

EYE CARE

The Eye

is the most delicate, the most sensitive of our senses, yet the most neglected. Many of the headaches and nervous breakdowns come directly from muscular insufficiencies of the Eye.

Properly Fitted Glasses

relieve these muscular strains and the sooner applied, the better. We are on the alert for a defect undiscovered by your former Optician.

WE TAKE EVERY PRECAUTION

DAVIES & OWENS

Reliable Opticians

Falls City, Nebr.

Physical Culture.

My grandmother suffered and languished in pain, till she read in a magazine ad, that a woman should put on a sweater and train, and help the Delsartean fad. And now when I go to my mid-day repast, no meal is made ready for me; my grandmother's climbing a forty-foot mast or shinning up into a tree. The house has a stairway that she will not use; she always slides down on the rail; she's spoiled all the floors with her spiked sprinting shoes, and she laughs when I put up a wail. O, it may be all right for a woman so old, to leap o'er the table and chairs, while I try to fill up on the grub that is cold, with the dishes all piled on the stairs. Today I protested with many a tear, made a moan like a maudering dunce; and she kicked all the lights from the brass chandelier, and turned forty hand-springs at once. I told her I never could prosper and thrive, on victuals unfit for a man; she offered to throw me three falls out of five, Greeco-Roman or catch-as-catch-can.—Walt Mason in Emporia (Kansas) Gazette.

Patience is an art. It is one which admits and requires the utmost culture. It is also one which may be and should be cultivated by everyone. No disposition is what it should be until it acquires this art and develops it to a certain degree of perfection. Without the art of patience, amiability is impossible, true politeness is unattainable, and courtesy quite out of the question. Patience stamps itself on the very features of the individual who possesses it and leaves a refinement which enables him to command respect whenever he is known. If this art is well cultivated, it will soon abolish anger and eliminate passion.—Globe.

Beware of Mock Marriages.

Mock marriages are a dangerous form of frivolity as a number of young people in New York have learned. There was a ball at Coney Island and thirty couples were put through the marriage ceremony by a notary just for fun. Now it develops that these marriages are legally binding. Very likely some way out of the difficulty will be found, but the lesson ought to be generally impressive. The usual idea about marriage is that it is not good unless certain set forms are complied with. Yet the "common law" marriage an institution in which many people have been unwittingly entrapped, is just as legal and just as binding as a marriage performed in church before a horde of witnesses. When a man and a woman, before witnesses, announce themselves as man and wife, or declare their intention to become such, the common law regards them as being married. While it is seldom used, the mere agreement to become man and wife is regarded in law as binding, and the bond is just as tight as though it had been tied by a clergyman in an elaborate ceremony. The party who suggests a mock marriage is a dangerous individual and may be put into the same class with the "fool who rocks the boat," and the idiot who pulls a chair from under you.—Ex.

Punishing the Slanderer.

Of all the so-called small vices slander is about the meanest and most cowardly, and yet it is all too common. The fact that it is often thoughtless and unintentional does not make the results any better. Many times however, it is deliberately malicious and no sure way has yet been found to punish it as it deserves. A slanderer is sure to bring disagreeable notoriety to the injured party, and the verdict of a jury is proverbially uncertain. Even if the slanderer is found guilty, the penalty is often absurdly light, and the slightest speck of possible jurisdiction will be magnified by somebody to the damage of the innocent party.

In an Eastern city a young man was found guilty in one of the lower courts of deliberately circulating one of gossipy rumors about a young woman and which caused her to lose her place. The account says: "For this offense the young man narrowly escaped a term of imprisonment, the court finally deciding to impose merely a fine of \$10.

One wonders what kind of valuation such a judge puts on human character and reputation and what he would have done had the woman been his own daughter or sister. And yet, even this absurd penalty is rare enough in proportion to the number of such crimes committed. Why is it that the majority of people seem so much more ready to read or listen to accounts of evil than of good of their fellowmen, and especially of their fellow women? If people in society would often turn away from, or resolutely refuse to listen to the tales of evil that gossips are so fond of circulating, the circulators would soon be silenced.


Probably most of us would have to plead guilty to some measure of carelessness, at least, in saying or listening to things that would have been better left unsaid, and to that degree we may be at least silent partners with the gossips. A few real fines and imprisonments for malicious slanderers would not only discourage them but at the same time put all of us on our guard against an easily acquired evil habit that is altogether too common, even in the best society.—St. Joe News Press.

A QUEEN OF HEARTS

Is the woman with the dazzling smiles, made so by a well-kept mouth and pearly teeth. Dr. Yutzy can make your mouth a thing of beauty by inserting bridge work in place of defective or unsightly teeth.

CROWN AND BRIDGE WORK is a specialty that he is proud of.

J. C. YUTZY
Falls City, Nebraska



LEED'S

LIQUOR EMPORIUM

All Popular Brands of Wet Goods with an experienced mixer at your service. Foreign and Domestic Cigars.

L. E. LEED, PROPRIETOR
FALLS CITY NEBRASKA

Women—God Bless 'Em.

The saving grace in any community is the women. They furnish the inspiration, the encouragement, the cheer to the men who toil for home or labor for righteous cause. Without good women life would be unbearable in any town. They sweeten existence, dignity and enoble toil, give a glory to the commonplace and are the power which makes for righteousness everywhere. Every town owes most to its women. Their names figure little in the newspapers. They do not preach or serve as political workers or in conspicuous positions. They are home-keepers, they gird on the armor, they strengthen the heart. Many a man whose name is familiar to the community who is called successful, owes his success to some good woman, mother, wife, sister or sweetheart, without whose aid and loving counsel he would be an abject failure. The women of every town—God bless 'em.—W. W. in Hiawatha World.

A millinery salesman was in town the other day and kindly allowed the agricultural editor to take a look at the new styles. His report reads like this: The new styles will be fully as well pleasing as those of last year. The principal change noticed was that the front porch has been enlarged and an upper deck added to the roof. In many instances they will run in three-story effects with the roof garden rich in foliage and evergreen. The bay window has been moved from the front to the left side, while the chimney has been done Gothic instead of Grecian design. There will be a lister furrow across the rear garden. Owing to the fact that no new colors have been discovered recently, there will be no change in this particular, although an effort will be made to get at least a dozen different shades on each hat. The eave trough will sag over the left eye. Owing to the financial flurry the price will be from one to nine cents lower. This is supposed to be the latest accurate information on the new styles.—Ponca Courier.

A Life At Stake

Your life may be at stake when you notice any sign of kidney or bladder trouble as Bright's disease and diabetes start with a slight irregularity that could be quickly cured by Foley's Kidney Remedy. Commence taking it at the first sign of danger. Kerr's Pharmacy.

Remember that when the Stomach nerves fail or weaken, Dyspepsia or Indigestion must always follow. But, strengthen these same weak inside nerves with Dr. Shoop's Restorative, and then see how quickly health will again return. Weak Heart and Kidney nerves can also be strengthened with the Restorative. Where Heart pains, palpitation, or Kidney weakness is found. Don't drug the stomach, nor stimulate the heart or kidneys. That is wrong. Go to the cause of these ailments. Strengthen these weak inside nerves with Dr. Shoop's Restorative and get well. A simple, single test will surely tell. Sold by all dealers.

To Graduates.

The Tribune this week received a beautiful sample line of graduating cards, which we will be pleased to show to all interested. It is only a short time until the class of 1908 will be before the foot lights and you will want to tell your friends about it in the proper way, which is by a neat and beautiful invitation, and which we can furnish at a moderate cost. Come in and see our line and get our prices.

Climax Chick Feed

You cannot afford to hatch out a lot of Chicks and let them die for want of proper feed. I want to have you come in and get some CLIMAX Chick Feed, and if you do not say it is the best feed on earth and are not satisfied with the results you can get your money back.

**...I BUY...
Butter, Eggs, Poultry, Popcorn,
Hides and Furs.**

Have on hand all kinds of SALT, HAY, GRAIN, FLOUR AND FEED.

You get a Box of Salt with every Sack of Flour.

Yours for Business,
O. P. HECK

A city's newspapers are its representatives to the outside world. Many people see the papers who do not see the town. If the papers have a prosperous appearance people conclude the town is a good one. If the papers show evidences of gasping for breath and making a life-and-death struggle against discouraging odds, people don't think much good of the town.—Beatrice Sun.

Many hunters object to paying licenses for indulging their sporting proclivities in the states where such laws have been passed. They should be consoled, however, by learning that the fund thus raised is used to replace the game they kill. The game commissioners buy quail, pheasants, partridges and other birds to restock the depleted sections and the hunters, from self-interest alone, should cooperate with them. Sometimes the birds are simply turned loose to shift for themselves, but the better plan is to furnish either the birds or eggs to farmers and rear them like the poultry.—Hiawatha Democrat.

Remember that when the Stomach nerves fail or weaken, Dyspepsia or Indigestion must always follow. But, strengthen these same weak inside nerves with Dr. Shoop's Restorative, and then see how quickly health will again return. Weak Heart and Kidney nerves can also be strengthened with the Restorative. Where Heart pains, palpitation, or Kidney weakness is found. Don't drug the stomach, nor stimulate the heart or kidneys. That is wrong. Go to the cause of these ailments. Strengthen these weak inside nerves with Dr. Shoop's Restorative and get well. A simple, single test will surely tell. Sold by all dealers.

TOLD SHE MUST DIE

Great Claims Made for the New Discovery of Vienna Physician

The news that an eminent physician, under the tutorage of Dr. Stofel, dean of the Vienna university, has discovered a combination of drugs that will cure consumption, asthma, catarrh and bronchitis will be hailed with delight by many thousands of sufferers.

Mrs. W. Phenix of this city had been given up to die by several prominent doctors. Relatives took her to the German Specialists of Council Bluffs, Ia., where the treatment was successfully given. Hundreds of sworn affidavits pasted on the walls of their office prove the claims made in their advertisement elsewhere in this paper. All worthy patients of small means who write now for appointment can be treated absolutely free to advertise their cures.

Pain can be quickly stopped. A 25 cent box of Dr. Shoop's Headache Tablets will kill any pain, everywhere, in 20 minutes! Besides they are thoroughly safe. Painful periods with women, neuralgia, etc., quickly cease after one tablet. Sold by all dealers.

Piles

CURED WITHOUT KNIFE NO MONEY 'TIL CURED

Fistula, Piles, Bleeding, Itching, Ulceration, Constipation and all Rectal Diseases a Specialty.

THE GERMAN SPECIALISTS
522 Broadway Council Bluffs, Iowa

RUPTURE CURED

IN ONE TREATMENT

By the latest and most scientific methods known. No injections of poison; no loss of time; no hospital; no pain; no knife; no truss. Thousands cured.

Our patients after taking treatment, have successfully passed the most severe and trying tests. COME TO US AND BE A MAN AGAIN. Call for consultation, or write for booklet.

THE GERMAN SPECIALISTS
522 Broadway Council Bluffs, Ia.

ManZan

Reaches the spot, stops pain, the Great Pile Remedy. Put in by tubes with rectal nozzle. 50 cents.

IF NOT--WHY NOT GET CURED NOW?

Average Time to Cure

RUPTURE.....	ONE VISIT
HYDROCELE.....	ONE VISIT
VARICOCELE.....	ONE VISIT
CATARACTS.....	3 to 10 Days
IMPOTENCY.....	10 to 30 Days
STRICTURE.....	5 to 30 Days
GLEET.....	5 to 30 Days
CANCER.....	5 to 30 Days
CATARH.....	10 to 30 Days
GOITER.....	60 to 90 Days
Piles, Fistula.....	3 to 5 Days
Losses, Drains, etc.....	5 to 30 Days
Liquor Habit.....	10 to 30 Days
Prostatic Troubles.....	10 to 30 Days
Rheumatism, Gout.....	10 to 30 Days
Nervous Debility.....	10 to 30 Days
Stomach Diseases.....	20 to 60 Days
Kidney Diseases.....	20 to 60 Days
Bladder Diseases.....	20 to 60 Days
Blood Poison, etc.....	60 to 90 Days

We advertise what we do, and do what we advertise. No incurables taken.

NO KNIFE BLOOD OR PAIN
Examinations Free to all who write for appointment card now.

The German Specialists
Second Floor
522 Broadway Council Bluffs, Ia.

Free Copies to Advertisers

The Canadian postoffice department is making an investigation into the practice of publishers sending free copies of their papers to advertisers as second-class matter. They claim that under the regulations advertisers are not entitled to receive free copies at this rate, nor even for the purpose of checking, but must first become subscribers. Several publishers of dailies and weeklies have had a claim made against them for extra postage at the rate of one cent for four ounces of copies which they have been sending out to advertisers for years back. In the case of one daily the sum involved amounts to thousands of dollars.—Canadian Publisher and Printer.

Thousands Perish

Thousands perish every year from consumption resulting from a cold. Foley's Honey and Tar cures the most obstinate racking coughs and expels the cold from your system and prevents consumption and pneumonia. It has cured many cases of incipient consumption. Kerr's Pharmacy.

THE H. M. JENNE SHOE STORE

Oxfords! Easter Tans



Oxfords! Spring Creations



Let us Fit you while we have your size!

Everything in Shoes

Weak Women

To weak and ailing women, there is at least one way to help. But with that way, two treatments must be combined. One is local, one is constitutional, but both are important, both essential.

Dr. Shoop's Night Cure is the Local.

Dr. Shoop's Restorative, the Constitutional.

The former—Dr. Shoop's Night Cure—is a topical mucous membrane suppository remedy, while Dr. Shoop's Restorative is wholly an internal treatment. The Restorative reaches throughout the entire system, seeking the repair of all nerve, all tissue, and all blood ailments.

The "Night Cure," as its name implies, does its work while you sleep. It soothes sore and inflamed mucous surfaces, heals local weaknesses and discharges, while the Restorative, causes nervous excitement, gives renewed vigor and animation, builds up wasted tissues, bringing about renewed strength, vigor, and energy. Take Dr. Shoop's Restorative—Tablets or Liquid—as a general tonic to the system. For positive local help, use as well

Dr. Shoop's Night Cure

(ALL DEALERS)