

HUMMING BIRD CHASED BEE.

Movements of Cowy's Resembled Flashes of Lightning.

Here is a story as told by a gentleman who spends the greater portion of his time studying the habits of birds:

A humming bird with an angry dash expressed its disapproval of the presence of a big bumblebee in the same tree. The usually pugnacious bee incontinently fled, but he did not leave the tree. He darted back and forth among the branches and white blossoms, the humming bird in close pursuit. Where will you find another pair that could dodge and dart equal to these? They were like flashes of light, yet the pursuer followed the track of the pursued, turning when the bee turned.

In short, the bird and the bee controlled the movements of their bodies more quickly and more accurately than he could control the movements of his eyes. The chase was all over in half the time it takes to tell it, but the excitement of a pack of hounds after a fox was no greater. The bee escaped, the bird giving up the chase and alighting on a twig. It couldn't have been chasing the bee for food, and there is no possible explanation of its unprovoked attack, except that it wanted all the honey itself.

American Expert Leads World.

Gardner F. Williams, the American mining engineer who directs the diamond output of the world, was born in Michigan, but became a resident of California at 15 and a student at California college in Oakland, afterward the state university. He perfected his education at the mining Academy of Freiberg, among the lead mines of Saxony. He was assayer in the mint at San Francisco two years and spent some time in practical work in the mines of Nevada and northern California. He then went on an exploring expedition for the Rothschilds to Maschonaal and made the acquaintance of Cecil Rhodes. He took charge of the mines of the De Beers company in 1886, through the influence of Rhodes and has been at their head until recently, when he returned to America, leaving his son, Alpheus Williams in his place.

The Scotsman's Diet.

For centuries the chief diet of the Scotch people has been oats in some form or other. As a result they are to-day the strongest, both mentally and physically, of any nation in the world. The best rolled oats made is Quaker Oats, and our readers can now get a large family package for 25c, and with each package, free, a beautiful piece of imported china. Ask your grocer to-day for a family package of Quaker Oats.

Anticipate Honor for New Yorker.

Rev. Dr. Magnes, recently elected assistant rabbi of Temple Emanu-El, in New York, is spoken of as the next president of the American Federation of Zionists; at present Dr. Friedenwald, of Baltimore, is the official head of the federation.

He who comes up to his own idea of greatness must always have a very low standard of it in his mind.—Hazlitt.

Few men will admit they are wrong as long as there is a chance to make others believe they are right.

CRISIS OF GIRLHOOD

A TIME OF PAIN AND PERIL

Miss Emma Cole Says that Lydia E. Pinkham's Vegetable Compound has Saved Her Life and Made Her Well.

How many lives of beautiful young girls have been sacrificed just as they were ripening into womanhood! How many irregularities or displacements have been developed at this important period, resulting in years of suffering!



Miss Emma Cole

A mother should come to her child's aid at this critical time and remember that Lydia E. Pinkham's Vegetable Compound will prepare the system for the coming change and start this trying period in a young girl's life without pain or irregularities.

Miss Emma Cole of Tullahoma, Tenn., writes:

Dear Mrs. Pinkham: "I want to tell you that I am enjoying better health than I have for years, and I owe it all to Lydia E. Pinkham's Vegetable Compound."

"When fourteen years of age I suffered almost constant pain, and for two or three years I had soreness and pain in my side, headaches and was dizzy and nervous, and doctors all failed to help me."

"Lydia E. Pinkham's Vegetable Compound was recommended, and after taking it my health began to improve rapidly, and I think it saved my life. I sincerely hope my experience will be a help to other girls who are passing from girlhood to womanhood, for I know your Compound will do as much for them."

If you know of any young girl who is sick and needs motherly advice ask her to write Mrs. Pinkham, Lynn, Mass., and she will receive free advice which will put her on the right road to a strong, healthy and happy womanhood. Mrs. Pinkham is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of charge.

TO REMOVE BAD ODORS.

Many Remedies for Unpleasant Smells of Cooking.

A generous lump of soda placed in pots and pans in which fish, cabbage, onions and other strong-smelling foods have been cooked, will make them smell sweet and clean.

A teaspoonful of vinegar boiling on the stove will counteract the smell of strong food.

A teaspoonful of ground cloves on a few hot coals will produce the same result.

A sponge placed in a saucer of boiling hot water, in which has been added a teaspoonful of oil of lavender, gives a fragrance of violets to a room in which it has been placed. Flies will not remain where the odor of oil of lavender is.

A stale crust of bread boiled with cabbage will absorb the disagreeable odor.

A large lump of charcoal in a refrigerator will prevent a musty smell.

A pound of copperas dissolved in boiling water, if poured into drain pipes, will dissolve the grease and other impurities.

An onion breath may be gotten rid of by swallowing a mouthful of vinegar or drinking half a cup of hot water in which a pinch of baking soda has been dissolved.

A few mouthfuls of lime water, or a few drops of the tincture of myrrh in a tumbler of water will sweeten an unpleasant breath, and a small piece of criss root, if chewed, will give a violet odor to the breath.

Home-Made Head Cheese.

Split a small pig's head and wash in cold water. Place with two well cleaned feet over the fire, cover with cold water and add a tablespoonful of salt. As soon as it begins to boil add three onions and one carrot sliced, a bay leaf and a tablespoonful whole peppers. Cover and cook until the meat separates from the bones. Remove the head and feet, chop fine, season with salt and pepper to taste. Strain the broth and leave over night. In the morning remove the fat, and if there is more than three pints of the liquor boil until it is reduced to that quantity. Add the meat, stir and cook five minutes, then pour into molds. Slice for luncheon. If the head cheese is to be kept for a long time put it into a stone jar and cover with vinegar.

Cider Apple Jelly.

With cider fresh and sweet from the press, try making apple jelly. Wash and wipe fine flavored, rather tart apples, quarter and put into a preserving kettle with cider to nearly cover. Cook gently until the apples are soft, then strain and measure the juice. There should be about half as much cider as fruit. Allow for each pint of juice a pint of sugar, heating the latter in the open while the juice is cooking for 20 minutes. Turn the sugar in with the juice, stir until dissolved, remove the spoon and cook five minutes longer. Pour into hot sterilized glasses and set on thick-folded newspapers or a board out of a draught. When cold, cover with paraffin, branded paper or circles of paper dipped in white of egg.

Onion Soup With Cheese.

Cut into small eighth-inch squares two medium onions, or four ounces; fry them in butter and moisten with two quarts of broth, adding a bunch of parsley garnished with chervil, bay leaf and a clove of garlic; season with a little salt, pepper and meat extract; boil for 20 minutes then remove the bouquet and pour the soup over very thin slices of bread placed in a metal or earthenware soup tureen, in intervening layers of bread and Parmesan cheese. Sprinkle a little Parmesan over the top of the soup. Bake it in a hot oven.

Chestnut Stuffing.

The following is a stuffing especially for turkey: Select 15 large chestnuts and boil them in water until they are very tender; then remove the skins and shell and pound them in a mortar until they are a paste. Stir a half pound of bread crumbs into four ounces of suet (beef suet for choice), add salt and pepper and a little lemon juice to taste. Mix into this a pound of the chestnut paste and the stuffing is ready to use.

Creamed Potatoes.

For creaming, baked potatoes are much better than boiled ones, as they are more mealy, and when one desires the empty shells for serving any form of potato not baked, they may be gathered by baking potatoes for a day or two for other meals, scooping out the inside and either mashing or creaming the potato, brushing the shells with butter and setting aside until time for using them.

The Care of Shoes.

Shoes may be kept up to the mark by rubbing the tops with a piece of black cloth dipped in a solution of cream and black ink, and by polishing the lower portions vigorously with a piece of old flannel. An old pair of shoes, if treated in this way, and all missing buttons replaced, will make a good appearance, particularly if before this is done they have had the heels straightened.

China Cement.

Into a thick solution of gum arabic stir plaster of paris until the mixture assumes the consistency of cream. Apply the mixture with a brush to the broken edges of the china and join together. In three days the article cannot be broken in the same place. The whiteness of the cement adds to its value.

"THE MARRYING SQUIRE."

Justice Geo. E. Law, of Brazil, Ind., Has Married 1,400 Couples.

Justice Geo. E. Law, of Brazil, Ind., has fairly earned the title of "The Marrying Squire," by which he is known far and wide, having already married some 1,400 couples. Ten years ago he was deputy county treasurer. "At that time," said Justice Law, "I was suffering from an annoying kidney trouble. My back ached, my rest was broken at night, and the passages of the kidney secretions were too frequent and contained sediment. Three boxes of Doan's Kidney Pills cured me in 1897, and for the past nine years I have been free from kidney complaint and backache."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Picquart Shows Generosity.

Gen. Picquart, the defender of Dreyfus and now the French minister of war, has defined his attitude toward his old prosecutors in the army. When an officer who was involved in the conspiracy that banished Picquart to the border of the Sahara, entered the minister's office and began to stammer out a statement on the subject Picquart stopped him, saying: "I only know one thing and that is that you have always been an excellent officer. You may be sure that I shall not forget that."

Laundry work at home would be much more satisfactory if the right starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using De-fiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

GAVE DRUMMER A SCARE.

Delayed Telegram Suggested Awful Possibilities.

"There was a traveling man," said the night operator, "whose wife presented him with a son while he was out drumming up trade. The doctor got the man's address, and, since his wife was doing none too well, wrote out a message giving him the news and telling him to return."

"The doctor gave the message to the cook, who couldn't read. She forgot to send it, and the next day the drummer came home of his own accord."

"He stayed a day or two, found his wife doing all right, and set out on his rounds again. Nothing, as it happened, was said about the forgotten telegram."

"And at the end of the week the telegram was remembered by the cook. With an exclamation of horror—you know she couldn't read—she hurried to the office and sent to the drummer that delayed message. When he got it that night he was terrified. What he read was this:

"Another addition—a son; your wife very ill; return at once."

"He took the midnight train for home. He was like a man in a trance. 'Another?' he kept muttering in a dazed voice. 'Impossible!'

"On getting home he was so relieved when everything was explained to him that he decided not to fire the cook, after all."

A DOCTOR'S TRIALS.

He Sometimes Gets Sick Like Other People.

Even doing good to people is hard work if you have too much of it to do.

No one knows this better than the hard-working, conscientious family doctor. He has troubles of his own—often gets caught in the rain or snow, or loses so much sleep he sometimes gets out of sorts. An overworked Ohio doctor tells his experience:

"About three years ago as the result of doing two men's work, attending a large practice and looking after the details of another business, my health broke down completely, and I was little better than a physical wreck."

"I suffered from indigestion and constipation, loss of weight and appetite, bloating and pain after meals, loss of memory and lack of nerve force for continued mental application."

"I became irritable, easily angered and despondent without cause. The heart's action became irregular and weak, with frequent attacks of palpitation during the first hour of two after retiring."

"Some Grape-Nuts and cut bananas came for my lunch one day and pleased me particularly with the result. I got more satisfaction from it than from anything I had eaten for months, and on further investigation and use, adopted Grape-Nuts for my morning and evening meals, served usually with cream and a sprinkle of salt or sugar."

"My improvement was rapid and permanent in weight as well as in physical and mental endurance. In a word, I am filled with the joy of living again, and continue the daily use of Grape-Nuts for breakfast and often for the evening meal."

"The little pamphlet, 'The Road to Wellville,' found in pkgs., is invariably saved and handed to some needy patient along with the indicated remedy." Name given by Postum Co., Battle Creek, Mich. "There's a reason."

Turn flattery upside down and you have slander.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

A woman begins to sit up and take notice when other women say nice things about her husband.

Old Sofas, Backs of Chairs, etc., can be dyed with PUTNAM FADELESS DYES, fast, bright, durable colors.

The ring of the almighty dollar adds appreciably to the satisfaction a girl derives from her engagement ring.

Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Peoria, Ill.

It takes a man with strong will power to listen to reason when he is angry.

National Pure Food and Drugs Act. All the Garfield Remedies comply with the Pure Food and Drugs Law. Take Garfield Tea for constipation and sick-headache.

The young man who thinks his boss can't get along without him may have to get along without his boss later in the game.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Wm. C. Bullough* In Use For Over 20 Years. The Kind You Have Always Bought.

Australian Educator in America. William S. Mayer, one of the most noted educators of New South Wales, being connected with the University of Sydney, is visiting Boston. Mr. Mayer is a native of Great Britain and went to Australia 18 years ago.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALBURG, ERHMAN & MARVIN Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surface of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Artists Dislike Solitude.

Mme. Bernhardt and Signora Duse have mutual horror of being alone while traveling. Caruso, the tenor, is of the same temperament, always avoiding solitude. He is always accompanied by some friend, who arranges traveling and other details for him, gives the singer advice and takes all similar responsibility from the artist's shoulders.

The Original Porous Plaster.

It's Alcock's, first introduced to the people sixty years ago, and to-day undoubtedly has the largest sale of any external remedy—millions being sold annually all over the world. There have been imitations, to be sure, but never has there been one to even compare with Alcock's—the world's standard external remedy.

For a weak back, cold on the chest or any local pain, the result of taking cold or over-strain, nothing we know of compares with this famous plaster.

English Labor Party Active.

In England the Labor party is asking all the affiliated unions to double their subscriptions to the parliamentary representation fund. It is now two cents a member.

Quaker Oats For Little Folks

One of the reasons why Quaker Oats is used universally, is because it is a food that makes both children and grownups sturdy and healthy, because it is so easy to digest.

Quaker Oats

in the large sized Family Package at 25c—the same price as common rolled oats—contains either a plate, vegetable dish or cup and saucer of beautifully decorated, semi-porcelain china. If your grocer does not have the Family Package, he will get it for you.

The Quaker Oats Company

Quaker Best Cornmeal is the new, delicious Quaker product—the best cornmeal you've ever had. Try a 3 pound, sealed package for 10c.



READERS of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

DOUBLE ACTION JOINTED POLE CUTAWAY HARROW
Send for Circular to the CUTAWAY HARROW CO., Hingham, Mass. U.S.A.
CLARK'S No More Use For PLOW

A. N. KELLOGG-NEWSPAPER CO.
Engravers, Electrotypers and Stereotypers

WANTED SALEMEN At GOOD SALARY, paid weekly. Address GATEWAY NURSERY CO., Le Mars, Iowa.
W. N. U., OMAHA, NO. 48, 1906.

Sloan's Liniment

For Cough, Cold, Croup, Sore Throat, Stiff Neck, Rheumatism and Neuralgia
At all Dealers
Price 25c 50c & \$1.00

Sent Free Sloan's Book on Horses, Cattle, Hogs & Poultry
Address Dr. Earl S. Sloan 615 Albany St. Boston, Mass.



THE WINNING STROKE

If more than ordinary skill in playing brings the honors of the game to the winning player, so exceptional merit in a remedy ensures the commendation of the well informed, and as a reasonable amount of outdoor life and recreation is conducive to the health and strength, so does a perfect laxative tend to one's improvement in cases of constipation, biliousness, headaches, etc. It is all important, however, in selecting a laxative, to choose one of known quality and excellence, like the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., a laxative which sweetens and cleanses the system effectually, when a laxative is needed, without any unpleasant after effects, as it acts naturally and gently on the internal organs, simply assisting nature when nature needs assistance, without griping, irritating or debilitating the internal organs in any way, as it contains nothing of an objectionable or injurious nature. As the plants which are combined with the figs in the manufacture of Syrup of Figs are known to physicians to act most beneficially upon the system, the remedy has met with their general approval as a family laxative, a fact well worth considering in making purchases.

It is because of the fact that **SYRUP OF FIGS** is a remedy of known quality and excellence, and approved by physicians that has led to its use by so many millions of well informed people, who would not use any remedy of uncertain quality or inferior reputation. Every family should have a bottle of the genuine on hand at all times, to use when a laxative remedy is required. Please to remember that the genuine Syrup of Figs is for sale in bottles of one size only, by all reputable druggists, and that full name of the company—California Fig Syrup Co., is plainly printed on the front of every package. Regular price, 50c per bottle.

CALIFORNIA FIG SYRUP CO.
Louisville, Ky. San Francisco, Cal. New York, N.Y.