

## BACKACHE AND DIZZINESS

Most of the Ailments Peculiar to the Female Sex are Due to Catarrh of Pelvic Organs.



MRS. M. BRICKNER.

99 Eleventh Street,  
Milwaukee, Wis.

"A short time ago I found my condition very serious, I had headaches, pains in the back, and frequent dizzy spells which grew worse every month. I tried two remedies before Peruna, and was discouraged when I took the first dose, but my courage soon returned. In less than two months my health was restored."—Mrs. M. Brickner.

The reason of so many failures to cure cases similar to the above is the fact that diseases peculiar to the female sex are not commonly recognized as being caused by catarrh.

**FEMALE TROUBLE NOT RECOGNIZED AS CATARRH.**

Catarrh of one organ is exactly the same as catarrh of any other organ. What will cure catarrh of the head will also cure catarrh of the pelvic organs. Peruna cures these cases simply because it cures the catarrh.

If you have catarrh write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.



"FOLLOW THE FLAG."

TAKE THE WABASH  
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**SAINT LOUIS**  
THE ONLY LINE  
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HARRY E. MOORES,  
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When Answering Advertisements Kindly Mention This Paper.

If afflicted with sore eyes, use Thompson's Eye Water

W. N. U., Omaha. No. 35—1904

**PISO'S CURE FOR CONSUMPTION**  
CURES WHERE ALL ELSE FAILS.  
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. 25 CTS.



## AGRICULTURE

The Peanut as a Field Crop.

The peanut is assuming every year more and more importance as a field crop. Its natural home seems to be in the southern part of the temperate zone, but it grows far north when properly cultivated. It is successfully cultivated as far north as the Great Lakes. We are not sure that this will not yet become one of the successful field crops of the sandy regions of the middle west. We have been treated to so many surprises as to the adaptability of plants to large areas of country that little in this line now surprises us. If the peanut can be grown in large quantities on our very sandy land, it will prove to be a great boon to our agriculturists. Belonging to the leguminosae it has roots that carry nodules in which live the bacteria that gather nitrogen from the air. The edible portion of the nut is therefore very rich in nitrogen. An analysis of the edible portion shows it to contain, in per cents, water, 9.2; protein, 25.8; fat, 38.6; carbohydrate, 24.4, and ash, 2. The protein content is therefore remarkably high, and makes the nut very good food when it is ground to increase its digestibility. It is an improver of the soil, as are all the legumes. There is no danger of growing too many peanuts, as the surplus can always be used as food for swine. One man declares that the peanut can be grown in every state in the Union and even in Southern Canada, and asserts that it is now being grown as far north as the lower peninsula of Michigan. If for any reason a crop of peanuts should fail to ripen, it would add nitrogen to the soil by being plowed under.

Select Scions This Summer.

It is now quite generally believed that the scions for grafting trees should be selected from bearing branches. We have supposed in the past that it was enough to get the scions from any part of the tree, even from the suckers growing on the side. But some nurserymen now claim that many of the best and thriftiest shoots on the trees have in them some quality that does not make for fruitfulness and that the use of these as scions in the top working of trees has resulted in many of the products of such top-working being unfruitful. It is also claimed that such apples as the Gano were secured by marking branches on Ben Davis trees that bore finely shaped and finely colored fruit and grafting other trees from them, and that in this way a variety of Ben Davis was developed that seems in appearance at least to be an improvement. It is safe enough to assume that this is true, whether it is or not, for the other side is not the safe one till it is settled that the opinion expressed is an error. It will be well for the orchardist to now mark the twigs that he expects to use in the making of scions. He can select only those that are actually bearing fruit, and so increase the fruit-bearing probability of the trees resulting from his graft. The summer time is the best time in which to do this selecting while the leaves and the fruit are still on. The vigor may be largely known in this way.

When a garden can be placed under irrigation conditions the results will be very encouraging, as the crops can be controlled. Many times, no matter in what state of the Union, crops of lettuce, radishes and other garden stuff are lost by reason of the drouth checking growth. A good many gardeners in the country are placing irrigation plants so they can be effective in insuring a crop. This is proving both pleasant and profitable.



Mrs. Rosa Adams, niece of the late General Roger Hanson, C. S. A., wants every woman to know of the wonders accomplished by **Lydia E. Pinkham's Vegetable Compound.**

"DEAR MRS. PINKHAM:—I cannot tell you with pen and ink what good Lydia E. Pinkham's Vegetable Compound did for me, suffering from the ills peculiar to the sex, extreme lassitude and that all gone feeling. I would rise from my bed in the morning feeling more tired than when I went to bed, but before I had used two bottles of Lydia E. Pinkham's Vegetable Compound, I began to feel the buoyancy of my younger days returning, became regular, could do more work and not feel tired than I had ever been able to do before, so I continued to use it until I was restored to perfect health. It is indeed a boon to sick women and I heartily recommend it. Yours very truly, MRS. ROSA ADAMS, 819 12th St., Louisville, Ky."



Any women who are troubled with irregular or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, general debility, and nervous prostration, should know there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound. No other medicine for women has received such wide-spread and unqualified indorsement. No other medicine has such a record of female cures.

"DEAR MRS. PINKHAM:—I am very pleased to recommend Lydia E. Pinkham's Vegetable Compound for womb and ovarian difficulties from which I have been a sufferer for years. It was the only medicine which was at all beneficial, and within a week after I started to use it, there was a great change in my feelings and looks. I used it for a little over three months, and at the end of that time I suffered no pain at the menstrual period, nor was I troubled with those distressing pains which compelled me to go to bed, and I have not had a headache since. This is nearly a year ago. I always keep a bottle on hand, and take a few doses every week, for I find that it tones up the system and keeps me feeling strong, and I never have that tired out feeling any more.

"I certainly think that every woman ought to try this grand medicine, for it would prove its worth. Yours very truly, Miss ELSIE DANFORTH, 203 De Soto St., Memphis, Tenn."

FREE MEDICAL ADVICE TO WOMEN.

Don't hesitate to write to Mrs. Pinkham. She will understand your case perfectly, and will treat you with kindness. Her advice is free, and the address is Lynn, Mass. No woman ever regretted having written her, and she has helped thousands.

**\$5000 FORFEIT** if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Med. Co., Lynn, Mass.

## HANDY BLUEING BOOK.

In sheets of PURE ANILINE BLUE. No bottles. No paddles. No waste. Gives the same amount of blueing water each wash-day. Ask your grocer for it or send 10c for a book of 25 leaves.

The Handy Blueing Book Co., 87 E. Lake St., Chicago, Ill.

SOLD BY DRUGGISTS.

## ANTISEPTIC PILE CONES

Sample Free. ANTISEPTIC PILE CONE CO., Crete, Neb.

CURE WHILE YOU SLEEP.

**BEGGS' BLOOD PURIFIER** CURES catarrh of the stomach.

**HOMESTEADS** on Crow Reservation in Montana. Send 50c. for map and information to J. F. KELLEY, Real Estate Agency, Billings, Mont.