

BEAUTIFUL WOMEN

HOW THEY MAINTAIN THE CHARMS OF THEIR SEX.

The Importance that Attaches to the Care of the Blood if One Wants Bright Eyes and a Clear Complexion.

Every sensible woman naturally wishes to appear attractive. She knows the value of bright eyes, delicate complexion and lively spirits. She knows also that good health is at the basis of her charms, and that good blood is the source of good health.

Miss Mamie Conway has a complexion which is the admiration of all who know her. Asked if she could make any suggestions that would be helpful to others less fortunate, she said:

"My complexion would not have pleased you, if you had seen it two years ago. It was then about as bad as it could be, and it gave me a great deal of dissatisfaction. If you want a good complexion you must take care of your health, especially of the condition of your blood. My health was at that time completely broken down. I was nervous, had frequent headaches, a torpid liver and a great deal of pain in that region. I suffered also from indigestion. It was clear that my blood was in bad condition, for pimples broke out all over my face."

"It is hard to realize that, for there isn't the slightest trace of such blemishes now."

"It was unfortunately quite otherwise then, and a long time passed before I found anything that gave me any relief. I became very weak and listless. The doctor's medicine did me no good, and I took a number of highly recommended tonics with no better result. As soon, however, as I began to use Dr. Williams' Pink Pills for Pale People my complexion cleared up, and after I had taken two boxes there was not a sign of a pimple left on my face. My cheeks became rosy, I gained flesh and had perfect health ever since."

Rosy cheeks and sparkling eyes are merely signs of healthy blood. They have come not only in the case of Miss Conway, whose home is at 1211 East Eighth street, Canton, Ohio, but to thousands of women for whom Dr. Williams' Pink Pills have made new blood. There is no surer way for you to obtain them, than to buy a box of these pills from any druggist and try them for yourself. They correct irregularities and banish weakness.

Heir to Great Income.

The young heir to the Duke of Westminster, if he lives, will be one of the wealthiest men in Great Britain. His income will be more than a million and a quarter dollars a year. He will inherit, among other possessions, 30,000 acres, including 600 acres of the most valuable land in the West End of London, which, as years go on and leases fall in, increases constantly in value. There are also 29,400 acres waiting for him in the country.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher.*

In Use For Over 30 Years. The Kind You Have Always Bought.

Burglar is an Artist.

On a burglar arrested in Paris the police found a beautifully executed picture in water colors of the house he had robbed.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1909.

Coal for Italy.

Italy imports every year nearly 5,000,000 tons of coal, almost exclusively from the United Kingdom.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The wife who carries her coquetry through life is beloved to the end of the chapter.

Can Live Without Spleen.

That a human being can live without a spleen has been thoroughly established. At one time it was supposed that the spleen produced the red blood corpuscles of the white ones, or charged the one into the other; but since it is known that the bone-marrow has something to do with the production of corpuscles, and that spleenless men can live in perfect health, more operations are being performed for the removal of this organ.

Stopping an Epidemic.

An epidemic in Kambum, Japan, was traced to a certain stream of water, but as the natives who drank the water could neither see nor smell the germs of the disease, they continued to drink from the stream. Then the police allowed kerosene oil to trickle into the water, and this evidence of pollution proved convincing and ended the epidemic.

Experiment Worth Trying.

For good spirits, good humor, good conduct and good living, so say cheerful thinkers, try the simple expedient of saving a little money, from week to week. As the bank balance grows so will grow high ideals of business and social existence, to say nothing of the moral courage that dares to think deeply, to claim unswerving allegiance with the cause of the just and right.

Lord Bacon on Tall Men.

When King James asked Lord Keeper Bacon one day what he thought of the new French ambassador Bacon answered evasively that he was a tall and handsome man. "Yes," continued James, "but what do you think of the headpiece?" "Sire," was the answer, "tall men are like high houses, wherein commonly the uppermost rooms are worst furnished."

Gallantry to Burn.

It always makes us mad to see statements that the "old fashioned women" were better cooks or housekeepers than the women of the present day. The woman of the present day is good enough for us, or for anybody. There are a few shiftless women, but the great majority of them are admirable.—Opelika News.

After a man has had a spell of the blues he takes on the manner of one who is highly pleased with himself.

Lewis' "Single Binder" straight 5c cigar. Made of ripe, mellow tobacco, so rich in quality that many who formerly smoked 10c cigars now smoke Lewis' "Single Binder." Lewis' Factory, Peoria, Ill.

Humility gives the level head on the lofty height.

TO CURE A COLD IN ONE DAY. Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

The first newspaper advertisement appeared in 1652.

"Dyspepsia Tormented Me for Years. Dr. David Kennedy's Favorite Remedy cured me." Mrs. C. E. Dougherty, Millville, N. J. Used over 30 years. \$1.00.

You cannot lead without love.

Try me just once, and I am sure to come again. Defiance Starch.

Every true man seeks truth.

Health of American Women

A Subject Much Discussed at Women's Clubs—The Future of a Country Depends on the Health of Its Women.



Mrs. T. C. Willadsen Miss Mattie Henry

At the New York State Assembly of Mothers, a prominent New York doctor told the 500 women present that healthy American women were so rare as to be almost extinct.

This seems to be a sweeping statement of the condition of American women. Yet how many do you know who are perfectly well and do not have some trouble arising from a derangement of the female organism which manifests itself in headaches, backaches, nervousness, that bearing-down feeling, painful or irregular menstruation, leucorrhœa, displacement of the uterus, ovarian trouble, indigestion or sleeplessness? There is a tried and true remedy for all these ailments. Lydia E. Pinkham's Vegetable Compound has restored more American women to health than all other remedies in the world. It regulates, strengthens and cures diseases of the female organism as nothing else can. For thirty years it has been curing the worst forms of female complaints.

Such testimony as the following should be convincing.

Mrs. T. C. Willadsen, of Manning, Ia., writes:

Dear Mrs. Pinkham:— "I can truly say that you have saved my life and I cannot express my gratitude to you in words. For two years I spent lots of money in doctoring without any benefit for menstrual irregularities and I had given up all hopes of ever being well again, but I was persuaded to try Lydia E. Pinkham's Vegetable Compound and three bottles have restored me to perfect health. Had it not been for you I would have been in my grave to-day."

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

Miss Mattie Henry, Vice-President of Danville Art Club, 429 Green St., Danville, Va., writes:

Dear Mrs. Pinkham:—"Many years' suffering with female weakness, inflammation and a broken down system made me more anxious to die than to live, but Lydia E. Pinkham's Vegetable Compound has restored my health and I am so grateful for it that I want every suffering woman to know what Lydia E. Pinkham's Vegetable Compound will do for her."

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhœa, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating, (or flatulency), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. No other medicine in the world has received such unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any other medicine, for you need the best.

A light heart, a cheerful countenance, and all the charms of grace and beauty are dependent upon proper action of the bodily organs. You cannot look well unless you feel well.

Mrs. Pinkham invites all sick women to write her for advice. Her advice and medicine have restored thousands to health. Address, Lynn, Mass.

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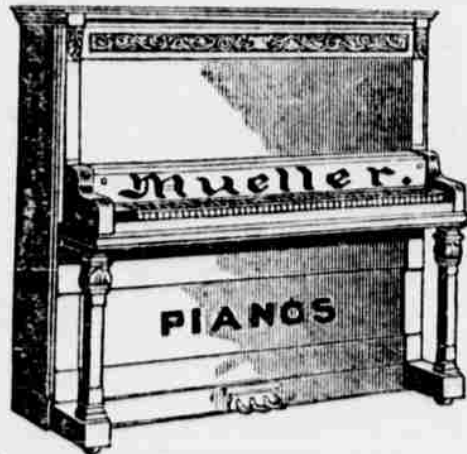
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