

Narrow Chesis.

The old theory that consumption was inherited is utterly discredited by modern medical science. The germs of consumption must be received from without. These germs are everywhere. They are constantly being received and cast out by the healthy system. It is the narrow chested whose inheritance is weakness who fall a prey to consumption because they are too weak of lung to resist and throw off disease.

Doctor Pierce's Golden Medical Discovery makes weak lungs strong. It cures obstinate deep-seated coughs, bleeding lungs, weakness, emaciation and other conditions which if neglected or unskillfully treated find a fatal termination in consumption.

\$3,000 FORFEIT will be paid by the World's Dispensary Medical Association, Proprietors, Buffalo, N. Y., if they cannot show the original signature of the individual volunteering the testimonial below, and also of the writers of every testimonial among the thousands which they are constantly publishing, thus proving their genuineness.

"In the spring of 1900 I was taken with hemorrhage of the lungs and became very weak and short of breath, lost flesh and had no appetite." writes Mr. E. L. Robinet, of Xerxes, Tenn. "I was persuaded to try Dr. Pierce's Golden Medical Discovery. The first few bottles seemed to do me but little good. Thought I would soon be a victim of that dreaded disease, consumption. Had almost given up in despair when my friends persuaded me to give your 'Golden Medical Discovery' a fair trial. I commenced its use. I weigh 160 pounds now, and when I commenced I only weighed 120 pounds. If any one doubts this statement I will be pleased to answer any inquiry."

Accept no substitute for "Golden Medical Discovery." Nothing is "just as good."

Dr. Pierce's Pleasant Pellets cleanse the clogged system from impurities.

A Guaranteed Cure For Piles.

Itching, Blind, Bleeding, or Protruding Piles. Druggists refund money if PAZO OINTMENT fails to cure any case, no matter of how long standing, in 6 to 14 days. First application gives ease and rest. 50c. If your druggist hasn't it send 50c in stamps and it will be forwarded postpaid by Paris Medicine Co., St. Louis, Mo.

To Cure a Cold in One Day.

LAXATIVE BROMO QUININE tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Coming to McCook

The eminent physician on chronic trouble will be in our city on

Monday, January 15

and will be at the

New Palmer Hotel

until 5 o'clock, p. m., Monday January 15

ONE DAY ONLY

DR. POTTERF

President of the staff of physicians of the Boston Electro Medical Institute, is making a tour of the state.

This being an advertising trip, and to introduce the new system, will give consultation, examination and all medicine necessary to complete a cure free. All parties taking advantage of this offer are requested to state to their neighbors the result of the treatment.

Cures deafness by an entirely new method. Catarrah in all its various forms cured so that it will never return.

Treats all curable diseases of catarrh, nose, throat and lung diseases, eye and ear, stomach, liver and kidney, gravel, rheumatism, paralysis, neuritis, nervous and heart diseases, blood and skin diseases, epilepsy, Bright's disease and consumption in early stages, diseases of the bladder and female organs, liquor and tobacco habit. Stammering cured. Piles, fistula and rupture cured. Special attention given to all surgical cases, and all diseases of the eye, nose and throat.

Glasses fitted, granulated lids, cataract, cross eyes straightened without pain. If you are improving under your family physician do not take up our valuable time. We wish to give everyone plenty of time but cannot listen to long stories pertaining to your case. The rich and poor treated alike. Idlers and curiosity seekers will please stay away. Our time is valuable.

Remember, not one penny will be charged for all the medicine required to make a cure of all those taking treatment this trip.

Office hour 9 a. m. Positively, married ladies must be accompanied by their husbands.

Remember the date, Monday, January 15th at the new Palmer hotel McCook, Nebraska.

GREAT ROADS OF ANTIQUITY

The Most Magnificent Were Those of the Mediaeval Peruvians.

Perhaps the earliest road on record is that mentioned by Herodotus as having been constructed by Cheops, the Egyptian king, in order that stones might be dragged along it for his pyramid. In the opinion of the Greek traveler, the work of making the road was as great as that of building the pyramid, for it took ten years to construct, and it was composed of polished stones with figures carved on them, but this does not compare in magnitude with the highways constructed by the Peruvians while mediaeval Europe was still in a state of semibarbarous disorganization.

The two principal roads in Peru ran from Quito in the north to Cuzco, the capital, the one along the sandy and level strip of coast, the other along the plateau of the Andes, a region of unparalleled engineering difficulty. The length of the second has been estimated at from 1,500 to 2,000 miles. It crossed sierras buried in snow, bridged ravines with walls of solid masonry, mounted and descended precipices by staircases hewn in the solid rock and ran in innumerable galleries along the sides of intractable mountains.

Where rivers had to be crossed bridges were made with ropes of stout, pliant osier twisted to the thickness of a man's body and stretched over the stream sometimes for a distance of 200 feet. These cables swung side by side, and, fastened with planks so as to form a footway, were drawn through holes in enormous buttresses of stone specially constructed on each bank and were secured firmly at each end to heavy beams of timber. A railing of similar osier material gave the passenger confidence as he crossed the oscillating bridge that sank dangerously in the middle and mounted rapidly at the sides.

The great highway was twenty feet wide and was built with flags of freestone covered with bituminous cement. It was measured out by posts set up at every league. Caravansaries and magazines were stationed at convenient distances for the Peruvian soldiers on their military expeditions, and a regular postal service had been organized by which highly trained runners, relieved every five miles, could convey messages a distance of 200 miles in the twenty-four hours. The roads were kept in beautiful order, the inhabitants of a district being responsible for that portion of the highway which traversed their land. At the same time it should be remembered that there was no wheel traffic to cut up the level surface of the hard pavement. There is considerable irony in the fact that it was not till the Spaniards forcibly introduced their so-called civilization into Peru that the famous roads began to fall into disrepair.—London Standard.

How Turks Pray For the Infidels. The following is an exact translation from the Arabic of the official prayer of Islam, which is used throughout Turkey and daily repeated in the Cairo Azhar university by 10,000 Mohammedan students from all lands:

"I seek refuge with Allah from Satan, the accursed. In the name of Allah the compassionate, the merciful! O Lord of all creatures! O Allah! Destroy the infidels and polytheists, thine enemies, the enemies of the religion! O Allah! Make their children orphans and defile their abodes, and cause their feet to slip, and give them and their families and their households and their women and their children and their relatives by marriage and their brothers and their friends and their possessions and their race and their wealth and their lands as booty to the moslems. O Lord of all creatures!"

In all the other religions of even the semicivilized nations of the globe there can be no prayer found to parallel this cruel appeal of Islam to the spirit of inhumanity.

A Wonderful Moss.

One of the most wonderful specimens of vegetable life known to the botanist is the "life moss" of Jamaica, Barbados and other of the West Indian islands. There are several species of tropical plants which have remarkable tenacity of life, but the "life moss" and the story of its vitality are almost beyond belief, its powers to live under adverse circumstances being certainly beyond that of any other known plant. It appears to be absolutely indestructible by any means except by immersion in boiling water or the application of a red-hot iron to its roots and branching vines. It may be cut up and divided into infinitesimal particles, and then the very smallest shred will throw out roots and soon grow and form new branches and buds. Specimens of this extraordinary plant have been suspended in the air in a dry, hot room; they have been placed in close, air tight dark boxes, without moisture of any sort, and yet they lived, grew and flourished.

What Wellington Was Doing.

When Sir John Steel, the sculptor, had the Iron Duke sitting for a statue he tried to induce him to look warlike. All his efforts were in vain, however, for Wellington seemed, judging by his face, never to have heard of Waterloo or Talavera. At last Sir John lost his patience. "As I am going to make this statue of your grace," he exclaimed, "can you not tell me what you were doing before, say, the battle of Salamanca? Were you not galloping about the field, cheering on your men to deeds of valor by words and action?" "Bah!" said the duke in evident scorn. "If you really want to model me as I was on the morning of Salamanca, then do me crawling along a ditch on my stomach with a telescope in my hand!"

Cleaning Up the Isthmus of Panama

It has been determined that the Panama canal shall be built, and the next thing is to build it with as little loss of time, loss of money and loss of life as possible. Health conditions on the isthmus will affect the problem of cost in all three of these phases. Prevention of disease and death is important from a money standpoint as well as upon humane grounds, for if the mortality rate is high among the laborers and the superintendents of the labor the work will be delayed and the cost of the whole undertaking will be greater. A high death rate would drive labor from the isthmus, increase the wage rate that must be paid and run the expense of constructing the canal away beyond estimates. There is a widespread belief that the climate of the republic of Panama is unhealthy, but the reputation which the country surrounding the canal zone has obtained is due in part to the insanitary conditions existing rather than to the climate of the country itself. So important was the matter of sanitation at the isthmus considered that in the organization of the force to carry on the work there one of the first men engaged was the sanitary expert who performed the task of cleaning up Cuba, perhaps the biggest job of the kind executed in recent times, a task which far surpassed in magnitude the fabled task of Hercules in tidying up the Augean stables. This expert is Surgeon William C. Gorgas of the United States army. Before the reorganization of the canal commission and the appointment as governor of the canal zone of Charles E. Magoon he acted for a time as governor in the absence of General Davis, who then occupied that post.

Colonel Gorgas was born in Alabama in 1854 and graduated in 1875 from the University of the South. He received the degree of M. D. from Bellevue Medical college, New York, in 1879, and the honorary degree of D. S. from the University of Pennsylvania in 1903, entered the medical service of the army in 1880 and became an assistant surgeon general, with the rank of colonel, in 1903. Colonel Gorgas is becoming a popular man in all parts of the isthmus, though there was a time when the rigid measures he imposed bore so hard upon the people of Panama that they wished him in even a



COLONEL W. C. GORGAS.

warmer country than theirs. The easy going inhabitants of the towns of the canal zone were not accustomed to going out of their way to make their surroundings sanitary, and the advent of the Yankee colonel, with his "bug brigade," was not at all to their liking at first. But the fumigation process has succeeded so well that the festive mosquitoes that carry the yellow fever germ have been almost completely banished, and at the present time the statistics show the canal zone to be as healthy as the average American city.

In October, 1884, when the French were trying to dig a canal across the isthmus, they had 19,243 men on their payrolls. All but 2,706 of these were natives who were immune from yellow fever. Among the non-immunes there were eighty-four cases of fever and twenty-one deaths in the month mentioned. In October, 1905, the Americans had some 4,000 non-immunes on their payroll, one case of fever and no deaths. A force of some 2,200 men is engaged in creating and enforcing sanitary conditions and waging war on the Stegomyia fasciata, or yellow fever mosquito, and the expense to date of this work has been over \$1,000,000. Though this is a large sum, it is held to be money well expended. The French in October, 1884, with a force of 19,243, had 161 deaths, making a death rate for the year of nearly 100 per 1,000. The death rate in October, 1905, under American administration was about 32 per 1,000. Colonel Gorgas expects that when the sanitary improvements now in progress, such as street paving and waterworks at Colon and Panama and comfortable screened buildings for employees, have been completed the health conditions will still further improve.

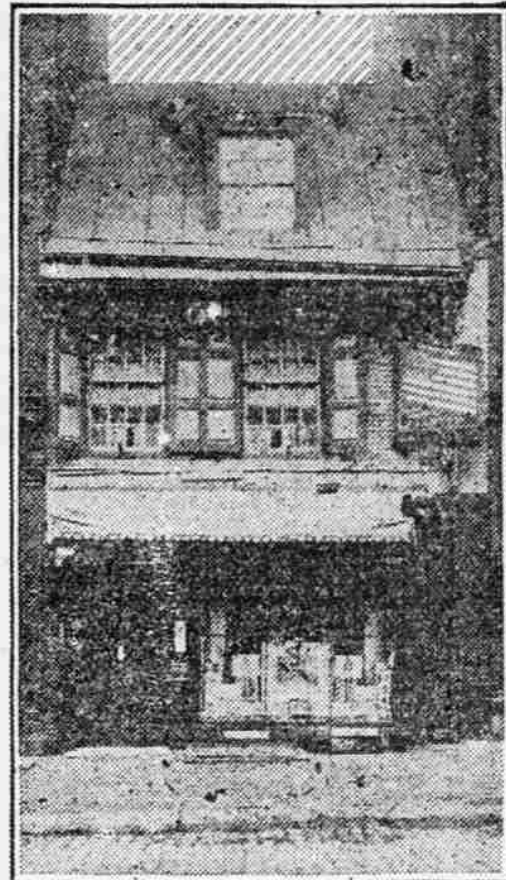
As showing the magnitude of the work that has been done it may be said that in October 2,164,537 square yards of brush and grass were cut and burned, three miles of new drains were dug, twenty miles of old drains were cleaned, 20,000 square yards of swamp were cleaned and filled in, a hundred houses were fumigated and thousands of wells and cisterns disinfected. There are five hospitals in the zone, and every camp has a well equipped dispensary for minor cases.

THE BETSY ROSS HOUSE.

The Designer of the American Flag and Her History.

The house in Philadelphia where Betsy Ross made the first American flag is regarded as a shrine by every patriotic citizen of the United States. The movement for the preservation of this sacred spot has met with success, and the property will soon pass into the possession of the nation and be safe from molestation by the march of "improvements" or from falling into neglect and ruin. Over a million school children have contributed to the fund of \$25,000 which was raised under the auspices of the American Flag Home and Betsy Ross Memorial association for the purchase of the property. The president of this society is John Quincy Adams, and the secretary is Charles H. Welsgerber, painter of the picture "Birth of Our Nation's Flag." The formal acceptance by the nation of the Betsy Ross house will take place with appropriate ceremonies on the next flag day, June 14, 1906. The building is at 239 Arch street.

The woman who designed the star spangled banner was born in 1752. Her father, Samuel Griscom, was a builder who helped in the construction of Independence hall. She was brought



BETSY ROSS HOUSE IN PHILADELPHIA.

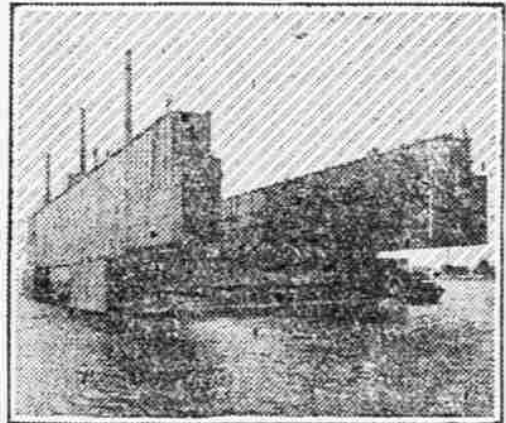
up a Quaker, but married John Ross, an Episcopalian, and with him attended Christ church, in which her pew is still shown. She helped her husband in the upholstery of furniture and was skillful with her needle and in designing patterns. Knowing this, an uncle, George Ross, one of the signers of the Declaration of Independence, guided George Washington and Robert Morris, the committee appointed by the Continental congress on a flag for the new republic, to the house where John and Betsy Ross plied their trade. She received them in the little back parlor, still preserved as it was then, and in consultation with them she made the banner which was officially adopted by congress on June 14, 1777.

John Ross was killed in his country's service. Betsy married another fighter, Captain John Ashburne of the privateer Luzerne. He was captured and taken to England, where he died in prison. He sent a message to his wife by John Claypoole, a Revolutionary soldier, who in delivering it became smitten with the twice widowed Betsy and afterward married her. He, too, died soon after marrying her, but she lived until 1836 and was buried by the side of her last husband in Mount Moriah cemetery, Philadelphia.

AN UNUSUAL VOYAGE.

The Task of Towing the Dry Dock Dewey to the Philippines.

One of the most unusual and remarkable tasks ever performed upon the sea will be the towing of the big floating dry dock Dewey from Solomon's island, Chesapeake bay, to Olongapo, in the Philippines, where the government is equipping a naval base and dockyard. The Dewey was constructed at a cost of about \$500,000, and the cost of transporting it to the Philippines, a distance



THE DRY DOCK DEWEY.

of 15,000 miles, is estimated at about \$300,000. It will be towed by three of the strongest colliers in the navy, and eight huge wire hawsers and twelve thick manila hawsers will be used in making connection between the dock and the towing vessels. The hawsers weigh about a hundred tons and cost \$25,000.

The Dewey is 500 feet long by 34 feet wide and 63 feet high, is of steel and weighs about 11,000 tons. The route is by way of the Suez canal, and the Dewey, if she gets through, will be the largest structure which ever passed through that waterway. There will be a tight squeeze in pulling it through, as the dock is almost as wide as the canal itself. The trip will be a slow one and will consume from five to six months, but no special obstacles to progress are expected unless typhoons are encountered. In that case the dock might get away from the colliers, and the consequences would then be serious.

Dreams.

A scientist explains some of the strange phenomena of dreams by saying that they are due to what he calls "hereditary memory." He takes the "falling through space" dream and points out that after suffering the mental agony of falling the sleeper escapes the shock of the actual stopping. The explanation is that the falling sensations have been transmitted from remote ancestors who were fortunate enough to save themselves after falling from great heights in treetops by clutching the branches. The molecular changes in the cerebral cells due to the shock of stopping could not be transmitted because victims falling to the bottom would be killed. In a similar manner by reverting to the habits of animals which existed centuries ago the same investigator finds an explanation for the mental state experienced by individuals in various dreams—the "pursuing monster" dream, the "reptile and vermin" dream, color dreams, suffocation dreams, flying dreams and the like.

Quick Medicines of Bygone Days.

Nearly everything in the animal kingdom was formerly used in the healing art. In the oldest medical book now known, composed in Heliopolis, where once Joseph served in the house of Potiphar, we find "means for increasing the growth of hair, prepared for Schesch, the mother of Teta, the king of upper and lower Egypt."

Dogs' teeth, overripe dates and asses' hoofs were carefully cooked in oil and then grated. As Teta lived before Cheops, this recipe for hair oil is older than the great pyramid at Gizeh and is supposed to date back more than 6,000 years. The heads of venomous serpents have held an important place in medicine. A strong broth made from them and mixed with salt and spices and 100 other remedies was employed under the name of theriac as a cure for every conceivable disease. Three drops of the blood of an angry cat gave relief to the epileptic.

Camp Tidbits.

The muskrat may be broiled over the hot embers, with sliced bacon so arranged that the drippings run over the musquash as it cooks, or it may be made into a stew with vegetables and pork, and in this case the longer it simmers under the fire the better will be the results. Only seasoned campers ever have an opportunity to feast on the delicious nose of a moose or know the delights of marrowbones of deer split and mixed with parched cornmeal and cooked all night, or dried venison pounded to fragments and cooked with rich bear's fat, musk turtle soup, porcupine steaks, with tur-benders as a side dish. And, although thousands of muskrats are killed and eaten every year in Maryland and Delaware, probably but few of my readers in the northern states will experiment with this rodent.—Outing.

Chinese Cooking Secrets.

"I once attended a mandarin's banquet in Peking," said an ex-consul, "and it was the most remarkable feast I ever sat down to. One course appeared to be plain hard boiled eggs. The eggs came on unadorned. Their shells were intact, and yet, when we broke into them, we found that they contained nuts and sweetmeats. Another course was whole oranges, with unbroken skins, yet inside the oranges were five different kinds of jelly. The Chinese guests took these two courses as a matter of course, but I, in amazement, asked our host how on earth they had been concocted. He smiled and shook his head.

"Ah, that," he said, "is my cook's secret."

Warren and Jefferson.

Joseph Jefferson was playing Sheridan's comedy of "The Rivals" in Boston on one occasion many years ago. His version of the play had been arranged in such a way as to give Bob Acres considerably more prominence perhaps than the author originally intended, occasionally at the expense of the other characters. William Warren, the old comedian, sat the play out and at its conclusion was asked, "How do you like Jefferson's Bob Acres?"

"Capital, capital," replied Warren, "and Sheridan twenty miles away."

Carlyle's Way.

Carlyle appears in a brief reminiscence from the pen of Percy Fitzgerald thus: The thing with Carlyle was to send out for a long churchwarden (a clay pipe) and a screw of tobacco, which put him in great good humor. He talked to his plate, as you might say. If anybody said anything from which he dissented you would hear him murmuring, "Oh, the pair auld fool; a regular pair auld fool!"

More Light.

A case was being tried on the charge of selling impure whisky. The whisky was offered in evidence. Jury retired to try the evidence. Judge (presently)—What is the verdict? Foreman of the Thirsty Jury—Your honor, we want more evidence.—San Francisco News Letter.

A Conjugal Tip.

Husband—I see plainly you want to get up a quarrel. And in the street too! Wait at least till we are inside our own house. Wife—Impossible. I shall have cooled down before we get there.—Paris Journal.

Wanted to Find the Crumb.

Mamma—What are you tearing your doll to pieces for? Hattie—I'm looking for the crumb of comfort papa said was to be found in everything.

Man is the merriest of all the species of creation. Above and below him all are serious.—Addison.

Every Two Minutes

Physicians tell us that all the blood in a healthy human body passes through the heart once in every two minutes. If this action becomes irregular the whole body suffers. Poor health follows poor blood; Scott's Emulsion makes the blood pure. One reason why

SCOTT'S EMULSION

is such a great aid is because it passes so quickly into the blood. It is partly digested before it enters the stomach; a double advantage in this. Less work for the stomach; quicker and more direct benefits.

To get the greatest amount of good with the least possible effort is the desire of everyone in poor health. Scott's Emulsion does just that. A change for the better takes place even before you expect it.



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