

HER BLOOD TOO THIN

GENERAL DEBILITY RESULTS FROM IMPOVERISHED BLOOD.

The Remedy That Makes New Blood Banishes Weakness, Headaches, Indigestion and Nervous Troubles.

Hundreds of women suffer from headaches, dizziness, restlessness, languor and timidity. Few realize that their misery all comes from the bad state of their blood. They take one thing for their head, another for their stomach, a third for their nerves, and yet all the while it is simply their poor blood that is the cause of their discomfort.

If one sure remedy for making good, rich blood were used every one of their distressing ailments would disappear, as they did in the case of Mrs. Ella F. Stone, who had been ailing for years and was completely run down before she realized the nature of her trouble.

"For several years," said Mrs. Stone, "I suffered from general debility. It began about 1896 with indigestion, nervousness and steady headaches. Up to 1900 I hadn't been able to find any relief from this condition. I was then very thin and bloodless. An enthusiastic friend, who had used Dr. Williams' Pink Pills, urged me to give them a trial and I finally bought a box.

"I did not notice any marked change from the use of the first box, but I determined to give them a fair trial and I kept on. When I had finished the second box I could see very decided signs of improvement in my condition. I began to feel better all over and to have hopes of a complete cure.

"I used in all eight or ten boxes, and when I stopped I had got back my regular weight and a good healthy color and the gain has lasted. I can eat what I please without discomfort. My nervousness is entirely gone, and, while I had constant headaches before, I very rarely have one now. I cheerfully recommend Dr. Williams' Pink Pills to women who suffer as I did."

Mrs. Stone was seen at her pretty home in Lakewood, E. L., where, as the result of her experience, Dr. Williams' Pink Pills are very popular. These famous pills are sold by all druggists. A book that every woman needs is published by the Dr. Williams Medicine Company, Schenectady, N. Y. It is entitled "Plain Talks to Women," and will be sent free on request.

Chinese farmers are beginning to demand modern tools, especially such as are useful for intensive farming.

Many School Children Are Sickly.
Mother Gray's Sweet powders for Children, used by Mother Gray, a nurse in Children's Home, New York, break up Colds in 24 hours, cure Feverishness, Headache, Stomach Troubles, Teething Disorders and Destroy Worms. At all Druggists, 25c. Sample mailed free. Address Allen S. Olmsted, Le Roy, N. Y.

A man may be up to the latest wrinkle in style and still fall short of the glory of God.

TO CURE A COLD IN ONE DAY
Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

The hypocrite's religion is the most repulsive of all his traits.

Don't you know that Defiance Starch, besides being absolutely superior to any other, is put up 16 ounces in package and sells at same price as 12-ounce packages of other kinds?

God often says, "Wait;" but he never says, "Worry."

\$36.00 per M. Lewis' "Single Binder," straight 5c cigar, costs the dealer some more than other 5c cigars, but the higher price enables this factory to use higher grade tobacco. Lewis' Factory, Peoria, Ill.

Whatever is right—where God is.

Hundreds of dealers say the extra quantity and superior quality of Defiance Starch is fast taking place of all other brands. Others say they cannot sell any other starch.

Nothing fails like a selfish success.

Not a Bit Tired.
A little girl was very proud of being taken for a walk by her father, and, though sometimes the rambles extended a trifle beyond her strength, she would not have pleaded fatigue for worlds. One day, however, her father noticed that she was lagging. "Tired, Pussy?" he asked. "No, father—that is, not azackly tired. I was only wishing I could take off my legs and carry them a little bit, that's all."

Feminine Confessions.
Whether we are doing the London season or a round of country house visits, the enjoyment of most women is largely dependent on the amount of opportunities accorded to them for flirtation. No matter how indignantly some of my sex may deny it, we all thrive on admiration.—Ladies' Field.

Do Not Make Good Soup.
An authority on cooking asserts that England is a soupless country, meaning that English cooks cannot make soup and that soup does not appear on the menu of an English every day dinner. Which is a fact, though soup is about the first form that English charity takes.

Japanese Servants.
A traveler says that the Japanese servant is a person of social importance. In the absence of the mistress callers are entertained at tea by the housemaid, whose knowledge of the etiquette of tea drinking and whose grace and charm are often the equal of those of her employer.

Accepts Small Deposits.
A new banking system, which enables persons to make deposits of twenty-five cents and upward, interest being allowed when the amount lodged reaches \$5, was adopted by the National Bank of Ireland recently. The bank has several branches in London.

Sterilized Water for Navy.
Dr. Le Mehaute suggests that on French war vessels water that has been sterilized by heat should be substituted for the distilled water at present used, which, in his opinion, is open to many grave objections, including excessive costliness.

Lord Mayor's Unique Honor.
Only one man in the city of London outside the Tower possesses the password which enables him to answer the challenge of the sentries at any time. It is the Lord Mayor, and the password is given to him by authority of the king.

Seeing much, suffering much and studying much are the three pillars of learning.—Disraeli.

BISHOP OWES HEALTH AND LIFE TO PE-RU-NA.

Ministers of All Denominations Join In Recommending Pe-ru-na to the People.

Public speaking especially exposes the throat and bronchial tubes to catarrhal affections.

Breathing the air of crowded assemblies, and the necessary exposure to night air which many preachers must face, makes catarrh especially prevalent among their class.

Peruna has become justly popular among them.



BISHOP L. H. HALSEY.

The Friends of Pe-ru-na.

Despite the prejudices of the medical profession against proprietary medicines, the clergy have always maintained a strong confidence and friendship for Peruna.

They have discovered by personal experience that Peruna does all that is claimed for it.

The Bishop's Strong Tribute to Pe-ru-na.

L. H. Halsey, Bishop C. M. E. Church, Atlanta, Ga., writes:
"I have found Peruna to be a great remedy for catarrh. I have suffered with this terrible disease for more than twenty years, until since I have been using Peruna, which has relieved me of the trouble.
"I have tried many remedies and spent a great deal of hard-earned money for them, but I found nothing so effectual in the cure of catarrh as the great medicine, Peruna.
"I feel sure that Peruna is not only a triumph of medical science, but it is also a blessing to suffering humanity.
"Every individual who suffers with respiratory diseases will find Peruna a magnificent and sovereign remedy."—L. H. Halsey, Bp. C. M. E. Church.

Peruna is the most prompt and sure remedy for catarrh that can be taken.

Many a preacher has been able to meet his engagements only because he keeps on hand a bottle of Peruna, ready to meet any emergency that may arise.

We have on file many letters of recommendation like the one given above. We can give our readers only a slight glimpse of the vast number of grateful letters Dr. Hartman is constantly receiving, in praise of his famous catarrh remedy, Peruna.

The Great Nonesuch Remedy

ST. JACOBS OIL

The old monk cure, strong, straight, sure, has for a large part of a century battled with and conquered

Aches and Pains

the world over. Price 25c. and 50c.

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The OLD TRUSTY Incubators are made by Johnson, the Incubator Man, who made 50,000 before inventing his OLD TRUSTY.
A pay-for-itself hatcher. Forty days' free trial and a five year's guarantee. For big free catalogue, 300 poultry illustrations, address:
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