devils defense by dribbling the length of the floor and freezing the ball in fine fashion. Hill made a free throw and the score was 26-24, but Berger outfigured the defense to lay in two counters, and with but two minutes and 10 seconds left to play they were behind by four points. The Blue Devils fought on although it was next to impossible to win. They had two chances to score but hurried their shots and missed. Larson got the last basket. The referee seemed to freeze the ball with time left.

and with 30 seconds left Plattsmouth could only pass the ball once. Plattsmouth will play Shenandoah on the local court Friday.

The box score:

Plattsmouth		Nebraska City	
	FG FT PF TP		FG FT PF TP
Eratt, f	1 2 3 4	Teel, f	2 3 0 7
Rice, f	0 0 0 0	Rooney, f	2 4 4 8
Gayer, f	1 1 2 3	Hohman, f	1 2 0 4
Noble, f	1 0 1 2	Porter, c	1 2 4 4
Hill, c	3 3 2 9	Berthold, c	0 0 0 0
Larson, g	3 3 2 9	Mickle, g	0 0 0 0
Cole, g	1 0 0 2	Schneider, g	0 0 3 0
Slatinsky, g	0 1 4 1		
Dooley, g	0 0 4 0		
Johnson, g	0 0 0 0		
	9 7 18 25		8 13 15 29

WABASH RED CROSS

As roll call chairman for the Wabash branch of the American Red Cross, I wish to take this means of expressing my grateful appreciation for the fine spirit of co-operation which the people of my territory have shown in responding so generously to the call for war relief funds. Eighty-two dollars and fifty cents were contributed in amounts ranging from 50 cents to five dollars. Following is a list of the persons and organizations who contributed:

Mr. and Mrs. Edgar Golden, Mr. and Mrs. William McBride, Mr. and Mrs. William Vogt, Mr. and Mrs. Lawrence Earl, Mr. and Mrs. Frank Calbert, Miss Theresa Calbert, Mr. and Mrs. Fred Towle, Mrs. Henry Gerbeling, Mr. and Mrs. Henry Obernalte, Mr. and Mrs. George Mooney, Wabash Kensington, Mr. and Mrs. Ela Beck, Mr. and Mrs. Henry Schlueter, Mr. and Mrs. Fred Wendt, Mr. and Mrs. Hobart Henson, Frank Marshall, Mr. and Mrs. Louis Schmidt, Mr. and Mrs. Carl Hanson, Mr. and Mrs. Neal Dorr, Mr. and Mrs. Lloyd Calbert, William Knaup, Anna Louise Knaup, Mr. and Mrs. W. S. Hardaway, Mr. and Mrs. L. R. Stanley, Mr. and Mrs. Ralph Richards, Mr. and Mrs. August Wendt, Jr., Mr. and Mrs. Martin Bornemeier, Mr. and Mrs. John Murphy.

Mr. and Mrs. W. T. Richards, Mr. and Mrs. Keith Munford, Mr. and Mrs. George Spangler, Mr. and Mrs. Philip Spangler, John Wood, Mr. and Mrs. Pete Petersen, Mr. and Mrs. Mark Hohman, Mr. and Mrs. Henry Hansen, Mrs. Adolph Hansen, Mr. and Mrs. Albert Pool, Mr. and Mrs. Ivan McFried, P. H. Clark, The Cloverleaf Club, Mr. and Mrs. Ralph Dorr, Mr. and Mrs. Theo. Carnes.

MRS. RALPH RICHARDS,
Roll Call Chairman.

SCHOOL STAMP SALE

We have found that the sale of defense stamps in the high school building was very successful. This shows that the students have the right attitude for helping their government and benefiting themselves. The total amount of stamps sold was \$29.70 of 10c and 25c denominations, about an equal number of each.

We wish to thank the students for their co-operation and we trust they will continue to purchase these stamps every week.

The members of the normal training class expect to launch the idea in Central Building the latter part of this week, so that the pupils there may participate beginning next Tuesday.

The other schools of the city will be permitted to share in the purchase of Defense Stamps in the near future.

COMMITTEE.

HEARS FROM CANAL ZONE

Mrs. Harry Benton received a letter from her nephew, Orin Contryman, of Grand Island, Neb., in which he stated that his sister and her husband, Captain and Mrs. Jack Spoerry, of Ancon, Canal Zone, were the parents of a fine little daughter, born to them on Feb. 4, in a hospital at Ancon. Mrs. Spoerry and baby were reported as doing fine. Mrs. Spoerry will be remembered here as Dorothy Contryman, only daughter of Mr. and Mrs. Charles Contryman of Oshkosh, Neb. She had often visited here at the home of her grandparents, the late Mr. and Mrs. William Oliver. Mr. and Mrs. Spoerry had made their home in South America for the past two and one-half years and had but recently come to the Canal Zone when Capt. Spoerry was called on active duty.

WED AT DUXBURY HOME

Saturday evening at the residence of Judge and Mrs. A. H. Duxbury, Leroy Parks, of Fort Crook, and Mary Ann Bahtha, of Omaha, were married. The groom is a member of the army, stationed at the fort.

Subscribe to The Journal

Feeders Day Program for February 25

Many Expected to Attend Meeting; Excellent Program is Arranged by Agricultural Agents

The Cass County Feeders' Day scheduled for Wednesday, Feb. 25, at Weeping Water, is expected to be attended by 1,000 local men and women. The full day's program, a part of the state wide Pasture-Forage-Livestock program, gets underway promptly at 10 a. m., at the auditorium. A wide variety of farm and home topics all directly connected with the Victory program will have prominent places in the meeting. Included will be timely information on livestock, poultry, gardens, dairy, soybeans, improved crop seed and labor saving suggestions.

W. H. Brokaw, director of the Nebraska Extension service, E. H. Hoppert, extension agriculturist, George Round, extension editor, Dr. L. E. Hanson, in charge of swine experimental work at the agricultural college will be some of the speakers.

Local people appearing on the program are H. E. Iske, Plattsmouth, and Mrs. Eldon Mendenhall, Elmwood.

The morning session will be of interest to both men and women. In the afternoon following the main address by W. H. Brokaw, the women will view egg and cream cookery exhibits and see demonstrations "Cheese It" by Jessie H. Baldwin, and "Egg Magic" by Mrs. Amanda McDonald, Weeping Water.

The men in the afternoon besides hearing Dr. Hanson discuss "Livestock Management to Save Feed and Labor" will hear Glenn LeDoyt, former Nebraska Agricultural Instructor talk on "Avoidable Grain Losses." He is now secretary of the Nebraska Grain Improvement association. Soybeans will be talked by LeDoyt and others.

K. E. Soder, agricultural agent with the Rock Island, will show colored pictures on soybeans. Another feature of the afternoon program will be a showing of colored motion pictures and a discussion of crops by Elvin Frolik, assistant extension agronomist. Frolik will also meet with farmers interested in discussing certified seed production following the regular meeting.

The Luncheon Club of Weeping Water is co-operating with the Cass County Farm Bureau and the State Extension Service in sponsoring the event. Lunch will be served at the auditorium and local cafes.

Fewer meetings of this type will probably be held during the next year or two and people are urged to take advantage of this opportunity to get information on producing products needed in the war program. Numerous exhibits will be on display offering timely suggestions in addition to the program.

"Egg Magic"

Had you thought of eggs needing a magic touch in order to produce that perfect dish so essential to ones well-being. Mrs. Amanda McDonald will show how to secure this cooking magic in her demonstration at the Feeders' Day program, Wednesday, Feb. 25. Mrs. McDonald, who has done commercial demonstrating for many years, has a magic touch, all her own, which enables her to turn out quality products with an eye appeal that is not deceiving.

This demonstration scheduled for 2:30 p. m., will suggest a wide variation for ways of introducing eggs into the diet.

MOVING TO OMAHA

L. S. Briggs and son, Rodney, of David City, spent a few hours here Sunday at the M. S. Briggs and W. J. Hartwick homes. Mr. and Mrs. L. S. Briggs are moving to Omaha as a better home for the family while Mr. Briggs is operating a bus line to Central City that services the Wahoo bomb loading plant. The son however will remain at David City until the close of school, being a senior in the high school at that city.

HAVE DOUBLE WEDDING

The court room of Judge A. H. Duxbury was the scene of a double wedding Friday afternoon when Leo John McLaughlin of Tecumseh and Clara Cecilia Koeler of Venango, Nebraska, were married in company with Harold Joseph McLaughlin of St. Mary's, Nebraska, and Geraldine May Wessel of Tecumseh.

The marriage lines were read in a very impressive manner by the Judge and at the conclusion the members of the party departed for their home.

OBITUARY

Gertrude Smith Phillips fell asleep to the cares and sufferings and joys of this earth, February 15, 1942, at 8 a. m. at Denver, Colo.

Gertrude Grace Smith was born in Carson, Ia., March 27, 1922, daughter of Mr. and Mrs. Arthur Smith. There she started to the public school. She came with her parents to live in Plattsmouth, Nebr., when at the age of 12. Here she completed her education and grew to womanhood.

She united in marriage Oct. 22, 1936 with Glen Olin Phillips of Plattsmouth. To this happy union was born one daughter. They made their home in Plattsmouth until the spring of 1941, when they, accompanied by her mother, went to Denver, Colo., in hopes of improving Mrs. Phillips' health which had been failing the past year. But to the sorrow of the mother and husband, they found the change of climate a losing battle though it brought some relief.

Leaving to meet this loss to the earth are her husband and daughter Marlene; her father and mother, Mr. and Mrs. Arthur Smith; a number of other relatives, and a host of friends who have known her through the years.

Two brothers preceded her in death, both dying in infancy. She was baptised into Christ and became a member of the local Christian church under the ministry of Rev. J. W. Taenzler. She, with her husband, were active members of the church and Bible school. Both held offices in the Bible school.

The minister, pallbearers, flower attendants and pianist for the funeral services are members of the young married peoples Bible class of which she was a member.

Subscribe to The Journal

J. Howard Davis
LAWYER
Plattsmouth, Nebr.

NOTICE TO CREDITORS

In the County Court of Cass County, Nebraska.
To the creditors of the estate of James A. Schwab, deceased, No. 3507:
Take notice that the time limit for the filing and presentation of claims against said estate is June 22nd, 1942; that a hearing will be had at the County Court room in Plattsmouth on June 26th, 1942, at ten o'clock a. m. for the purpose of examining, hearing, allowing and adjusting all claims or objections duly filed.
Dated February 20th, 1942.
A. H. DUXBURY,
County Judge.

NOTICE OF FINAL SETTLEMENT

In the County Court of Cass County, Nebraska.
To all persons interested in the estate of Martha G. Wiles, deceased, No. 3519:
Take notice that the Administrator of said estate has filed his final report and a petition for examination and allowance of his administration accounts, determination of heirship, assignment of residue of said estate and for his discharge; that said petition and report will be heard before said Court on March 20th, 1942 at ten o'clock a. m.
Dated February 16th, 1942.
A. H. DUXBURY,
County Judge.

LEGAL NOTICE

In the District Court of Cass County, Nebraska.
Robert M. Cox, Plaintiff, vs. Mary Wolf, widow, et al., defendants.
To the Defendants Catherine Vail, William Vail, Rose Kelley, Ida Vail, John Vail, Frank Busche, Jr., and wife Mary Busche, real name unknown, and the heirs, devisees, legatees, personal representatives and all other persons interested in the estate of Anna Zimmerman, deceased, real names unknown; the heirs, devisees, legatees, personal representatives and all other persons interested in the estate of Margaret Sigler, sometimes spelled Siegler, deceased, real names unknown, and all persons having or claiming to have an interest in, lien on, or title to Lot 2 in the Southeast quarter of Section 7, Township 12, Range 12, East of the 6th P. M. in Cass County, Nebraska, real names unknown:
You and each of you are hereby notified that Robert M. Cox, plaintiff filed his petition against you and each of you in the District Court of Cass County, Nebraska on February 13, 1942, the object, purpose and prayer of which is to foreclose sale certificate upon the real estate above described and for equitable relief. You and each of you are further notified that you are required to answer said petition on or before Monday the 30th day of March, 1942, or the allegations therein contained in said petition will be taken as true and a decree in favor of said plaintiff and against you and each of you will be entered. The prayer of said petition will be entered.
ROBERT M. COX,
Plaintiff.
A. L. TIDD,
Attorney for Plaintiff.

NOTICE TO CREDITORS

In the County Court of Cass County, Nebraska.
To the creditors of the estate of Margaret Dye, deceased, No. 3600:
Take notice that the time limit for the filing and presentation of claims against said estate is May 18th, 1942; that a hearing will be had at the County Court room in Plattsmouth on May 22nd, 1942 at ten o'clock a. m. for the purpose of examining, hearing, allowing and adjusting all claims or objections duly filed.
Dated January 16th, 1942.
A. H. DUXBURY,
County Judge.

NOTICE TO CREDITORS

In the County Court of Cass County, Nebraska.
To the creditors of the estate of Fannie P. Eikenbary, deceased, No. 3694:
Take notice that the time limit for the filing and presentation of claims against said estate is June 8th, 1942; that a hearing will be had at the County Court room in Plattsmouth on June 12th, 1942 at ten o'clock a. m. for the purpose of examining, hearing, allowing and adjusting all claims or objections duly filed.
Dated February 6th, 1942.
A. H. DUXBURY,
County Judge.

NOTICE OF ADMINISTRATION

In the County Court of Cass County, Nebraska.
To all persons interested in the estate of E. B. Thrall, deceased, No. 3699:
Take notice that a petition has been filed praying for administration of said estate and appointment of Nellie Thrall as administratrix; that said petition has been set for hearing before said Court on the 6th day of March, 1942 at ten o'clock a. m.
Dated February 6th, 1942.
A. H. DUXBURY,
County Judge.

LEGAL NOTICE

In the District Court of Cass County, Nebraska.
Margaret Stones, et al., Plaintiffs,
vs.
Viola Johnson, et al., Defendants.
To the defendants: Viola Johnson and husband Marvin Johnson, Helen Strain and husband J. D. Strain, and Cornelia Land, single:
You and each of you are hereby notified that Margaret Stones et al. as plaintiffs have commenced a suit against you and each of you and others in the District Court of Cass County, Nebraska, the object and prayer of which is to partition the south half (S 1/2) of section three (3) in township eleven (11) north, range thirteen (13) East of the 6th P. M. in Cass County, Nebraska. You are required to answer said petition on or before Monday, March 16, 1942, or said petition will be taken as true and partition made according to the prayer thereof.
MARGARET STONES, ET AL., Plaintiffs.
By J. HOWARD DAVIS, and W. A. ROBERTSON, Their Attorneys.

NOTICE OF HEARING

In the County Court of Cass County, Nebraska.
In the Matter of the Estates of A. N. Sullivan and Harriette Becker, each deceased, Estate No. 3610.
To all persons interested in said estates, creditors and heirs take notice:
That J. A. Capwell, has filed his petition alleging that A. N. Sullivan died intestate January 27, 1911, a resident of Cass County, Nebraska, seized in fee of the following described real estate, to-wit:
Lots 5 and 6, Block 45, Young & Hays Addition to the City of Plattsmouth, Nebraska,
leaving as his sole and only heirs at law the following named persons: Mary Sullivan, his widow, sometimes known as Mary J. Sullivan; and C. N. Sullivan, Harriette Becker, formerly Harriette Sullivan, Alice Towle, sometimes known as Alice Towle, Gladys Sullivan, Anna Elster, and Blanche Snider, his children, all of whom were of legal age.
Said petition also alleges that Harriette Becker, formerly Harriette Sullivan, died intestate a resident of Douglas County, Nebraska, March, 1919, seized in fee of an undivided one-ninth interest in and to the real estate above described, and leaving as her sole and only heirs at law her son, Albert N. Becker, now of legal age.
That no application has been made in the state of Nebraska for the appointment of an administrator for the estates of any of said decedents.
Said petition further alleges that the interest of the petitioner in the above described land is that of a subsequent purchaser; and prays for a determination of the time of the death of the said A. N. Sullivan and Harriette Becker, and of the heirs, the degree of kinship and the right of descent of the real property belonging to each of said deceased persons in the State of Nebraska.
It is ordered that the same stand for hearing on the 6th day of March, 1942, before the County Court of Cass County, in the Court House at Plattsmouth, Nebraska, at the hour of 10 o'clock A. M.
Dated at Plattsmouth Nebraska, this 7th day of February, 1942.
A. H. DUXBURY,
County Judge.

Subscribe to The Journal

That Nagging Backache
May Warn of Disordered Kidney Action
Modern life with its busy and worry, irregular habits, improper eating and drinking—its risk of exposure and infection—drives heavy strain on the work of the kidneys. They are apt to become over-taxed and fail to filter excess acid and other impurities from the life-giving blood.
You may suffer nagging backache, headache, dizziness, getting up nights, leg pains, swelling—feel constantly tired, nervous, all worn out. Other signs of kidney or bladder disorder are sometimes burning, scanty or too frequent urination.
Try Doan's Pills. Doan's help the kidneys to pass off harmful excess body waste. They have had more than half a century of public approval. Are recommended by grateful users everywhere. Ask your neighbor!
DOAN'S PILLS

DON'T LET CONSTIPATION SLOW YOU UP
● When bowels are sluggish—when you feel irritable, headachy and everything you do is an effort—do as millions of folks do. Chew FEEN-A-MINT, the modern chewing gum laxative. FEEN-A-MINT looks and tastes like your favorite gum—you'll like its fresh mint flavor. Simply chew FEEN-A-MINT at bedtime—sleep without being disturbed—next morning gentle, effective relief. You'll feel like a million, full of your old pep again. A generous family supply of FEEN-A-MINT costs only 10¢.

FEEN-A-MINT 10¢