HOME-MADE BEDSPREADS.

Different Bods and What Materials to Use.

A very pretty one was recently inches wide was in-ned up on three sides of it, and hem-stitched. A simiple scallop was then worked all around it on the double edge and cut out. A design showing bunches of chrysanthemums and leaves, joined by a running design of ribbon, was made exactly to fit the top of the bedand a similar design was put across the upper end to go over the buister The work was done in heavy. white mercerized cotton-the ribbon being darned in, and the flowers and leaves heavily stuffed and worked in

For a yellow and white room the spread was made of six yards of plain yellow wash material, 26 inches wide, costing eight conts a yard. This was cut into six pieces, each one yard square, and joined together, taree pieces on each side, with insertion about three inches wide. In the center of each square was warked a con-

For an old-fashioned four-post mahogany bed a handsome India cotton print was used. This came 12 feet long and six wide. The ground was white, with gay red and blue figures of birds and flowers across the two ends. The pattern took the form of a wide border. These two ends were cut off and sewed along the upper pur of the two sides, the square openings at the corners being left for the posts. The whole spread was edged with some old lace and insertion ripped from discarded curtains.

Another spread was made from lrish unbleached linen, which comes 90 inches wide. This spread was made three and one-half yards long so as to allow of an extra piece to put over the bolster roll. The whole surface was worked in a Mount Mellish design, using the heavier grades of knitting cotton; the edges of this spread were hemstitched, but could be scal-

A FEW HEALTH HINTS.

Green Vegetables Highly Recommended and Hot Water a Great Aid to Digestion.

Green vegetables and salads will counteract a tendency to pimples and other skin eruptions. Sufferers from eczema should eat sparingly of fruit, which, as a rule, contains too much acid to be suitable for them.

The best toflet preparation in the world is plain hot water. Drink a glass of it every night if you want good digestion, clear complexion and

If the hair is in a very weakened state, as it is after illness or fever, brushing, clipping and vigorous shampoos are too severe treatment for It.

Massage the scalp for five minutes every day, or for half an hour twice a week, rubbing a very little vaseline into the roots of the hair. Let the hair hang loose and free as often as sible, so that much handling will not be necessary. Cive it a rest. Its weak condition demands that it be left alone instead of being fussed over.

In spite of the danger of the oldfashioned punishment of a box on the ears, it is one which is often infliesed on troublesome children by their parents, without the smallest recard of consequences. The parents are ignorant, not cruel, but they ought to know that such a sunishment is likely to cause lifelong injury. Deafness is probably the most frequent ill result of ear-boxing, but it may cause injury to the brain and insanity .-Farmers' Review.

Stewed Veal with Barley.

Put a knuckle of veal in a saucepan with a bit of butter the size of a walnut, and fry the meat a nice brown all over. Just cover the meat with quite boiling water, put in a teacupful of barley, two heads of celery, cleaned and cut in inch lengths, two carrois, two turnips, two large onions, a sprig of lemon thyme, marjoram and two sage leaves. Let this simmer for 'wo hours; put the meat on a hot dish season the vegetables with pepper and salt, pour over the meat, and serve with a tablespoonful of finely chopped parsley sprinkled over.

To Remove a Grease Spot.

Here is a new way to remove grease spot, which answers excellently: First place a double thickness of blotting paper on an ironing board. Lay the material on this and sponge well with benzine. Now put two more thicknesses of blotting paper on top and fron with a moderately hot iron. Remember that benzine is inflammable, so don't do this near a fire or light, and see that your flatiron isn't at seorching heat.

Present for a Baby's Basket.

You can make a very dainty little present for the baby's basket by taking ribbon an inch wide in pink or blue, and sewing it in four long loops, leaving enough ribbon at one end to form a rosette at the top. On each loop place a crocheted silk ring, about the size of a quarter, and attach to these rings safety pins of various sizes. This is easily made, inexpensive and always a welcome gift.

Little Moire Coats.

Moire is newer than taffeta for the little silk coat that is to be worn this spring. Faille, which always comes in with moire, is used for the same purpose. The coats range all the way from little postage stamp jackets to be worn with corselet skirts through the ordinary eton and the little sack coat to all lengths and degrees of coats with skirts.

SEEN AT THE DEPOT GATES

Suggestions for the Treatment of There Are Frequent Blockades When Women Hunt for Their Tresets.

E. J. Sanford, president of the Union made from a linea sheet. A hem six Depot company, is an a mood to supply a has nearly reached this conclusion betuse of many rather emparrassing inments which have occurred in the pashe Kansas City Star. "For," as he says, women don't have many pockets, and nany places about their ciothing. When hey go after their valuables, it takes time to reach them. Gatemen don't have to tell them to 'hurry,' because it is usually the hurry that decays them."

A few days ago, a young woman walked to the gate operated by Curus Reaves, expecting to take a Santa Fe gateman politely asked to see her ticket. "Why, do you have to see it?" she

There are two Santa Fe trains out there, and I want to see how your ticket a routed.

The young woman blushed. She earried several bundles in her arms, and he looked at them, looked at the gate-

"Come, hurry!" Reaves Insisted. There are others belind you waiting to

and neck had taken on a carmine hue. She clung to her bundles. A crowd had woman laid her bundles down beside her and reached for her ticket and took it from her stocking.

rier, while doing extra duty at a gate, was confronted by a young woman going to Chicago. Wallenstrom asked for She insisted that she be allowed on the platforms without first showing her transportation.

are to make everyone show a ticket. You'll have to either get yours or go back in the waiting room.'

The young woman saw he was in earnest.

"All right," she replied.

She laid her grip beside her, took hold of the bottom of her skirts and went after the ticket. In a dainty little pocket attached to a garter she had it. And she was so nervous she couldn't open the

"I'm getting nervous," she said. But she got the purse open and showed her ticket. She was angry and "said gateman.

"They carry their tickets, sometimes," have great difficulty in getting them. thirty days. Receipts are 20 per One woman came to a gate and when she learned she had to show her ticket, she became frightened, believing she had lost it. I didn't know what would hapfound it just where she fastened it—in her bustle.

women do not come to the gates with was moderate. their tickets concealed in their stockings. Some of them think we mistrent them when we ask that the tickets be

Many of these cases have been reported to Mr. Sanford. Gatemen have Nothing so surely proves merit as vided. "It would help the women." Mr. Sanford said.

RAILWAY RUMOR.

three years will amount to about \$50,- ers. 000,000 per annum.

The total length of railways in Japan is now over 4,500 miles. The gauge is three feet six inches.

The largest locomotives require more than 100 gallons of oil a year to keep them in smooth running order.

ganizing an association composed of men who were once messenger boys. The list, it is said, includes Andrew Car-Hughitt, W. A. Gardner, Col. Robert C. Clowry and A. J. Earling.

Europe show that the total mileage of January 7th. the continent and the United Kingdom on January 1, 1905, amounted to 188,miles over the corresponding date of

Matrimonial tickets are supplied by the Canadian Pacific railway to those cursion rates to Florida and resettlers in the Northwest territory who wish to make a journey in order to get married and on presenting the return coupon and a marriage certificate a man is entitled to free transportation for his bride.

rate of about 621.5 miles a year. The entire mileage exceeds at present 34, 183 miles. The electrification of railways is still confined to a few suburban lines, where the system works satisfactorily.

Mammoth Freight Car.

The biggest freight car in the world is being constructed in the St. Paul railroad shops at Milwaukee. The largest freight cars at present are of 100,000 pounds' capacity and are for folders on irrigation, dry land looked upon as monsters. The new car will have a capacity of 200,000 pounds. It is being built to transport a 90-ton section of a base for a blast engine which is being shipped to Bethlehem, Pa. The car is 41 feet long, has four instead of two trucks, and sixteen instead of eight wheels.

Market Letter.

Kansas City Stock Yards, Dec. 10th, 1906; Since the middle of last week the cattle market has had a healthier tone, and today there is an advance of 5 to 15 stocking room for women travelers. He cents. This week promises to cuttle shippers a return to the satisfactory conditions of two ageways leading to exit gates, reports weeks ago when strong markets were the rule, which was interbey hide their tickets and money in so rupted by the rather listless trade immediately before the following Thanksgiving. The run is 12,000 head today, containing a good share of Colordo and Western cattle, also some Native Christmas steers, two full loads of the latter ilmited train for New Mexico. The at S6.25, and odd head at \$7,00, Short fed steers have not graded up very good so far, and some "Yes, madam," Reaves replied disappointment to shippers has been noted, but with the longer period of feeding each week will produce fewer complaints Prices range from \$4,25 to \$.5,75 while man, and looked appealingly to a woman | Western grass ca the are selling at \$3,40 to \$4,50. The cow market has been adjusting itself to the changed character of the offerings By this time the young woman's face grass stuff generally of inferior. quality and selling lower, at \$2.25 collected behind her and persons were to \$3,25, except good Colorado becoming impatient. Slowly the young cows which ranged up to \$3.75. fed cows up to \$4,25, heifers reaching \$5,25, with bulk of heif-Not long ago John Wallenstrom, train | ers on \$3,00 to \$4.75. | Veal calves are scarce, best ones 85.75 to \$6.25, heavy calves \$3,00 to \$4,00, her ticket, and she "made a face" at him. | bulls \$2,25 to \$3,85 | The Colorado stockers and feeders are best quality of the season and are "Sorry, madam," he said, "but orders | bringing the highest prices they have yet reached, at \$3.75 to \$4.50 for feeders, stockers \$3, to \$4.25. The supply in the quarantine division is small and of inferior

Hogs have shown great strength since a week ago, with the exception of one day, Saturday. The clasp on the purse. She became excited. market is 5 to 71 cents higher today, supply 8000 head, and predictions are in favor of still higher things," about the depot and about the prices this week, with the usual number of confident assertions Wallenstrom said, "in places where they | that the price will reach | \$7.00 in cent short of a year ago at Kansas began digging in her bustle. She worked | City, and other points also exhibit and worked, but no ticket. Finally, she decreases and all the conditions Office Phone 260 Residence Phone 271 favor strong markets.

quality generally.

pen, so to avoid further embarrassment | Supply of sheep and lambs to-I sent her to Mrs. Shull, the matron, day 5000 head, market strong. Prices are a little higher than a "There is hardly a day passes that week ago, as the supply last week

lead you to at least ask us for a free trial box of Dr. Shoon's Catarrh Cure. suggested that a stocking room be pro- real, actual test-and Dr. Shoop, to prove this, earnestly desires that we let you make that test. This creamy, Snow White healing balm, soothes the throat and nostrils, and quickly purifies a foul and feverish breath. Call India's railway building for the next and investigate. For sale by all deal-

Burlington Bulletin **DECEMBER** 1906.

To California: Daily reduced rate tourist tickets good all Winter including all Coast attractions: J. P. Hall, of the Santa Fe, is or- through Standard and Tourist

Holiday Special Rates:-Round negie, William C. Van Horne, Marvin trip rates, December 20 to 25 inc., and December 30th to January Statistics of the railway mileage of 1st, inc., good returning until

To Havana, Cuba: One fare. 797 miles, being an increase of 2,098 round trip, December 18th to 20th limit January 9th.

> To The South: Daily low exsorts in the Southeast and along the Gulf. Homeseekers rates first and third Tuesdays to the Southwest.

Personally Conducted Excur-In recent years the construction of sion To Florida: Leaving Linrailways proceeded in Germany at the coln and Omaha Wednesday, Jannary 9th, 1907. Through sleepers to Jacksonville. Write for itin-

Homeseekers Excursions West: Reduced one-way and round trip rates frequently each month to Western Nebraska, Kansas, ventles a toothsome candy Tablet-

farming, Dairy District, and Free Kinkaid Land folder. Personally conducted excursions twice a month for Kinkaid lands east of

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