

STOP! WOMEN,

AND CONSIDER THE

ALL-IMPORTANT
FACT



That in addressing Mrs. Pinkham you are confiding your private ills to a woman—a woman whose experience with woman's diseases covers a great many years.

You can talk freely to a woman when it is revolting to relate your private troubles to a man—besides a man does not understand—simply because he is a man.

Many women suffer in silence and drift along from bad to worse, knowing full well that they ought to have immediate assistance, but a natural modesty impels them to shrink from exposing themselves to the questions and probably examinations of even their family physician. It is unnecessary. Without money or price you can consult a woman whose knowledge from actual experience is great.

Mrs. Pinkham's Standing Invitation:

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by women only. A woman can freely talk of her private illness to a woman; thus has been established the eternal confidence between Mrs. Pinkham and the women of America which has never been broken. Out of the vast volume of experience which she has to draw from, it is more than possible that she has gained the very knowledge that will help your case. She asks nothing in return except your good-will, and her advice has relieved thousands. Surely any woman, rich or poor, is very foolish if she does not take advantage of this generous offer of assistance.—Lydia E. Pinkham Medicine Co., Lynn, Mass.

Following we publish two letters from a woman who accepted this invitation. Note the result.

First letter.

"Dear Mrs. Pinkham:—
For eight years I have suffered something terrible every month with my periods. The pains are excruciating and I can hardly stand them. My doctor says I have ovarian and womb trouble, and I must go through an operation if I want to get well. I do not want to submit to it if I can possibly help it. Please tell me what to do. I hope you can relieve me."—Mrs. Mary Dimmick, 59th and E. Capitol Sts., Benning P. O., Washington, D. C.

Second letter.

"Dear Mrs. Pinkham:—
After following carefully your advice, and taking Lydia E. Pinkham's Vegetable Compound, I am very anxious to send you my testimonial, that others may know their value and what you have done for me.

"As you know, I wrote you that my doctor said I must have an operation or I could not live. I then wrote you, telling you my ailments. I followed your advice and am entirely well. I can walk miles without an ache or a pain, and I owe my life to you and to Lydia E. Pinkham's Vegetable Compound. I wish every suffering woman would read this testimonial and realize the value of writing to you and your remedy."—Mrs. Mary Dimmick, 59th and E. Capitol Streets, Benning P. O., Washington, D. C.

When a medicine has been successful in restoring to health so many women whose testimony is so unquestionable, you cannot well say, without trying it, "I do not believe it will help me." If you are ill, don't hesitate to get a bottle of Lydia E. Pinkham's Vegetable Compound at once, and write Mrs. Pinkham, Lynn, Mass., for special advice—it is free and always helpful.

WINCHESTER

'NEW RIVAL' BLACK POWDER SHELLS.

It's the thoroughly modern and scientific system of loading and the use of only the best materials which make Winchester Factory Loaded "New Rival" Shells give better pattern, penetration and more uniform results generally than any other shells. The special paper and the Winchester patent corrugated head used in making "New Rival" shells give them strength to withstand reloading.

BE SURE TO GET WINCHESTER MAKE OF SHELLS.

OCCIDENTAL BUILDING & LOAN ASSOCIATION

OF OMAHA, NEBRASKA.

LOANS ON IMPROVED CITY PROPERTY.

We are prepared to make loans on improved real estate or for the purpose of making improvements.

Easy Monthly Payments. Liberal Plan.

For full particulars address the Association, 1523 Douglas St., Omaha, Neb.

When answering advertisements kindly mention this paper.

Beware of Ointments for Catarrh that Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

New Use for Whisky.

A butler, newly engaged, requested his master to allow him some whisky. "There's nothing like it to clean the windows," said he. However, a few minutes later his master chanced to pass through the room, and to his surprise found the glass empty. "Why, James," he asked, "where's the whisky?" "Well, you see, sir," said James, "it's this way; I drank the whisky and then I breathe on the glass."

To Keep Weight Down.

If you wish to keep your weight down, don't drink water at meals. Take tea and coffee. Rise early, walk at least five miles every day, and don't take a nap after exercising. Sleep eight hours only, and on a moderately hard bed. Shun fresh or hot bread. Flee from potatoes, peas, macaroni, olive oil, cream, alcoholic drinks, sweets and pastry.

Seek Bones of Primitive Man.

Paleontologists are hoping to find any day the bones of primitive man in some part of the West, where the deeply eroded canyons have revealed so many wonders of the animal world in the shape of ancestors of the horse and the dinosaur.

For using on envelopes two stamps which had already been through the post, an Irish schoolmaster has just been fined £100. Some of women's little daily economies often prove in the end expensive.—London Globe.

A straight party man frequently leaves a crooked trail.

CHILDREN AFFECTED.

By Mother's Food and Drink.

Many babies have been launched into life with constitutions weakened by disease taken in with their mother's milk. Mothers cannot be too careful as to the food they use while nursing their babes. The experience of a Kansas City mother is a case in point:

"I was a great coffee drinker from a child, and thought I could not eat a meal without it. But I found at last it was doing me harm. For years I had been troubled with dizziness, spots before my eyes and pain in my heart, to which was added two years ago, a chronic sour stomach. The baby was born 7 months ago, and almost from the beginning, it, too, suffered from sour stomach. She was taking it from me!

"In my distress I consulted a friend of more experience than mine, and she told me to quit coffee, that coffee did not make good milk, I have since ascertained that it really dries up the milk.

"So, I quit coffee, and tried tea and at last cocoa. But they did not agree with me. Then I turned to Postum Coffee with the happiest results. It proved to be the very thing I needed. It not only agreed perfectly with baby and myself, but it increased the flow of my milk. My husband then quit coffee and used Postum, quickly got well of the dyspepsia with which he had been troubled. I no longer suffer from the dizziness, blind spells, pain in my heart or sour stomach. Postum has cured them.

"Now we all drink Postum from my husband to my seven months' old baby. It has proved to be the best hot drink we have ever used. We would not give up Postum for the best coffee we ever drank. Name given by Postum Co., Battle Creek, Mich.

There's a reason. Get the little book "The Road to Wellville" in each pkg.



Thought There Was an Inducement.

The man with the confident air walked into the tobacco department of the big store, called the manager to one side and whispered:

"I've come in to get the prize, but I don't want anybody to know it."

"Prize? What prize?"

"Why, my wife gave me a smoking set for Christmas, and I've used it every evening since then. Don't you give a fellow some kind of a reward for that?"

A Handicap.

Mrs. Hiram Offen—How long were you in your last place?

New Servant—Just a month, ma'am.
Mrs. Hiram Offen—Indeed? What was the trouble?

New Servant—Th' trouble was that I got sick an' couldn't l'ave no sooner.—Philadelphia Press.

Keeps Cows.

City Friend—Do you keep a cow?

Mr. Oulutz of Drearyhurst—I have a strong suspicion that I do. What I have to pay my milkman every week certainly ought to be enough to keep two or three cows.

Preferred Creditors.

"Pa, what's a preferred creditor?"
"The kind I prefer is the one who is willing to take it for granted that I'll pay him just as soon as I can conveniently spare the money."

Wired.

Hicks—Charley wired me last night.

Weber—What an absurd expression! "Wired!" As if you were a champagne bottle or a cheap bouquet!

Wanted to End the Supply.



Willie—Say, ma, do storks bring de babies?

Mamma—Yes, Willie.

Willie—Say, ma, can I take pa's rifle and go huntin' dis afternoon?

Can Sleep There, Too.

"Why don't you come to church, Sunday mornings?" asked the deacon.

"Oh, I like to sleep Sunday mornings," replied the neighbor.

"Oh, well, that's all right; come anyway."—Yonkers Statesman.

Proof Positive.

Lawyer—You say you were sitting in a room, could not see the road, heard nothing, and yet you swear, sir, that an automobile passed at 7 o'clock.

Witness—Certainly; I smelt it.—Puck.

The End of It.

"I have disproved that old saying that 'a barking dog doesn't bite.'"

"You have?"

"Yes. That dog of Crabbe's barked at me this morning and it bit the dust."